#1294

DOB 04/01/1965
CIVIL - 79957216

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

مركز الرسيل الصحي
RHC
RUSAYL HEALTH CENTRE
NIMR, FAHUD, QARNALAM, BHAJA, SAIHRIWAL, MARMUL

INITIAL EXAMINATION REPORT

Surname PULICKAL POULOSE	
Forenames PAUL	
Address TRUCK OMAN	
Place of examination: RS PAC CLINIC BAHJA	Date 28 / 04 / 19
Staff - 79957216	
Home Telephone number 97122559	

If a dependant or fancee entr employees name jere :-

Surname : Forenames:

	Naticnality INDIAN	Country of birth INDIA	Religion CHRISTIAN

✓ Male	Single	Widow(er)	
Female	✓ Married	Divorced Separated	

Relationship to employee: ✓ Wife | 2 Son | Daughter | Fiancee — Number of Children: 2

Reason for examination: ✓ Pre-employment — Job :- DRIVER
☐ Pre-overseas — Area:- BAHJA

Name and address of family doctor	List your last 3 jobs
	(1)
	(2)
	(3)

Stamp: مركز الرسيل الصحي — س.ت: 1/25995/4 — C.R. No.: 1/25995/4 — P.O. Box : 18 — P.C.: 124, Rusayl — Sultanate of Oman — RUSAYL HEALTH CENTRE

Are you Registered Disabled Person? (UK ☐ Do you belong to any Medical Insurance Scheme? ☐

DO YOU HAVE OR HAVE YOU HAD :- (Tick "yes" or "No" column or put a (?) It uncerlain exclude minor ailmenis.)

	Y	N		Y	N		Y	N
1. Sirius rouble		✓	22. Heart Disease		✓	42. Awarded benifities for Industrial injury/lilness		✓
2. Neck swellings/flands		✓	23. Rheumatic Fever		✓	43. Treated for a mental condition. eg . depression		✓
3. Difficulty in vision		✓	24. Abnormal heartbeat		✓	44. Treated for problem drinking or drug abuse		✓
4. Any ear discharge		✓	25. High blood pressure		✓	45. Exposed to toxic substance or noise		✓
5. Asthma/bronchitis		✓	26. Stroke		✓	FOR WOMEN ONLY		
6. Hayfever/other allergy		✓	27. Serious chest pain		✓	Have you aver had:-		
7. Any skin trouble		✓	28. Any blood disease		✓	46. An abnormal smear		
8. Tuberculosis		✓	29. Kidney disease		✓	47. Any gynaecological treatment		
9. Shortness of breath		✓	30. Painful passage of urine		✓	48. Are you pregnant?		
10. Coughed/vomited blood		✓	31. Blood in urine		✓	49. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE ?		
11. Severe abdominal pain		✓	32. Diabetes		✓			
12. Stomach ulcer		✓	33. Headaches /migraine		✓			
13. Recurrent indigestion		✓	34. Dizziness/tainting		✓			
14. Jaundice or hepatitis		✓	35. Epilepsy		✓			
15. Gall bladder disease		✓	36. Joints/spinal trouble		✓			
16. Marked change in bowel habits		✓	37. Surgical operation		✓			
17. Blood in stools (motions)		✓	38. Serious accident /tracture		✓			
18. Marked change in weight		✓	39. Tropical disease		✓			
19. Varicose veins		✓	40. Fear of heights		✓			
20. Lump in breast/armpit		✓	HAVE YOU EVER BEEN:- 41. Rejected for employment or insurance for medical reasons		✓			
21. Cancer		✓						

How much tabacco each day ? Non-Smoker Average daily alcohol consuption

Family history					
Diabetes ✗	Tuberculosis ✗	Epilepsy ✗	Asthama ✗	Eczerna ✗	
Heart disease ✗	High blood pressure ✗	Stroke ✗	Cancer ✗	Blood disease ✗	

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT :-
I declare these statements to be true to the best of my knowledge and belief and I agree that the result of this medical in general terms may be revealed to the company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer.

Date 28-04-19 Signature of applicant Paul

FOR COMPLETION BY EXAMINING DOCTOR OR SISTER
FURTHER DETAILS OF MEDICAL HISTORY AND RECREATIONAL ACTIVITIES

N	A	N - Normal A - Abnormal Please Describe	PHYSICAL EXAMINATION
✓		1. Eyes & Pupils	BMI - 27.0 kg/m²
✓		2. E.N.T.	HR - 86 b/min
✓		3. Teeth & Mouth	
✓		4. Lungs & Chest	
✓		5. Cardiovascular System	
✓		6. Abdo. Viscera	
✓		7. Hermial Orifices	
✓		8. Anus & Recturn	
✓		9. Genito - urinary	
✓		10. Extremities	
✓		11. Muscula-skeletal	
✓		12. Skin & Varicose Vns.	
✓		13. C.N.S.	
		14. Breasts	
		15.	

مركز الرسيل الصحي
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Sultanate of Oman
RUSAYL HEALTH CENTRE

HEIGHT cm	WEIGHT kg	B.P.	HEARING	HEARING	VISION:	DISTANT R	DISTANT L	NEAR R	NEAR L	COLOUR VISION	BLOOD GROUP
177	84.5	157/86	L (N)	L	Uncorrected						
			R (N)	R	Corrected						

N	A	LABORATORY AND SPECIAL INVESTIGATIONS	N	A	
	✓	1. Urimalysis	FBS - 138 mg/dl			6. Audiogram
✓		2. Hb Bloodcount ESR	Urine Sugar (+)			7. Lung Function
	✓	3. Sarum Profile	TG - 225 mg/dl			8. Chest X-Ray
		4. Stool	LDL - 136.5 mg/dl			9. Drug Screen
✓		5. E.C.G.				10. CR Screen

OTHER FINDINGS (physique, scars, disabilities, mental stability etc.)

BMI - 27.0 kg/m²

Advt
- Repeat FBS to exclude DM
- Regular exercise
- Weight reduction
- Take plenty of fruits & vegetables

- This person needs TMT to be done by the cardiologist.

ASSESSMENT

☑ FIT ALL AREAS ☐ FIT HOME SERVICES ONLY ☐ UNFIT/UNSUITABLE ☑ MAY BE REASSESSED

Date 29.04.19 Signature DR. HASAN MAHBUB KHAN BAYZID MEDICAL OFFICER RUSAYL HEALTH CENTRE MOH LIC NO. 15691 Name (Block Capitals) Doctor / Sister

REVIEW/CONSULTATION

On 03.07.19, his TMT was found to be positive. Consequently, coronary angiogram was advised, which was done on 20.08.19 in India (CRSIR Hospital) and the report of coronary angiogram came normal. Therefore he was mentioned FIT TO WORK. (His angiogram & TMT reports are attached)

Date 03.09.19 Signature 03.09.19 Name (Block Capitals) DR. HASAN MAHBUB KHAN BAYZID MEDICAL OFFICER RUSAYL HEALTH CENTRE MOH LIC NO. 15691 Doctor / Sister

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