

Medical Fitness Certificate

Name of the Examined employee: DIPTY SINGH

Age: 31

ID NUMBER:

Job Title:

Date of Medical Examination: 26.02.2024

Examining Physician:

Medical Centre: APOLLO HOSPITAL MUSCAT

Company:

Assessment Result:

Fit to work without restrictions

This Certificate is valid for 3 years from the date of medical examination

Fitness Classifications:

- Fit to work without restrictions
- Fit to work with restriction
- Unfit to work Temporarily or Definitely

Restrictions List:

- R1: Unfit to work offshore, on marine vessels and in remote locations.
R2: Unfit for Lifting and strenuous efforts.
R3: Unfit to work in certain countries, check with geomarkethealth advisor.
R4: Unfit to work in jobs requiring precise color vision.
R5: Unfit to work in job with high level of noise.
R6: Unfit to work in high risk of malaria countries.
R7: Unfit to work in extreme heat.
R8: Unfit to work in extreme cold.
R9: Contact Geomarket health advisor/international medical coordinator – there exist specific restriction.
R10: Unfit to work for a temporarily of time until further notice.
R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
R13: Unfit to drive company vehicle.
R14: Unfit to fly long haul flights.
R15: Unfit to work in heights and confined spaces.

Examining Physician Stamp and signature

Hospital/Clinic Seal


Dr. REHMAT MANSOOR SOLANKI
MEDICAL OFFICER
MOH Licence No.: 14330
APOLLO HOSPITAL MUSCAT



CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med-check History Form		Name:	Dipaty Singh		
		GIN #	104602-441		
Place of examination	Date	Mobile #			
Apollo Hospital	26-02-2024	95951504			
Age: 31	Nationality: Indian	Blood Group			
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced	Number of children:			
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
	Y	N		Y	N
1. Sinus trouble		☒	21. Cancer	☒	
2. Neck swelling/glands		☒	22. Heart Disease	☒	
3. Difficulty in vision		☒	23. Rheumatic fever	☒	
4. Any ear discharge		☒	24. Abnormal heartbeat	☒	
5. Asthma/bronchitis		☒	25. High blood pressure	☒	
6. Hayfever /other significant allergy		☒	26. Stroke	☒	
7. Any skin trouble		☒	27. Serious chest pain	☒	
8. Tuberculosis		☒	28. Any blood disease	☒	
9. Shortness of breath		☒	29. Kidney disease	☒	
10. Coughed/vomited blood		☒	30. Blood in urine	☒	
11. Severe abdominal pain		☒	31. Diabetes	☒	
12. Stomach ulcer		☒	32. Headaches/migraine	☒	
13. Recurrent indigestion		☒	33. Dizziness/fainting	☒	
14. Jaundice or hepatitis		☒	34. Epilepsy	☒	
15. Gall Bladder disease		☒	35. Joints/spinal trouble	☒	
16. Marked change in bowel habits		☒	36. Surgical operation	☒	
17. Blood in stools (motions)		☒	37. Serious accident/fracture	☒	
18. Marked change in weight		☒	38. Tropical disease	☒	
19. Varicose veins		☒	39. Fear of heights	☒	
20. Lump in breast/arm/pit		☒		☒	
How much tobacco each day?	N/A		Average daily alcohol consumption	N/A	
Have you ever taken illicit drugs? ☒					
FAMILY HISTORY: Diabetes ☒ Tuberculosis ☒ Epilepsy ☒ Asthma ☒ Eczema ☒ Heart disease ☒ High blood pressure ☒ Stroke ☒ Blood Disease ☒ Cancer ☒					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:- I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company's Doctors, and the details sent to them by the examining Doctor.					
Date: 26-02-2024					
Signature of Applicant: 					

PHYSICAL EXAMINATION IF ABNORMAL, PLEASE DETAIL

Visual Fields:		Color Vision:	(D)	
Speech:		Whisper test:		
Near Vision Right eye:	21/6	Near Vision Left eye:	21/6	
Distant Vision Left eye:	6/6	Distant Vision Right eye:	6/6	
Height: 184 cm	Weight: 67 kg	BMI: 19.79	BP: 120/80	Pulse: 86N
Body System/Organ	N	A	Abnormality if any	
Eyes and pupils	✓			
Ear/nose/throat	✓			
Teeth and mouth	✓			
Lungs and chest	✓			
Cardiovascular	✓			
Abdomen	✓			
Hernial orifices	✓			
Anus and rectum	✓			
Genito-urinary	✓			
Extremities	✓			
Musculoskeletal	✓			
Skin/varicose viens	✓			
Neurological	✓			
Mental fitness	✓			
Breast				

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

Name: <u>Dipty Singh</u>	Age: <u>31</u>	Sex: <u>M</u>	Company:	GIN:
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Past Medical History: <u>Nil</u>	Blood Group: <u>A positive</u>
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Allergies: <u>Nil</u>

Vaccination	Date of Initial Injection	Booster Due Date
Hepatitis A:		
Hepatitis B:		
Typhoid Fever		
Influenza		

Tests Results	
Audiogram:	<u>Normal</u>
DSU 5 Panel	<u>Negative</u>

ECG:	<u>WNL</u>
Chest X-Ray	<u>WNL</u>

Blood Investigations:					
RBCs	<u>5.35</u>	4.20-5.90 X10 ⁹ /UL	SGOT	<u>32.40</u>	Male: 10-50 Female: 10-35 U/L
WBCs	<u>9.82</u>	4.0-11.0 X10 ⁹ /UL	SGPT	<u>75.80</u>	Male: Up to 41 Female: 10-35 U/L
NEUTRO	<u>63.40</u>	37-72%	GGT	<u>45.90</u>	0-50 U/L
EOSINO	<u>3.80</u>	0-6%	FBS:	<u>90.60</u>	80-110 mg/dl
BASO	<u>0.60</u>	0-1%	CHOLESTEROL:	<u>115.30</u>	Up to 200 mg/dl
LYMPHO	<u>22.50</u>	10-28%	HDL	<u>48.70</u>	20-60 mg/dl
MONO	<u>9.70</u>	0-14%	LDL	<u>59.44</u>	Up to 130 mg/dl
HEMATOCRIT	<u>49.10</u>	37-51%	TRIGLYCERIDES	<u>35.80</u>	35-175 mg/dl
HEMOGLOBIN	<u>17.20</u>	Male: 13.8-18.0 Female: 11.5-16.0 g/dl	CREATININE	<u>0.84</u>	Male: 0.7-1.2 mg/dl Female: 0.6-0.9 mg/dl
ESR	<u>04</u>	Male: 0-10 mm/hr Female: 0-20 mm/hr	URIC ACID	<u>Serum - Ny</u>	Male: 3.5-7.7 mg/dl Female: 2.6-6.5 mg/dl

Urine Analysis			
Blood	<u>Negative</u>	Sugar	<u>Negative</u>
Albumin	<u>Negative</u>	Others	<u>Normal</u>

Stool Analysis			
Parasites	<u>Normal</u>	Blood:	<u>Normal</u>

Comments	<u>Gilbert Syndrome</u> <u>Raised ALT (USG Abdomen - NAD)</u>
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Examining Physician:

Hospital/Clinic Seal

Dr. REHMAT MANSOOR SOLANKI
MEDICAL OFFICER
M.D. Licence No.: 14330
APOLLO HOSPITAL MUSCAT

Schlumberger-Private



DEPARTMENT OF LABORATORY SERVICES

File No: 0404613	Report No: 0594116
Name: DIPTY SINGH	Sample Date: 26/02/2024 Time: 6:35
Address:	Received Date: 26/02/2024 Time: 7:11
Gender: M Age: 31 Y Nationality: INDIAN	Report Date: 26/02/2024 Time: 07:41
GSM No.: 95951504 ID Card No.: 104602441	Bill No: 1211587 Bill Date: 26/02/2024
Doctor: DR FAROOQ	Company: TRUCK OMAN EQUIPMENT RENTAL LLC

INVESTIGATION	RESULT	REFERENCE RANGE
TRUCK OMAN PRE-EMPLOYMENT CHECK UP		
Fasting Blood Glucose	90.60 mg/dL ✓	Normal: <100 mg/dl Prediabetes: 100-125 mg/dl Diabetes: 126 mg/dl or higher
ESR	04 mm/hr ✓	Male : 0-10 mm/hour Female: 0-20 mm/hour
S.Creatinine	0.84 mg/dL ✓	Male : 0.7 - 1.2 mg/dl Female : 0.5 - 0.9 mg/dl
Sickle cell Screen test	Negative ✓	
CBC		
WBC COUNT	9.82 $10^3/\mu\text{L}$	4.0-11.0 $\times 10^3/\text{mm}^3$
RBC	5.35 $10^6/\mu\text{L}$	4.20 - 6.30 $10^6/\mu\text{L}$
HGB	17.20 g/dl	male 13.5 -18.0 g/dl female 11.5 -16.0 g/dl
HCT	49.10 %	37.0 - 51.0 %
MCV	91.80 fL	80.0 - 97.0 fL
MCH	32.10 pg	26.0 - 32.0 pg
MCHC	35.00 g/dL	31.0 - 36.0 g/dL
RDW	13.10 %	11.0 - 14.5 %
NEUT#	6.23 $10^3/\mu\text{L}$	1.50 - 7.00 $10^3/\mu\text{L}$
LYMPH#	2.21 $10^3/\mu\text{L}$	0.60 - 4.10 $10^3/\mu\text{L}$
MONO#	0.95 $10^3/\mu\text{L}$	0.00 - 0.70 $10^3/\mu\text{L}$
EOS#	0.37 $10^3/\mu\text{L}$	0.00 - 0.40 $10^3/\mu\text{L}$
BASO#	0.06 $10^3/\mu\text{L}$	0.00 - 0.10 $10^3/\mu\text{L}$
NEUT%	63.40 % ✓	37.0 - 72.0 %

Reported By:

SOUMYA

Lab Technologist

Moh Licence No : 20164

Printed at: 26/02/2024 10:45:21 AM

Verified By:

Dr. Mohammed Atif Syed
Specialist Pathologist

MOH License No: 20491

Page : 1 of 5

DEPARTMENT OF LABORATORY SERVICES

File No: 0404813
Name: DIPTY SINGH

Address:

Gender: M Age: 31 Y Nationality: INDIAN
GSM No.: 95951504 ID Card No.: 104602441
Doctor: DR FAROOQ

Report No: 0594116
Sample Date: 26/02/2024 Time: 6:35
Received Date: 26/02/2024 Time: 7:11
Report Date: 26/02/2024 Time: 07:41
Bill No: 1211587 Bill Date: 26/02/2024
Company: TRUCK OMAN EQUIPMENT RENTAL LLC

INVESTIGATION RESULT REFERENCE RANGE

LYMPH%	22.50 %	10.0 - 58.5 %
MONO%	9.70 %	0.0 - 14.0 %
EOS%	3.80 %	0.0 - 6.0 %
BASO%	0.60 %	0.0 - 1.0 %
PLATELET	222.00 $10^3/uL$	140 - 440 $10^3/uL$
LFT		
Total Bilirubin	2.40 mg/dL ↑	Up to 1.1 mg/dL
Direct Bilirubin	0.29 mg/dL	Up to 0.3 mg/dL
Indirect Bilirubin	2.11 mg/dL ↑	0.2 - 0.8 mg/dL
AST (SGOT)	32.40 U/L	Men : 10 - 50 U/L
		Female : 10 - 35 U/L
ALT (SGPT)	75.80 U/L ↑	Men : Up to 41 U/L
		Female : 10 - 35 U/L
ALP	87.40 U/L ✓	Men : 40 - 129 U/L
		Female : 35 - 104 U/L
Total Protein	7.70 g/dL	6.6 - 8.7 g/dL
Albumin	4.70 g/dL ✓	3.4 - 4.8 g/dL
Globulin	3 g/dL	1.8 - 3.6 g/dL
GGT	45.90 U/L ✓	0 - 50 U/L
A:G Ratio	1.566666	1.1-1.8
LIPID PROFILE		
Total Cholesterol	115.30 mg/dL	< 200 mg/dL
Triglyceride	35.80 mg/dL	<150 mg/dl
HDL Cholesterol	48.70 mg/dl	>45 mg/dl

Reported By:



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DEPARTMENT OF LABORATORY SERVICES

File No: 0404613
Name: DIPTY SINGH
Address:
Gender: M Age: 31 Y Nationality: INDIAN
GSM No.: 95951504 ID Card No.: 104602441
Doctor: DR FAROOQ

Report No: 0594116
Sample Date: 26/02/2024 Time: 6:35
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Report Date: 26/02/2024 Time: 07:41
Bill No: 1211587 Bill Date: 26/02/2024
Company: TRUCK OMAN EQUIPMENT RENTAL LLC

INVESTIGATION RESULT REFERENCE RANGE

LDL Cholesterol	59.44 mg/dl ✓	<100 mg/dl
Total Chol/HDL Chol ratio	2.37	Desirable < 4
URINE DRUG SCREEN		
Amphetamine (AMP)	Negative	Negative
Barbiturates (BAR)	Negative	Negative
Cocaine (COC)	Negative	Negative
Morphine (MOR)	Negative	Negative
Marijuana (THC)	Negative	Negative
URINE ROUTINE ANALYSIS		
Physical		
Quantity	30 ml	
Colour	Pale Yellow	Pale yellow
Sp. Gravity	1.005	1.003-1.035
pH	7	5-9
Appearance	Clear	Clear
Chemical		
Glucose	Negative	Negative
Protein	Negative	Negative
Ketones	Negative	Negative
Blood / haemoglobin	Negative	Negative
Bilirubin	Negative	Negative
Urobilinogen	Normal	Normal
Nitrite	Negative	Negative
Leucocytes	Negative	Negative

Reported By:



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INVESTIGATION	RESULT	REFERENCE RANGE
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Microscopic Examination

Pus Cells	3 - 4 Cells/hpf	0-5 cells/hpf
RBC	NIL cells/hpf	0-2 cells/hpf
Epithelial Cells	0 - 1 Cells/hpf	0-8 cells/hpf
Casts	Absent	Absent
Crystals	Absent	Absent
Others	Absent	Absent

STOOL ROUTINE ANALYSIS

PHYSICAL

Colour	Brownish	Yellowish Brown
Consistency	Semi solid	Well Formed
Reaction	Alkaline	Acidic
Adult Worms	Absent	Absent

MICROSCOPIC

Ova:	Absent	Absent
Cyst:	Absent	Absent
Pus Cells:	0 - 2 Cells/hpf	Few
RBCs	Absent Cells/hpf	Absent
Epithelial cells	Absent Cells/hpf	Few
Trophozoites	Absent	Absent
Larvae	Absent	Absent
Eggs	Absent	Absent
Worms	Absent	Absent
Fat globules	Absent	Absent

Reported By:

[Signature]

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DEPARTMENT OF LABORATORY SERVICES

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Name: DIPTY SINGH	Sample Date: 26/02/2024 Time: 6:35
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GSM No.: 95951504 ID Card No.: 104602441	Company: TRUCK OMAN EQUIPMENT RENTAL LLC
Doctor: DR FAROOQ	

INVESTIGATION	RESULT	REFERENCE RANGE
Vegetable cells	Present	Present

Remarks and comments - Sick cell screen test:

1. A False negative solubility test result may occur with blood taken from severe anemic patients or if the proportion of Hb-S is less than 20 % or following blood transfusion.
2. A False positive result may be caused by the presence of abnormal plasma proteins or when patient is receiving parenteral nutrition.
3. This test provides only a preliminary screening result, Hb HPLC must be used to obtain a confirmed results.
4. There is a possibility that an interfering substance in the specimen may cause erroneous results.

Urine drug screen

Method:

Rapid Chromatographic Immunoassay

Interpretation:

Negative: The drug concentration is below the designated cut off levels for the particular drug tested.

Positive: The drug concentration is greater the designated cut off levels for the particular drug tested

Remarks and comments - Urine drug screen

1. Multi-Drug Rapid Test Panel (Urine) provides only qualitative, preliminary analytical results.
2. A secondary analytical method must be used to obtain a confirmed result.
3. Gas chromatography/mass spectrometry (GC/MS) is the preferred confirmatory method.
4. This test does not distinguish between drug abuse and certain medications
5. A positive result may be obtained from certain foods or food supplements.

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Page : 5 of 5

Id:

Unknown - (-) Unknown

Height: 0 cm Weight: 0 kg BP: 0/0 mmHg

Med:

Tech:

Note:

26/02/2024 08:25:30

HR: 87 bpm

PR: 148 ms

QRS: 78 ms

QT/QTc: 348/395 ms

QTcF: 419 ms

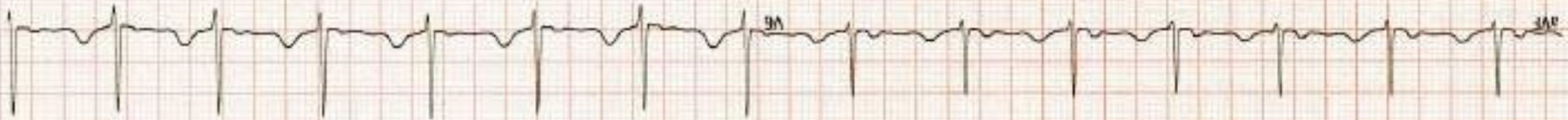
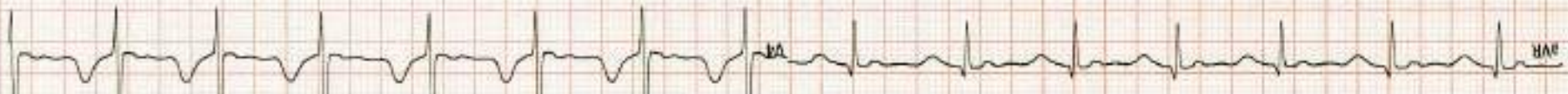
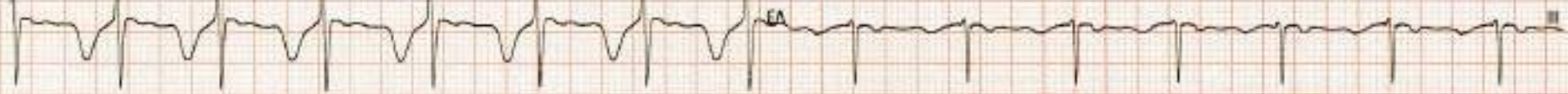
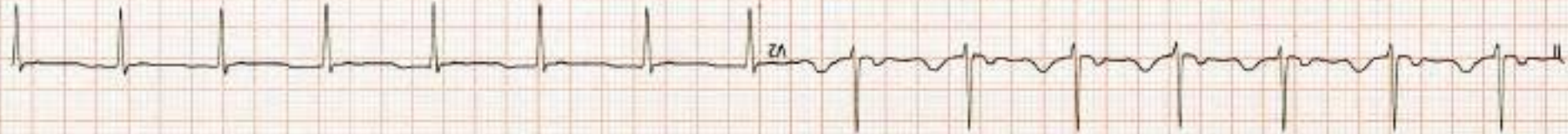
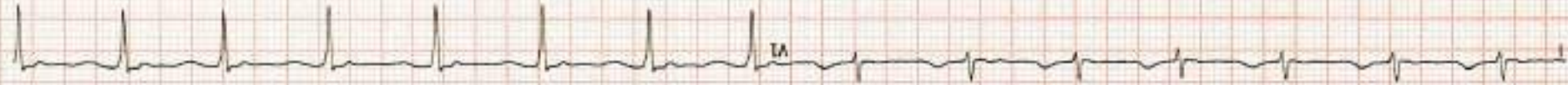
QTcF: 394 ms

R-R-V5: 1.70/0.99 mV

Sokolow: 2.69 mV

Axis: 74/81/60 °

H0M613 age 31 ym
DIPTY 8 mg



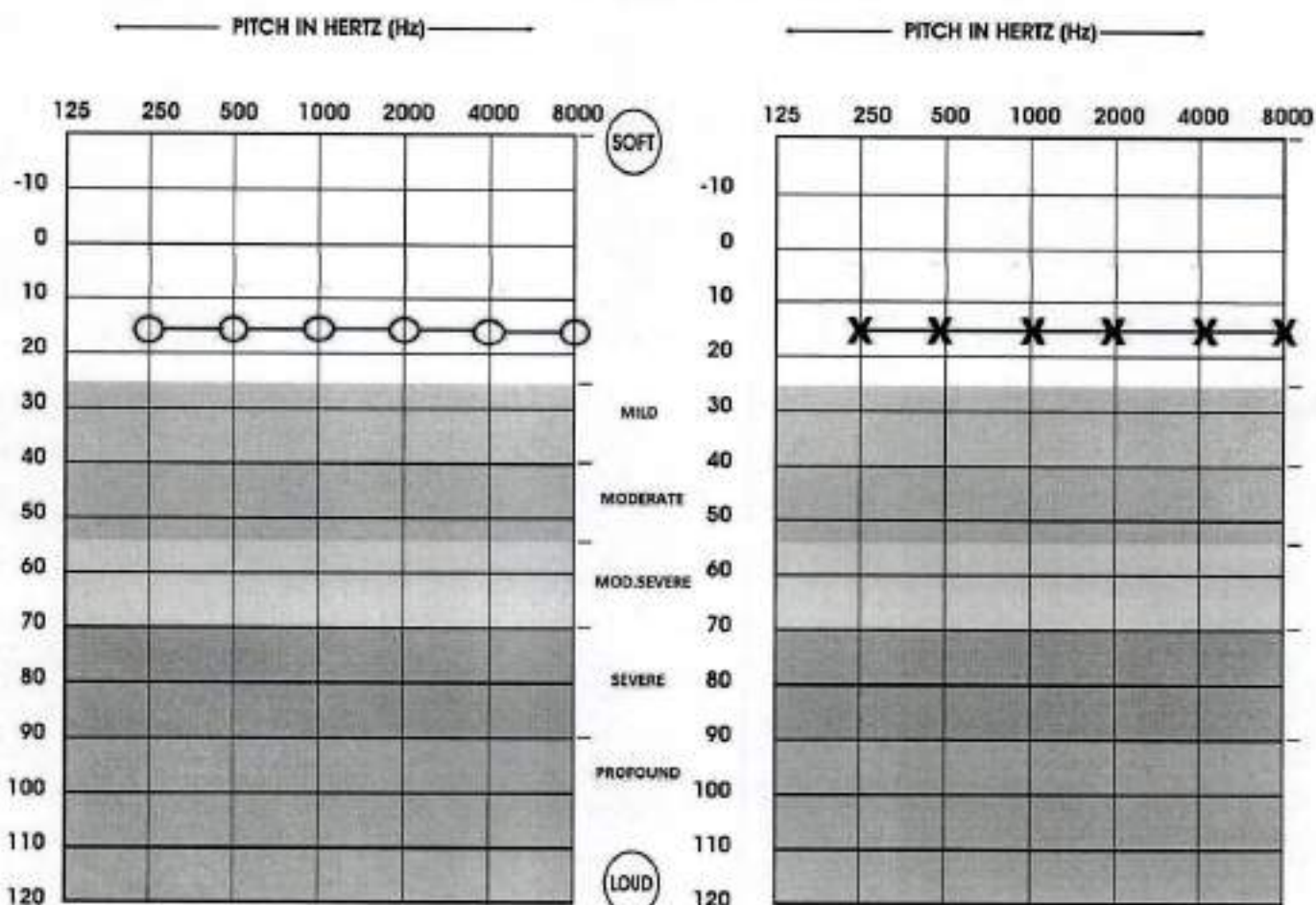
AUDIOGRAM EXAMINATION SHEET

FILE NO: 404613 BILL NO: _____ DATE: 26-02-24

NAME: DIPY SINGH AGE / SEX: 31 / M

COMPANY: TRUCK OMAN DOB: _____

CONSULTANT (REF): _____



WEBER					

						SPECIAL TESTS			
dBHL	PTA	SRT	SIS(%)	MCL	UCL	SISI	TDT	MLB/BLB	OAE
RIGHT	15								
LEFT	15								

INTERPRETATION :

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

RECOMMENDATION :

AHM/QF/AUD/005

NAFLA K.V.
AUDIOLOGIST
MOH Licence No: 22832
Apollo Hospital Muscat

AUDIOLOGIST

RADIOLOGY

SI No: 27194			Date: 26/02/2024
Patient Name: DIPTY SINGH		Reg No: 404613	Bill No:
Age: 31 Y	Gender: Male	Nationality: INDIAN	Phone:
Address: 104602441			
Company: TRUCK OMAN EQUIPMENT RENTAL LLC		Policy No:	
Certificate No:		Consultant Name: DR FAROOQ	
Region: CHEST PA			

RADIOGRAPH CHEST PA VIEW

OBSERVATION : Allowing for the rotation and mid inspiratory film
Trachea appears to be in mid line.

Bilateral lung fields appear clear. No mass lesion or opacification.

Bilateral costophrenic and cardiophrenic angles appear normal.

Bilateral hilum appears symmetrical and normal in size.

Cardiac silhouette appears within normal limits.

Bony thoracic appears normal.

No Soft tissue mass or calcification can be seen

IMPRESSION:

Unremarkable chest radiograph

Please correlate clinically & other investigation.

Please note: This is a imaging study and has its own limitations. This is a opinion based on image interpretation and it is not a diagnose on itself. Impression should be considered as professional opinion & correlated with clinical evidence ,reconfirmed by further investigations and relevant data as indicated .If possible the findings should be reconfirmed on higher resolution imaging, special sections and sequences and with other modalities.

