



Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname		Al. bulushi	
Forenames		Abdul Waheed Mohamed	
Address			
Home telephone number		99355512	
Place of examination	NMC hoi	Date	15.06.2025
If a dependant enter employee's name here:			
Surname:		Forenames: Abdul Waheed Mohamed	
Birth date:	Nationality: Omani	Country of birth:	Religion: Muslim
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated /Divorced	Relationship to employee	
		☐ Wife ☐ Son ☐ Daughter	
Reason for examination		Number of children:	
Pre-Employment ☐ Job: Assistant SV.			
Pre-Overseas ☐ Area:			
Name and address of family doctor		List your last 3 jobs	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
Y N		Y N	
1. Sinus trouble		21. Cancer	
2. Neck swelling/glands		22. Heart Disease	
3. Difficulty in vision		23. Rheumatic fever	
4. Any ear discharge		24. Abnormal heartbeat	
5. Asthma/bronchitis		25. High blood pressure	
6. Hayfever /other significant allergy		26. Stroke	
7. Any skin trouble		27. Serious chest pain	
8. Tuberculosis		28. Any blood disease	
9. Shortness of breath		29. Kidney disease	
10. Coughed/vomited blood		30. Blood in urine	
11. Severe abdominal pain		31. Diabetes	
12. Stomach ulcer		32. Headaches/migraine	
13. Recurrent indigestion		33. Dizziness/fainting	
14. Jaundice or hepatitis		34. Epilepsy	
15. Gall Bladder disease		35. Joints/spinal trouble	
16. Marked change in bowel habits		36. Surgical operation	
17. Blood in stools (motions)		37. Serious accident/fracture	
18. Marked change in weight		38. Tropical disease	
19. Varicose veins		39. Fear of heights	
20. Lump in breast/arm/pit			
How much tobacco each day? No		Average daily alcohol consumption No	
Have you ever taken illicit drugs? No PDO test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes (✓) Tuberculosis (✓) Epilepsy (✓) Asthma (✓) Eczema (✓)			
Father. Heart disease (✓) High blood pressure (✓) Stroke (✓) Blood Disease (✓) Cancer (✓)			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of the medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 15.06.2025		Signature of Applicant:	





FOR	COMPLETION	BY	EXAMINING	DOCTOR	OR	NURSE
Further details of medical history and recreational activities						
DMII → Metformin 1000mg Bst / Diamin 60mg OD / Januvia 100mg HTN → Lisinopril 10mg Bst HLP → Atorvastatin 40mg HS						
N = Normal A = Abnormal (please describe)			PHYSICAL EXAMINATION			
N	A					
/		1. Eyes & Pupils				
/		2. E.N.T.				
/		3. Teeth & Mouth				
/		4. Lungs & Chest				
/		5. Cardiovascular System				
/		6. Abdo. Viscera				
/		7. Hemial Orifices				
/		8. Anus & Rectum				
/		9. Genito-urinary				
/		10. Extremities				
/		11. Musculo-skeletal				
/		12. Skin & Varicose Vns.				
/		13. C.N.S.				
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING L N R N	VISION DISTANT NEAR Uncorrected Corrected
171.5 cm	135.1 kg	45.9	168 101	95 R		Colour Vision N Blood Group
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N A
		1. Urinalysis				7. Audiogram
		2. Hb, Bloodcount, ESR				8. Lung Function
		3. LFT, RFT, RBS				9. Chest X-Ray
		4. Drug Screen				10. ECG
		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
		6. Sickle Cell test				12. HIV, Hepatitis screening
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)						
morbid obesity.						
ASSESSMENT:						
☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT						
						
						
						
						



DEPARTMENT OF LABORATORY MEDICINE

File No: 50101956 Report No: 0156014
 Name: ABDULWAHEED MOHAMED HASAN AL BULUSHI Sample Date: 15/06/2025 Time: 8:38
 Address: Received By:
 Gender: M Age: 55 Y Nationality: OMANI Received Date: Time:
 GSM No.: 99355512 ID Card No.: 1468152 Report Date: 15/06/2025 Time: 10:57
 Ref. By: DR ERFAN GHODJANI Bill No: 0377100 Bill Date: 15/06/2025
 Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE
URINE PH	6.5	4.6-8.0
SPECIFIC GRAVITY	1.030	1.010-1.030
BLOOD	NEGATIVE	NEGATIVE
UROBILINOGEN	NORMAL	NORMAL
URINE MACROSCOPY		
COLOUR	YELLOW	
APPEARANCE	CLEAR	
URINE MICROSCOPY		
RBC	NIL /hpf	0-3
PUSCELLS	2-3 /hpf	0-5
EPITHELIAL CELLS	0-2 /hpf	NIL
CRYSTAL	NIL /hpf	NIL
CAST	NIL /hpf	NIL
BACTERIA	NIL	
MUCOUS THREAD	NIL	
CHEST X RAY PA		
ECG		
LIPID PROFILE		
TOTAL CHOLESTEROL	5.29 mmol/L	< 5.18 mmol/L
HDL	1.42 mmol/L	>1.5 mmol/L
TRIGLYCERIDES	1.17 mmol/L	Desirable : <2.083 mmol/L Boderline high : 2.83 - 5.67 mmol/L Hypertriglyceridemia >5.65 mmol/L
LDL	3.59 mmol/L	< 2.6 mmol/L
VLDL	0.53 mmol/L	0.128-0.645mmol/L

Verified By:

10589

Lab Technologist

MOH License No: 17976

Electronically signed at: 6/15/2025 11:13:00

Approved By:

DR ROSE MARY

Specialist Pathologist

MOH License No: 18178

Electronically signed at: 15/06/2025 11:22:00

Printed at: 15/06/2025 11:31:02 AM

Page: 2 of 3



nmc specialty hospital
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NMC Healthcare LLC

Elegant Medical Centre 1599137

Tax Card No: 255 28063 318

Building No: 812 / Al Hail / Hail

Plot No: 255 28063 318

Building No: 812 / Al Hail / Hail

Building No: 812 / Al Hail / Hail

Building No: 812 / Al Hail / Hail

Building No: 812 / Al Hail / Hail

Building No: 812 / Al Hail / Hail

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Building No: 812 / Al Hail / Hail



DEPARTMENT OF LABORATORY MEDICINE

File No:	50101956	Report No:	0156014				
Name:	ABDULWAHEED MOHAMED HASAN AL BULUSHI	Sample Date:	15/06/2025	Time:	8:38		
Address:		Received By:					
Gender:	M	Age:	55 Y	Received Date:		Time:	
Nationality:	OMANI	Report Date:	15/06/2025	Time:	10:57		
GSM No.:	90355512	Bill No:	0377100	Bill Date:	15/06/2025		
ID Card No.:	1468152	Report Status:	Final				
Ref. By:	DR ERFAN GHOODJANI						

INVESTIGATION	RESULT	REFERENCE RANGE
PDO PACKAGE ABOVE 40 YEARS		
RANDOM BLOOD SUGAR	8.25 mmol/L	4.11 -7.9mmol/L
CREATININE	64.00 μ mol/L	Adults: MALE: 62 – 106 μ mol/L FEMALE: 44 - 80 μ mol/L
SGPT (ALT)	22.00 U/L	MALE : up to 41 U/L, FEMALE : up to 33 U/L.
TOTAL WBC COUNT	7.84 x 10 ³ / μ L	4.00-11.00 x 10 ³ / μ L
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	57.98 %	40-75%
LYMPHOCYTE (%)	33.04 %	20-45%
MONOCYTE (%)	6.27 %	2-8%
EOSINOPHIL (%)	1.58 %	1-6%
BASOPHIL (%)	1.13 %	0-1%
ERYTHROCYTE SEDIMENTATION RATE	25 mm/1st hr	MALE:0-15 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
HAEMOGLOBIN	14.02 gm/dl	Male : 13 -18 gm/dl Female:11-15 gm /dl childrens upto 1year-11.0 - 13.0 gm /dl upto12years-11.5 - 14.5 gm /dl cord blood:13 -19.5 gm /dl
SICKLE CELL	NEGATIVE.	
Method : Solubility test (If Positive , Hb Electrophoresis / HPLC to be done to confirm Sick cell anaemia / Trait).		
URINE ROUTINE		
URINE BIOCHEMISTRY		
URINE GLUCOSE	NEGATIVE	NEGATIVE
URINE PROTEIN	NEGATIVE	NEGATIVE
URINE KETONE	NEGATIVE	NEGATIVE

Verified By:

Approved By:

10589

DR ROSE MARY

Lab Technologist

Specialist Pathologist

MICH License No: 17976

MOH License No: 18178

Electronically signed at: 8/15/2025 11:13:00

Electronically signed at: 15/06/2025 11:22:05

Printed at: 15/06/2025 11:31:02 AM

Page: 1 of 3



NASC Healthcare LLC
Elegant Medical Center, 1400112
Box 20, 214 2nd Ave, 214
Tax ID No. 14-049797
Building No. 112 14-049797
Pic No. 214 2nd Ave, 214
Building No. 112 14-049797
T: (408) 7426 9222
F: (408) 7426 9388
www.nasc.com 214 2nd Ave, 214



nmc specialty hospital,al-hail

P.O BOX : 613, Postal Code : 133
al-hail
24269222

Fitness Certificate

Empno:

Date of issue : 15/06/2025

Ref No : 0000022/FIT/NMC/2025

This is to certify that Mr. / Mrs. *ABDULWAHEED MOHAMED HASAN AL BULUSHI* with file no *50101956* and

Resident card no. *1468152* was Examined at *nmc specialty hospital,al-hail* on *15/06/2025* and will be *FIT TO WORK* from the medical point of view starting from *15/06/2025*

DIAGNOSIS

Remarks

TMT: NEGATIVE FOR ISCHEMIA

DR ERFAN GHOODJANI

Place: *nmc specialty hospital,al-hail*

Signature

DR ERFAN GHOODJANI
Sp. med. - Cardiology
MOH. H. No. 21459
nmc specialty hospital, Al-Hail



(Hospital Seal)

ABDUL WAHEED M HASAN AL BALUSHI
30/10/1976
Bosnia

Exam Start: 6/13/2025 10:41:00 AM
Print Time: 6/13/2025 10:41:18 AM
Date of Birth:
Gender:

00:18 Prc Exc

--- MPH
--- %

RATE 100
BP ---/---



ID: 50101956

Second ID:

Admission ID:

Date of Birth:

Height: 174 cm

Gender: Unknown

Age: 55 Years

Weight: 124 kg

Race: Unknown

Indications
test:Medications
Antihypertensive, ANTI DIABETICS, Anticholesterol

Referring Physician: DR. ERFAN

Location: NMC AL HAIL

Procedure Type: TMT

Attending Phys: DR. ERFAN

Target HR: 140 bpm (85%)

Reasons for end: Target HR

Technician: ANEESH

Max HR(%MPHR): 178 bpm (100%)

Symptoms: NO CHEST PAIN

Diagnosis

Notes

Conclusions

The patient was tested using the Bruce protocol for a duration of 07:18 min:ss and achieved 9.2 METs. A maximum heart rate of 178 bpm with a target predicted heart rate of 127% was obtained at 07:20. A maximum systolic blood pressure of 211/74 was obtained at 09:55 and a maximum diastolic blood pressure of 178/94 was obtained at 03:16. A maximum ST depression of -1.8 mm in aVR occurred at 09:00. A maximum ST elevation of +1.9 mm in II occurred at 08:30. The patient reached target heart rate with appropriate heart rate and blood pressure response to exercise. No significant ST changes during exercise or recovery. No evidence of ischemia. Normal exercise stress test.

Reviewed by:

UNCONFIRMED REPORT

Signed by:

Date:



Summary

Exercise Time: 07:18
Leads with 100uV ST: I, II, aVR, aVF, V1, V2, V3, V4, V5, V6
PVCs: 0
Duke Treadmill Score: 1

Max Values

Speed 3.4 MPH
Grade 14 %
METs: 9.2
HR+BP: 314/80 BPM + mmHg
ST/HR Index: 0.56 uV/bpm in III at 06:40

Max ST

ST elevation: 1.9 mm in II at 08:30
ST depression: -1.8 mm in aVR at 09:00

Max ST Changes

ST elevation change: 1 mm in II at 08:30
ST depression change: -1.2 mm in II at 07:20

STAGE SUMMARY

ST measurement based on J+60ms

	Speed (MPH)	Grade (%)	HR (BPM)	BP (mmHg)	METs	HR+BP	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
START EXE	0.0	0.0	106	-	1.3	-	1.2	0.9	-0.3	-1.2	0.7	0.3	-0.8	1.2	0.5	0.8	0.8	0.8
STAGE 1	EXE 03:00	1.7	10.0	132	4.7	-	1.1	1	-0.1	-1.1	0.6	0.4	-0.6	1.1	0.6	0.9	0.8	0.7
BP	EXE 03:16	2.5	12.0	134	5.0	238/94	1	0.9	-0.1	-1.1	0.5	0.4	-0.6	1	0.6	0.9	0.8	0.7
BP	EXE 05:41	2.5	12.0	157	7.1	200/73	0.8	0.7	-0.1	-0.9	0.4	0.3	-0.5	0.7	0.4	0.5	0.6	0.6
STAGE 2	EXE 06:00	2.5	12.0	157	7.1	314/80	0.8	0.7	-0.1	-0.9	0.4	0.3	-0.5	0.8	0.5	0.8	0.8	0.7
Treadmill Stopped	EXE 07:14	0.0	0.0	176	9.2	-	0.2	-0.2	-0.4	-0.1	0.3	-0.3	-0.2	0.3	0	-0.2	-0.2	-0.2
Peak	EXE 07:10	0.0	0.0	176	9.2	-	0.2	-0.2	-0.4	-0.1	0.3	-0.3	-0.2	0.3	0	-0.2	-0.2	-0.2
BP	REC 02:37	0.0	0.0	123	4.4	259/83	1.2	1.6	0.3	-1.5	0.4	0.9	-1	1	0.9	1.3	1.1	1
BP	REC 03:41	0.0	0.0	116	2.6	166/77	0.7	1	0.2	-0.9	0.2	0.6	-0.6	0.5	0.4	0.6	0.6	0.6
BP	REC 04:39	0.0	0.0	113	1.0	165/85	0.6	0.5	-0.1	-0.6	0.3	0.1	-0.5	0.2	0	0.2	0.2	0.3
BP	REC 05:44	0.0	0.0	111	1.0	163/80	0.7	0.5	-0.2	-0.7	0.4	0.1	-0.6	0.2	0	0.2	0.3	0.3
END REC	REC 05:46	0.0	0.0	111	1.0	-	0.7	0.5	-0.2	-0.7	0.4	0.1	-0.6	0.2	0	0.2	0.3	0.3



AUDIOMETRY REPORT

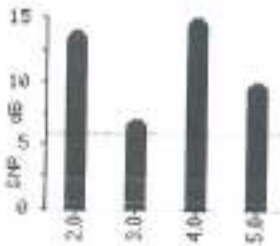
Name of the Patient Abdulwaheed Mohammed Hasan Al Balus

U107.05
15-JUN-25 09:37
DP 2s 2 sec avg
SN: G11005649 G12014595

Sex M MRN 50101956 Date of Test 15/6/25

NAME:

Left: Pass

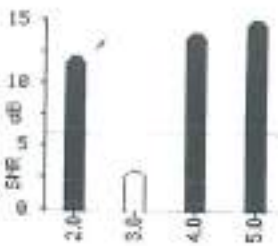


F2	L1	L2	DP	NF	SNR	P
2.0	65	55	0	-14	14	P
3.0	65	55	-12	-19	7	P
4.0	65	55	-4	-19	15	P
5.0	65	55	-7	-17	10	P

U107.05
15-JUN-25 09:37
DP 2s 2 sec avg
SN: G11005649 G12014595

NAME:

Right: Pass



F2	L1	L2	DP	NF	SNR	P
2.0	65	55	-2	-14	12	P
3.0	65	55	-17	-20	3	P
4.0	64	56	-4	-18	14	P
5.0	65	55	-5	-20	15	P



[Handwritten Signature]

Signature of the Technician

Pulmonary Function Report

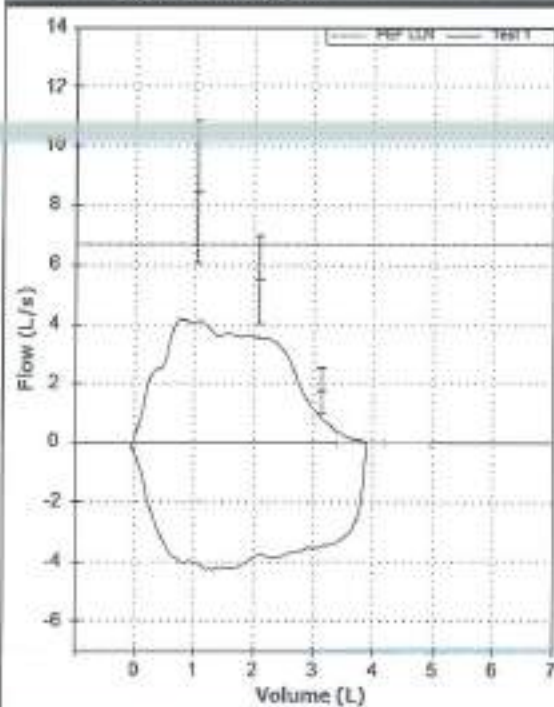
Subject Information

ID:	2025168_094131553	Alternate ID:	50101956		
Last Name:	Al Bulushi	First Name:	Abdulwaheed	Middle Name:	Mohammed Hasan
Population:	MIDDLE EAST	Gender:	Male	Date of Birth:	30/12/1969
Age:	55	Height:	171 cm	Weight:	135.1 kg
BMI:	46.2	Smoking:	Non Smoker		

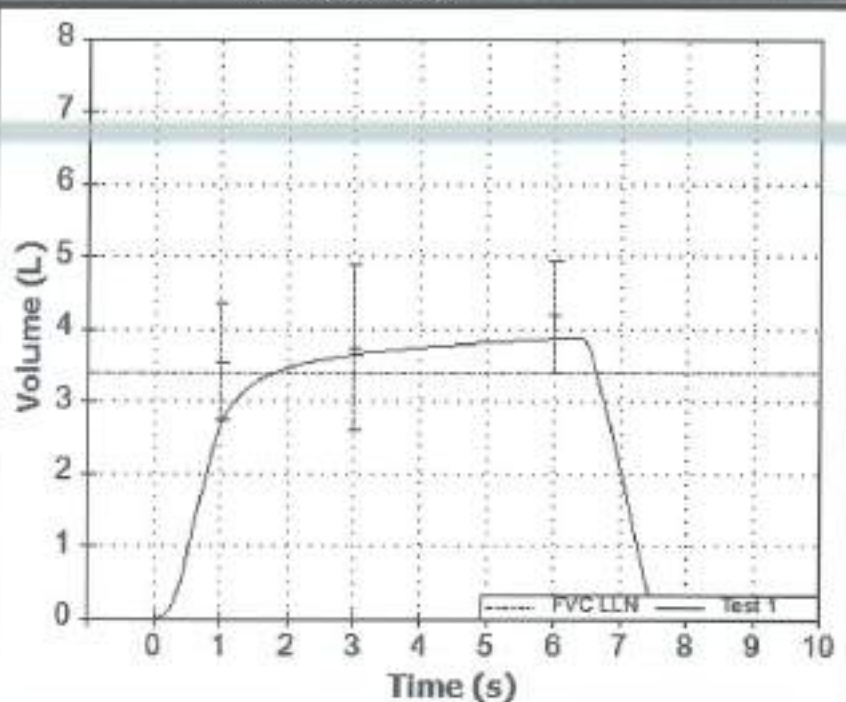
Test Session Information

Test Date:	15/06/2025 09:43	Device:	ALPHA Touch	Serial Number:	32166
No. of Tests:	3	Accuracy Chk:	30/05/2019 15:42	User:	Administrator
Pred. Values:	Golshan	Pred. Factor:	100%	Posture:	Sitting

Flow/Volume Graph



Volume/Time Graph



Results

Parameter	Pred	LLN	Best	% Pred.	Z-Score
FVC (L)	4.18	3.41	3.88	93	-0.64
FEV1 (L)	3.55	2.75	3.09	87	-0.94
FEV1 Ratio	0.77	0.66	0.78	101	0.15
FEV6 (L)	4.18	3.41	3.88	93	-0.64
PEF (L/min)	571	400	252*	44	-3.06
FEF25-75 (L/s)	4.29	3.22	3.15*	73	-1.75

Values at BTPS, *Below lower limit of normality (LLN)

Session Quality and Repeatability Information

FVC Session Grade	FVC Rep:	FEV1 Rep:	Slow Start of test	End of test criteria not achieved	Cough detected in 1st second
D	-	-	1 blow(s)	0 blow(s)	0 blow(s)

Computer Suggested Interpretation

Computer interpretations cannot be relied upon for diagnosis. Normal ventilatory functions.

Reference Pictogram

Parameter	Z-score (approx.)
FVC	+1.5
FEV1	+0.5
FEV1 Ratio	+1.0





nmc specialty hospital, al-hail

P.O BOX : 613, Postal Code : 133 al-hail Sultanate of Oman

SI No: 47089	Bill Date: 15/06/2025	Report Date :15/06/2025 11:02:12
Patient Name: ABDULWAHEED MOHAMED HASAN AL BULUSHI	Reg No: 50101956	
Age: 55Y	Gender: Male	Nationality: OMAN Phone:
Address:		
Company: TRUCKOMAN SOUTH LLC	Policy No:	
Certificate No:		
Region: CHEST X RAY PA		
Referred Doctor:	Consultant Name: DR ERFAN GHODJANI	

CHEST X RAY PA

Expiratory film.

Both lung fields are clear.

Bilateral CP angles are clear

Cardiac silhoutte appears normal .

Both domes of diaphragm are normal.

Bony thorax appears normal

Impression:

- No parenchymal abnormality.

Suggested clinical correlation

15/06/2025 11:00:26

Elegant Medical Center LLC

Plot No: 294, Block: 316, Building No: 812, Al Hail North, Sultanate of Oman
T: (+968) 2426 9222, F: (+968) 2426 9288, E: nmc.hail@nmcoman.com

Disclaimer : This is an electronically generated report and does not require a doctor's signature

DR ANAMIKA CHATURVEDI

Radiology

MOH License No: 7709

Framingham Risk Score (2008)

Questions

- | | |
|--|------------------|
| 1. Gender? | Male |
| 2. Age? | 55-59 |
| 3. Total Cholesterol? | 5.16-6.19 mmol/L |
| 4. HDL? | 1.36-1.59 mmol/L |
| 5. Systolic Blood Pressure? | ≥160 mmHg |
| 6. On Medication for Hypertension? | Yes |
| 7. Smoker? | No |
| 8. Diabetic? | Yes |
| 9. Known Vascular Disease (CAD, PVD, S...) | No |

About

The FRS estimates the 10 year risk of manifesting clinical CVD (CAD, Stroke, PVD, CHF, cardiac death). Although not examined in the 2008 model, it is common practice to double the FRS if there is a FHx of premature CAD in a 1st degree relative (men <55y, women <65y).

*The risk stratification tool for the ESC is the SCORE system which estimates 10y risk of CVD death. Patients with a 10y risk of CVD death ≥5% are considered high risk. The lipid guidelines recognise risk equivalents as a distinct category that warrant immediate treatment. For patients with an ESC SCORE ≥ 5% a 3 month trial of lifestyle measures is a reasonable starting point. If after 3 months the lipids remain above moderate risk targets and the SCORE remains ≥ 5% then intensive therapy to reach high risk targets is recommended.

References

Ralph E. D'Agostino, Sr, Ramachandran S. Vasan, Michael J. Pencina, Philip A. Wolf, Mark Cobain, Joseph M. Massaro and William B. Kannel.

General cardiovascular risk profile for use in primary care: the Framingham Heart Study.

Circulation 2008 February 12, 117 (6): 743-53

McPherson R et al.

Canadian Cardiovascular Society position statement—recommendations for the diagnosis and treatment of dyslipidemia and prevention of cardiovascular disease.

Canadian Journal of Cardiology 2006, 22 (11): 913-27

Management of Blood Cholesterol in Adults: Systematic Evidence Review from the Cholesterol Expert Panel.

Jon Graham et al.

European guidelines on cardiovascular disease prevention in clinical practice: executive summary. Fourth Joint Task Force of the European Society of Cardiology and Other Societies on Cardiovascular Disease Prevention in Clinical Practice (Constituted by representatives of nine societies and by invited experts).

European Heart Journal, Volume 28, Issue 19, October 2007, Pages 2375-2414

The Framingham Risk Score (2008) calculator is created by QxMD.

Results

Estimated 10 year Global CVD Risk

>30%*

Risk Category

High Risk*

Estimated Vascular Age

>80 Years*

*Due to this patient being diabetic, they are placed in the High Risk Category and should be treated based on the following guidelines.

Treatment Guidelines

ATP-III (2004)

Treatment Targets

LDL <100 mg/dL (<2.59 mmol/L)

Non-HDL <130 mg/dL (<3.37 mmol/L)

CCS (2009)

Treatment Targets

LDL <2 mmol/L (<77 mg/dL) or ≥50 % decrease in LDL C

apoB <0.8 g/L (80 mg/dL)

ESC (2007, see info for more)

Treatment Targets

LDL <2.5 mmol/L (<80-100 mg/dL)

TChol <4.5 mmol/L (<155-175 mg/dL)

Created by QxMD



