Alnile Hospital
مستشفى النيل

Medical Fitness Certificate

Name : Mr. FAIZAL SHAHAZAD MUHAMMAD
Age : 41Y/M
ID Number : 87065316
Date of medical Examination: 17/06/2025
Examining physician : DR. ALI GHASSAH

Assessment Results

The certificate is valid for 2 years from the date of medical examination
Fitness classifications:

- Fit to work without restrictions
- Fit work with restrictions
- Unfit to work temporarily of definitely

Restrictions list:

R1: Unfit to work offshore, on marine vessels and in remote locations.
R2: Unfit for Lifting and strenuous efforts.
R3: Unfit to work in certain countries, check with geo market health advisor.
R4: Unfit to work in jobs requiring precise color vision.
R5: Unfit to work in job with high level of noise.
R6: Unfit to work in high risk of malaria countries.
R7: Unfit to work in extreme heat.
R8: Unfit to work in extreme cold.
R9: Contact Geo market health advisor/international medical coordinator - there exist specific restriction.
R10: Unfit to work for a temporarily of time until further notice.
R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
R13: Unfit to drive company vehicle.
R14: Unfit to fly long haul flights.
R15: Unfit to work in heights and confined spaces.

COMMENTS

Examining physician stamp and signature

Hospital Stamp

AL NILE HOSPITAL

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CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med – check History form	Name:	MR. FAIZAL SHAHZAD MUHAMAD	
	GIN:		
Place of examination: Al Nile Medical	Date: 17/06/25	Mobile: 97243983	
Age: 41y8	Nationality: PAKISTANI	Blood Group	'O' POSITIVE
☑ Male ☐ Female	☑ Married ☐ Single ☐ Separated / Divorced	Number Of Children:	3

Do You Have You Had: (Tick "Yes " or "No " column or put a (?) if uncertain exclude minor ailments.)

	Y	N		Y	N		Y	N
1-SINUS TROUBLE		✓	21- CANCER		✓	HAVE YOU EVER BEEN :-		
2- NECK SWELLING / GLANDS		✓	22- HEART DISEASE		✓	40- REJECTED FOR EMPLOYMENT OR INSURANCE FOR MEDICAL REASONS		✓
3-DIFFICULTY IN VISION		✓	23- RHEUMATIC FEVER		✓			
4- ANY EAR DISCHARGE		✓	24- ABNORMAL HEARTBEAT		✓	41- AWARDED BENEFITS FOR INDUSTRIAL INJURY / ILLNESS		✓
5-ASHMA / BRONCHITIS		✓	25- HIGH BLOOD PRESSURE		✓			
6- HAYFEVER / OTHER SIGNIFICANT ALLERGY		✓	26- STROKE		✓	42- TREATED FOR A MENTAL CONDITION , DEPRESSION		✓
7-ANY SKIN TROUBLE		✓	27- SERIOUS CHEST PAIN		✓			
8- TUBERCULOSIS		✓	28-ANY BLOOD DISEASE		✓	43- TREATED FOR PROBLEM DRINKING OR DRUG ABUSE		✓
9- SHORTNESS OF BREATH		✓	29- KIDNEY DISEASE		✓			
10 – COUGHED / VOMITED BLOOD		✓	30 – BLOOD IN URINE		✓	44-EXPOSED TO TOXIC SUBSTANCE OR NOISE		✓
11 -SEVERE ABDOMINAL PAIN		✓	31- DIABETES		✓			
12- STOMACH ULCER		✓	32-HEADACHES / MIGRAINE		✓	FOR WOMEN ONLY HAVE YOU EVER HAD:-		
13-RECURRENT INDIGESTION		✓	33-DIZZINESS / FAINTING		✓			
14-JAUNDICE OR HEPATITIS		✓	34- EPILEPSY		✓	45- AN ABNORMAL SMEAR		
15 – GALL BLADDER DISEASE		✓	35- JOINTS / SPINAL TROUBLE		✓	46- ANY GYNAECOLOGICAL TREATMENT		
16- MARKED CHANGE IN BOWEL HABITS		✓	36-SURGICAL OPERATION	Y		Hernia Surgery 2010		
17- BLOOD IN STOOLS (MOTIONS)		✓	37-SERIOUS ACCIDENT / FRACTURE		✓	47- ARE YOU PREGNANT?		
18 – MARKED CHANGE IN WEIGHT		✓	38- TROPICAL DISEASE		✓	48-HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE		
19 -VARICOSE VEINS		✓	39- FEAR OF HEIGHTS		✓			
20 – LUMP IN BREAST / ARMPIT		✓						

HOW MUCH TOBACCO EACH DAY? No — AVERAGE DAILY ALCOHOL CONSUMPTION: No

HAVE YOU EVER TAKEN EUCITED DRUGS ?( ) No

FAMILY HISTORY: DIABETES [ ] TUBERCULOSIS [ ] EPILEPSY [ ] ASTHMA [ ] ECZEMA [ ]
HEART DISEASE[ ] HIGH BLOOD PRESSURE [ ] STROKE [ ] BLOOD DISEASE [ ] CANCER [ ]

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT :-
I DECLARED THESE STATEMENTS TO BE TRUE TO THE BEST OF MY KNOWLEDGE AND BELIEF AND I AGREE THAT THE RESULT OF THIS MEDICAL EXAMINATION IN GENERAL TERMS MAY BE REVEALED TO THE COMPANYS DOCTORS, AND THE DETAILS SENT TO THEM BY THE EXAMINING DOCTOR.

DATE: 17/06/25

SIGNATURE OF APPLICANT :

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VISUAL FIEIDS:	N	COLOR VISION:	
SPEECH:	N	SHISPER TEST:	
NEAR VISION RIGHT EYE:	6/6	NEAR VISION LEFT EYE:	6/6
DISTANT VISION LEFT EYE:	6/6	DISTANT VISION RIHT EYE:	6/6

HEIGHT: 167cm	WEIGHT: 84Kg	BMI: 30.12	BP: 130/70.	PULSE: 82/mt

BODY SYSTEM / ORGAN	N	A	ABNORMALITY IF ANY
EYES AND PUPILS	N		
EAR/ NOSE/ THROAT	N		
TEETH AND MOUTH	N		
LUNGS AND CHEST	N		
CARDIOVASCULAR	N		
ABDOMEN	N		Scar for previous right inguinal herniarepair
HERNIAL ORIFICES	N		
ANUS AND RECTUM	N		
GENITO – URINARY	N		
EXTREMITIES	N		
MUSCULOSKELETAL	N		
SKIN / VARICOSE VIENS	N		
NEUROLOGICAL	N		
MENTAL FITNESS	N		
BREAST	N		

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CONFIDENTIAL MEDICAL

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

NAME :	AGE	SEX	COMPANY	GIN
FAIZAL SHAHZAD	41Y	M		

PAST MEDICAL HISTORY	BLOOD GROUP
right inguinal hernia Surgery	O- Negative

ALLERGIES: N

VACCINATION		DATE OF INITIAL INJECTION	BOOSTER DUE DATE
HEPATITIS A			
HEPATITIS B			
TYPHOID FEVER			
INFLUENZA			

TESTS RESULTS	
AUDIOGRAM :	Normal
DSU 5 PANEL	

ECG	Normal
CHEST X -RAY	Normal

BLOOD INVESTIGATIONS					
RBCS	5,7	4.20-6.30*10^6/UL	SGOT	18,3	MALE:10-50 FEMALE :10-35U/L
WBCS	6,7	4.0-11.0*10^3/UL	SGPT	28,4	MALE:UP TO 41 FEMALE :10-35U/L
NEUTRO	53	37-72%	GGT	33	0-50/UL
EOSINO	1	0-6%	FBS:	96,4	60-110 MG/DI
BASO	0,1	0-1%	CHOLESTEROL	198	UP TO 200 MG/DI
LYMPHO	38	10-58%	HDL	42	20-60 MG/DI
MONO	7,3	0-14%	LDL	109	UP TO 130 MG/DI
HEMATOCRIT	47,9	37-51%	TRIGLYCERIDES	188	35-175 MG /DI
HEMOGLOBIN	16,2	MALE:13.5-18.0 FEMALE:11.5-16.0G/DI	CREATININE	1,02	MALE:0.7-1.2 MG/DI FEMALE :0.5-0.9MG/DI
ESR	5	MALE: 0-10 MM/HR FEMALE :0-20 MM/HR	URIC ACID	4,1	MALE:3.6-7.7 MG /DI FEMALE :2.5-6.8 MG /DI

URINE ANALYSIS			
BLOOD	N	SUGAR	N
ALBUMIN	N	OTHERS	N
STOOL ANALYSIS			
PARASITES	N	BLOOD	N

COMMENTS	mild TG elevation - increas fiber and fruits - decreas weights

EXAMINING PHYSICIAN

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FAISAL SHAHZAD MUHAMMAD

Estimated 10-year Global CVD Risk: 6.7%

Risk Category: Low Risk

Estimated Vascular Age: 48 Years

1. Gender? — Male
2. Age? — 40-44
3. Total Cholesterol? — 4.14-5.15 mmol/L
4. HDL? — 0.9-1.16 mmol/L
5. Systolic Blood Pressure? — 130-139 mmHg
6. On Medication for Hypertension? — No
7. Smoker? — No
8. Diabetic? — No
9. Known Vascular Disease (CAD, PVD, Stroke)? — No

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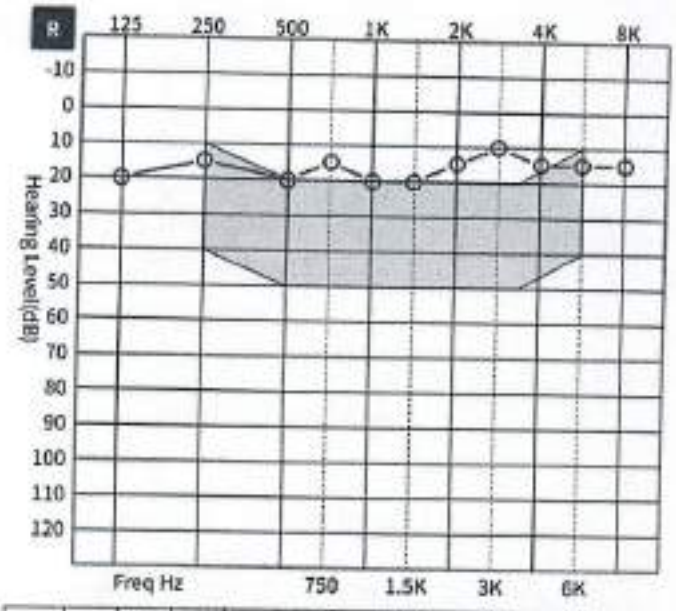
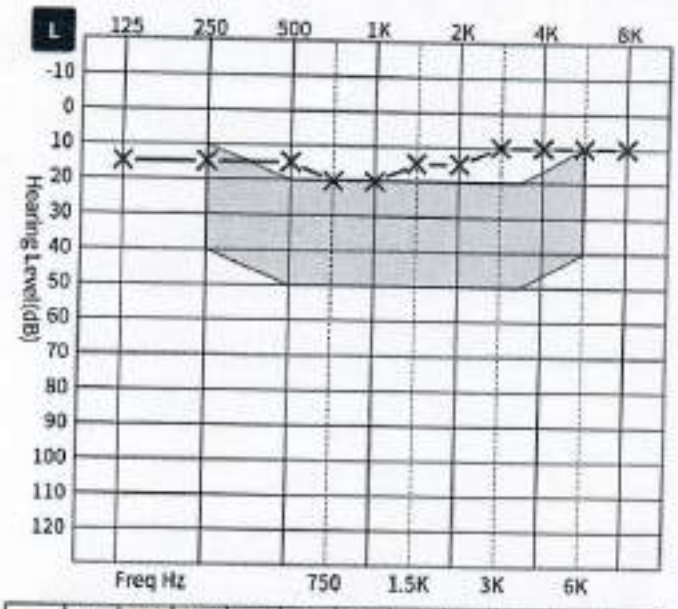
Test: SCHLUMBERGER FITNESS TO W
Name: FAISAL SHAHZAD MUHAMMA
File No: 25010257 Age/Sex: 41 (Y) / M
Date: 2025-06-17 Specimen ID: 24138

PTA Test Report

ID:25010257
Name: FAISAL SHAHZAD MUHAMMAD
Gender:Male
Age:41Y



	125	250	500	750	1K	1.5K	2K	3K	4K	6K	8K
Air	20	15	20	15	20	20	15	10	15	15	15
Bone											



	125	250	500	750	1K	1.5K	2K	3K	4K	6K	8K
Air	15	15	15	20	20	15	15	10	10	10	10
Bone											

Test Result:BILATERAL HEARING SENSITIVITY IS WITHIN THE NORMAL LIMITS.

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Test Date:2025-06-16 22:51 **Printing Date:2025-06-16 22:51** **Examiner:**_____

Melison®

AL NILE MEDICAL CENTER

2025-06-17 09:34:26
Name :FAIZAL SHAHZAD
Sex :Male Age :41
Section: DR ALI
RoomID:
BedID:
ID:
Operator: GIGI

<< Conclusions >>

Normal Sinus Rhythm;
Cardiac electric axis normal;

Report need physician confirm

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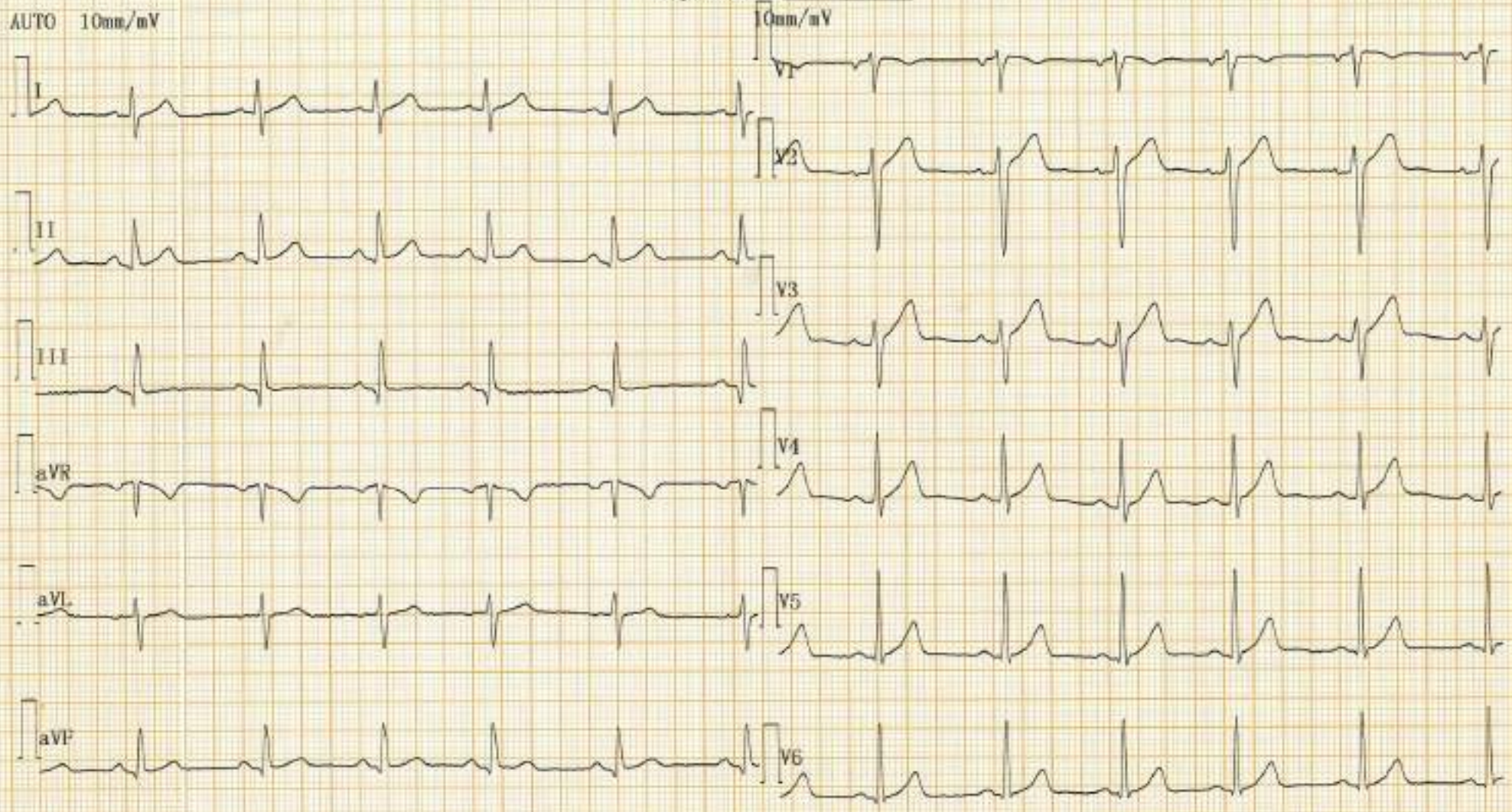
Physician:

Test: SCHLUMBERGER FITNESS TO W	
Name: FAISAL SHAHZAD MUHAMMA	
File No: 25010257	Age/Sex: 41 (Y) / M
Date: 2025-06-17	Specimen ID: 24138



Alnile
Medical Complex
مجمع النيل الطبي

P.O.BOX:300, POSTAL CODE – 611 NIZWA, SULTANATE OF OMAN C.R.NO.1128642
PH : 25426665, 25426228 \ WHATSAPP:94146648
Instagram:https://www.instagram.com/alnile_medical

Lab Report

Patient Name:	FAISAL SHAHZAD MUHAMMAD			**Date:**	17/06/2025 09:08:42
File No:	25010257	**Age/Gender:** 41y 1m 10d / M		**Sid No:**	Bill#24138
Payer Name:				**Collection Date & Time:**	17/06/2025 08:55:21
Insurance Card No:	--			**Received Date & Time:**	17/06/2025 09:08:42
Doctor:	Dr. Ali Mohammad Ghassah			**Reported Date & Time:**	17/06/2025 09:43:08
Billing Time:	17/06/2025 08:42:43	**Mobile:** 97243983		**Id Card No.:**	87065316

Test Name	Result	Biological Reference
Complete Blood Count		
Haemoglobin	16.2 mg/dl	13.0 - 18.0
Total leucocyte count	6,760.0 Cells / Cumm	3,999.0 - 11,000.0
Differential count		
Neutrophil	53.5 %	40.0 - 75.0
Lymphocytes	38.0 %	15.0 - 45.0
Eosinophils	1.0 %	1.0 - 6.0
Monocyte	7.3 %	2.0 - 8.0
Basophils	0.1 %	< 10.0
Packed cell volum	47.9 %	< 54.0
RBC count	5.71 millions/mm	4.5 - 5.5
MCV	83.9 fl	81.8 - 95.5
MCH	28.4 pg	27.0 - 32.3
MCHC	33.8 g/dl	32.4 - 35.0
Platelet count	270,000.0 Cu.mm	150,000.0 - 400,000.0
RDW-CV	12.6 %	11.0 - 16.0
RDW-SD	38.4 fl	35.0 - 56.0
ESR(AUTOMATED)	3.0 mm/hr	< 15.0
BLOOD GROUP	O	-
RH Typing	NEGATIVE	-
URINE ANALYSIS		
Color	Yellow	-
Transparancy	Clear	-
Specific Gravity	1.01	-
PH	Alkaline	-
Glucose	NIL	-
Acetone	NIL	-
Biliriubin	NIL	-
Blood	NIL	-
Urobilinogen	NIL	-
Protein	NIL	-
Nitrate	NIL	-
Leukocyte	NIL	-

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Test Name	Result	Biological Reference
Pus cells	1-3	-
Erythrocytes	0-1	-
Sequamous Epithelial Cell	Few	-
Crystal	NIL	-
Cast	NIL	-
Bacteria	NIL	-
Others	NIL	-
Physical		
Color	Brownish	-
Consistancy	Semi Formed	-
Occult Blood		-
Microscopic		
Pus Cells	1-3	-
RBC Cells	0-1	-
E-Hisolytica	NIL	-
E-Coli	NIL	-
Giardia Lambilia	NIL	-
Taenia Saginata	NIL	-
Taenia Solium	NIL	-
Schistosoma Haematobium	NIL	-
Ascaris Lumbricoides	NIL	-
Trichris Trichiura	NIL	-
Ancylostoma Duodenalis	NIL	-
Others	UNDIGESTED FOOD PARTICLES(+)	-
BLOOD SUGAR FASTING	5.36 mmol/m	3.3 - 6.1
CREATININE	1.02 mg/dl	0.7 - 1.4
URIC ACID	4.1 mg/dl	3.4 - 7.0
CHOLESTEROL	188.7 mg/dl	< 200.0
HDL CHOLESTEROL	42.47 mg/dl	40.0 - 60.0
TRIGLYCERIDE	188.4 mg/dl	40.0 - 160.0
LDL CHOLESTEROL	109.0 mg/dl	< 150.0
Gamma-Glutamyltransferase (GGT)	33.0 U/L	5.0 - 63.0
SGPT	26.4 U/L	< 41.0
SGOT	18.3 U/L	< 40.0

2025-06-17 10:07:25
End of Report

AL NILE HOSPITAL

Technician: Hajar Mohammed Hussin Mousa
License No: 9245

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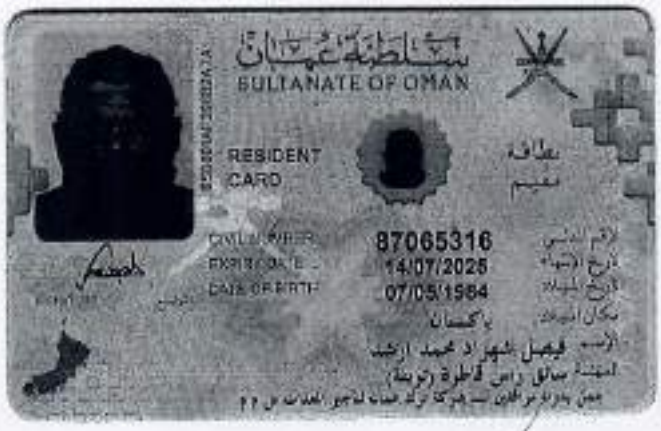
Patient Name: FAISAL SHAHZAD MUHAMMAD
Prof. Dr. Dear Colleague
Date: 17 June 2025
Examination: CHEST XRAY PA & LATERAL VIEWS.

REPORT

- *Both lung fields are clear with no obvious focal or diffuse parenchymal or interstitial lesion.*
- *Normal appearance of aortic shadow.*
- *Accentuated both broncho-vascular markings basally, for clinical assessment.*
- *Maintained cardio-thoracic ratio.*
- *No obvious hilar or mediastinal mass lesion.*
- *Costo-phrenic & cardio-phrenic pleural angles are free.*
- *Bony framework & soft tissue shadows are within normal limits.*

MUCH OBLIGED,
Dr. Nesreen Ghazy
Lic No: 26650

P.O.Box: 900
Nizwa, P.C. 611
Sultanate of Oman
Al Nile Medical Complex


سلطنة عمان
SULTANATE OF OMAN
RESIDENT CARD
بطاقة مقيم
87065316
14/07/2025
07/05/1984
الاسم فيصل شهزاد محمد ارشد
IDOMN87065316<2<<<<<<<<<<<<<<<
8405070M2507145PAK<<<<<<<<<<<6
FAISAL<SHAHZAD<MUHAMMAD<IRSHAD