



Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Petroroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname		sindh	
Forenames		Pawanjeet	
Address			
Place of examination	Date	Home telephone number	
NMC/44/2018	26/02/25	90715483	
If a dependant enter employee's name here:		Forenames	
Surname: sindh		Pawanjeet	
Birth date	Nationality	Country of birth	Religion
24/08/1998	Indian	Indian	
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced	Relationship to employee	
		☐ Wife ☐ Son ☐ Daughter	
Reason for examination		Number of children:	
Pre-Employment ☒ Job: ☐			
Pre-Overseas ☐ Area: ☐			
Name and address of family doctor		List your last 3 jobs	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
Y	N	Y	N
1. Sinus trouble	☒	21. Cancer	☒
2. Neck swelling/glands	☒	22. Heart Disease	☒
3. Difficulty in vision	☒	23. Rheumatic fever	☒
4. Any ear discharge	☒	24. Abnormal heartbeat	☒
5. Asthma/bronchitis	☒	25. High blood pressure	☒
6. Hayfever /other significant allergy	☒	26. Stroke	☒
7. Any skin trouble	☒	27. Serious chest pain	☒
8. Tuberculosis	☒	28. Any blood disease	☒
9. Shortness of breath	☒	29. Kidney disease	☒
10. Coughed/vomited blood	☒	30. Blood in urine	☒
11. Severe abdominal pain	☒	31. Diabetes	☒
12. Stomach ulcer	☒	32. Headaches/migraine	☒
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒
14. Jaundice or hepatitis	☒	34. Epilepsy	☒
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒
16. Marked change in bowel habits	☒	36. Surgical operation	☒
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒
18. Marked change in weight	☒	38. Tropical disease	☒
19. Varicose veins	☒	39. Fear of heights	☒
20. Lump in breast/arm/pit	☒		
How much tobacco each day? NO		Average daily alcohol consumption NO	
Have you ever taken elicited drugs? (X) PDO test all new/potential employees for elicited/recreational drugs NO			
FAMILY HISTORY: Diabetes (X) Tuberculosis (X) Epilepsy (X) Asthma (X) Eczema (X)			
Heart disease (X) High blood pressure (X) Stroke (X) Blood Disease (X) Cancer (X)			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date:	Signature of Applicant:		
26/02/25	Pawanjeet		



FOR	COMPLETION	BY	EXAMINING	DOCTOR	OR	NURSE					
Further details of medical history and recreational activities											
N = Normal A = Abnormal (please describe)			PHYSICAL EXAMINATION								
N	A										
☒		1. Eyes & Pupils									
☒		2. E N T									
☒		3. Teeth & Mouth									
☒		4. Lungs & Chest									
☒		5. Cardiovascular System									
☒		6. Abdo Viscera									
☒		7. Hernial Orifices									
☒		8. Anus & Rectum									
☒		9. Genito-urinary									
☒		10. Extremities									
☒		11. Musculo-skeletal									
☒		12. Skin & Varicose Vns.									
☒		13. C.N.S.									
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING L R	VISION DISTANT NEAR Uncorrected Corrected	Colour Vision	Blood Group			
185	83	24.3	139 88	59	L R	DISTANT R L R L 6/6 6/6 6/6 6/6 Uncorrected Corrected					
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A				
☒		1. Urinalysis				☒		7. Audiogram			
☒		2. Hb, Bloodcount, ESR				☒		8. Lung Function			
☒		3. LFT, RFT, RBS				☒		9. Chest X-Ray			
☒		4. Drug Screen				☒		10. ECG			
☒		5. Lipids (40 years +)						11. CVS risk for 40 yrs. & above			
☒		6. Sickle Cell test						12. HIV, Hepatitis screening			
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)											
ASSESSMENT:											
☒	FIT ALL AREAS		☐	FIT WITH RESTRICTION		☐	TEMPORARY UNFIT		☐	UNFIT	
Date:			Name (Block Capitals): Dr. / Nurse				Signature:				
REVIEW/CONSULTATION											
Date: 26/01/2015			Name (Block Capitals): Dr. / Nurse				Signature:				
Dr. SUNANT RAJANKAR 100-25, 100-25 (Rajankar) Building 100-25, 100-25 (Rajankar) Building 100-25, 100-25 (Rajankar) Building Signature: [Signature]											
Page 80 Specification											



REPORT
DEPARTMENT OF LABORATORY MEDICINE

File No: 14474043	Report No: 1026792
Name: PAWANJEET SINGH	Sample Date: 26/02/2025 Time: 9:31
Address:	Received By:
Gender: M Age: 34 Y Nationality: INDIAN	Received Date: Time:
GSM No.: 90715483 ID Card No.: 125748905	Report Date: 26/02/2025 Time: 11:17
Ref. By: DR SUMANT PAJANKAR	Bill No: 2621387 Bill Date: 26/02/2025
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO Package – 1 (Up to 49 yrs)		consultation with physician Eye check up
COMPLETE BLOOD COUNT		
TOTAL WBC COUNT	6860 cells/cumm	4000 11000cells/cumm
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	56 %	40-75%
LYMPHOCYTE (%)	40 %	20-45%
MONOCYTE (%)	10 %	2-8%
EOSINOPHIL (%)	3 %	1-6%
BASOPHIL (%)	1 %	0-1%
HAEMOGLOBIN	14.8 gm/dl	Male : 13-18 gm/dl Female:11-15 gm /dlchildren upto 1year-11.0-13.0 upto12years-11.5-14.5 Infant full term cord blood:13-19.5
RBC COUNT	5.58 million/cu	Male :4.5-6.5 million/cu Female:3.9-5.5 million/cu
PLATELET COUNT	2.57 lakh/cumm	1.5 - 4 lakhs / cumm
HEMATOCRIT	48.1 %	Male :42 - 52% Female:37- 47%
MCV	86.1 fl	76 - 96 fl
MCH	26.4 pg	27 - 33 pg
MCHC	30.7 %	32 - 36 %
SICKLE CELL	NEGATIVE	
Method : Solubility test (If Positive , Hb Electrophoresis / HPLC to be done to confirm Sickle cell anaemia / Trait).		
LIVER FUNCTION TEST		
TOTAL BILIRUBIN	11.70 μ mol/L	5.0 - 21.0 μ mol/L
DIRECT BILIRUBIN	4.80 μ mol/L	Upto 5.1 μ mol/L

Verified By:

10050

Lab Technologist

MOH License No: 4598

Electronically signed at: 2/26/2025 2:02:00

Approved By:

DR SURESH VENUGOPAL

Specialist Pathologist

MOH License No: 5950

Electronically signed at: 26/02/2025 2:02:00 PM

Printed at: 26/02/2025 2:42:48 PM



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INVESTIGATION

RESULT

REFERENCE RANGE

TOTAL PROTIEN

76.90 g/L

66 - 87 g/L

ALBUMIN

49.60 g/L

35 - 50 g/L

Globulin

27.3 g/L

23-35g/L

SGPT (AST)

24.70 U/L

10-40 U/L

SGPT (ALT)

42.20 U/L

10-40 U/L

ALKPO4 (ALP)

63.00 U/L

3 - 10 Yrs: 130 - 260 U/L

10 - 14 Yrs: 130 - 340 U/L

14 - 18 Yrs: 30 - 180 U/L

Adult: 30 - 120 U/L

Gamma GT (GGT)

19.70 U/L

2-30 U/L

RENAL FUNCTION TEST

URIC ACID

380.07 μ mol/L

MALE: 200 - 430 μ mol/L

FEMALE: 140 - 360 μ mol/L

CREATININE

74.0 μ mol/L

MALE: 60 - 110 μ mol/L

FEMALE: 50 - 100 μ mol/L

UREA

3.42 mmol/L

2.9-8.2 mmol/L

ESTIMATED GLOMERULAR FILTRATION RATE

LIPID PROFILE

TOTAL CHOLESTEROL

4.01 mmol/L

< 5.2 mmol/L

HDL

1.25 mmol/L

MALE: > 1.0 mmol/L

FEMALE: > 1.3 mmol/L

TRIGLYCERIDES

0.86 mmol/L

< 1.7 mmol/L

LDL

2.38 mmol/L

< 3.4 mmol/L

VLDL

0.39 mmol/L

< 0.77 mmol/L

NON HDL

2.76 mmol/L

<3.4mmol/L

FASTING BLOOD SUGAR

5.69 mmol/L

3.8-<5.6 mmol/L

URINE ROUTINE

URINE BIOCHEMISTRY

URINE GLUCOSE

NEGATIVE

NEGATIVE

Verified By:

10050

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NMC Healthcare LLC

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C.R.No: 1248387, Tax Card No.: 8148163, VATIN: OM1100029090



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	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE PROTEIN	NEGATIVE	NEGATIVE
URINE KETONE	NEGATIVE	NEGATIVE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE
URINE PH	6.0	<6
SPECIFIC GRAVITY	1.015	1.010-1.030
BLOOD	NEGATIVE	
UROBILINOGEN	NORMAL	NORMAL
LEUCOCYTE	NEGATIVE	
URINE MACROSCOPY		
COLOUR	PALE YELLOW	
APPEARANCE	CLEAR	
URINE MICROSCOPY		
RBC	NIL /hpf	0-3
PUSCELLS	1-2	
EPITHELIAL CELLS	0-2 /hpf	NIL
CRYSTAL	NIL /hpf	NIL
CAST	NIL /hpf	NIL
BACTERIA	NIL	
MUCOUS THREAD	NIL	

Verified By:

10050

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AUDIOGRAM

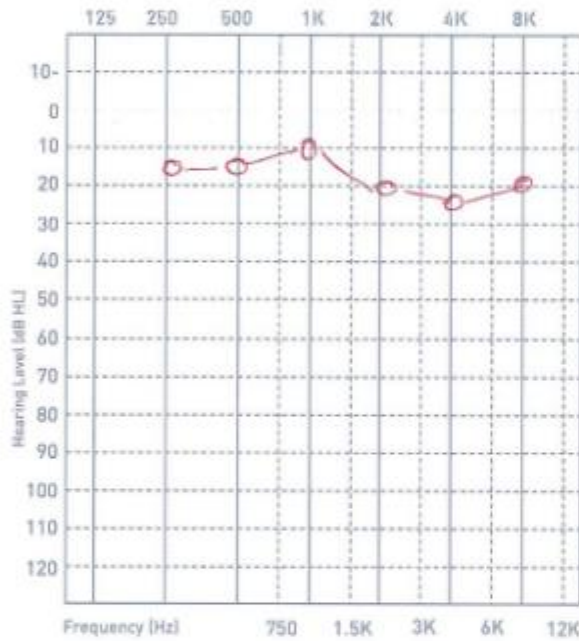
File No. 14474043 رقم الملف

Name of Patient Pawarjeet Singh اسم المريض Nationality Indian الجنسية

Age 34y السن Sex M الجنس Date 26/02/2024 التاريخ

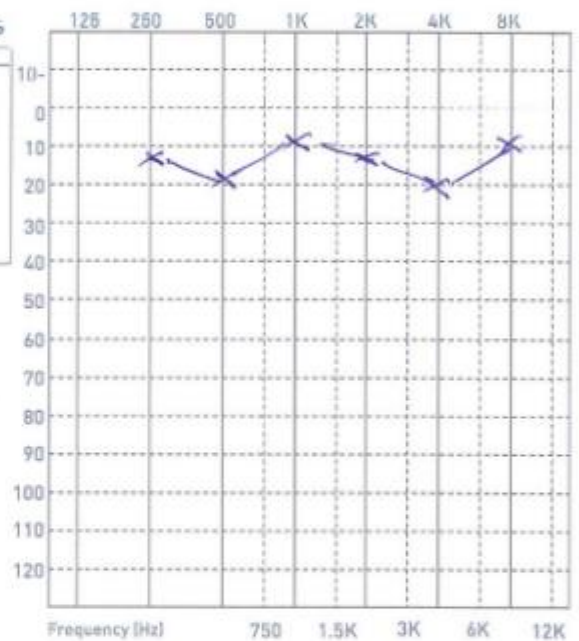
Referring Physician طبيب الإحالة

Presenting Complaints تقديم الشكاوى



Audiogram Keys

Symbol	Meaning
○	AC Unmasked
△	AC Masked
□	AC Masked NR
◀	BC Unmasked
▶	BC Masked
✕	BC Masked NR
S	Sound Field



Ear	PTA	Weber	SRT	SDS	MCL	UCL
Right	15 dB HL					
Left	15 dB HL					

IMPRESSION:

Bilateral hearing within Normal limits.

Recommendations:

ANILA SHEKHAR KUMAR MISHRA
Audiologist
MOH Lic. No: 16092
nmc Specialty Hospital, Al Ghoubra

Name & Signature of Audiologist

Name & Signature of Physician

Date 26/2/2024 Time

Date Time



Pulmonary Function Report

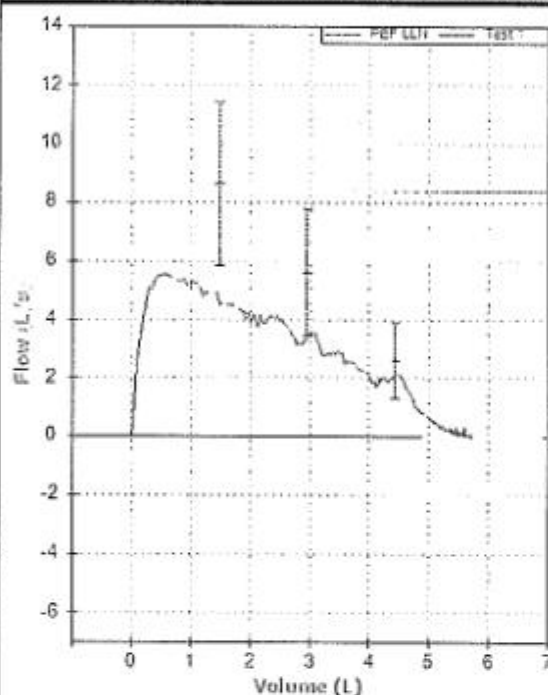
Subject Information

ID:	14474043	Alternate ID:	2621387	Middle Name:	
Last Name:	Singh	First Name:	Pawanjeet	Date of Birth:	8/24/1990
Population:	Other	Gender:	Male	Weight:	83.0 kg
Age:	34	Height:	185 cm		
BMI:	24.3	Smoking:	Non Smoker		

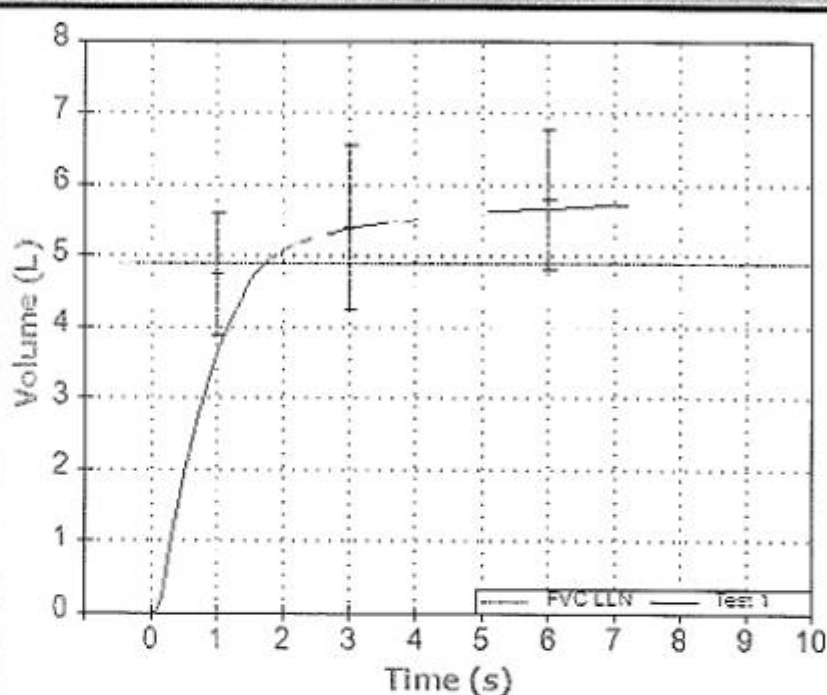
Test Session Information

Test Date:	2/26/2025 09:53	Device:	ALPHA Touch	Serial Number:	31950
No. of Tests:	5	Accuracy Chk:	1/2/2024 13:36	User:	Administrator
Pred. Values:	NHANES C	Pred. Factor:	100%	Posture:	Sitting

Flow/Volume Graph



Volume/Time Graph



Results

Parameter	Pred	LLN	ATS/ERS Best	% Pred.	Z-Score
VC (L)	5.90	4.89	4.87*	83	-1.67
FVC (L)	5.90	4.89	5.71	97	-0.31
FEV1 (L)	4.74	3.88	3.90	82	-1.60
FEV1 Ratio	0.81	0.71	0.68*	84	-2.13
FEV6 (L)	5.79	4.81	5.66	98	-0.22
PEF (L/min)	654	504	334*	51	-3.50
FEF25-75 (L/s)	4.54	2.81	3.09	68	-1.37

Values at BTPS, *Below lower limit of normality (LLN)

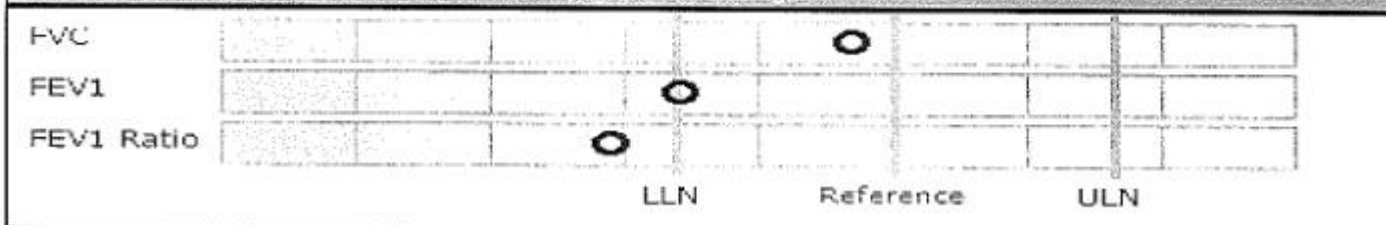
Session Grade and Reproducibility Information

Session Grade	FVC Rep:	FEV1 Rep:	Slow Start of test	End of test criteria not achieved	Cough detected in 1st second
C	0.61 L (10.7%)	0.70 L (17.9%)	1 blow(s)	0 blow(s)	0 blow(s)

Computer Interpretation of Spirometry

Computer interpretations cannot be relied upon for diagnosis. Mild airways obstruction.

Reference Plotogram



Id: 14474043

Singh, Pawanjeet

Male — (—) Unknown

Height: 0 cm Weight: 0 kg BP: 0/0 mmHg

Med:

Tech:

Note:

26/02/2025 09:20:20

HR: 57 bpm

PR: 156 ms

QRS: 86 ms

QT/QTc: 406/401 ms

QT-B: 396 ms

QT-CF: 399 ms

Ru-s/VS: 1.23/1.18 mV

Sck-Lyon: 2.41 mV

Axis: 36/9/37 °

UNCONFIRMED REPORT



Dep:

25mm/s 10mm/mV 0.05-25Hz/50Hz Cardioline ECG2005 v. 2.0.3919

CARDIOLINE

