

ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL- CONFIDENTIAL)

**RUSAYL HEALTH CENTRE**  
PLEASE COMPLETE YOUR PERSONAL  
DETAILS IN BLOCK CAPITALS

Surname/ Forenames:	KHAMIS HADOUB OBAID SANGOOR AL HAJRI
Nationality:	OMANI

Mobile No. 92587300	Home/Leave Address: BIDIYAH	Company Number: 10100	Reference Indicator: TRUCK OMAN
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**Personal Details**

A ☒ Male ☐ Female ☒ Married ☐ Single ☐ Separated /Divorced

Home/Leave Address: BIDIYAH	Relationship To Employee <input type="checkbox"/> Wife <input type="checkbox"/> Son <input type="checkbox"/> Daughter	No Of Children:
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**Reason For Examination (tick As Appropriate)**

Periodic Medical Examination ☐ Initial ☒ Periodic

**Employee Only**

B Present Job And Location: FL OPERATOR Next Job And Location: NIMR

Are You A Registered Person With Special Needs? ☐ Do You Belong To Any Medical Insurance Scheme? ☐

Previous Medical History: All Important Medical Events Should Be Listed And Dated At Every Medical Examination. To Be Completed | Together With The Interviewing Nurses Or Doctor Who Will Be Able To Help By Referring To Your Notes.

Please Answer The Following Questions And Tick 'N' (no) Or 'Y' (yes) In The Column. If (Y) Please Describe

	N	Y	Description
Have You, Since Your Last Medical Been Treated By Your Family Doctor Or Specialist For Significant (major) Ailments?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Ear, Nose, Eye Or Throat Problems	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Chest Problems Like Asthma, Bronchitis, Other Bad Cough	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Heart Abnormality, Chest Pains	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Abdominal Pains, Abnormal Bowel Motions	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Urogenital Problems (kidney Disease, Menstrual Disorder)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Skin Trouble Or Allergies	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Epileptic Fits, Dizzy Spells Or Migraine	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
History Of Mental Illness, Depression Anxiety	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Diabetes, Thyroid Disease	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Blood Disorder E.G. Anaemia, Blood Cancer E.G. Leukaemia	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Any History Of Accidents Or Fractures	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Have You Had Any Serious Allergies	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Any Family History Of Cancers	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Do You Take Any Regular Medicines, Or Have Your Taken In The Past	<input type="checkbox"/>	<input checked="" type="checkbox"/>	HTN ON FOLLOW UP
Do You Smoke? If Yes, What And How Much Each Day?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Do You Drink Alcohol? If Yes, What Is Your Average Weekly Intake?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Have You Ever Taken Elicited/recreational Drugs?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Are You Doing Regular Sports Or Physical Activities?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	

STATEMENT: | Have Read The Above Questions And The Above Answers Are Correct And No Information Concerning My Present Or Past State Of Health Has Been Withheld. . | Understand And Agree That This Form Will Be Held As A Confidential Record By PDO Medical Department, And May Be Copied (by Paper Or Secure Electronic Transmission) ) To The Occupational Health Services For The Purpose Of Health Surveillance And Other Occupational Health Review .

Date:	Signature :
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FOR COMPLETION BY EXAMINING DOCTOR OR NURSE  
Further Details Of Medical History And Recreational Activities

N = Normal A = Abnormal (please Describe)		PHYSICAL EXAMINATION	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Eyes Pupils	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	ENT	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Teeth Mouth	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Lungs Chest	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Cardiovascular System	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Abdo Viscera	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Hernial Orifices	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Anus Rectum	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Genito Urinary	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Extremities	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Musculo Skeletal	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Skin Varicose Vns	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Cns	
HEIGHT 170 Cm	WEIGHT 89 Kg	BMI 30	B.P 126/86
			PULSE 88/mins
			HEARING L: NORMAL R: NORMAL
		VISION: RIGHT 6/6 , LEFT 6/6	
		Colour Vision: N	Blood Group: N/A
<input checked="" type="checkbox"/>	<input type="checkbox"/>	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	1.Urinalysis	7.Audiogram
<input checked="" type="checkbox"/>	<input type="checkbox"/>	2 Hb, Bloodcount, ESR	8. Lung Function
<input checked="" type="checkbox"/>	<input type="checkbox"/>	3 LFT, RFT, RBS/FBS	9. Chest X-Ray
<input checked="" type="checkbox"/>	<input type="checkbox"/>	4. Drug Screen	10. ECG
<input checked="" type="checkbox"/>	<input type="checkbox"/>	5. Lipids (40 Years +)	11. CVD Risk For 40 Yrs. & Above
<input checked="" type="checkbox"/>	<input type="checkbox"/>	6. Sickle Cell Test	12. HIV, Hepatitis Screening

OTHER FINDINGS (Physique, Scars, Disabilities, Mental Stability Including Behaviour, Etc.): WEIGHT REDUCTION,DIET CONTROL,REGULAR PHYSICAL ACTIVITIES,FBS MONTHLY,REPEAT FLP AFTER 03 MONTHS.

ASSESSMENT AND RECOMMENDATIONS : ☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT  
☐ UNFIT

with medications & follow up

Date: 24/07/2023 Name (Block Capitals). Dr. Dr-Buddhi

Signature:

DR. SANATH BUDDHIKA PRIYADARSHAN  
GENERAL PRACTITIONER  
RUSAYL HEALTH CENTRE  
REG. LIC NO. 10042

REVIEW/CONSULTATION:FLP AFTER 03 MONTHS

Date: 24/10/2023 Name (Block Capitals). Dr.

Signature:

مرکز الرسیل الصحي  
RUSAYL HEALTH CENTRE  
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P.O. Box : 18, P.C.: 124, Rusayl  
Sultanate of Oman  
SAHARA NIMR