



Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Petroroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname Al. Hajj		Forenames Masoud Khalaf Zayid	
Address		Home telephone number 95581418	
Place of examination NMC hal	Date 30.04.2025		
If a dependant enter employee's name here:			
Surname		Forenames Masoud Khalaf Zayid	
Birth date: 01.01.1968	Nationality: Omani	Country of birth:	Religion: Muslim
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	Relationship to employee ☒ Wife ☐ Son ☐ Daughter	Number of children: 8
Reason for examination Pre-Employment ☐ Job: FOR MAN Pre-Overseas ☐ Area: FAU D			
Name and address of family doctor		List your last 3 jobs	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
	Y	N	Y
1. Sinus trouble		☒	21. Cancer
2. Neck swelling/glands		☒	22. Heart Disease
3. Difficulty in vision		☒	23. Rheumatic fever
4. Any ear discharge		☒	24. Abnormal heartbeat
5. Asthma/bronchitis		☒	25. High blood pressure
6. Hayfever /other significant allergy		☒	26. Stroke
7. Any skin trouble		☒	27. Serious chest pain
8. Tuberculosis		☒	28. Any blood disease
9. Shortness of breath		☒	29. Kidney disease
10. Coughed/vomited blood		☒	30. Blood in urine
11. Severe abdominal pain		☒	31. Diabetes
12. Stomach ulcer		☒	32. Headaches/migraine
13. Recurrent indigestion		☒	33. Dizziness/fainting
14. Jaundice or hepatitis		☒	34. Epilepsy
15. Gall Bladder disease		☒	35. Joints/spinal trouble
16. Marked change in bowel habits		☒	36. Surgical operation
17. Blood in stools (motions)		☒	37. Serious accident/fracture
18. Marked change in weight		☒	38. Tropical disease
19. Varicose veins		☒	39. Fear of heights
20. Lump in breast/armpit		☒	
How much tobacco each day? No		Average daily alcohol consumption No	
Have you ever taken elicited drugs? (Y) PDO test all new/potential employees for elicited/recreational drugs No			
FAMILY HISTORY: Diabetes (X) Tuberculosis (X) Epilepsy (X) Asthma (X) Eczema (X) Heart disease (X) High blood pressure (X) Stroke (X) Blood Disease (X) Cancer (X)			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 30.04.2025		Signature of Applicant:	





FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
		1. Eyes & Pupils
		2. E.N.T.
		3. Teeth & Mouth
		4. Lungs & Chest
		5. Cardiovascular System
		6. Abdo. Viscera
		7. Hemial Orifices
		8. Anus & Rectum
		9. Genito-urinary
		10. Extremities
		11. Musculo-skeletal
		12. Skin & Varicose Vns.
		13. C.N.S.

Nil.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group
168.5	87.2	31.4	133 84.	81 /mins.	L-N R-N	DISTANT Uncorrected Corrected 9/6 12/6	N.	

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
		1. Urinalysis			7. Audiogram
		2. Hb, Bloodcount, ESR			8. Lung Function
		3. LFT, RFT, RBS			9. Chest X-Ray
		4. Drug Screen			10. ECG
		5. Lipids (40 years +)			11. CVS risk for 40 yrs. & above
		6. Sickle Cell test			12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

FIT

Date:

Name (Block Capitals): Dr. / Nurse

DR. ASWATHY RAVI
General Practitioner
MOH Lic. No: 20556
hmc specialty hospital, Al Hail

Signature:

DR. SHIVA KUMAR SIDDIAH
General Practitioner
MOH Lic. No: 20970
hmc specialty hospital, Al Hail

REVIEW/CONSULTATION

ADV:-

ophthalmologist consultation - Refractive error

Date: 30/7/25 Name (Block Capitals): Dr. / Nurse

Signature:



DEPARTMENT OF LABORATORY MEDICINE

File No: 50103368	Report No: 0159772
Name: MASOUD KHALAF ZAYID AL HAJJI	Sample Date: 30/07/2025 Time: 10:22
Address:	Received By:
Gender: M Age: 57 Y Nationality: OMANI	Received Date: Time:
GSM No.: 95581418 ID Card No.: 3276945	Report Date: 30/07/2025 Time: 13:38
Ref. By: DR ERFAN GHODJANI	Bill No: 0384039 Bill Date: 30/07/2025
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO PACKAGE ABOVE 40 YEARS		
RANDOM BLOOD SUGAR	5.63 mmol/L	4.11 -7.9mmol/L
CREATININE	73.00 μ mol/L	Adults: MALE: 62 – 106 μ mol/L FEMALE: 44 - 80 μ mol/L
SGPT (ALT)	18.80 U/L	MALE : up to 41 U/L, FEMALE : up to 33 U/L,
TOTAL WBC COUNT	5.63 x 10 ³ / μ L	4.00-11.00 x 10 ³ / μ L
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	37.67 %	40-75%
LYMPHOCYTE (%)	50.62 %	20-45%
MONOCYTE (%)	9.16 %	2-8%
EOSINOPHIL (%)	1.62 %	1-6%
BASOPHIL (%)	0.94 %	0-1%
ERYTHROCYTE SEDIMENTATION RATE	29 mm/1st hr	MALE:0-15 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
HAEMOGLOBIN	14.39 gm/dl	Male : 13 -18 gm/dl Female:11-15 gm /dl childrens upto 1year-11.0 - 13.0 gm /dl upto12years-11.5 - 14.5 gm /dl cord blood:13 -19.5 gm /dl
SICKLE CELL	NEGATIVE	
Method : Solubility test (If Positive , Hb Electrophoresis / HPLC to be done to confirm Sickie cell anaemia / Trait).		
URINE ROUTINE		
URINE BIOCHEMISTRY		
URINE GLUCOSE	NEGATIVE	NEGATIVE
URINE PROTEIN	NEGATIVE	NEGATIVE
URINE KETONE	NEGATIVE	NEGATIVE

Verified By:



11011

Lab Technologist

MOH License No:
Electronically signed at: 7/30/2025 1:39:00

Approved By:



DR ROSE MARY

Specialist Pathologist

MOH License No: 18178
Electronically signed at: 31/07/2025 11:20:00

Printed at: 03/08/2025 10:06:11 AM

Page: 1 of 2



NMC Healthcare LLC
CR.No. 1666137
Plot No. 254 Block 23B
Building No. 832, Al Vohh Road
Sultanate of Oman
T : (+968) 2426 8222
F : (+968) 2426 8299
www.nmchoalthcare.com

DEPARTMENT OF LABORATORY MEDICINE

File No: 50103368	Report No: 0159772
Name: MASOUD KHALAF ZAYID AL HAJJI	Sample Date: 30/07/2025 Time: 10:22
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	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE
URINE PH	8.0	4.6-8.0
SPECIFIC GRAVITY	1.005	1.010-1.030
BLOOD	NEGATIVE	NEGATIVE
UROBILINOGEN	NORMAL	NORMAL
URINE MACROSCOPY		
COLOUR	YELLOW	
APPEARANCE	CLEAR	
URINE MICROSCOPY		
RBC	0-1 /hpf	0-3
PUSCELLS	2-3 /hpf	0-5
EPITHELIAL CELLS	0-2 /hpf	NIL
CRYSTAL	NIL /hpf	NIL
CAST	NIL /hpf	NIL
BACTERIA	NIL	
MUCOUS THREAD	NIL	
LIPID PROFILE		
TOTAL CHOLESTEROL	5.02 mmol/L	< 5.18 mmol/L
HDL	1.73 mmol/L	>1.5 mmol/L
TRIGLYCERIDES	0.99 mmol/L	Desirable : <2.083 mmol/L Boderline high : 2.83 - 5.67 mmol/L Hypertriglyceridemia >5.65 mmol/L
LDL	2.88 mmol/L	< 2.6 mmol/L
VLDL	0.45 mmol/L	0.128-0.645mmol/L

Verified By:



11011

Lab Technologist

Approved By:



DR ROSE MARY

Specialist Pathologist

MOH License No:

Electronically signed at: 7/30/2025 1:39:00

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Page: 2 of 2



NMC Healthcare LLC
C.R. No: 1658137
P.O. Box 234, Block 316
Building No: 812, Al-Had-hadh
Subsidiary of NMC
T: +968 2488 8222
F: +968 2478 9288
www.nmcspecialtyhospital.com



Pulmonary Function Report

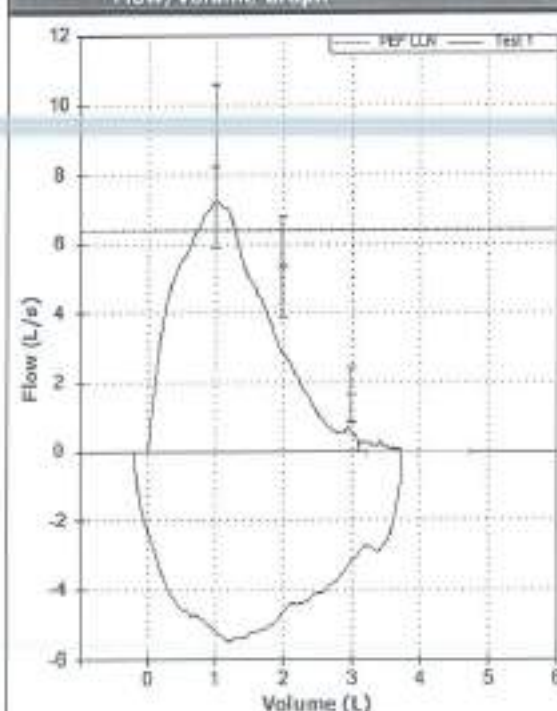
Subject Information

ID:	2025214_101756901	Alternate ID:	50103368		
Last Name:	Zayid	First Name:	Masoud	Middle Name:	Khalaf
Population:	MIDDLE EAST	Gender:	Male	Date of Birth:	01/01/1968
Age:	57	Height:	168 cm	Weight:	89.2 kg
BMI:	31.6	Smoking:	Non Smoker		

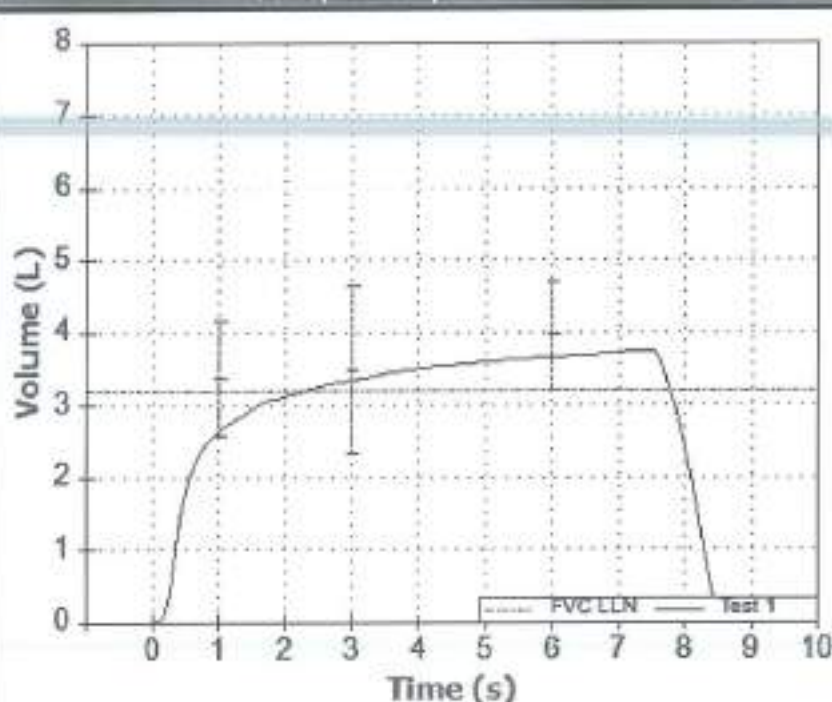
Test Session Information

Test Date:	02/08/2025 10:19	Device:	ALPHA Touch	Serial Number:	32166
No. of Tests:	2	Accuracy Chk:	30/05/2019 15:42	User:	Administrator
Pred. Values:	Golshan	Pred. Factor:	100%	Posture:	Sitting

Flow/Volume Graph



Volume/Time Graph



Results

Parameter	Pred	LLN	Best	% Pred.	Z-Score
FVC (L)	3.96	3.21	3.74	94	-0.48
FEV1 (L)	3.37	2.58	2.78	82	-1.22
FEV1 Ratio	0.77	0.65	0.71	92	-0.82
FEV6 (L)	3.96	3.21	3.67	93	-0.63
PEF (L/min)	551	384	434	79	-1.15
FEF25-75 (L/s)	4.14	3.09	2.03*	49	-3.30

Values at STPS. *Below lower limit of normality (LLN)

Session Quality and Repeatability Information

FVC Session Grade	FVC Rep:	FEV1 Rep:	Slow Start of test	End of test criteria not achieved	Cough detected in 1st second
D	-	-	1 blow(s)	0 blow(s)	0 blow(s)

Computer Suggested Interpretation

Computer interpretations cannot be relied upon for diagnosis. Normal ventilatory function.

Reference Pictogram

Parameter	LLN	Reference	ULN
FVC	Below	Within	Below
FEV1	Below	Below	Below
FEV1 Ratio	Below	Below	Below



AUDIOMETRY REPORT

Masoud Khalaf Zayid Al Haili

U107.05

02-AUG-25 10:30

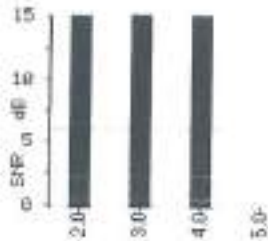
DP 2s 2 sec aug

SN: G11005649 G12014595

NAME:

Sex m MRN 50103368 Date of Test 30/7/2025

Left: Pass



F2	L1	L2	DP	NF	SNR	
2.0	65	56	15	-8	24	P
3.0	66	56	7	-19	27	P
4.0	64	53	6	-20	26	P
5.0	61	52	-6	1	-7	

U107.05

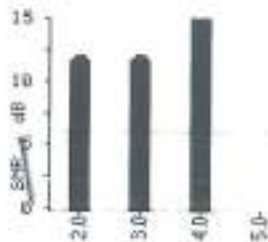
02-AUG-25 10:31

DP 2s 2 sec aug

SN: G11005649 G12014595

NAME:

Right: Pass



F2	L1	L2	DP	NF	SNR	
2.0	65	54	4	-8	12	P
3.0	64	54	3	-9	12	P
4.0	63	56	0	-20	26	P
5.0	67	54	0	0	-6	

NMCOMAN/DOC/NSG/75

Signature of the Technician





nmc specialty hospital,al-hail

P.O BOX : 613, Postal Code : 133
al-hail
24269222

Fitness Certificate

Empno:

Date of issue : 02/08/2025

Ref No : 0000023/FIT/NMC/2025

This is to certify that Mr. / Mrs. *MASOUD KHALAF ZAYID AL HAJJI* with file no *50103368* and Resident card no. *3276945* was Treated at *nmc specialty hospital,al-hail* on *02/08/2025* and will be *FIT TO WORK(MEDICALLY FIT)* from the medical point of view starting from *02/08/2025*

DIAGNOSIS

Remarks

TMT: NEGATIVE FOR ISCHEMIA

DR ERFAN GHODJANI

Place: *nmc specialty hospital,al-hail*

Signature



(Hospital Seal)





nmc specialty hospital, al-hail

P.O BOX : 613, Postal Code : 133
al-hail
24269222

Referral Letter

Date of Issue : 02/03/2025

Ref No : 0000035/REF/NMC/2025

Referred Doctor Name: *CARDIOLOGIST*

Department: *CARDIOLOGY*

Hospital Referred to: *NATIONAL HEART CENTER , ROYAL HOSPITAL*

Name: *MASOUD KHALAF ZAYID AL HAJJI*

Resident Card No: *3276945*

Age: *57 Y*

Gender: *M*

Nationality: *OMANI*

Empno:

File No: *50103368*

Status: *Emergency*

Dear Doctor,

The above mentioned patient presented to me with complaints of

THE PATIENT IS A 57 YEAR OLD MAN WITH HIGH BLOOD PRESSURE $\pm$ D-L?

ON EXAMINATION

BP:169/101 HR:90

INVESTIGATION

ECG : SINUS RYTHM , LVH? TMT : NEGATIVE FOR ISCHEMIA , FREQUENT VPCs

DIAGNOSIS

I10-Essential (Primary) Hypertension,I49.3-Ventricular Premature Depolarization

TREATMENT GIVEN

COSYREL TABLET 5/5 MG PO DAILY ROSUVASTATIN 10 MG TABLET PO DAILY

REMARKS

REFERRED FOR ECHOCARDIOGRAPHY AND FURTHER CARDIAC EVALUATION

He/She is being referred to your expert management and care.

Thanking you,

Yours truly,

Referred by,

DR ERFAN GHODJANI

Place: *nmc specialty hospital, al-hail*

Signature

DR. ERFAN GHODJANI
Specialist, Cardiology
NMC, Al-Hail 24269
Phone: 011-24269222



MASOUD K. AL-HAJI
S0103366
Prince

Exam Start: 8/2/2025 9:57:51 AM
Print Time: 8/2/2025 10:10:02 AM
Date of Birth:
Gender: Male

07:00 EXER
04:00 REC

— MPH
— %

RATE 102
BP 184/109
SVC 03/41



Auto Print



AL HAJJI, MASOUD
50103368

Patient Information

8/2/2025 9:57:51 AM

Bruce

ID: 50103268	Second ID:	Admission ID:
Date of Birth:	Height: 167 cm	Gender: Male
Age: 57 Years	Weight: 94 kg	Race: Unknown
Indications Hypertension	Medications test	
Referring Physician: DR. ERICAN	Location: NMC AL HAIL	Procedure Type: TMT
Attending Phy: DR. ERICAN	Target HR: 139 bpm (85%)	Reasons for end: Target HR/HIGH BLOOD PRESSURE, ACHIEVED METS
Technician: ARJUN	Max HR(%MPHR): 139 bpm (97%)	Symptoms: NO CHEST PAIN
Diagnosis	Notes	

Conclusions

The patient was tested using the Bruce protocol for a duration of 07:00 min:ss and achieved 8.9 METs. A maximum heart rate of 159 bpm with a target predicted heart rate of 114% was obtained at 07:10. A maximum systolic blood pressure of 228/95 was obtained at 06:34 and a maximum diastolic blood pressure of 179/102 was obtained at 00:29. A maximum ST depression of -1.7 mm in aVR occurred at 08:10. A maximum ST elevation of +3.2 mm in V3 occurred at 08:00. The patient reached target heart rate with appropriate heart rate and blood pressure response to exercise. No significant ST changes during exercise or recovery. No evidence of ischemia. Normal exercise stress test.

FREQUENT VPCs, RECOMMENDATION : ECGOCARDIOGRAPHY , ANTIHYPERTENSIVE THERAPY

Reviewed by:

UNCONFIRMED REPORT

X500046-25 59419

NMC SPECIALTY HOSPITAL ALHAIL

Figure 1

Bureau of Mortality and Morbidity

11/15/2014 11:59 AM

AL HAJJI, MASOUD
50103368

Exam Summary

8/2/2025 9:57:51 AM

Bruce

Summary

Exercise Time: 07:00
Leads with 100uV ST: II, III, aVR, aVL, aVF, V2, V3, V4, V5, V6
PVCs: 67
Duke Treadmill Score: —

Max ST

ST elevation: 3.2 mm in V3 at 08:00
ST depression: -1.7 mm in aVR at 08:10

Max Values

Speed 3.4 MPH
Grade: 14 %
METs: 8.9
HR*BP: 35/96 BPM * mmHg
ST/HR Index: 1.71 uV/bpm in aVL at 05:10

Max ST Changes

ST elevation change: 2.2 mm in II at 08:10
ST depression change: -1.3 mm in V2 at 05:10

STAGE SUMMARY

ST measurement based on 3-90ms

	Speed (MPH)	Grade (%)	HR (BPM)	BP (mmHg)	METs	HR*BP	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
BP	0.0	0.0	85	163/101	-	14365	0.3	0.7	0.3	-0.5	-0.1	0.5	0.3	0.9	1.3	0.8	0.4	0.3
START EXE	0.0	0.0	96	-	1.3	-	0.2	0.6	0.3	-0.5	-0.1	0.5	0.2	0.8	1.3	0.8	0.4	0.3
BP	1.7	0.0	100	179/102	1.6	17900	0.1	0.6	0.4	-0.4	-0.2	0.5	0.3	0.7	1.2	0.7	0.4	0.2
STAGE 1	1.7	0.0	117	-	2.4	-	0	0.7	0.6	-0.4	0.3	0.6	0.2	0.6	1.4	0.8	0.5	0.2
BP	1.7	5.0	122	218/97	3.5	26596	0.1	0.7	0.5	-0.5	-0.3	0.6	0.2	0.4	1.3	0.7	0.4	0.2
STAGE 2	3.4	14.0	126	-	3.8	-	0	0.7	0.7	-0.5	-0.4	0.7	0.3	0.4	1.3	0.7	0.4	0.2
BP	3.4	14.0	156	206/97	7.1	31936	-0.1	1.1	1.2	-0.6	-0.7	1.2	-0.4	-0.1	1	0.3	0.2	0
BP	3.4	14.0	157	228/95	8.3	35796	0.1	1.2	1.1	-0.8	-0.5	1.1	-0.1	0.3	1.7	0.8	0.4	0.3
STAGE 3	3.4	14.0	156	-	8.9	-	-0.1	1	1	-0.6	-0.6	1	-0.3	0.3	1.7	0.7	0.5	0.2
Peak	4.2	16.0	158	-	8.9	-	-0.1	1	1	-0.6	-0.6	1	-0.3	0.3	1.7	0.7	0.5	0.2
Treadmill Stopped	0.0	0.0	159	-	0.0	-	0.3	1.4	1	-0.9	-0.4	1.2	-0.4	0.3	1.9	0.8	0.5	0.3
BP	0.0	0.0	109	205/114	1.0	22345	0.4	2	1.5	-1.2	-0.6	1.7	-0.1	1	2.5	1.7	1.3	0.9
BP	0.0	0.0	104	184/109	1.0	19136	0.1	0.7	0.5	-0.6	-0.2	0.7	0.2	0.7	1.2	0.7	0.4	0.3
BP	0.0	0.0	102	180/109	1.0	19176	0.1	0.5	0.3	-0.4	-0.1	0.4	0.3	0.6	1	0.5	0.2	0.2
END REC	0.0	0.0	101	-	1.0	-	0.1	0.5	0.3	-0.4	-0.1	0.4	0.3	0.6	1	0.5	0.2	0.2

ST LEVEL (mm)

	aVF	V1	V2	V3	V4	V5	V6
ST ELEVATION	0.5	0.3	0.9	1.3	0.8	0.4	0.3
ST DEPRESSION	-0.1	-0.1	-0.1	-0.1	-0.1	-0.1	-0.1



Framingham Risk Score (2008)

Questions

1. Gender? Male
2. Age? 55-59
3. Total Cholesterol? 4.14-5.15 mmol/L
4. HDL? ≥ 1.56 mmol/L
5. Systolic Blood Pressure? 130-139 mmHg
6. On Medication for Hypertension? No
7. Smoker? No
8. Diabetic? No
9. Known Vascular Disease (CAD, PVD, S... No

About

The FRS estimates the 10 year risk of manifesting clinical CVD (CAD, Stroke, PVD, CHF, cardiac death). Although not examined in the 2008 model, it is common practice to double the FRS if there is a FHx of premature CAD in a 1st degree relative (men <55y, women <65y).

*The risk stratification tool for the ESC is the SCORE system which estimates 10y risk of CVD death. Patients with a 10y risk of CVD death $\geq 5\%$ are considered high risk. The lipid guidelines recognize risk equivalents as a distinct category that warrant immediate treatment. For patients with an ESC SCORE $\geq 5\%$ a 3 month trial of lifestyle measures is a reasonable starting point. If after 3 months the lipids remains above moderate risk targets and the SCORE remains $\geq 5\%$ then intensive therapy to reach high risk targets is recommended.

References

Ralph B. D'Agostino, Sr, Ramachandran S, Vasan, Michael J, Pencina, Philip A, Wolf, Mark Cobain, Joseph M, Massaro and William B. Kannel.

General cardiovascular risk profile for use in primary care: the Framingham Heart Study.

Circulation 2008 February 12, 117 (5): 743-53

McPherson R et al.

Canadian Cardiovascular Society position statement-- recommendations for the diagnosis and treatment of dyslipidemia and prevention of cardiovascular disease.

Canadian Journal of Cardiology 2006, 22 (11): 913-27

Management of Blood Cholesterol in Adults: Systematic Evidence Review from the Cholesterol Expert Panel.

Ian Graham et al.

European guidelines on cardiovascular disease prevention in clinical practice: executive summary: Fourth Joint Task Force of the European Society of Cardiology and Other Societies on Cardiovascular Disease Prevention in Clinical Practice (Constituted by representatives of nine societies and by invited experts).

European Heart Journal Volume 28, Issue 19, October 2007, Pages 2375-2414

The Framingham Risk Score (2008) calculator is created by QxMD.

Results

Estimated 10-year Global CVD Risk

9.4%

Risk Category

Low Risk

Estimated Vascular Age

54 Years

Treatment Guidelines

ATP-III (2004)

Treatment Targets

LDL <160 mg/dL (<4.14 mmol/L)

Non-HDL <190 mg/dL (<4.93 mmol/L)

CCS (2009)

Initiate Pharmacotherapy if

LDL >5 mmol/L (>193 mg/dL)

TChol/HDL-C >6 mmol/L (>231 mg/dL)

Treatment Targets

$\geq 50\%$ decrease in LDL-C

ESC (2007, see Info for more)

Treatment Targets

LDL <3 mmol/L (<120 mg/dL)

TChol <5 mmol/L (<194 mg/dL)

Created by QxMD

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