



11.32 Appendix 32 : EX1 From (Initial Examination Report)
INITIAL EXAMINATION REPORT / MEDICAL - CONFIDENTIAL



الإندماج للعناية الطبية
FUSION MEDICARE

P.O. Box : 1167, Postal Code: 130
Sultanate of Oman
Tel: 24595856

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK LETTERS

ID No. **90245995**
Surname **MUHAMMAD SALEEM**
Forenames **ABDUL WAJID**
Trade **DRIVER**
Address **PUNJAB
PAKISTAN**

Place of Examination **AZAIBA** Date **30-6-2024** Home Telephone No. **95180028**
If a dependant enter employee's name here:
Surname: Forenames: **ABDUL WAJID**
Birthdate: **12/04/1987** Nationality: **PAKISTANI** Country of Birth **PAKISTAN** Religion: **MUSLIM**

☒ Male ☐ Female ☒ Married ☐ Single ☐ Separated ☐ Divorced Relationship to employee: ☐ Wife ☐ Son ☐ Daughter Number of children **4**

Reason for examination: Pre-Employment ☒ Job: **DRIVER**
Pre-Overseas ☐ Area:

Name and address of family doctor: List your last 3 jobs:
(1)
(2)

Are you a Registered Disabled Person? (UK only) ☐ Do you belong to any Medical Insurance Scheme? ☐

DO YOU HAVE OR HAVE YOU HAD - (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments)

	Y	N		Y	N		Y	N
1. Sinus trouble		☒	21. Cancer		☒	HAVE YOU EVER BEEN:-		
2. Neck swelling/glands		☒	22. Heart Disease		☒	40. Rejected for employment or insurance for medical reasons		☒
3. Difficulty in vision		☒	23. Rheumatic fever		☒	41. Awarded benefits for industrial injury/illness		☒
4. Any ear discharge		☒	24. Abnormal heartbeat		☒	42. Treated for a mental condition, e.g. depression		☒
5. Asthma/bronchitis		☒	25. High blood pressure		☒	43. Treated for problem drinking or drug abuse		☒
6. Hayfever /other significant allergy		☒	26. Stroke		☒	44. Exposed to toxic substance or noise		☒
7. Any skin trouble		☒	27. Serious chest pain		☒	FOR WOMEN ONLY		
8. Tuberculosis		☒	28. Any blood disease		☒	Have you ever had:-	N/A	
9. Shortness of breath		☒	29. Kidney disease		☒	45. An abnormal smear		☒
10. Coughed/vomited blood		☒	30. Blood in urine		☒	46. Any gynaecological treatment		☒
11. Severe abdominal pain		☒	31. Diabetes		☒	47. Are you pregnant?		☒
12. Stomach ulcer		☒	32. Headaches/migraine		☒	48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE		☒
13. Recurrent indigestion		☒	33. Dizziness/fainting		☒			
14. Jaundice or hepatitis		☒	34. Epilepsy		☒			
15. Gall Bladder disease		☒	35. Joints/spinal trouble		☒			
16. Marked change in bowel habits		☒	36. Surgical operation		☒			
17. Blood in stools (motions)		☒	37. Serious accident/fracture		☒			
18. Marked change in weight		☒	38. Tropical disease		☒			
19. Varicose veins		☒	39. Fear of heights		☒			
20. Lump in breast/ampit		☒						

How much tobacco each day? **NIL** Average daily alcohol consumption **NIL**

Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs

FAMILY HISTORY: Diabetes () ☒ Tuberculosis () ☒ Epilepsy () ☒ Asthma () ☒ Eczema () ☒
Heart disease () ☒ High blood pressure () ☒ Stroke () ☒ Blood Disease () ☒ Cancer () ☒

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.

Date: **30-6-2024**

Signature of Applicant:

Wajid



N = Normal A = Abnormal (Please describe)

PHYSICAL EXAMINATION

N	A	
✓		1. Eyes & Pupils
✓		2. E.N.T.
✓		3. Teeth & Mouth
✓		4. Lungs & Chest
✓		5. Cardiovascular System
✓		6. Abdo. Viscera
✓		7. Hemial Onfices
✓		8. Anus & Rectum
✓		9. Genito - urinary
✓		10. Extremities
✓		11. Musculo-Skeletal
✓		12. Skin & Varicose Vns
✓		13. C.N.S.

NAD

HEIGHT cm	WEIGHT kg	BMI	B.P	PULSE	HEARING	VISION	Color Vision	Blood Group
175	70	22.9	114 75	78 /mins.	L / NAD R / NAD	DISTANT REAR Uncorrected 6/6 6/6 N/6 N/6 Corrected	NAD	guc

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
N		1. Urinalysis		N		7. Audiogram
	A	2. Hb, Bloodcount, ESR				8. Lung Function
N		3. LFT, RFT, RBS				9. Chest X-Ray
	-	4. Drug Screen				10. ECG
N		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
N		6. Sickie Cell Test				12. HIV, Hepatitis screening

OTHERS FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 30/6/2024

Name (Block Capitals): DR. RENISH RASHEED

Signature:

[Signature]

REVIEW/CONSULTATION



Date:

Name (Block Capitals): Dr. / Nurse

Signature:



Appendix 15: Fitness to Work Certificate

Employee Data		Date	30-6-2024
Last Name MUHAMMAD SALEEM		First Name	ABDUL WAJID
I.D No. 90245995	Age 37	Occupation	DRIVER
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	✓
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving		A10 Transfers – group B country	

Health Advisor Statement The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time their fitness to work status for the above tasks is as follows.

Fit with no restrictions	✓	
Fit with following restrictions		
<i>The employee is fit for above work but should avoid the following tasks</i>		
Work near moving machinery or sharp edges	Operate motor vehicles, forklifts or heavy machinery	
Working at height	Use a respirator	
Pull/push/carry weight over _____ Kg	Repetitive twisting of valves or wrenches	
Ascend/descend ladders or stairs	Flying	
Other (Specify)		
These restrictions are Permanent		
These restrictions are temporary until _____ (date)		
Temporary Unfit until _____ (date)		
Permanently Unfit		
Date 30-6-2024	Signature 	Print Name Dr RENISH RASHEED



Appendix 20: (Form SQ5): Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date	30-6-2024
Last Name MUHAMMAD SALEEM		First Name	ABDUL WAJID
I.D No.	90245995	Tel #	95180028
		Occupation	DRIVER

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential.

How likely are you to fall asleep in the following situations?

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

1 Lying down to rest in the afternoon when circumstances permit

0 Sitting a talking with someone

1 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 2

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

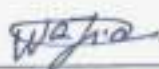
Declaration I ABDUL WAJID MUHAMMAD SALEEM (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Wajid

Date: 30-6-2024



Appendix 16: (Form SQ2), Breathing Apparatus Screening

Employee Data		Date: 30-6-2024		
Name: ABDUL WAJID		Department/Company:		
I. D No. 90245995	Tel # 95180028	Occupation: DRIVER		
This form is required to be completed either at the time of your fit testing for respirator use or medical evaluation. If you have never completed an initial questionnaire form, you should not be fit tested nor use a respirator until the initial questionnaire has been reviewed and approved by a health care professional. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.				
		Yes	No	Not Sure
1	Have you experienced any health problems/signs or symptoms that you associate with respirator use or the ability to use a respirator while performing your work that requires the use of a respirator?		☒	
2	Has there been any change in workplace conditions (e.g., physical work effort, protective clothing, and temperature) that has or may result in a substantial increase in the physiological burden placed on you when performing your work that requires respirator use?		☒	
3	Do you currently have any medical restrictions or limitations (for example, lifting restrictions) that may affect your ability to safely wear a respirator?		☒	
4	Do you have any medical problems (for example, issues related to the heart, breathing problems, seizures, back problems, neck problems, medications, etc.) that may affect your ability to safely wear a respirator?		☒	
5	Do you have any medical problems that prevent you or may prevent you from working in a confined space?		☒	
6	Would you like to talk with a health professional regarding your health and respirator use?		☒	
This form will be forwarded to the healthcare provider who will perform your evaluation for respirator use fitness. If you answered "yes" or "not sure" to any of the questions, then you are prohibited from using a respirator until this evaluation is completed and approval is granted.				
Declaration: ABDUL WAJID MUHAMMAD SALEH (Print Name) Certify that to the best of my knowledge the above information supplied by me is true and correct.				
Signature: 		Date: 30-6-2024		



CR No. 1/042337
P.O. Box : 1167
Postal Code : 130



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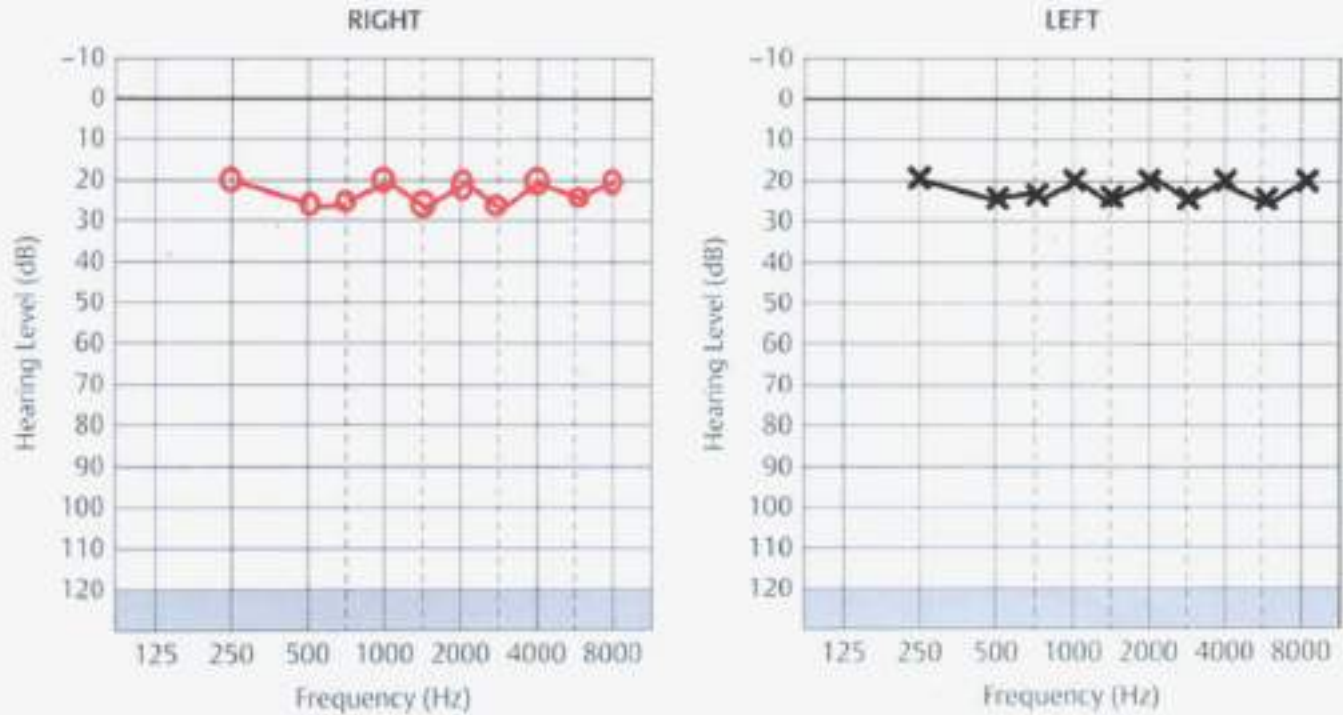
من ت رقم: ٤٢٣٣٧/١
ص. ب: ١١٦٧
الرمز البريدي: ١٣٠

Doctor / Audiologist: **DR RENISH RASHEED**

Address: **AZAIBA, MUSCAT**

Tel No: **24595956**

AUDIOGRAM



SYMBOL TABLE

	Right	Left
Air conduction, masked if necessary	●	×
Bone conduction, not masked		△
Bone conduction, masked	[	]
Uncomfortable loudness level	[	]

Patient's Name: **ABDUL WAJID MUHAMMAD SALEEM**

Age: **37** Date: **30-6-2024** Sex: **MALE**

Address:

Remarks: **NURMAC STUDY**

DR. RENISH RASHEED
MBBS
MOH Reg No 10699





Fitness to Work Certificate for drivers

Employee Data		Date 30/6/2024	
Name ABDUL WAJID MUHAMMAD SALEEM		Department/Company	
I.D No. 90245995	Age 37	Occupation DRIVER	
Type of Medical Evaluation		Mark those applying ✓	
A5- HVD- Crane or forklift driving & all heavy vehicles	☒	A7- Professional driving-light vehicles	☐
Health Advisor Statement: The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Operate Heavy motor vehicles, forklifts or heavy machinery			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Dr RENISH RASHEED Name of health advisor	 Signature	Date 30/6/2024	

DR. RENISH RASHEED
MBBS
MOH, Reg. No. 10699



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الإندماج للعناية الطبية
FUSION MEDICARE

س. ت. رقم: ٤٢٣٣٧/١
ص. ب: ١١٦٧
الرمز البريدي: ١٣٠

EYE REFRACTION REPORT

NAME: ABDUL WAJID

DATE: 30/6/2024

AGE: 37 SEX: MALE

NATIONALITY: PAKISTANI

COMPANY: _____

HOSPITAL NO: _____

	RIGHT EYE			LEFT EYE		
VISUAL ACUITY (Unaided)	6/6			6/6		
VISUAL ACUITY (With Correction)	—			—		
NEAR VISION (Unaided)	N/6			N/6		
NEAR VISION (With Correction)	—			—		
Wearing Spectacle	sph	cyl	axis	sph	cyl	axis
Contact Lens Power	↖			↖		
Dist						
Near-Add						
Color Vision	Normal Study			Normal Study		

IMPRESSION: Normal Study

MOH No.....

DOCTOR SIGNATURE
& SEAL


DR. RENISH RASHEED
MBBS
MOH, Reg. No. 10699



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الإندماج للعناية الطبية
FUSION MEDICAL

س. ت. رقم ١٠/٤٢٣٣٧-
ج. ب. ١١٦٧
الرمز البريدي: ١٣٠

الطابق الأرضي ، بناية المعمور ، مبنى 1542 ، طريق رقم 319 ، غلا ، شارع جامع الأكبر ، العذبية
Ground floor, Al Mamour Building, Building.1542, Way No.319, Al Jami Al Akbar St, Azaiba

Patient	:ABDUL WAJID MUHAMMAD SALEEM	Result_Date	:2024-06-30
Age/Sex	:37 Y/M	Doctor	:RENISH RASHEED
IP/OP No	:117041	Lab_id	:5270

Test Name	Result	Normal Range
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PDO MEDICAL - A

RANDOM BLOOD GLUCOSE	5.07 mmol/L	4.1 - 7.7
CHOLESTEROL TOTAL	4.12 mmol/L	< 5.2
TRIGLYCERIDES	1.23 mmol/L	< 2.3
HDL CHOLESTEROL	1.35 mmol/L	> 0.9 (Male) > 1.15 (Female)
LDL CHOLESTEROL	2.23 mmol/L	< 2.59
BLOOD UREA	3.69 mmol/L	2.8 - 7.2
CREATININE	90.3 umol/L	60-110 (Male) 45-90 (Female)
URIC ACID	290.5 umol/L	214-456
BILIRUBIN (TOTAL)	7.58 umol/L	2-21
SGPT(ALT)	30.5 U/L	Upto 40
SGOT(AST)	25.5 U/L	Upto 40
ALKALINE PHOSPHATASE (ALP)	104.5 U/L	30-120
GAMMA GTT	47.9 U/L	< 49 (Male) < 32 (Female)
ESR	5.0 mm/hr	0-10 (Male) 0-20 (Female)
SICKLING TEST	NEGATIVE	NEGATIVE

URINE ANALYSIS

COLOR	YELLOW	
SP GRAVITY	1.020	1.010-1.030
PH	6.0	Alkaline
PROTEIN	NIL	NIL
SUGAR	NIL	NIL
KETONE	NIL	NIL
Billrubin	NIL	NIL
UROBILINOGEN	NIL	NIL
PUS CELLS	2-3 /hpf	
RBCs	NIL / hpf	Nil
- CRYSTALS	NIL	NIL
CAST	NIL	NIL

STAMP



JAINAMNA BOBAN
Lab Technician
M.G.H. No. 005
LAB TECHNICIAN

Fusion Medicare Polyclinic Analysis Report

Mode: Whole Blood+CBC+SDiff

Name: ABDUL WAJID

ID: 0000004

Dept.:

Blood type:

Gender: Male

Age: 37Y

Time: 06/30/2024 12:09

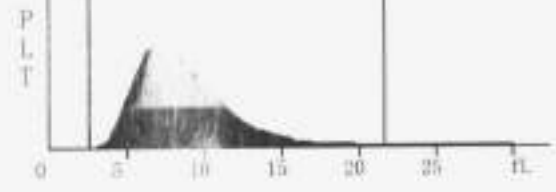
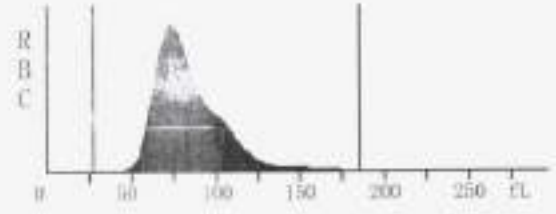
Bed No.:

Case ID:

group: Male

Print Time: 06/30/2024 12:10

Param.	Result	Unit	Range
WBC	4.49	10 ⁹ /L	3.50-9.50
LYM%	38.21	%	20.00-40.00
MON%	10.76 ↑	%	3.00-10.00
NEU%	47.30 ↓	%	50.00-70.00
EOS%	3.71	%	0.50-5.00
BASO%	0.02	%	0.00-1.00
LYM#	1.715	10 ⁹ /L	0.800-4.000
MON#	0.483	10 ⁹ /L	0.120-1.200
NEU#	2.126	10 ⁹ /L	2.000-7.000
EOS#	0.166	10 ⁹ /L	0.020-0.500
BASO#	0.000	10 ⁹ /L	0.000-0.100
RBC	5.67	10 ¹² /L	4.30-5.80
HGB	14.6	g/dL	12.0-17.5
HCT	45.2	%	40.0-50.0
MCV	79.8 ↓	fL	82.0-100.0
MCH	25.7 ↓	pg	27.0-34.0
MCHC	32.3	g/dL	31.6-35.4
RDW_CV	13.7	%	11.5-14.5
RDW_SD	39.1	fL	37.0-54.0
PLT	265	10 ⁹ /L	125-350
MPV	7.5	fL	7.4-10.4
PDW	10.4	fL	10.0-14.0



JAINAMMA BOBAN
Lab Technician
M.O.B. No. 111

Sender:

Operator: administrator

Auditor:

This result is valid only for current sample