

Medical Fitness Certificate

Name : Mr. AHMED OBAID KHALFAN AL AZIZI
Age : 25Y/M

ID Number : 12677905
Date of medical Examination: 29/06/2025
Examining physician : DR. WEAM FAISAL

Assessment Results

The certificate is valid for 2 years from the date of medical examination
Fitness classifications:

- ☒ Fit to work without restrictions
- ☐ Fit work with restrictions
- ☐ Unfit to work temporarily or definitely

FIT

Restrictions list:

- R1: Unfit to work offshore, on marine vessels and in remote locations.
- R2: Unfit for Lifting and strenuous efforts.
- R3: Unfit to work in certain countries, check with geo market health advisor.
- R4: Unfit to work in jobs requiring precise color vision.
- R5: Unfit to work in job with high level of noise.
- R6: Unfit to work in high risk of malaria countries.
- R7: Unfit to work in extreme heat.
- R8: Unfit to work in extreme cold.
- R9: Contact Geo market health advisor/international medical coordinator - there exist specific restriction.
- R10: Unfit to work for a temporarily of time until further notice.
- R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
- R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
- R13: Unfit to drive company vehicle.
- R14: Unfit to fly long haul flights.
- R15: Unfit to work in heights and confined spaces.

COMMENTS

Examining physician stamp and signature


Dr. WEAM FAIZAL IBRAHIM ALNOUF
General Practitioner License No. 10010

Hospital Stamp



CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med - check History form		Name:	AHMED OBAID KHALFAN AL-AZIZI		
		GIN:			
Place of examination	Date	Mobile:	93347404		
	29/06/25				
Age: 25	Nationality: OMANI	Blood Group	b+ve.		
☒ Male ☐ Female	☐ Married ☒ Single ☐ Separated / Divorced	Number Of Children:			
Do You Have You Had: (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
	Y	N		Y	N
1- SINUS TROUBLE		☒	21- CANCER		☒
2- NECK SWELLING / GLANDS		☒	22- HEART DISEASE		☒
3- DIFFICULTY IN VISION		☒	23- RHEUMATIC FEVER		☒
4- ANY EAR DISCHARGE		☒	24- ABNORMAL HEARTBEAT		☒
5- ASTHMA / BRONCHITIS		☒	25- HIGH BLOOD PRESSURE		☒
6- HAYFEVER / OTHER SIGNIFICANT ALLERGY		☒	26- STROKE		☒
7- ANY SKIN TROUBLE		☒	27- SERIOUS CHEST PAIN		☒
8- TUBERCULOSIS		☒	28- ANY BLOOD DISEASE		☒
9- SHORTNESS OF BREATH		☒	29- KIDNEY DISEASE		☒
10- COUGHED / VOMITED BLOOD		☒	30- BLOOD IN URINE		☒
11- SEVERE ABDOMINAL PAIN		☒	31- DIABETES		☒
12- STOMACH ULCER		☒	32- HEADACHES / MIGRAINE		☒
13- RECURRENT INDIGESTION		☒	33- DIZZINESS / FAINTING		☒
14- JAUNDICE OR HEPATITIS		☒	34- EPILEPSY		☒
15- GALL BLADDER DISEASE		☒	35- JOINTS / SPINAL TROUBLE		☒
16- MARKED CHANGE IN BOWEL HABITS		☒	36- SURGICAL OPERATION		☒
17- BLOOD IN STOOLS (MOTIONS)		☒	37- SERIOUS ACCIDENT / FRACTURE		☒
18- MARKED CHANGE IN WEIGHT		☒	38- TROPICAL DISEASE		☒
19- VARICOSE VEINS		☒	39- FEAR OF HEIGHTS		☒
20- LUMP IN BREAST / ARMPIT		☒			
HOW MUCH TOBACCO EACH DAY?	Not Smoking		AVERAGE DAILY ALCOHOL CONSUMPTION	Not Alcohol Consumer	
HAVE YOU EVER TAKEN ILICIT DRUGS (N)					
FAMILY HISTORY: DIABETES (N) TUBERCULOSIS (N) EPILEPSY (N) ASTHMA (N) ECZEMA (N) HEART DISEASE (N) HIGH BLOOD PRESSURE (N) STROKE (N) BLOOD DISEASE (N) CANCER (N)					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT :- I DECLARED THESE STATEMENTS TO BE TRUE TO THE BEST OF MY KNOWLEDGE AND BELIEF AND I AGREE THAT THE RESULT OF THIS MEDICAL EXAMINATION IN GENERAL TERMS MAY BE REVEALED TO THE COMPANY'S DOCTORS, AND THE DETAILS SENT TO THEM BY THE EXAMINING DOCTOR.					
DATE: 29/06/2025					
SIGNATURE OF APPLICANT:					



VISUAL FIELDS:		NORMAL		COLOR VISION:		NORMAL	
SPEECH: NO		NORMAL		SHISPER TEST:		NORMAL	
NEAR VISION RIGHT EYE:		6/6		NEAR VISION LEFT EYE:		6/6	
DISTANT VISION LEFT EYE:		6/6		DISTANT VISION RIHT EYE:		6/6	
HEIGHT: 179		WEIGHT: 67		BMI: 20.91		BP: 118/77	
						PULSE: 69/mf	
BODY SYSTEM / ORGAN	N	A	ABNORMALITY IF ANY				
EYES AND PUPILS	✓						
EAR/ NOSE/ THROAT	✓						
TEETH AND MOUTH	✓						
LUNGS AND CHEST	✓						
CARDIOVASCULAR	✓						
ABDOMEN	✓						
HERNIAL ORIFICES	✓						
ANUS AND RECTUM	✓						
GENITO - URINARY	✓						
EXTREMITIES	✓						
MUSCULOSKELETAL	✓						
SKIN / VARICOSE VIENS	✓						
NEUROLOGICAL	✓						
MENTAL FITNESS	✓						
BREAST	✓						



CONFIDENTIAL MEDICAL

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

Patient Name: Mr. AHMED OBAID
 KHALFAN AL AZIZI
 File No: 20037709
 Age: 25y 3m 24d
 Gender: Male
 Nationality: Oman

NAME: <u>AHMED OBAID KHALFAN AL AZIZI</u>	AGE: <u>25</u>	SEX: <u>M</u>	COMPANY: <u>TRUCK</u>	GIN: <u>OMAN</u>
---	----------------	---------------	-----------------------	------------------

PAST MEDICAL HISTORY <u>NIL</u>		BLOOD GROUP <u>O+ve</u>	
ALLERGIES: <u>NIL</u>			
VACCINATION		DATE OF INITIAL INJECTION	
HEPATITIS A			BOOSTER DUE DATE
HEPATITIS B			
TYPHOID FEVER			
INFLUENZA			
AUDIOGRAM:		TESTS RESULTS	
OSU 5 PANEL		<u>NORMAL</u> <u>NORMAL</u>	

ECG	<u>NORMAL</u>
CHEST X-RAY	<u>NORMAL</u>

BLOOD INVESTIGATIONS					
RBCS	<u>5.88</u>	4.20-6.30*10 ⁶ /UL	SGOT	<u>14.7</u>	MALE: 10-50 FEMALE: 10-35 U/L
WBCS	<u>4,230</u>	4.0-11.0*10 ³ /UL	SGPT	<u>19.8</u>	MALE: UP TO 41 FEMALE: 10-35 U/L
NEUTRO	<u>49.71</u>	37-72%	GGT	<u>23</u>	0-50 U/L
EOSINO	<u>1.71</u>	0-6%	FBS:	<u>6.48</u>	60-110 MG/DL
BASO	<u>0.11</u>	0-1%	CHOLESTEROL	<u>186</u>	UP TO 200 MG/DL
LYMPHO	<u>39.51</u>	10-58%	HDL	<u>45</u>	20-60 MG/DL
MONO	<u>2.51</u>	0-14%	LDL	<u>127</u>	UP TO 130 MG/DL
HEMATOCRIT	<u>43.7</u>	37-51%	TRIGLYCERIDES	<u>68</u>	35-175 MG/DL
HEMOGLOBIN	<u>13.3g</u>	MALE: 13.5-18.0 FEMALE: 11.5-16.0 G/DL	CREATININE	<u>1.3</u>	MALE: 0.7-1.2 MG/DL FEMALE: 0.5-0.9 MG/DL
ESR	<u>6</u>	MALE: 0-10 MM/HR FEMALE: 0-20 MM/HR	URIC ACID	<u>3.8</u>	MALE: 3.6-7.7 MG/DL FEMALE: 2.5-6.8 MG/DL

URINE ANALYSIS			
BLOOD	<u>NIL</u>	SUGAR	<u>NIL</u>
ALBUMIN	<u>NIL</u>	OTHERS	
STOOL ANALYSIS			
PARASITES	<u>NIL</u>	BLOOD	<u>NIL</u>

COMMENTS	
----------	--

EXAMINING PHYSICIAN





Al Nile Hospital
مستشفى النيل

Patient Name: Mr. AHMED OBAID
KHALFAN AL AZIZI
File No: 20037709
Age: 25y 3m 24d
Gender: Male
Nationality: Oman

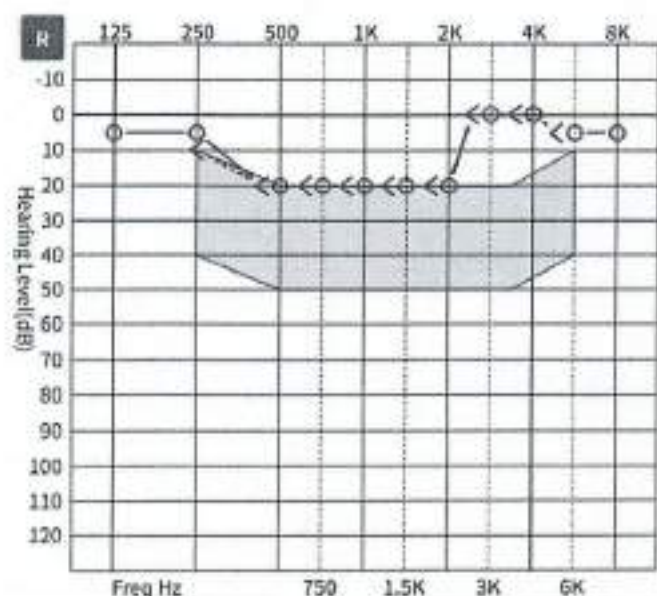
PTA Test Report

ID:20037709

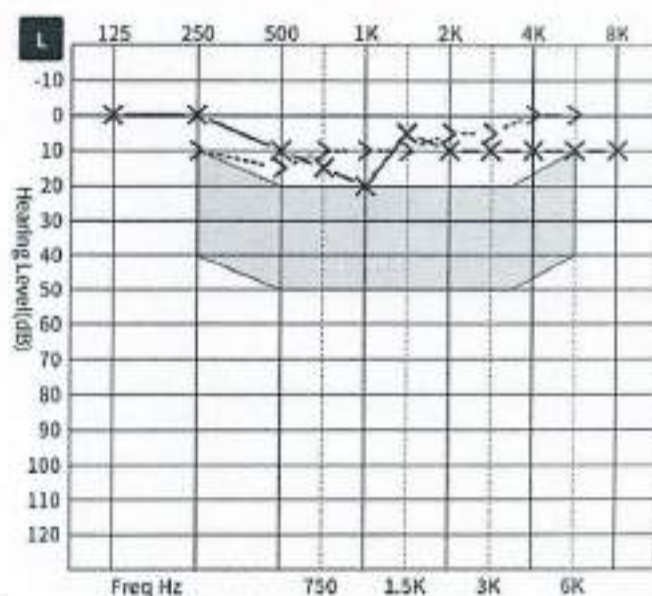
Name: AHMED OBAID KHALFAN AL AZIZI

Gender: Male

Age: 25Y



	125	250	500	750	1K	1.5K	2K	3K	4K	6K	8K
Air	5	5	20	20	20	20	20	0	0	5	5
Bone		10	20	20	20	20	20	0	0	5	



	125	250	500	750	1K	1.5K	2K	3K	4K	6K	8K
Air	0	0	10	15	20	5	10	10	10	10	10
Bone		10	15	10	10	10	5	5	0	0	

Test Result: BILATERAL HEARING SENSITIVITY IS IN NORMAL LIMITS



Test Date: 2025-06-29 06:34

Printing Date: 2025-06-29 06:34

Examiner: _____



Ainile Medical Complex مجمع النيل الطبي

P.O.BOX:300, POSTAL CODE – 611 NIZWA, SULTANATE OF OMAN C.R.NO.1128642

PH : 25426665, 25426228 \ WHATSAPP:94148648

Instagram:https://www.instagram.com/ainile_medical

Lab Report

Patient Name:	Mr.AHMED OBAID KHALFAN ALAZIZI	Date:	29/06/2025 11:22:52
File No:	20037709	Age/Gender:	25y 3m 24d / M
Payer Name:		Sid No:	Bill#26085
Insurance Card No:	--	Collection Date & Time:	29/06/2025 11:01:12
Doctor:	DR. Weam Faisal Ibrahim Alneur	Received Date & Time:	29/06/2025 11:22:52
Billing Time:	29/06/2025 10:35:52	Reported Date & Time:	29/06/2025 11:53:53
	Mobile: 93347404	Id Card No.:	12677905

Test Name	Result	Biological Reference
BLOOD SUGAR FASTING	5.48 mmol/m	3.3 - 6.1
SGOT	14.7 U/L	< 40.0
SGPT	19.8 U/L	< 41.0
Gamma-Glutamyltransferase (GGT)	23.0 U/L	5.0 - 63.0
TRIGLYCERIDE	68.8 mg/dl	40.0 - 160.0
CHOLESTEROL	186.0 mg/dl	< 200.0
HDL CHOLESTEROL	45.06 mg/dl	40.0 - 60.0
LDL CHOLESTEROL	127.0 mg/dl	< 150.0
CREATININE	1.32 mg/dl	0.7 - 1.4
URIC ACID	3.8 mg/dl	3.4 - 7.0
SICKLING TEST	NEGATIVE	-
Drug of Abuse Screening-5		
Cocaine	NEGATIVE	-
Morphine	NEGATIVE	-
Amphetamine	NEGATIVE	-
Barbiturates	NEGATIVE	-
Marijuana	NEGATIVE	-
BLOOD GROUP	O	-
RH Typing	POSITIVE	-
ESR(AUTOMATED)	6.0 mm/hr	< 15.0
Complete Blood Count		
Haemoglobin	13.3 mg/dl	13.0 - 18.0
Total leucocyte count	4,230.0 Cells / Cumm	3,999.0 - 11,000.0
Differential count		
Neutrophil	49.7 %	40.0 - 75.0
Lymphocytes	39.5 %	15.0 - 45.0
Eosinophils	1.7 %	1.0 - 6.0
Monocyte	8.5 %	2.0 - 8.0
Basophils	0.1 %	< 10.0
Packed cell volum	43.6 %	< 54.0
RBC count	5.88 millions/mm	4.5 - 5.5
MCV	74.1 fl	81.8 - 95.5
MCH	22.6 pg	27.0 - 32.3



Al Nile
Medical Complex
مجمع النيل الطبي

P.O.BOX:300, POSTAL CODE - 611 NIZWA, SULTANATE OF OMAN C.R.NO.1128642
PH : 25426665, 25426228 \ WHATSAPP:94146648
Instagram:https://www.instagram.com/alnile_medical

Lab Report

Patient Name:	Mr.AHMED OBAID KHALFAN AL AZIZI	Date:	29/06/2025 11:23:19	
File No:	20037709	Age/Gender: 25y 3m 24d /M	Sid No:	BMW26085
Payer Name:		Collection Date & Time:	29/06/2025 11:01:43	
Insurance Card No:	--	Received Date & Time:	29/06/2025 11:23:19	
Doctor:	DR. Weam Faisal Ibrahim Alnour	Reported Date & Time:	29/06/2025 14:29:12	
Billing Time:	29/06/2025 10:35:52	Mobile: 93347404	Id Card No.:	12677905

Test Name	Result	Biological Reference
Physical		
Color	Brownish	-
Consistency	Semi Solid	-
Occult Blood		-
Microscopic		
Pus Cells	1-2	-
RBC Cells	0-2	-
E-Hisolytica	NIL	-
E-Coli	NIL	-
Giardia Lamblia	NIL	-
Taenia Saginata	NIL	-
Taenia Solium	NIL	-
Schistosoma Haematobium	NIL	-
Ascaris Lumbricoides	NIL	-
Trichis Trichiura	NIL	-
Ancylostoma Duodenalis	NIL	-
Others	NIL	-

2025-06-29 14:29:36

****End of Report****

Technician: Hajar Mohammed
Hussin Mousa
License No: 9245



2025-06-29 11:17:24

Name : AHMED OBAID

Sex : Male Age : 25

Section: DR. WEAM

RoomID: _____

BedID: _____

ID: 20037709

Operator: gigi

<< Conclusions >>

Normal Sinus Rhythm;
Cardiac electric axis normal;

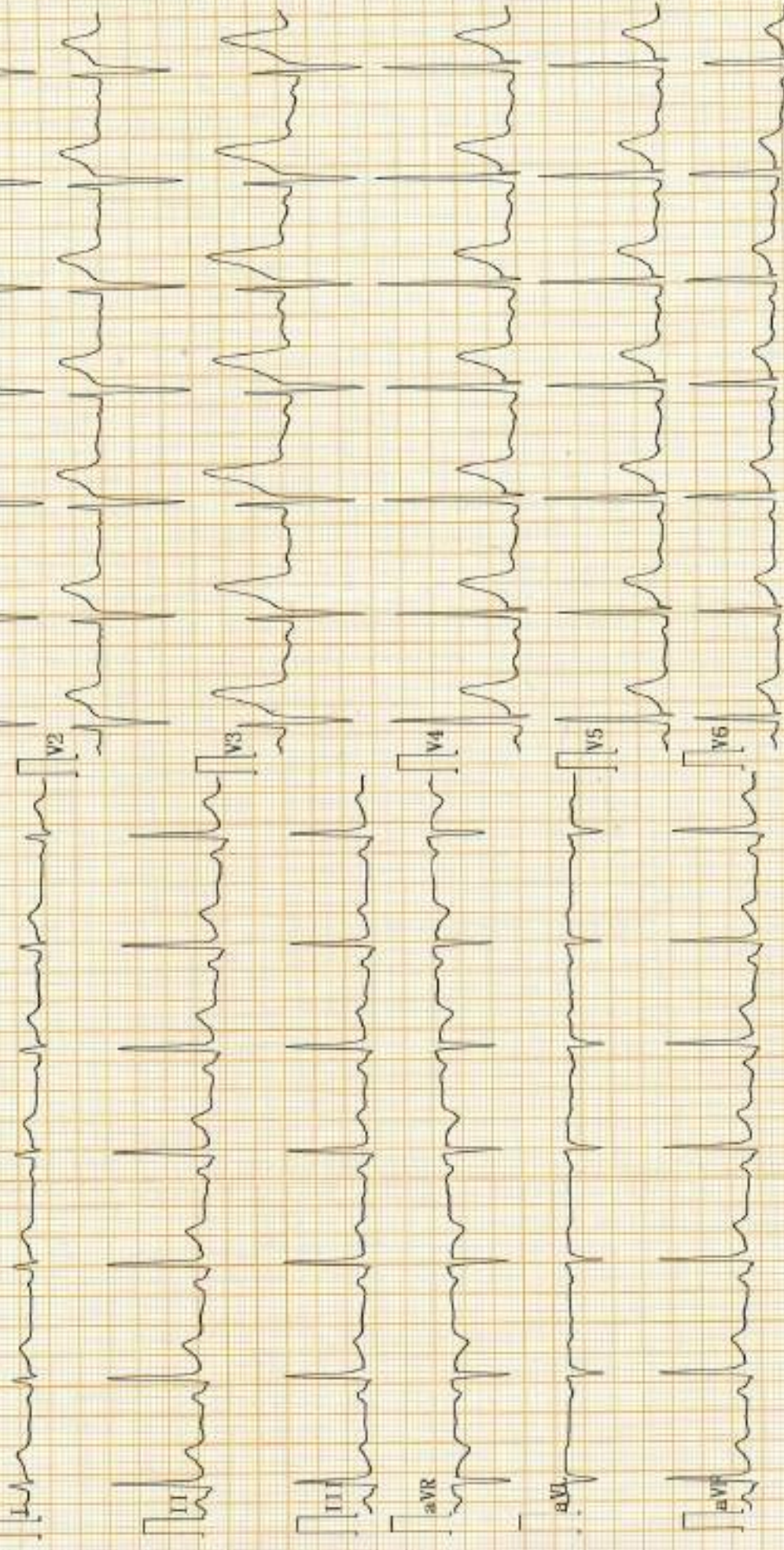
Report need physician confirm

Patient Name: Mr. AHMED OBAID
KHALFAY AL AZIZ
File No: 20037709
Age: 25y 3m 26d
Gender : Male
Nationality: Oman

Physician: _____

AUTO 10mm/mV

10mm/mV





Al Nile
Medical Complex
مجمع النيل الطبي

Patient Name: Mr. AHMED OBAID
KHALFAN AL AZIZI
File No: 20037709
Age: 25y 3m 24d
Gender: Male
Nationality: Oman

Patient Id : APT 24545
Name : Mr. AHMED OBAID KHALFAN AL AZIZI
Consultant : Dr. Weam Faisal Ibrahim.

Age / Gender : 25 / M
Report Date : 29/06/2025

ECG REPORT

- NORMAL SINUS RHYTHM,
- NO T-ST ABNORMALITY.

Diagnosis: -

NORMAL

Dr. Weam Faisal Ibrahim.

C/7





Al Nile
Medical Complex
مجمع النيل الطبي

Patient Name: Mr. AHMED OBAID
KHALFAN AL AZIZI
File No: 20037709
Age: 25y 3m 24d
Gender: Male
Nationality: Oman

Patient Name: AHMED OBAID KHALFAN AL AZIZI

Prof. Dr. Dear Colleague

Date: 29 June 2025

Examination: CHEST XRAY PA & LATERAL VIEWS.

REPORT

- Both lung fields are clear with no obvious focal or diffuse parenchymal or interstitial lesion.
- Normal appearance of Aortic and both broncho-vascular shadows.
- Maintained cardio-thoracic ratio.
- No obvious hilar or mediastinal mass lesion.
- Costo-phrenic & cardio-phrenic pleural angles are free.
- Bony framework & soft tissue shadows are within normal limits.

Opinion:

Apparently normal chest x-ray



MUCH OBLIGED,
Dr. Nesreen Ghazy
Lic.No: 26650