

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A		
	✓	1. Eyes & Pupils	only a/cd Reddened & car oldsmen
	✓	2. E.N.T.	
	✓	3. Teeth & Mouth	
	✓	4. Lungs & Chest	
	✓	5. Cardiovascular System	
	✓	6. Abdo. Viscera	
	✓	7. Hernial Orifices	
	✓	8. Anus & Rectum	
	✓	9. Genito-urinary	
	✓	10. Extremities	
	✓	11. Musculo-skeletal	
	✓	12. Skin & Varicose Vns.	
	✓	13. C.N.S.	

HEIGHT cm	WEIGHT kg	BM I	B.P.	PULSE	HEARING L R	VISION DISTANT R L NEAR R L Uncorrected Corrected	Colour Vision	Blood Group
178	102		140 82	57/min.		+		

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
✓		1. Urinalysis		✓		7. Audiogram
	✓	2. Hb, Blood count, ESR		✓		8. Lung Function
✓		3. LFT, RFT, RBS				9. Chest X-Ray
		4. Drug Screen		✓		10. ECG
	✓	5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
✓		6. Sickle Cell test		✓		12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

High BP + High cholesterol → needs clinical evaluation to start Rx.

ASSESSMENT:

- ☒ FIT ALL AREAS
- ☐ FIT WITH SPECIFIC RESTRICTION
- ☐ TEMPORARY UNFIT
- ☐ AWAITING SPECIALIST ASSESSMENT

REVIEW/CONSULTATION

DATE: 22/8/21

DOCTOR NAME: Dr. Masood

SIGNATURE: Masood Siddique



DR. MASOOD SIDDIQUE
General Practitioner
MOH Lic. No: 11004
Specialty hospital, Al Hail