



Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Petroroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname: KHALFAN MASOUD SAID		Forenames: MASOUD AL HINAI	
Address: MASOUD AL HINAI		Home telephone number: 91735127	
Place of examination: OMC AL HINAI	Date: 7/6/25	If a dependant enter employee's name here:	
Surname: KHALFAN MASOUD SAID		Forenames: MASOUD AL HINAI	
Birth date: 1/1/1972	Nationality: OMAN	Country of birth: OMAN	Religion: MUSLIM
☐ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	Relationship to employee ☐ Wife ☐ Son ☐ Daughter	
Reason for examination Pre-Employment ☐ Job: Pre-Overseas ☐ Area:		Number of children:	
Name and address of family doctor		List your last 3 jobs (1) (2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
	Y	N	
1. Sinus trouble		☒	21. Cancer
2. Neck swelling/glands		☒	22. Heart Disease
3. Difficulty in vision		☒	23. Rheumatic fever
4. Any ear discharge		☒	24. Abnormal heartbeat
5. Asthma/bronchitis		☒	25. High blood pressure
6. Hayfever /other significant allergy		☒	26. Stroke
7. Any skin trouble		☒	27. Serious chest pain
8. Tuberculosis		☒	28. Any blood disease
9. Shortness of breath		☒	29. Kidney disease
10. Coughed/vomited blood		☒	30. Blood in urine
11. Severe abdominal pain		☒	31. Diabetes
12. Stomach ulcer		☒	32. Headaches/migraine
13. Recurrent indigestion		☒	33. Dizziness/fainting
14. Jaundice or hepatitis		☒	34. Epilepsy
15. Gall Bladder disease		☒	35. Joints/spinal trouble
16. Marked change in bowel habits		☒	36. Surgical operation
17. Blood in stools (motions)		☒	37. Serious accident/fracture
18. Marked change in weight		☒	38. Tropical disease
19. Varicose veins		☒	39. Fear of heights
20. Lump in breast/ampit		☒	
How much tobacco each day? NO		Average daily alcohol consumption NO	
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs		NO	
FAMILY HISTORY: Diabetes (☒) Tuberculosis () Epilepsy () Asthma () Eczema () 72dm - mother Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer, I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 7/06/25		Signature of Applicant:	



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

T2DM on 6 years on Rx.

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION					
N	A			UNL					
		1. Eyes & Pupils							
		2. E.N.T.							
		3. Teeth & Mouth							
		4. Lungs & Chest							
		5. Cardiovascular System							
		6. Abdo. Viscera							
		7. Hernial Orifices							
		8. Anus & Rectum							
		9. Genito-urinary							
		10. Extremities							
		11. Musculo-skeletal							
		12. Skin & Varicose Vns.							
		13. C.N.S.							
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group	
161	85.9	33.1	145 94	78 /mins.	L - N R - N	DISTANT R 9/6 L 9/6 NEAR R 9/6 L 9/6 Uncorrected Corrected	N		
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A		
		1. Urinalysis							7. Audiogram
		2. Hb, Bloodcount, ESR							8. Lung Function
		3. LFT, RFT, RBS							9. Chest X-Ray
		4. Drug Screen							10. ECG
		5. Lipids (40 years +)							11. CVS risk for 40 yrs. & above
		6. Sickie Cell -test							12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Vision - Both distant- & near vision B/L 9/6

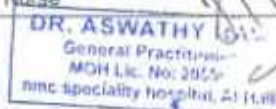
ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: Name (Block Capitals): Dr. / Nurse

Signature:

REVIEW/CONSULTATION



Date: 7/5/25 Name (Block Capitals): Dr. / Nurse

Signature:



DEPARTMENT OF LABORATORY MEDICINE

File No: 50101233	Report No: 0155448
Name: KHALFAN MASOUD SAID MASOUD AL HINAI	Sample Date: 07/06/2025 Time: 8:46
Address:	Received By:
Gender: M Age: 53 Y Nationality: OMANI	Received Date: Time:
GSM No.: 91735127 ID Card No.: 2136272	Report Date: 07/06/2025 Time: 10:24
Ref. By: DR ERFAN GHODJANI	Bill No: 0375895 Bill Date: 07/06/2025

INVESTIGATION	RESULT	REFERENCE RANGE
PDO PACKAGE ABOVE 40 YEARS		
FASTING BLOOD SUGAR	14.18 mmol/L	4.11 - 6.05 mmol/L
CREATININE	68.00 µ mol/L	Adults: MALE: 62 - 106 µ mol/L FEMALE: 44 - 80 µ mol/L
SGPT (ALT)	17.80 U/L	MALE : up to 41 U/L, FEMALE : up to 33 U/L.
TOTAL WBC COUNT	6.92 x 10 ³ / µL	4.00-11.00 x 10 ³ / µL
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	31.01 %	40-75%
LYMPHOCYTE (%)	55.05 %	20-45%
MONOCYTE (%)	9.35 %	2-8%
EOSINOPHIL (%)	2.71 %	1-6%
BASOPHIL (%)	1.87 %	0-1%
ERYTHROCYTE SEDIMENTATION RATE	67 mm/1st hr	MALE:0-15 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
HAEMOGLOBIN	13.59 gm/dl	Male : 13 -18 gm/dl Female:11-15 gm /dl childrens upto 1year-11.0 - 13.0 gm /dl upto12years-11.5 - 14.5 gm /dl cord blood:13 -19.5 gm /dl
SICKLE CELL	NEGATIVE	
Method : Solubility test (If Positive , Hb Electrophoresis / HPLC to be done to confirm Sickle cell anaemia / Trait).		
URINE ROUTINE	SAMPLE NOT GIVEN	
LIPID PROFILE		
TOTAL CHOLESTEROL	4.09 mmol/L	< 5.18 mmol/L
HDL	1.30 mmol/L	>1.5 mmol/L
TRIGLYCERIDES	1.21 mmol/L	Desirable : <2.083 mmol/L

Verified By:

Approved By:



10195

Lab Technologist

Specialist Pathologist

MOH License No:

Electronically signed at: 6/7/2025 10:26:00

Printed at: 07/06/2025 4:47:27 PM

Page : 1 of 2



nmc specialty hospital

NMC Healthcare LLC

CR No: 2588137

Plot No: 234, Block: 208

Building No: 812, Al Hail Road

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F: (+968) 2406 0288

www.nmc-oman.com

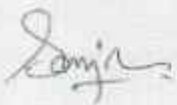
DEPARTMENT OF LABORATORY MEDICINE

File No: 50101233	Report No: 0155448
Name: KHALFAN MASOUD SAID MASOUD AL HINAI	Sample Date: 07/06/2025 Time: 8:46
Address:	Received By:
Gender: M Age: 53 Y Nationality: OMANI	Received Date: Time:
GSM No.: 91735127 ID Card No.: 2136272	Report Date: 07/06/2025 Time: 10:24
Ref. By: DR ERFAN GHODJANI	Bill No: 0375895 Bill Date: 07/06/2025

INVESTIGATION	RESULT	REFERENCE RANGE
LDL	2.42 mmol/L	Boderline high : 2.83 - 5.67 mmol/L Hypertriglyceridemia >5.65 mmol/L < 2.6 mmol/L
VLDL	0.55 mmol/L	0.128-0.645mmol/L

Verified By:

Approved By:



10195

Lab Technologist

MOH License No:
Electronically signed at: 6/7/2025 10:26:00

Specialist Pathologist

Printed at: 07/06/2025 4:47:27 PM

Page : 2 of 2



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P.O. Box 2426 51222
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www.nmc.om

DEPARTMENT OF LABORATORY MEDICINE

File No: 50101233
Name: KHALFAN MASOUD SAID MASOUD AL HINAI
Address:
Gender: M **Age:** 53 Y **Nationality:** OMANI
GSM No.: 91735127 **ID Card No.:** 2136272
Ref. By: DR ERFAN GHODJANI

Report No: 0155488
Sample Date: **Time:**
Received By:
Received Date: **Time:**
Report Date: 08/06/2025 **Time:** 08:31
Bill No: **Bill Date:**
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
URINE GLUCOSE	4+	NEGATIVE
URINE PROTEIN	TRACE	NEGATIVE
URINE KETONE	1+	NEGATIVE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE
URINE PH	6.0	4.6-8.0
SPECIFIC GRAVITY	1.030	1.010-1.030
BLOOD	1+	NEGATIVE
UROBILINOGEN	NORMAL	NORMAL
URINE MACROSCOPY		
COLOUR	YELLOW	
APPEARANCE	SLIGHTLY TURBID	
URINE MICROSCOPY		
RBC	5-7 /hpf	0-3
PUSCELLS	3-5 /hpf	0-5
EPITHELIAL CELLS	0-2 /hpf	NIL
CRYSTAL	NIL /hpf	NIL
CAST	NIL /hpf	NIL
BACTERIA	NIL	
MUCOUS THREAD	NIL	

Verified By:

10577
Lab Technologist

Electronically signed at: 6/8/2025 8:31:00

Approved By:

DR ROSE MARY
Specialist Pathologist

MOH License No: 18178

Electronically signed at: 08/06/2025 11:21:00

Printed at: 10/06/2025 12:45:27 PM

Page: 1 of 1


 مستشفى النمس التخصصي
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AUDIOMETRY REPORT

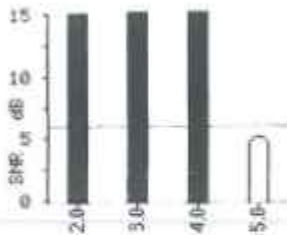
Name of the Patient Khalfan Maroud Saïef Maroud al hinci

U107.05
07-JUN-25 10:10
DP 4s 4 sec avg
SN: G11005649 G12014595

Sex m MRN 501001233 Date of Test 7/6/25

NAME:

Left: Pass

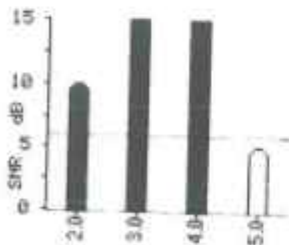


F2	L1	L2	DP	NF	SNR	
2.0	61	53	6	-13	19	P
3.0	66	56	2	-20	22	P
4.0	65	54	3	-20	23	P
5.0	59	50	-15	-20	5	P

U107.05
07-JUN-25 10:10
DP 4s 4 sec avg
SN: G11005649 G12014595

NAME:

Right: Pass



F2	L1	L2	DP	NF	SNR	
2.0	64	55	2	-8	10	P
3.0	66	57	6	-15	21	P
4.0	66	53	2	-20	22	P
5.0	51	46	-15	-20	5	P



Alke

Signature of the Technician

NMCOMAN/DOC/NSG/75



nmc specialty hospital,al-hail

P.O BOX : 613, Postal Code : 133
al-hail
24269222

Fitness Certificate

Empno:

Date of issue : 07/06/2025

Ref No : 0000027/FIT/NMC/2025

This is to certify that Mr. / Mrs. *KHALFAN MASOUD SAID MASOUD AL HINAI* with file no *50101233* and Resident card no. *2136272* was *Examined* at *nmc specialty hospital,al-hail* on *07/06/2025* and will be *FIT TO WORK* from the medical point of view starting from *07/06/2025*

DIAGNOSIS

Remarks

TMT: NEGATIVE FOR ISCHEMIA

DR ERFAN GHODJANI

Place: *nmc specialty hospital,al-hail*

(Hospital Seal)

Signature



ECHOCARDIOGRAPHIC IMAGING REPORT NMC SPECIALITY HOSPITAL GHCName **AL HINAI, KHALFAN MASOUD**Birthdate **01/01/1972**Patient Id **50101233**Gender **Male**Height **161.0 cm**Weight **85.0 kg**BSA **1.89 m²**

BP

Date **07/06/2025**

Tape

Sonographer **Default user**

Ref. Doc.

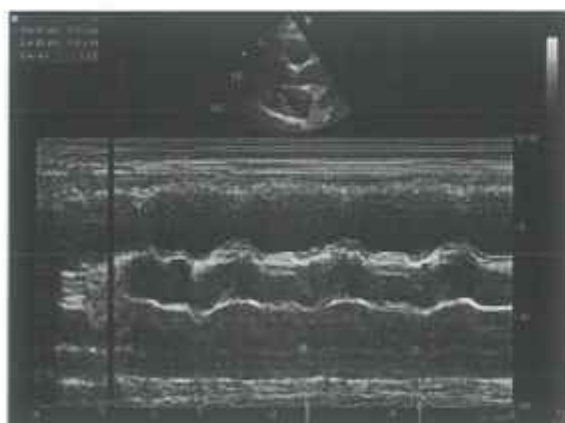
Physician

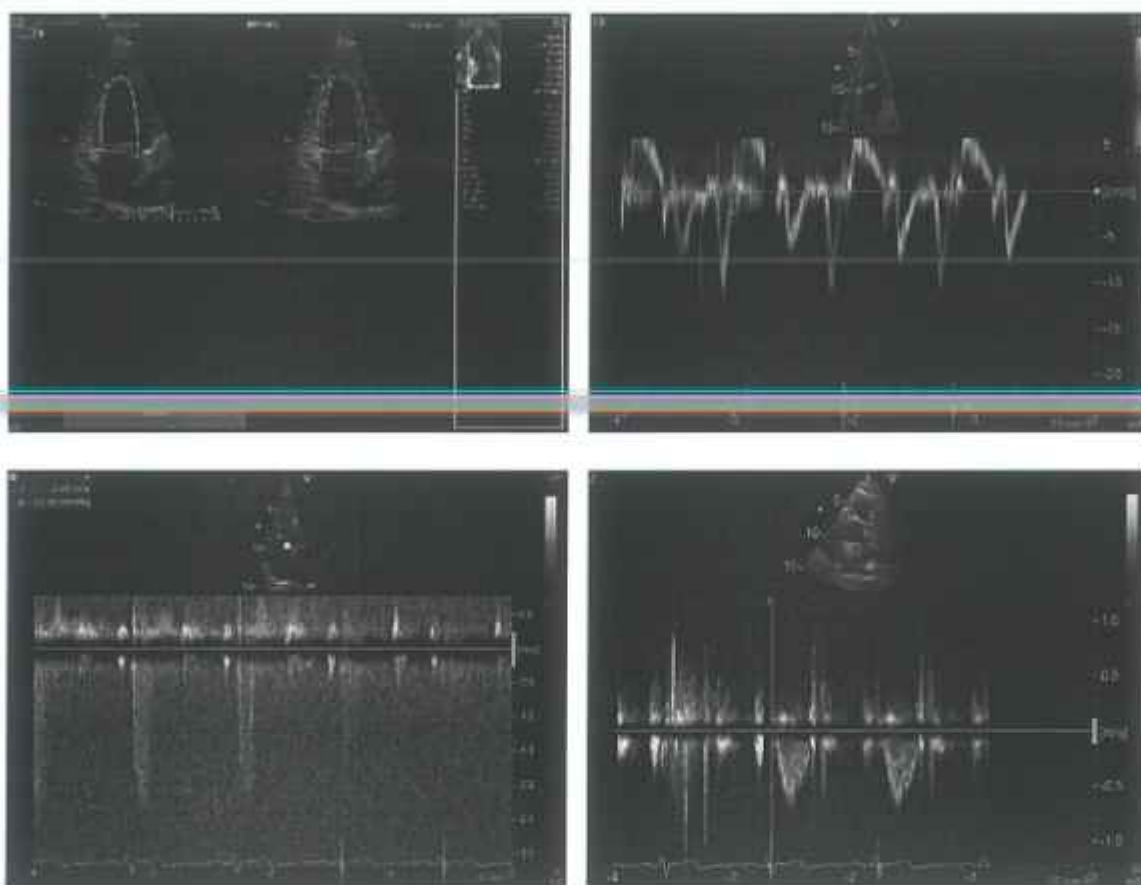
2D

HR_2Ch_Q 64 bpm
 HR_4Ch_Q 69 bpm
 LVVED_2Ch_Q 65 ml
 LVVED_4Ch_Q 62 ml
 LVVED_BiP_Q 66 ml
 LVVES_2Ch_Q 27 ml
 LVVES_4Ch_Q 31 ml
 LVVES_BiP_Q 30 ml
 LVEF_2Ch_Q 58 %
 LVEF_4Ch_Q 50 %
 LVEF_BiP_Q 54 %
 LVSV_2Ch_Q 37 ml
 LVSV_4Ch_Q 31 ml
 LVSV_BiP_Q 36 ml
 LVCO_2Ch_Q 2.4 l/min
 LVCO_4Ch_Q 2.1 l/min
 LVCO_BiP_Q 2.3 l/min
 LVLs_2Ch_Q 5.5 cm
 LVLs_4Ch_Q 6.2 cm
 LVLd_2Ch_Q 7.0 cm
 LVLd_4Ch_Q 7.4 cm

M-Mode

IVSd 1.1 cm
 LVIDd 5.6 cm
 LVPWd 0.9 cm
 IVSs 1.0 cm
 LVIDs 4.1 cm
 LVPWs 1.2 cm
 EDV(Teich) 152 ml
 ESV(Teich) 72 ml
 EF(Teich) 52 %
 %FS 27 %
 SV(Teich) 79 ml
 Ao Diam 2.3 cm
 LA Diam 4.0 cm
 LA/Ao 1.72

Doppler



Referral Diagnosis

Clinical Diagnosis

Findings

ECG rhythm: Sinus rhythm.

Study quality: This was a technically good study.



Left Ventricle: The left ventricular size is normal. Left ventricular wall thickness is normal. Overall left ventricular systolic function is low-normal with, an EF between 50 - 55 %. The diastolic filling pattern indicates impaired relaxation. No regional wall motion abnormalities were noted.

Right Ventricle: The right ventricle is normal in size and function.

Left Atrium: The left atrium is mildly dilated.

Right Atrium: The right atrium is normal in size and function.

Aortic Valve: The aortic valve is trileaflet, and appears structurally normal. No aortic stenosis or regurgitation.

Mitral Valve: Mild mitral regurgitation is present.

Tricuspid Valve: Mild tricuspid regurgitation present. The right ventricular systolic pressure, as measured by Doppler, is 35 MMHG.

Pulmonic Valve: The pulmonic valve is normal. There is no pulmonic regurgitation present.

Aorta: The aortic root size is normal.

Pericardium: There is no pericardial effusion.

Conclusions

1. The left ventricular size is normal.
2. Overall left ventricular systolic function is low-normal with, an EF between 50 - 55 %.
3. The right ventricle is normal in size and function.
4. The aortic valve is trileaflet, and appears structurally normal. No aortic stenosis or regurgitation.
5. Mild mitral regurgitation is present.

Echo Summary

Date

Dr.Erfan.
Specialist Cardiology.



ID: 50101233	Second ID:	Admission ID:
Date of Birth:	Height: 164 cm	Gender: Male
Age: 53 Years	Weight: 86 kg	Race: Asian

Indications Diabetes	Medications ANTI DIABETICS
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Referring Physician: DR ERFAN	Location: NMC AL HAIL	Procedure Type: TMT
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Attending Phy: DR ERFAN	Target HR: 142 bpm (85%)	Reasons for end: ACHIEVED METS, Target HR
Technician: ARUN	Max HR(%MPHR): 143 bpm (85%)	Symptoms: NO CHEST PAIN

Diagnosis	Notes
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Conclusions

The patient was tested using the Bruce protocol for a duration of 09:00 min:ss and achieved 10.3 METs. A maximum heart rate of 143 bpm with a target predicted heart rate of 140 bpm was obtained at 08:40. A maximum systolic blood pressure of 200/97 was obtained at 08:23 and a maximum diastolic blood pressure of 167/108 was obtained at 08:30. A maximum ST depression of -1.5 mm in aVR occurred at 09:10. A maximum ST elevation of +1.8 mm in II occurred at 09:10. The patient reached target heart rate with appropriate heart rate and blood pressure response to exercise. No significant ST changes during exercise or recovery. No evidence of ischemia. Normal exercise stress test.

Reviewed by:	Signed by:	Date:
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UNCONFIRMED REPORT

DR. ERFAN GHODDJANI
Specialist - Cardiology
MCAT 14 - No. 21456
NMC Specialty Hospital, Al-Qadisiyah

Summary

Exercise Time: 09:00
Leads with 100uV ST: I, II, III, aVR, aVF, V2, V3, V4, V5
PVCs: 3
Duke Treadmill Score: 3

Max Values

Speed: 3.4 MPH
Grade: 14 %
METs: 10.3
HR*BP: 28200 BPM * mmHg
ST/HR Index: 1.25 uV/bpm in V1 at 06:40

143 BPM

200/97 mmHg

167/106 mmHg

85% of MPPHR (167 bpm)

Max ST

ST elevation: 1.8 mm in II at 09:10
ST depression: -1.5 mm in aVR at 09:10

Max ST Changes

ST elevation change: 0.8 mm in II at 09:10
ST depression change: -1.2 mm in V2 at 10:5

STAGE SUMMARY

ST measurement based on J+60ms

	Speed (MPH)	Grade (%)	HR (BPM)	BP (mmHg)	METs	HR*BP	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
BP																		
PRE-X	0.0	0.0	70	126/88	-	8960	0.7	0.8	0.1	-0.9	0.2	0.5	-0.1	1.1	0.9	0.7	0.5	0.3
START EXE	0.0	0.0	74	-	1.3	-	0.6	0.9	0.2	-0.9	0.1	0.6	-0.2	1.1	0.9	0.7	0.6	0.4
EXE 02:32	1.7	13.0	103	167/108	4.7	17201	0.7	1.1	0.4	-1	0.1	0.7	-0.2	1.1	0.9	0.9	0.8	0.5
STAGE 1	1.7	13.0	104	-	4.7	-	0.8	1.1	0.3	-1	0.2	0.7	-0.3	1	0.9	0.8	0.7	0.4
EXE 05:41	2.5	12.0	123	190/103	7.1	23370	0.7	1.2	0.5	-1	0	0.9	-0.5	0.7	0.6	0.9	0.8	0.4
STAGE 2	2.5	12.0	121	-	7.1	-	0.8	1.3	0.4	-1.1	0.2	0.8	-0.4	0.9	0.7	1	0.7	0.5
EXE 08:23	3.4	14.0	141	200/97	10.3	28200	0.6	1.3	0.7	-1	-0.1	1	-0.6	0.2	0.8	1.1	0.9	0.6
Treadmill Stopped	0.0	0.0	141	-	10.3	-	0.6	1.3	0.6	-1.1	0	1	-0.6	0.4	0.7	1	0.9	0.6
Peak	0.0	0.0	132	-	9.7	-	0.9	1.8	0.8	-1.4	0	1.3	-0.9	0.6	1	1.2	1.1	0.8
EXE 09:00	0.0	0.0	124	175/92	9.1	21700	0.8	1.5	0.9	-1.4	-0.1	1.4	-0.9	0.5	0.9	1.1	1.1	0.8
REC 00:05:31	0.0	0.0	94	143/95	7.0	13442	0.4	1	0.5	-0.8	-0.1	0.7	-0.5	0.2	0.3	0.5	0.4	0.3
REC 01:57	0.0	0.0	86	152/97	5.2	13072	0.3	0.5	0.1	-0.5	0	0.3	-0.3	0.1	0.1	0.2	0.2	0.1
REC 02:30	0.0	0.0	76	147/96	3.1	11172	0.2	0.3	0	-0.4	0	0.2	-0.2	0.1	0.1	0.1	0.1	0
REC 03:41	0.0	0.0	76	144/99	1.6	10844	0.3	0.3	0	-0.4	0.1	0.1	-0.2	0.3	0.1	0.1	0.1	0
REC 04:20	0.0	0.0	78	144/100	1.0	11232	0.4	0.4	0	-0.5	0.1	0.2	-0.2	0.4	0.2	0.2	0.1	0.1
REC 05:58	0.0	0.0	75	-	1.0	-	0.3	0.4	0	-0.5	0.1	0.2	-0.2	0.5	0.2	0.2	0.1	0.1

KHAI FAN MASOUD SAID MASOUD AL HINAI

50101233

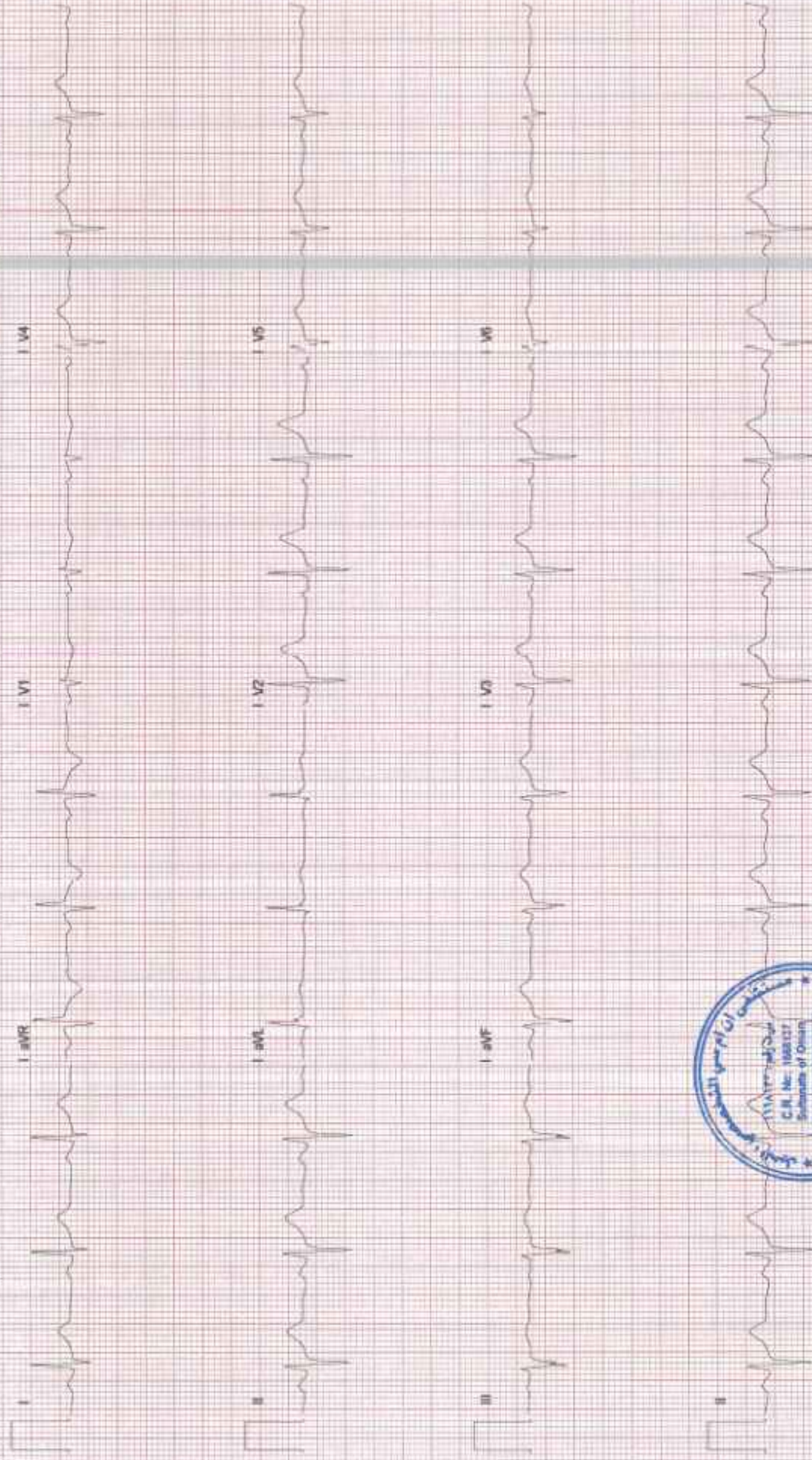
Bruce

Exam Start 6/7/2025 10:12:38 AM
Print Time 6/7/2025 10:29:09 AM
Date of Birth
Gender Male

09:00 EXER
05:37 REC

--- MPH
---%

RATE 78
BP 144/100
REC 05:37





nmc specialty hospital, al-hail

P.O BOX : 613, Postal Code : 133al-hail
Phone : 24289222
Fax : 24289288
Email : nmc.hail@nmcoman.com

Prescription

Date : 07-06-2025

Gender: Male

File No : 50101233

Name: KHALFAN MASOUD SAID MASOUD AL HINAI

Age: 53 Y

Address :

Omani ID/L Card No : 2136272

Company :

Policy No :

Nationality : OMANI

Customer : TRUCKOMAN SOUTH LLC (Credit)

Certificate No :

Phone : 91735127

SI No Allergy

No h/o any allergies (NKA/NKDA)

R_x

SI No	Name	Duration	RO Admin	Quantity	Remarks
1	(ROSUVASTATIN (calcium) 20 mg tablet)IVARIN 20mg (Rosuvastatin) Tablets 30's	90 Days	Oral	90	1 tablet 1 time per day for 90 days;At bedtime
2	(DAPAGLIFLOZIN (propanediol) 10 mg tablet)DIVINUS 10MG F/C TABLETS	90 Days	Oral	90	1 tablet 1 time per day for 90 days;After Food

07/06/2025 10:52:33

Name of Dr. & Signature

DR ERFAN GHODJANI
CARDIOLOGY



