



Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Petrochem Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS.

Surname	SAAD AHMED RASHID
Forenames	AL BALUSHI
Address	
Home telephone number	92690977

Place of examination	NMCAH	Date	16/11/25
If a dependant enter employee's name here:			
Surname	SAAD AHMED RASHID	Forenames	AL BALUSHI
Birth date	12/7/1982	Nationality	OMANI
		Country of birth	OMAN
		Religion	MUSLIM
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	Relationship to employee	Number of children: 4
		☒ Wife ☐ Son ☐ Daughter	
Reason for examination	Pre-Employment ☐ Job: DRIVER	Pre-Overseas ☐ Area: FAHUD	
Name and address of family doctor	List your last 3 jobs		
	(1)		
	(2)		
Are you a Registered Disabled Person? (UK only)	☐	Do you belong to any Medical Insurance Scheme?	☐

DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)		DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)		DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)	
Y	N	Y	N	Y	N
	☒		☒	HAVE YOU EVER BEEN:-	
1. Sinus trouble	☒	21. Cancer	☒	40. Rejected for employment or insurance for medical reasons	☒
2. Neck swelling/glands	☒	22. Heart Disease	☒	41. Awarded benefits for industrial injury/illness	☒
3. Difficulty in vision	☒	23. Rheumatic fever	☒	42. Treated for a mental condition, e.g. depression	☒
4. Any ear discharge	☒	24. Abnormal heartbeat	☒	43. Treated for problem drinking or drug abuse	☒
5. Asthma/bronchitis	☒	25. High blood pressure	☒	44. Exposed to toxic substance or noise	☒
6. Hayfever /other significant allergy	☒	26. Stroke	☒	FOR WOMEN ONLY	
7. Any skin trouble	☒	27. Serious chest pain	☒	Have you ever had:-	
8. Tuberculosis	☒	28. Any blood disease	☒	45. An abnormal smear	
9. Shortness of breath	☒	29. Kidney disease	☒	46. Any gynaecological treatment	
10. Coughed/vomited blood	☒	30. Blood in urine	☒	47. Are you pregnant?	
11. Severe abdominal pain	☒	31. Diabetes	☒	48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE	
12. Stomach ulcer	☒	32. Headaches/migraine	☒		
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒		
14. Jaundice or hepatitis	☒	34. Epilepsy	☒		
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒		
16. Marked change in bowel habits	☒	36. Surgical operation	☒		
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒		
18. Marked change in weight	☒	38. Tropical disease	☒		
19. Varicose veins	☒	39. Fear of heights	☒		
20. Lump in breast/arm/pit	☒				

How much tobacco each day?	NO	Average daily alcohol consumption	NO
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Have you ever taken illicit drugs?	☒	PDO test all new/potential employees for illicit/recreational drugs
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FAMILY HISTORY:	Diabetes ☒	Tuberculosis ☒	Epilepsy ☒	Asthma ☒	Eczema ☒
	Heart disease ☒	High blood pressure ☒	Stroke ☒	Blood Disease ☒	Cancer ☒

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor. It is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if I was found that I have purposely withheld important medical information.

Date:	16/11/25	Signature of Applicant:	
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Page 79	Specification
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Page 80	Specification	
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DEPARTMENT OF LABORATORY MEDICINE

File No: 50145594	Report No: 0171635
Name: SAAD AHMED RASHID AL BALUSHI	Sample Date: 16/11/2025 Time: 9:13
Address:	Received By:
Gender: M Age: 43 Y Nationality: OMANI	Received Date: Time:
GSM No.: 92690977 ID Card No.: 12427369	Report Date: 16/11/2025 Time: 13:29
Ref. By: DR MASOOD SIDDIQUE	Bill No: 0406619 Bill Date: 16/11/2025

INVESTIGATION	RESULT	REFERENCE RANGE
PDO PACKAGE ABOVE 40 YEARS		
RANDOM BLOOD SUGAR	5.34 mmol/L	4.11 -7.9mmol/L
CREATININE	98.00 µ mol/L	Adults: MALE: 62 – 106 µ mol/L FEMALE: 44 - 80 µ mol/L
SGPT (ALT)	23.90 U/L	MALE : up to 41 U/L, FEMALE : up to 33 U/L.
TOTAL WBC COUNT	6.28 x 10^3 / µL	4.00-11.00 x 10^3 / µL
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	31.64 %	40-75%
LYMPHOCYTE (%)	51.01 %	20-45%
MONOCYTE (%)	8.35 %	2-8%
EOSINOPHIL (%)	6.69 %	1-6%
BASOPHIL (%)	2.31 %	0-1%
ERYTHROCYTE SEDIMENTATION RATE	13 mm/1st hr	MALE:0-15 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
HAEMOGLOBIN	16.03 gm/dl	Male : 13 -18 gm/dl Female:11-15 gm /dl childrens upto 1year-11.0 - 13.0 gm /dl upto12years-11.5 - 14.5 gm /dl cord blood:13 -19.5 gm /dl
SICKLE CELL	NEGATIVE.	
Method : Solubility test (If Positive , Hb Electrophoresis / HPLC to be done to confirm Sickle cell anaemia / Trait).		
URINE ROUTINE		
URINE BIOCHEMISTRY		
URINE GLUCOSE	NEGATIVE	NEGATIVE
URINE PROTEIN	NEGATIVE	NEGATIVE
URINE KETONE	NEGATIVE	NEGATIVE

Verified By:

Approved By:



10589

Lab Technologist

Specialist Pathologist

MOH License No: 17976

Electronically signed at: 11/16/2025 1:29:00

Printed at: 16/11/2025 1:52:26 PM

Page : 1 of 3



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DEPARTMENT OF LABORATORY MEDICINE

File No: 50145594	Report No: 0171635
Name: SAAD AHMED RASHID AL BALUSHI	Sample Date: 16/11/2025 Time: 9:13
Address:	Received By:
Gender: M Age: 43 Y Nationality: OMANI	Received Date: Time:
GSM No.: 92690977 ID Card No.: 12427369	Report Date: 16/11/2025 Time: 13:29
Ref. By: DR MASOOD SIDDIQUE	Bill No: 0406619 Bill Date: 16/11/2025

INVESTIGATION	RESULT	REFERENCE RANGE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE
URINE PH	6.5	4.6-8.0
SPECIFIC GRAVITY	1.025	1.010-1.030
BLOOD	NEGATIVE	NEGATIVE
UROBILINOGEN	NORMAL	NORMAL
URINE MACROSCOPY		
COLOUR	YELLOW	
APPEARANCE	CLEAR	
URINE MICROSCOPY		
RBC	NIL /hpf	0-3
PUSCELLS	2-3 /hpf	0-5
EPITHELIAL CELLS	1-2 /hpf	NIL
CRYSTAL	NIL /hpf	NIL
CAST	NIL /hpf	NIL
BACTERIA	NIL	
MUCOUS THREAD	NIL	
CHEST X RAY PA		
ECG		
LIPID PROFILE		
TOTAL CHOLESTEROL	5.82 mmol/L	< 5.18 mmol/L
HDL	1.61 mmol/L	>1.5 mmol/L
TRIGLYCERIDES	0.62 mmol/L	Desirable : <2.083 mmol/L Boderline high : 2.83 - 5.67 mmol/L Hypertriglyceridemia >5.65 mmol/L
LDL	3.68 mmol/L	< 2.6 mmol/L
VLDL	0.28 mmol/L	0.128-0.645mmol/L

Verified By:



10589

Lab Technologist

MOH License No: 17976

Electronically signed at: 11/16/2025 1:28:00

Approved By:

Specialist Pathologist



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nmc specialty hospital

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Printed at: 16/11/2025 1:52:26 PM

Page: 2 of 3



REPORT
DEPARTMENT OF LABORATORY MEDICINE

File No: 50144998
Name: HILAL ABDULLAH MOHAMED AL MUAINI
Address:
Gender: M Age: 58 Y Nationality: OMANI
GSM No.: 99350339 ID Card No.: 1846214
Ref. By: DR MASOOD SIDDIQUE

Report No: 0171504
Sample Date: 15/11/2025 Time: 9:14
Received By:
Received Date: Time:
Report Date: 15/11/2025 Time: 16:14
Bill No: 0406339 Bill Date: 15/11/2025

INVESTIGATION	RESULT	REFERENCE RANGE
---------------	--------	-----------------

PACKAGE 1

URINE ROUTINE

URINE BIOCHEMISTRY

URINE GLUCOSE	NEGATIVE	NEGATIVE
URINE PROTEIN	NEGATIVE	NEGATIVE
URINE KETONE	NEGATIVE	NEGATIVE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE
URINE PH	8.5	4.6-8.0
SPECIFIC GRAVITY	1.015	1.010-1.030
BLOOD	NEGATIVE	NEGATIVE
UROBILINOGEN	NORMAL	NORMAL

URINE MACROSCOPY

COLOUR	PALE YELLOW
APPEARANCE	CLEAR

URINE MICROSCOPY

RBC	1-2 /hpf	0-3
PUSCELLS	2-3 /hpf	0-5
EPITHELIAL CELLS	1-2 /hpf	NIL
CRYSTAL	NIL /hpf	NIL
CAST	NIL /hpf	NIL
BACTERIA	NIL	
MUCOUS THREAD	NIL	

CREATININE

95.00 μ mol/L

Adults:
MALE: 62 – 106 μ mol/L
FEMALE: 44 – 80 μ mol/L

Verified By:

Approved By:

10593

Lab Technologist

Specialist Pathologist

MOH License No:
Electronically signed at: 11/15/2025 4:14:00

مركز طبي النعمانية
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Printed at: 16/11/2025 1:11:12 PM

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Page 1 of 1 Plot No: 294, Block: 316, Building No: 812, Al Hail North, Sultanate of Oman

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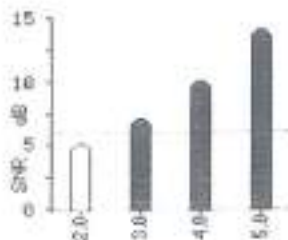
AUDIOMETRY REPORT

U107.05
16-NOV-25 10:06
DP 2s 2 sec avg
SN: G11005649 G12014595

and Ahmed Rashid Al-balushi
x M MRN 50145594 Date of Test 16/11/2025

NAME:

Left: Pass

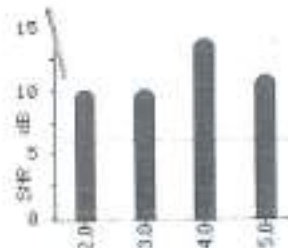


F2	L1	L2	DP	NF	SNR	
2.0	66	55	-11	-16	5	
3.0	65	55	-11	-19	7	P
4.0	66	51	-10	-20	10	P
5.0	62	56	-5	-19	14	P

U107.05
16-NOV-25 10:06
DP 2s 2 sec avg
SN: G11005649 G12014595

NAME:

Right: Pass



F2	L1	L2	DP	NF	SNR	
2.0	66	55	-6	-4	10	P
3.0	65	55	-6	-19	10	P
4.0	65	53	-6	-20	14	P
5.0	63	55	-9	-20	11	P

NMCOMAN/DOC/NSG/75

Signature of the Technician



Vitalograph

Pulmonary Function Report

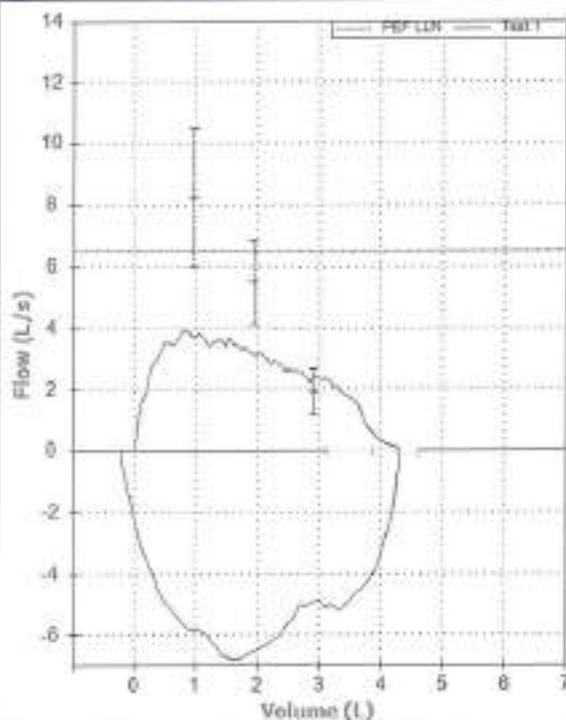
Subject Information

ID:	2025320_101139611	Alternate ID:	50145594	Middle Name:	Ahmed
Last Name:	Rashid	First Name:	Saad	Date of Birth:	7/12/1982
Population:	MIDDLE EAST	Gender:	Male	Weight:	80.0 kg
Age:	43	Height:	160 cm		
BMI:	31.2	Smoking:	Non Smoker		

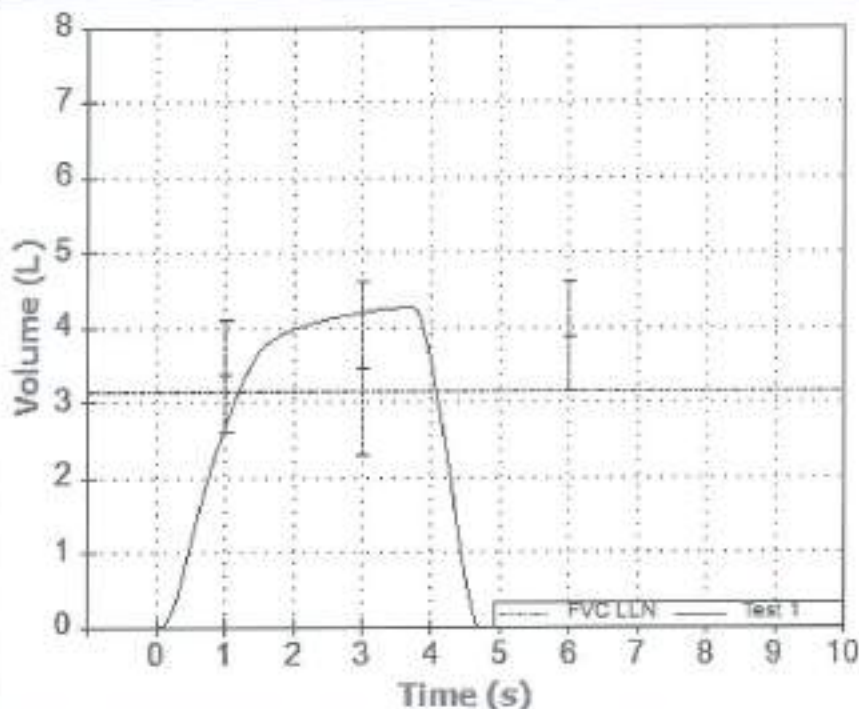
Test Session Information

Test Date:	11/16/2025 10:13	Device:	ALPHA Touch	Serial Number:	32166
No. of Tests:	5	Accuracy Chk:	5/30/2019 15:42	User:	Administrator
Pred. Values:	Golshan	Pred. Factor:	100%	Posture:	Sitting

Flow/Volume Graph



Volume/Time Graph



Results

Parameter	Pred	LLN	ATS/ERS Best	% Pred.	Z-Score
FVC (L)	3.87	3.14	4.28	111	0.92
FEV1 (L)	3.36	2.61	3.18	95	-0.39
FEV1 Ratio	0.79	0.68	0.70	89	-1.34
FEV6 (L)	3.87	3.14	4.28	111	0.92
PEF (L/min)	550	391	235*	43	-3.25
FEF25-75 (L/s)	4.43	3.43	2.89*	65	-2.53

Values at 5TPS, *Below lower limit of normal (LLN)

Session Quality and Repeatability Information

Session Grade	FVC Rep:	FEV1 Rep:	Slow Start of test	End of test criteria not achieved	Cough detected in 1st second
D	-	-	0 blow(s)	1 blow(s)	0 blow(s)

Computer Suggested Interpretation

Computer interpretations cannot be relied upon for diagnosis. Normal ventilatory function.

Reference Pictogram



Id: 50145594

Al Bahuthi, Saad Ahmed Rashid

Male 12/07/1982 (43 yr) Unknown

Height: -- cm Weight: -- kg BP: 0/0 mmHg

Mod:

Tech:

Note:

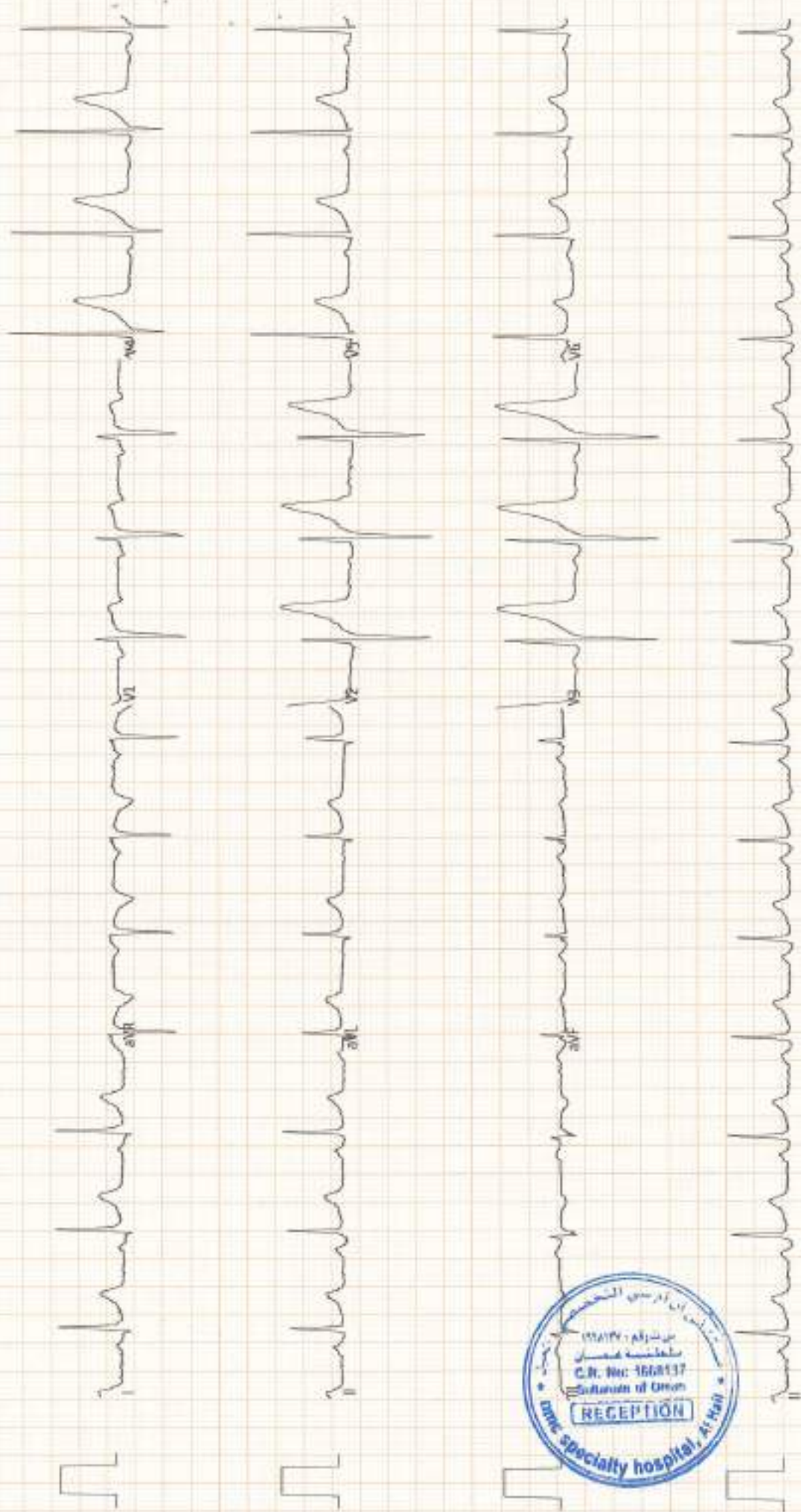
16/11/2025 10:23:45

HR: 82 bpm (723 ms)
PR: 154 ms
QRS: 82 ms
QT/QTc: 358/397 ms
J-Tp/Tp-Tc: 182/94 ms

R-R-Suc: 2.12/1.25 mV
Sok-Lyon: 3.37 mV
Axis: 52/26/14 *

Sinus rhythm
Normal ECG

UNCONFIRMED REPORT



Dep:

25mm/s 10mm/mV LP-40Hz AC-50Hz Cardiolite ECG2005 v. 2.5.0.17528

Questions

- | | |
|---|------------------|
| 1. Gender? | Male |
| 2. Age? | 40-44 |
| 3. Total Cholesterol? | 5.16-6.19 mmol/L |
| 4. HDL? | ≥1.56 mmol/L |
| 5. Systolic Blood Pressure? | <120 mmHg |
| 6. On Medication for Hypertension? | No |
| 7. Smoker? | No |
| 8. Diabetic? | No |
| 9. Known Vascular Disease (CAD, PVD, S... | No |

About

The FRS estimates the 10 year risk of manifesting clinical CVD (CAD, Stroke, PVD, CHF, cardiac death). Although not examined in the 2008 model, it is common practice to double the FRS if there is a PMx of premature CAD in a 1st degree relative (men <55y, women <65y).

*The risk stratification tool for the ESC is the SCORE system which estimates 10y risk of CVD death. Patients with a 10y risk of CVD death ≥5% are considered high risk. The lipid guidelines recognize risk equivalents as a distinct category that warrant immediate treatment. For patients with an ESC SCORE ≥ 5% a 3 month trial of lifestyle measures is a reasonable starting point. If after 3 months the lipids remain above moderate risk targets and the SCORE remains ≥ 5% then intensive therapy to reach high risk targets is recommended.

References

Ralph B. D'Agostino, Agostino, Sr, Ramachandran S. Vasan, Michael J. Pencina, Philip A. Wolf, Mark Cobain, Joseph M. Massaro and William B. Kannel.
General cardiovascular risk profile for use in primary care: the Framingham Heart Study.
Circulation 2008 February 12, 117 (6): 743-53

McPherson R et al.
Canadian Cardiovascular Society position statement—recommendations for the diagnosis and treatment of dyslipidemia and prevention of cardiovascular disease.
Canadian Journal of Cardiology 2006, 22 (11): 913-27

Management of Blood Cholesterol in Adults: Systematic Evidence Review from the Cholesterol Expert Panel.

Ian Graham et al.
European guidelines on cardiovascular disease prevention in clinical practice: executive summary: Fourth Joint Task Force of the European Society of Cardiology and Other Societies on Cardiovascular Disease Prevention in Clinical Practice (Constituted by representatives of nine societies and by invited experts).
European Heart Journal, Volume 28, Issue 19, October 2007, Pages 2375-2414

The Framingham Risk Score (2008) calculator is created by QxMD.

2.8%

Risk Category

Low Risk

Estimated Vascular Age

36 Years

Treatment Guidelines

ATP-III (2004)

Treatment Targets

LDL <160 mg/dL (<4.14 mmol/L)

Non-HDL <190 mg/dL (<4.93 mmol/L)

CCS (2009)

Initiate Pharmacotherapy if

LDL >5 mmol/L (>193 mg/dL)

TChol/HDL-C >6 mmol/L (>231 mg/dL)

Treatment Targets

≥50 % decrease in LDL-C

ESC (2007, see info for more)

Treatment Targets

LDL <3 mmol/L (<120 mg/dL)

TChol <5 mmol/L (<194 mg/dL)

Created by  QxMD

Saad Ahmed Rashid
Al Balushi



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