



ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL- CONFIDENTIAL)



RUSAYL HEALTH CENTRE
ISO 9001- 2015 Certified Co.

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname/ Forenames ISSA ABDUL GANY JAHARAM
AL BULUSHI

Nationality OMANI

Mobile No. 99852009

Home/Leave Address: OMANI

Company Number:

Reference Indicator: 1.15-6076766

Personal Details

Age - 36 yrs

A Male Female

Married Single Separated /Divorced /Widow(er)

Home/Leave Address: MUSCAT

Relationship to employee

Wife Son Daughter

No of Children: 1

Reason for Examination (tick as appropriate)

Periodic Medical Examination Final / Retirement Other Reason:

Employee only

B Present Job and Location: Rig move supervisor / Miner

Next Job and Location: Truck driver

Are you a registered person with special needs?

Do you belong to any Medical Insurance Scheme?

Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.

Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' Please describe

	N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?	✓		
1 Ear, nose, eye or throat problems	✓		
2 Chest problems like asthma, bronchitis, other bad cough			
3 Heart abnormality, chest pains			
4 Abdominal pains, abnormal bowel motions			
5 Urogenital problems (kidney disease, menstrual disorder)			
6 Skin trouble or allergies			
7 Epileptic fits, dizzy spells or migraine			
8 History of mental illness, depression anxiety			
9 Diabetes, thyroid disease			
10 Blood disorder e.g. anaemia, blood cancer e.g. leukaemia			
11 Any history of accidents or fractures			
12 Have you had any serious allergies			
13 Do any dependants have a significant ongoing illness?			
14 Any family history of cancers			
Do you take any regular medicines, or have your taken in the past?			
Do you smoke? If yes, what and how much each day?		✓	occasional
Do you drink alcohol? If yes, what is your average weekly intake?	✓		
Have you ever taken elicited/recreational drugs?	✓		
Are you doing regular sports or physical activities?		✓	

STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. . I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission)) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review .

Date:

24/9/22

Signature of Applicant:



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A	
		1. Eyes & Pupils
		2. E.N.T.
		3. Teeth & Mouth
		4. Lungs & Chest
		5. Cardiovascular System
		6. Abdo. Viscera
		7. Hernial Orifices
		8. Anus & Rectum
		9. Genito-urinary
		10. Extremities
		11. Musculo-skeletal
		12. Skin & Varicose Vns.
		13. C.N.S.

} Normal

HEIGHT cm 183	WEIGHT kg 93	BMI 27.8	B.P. 120 72	PULSE 78/min.	HEARING L M R N	VISION clear DISTANT NEAR R L R L Uncorrected 6/6 6/6 Corrected M N
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N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A
✓		FBS - 926/m		7. Audiogram
✓				8. Lung Function
✓				9. Chest X-Ray
				10. ECG
✓				11. CVS risk for 40 yrs. & above
				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT AND RECOMMENDATIONS:

FIT ALL AREAS FIT WITH RESTRICTION TEMPORARY UNFIT UNFIT

Date: 24/9/22 Name (Block Capitals): Dr. JEPHTAH CHIBUZO NNADI Signature:

DR. JEPHTAH CHIBUZO NNADI
 MEDICAL OFFICER
 RUSAYL HEALTH CENTRE
 MOH LIC NO. 17247

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. / Nurse Signature: