Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Surname: KHALID SULAIMAN
Forenames: SHAMIS ALMANHART
Address:
Home telephone number: 92362271

Place of examination: DMC ALHAIL | Date: 7/6/25

If a dependant enter employee's name here:
Surname: KHALID SULAIMAN | Forenames: SHAMIS ALMANHART

Birth date: 1/1/1969 | Nationality: OMANI | Country of birth: OMAN | Religion: MUSLIM

☑ Male ☐ Female | ☑ Married ☐ Single ☐ Separated /Divorced | Relationship to employee: ☑ Wife ☐ Son ☐ Daughter | Number of children:

Reason for examination: Pre-Employment ☐ Job: | Pre-Overseas ☐ Area:

Name and address of family doctor | List your last 3 jobs
(1)
(2)

Are you a Registered Disabled Person? (UK only) ☐ | Do you belong to any Medical Insurance Scheme? ☐

DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

	Y	N		Y	N		Y	N
1. Sinus trouble		✓	21. Cancer		✓	**HAVE YOU EVER BEEN:-**		
2. Neck swelling/glands		✓	22. Heart Disease		✓	40. Rejected for employment or insurance for medical reasons		✓
3. Difficulty in vision		✓	23. Rheumatic fever		✓			
4. Any ear discharge		✓	24. Abnormal heartbeat		✓	41. Awarded benefits for industrial injury/illness		✓
5. Asthma/bronchitis		✓	25. High blood pressure		✓			
6. Hayfever /other significant allergy		✓	26. Stroke		✓	42. Treated for a mental condition, e.g. depression		✓
7. Any skin trouble		✓	27. Serious chest pain		✓			
8. Tuberculosis		✓	28. Any blood disease		✓	43. Treated for problem drinking or drug abuse		✓
9. Shortness of breath		✓	29. Kidney disease		✓			
10. Coughed/vomited blood		✓	30. Blood in urine		✓	44. Exposed to toxic substance or noise		✓
11. Severe abdominal pain		✓	31. Diabetes		✓			
12. Stomach ulcer		✓	32. Headaches/migraine		✓	**FOR WOMEN ONLY**		
13. Recurrent indigestion		✓	33. Dizziness/fainting		✓	Have you ever had:-		
14. Jaundice or hepatitis		✓	34. Epilepsy		✓	45. An abnormal smear		
15. Gall Bladder disease		✓	35. Joints/spinal trouble		✓	46. Any gynaecological treatment		
16. Marked change in bowel habits		✓	36. Surgical operation		✓			
17. Blood in stools (motions)		✓	37. Serious accident/fracture		✓	47. Are you pregnant?		
18. Marked change in weight		✓	38. Tropical disease		✓	48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE		✓
19. Varicose veins		✓	39. Fear of heights		✓			
20. Lump in breast/armpit		✓			✓			

How much tobacco each day? NO | Average daily alcohol consumption: NO

Have you ever taken elicited drugs? ( ) PDO test all new/potential employees for elicited/recreational drugs NO

FAMILY HISTORY: Diabetes (father) ✓ Tuberculosis ( ) Epilepsy ( ) Asthma ( ) Eczema ( )
Heart disease ( ) High blood pressure ( ) Stroke ( ) Blood Disease ( ) Cancer ( )

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. **I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.**

Date: 07/06/25 | Signature of Applicant:

RECEPTION

This specified version of the QMS Document electronic copy is Controlled. Printed copies are UNCONTROLLED

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal	A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A		
		1. Eyes & Pupils	
		2. E.N.T.	
		3. Teeth & Mouth	
		4. Lungs & Chest	
		5. Cardiovascular System	
		6. Abdo. Viscera	WNL.
		7. Hernial Orifices	
		8. Anus & Rectum	
		9. Genito-urinary	
		10. Extremities	
		11. Musculo-skeletal	
		12. Skin & Varicose Vns.	
		13. C.N.S.	

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION					Colour Vision	Blood Group
							DISTANT		NEAR			
							R	L	R	L		
170	75	25.9	140/83	80/mins.	L - N R - N	Uncorrected Corrected	6/6	9/6	9/6	9/6	N	

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
		1. Urinalysis 2. Hb, Bloodcount, ESR				7. Audiogram 8. Lung Function
		3. LFT, RFT, RBS				9. Chest X-Ray
		4. Drug Screen				10. ECG
		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

presbiopia ~~es~~ (R) eye 9/6 distant vision

FIT

ASSESSMENT:

☑ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: Name (Block Capitals): Dr. / Nurse DR. ASWATHY RAVI General Practitioner MOH Lic. No. 28556 nmc specialty hospital Al Hail Signature:

REVIEW/CONSULTATION

ophthalmologist- consultation.

Date: 7/6/25 Name (Block Capitals): Dr. / Nurse Signature:

RECEPTION nmc specialty hospital, Al Hail

This non-controlled version of this QMS Document resides online in LiveLINK. Printed copies are UNCONTROLLED.

DEPARTMENT OF LABORATORY MEDICINE

File No:	50099679	**Report No:**	0155446		
Name:	KHALID SULAMAN SHAMIS AL MANDHARI	**Sample Date:**	07/06/2025	**Time:**	8:41
		Received By:			
Address:		**Received Date:**		**Time:**	
Gender:	M **Age:** 56 Y **Nationality:** OMANI	**Report Date:**	07/06/2025	**Time:**	10:18
GSM No.:	92362271 **ID Card No.:** 155255	**Bill No:**	0375897	**Bill Date:**	07/06/2025
Ref. By:	DR ERFAN GHOODJANI				

INVESTIGATION	RESULT	REFERENCE RANGE
PDO PACKAGE ABOVE 40 YEARS		
RANDOM BLOOD SUGAR	11.84 mmol/L	4.11 -7.9mmol/L
CREATININE	79.00 µ mol/L	Adults: MALE: 62 – 106 µ mol/L FEMALE: 44 - 80 µ mol/L
SGPT (ALT)	15.30 U/L	MALE : up to 41 U/L, FEMALE : up to 33 U/L
TOTAL WBC COUNT	5.20 x 10^3 / µL	4.00-11.00 x 10^3 / µL
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	47.39 %	40-75%
LYMPHOCYTE (%)	40.90 %	20-45%
MONOCYTE (%)	9.50 %	2-8%
EOSINOPHIL (%)	1.03 %	1-6%
BASOPHIL (%)	1.17 %	0-1%
ERYTHROCYTE SEDIMENTATION RATE	27 mm/1st hr	MALE:0-15 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
HAEMOGLOBIN	14.53 gm/dl	Male : 13 -18 gm/dl Female:11-15 gm /dl childrens upto 1year-11.0 - 13.0 gm /dl upto12years-11.5 - 14.5 gm /dl cord blood:13 -19.5 gm /dl
SICKLE CELL Method : Solubility test (If Positive , Hb Electrophoresis / HPLC to be done to confirm Sickle cell anaemia / Trait).	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
URINE GLUCOSE	3+	NEGATIVE
URINE PROTEIN	NEGATIVE	NEGATIVE
URINE KETONE	NEGATIVE	NEGATIVE

Verified By: *Approved By:*

10195

Lab Technologist *Specialist Pathologist*

MOH License No:

Electronically signed at: 6/7/2025 10:19:00

RECEPTION

Printed at: 07/06/2025 11:11:54 AM

DEPARTMENT OF LABORATORY MEDICINE

File No:	50099679	**Report No:**	0155446		
Name:	KHALID SULAMAN SHAMIS AL MANDHARI	**Sample Date:**	07/06/2025	**Time:**	8:41
		Received By:			
Address:		**Received Date:**		**Time:**	
Gender:	M **Age:** 56 Y **Nationality:** OMANI	**Report Date:**	07/06/2025	**Time:**	10:18
GSM No.:	92362271 **ID Card No.:** 155255	**Bill No:**	0375897	**Bill Date:**	07/06/2025
Ref. By:	DR ERFAN GHOODJANI				

INVESTIGATION	RESULT	REFERENCE RANGE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE
URINE PH	6.0	4.6-8.0
SPECIFIC GRAVITY	1.015	1.010-1.030
BLOOD	NEGATIVE	NEGATIVE
UROBILINOGEN	NORMAL	NORMAL
URINE MACROSCOPY		
COLOUR	YELLOW	
APPEARANCE	CLEAR	
URINE MICROSCOPY		
RBC	NIL /hpf	0-3
PUSCELLS	2-4 /hpf	0-5
EPITHELIAL CELLS	0-3 /hpf	NIL
CRYSTAL	NIL /hpf	NIL
CAST	NIL /hpf	NIL
BACTERIA	NIL	
MUCOUS THREAD	NIL	
LIPID PROFILE		
TOTAL CHOLESTEROL	4.81 mmol/L	< 5.18 mmol/L
HDL	1.66 mmol/L	>1.b mmol/L
TRIGLYCERIDES	0.71 mmol/L	Desirable : <2.083 mmol/L Boderline high : 2.83 - 5.67 mmol/L Hypertriglyceridemia >5 65 mmol/l
LDL	2.70 mmol/L	< 2.6 mmol/L
VLDL	0.32 mmol/L	0.128-0.645 mmol/L

C.R. No: 166137
Entrance of Office
RECEPTION
nmc specialty hospital, Al Hail

Verified By: *Approved By:*

10195

Lab Technologist *Specialist Pathologist*

MOH License No:

Electronically signed at: 8/7/2025 10:19:00

مستشفى أن أم سي التخصصي
nmc specialty hospital

NMC Healthcare LLC

Printed at: 07/06/2025 11:11:54 AM

Sultanate Of Oman
Ministry Of Health
Ibri Hospital

سلطنة عمان
وزارة الصحة
مستشفى عبري

Examination Summary

Patient Id : 142638	Khalid Sulaiman Shumis Al Handlasi	Sex : M	Age: 56 Year(s)
Nationality : OMAN	Wilayat : Ibri	Tel : 92362271	
Department : GENERAL MEDICINE		Visit Time : 10/06/2025 09:20	
Clinic Name : CARDIOLOGY			

Physical Examinations:
10/06/2025 12:00 Alla Atia Mohammed - General Medicine
Plan And Advice
Plan

Control of risk factors10/06/2025 10:19 Frein Abdein Ahmed - General Medicine
History Of Present Illness
56 years old male with background of ---
-This pt HTN DM (uncontrolled DM) not in medications...
and ECG changes on F/U in the private for the last 2 yrs
-was refered from private (HMC) to Cardiologist with ecg
changes and mild positive TMT.
-Pt went to IPC and did labs and ecg
- ECG-- no ischaemic changes
Labs investigations--
Glucose in Serum or Plasma - * 10.37 mmol/L (3 - 7.8)
(Normal: 3-7.7 DM: 7.8 -11.0 IGT: > 11.1 Hyperglycaemia: >2.5)
Creatinine in Serum/Plasma 114.02 mmol/L (60 - 120)
Sodium in Serum/Plasma - * 135.70 mmol/L (137 - 146) 137 -
146
Potassium in Serum/Plasma - 4.09 mmol/L (3.6 - 5) 3.6 - 5.0
Urea in Serum/Plasma - * 8.17 mmol/L (2.5 - 7.5) 2.5 - 7.5
07/06/25 22:48 Microalbumin/Creatinine panel in Random
Urine 07/06/25 23:14
Creatinine in Urine 15061.56 umol/L (3450 - 22900)
3450-22900
Microalbumin in Urine 16.62 mg/L (0 - 20) 0-20
Microalbumin/Creatinine R 1.1 (0 - 2.4999) Normal- <2.5;
Microalbuminuria 2.5 - 30.0;
Nephropathy- >30.0;
07/06/25 22:48 Liver Function Tests, Panel 07/06/25 23:30
ALT (Alanine Transaminase - 19.46 (IU)/L (0 - 40) 4 - 40
Alkaline Phosphatase in S 78.36 U/L (36 - 104) 36 - 104
Protein Total in Serum/Pl 75.63 g/L (60 - 80) 60 - 80
Albumin in Serum/Plasma - 45.03 g/L (35 - 50) 35 - 50
Globulin Gap in Serum 30.60 g/L (24 - 35) 24-35
Albumin-Globulin (A/G) Ra - 1.47 (-)
07/06/25 22:48 Creatinine and eGFR.MDRD. Panel 07/06/25
23:30
eGFR.MDRD. - * 60.54 (90 - 120) 90-120 ml/min, <60 Renal

Sultanate of Oman
Ministry of Health
Ibri Hospital

سلطنة عُمان
وزارة الصحة
مستشفى عبري

Procedure Report

Patient ID :	142638	Name :	Khalid Sulaiman Shamis Al Mandhari		
DOB & Age :	01-JAN-69,56 Year(s)	Sex :	Male	Nationality :	OMANI

Procedure :	Treadmill Exercise Test		
Request Dt. :	10-JUN-25	By :	ALLA ATIA MOHAMMED

Date: 10/06/2025 Done By: ALLA ATIA MOHAMMED Impression : - BASELINE ECG: NORMAL, - EXCERCISE ECG: NO SIGNIFICANT ISCHEMIC CHANGES, - ECHO SCREENING AT PEAK EXCERCISE WITH HR OF ~ 150 BPM: NO SIGNIFICANT WMA - NO CHEST PAIN, NO DYSPNEA, - NO ARRHYTHMIA, - FUNCTIONAL CAPACITY: NORMAL, EXCERCISED TO STAGE 4 ---- CONCLUSIONS: - EXCERCISE STRESS ECG TEST COMPLEMENTED BY ECHO SCREENING STUDY DONE AT PEAK EXCERCISE >> NO EVIDENCE OF ISCHEMIA: NO SIGNIFICANT ISCHEMIC ECG CHANGES & NO SIGNIFICANT WMA - UNREMARKABLE STRESS STUDY.

Rep., Prov. & Auth By : ALLA ATIA MOHAMMED | Auth Time : 10-jun-25 11:58

Printed on 10-Jun-2025 11:58 by ()

Examination Summary

Damage
Creatinine in Serum/Plasm = 115.02 umol/L (60 - 120)
07/06/25 22:48 Uric Acid in Serum/Plasma 07/06/25 23:30
Uric Acid in Serum/Plasma = 283.94 umol/L (210 - 475) 210 -
475
07/06/25 22:48 CBC, Panel 07/06/25 23:24===
Haemoglobin. = 14.28 g/dL (11.5 - 15.5)
White Blood Cells in Bloo = 5.64 10 3/uL (2.2 - 10)
Red Blood Cells = 5.77 m[10]/L (4.5 - 5.9)
Platelet count in Blood = 270.50 10 3/uL (140 - 400)
Haematocrit of Blood = ^ 46.58 % (35 - 45) 35-45
07/06/25 22:48 Urine Microscopy, Panel 07/06/25 23:16
Colour Of Urine = Yellow
Appearance/discretion in = Clear
Albumin in Urine = Negative
Glucose in Urine = Trace
pH of Urine = 6.0
White Cells in Urine = <2 /uL
Red Cells in Urine = <2 /uL
Epithelial cells in Urine = <2 /uL
Casts in Urine = Not Seen /[HPF]
Crystals in Urine = Not seen /[HPF]
Bacteria in Urine = Not seen /[HPF]
====
07/06/25 22:48 Lipid Profile, Panel 07/06/25 23:30
Cholesterol Total in Seru = 4.83 mmol/L (3.4 - 5.2) 3.4 -
5.2
Triglycerides in Serum/Pl = 1.00 mmol/L (.4 - 2.5) 0.4 - 2.5
HDL Cholesterol in Serum/ = 1.74 mmol/L (1 - 1.9) 1.0 - 1.9
LDL Cholesterol in Serum/ = 2.63 mmol/L (2 - 3) 2.0 - 3.0
Non HDL Cholesterol in Se = 3.09 mmol/L (-)
Total Cholesterol/HDL Cho = 2.78 ratio (.5 - 5) 0.5-5.0
currently==
he came for medical report as per his company request
he is doing well
totally asymptomatic
deied chest pain , sob or palpitation
o/e==
consious,orinted communcated
not in ditress
bp=120/70
hr=88/min
chest=clear
cvs=s1s2
abdomen=soft
plan==
-echo==Impression:
- Preserved LV systolic function, LVEF~67%, No WMA, Mild
diastolic dysfunction, Normal RV dimensions and function, No
significant valvopathy
-TMT
-control of risk fctors

nmc

nmc specialty hospital,al-hail

P.O BOX : 613, Postal Code : 133
al-hail
24269222

Referral Letter

Date of issue : *07/06/2025* **Ref No :** *0000060/REF/NMC/2025*

Referred Doctor Name: *CARDIOLOGIST*
Department: *CARDIOLOGY*
Hospital Referred to: *NATIONAL HEART CENTER , ROYAL HOSPITAL*

Name: *KHALID SULAMAN SHAMIS AL MANDHARI* **Resident Card No:** *155255*
Age: *56 Y* **Gender:** *M* **Nationality:** *OMANI*
Empno: *48* **File No:** *50099679* **Status:** *Emergency*

Dear Doctor,

The above mentioned patient presented to me with complaints of
THE PATIENT IS A 56 YEAR OLD MALE WITH UNCONTROLLED DIABETES MELLITUS AND ECG CHANGES, AND MILDLY POSITIVE TMT

ON EXAMINATION
BP:146/85
INVESTIGATION
FBS: 14 TMT : MILD DYNAMIC STT CHANGES
DIAGNOSIS
R94.31-Abnormal Electrocardiogram [Ecg] [Ekg],Z02.79-Encounter For Issue Of Other Medical Certificate,E78.5-Hyperlipidemia, Unspecified,E13.8-Other Specified Diabetes Mellitus With Unspecified Complications
TREATMENT GIVEN
XIGDOU , ROSUVASTATIN
REMARKS
RECOMMENDATION: HBA1C... ECHOCARDIOGRAPHY .. CORONARY CT ANGIOGRAPHY

He/She is being referred to your expert management and care.
Thanking you,
Yours truly,

Referred by,
DR ERFAN GHOODJANI
Place: *nmc specialty hospital,al-hail*

DR. ERFAN GHOODJANI
Specialist - Cardiology
MOH Lic. No: 21430
nmc specialty hospital, Al Ghudaibi

Signature

C.R. No: 1668137
Ministry of Oman
RECEPTION
nmc specialty hospital, Al Hail

(Hospital Seal)

AUDIOMETRY REPORT

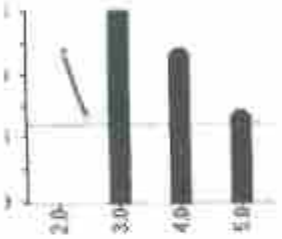
.05
UN-25 09:21
5 4 sec avg
G11005649 G12014595

nt Khalid Sulaman Sbamis Al Mandhari

:

: Pass

Sex M MRN 50099679 Date of Test 07/06/2025

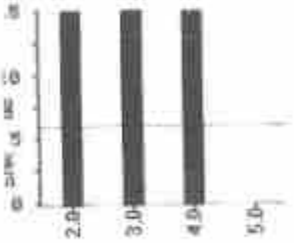


L1	L2	DP	NF	SNR	
66	56	-20	-12	-8	
58	49	-4	-20	16	P
57	49	-8	-20	12	P
59	51	-13	-20	7	P

7.05
JUN-25 09:41
4s 4 sec avg
G11005649 G12014595

E:

nt: Pass



2	L1	L2	DP	NF	SNR	
0	64	55	1	-17	18	P
0	80	49	1	-20	21	P
0	55	40	-3	-20	17	P
0	55	46	-10	-3	-6	

Signature of the Technician

NMCOMAN/DOC/N5G/75

Vitalograph

Pulmonary Function Report

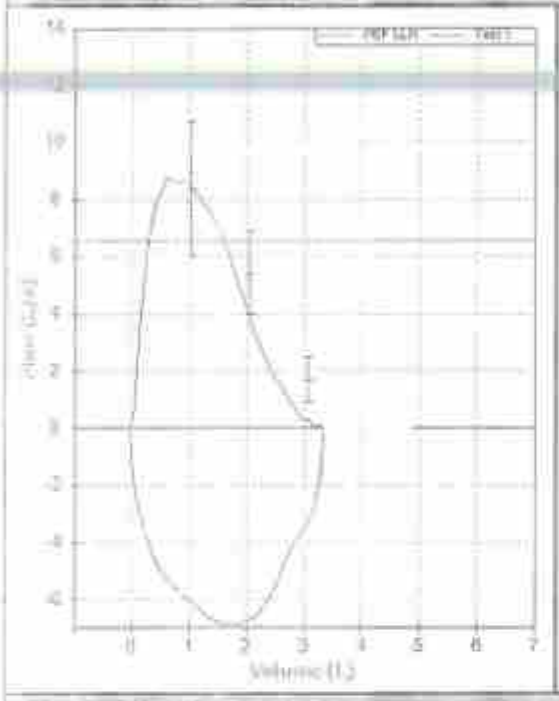
Subject Information

ID:	2025158_112042186	Alternate ID:	50099679		
Last Name:	Al Mandhari	First Name:	Khalid	Middle Name:	Soleman
Population:	MIDDLE EAST	Gender:	Male	Date of Birth:	01/01/1969
Age:	56	Height:	170 cm	Weight:	75.0 kg
BMI:	26	Smoking:	Non Smoker		

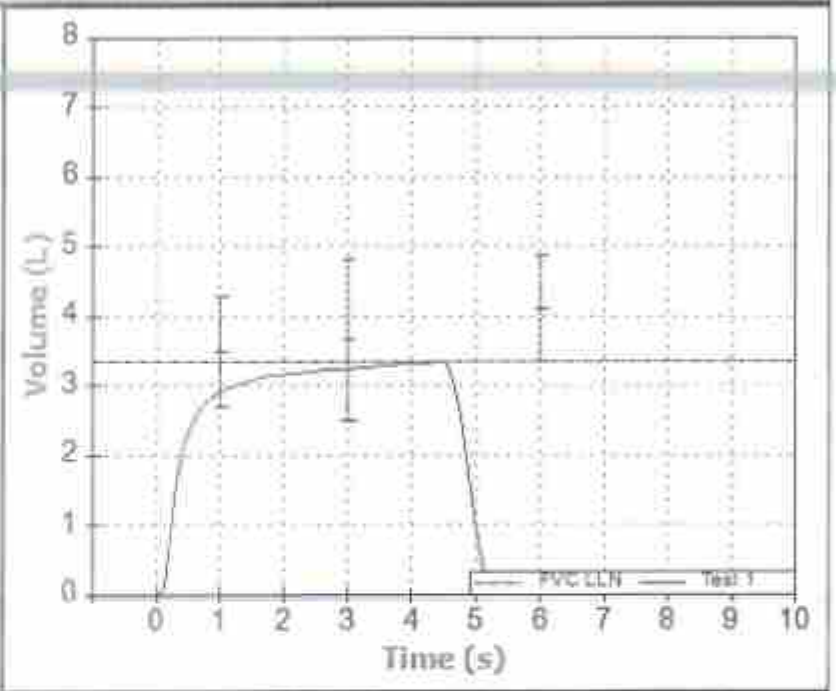
Test Session Information

Test Date:	07/06/2025 11:22	Device:	ALPHA Touch	Serial Number:	32166
No. of Tests:	6	Accuracy Chk:	30/05/2019 15:42	User:	Administrator
Pred. Values:	Golshan	Pred. Factor:	100%	Posture:	Sitting

Flow/Volume Loop



Volume/Time Graph



Results

Parameter	Pred	LLN	Best	% Pred.	Z-Score
FVC (L)	4.10	3.34	3.34	81	-1.64
FEV1 (L)	3.48	2.69	2.96	85	-1.08
FEV1 Ratio	0.77	0.65	0.88	114	1.50
FEV6 (L)	4.10	3.34	3.34	81	-1.64
PEF (L/min)	563	394	527	94	-0.35
FEF25-75 (L/s)	4.23	3.17	4.50	106	0.42

Values at BTPS, *Below lower limit of normality (LLN)

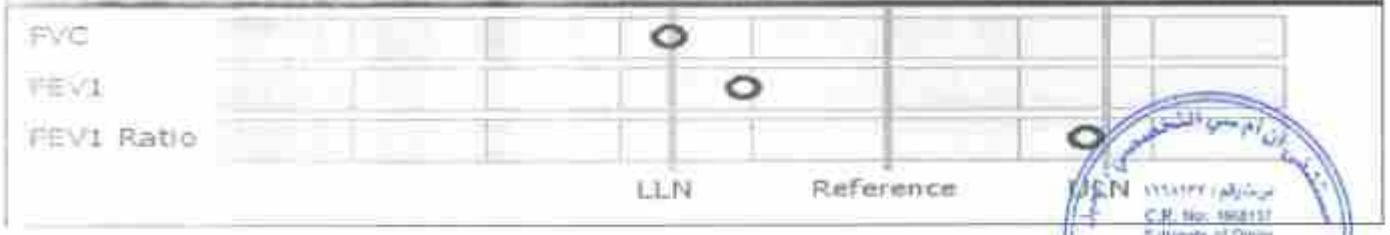
Quality Criteria and Reproducibility Information

FVC Session Grade	FVC Rep:	FEV1 Rep:	Slow Start of test	End of test criteria not achieved	Cough detected in 1st second
D	-	-	0 blow(s)	1 blow(s)	0 blow(s)

Computer Suggested Interpretation

Computer interpretations cannot be relied upon for diagnosis. Normal ventilatory function.

Reference Pictograph



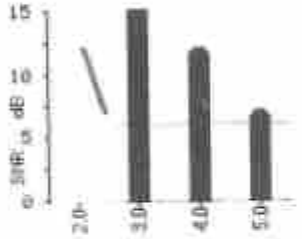
C.R. No. 1968117
Sultanate of Oman
RECEPTION
nmc specialty hospital, Al Hail

AUDIOMETRY REPORT

U107.05
07-JUN-25 09:21
DP 4s 4 sec avg
SN: GI1005649 GI2014595

NAME:

Left: Pass



F2	L1	L2	DP	NF	SNR	
2.0	66	56	-20	-12	-8	
3.0	58	49	-4	-20	16	P
4.0	57	49	-8	-20	12	P
5.0	59	51	-13	-20	7	P

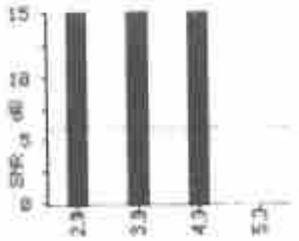
nt Khalid Sulaman Shamis Al Mandhari

Sex M MRN 50099679 Date of Test 07/06/20.

U107.05
07-JUN-25 09:41
DP 4s 4 sec avg
SN: GI1005649 GI2014595

NAME:

Right: Pass



F2	L1	L2	DP	NF	SNR	
2.0	64	55	1	-17	18	P
3.0	69	49	1	-20	21	P
4.0	55	48	-3	-20	17	P
5.0	55	46	-10	-3	-6	

RECEPTION

Signature of the Technician

NMCOMAN/DOC/NSG/75

SHAMIS AL MANDHARI, KHALID SULAIMAN
50099679

Exam Summary

6/ /2025 11:09:06 AM
Bruce

Summary

Exercise Time: 07:44
Leads with 100uV ST: II, III, aVF, V2, V3, V4
PVCs: 0
Duke Treadmill Score: 0

Max Values

Speed: 3.4 MPH	HR:	149 BPM	90% of MPHR (164 bpm)	
Grade: 14 %	SBP:	188/84 mmHg		
METs: 10.1	DBP:	133/90 mmHg		

HR*BP: 24790 BPM * mmHg
ST/HR Index: 1.76 uV/bpm in III at 06:20

Max ST

ST elevation: 2.6 mm in V3 at 08:30
ST depression: -1.4 mm in III at 06:20

Max ST Changes

ST elevation change: 1.4 mm in V3 at 08:30
ST depression change: -1.3 mm in III at 06:20

STAGE SUMMARY

ST measurement based on J+60ms

		Speed (MPH)	Grade (%)	HR (BPM)	BP (mmHg)	METs	HR*BP	ST LEVEL (mm) I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
BP	PRE-X	0.0	0.0	62	146/85	-	9052	0.2	0.3	0	-0.3	0	0.2	0.3	1.2	1.3	0.7	-0.4	0.1
START EXE	EXE 00:00	0.0	0.0	62	-	1.3	-	0.2	0.2	-0.1	-0.3	0.1	0.1	0.3	1.2	1.2	0.6	0.3	0.1
BP	EXE 02:38	1.7	10.0	112	188/84	4.7	21056	0.2	0	-0.3	-0.2	0.2	-0.2	0	1.2	1.1	0.6	0.3	-0.1
STAGE 1	EXE 03:00	1.7	10.0	113	-	4.7	-	0.3	0.2	-0.2	-0.3	0.2	0	0.3	1.3	1.3	0.6	0.3	-0.2
BP	EXE 05:33	2.5	12.0	134	185/88	7.1	24790	0.2	-0.4	-0.7	0	0.4	-0.5	0.2	1.2	1.2	0.4	-0.1	-0.5
STAGE 2	EXE 06:00	2.5	12.0	136	-	7.1	-	0.3	-0.3	-0.7	-0.1	0.5	-0.5	0.2	1.3	1.2	0.3	-0.1	-0.4
Treadmill Stopped	EXE 07:41	0.0	0.0	149	-	10.1	-	0.2	-0.7	-1	0.2	0.5	-0.6	0.4	1.4	1.5	0.2	-0.3	-0.6
Peak	EXE 07:44	0.0	0.0	149	-	10.1	-	0.2	-0.7	-1	0.2	0.5	-0.6	0.4	1.4	1.5	0.2	-0.3	-0.6
BP	REC 01:40	0.0	0.0	89	175/71	7.1	15575	0.3	0.5	0.1	-0.5	0	0.3	0.2	1.5	1.8	0.9	0.4	0
BP	REC 02:36	0.0	0.0	76	147/79	5.3	11172	0.1	0	-0.2	-0.1	0.1	-0.1	0.4	1.1	1	0.3	0	-0.2
BP	REC 03:33	0.0	0.0	82	142/81	3.8	11644	0	-0.4	-0.5	0	0.2	-0.4	0.4	0.9	0.6	0	-0.2	-0.4
BP	REC 04:32	0.0	0.0	82	134/89	2.0	10988	0	-0.6	-0.6	0.2	0.2	-0.6	0.4	0.6	0.3	-0.2	-0.4	-0.5
BP	REC 05:26	0.0	0.0	86	133/90	1.0	11438	-0.1	-0.7	-0.6	0.3	0.2	-0.6	0.4	0.5	0.2	-0.3	-0.5	-0.5
END REC	REC 06:09	0.0	0.0	86	-	1.0	-	-0.1	-0.6	-0.6	0.2	0.2	-0.6	0.4	0.5	0.2	-0.3	-0.5	-0.5

NMC Specialty Hospital Al Hail
RECEPTION

Burdick Mortara Quinton
RECORDER 2346

SHAMIS AL MANDHARI, KHALID SULAIMAN
50099679

Patient Information

6/7/2025 11:09:06 AM
Bruce

ID: 50099679 | Second ID: | Admission ID:

Date of Birth:
Age: 56 Years
Height: 167 cm
Weight: 76 kg
Gender: Male
Race: Asian

Indications
test

Medications
NIL

Referring Physician: DR ERFAN | Location: NMC AL HAIL | Procedure Type: TMT

Attending Phy: DR ERFAN
Technician: ANEESH
Target HR: 139 bpm (85%)
Max HR(%MPHR): 149 bpm (90%)
Reasons for end: ACHIEVED METS,Target HR
Symptoms: NO CHEST PAIN

Diagnosis

Notes

Conclusions

The patient was tested using the Bruce protocol for a duration of 07:44 mm:ss and achieved 10.1 METs. A maximum heart rate of 14[illegible] bpm with a target predicted heart rate of 107% was obtained at 07:40. A maximum systolic blood pressure of 188/84 was obtained at 02:38 and a maximum diastolic blood pressure of 133/90 was obtained at 1[illegible]. A maximum ST depression of -1.4 mm in III occurred at 06:20. A maximum ST elevation of +2.6 mm in V3 occurred at 08:30. The patient reached target heart rate with appropriate heart rate and blood pressure response to exercise.MILD DYNAMIC STT CHANGES , TMT IS MILDLY POSITIVE FOR ISCHEMIA

Reviewed by:

Signed by:

Date:

UNCONFIRMED REPORT

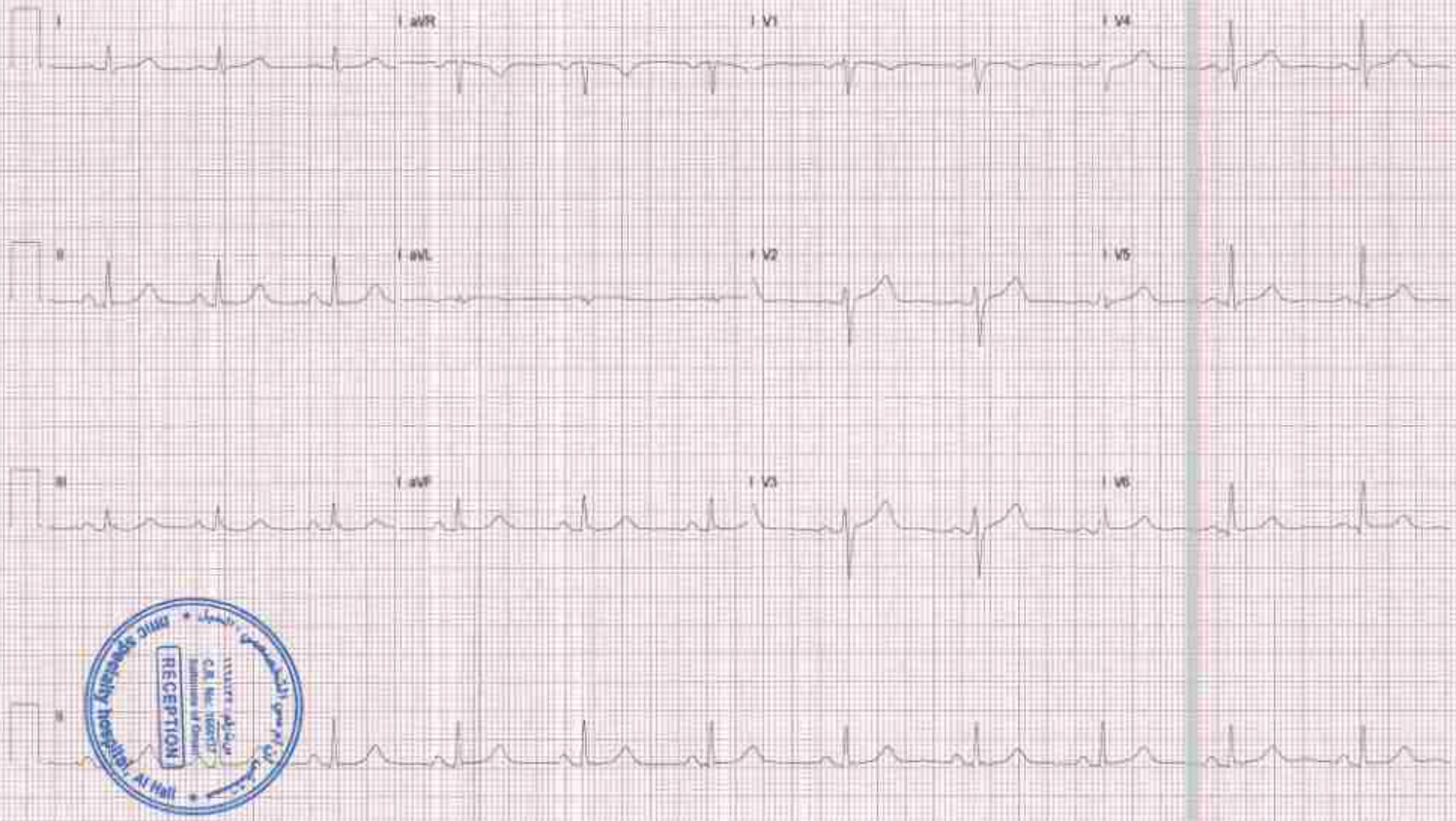
KHALID SULAIMAN SHAMIS AL MANDHARI
50099679
Brace

Exam Start: 6/7/2025 11:09:06 AM
Print Time: 6/7/2025 11:10:01 AM
Date of Birth:
Gender: Male

00:54 Pre Exe

--- MPH
---%

RATE 67
BP ---/---



XScribe 6.2.5.59419

25mm/s 10mm/mV 0.05-40Hz 50Hz SCF

Rhythm: Montana

nmc

nmc specialty hospital,al-hail

P.O BOX : 613, Postal Code : 133al-hail
Phone : 24269222
Fax : 24269288
Email : nmc.hail@nmcoman.com

Prescription

File No : **50099679** Date : **07/06/2025**

Name: **KHALID SULAMAN SHAMIS AL MANDHARI** Age: **56 Y** Gender: **Male**

Address :

Omani ID/L.Card No : **155255**

Company : Customer : **TRUCKOMAN SOUTH LLC (Credit)**

Policy No : Certificate No :

Nationality : **OMANI** Phone : **92362271**

Sl No Allergy

No h/o any allergies (NKA/NKDA)

Rx

Sl No	Name	Duration	RO Admin	Quantity	Remarks
1	XIGDOU XR 10/1000mg(Dapagliflozin+Metformin)30's	90 Days	Oral	90	1 tablet 1 time per day for 90 days;After Food
2	(ROSUVASTATIN (calcium) 20 mg tablet)IVARIN 20mg (Rosuvastatin) Tab's 30's	90 Days	Oral	90	1 tablet 1 time per day for 90 days;At bedtime

07/06/2025 11:39:28

Name of Dr. & Signature

DR ERFAN GHOODJANI
CARDIOLOGY

DR. ERFAN GHOODJANI
Specialist - Cardiology
MOH Licence No. 21436
nmc Specialty Hospital, Al Qurayya

nmc specialty hospital, Al Hail
C.R. No: 1088137
Sultanate of Oman
RECEPTION

SULTANATE OF OMAN
IDENTITY CARD
155255
29/03/2028
01/01/1969
عماني
خالد بن سليمان بن شامس المنذري

VEHICLE DRIVING LICENCE
NAME
KHALID SULAIMAN SHAMIS AL MANDHARI
IDOMN155255<<<1<<<<<<<<<<<<<<<
6901017M2803294OMN<<<<<<<<<<<2
KHALID<SULAIMAN<SHAMIS<<AL<MAN

C.R. No: 1888137
Sultanate of Oman
RECEPTION
specialty hospital, Al Hail

DR. ASWATHY RAVI
General Practitioner
MOH Lic. No: 2555
specialty hospital, Al Hail