



Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS.

Surname

Forenames

Address

Home telephone number

Place of examination

Date 2/11/2023

If a dependant enter employee's name here:

Surname

Forenames

Birth date

Nationality

Country of birth

Religion

☐ Male ☐ Female☒ Married ☐ Single ☐ Separated (Divorced)

Relationship to employee

☐ Wife ☐ Son ☐ Daughter

Number of children

Reason for examination

Pre-Employment ☐ Job:Pre-Overseas ☐ Area:

Name and address of family doctor

List your last 3 jobs

(1)

(2)

Are you a Registered Disabled Person? (UK only) ☐Do you belong to any Medical Insurance Scheme? ☐

DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments)

	Y	N		Y	N		Y	N
1. Sinus trouble			21. Cancer			HAVE YOU EVER BEEN:-		
2. Neck swelling/glands			22. Heart Disease			40. Rejected for employment or insurance for medical reasons		
3. Difficulty in vision			23. Rheumatic fever			41. Awarded benefits for industrial injury/illness		
4. Any ear discharge			24. Abnormal heartbeat			42. Treated for a mental condition, e.g. depression		
5. Asthma/bronchitis			25. High blood pressure			43. Treated for problem drinking or drug abuse		
6. Hayfever/other significant allergy			26. Stroke			44. Exposed to toxic substance or noise		
7. Any skin trouble			27. Serious chest pain			FOR WOMEN ONLY		
8. Tuberculosis			28. Any blood disease			Have you ever had:-		
9. Shortness of breath			29. Kidney disease			45. An abnormal smear		
10. Coughed/vomited blood			30. Blood in urine			46. Any gynaecological treatment		
11. Severe abdominal pain			31. Diabetes			47. Are you pregnant?		
12. Stomach ulcer			32. Headaches/migraine			48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE		
13. Recurrent indigestion			33. Dizziness/fainting					
14. Jaundice or hepatitis			34. Epilepsy					
15. Gall Bladder disease			35. Joints/spinal trouble					
16. Marked change in bowel habits			36. Surgical operation					
17. Blood in stools (motions)			37. Serious accident/fracture					
18. Marked change in weight			38. Tropical disease					
19. Varicose veins			39. Fear of heights					
20. Lump in breast/arm/pit								

How much tobacco each day?

Average daily alcohol consumption

Have you ever taken elicited drugs? () FDO test all new/potential employees for elicited/recreational drugs

FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.

Date: 2/11/2023 Signature of Applicant:

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Specification



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A	
✓		1. Eyes & Pupils
✓		2. E.N.T.
✓		3. Teeth & Mouth
✓		4. Lungs & Chest
✓		5. Cardiovascular System
✓		6. Abdo. Viscera
✓		7. Hernial Orifices
✓		8. Anus & Rectum
✓		9. Genito-urinary
✓		10. Extremities
✓		11. Musculo-skeletal
✓		12. Skin & Varicose Vns.
✓		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins	HEARING L R	VISION DISTANT R L NEAR R L Uncorrected Corrected	Colour Vision	Blood Group
163	71	26.6	130/88	80		6/6 6/6		

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
✓		1. Urinalysis	✓		7. Audiogram
✓		2. Hb, Bloodcount, ESR			8. Lung Function
✓		3. LFT, RFT, RBS	✓		9. Chest X-Ray
✓		4. Drug Screen	✓		10. ECG
✓		5. Lipids (40 years +)	✓		11. CVS risk for 40 yrs & above
✓		6. Sickla Cell test	✓		12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ECG changes shows of 2 old MI, Troponin T is normal.
Advised to consult cardiologist for further evaluation & fitness.

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date	Name (Block Capital): Dr. Husein	Signature
20/11/2023		
Date	Name (Block Capital): Dr. Husein	Signature



Appendix 4B: Fit to Work

Employee Data		Date 20/11/2023	
Name Shajahan Kari K.		Department/Company	
I.D No. 7948771		Age 46/4, Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling	A6 Fire/Emergency response team work		
A2 Breathing apparatus	A7 Professional driving		
A3 Business traveller	A8 Remote location work		
A4 Catering and food preparation	A9 Transfers – group A country		
A5 Crane or forklift driving & all heavy vehicles	A10 Transfers – group B country		
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		✓	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Dr. A. A. Al-Sayid		Date 20/11/2023	
Page 62		Specification	
		DR. RAKESH VELLA 199.10 OCNRES 80-1234 GENERAL PRACTITIONER	

Appendix 20: (Form SQ5): Epworth Screening Quest. for Sleep Apnoea

	
Name: <u>Shajahan R. R.</u>	Department/Company:
I. O No. <u>7142771</u>	Id: <u>71427191</u>

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

- 0 sitting and reading
 - 0 watching TV
 - 0 sitting inactive in a public place (e.g. theatre or meeting)
 - 0 as a passenger in the car for an hour without a break
 - 1 Lying down to rest in the afternoon when circumstances permit
 - 0 Sitting & talking with someone
 - 0 Sitting quietly after lunch without alcohol
 - 0 In a car, while stopped for a few minutes in traffic
- Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: <u>Shajahan R. R.</u> (Print Name) certify that to the best of my knowledge the above information supplied is true and correct.	
Signature: 	Date: <u>20/11/2023</u>

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age)

Employee Name: Shahen Karat K.

Emp #:

Date of Assessment: 7/1/2023

1	Age	Years	46
2	Gender	Female/Male	Male
3	Total Cholesterol	mmol/L	5.99
4	HDL Cholesterol	mmol/L	1.31
5	Smoker	Yes/No	No
6	Diabetes	Yes/No	No
7	Systolic Blood pressure	mm Hg	130
8	Is the patient being treated for High blood pressure?	Yes/No	No

Framingham Risk score: 6.5 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:



Laboratory Investigation Report

Patient Name	SHAJAHAN KARAT KADAVATH	Requesting Date/Time	20/11/2023 9:25AM
DOB/Gender	24/05/1977 (46 Yrs/Male)	Collection Date/Time	20/11/2023 9:27AM
MRN / Nationality	700282711 / India	Reception Date/Time	20/11/2023 9:42AM
Requesting Physician	Dr. OP SELF	Reporting Date/Time	20/11/2023 10:40AM
Lab Number	7014319	Reporting Stage	Final
Test Priority	Routine		

Test	Result	Flag	Units	Reference Range	Sample Type	Methodology
BIOCHEMISTRY						
Random Blood Sugar (RBS)	6.81		mmol/L	3.7 - 7.8		Hexokinase

LIPID PROFILE						
LIPID PROFILE						

Cholesterol - Total	5.99		mmol/L	Desirable : <5.17 Borderline High : 5.17 - 6.18 High : >6.21	Serum	Enz. Colorimetric
Triglyceride	1.27		mmol/L	0.73 - 1.8	Serum	Enz. Colorimetric
HDL Cholesterol	1.31		mmol/L	No Risk : >1.68 Moderate Risk : 1.15 - 1.68 High Risk : <1.15	Serum	
LDL Cholesterol	4.10		mmol/L	Desirable : < 3.34 Borderline High : 3.37 - 4.12 High : >4.14	Serum	CALCULATE D
VLDL	0.58		mmol/L	0.128 - 0.645		
Cholesterol / HDL Ratio	4.57		mmol/L	3.5 - 5		Calculation

LIVER FUNCTION TEST						
LIVER FUNCTION TEST						

Bilirubin-Total	0.644		mg/dl	0.1 - 1.2	Serum	Diazo
Direct Bilirubin	0.186		mg/dl	< 0.2	Serum	
SGOT (AST)	22.29		IU/L	0 - 40		

Ashwini Ratheesan Panikar
ASHWINI RATHEESAN PANIKAR
Ms. ASHWINI RATHEESAN PANIKAR

Dr. Shafiq Palliyalil
Dr. Shafiq Palliyalil
Specialist Pathologist
OMAN AL-KHAIR HOSPITAL

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Laboratory Investigation Report

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DOB/Gender	24/05/1977 (46 Yrs/Male)	Collection Date/Time	20/11/2023 9:27AM
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Test Priority	Routine		

SGPT (ALT)	25.23	IU/L	10 - 60	Serum	IFCC ;Tris buffer without P5P ; Kinsearch
Alkaline Phosphatase	117.13	IU/L	Adult: 37-116 1- 5 days : <245 6 days - 1 yr : 104-462 1 - 12 yrs : 42-300 13 - 17 yrs female : 47-187 13-17 yrs male : 52-390	Serum	Colorimetric assay ; AMP buffer IFCC ; kinetic
Gamma GT	41.23	H U/L	5 - 40	Serum	Enzymatic colorimetric assay ; IFCC; Kinetic
Total Protein	7.78	g/dl	6.6 - 8.7		Colorimetric assay (Biuret reaction, endpoint)
Albumin	4.86	g/dl	3.2 - 5.4	Serum	Homogeneous enzymatic colorimetric assay:End point
Globulin	2.92	g/dl	2.3 - 3.2	Serum	Calculation
A/G Ratio	1.7	Ratio			

RENAL FUNCTION TEST

RENAL FUNCTION TEST

Urea	4.03	mmol/L	2 - 9	Serum	Kinetic test, urease and glutamate dehydrogenase
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Ms. ASHWINI RATHEESAN PANIKAR

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Laboratory Investigation Report

Patient Name	SHAJAHAN KARAT KADAVATH	Requesting Date/Time	20/11/2023 9:25AM
DOB/Gender	24/05/1977 (46 Yrs/Male)	Collection Date/Time	20/11/2023 9:27AM
MRN / Nationality	700282711 / India	Reception Date/Time	20/11/2023 9:42AM
Requesting Physician	Dr. OP SELF	Reporting Date/Time	20/11/2023 10:00AM
Lab Number	7014319	Reporting Stage	Final
Test Priority	Routine		

Creatinine	77.38	umol/L	Male: 62 - 106 Female: 44 - 80 Neonates: 21 - 91 Children (2 To 12 Month): 15 - 37 Children (1 To 9 Years): 21 - 53 Children (9 To 15 Years): 34 - 77	Serum	Kinetic colorimetric assay based on Jaffe method
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****End Of Report****

HAEMATOLOGY					
ESR / ERYTHROCYTE SEDIMENTATION RATE					
Erythrocyte Sedimentation Rate	05	mm/hr	1 - 15	W. B. EDTA	Modified Westergren

Sickle Cell Screening Negative Negative

Signature

ASHWINI RATHEESAN

Ms. ASHWINI RATHEESAN PANIKAR

Signature
Dr. Shayfa Palliyathil
Specialist Pathologist

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Laboratory Investigation Report

Patient Name	SHAJAHAN KARAT KADAVATH	Requesting Date/Time	20/11/2023 9:26AM
DOB/Gender	24/05/1977 (46 Yrs/Male)	Collection Date/Time	20/11/2023 9:27AM
MRN / Nationality	700282711 / India	Reception Date/Time	20/11/2023 9:42AM
Requesting Physician	Dr. OP SELF	Reporting Date/Time	20/11/2023 10:40AM
Lab Number	7014319	Reporting Stage	Final
Test Priority	Routine		

CBC (COMPLETE BLOOD COUNT)

COMPLETE BLOOD COUNT

WBC Count	7.30	$10^3/\mu\text{L}$	4 - 11	EDTA WB	Impedance
DIFFERENTIAL COUNT (%)					
Neutrophils	47.9	%	45 - 75	EDTA WB	Impedance and Absorbance
Lymphocytes	44.4	%	20 - 45	EDTA WB	Optical
Eosinophils	2.2	%	1 - 6	EDTA WB	
Monocytes	5.1	%	2 - 10	EDTA WB	Impedance and Absorbance
Basophils	0.4	%	0 - 1	EDTA WB	Impedance and Absorbance
Hb/Hemoglobin	15.6	g/dl	13 - 17	EDTA WB	Photometry
RBC Count	5.14	$10^6 / \mu\text{L}$		EDTA WB	Impedance
Platelet Count	312	$10^3/\mu\text{L}$		EDTA WB	
HCT (Hematocrit)	46.0	%	37 - 51	EDTA WB	Calculation
MCV	89.5	fL	83 - 101	W. B. EDTA	Measurement
MCH	30.3	pg	27 - 32	W. B. EDTA	Calculation
MCHC	33.9	g/dl	31 - 37	W. B. EDTA	Calculation

****End Of Report****

SEROLOGY & IMMUNOLOGY

HIV(HUMAN IMMUNODEFICIENCY VIRUS)

HIV (Human Immunodeficiency Viruses)	0.191	COI	Non Reactive: <1.0 Reactive: =>1.0	Serum	ECLIA
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HIV - Remarks: Non-reactive Non-Reactive

METHOD: ELECTROCHEMILUMINESCENCE ASSAY (ECLIA)
Specimen: SERUM

Signature

ASHWINI RATHEESAN

Ms. ASHWINI RATHEESAN PANIKAR

Signature
Dr. Shayfa Paliyallil
Specialist Pathologist

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Laboratory Investigation Report

Patient Name	SHAJAHAN KARAT KADAVATH	Requesting Date/Time	20/11/2023 9:25AM
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HBSAG / HEPATITIS B SURFACE ANTIGEN

HBSAg (Hepatitis B surface Antigen)	0.362	COI	Non-Reactive (0 - 1.0) Reactive (>1.0)	Serum	ECLIA
HBSAg (Hepatitis B surface Antigen) -	Non-reactive		Non-Reactive		

METHOD: Electrochemiluminescence immunoassay(ECLIA)
Specimen: SERUM

HCV / HEPATITIS C VIRUS ANTIBODY

HEPATITIS C VIRUS ANTIBODY	0.049	COI	Non-Reactive (0 - 1.0) Reactive (>1.0)
HEPATITIS C VIRUS ANTIBODY-	Non-reactive		

METHOD: ELECTROCHEMILUMINESCENCE ASSAY (ECLIA)
Specimen: SERUM

****End Of Report****

CLINICAL PATHOLOGY

URINE ROUTINE

URINE ANALYSIS

CHEMICAL EXAMINATION

Glucose	Negative	Negative	GOD-POD
Protein	Negative	Negative	Protein error of pH indicator
Ketone	Negative	Negative	Legal's test
Bilirubin	Negative	Negative	
pH	5.6		Litmus paper
Urobilinogen	Negative	Trace	Dazo

MICROSCOPIC EXAMINATION

RBCs	0-2	/hpf	0 - 2	URINE	
Pus Cells	1-2	/hpf	0 - 3	URINE	Microscopy
Epithelial Cells	NIL				

Ms. ASHWINI RATHEESAN PANIKAR

ASHWINI RATHEESAN PANIKAR

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Dr. Shayfa Palliyalli
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Lab Number	7014319	Reporting Stage	Final
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	Present	Absent	Microscopy
Bacteria			
Calcium -oxalate	NIL		
Triple-phosphate	NIL		
Uric acid crystal	NIL		
Amorphous urate	NIL		
Amorphous Phosphate	NIL		
Hyaline casts	NIL		
Granular Casts	NIL		
Yeast cells	NIL		

****End Of Report****

Signature

ASHWINI RATHEESAN

Ms. ASHWINI RATHEESAN PANIKAR

Dr. Shayfa Palliyalil
Specialist Pathologist

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Laboratory Investigation Report

Patient Name	SHAJAHAN KARAT KADAVATH	Requesting Date/Time	20/11/2023 10:24AM
DOB/Gender	24/05/1977 (46 Yrs/Male)	Collection Date/Time	20/11/2023 10:38AM
MRN / Nationality	700282711 / India	Reception Date/Time	20/11/2023 10:37AM
Requesting Physician	Dr. CP SELF	Reporting Date/Time	20/11/2023 10:42AM
Lab Number	7014339	Reporting Stage	Final
Test Priority	Routine		

BIOCHEMISTRY

Troponin T	0.009	ng/ml	Normal : <0.014 Risk : >0.014 Cut-off for AMI : >0.050	Serum
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Remarks: Cardiac troponin T (cTnT) is a cardio-specific, highly sensitive marker for myocardial damage. cTnT increases rapidly after acute myocardial infarction (AMI) and may persist up to 2 weeks thereafter. Result interpretation has to integrate the clinical assessment, including ischemic symptoms and electrocardiographic changes. In contrast to ST elevation myocardial infarction (STEMI) the diagnosis of NonSTEMI heavily relies on measured cTn results. Myocardial cell injury leading to elevated cTnT concentrations in the blood can also occur in other clinical conditions such as myocarditis, heart contusion, pulmonary embolism and drug-induced cardiotoxicity. Chronic elevations of cTn can be detected in clinically stable patients such as patients with ischemic or non-ischemic heart failure, in patients with different forms of cardiomyopathy, renal failure, sepsis and diabetes.

End Of Report

Handwritten signature

ASHWINI RATHEESAN

Ms. ASHWINI RATHEESAN PANIKAR
PANIKAR

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عبري، سلطنة عمان



Dr. Shayfa Palliyalil
Specialist Pathologist

Patient Name	CHAIJIAN KADAT KADALAT		
Gender	Male	Age	46Y 5M
Study DateTime	2023-11-20 09:57:23	Referring Physician	OP SELF

X-RAY CHEST

FINDINGS:

Lungs clear.
Both CP angles clear.
Cardiac silhouette normal.
Domes of diaphragm normal.
Bones and soft tissues normal.

IMPRESSION:

- No significant abnormality seen.

Nothing

DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL JBRI

Dr. Nithinmon Chakiriyil Ulahannan
Specialist Radiology
DNB Radiodiagnosis
MOH License No: 21058

Please intimate us for any typing mistake and send the report for correction within 7 days. The science of Radiological diagnosis is based on the interpretation of various shadows produced by both the normal and abnormal tissues and are not always conclusive. Further biochemical and radiological investigation & clinically correlation is required to enable the clinician to reach the final diagnosis.



700282711
46 Years

SHADHAN
Male

20-Nov-23 09:51:23 AM
ASTER HOSPITAL IBRI (Emergency)

Rate 92
RR 652
PR 125
QRS 93
QT 341
QTc 422

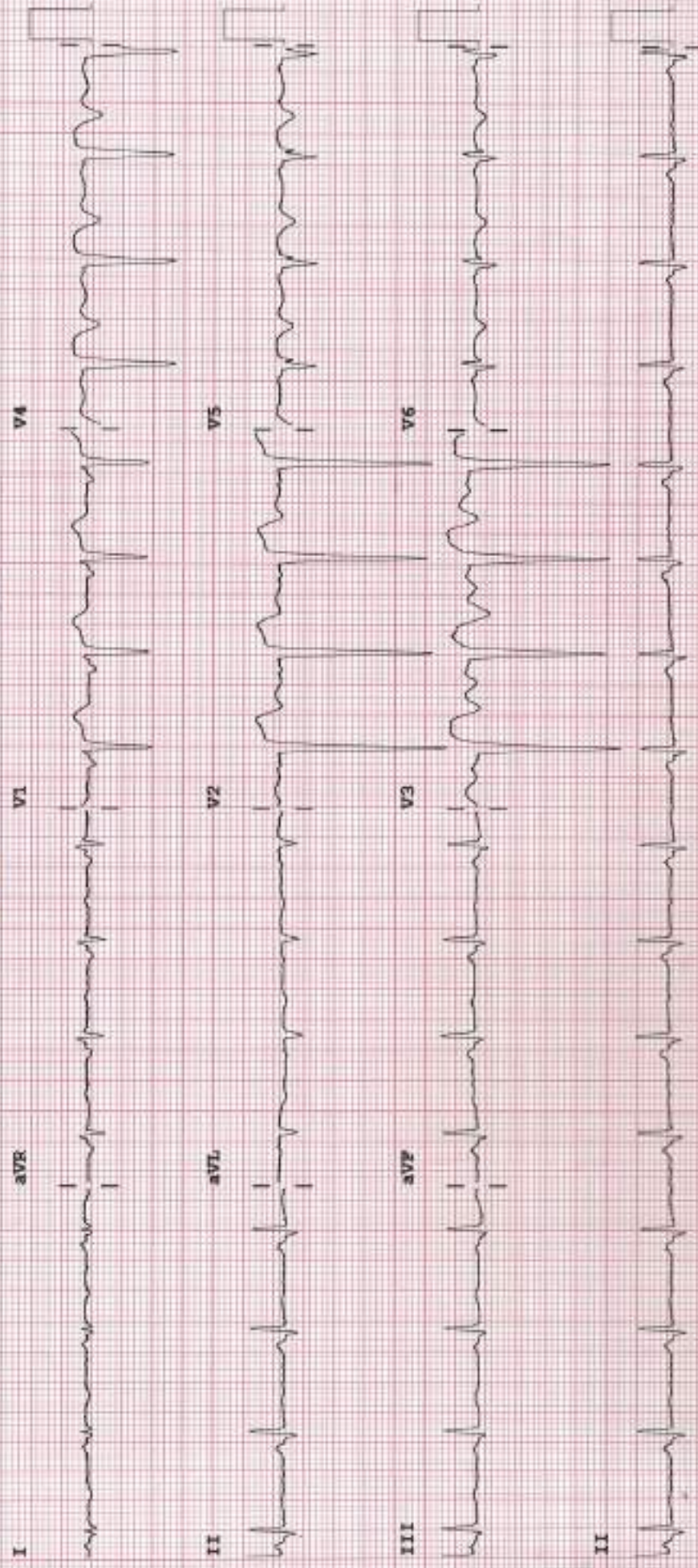
--AXIS--

P 66
QRS 105
T 123

12 Lead; Standard Placement



Acute MI <<<



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

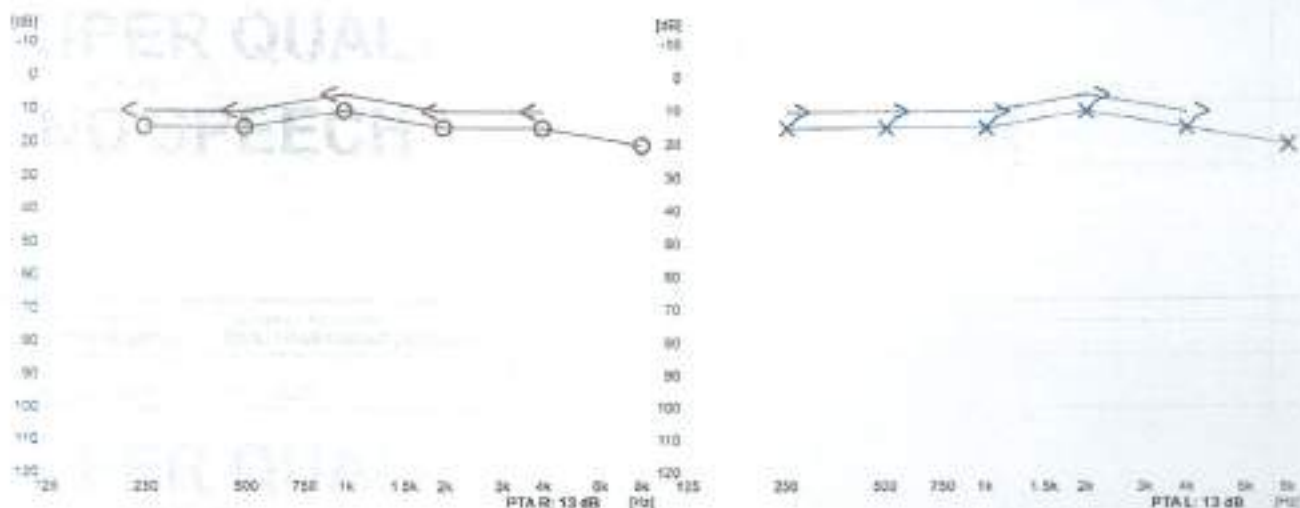
50~ 0.50~ 40 Hz W

PH10 CL

P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 700282711/79148771
Last name, First name: SHAJAHAN KARAT, KAD
Born: 20.11.2023
Test type: Tonal audiometry
Test date: 20.11.2023



Legend	R	L
Air	○	×
Air/Masked	△	□
Done	<	>
Done/Masked	[	]
MCL	M	M
UCL	m	m
Free Field	⊙	⊗
Free Field/Valid	A	A
Binaural	B	
No response	I	

Comments
BILATERAL NORMAL HEARING SENSITIVITY

Signature:



Date: 20/11/2023