

Medical Fitness Certificate

Name : Mr. ABDUL WAHEED ABDUL AZIZ
Age : 45Y/M
ID Number : 65828391
Date of medical Examination: 13/07/2025
Examining physician : DR. BASSEL ALI

Assessment Result

The certificate is valid for 2 years from the date of medical examination

Fitness classifications:

- Fit to work without restrictions
- Fit work with restrictions
- Unfit to work temporarily or definitely

FIT

Restrictions list:

- R1: Unfit to work offshore, on marine vessels and in remote locations.
R2: Unfit for Lifting and strenuous efforts.
R3: Unfit to work in certain countries, check with geo market health advisor.
R4: Unfit to work in jobs requiring precise color vision.
R5: Unfit to work in job with high level of noise.
R6: Unfit to work in high risk of malaria countries.
R7: Unfit to work in extreme heat.
R8: Unfit to work in extreme cold.
R9: Contact Geo market health advisor/international medical coordinator - there exist specific restriction.
R10: Unfit to work for a temporarily of time until further notice.
R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
R13: Unfit to drive company vehicle.
R14: Unfit to fly long haul flights.
R15: Unfit to work in heights and confined spaces.

COMMENTS

advised to quit smoking and S/I for Diabetic
management

Examining physician stamp and signature



Hospital Stamp



CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med - check History form		Name:	ABDUL WAHEED ABDUL AZIZ		
		GIN:			
Place of examination Al Nile	Date 13/07/2005	Mobile:	72454506.		
Age: 45y	Nationality: Pakistani	Blood Group	O ⁺ ve.		
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	Number Of Children: 3			
Do You Have You Had: (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
	Y	N		Y	N
1-SINUS TROUBLE		✓	21- CANCER		✓
2- NECK SWELLING / GLANDS		✓	22- HEART DISEASE		✓
3- DIFFICULTY IN VISION		✓	23- RHEUMATIC FEVER		✓
4- ANY EAR DISCHARGE		✓	24- ABNORMAL HEARTBEAT		✓
5- ASHMA / BRONCHITIS		✓	25- HIGH BLOOD PRESSURE	✓	
6- HAYFEVER / OTHER SIGNIFICANT ALLERGY		✓	26- STROKE		✓
7- ANY SKIN TROUBLE		✓	27- SERIOUS CHEST PAIN		✓
8- TUBERCULOSIS		✓	28- ANY BLOOD DISEASE		✓
9- SHORTNESS OF BREATH		✓	29- KIDNEY DISEASE		✓
10- COUGHED / VOMITED BLOOD		✓	30- BLOOD IN URINE		✓
11- SEVERE ABDOMINAL PAIN		✓	31- DIABETES		✓
12- STOMACH ULCER		✓	32- HEADACHES / MIGRAINE		✓
13- RECURRENT INDIGESTION		✓	33- DIZZINESS / FAINTING		✓
14- JAUNDICE OR HEPATITIS		✓	34- EPILEPSY		✓
15- GALL BLADDER DISEASE		✓	35- JOINTS / SPINAL TROUBLE		✓
16- MARKED CHANGE IN BOWEL HABITS		✓	36- SURGICAL OPERATION		✓
17- BLOOD IN STOOLS (MOTIONS)		✓	37- SERIOUS ACCIDENT / FRACTURE	✓	
18- MARKED CHANGE IN WEIGHT		✓	38- TROPICAL DISEASE		✓
19- VARICOSE VEINS		✓	39- FEAR OF HEIGHTS		✓
20- LUMP IN BREAST / ARMPIT		✓			
HOW MUCH TOBACCO EACH DAY?	Daily 1 pack - 10mg = 20 cigarettes		AVERAGE DAILY ALCOHOL CONSUMPTION	No	
HAVE YOU EVER TAKEN ELICITED DRUGS? No					
FAMILY HISTORY: DIABETES () TUBERCULOSIS () EPILEPSY () ASTHMA () ECZEMA () HEART DISEASE () HIGH BLOOD PRESSURE () STROKE () BLOOD DISEASE () CANCER () Not known					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:- I DECLARED THESE STATEMENTS TO BE TRUE TO THE BEST OF MY KNOWLEDGE AND BELIEF AND I AGREE THAT THE RESULT OF THIS MEDICAL EXAMINATION IN GENERAL TERMS MAY BE REVEALED TO THE COMPANY'S DOCTORS, AND THE DETAILS SENT TO THEM BY THE EXAMINING DOCTOR.					
DATE: 13/7/25					
SIGNATURE OF APPLICANT: عبد الوهيد					



عبد الوهيد

VISUAL FIELDS:	NORMAL		COLOR VISION:	NORMAL	
SPEECH:	NORMAL		SHISPER TEST:	NORMAL	
NEAR VISION RIGHT EYE:	NORMAL WITH GLASSES		NEAR VISION LEFT EYE:	NORMAL WITH GLASSES	
DISTANT VISION LEFT EYE:	4		DISTANT VISION RIHT EYE:	4	
HEIGHT: 187	WEIGHT: 87	BMI: 24.88	BP: 140/90	PULSE: 100 bpm.	
BODY SYSTEM / ORGAN	N	A	ABNORMALITY IF ANY		
EYES AND PUPILS	✓				
EAR/ NOSE/ THROAT	✓				
TEETH AND MOUTH	✓		ONLY STAINED DENTH , probably BECAUSE OF SMOOKING.		
LUNGS AND CHEST	✓				
CARDIOVASCULAR	✓				
ABDOMEN	✓				
HERNIAL ORIFICES	✓				
ANUS AND RECTUM	✓				
GENITO - URINARY	✓				
EXTREMITIES	✓				
MUSCULO SKELETAL	✓				
SKIN / VARICOSE VIENS	✓				
NEUROLOGICAL	✓				
MENTAL FITNESS	✓				
BREAST	✓				



عبد الوكيل

CONFIDENTIAL MEDICAL

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

NAME: <u>Abdul Wahed Abdul Aziz</u>	AGE: <u>45</u>	SEX: <u>M</u>	COMPANY: <u>SLB TRUCKMAN</u>	QIN
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PAST MEDICAL HISTORY <u>NIL</u>		BLOOD GROUP <u>O+</u>	
ALLERGIES: <u>NIL</u>			
VACCINATION		DATE OF INITIAL INJECTION	BOOSTER DUE DATE
HEPATITIS A			
HEPATITIS B			
TYPHOID FEVER			
INFLUENZA			
AUDIOGRAM: <u>WNL</u>		TESTS RESULTS <u>WNL</u>	
DSU'S PANEL			

ECG	<u>WNL</u>
CHEST X-RAY	<u>WNL</u>

BLOOD INVESTIGATIONS					
RBCS	<u>5.51</u>	4.20-6.30*10 ⁶ /UL	SGOT	<u>24.4</u>	MALE: 10-50 FEMALE: 10-35U/L
WBCS	<u>8600</u>	4.0-11.0*10 ³ /UL	SGPT	<u>53.8</u>	MALE: UP TO 41 FEMALE: 10-35U/L
NEUTRO	<u>48.61</u>	37-72%	GGT	<u>37</u>	0-50U/L
EOSINO	<u>2.51</u>	0-6%	FBS	<u>6.28</u>	60-130 MG/DL
BASO	<u>0.27</u>	0-1%	CHOLESTEROL	<u>206.5</u>	UP TO 200 MG/DL
LYMPHO	<u>39.21</u>	10-58%	HDL	<u>29.9</u>	20-60 MG/DL
MONO	<u>8.71</u>	0-14%	LDL	<u>122</u>	UP TO 130 MG/DL
HEMATOCRIT	<u>50.71</u>	37-51%	TRIGLYCERIDES	<u>275.4</u>	35-175 MG/DL
HEMOGLOBIN	<u>16.3 g/dl</u>	MALE: 13.5-18.0 FEMALE: 11.5-16.0G/DL	CREATININE	<u>1.2</u>	MALE: 0.7-1.2 MG/DL FEMALE: 0.5-0.9MG/DL
ESR	<u>1.0</u>	MALE: 0-10 MM/HR FEMALE: 0-20 MM/HR	URIC ACID	<u>3.6</u>	MALE: 3.6-7.7 MG/DL FEMALE: 2.5-6.8 MG/DL

URINE ANALYSIS			
BLOOD	<u>NIL</u>	SUGAR	<u>NIL</u>
ALBUMIN	<u>NIL</u>	OTHERS	
STOOL ANALYSIS			
PARASITES	<u>NIL</u>	BLOOD	<u>1-2 RBCs</u>

COMMENTS	• <u>HIN TAG + Slightly 20.6-5</u>
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EXAMINING PHYSICIAN

LDL 122 + HDL 29.9

• Slightly elevated FBS = FOR HBA1C

عبد الوہید

• + Cardiovascular Risk 25-31.
 For CARDIOLOGY CONSULTATION





Name: **ABDUL WAHEED ABDUL AZIZ**

Default Units

Results

Copy Results

Estimated 10-year Global CVD Risk

25.3%

Risk Category

High Risk

Estimated Vascular Age

76 Years

Treatment Guidelines

ATP-III (2004)

Treatment Targets

LDL <100 mg/dL (<2.59 mmol/L)

Non-HDL <130 mg/dL (<3.37 mmol/L)

CCS (2009)

Treatment Targets

LDL <2 mmol/L (<77 mg/dL) or ≥50 %

decrease in LDL-C

apoB <0.8 g/L (80 mg/dL)

ESC (2007, see info for more)

Treatment Targets

LDL <2.5 mmol/L (<80-100 mg/dL)

TChol <4.5 mmol/L (<155-175 mg/dL)

Dr. Weam Faisal Ibrahim





Al Nile Medical Complex مجمع النيل الطبي

P.O.BOX:300, POSTAL CODE - 611 NIZWA, SULTANATE OF OMAN C.R.NO.1128642

PH : 25426665, 25426228 \ WHATSAPP:94146648

Instagram: https://www.instagram.com/alnile_medical

Lab Report

Patient Name:	ABDUL WAHEED ABDUL AZIZ	Date:	13/07/2025 09:09:18
File No:	25011698	Age/Gender: 45y 10m 9d / M	Sid No: Bill#28311
Payer Name:		Collection Date & Time:	13/07/2025 08:56:15
Insurance Card No:	-	Received Date & Time:	13/07/2025 09:09:18
Doctor:	DR. Weam Faisal Ibrahim Alnour	Reported Date & Time:	13/07/2025 09:30:44
Billing Time:	13/07/2025 08:22:44	Id Card No:	65828391

Test Name	Result	Biological Reference
Complete Blood Count		
Haemoglobin	16.3 mg/dl	13.0-18.0
Total leucocyte count	8,600.0 Cells / Cumm	3,999.0 - 11,000.0
Differential count		
Neutrophil	48.6 %	40.0-75.0
Lymphocytes	39.2 %	15.0-45.0
Eosinophils	2.5 %	1.0-6.0
Monocyte	8.7 %	2.0-8.0
Basophils	0.7 %	< 10.0
Packed cell volum	50.7 %	< 54.0
RBC count	5.51 millions/mm	4.5-5.5
MCV	92.1 fl	81.8-95.5
MCH	29.6 pg	27.0-32.3
MCHC	32.1 g/dl	32.4-35.0
Platelet count	236,000.0 Cumm	150,000.0-400,000.0
RDW-CV	13.3 %	11.0-16.0
RDW-SD	44.6 fl	35.0-56.0
ESR(AUTOMATED)	1.0 mm/hr	< 15.0
HBA1C	6.4 %	4.0-6.0
BLOOD GROUP	O	-
RH Typing	POSITIVE	-
SGOT	24.4 U/L	<40.0
SGPT	53.8 U/L	<41.0
Gamma-Glutamyltransferase (GGT)	37.0 U/L	5.0-63.0
BLOOD SUGAR FASTING	6.28 mmol/m	3.3-6.1
CREATININE	1.2 mg/dl	0.7-1.4
URIC ACID	3.6 mg/dl	3.4-7.0
TRIGLYCERIDE	275.4 mg/dl	40.0-160.0
CHOLESTEROL	206.5 mg/dl	<200.0
HDL CHOLESTEROL	29.9 mg/dl	40.0-60.0
LDL CHOLESTEROL	122.0 mg/dl	<150.0
URINE ANALYSIS		
Color	Yellow	-



Al Nile Hospital
مستشفى النيل

Patient Name: ABDUL WAHEED
ABDUL AZIZ
File No: 25011698
Age: 45y 10m 9d
Gender: Male
Nationality: Pakistan

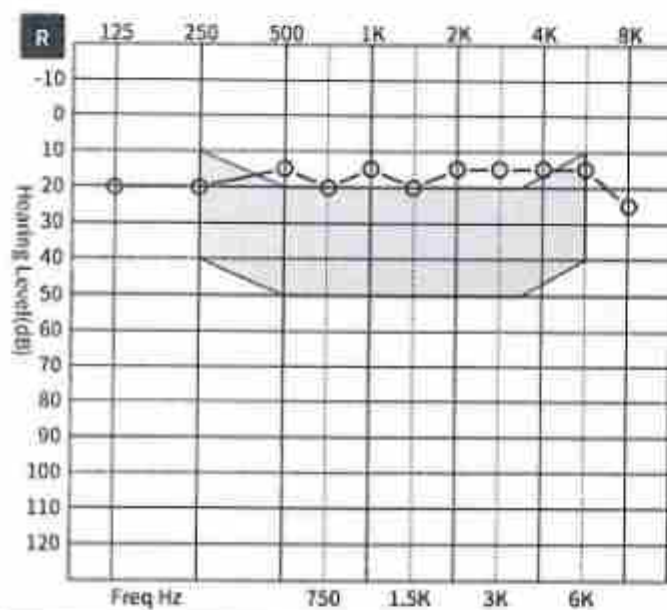
PTA Test Report

ID:25011698

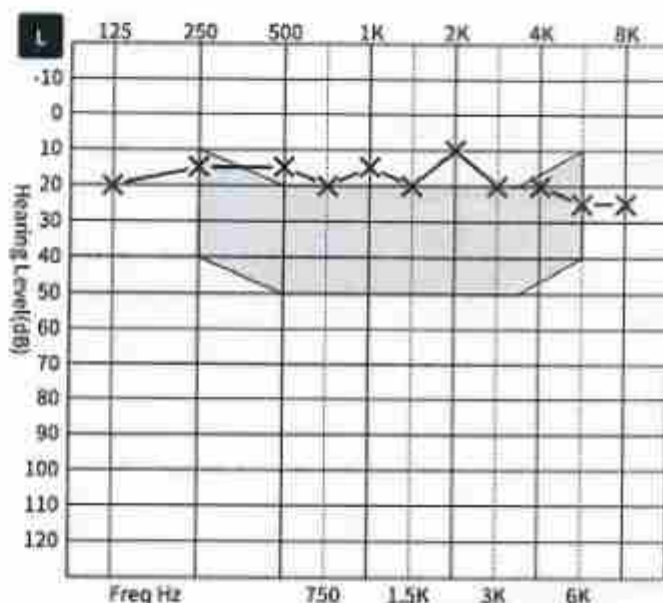
Gender:Male

Name:ABDUL WAHEED ABDULAZIZ

Age:45Y



	125	250	500	750	1K	1.5K	2K	3K	4K	6K	8K
Air	20	20	15	20	15	20	15	15	15	15	25
Bone											



	125	250	500	750	1K	1.5K	2K	3K	4K	6K	8K
Air	20	15	15	20	15	20	10	20	20	25	25
Bone											

Test Result: BILATERAL HEARING SENSITIVITY IS WITHIN THE NORMAL LIMITS



Test Date:2025-07-12 23:08

Printing Date:2025-07-12 23:08

Examiner:_____



Patient Name: ABDUL WAHEED ABDUL AZIZ
Prof. Dr. Dear Colleague
Date: 13 July 2025
Examination: CHEST XRAY PA & LATERAL VIEWS

REPORT

- Both lung fields are clear with no obvious focal or diffuse parenchymal or interstitial lesion.
- Normal appearance of aorta and both broncho-vascular shadows.
- Maintained cardio-thoracic ratio.
- No obvious hilar or mediastinal mass lesion.
- Costo-phrenic & cardio-phrenic pleural angles are free.
- Bony framework & soft tissue shadows are within normal limits.

OPINION:

Apparently normal chest X-ray.

MUCH OBLIGED,
Dr. Nesreen Ghazy
Lic.No: 26650



2025-07-13 09:48:43

Name : ABDUL WAHEED

Sex : Age : 0

Section: DR. Ali

Room ID:

Bed ID:

ID:

Operator: maya

chx:

AUTO 10mm/mV

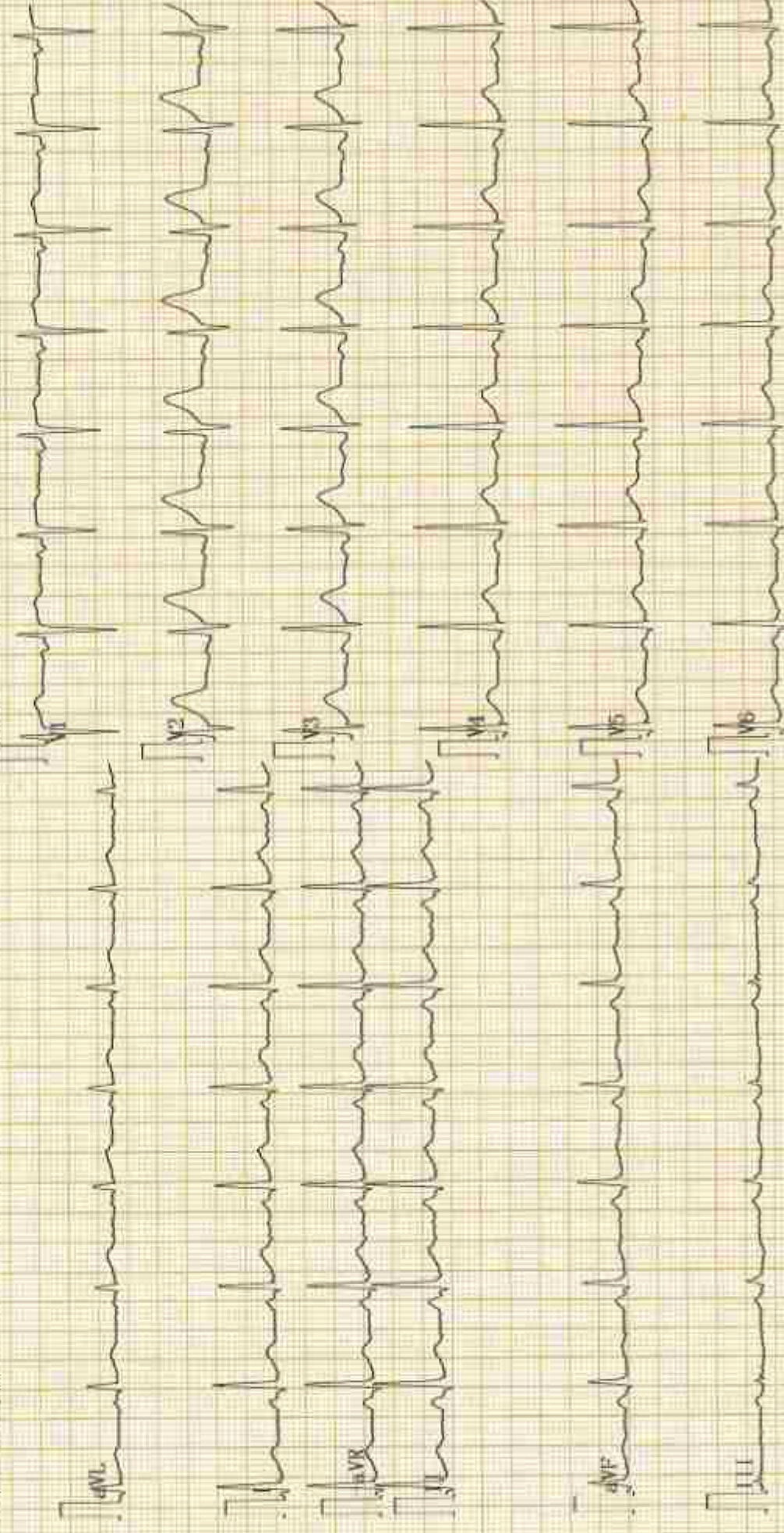
<< Conclusions >>

Normal Sinus Rhythm,
Cardiac electric axis normal.

Report need physician confirm

Physician:

10mm/mV





Al Nile Medical Complex

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P.O.BOX:300, POSTAL CODE - 611 NIZWA, SULTANATE OF OMAN C.R.NO.1128642

PH : 25426665, 25426228 \ WHATSAPP:94146648

Instagram:https://www.instagram.com/alnile_medical

Medical Report

Patient Name: ABDUL WAHEED ABDUL AZIZ		Date: 13/07/2025 11:56:24
File No: 25011698	Age/Gender: 45y 10m 9d / M	Nationality: Pakistan
Payer Name:--		Doctor: Dr. Bassel Ali Al Ratei
Insurance Card No:	ID Card No: 65828391	Phone: 72454506

Vitals:-

Temperature	BP (SBP/DBP)	Pulse Rate	Respiratory Rate	Weight	Height	SpO2	RBS:	Pain Level	Abdominal Circumference	Head Circumference	CVP	Body Mass Index
35.6° C	140 / 90 mmHG	100 bpm	0 bpm	87.0 kg	167.0 cm	05PO2		0	0.0	0.0		24.879179

Chief Complaints:-

cardiac evaluation

Patient History:-

the patient was referred by the GP for evaluation of newly discovered type II DM, mildly deranged lipid profile and high ASCVD risk of 25% on Framingham the patient denies any symptoms especially chest pain, dyspnoea, dizziness or palpitation Family.H: no HX of SCD, or cancer, Social.H: smoker of 1 back\day started 25 years ago, PMH: hyperlipidaemia, PE: RESP and CVS are WNL, pulse: equal and full bilaterally

Radiology Report:-

ECG: Diagnosis ECG: Sinus rhythm, regular, mild left axis deviation, heart rate 75 bpm. P-waves, QRS complex, and T-waves within normal limits. No ST segment deviation, conduction abnormalities, or pathologic Q waves. Normal QT interval TMT: the candidate has performed the test on Bruce protocol and completed 10 minutes of test without any symptoms of angina or angina equivalents. BP at rest 120\80 increased during the test to 200\110 and returned to normal during the recovery phase Heart rate at rest 102 increased to 160 maximum with represents 91% of MHR adjusted to Age DTS= +10 low risk for ASCVD conclusion: the patient is fit to work from cardiovascular view

Management Plan:-

newly diagnosed diabetes advised on diet and started on Glucophage 500mg BD review after 1 month for further evaluation

Investigations:-

No.	Internal Code	Name
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Prescriptions:-

No.	MOH Code	Medicine	Dosage	Duration	Remarks
1		GLUCOPHAGE F/C TAB 500MG 50.5		30 Days	





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Instagram:https://www.instagram.com/ainile_medical

Dr. Bassel Ali Al Ratel

Licence Number : 19770

2025-07-13 14:03:09

****End of Report****



AL NILE HOSPITAL NIZWA

Name: ABDUL WAHEED ABDUL AZIZ

Date: 13-07-2025 **Time:** 13:12

Age: 45

Gender: M

Height: 187 cms

Weight: 87 Kg

ID: 25011698

Clinical History:

Medications:

Test Details:

Protocol: Bruce

Predicted Max HR: 175

Target HR: 148 (85% of Pr. MHR)

Exercise Time: 0:10:19

Achieved Max HR: 160 (91% of Pr. MHR)

Max BP: 200/110

Max BP x HR: 32000

Max Mets: 11.6

Test Termination Criteria:

Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope mV/s
Standing	00:08	1	0	0	102	120/80	12240	1.6 V2	0.5 V2
Pre-Test	01:33	1	1.6	0	110	120/80	13200	1.4 V3	0.5 V2
Stage: 1	03:00	4.7	2.7	10	126	120/80	15120	1.4 V2	0.7 V2
Stage: 2	03:00	7	4	12	135	180/100	24300	1.6 V2	0.8 V2
Stage: 3	03:00	10.1	5.5	14	146	180/100	26280	2 V2	0.9 V2
Peak Exercise	01:19	11.6	6.8	16	160	200/110	32000	2.3 V3	0.9 V3
Recovery1	01:00	1	0	0	149	200/110	29800	2.4 V2	1.2 V2
Recovery2	01:00	1	0	0	129	200/110	25800	1.2 V3	-2.1 II
Recovery3	01:00	1	0	0	121	180/90	21780	1.4 II	-2.4 II
Recovery4	00:21	1	0	0	116	180/90	20880	2.2 V3	0.9 V2

Interpretation

DTS = + 10 Low Risk for ASCVD



Ref. Doctor: ---

Doctor: ---

SCHILLER
The Art of Diagnostics



(Summary Report edited by User)
Cardiofit CS-20 Version:3.5

AL NILE HOSPITAL NIZWA

ABDUL WAHEED ABDUL AZIZ (45 M)

Bruce Protocol

Exec Time : 0:00:00

ID: 25071698

Stage: Standing

Stage Time : 00:08

Date: 13-07-2025

THR: 148 bpm

Speed: 0 kmph

HR: 102 bpm

BP: 120/80 mmHg

Grade: 0%



STLevel(mm) STSlope(mV/s) STLevel(mm) STSlope(mV/s) STLevel(mm) STSlope(mV/s) STLevel(mm) STSlope(mV/s)

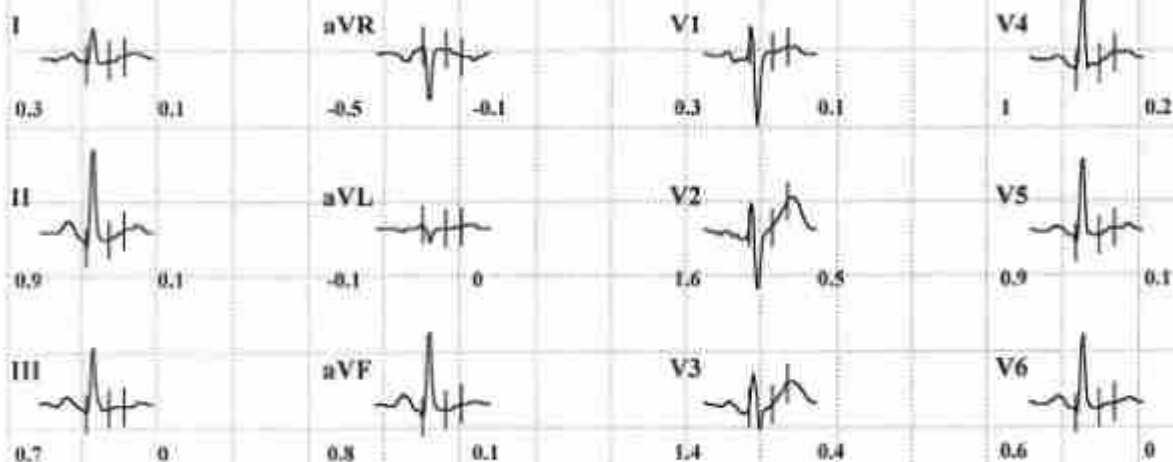


Chart Speed: 25 mm/sec

Schiller Cardiovit CS-20 Version:3.5

Filter: 35 Hz

Linked Median

Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = R + 80 ms

Amplitude: 10mm/mV



AL NILE HOSPITAL NIZWA

ABDUL WAHEED ABDUL AZIZ (45 M)

Bruce Protocol

Exec Time : 0:00:00

ID: 25011698

Stage: PreTest

Stage Time : 01:33

Date: 13-07-2025

THR: 148 bpm

Speed: 1.6 kmph

HR: 110 bpm

BP: 120/80 mmHg

Grade: 0%



STLevel(mm) STSlope(mV/s) STLevel(mm) STSlope(mV/s) STLevel(mm) STSlope(mV/s) STLevel(mm) STSlope(mV/s)

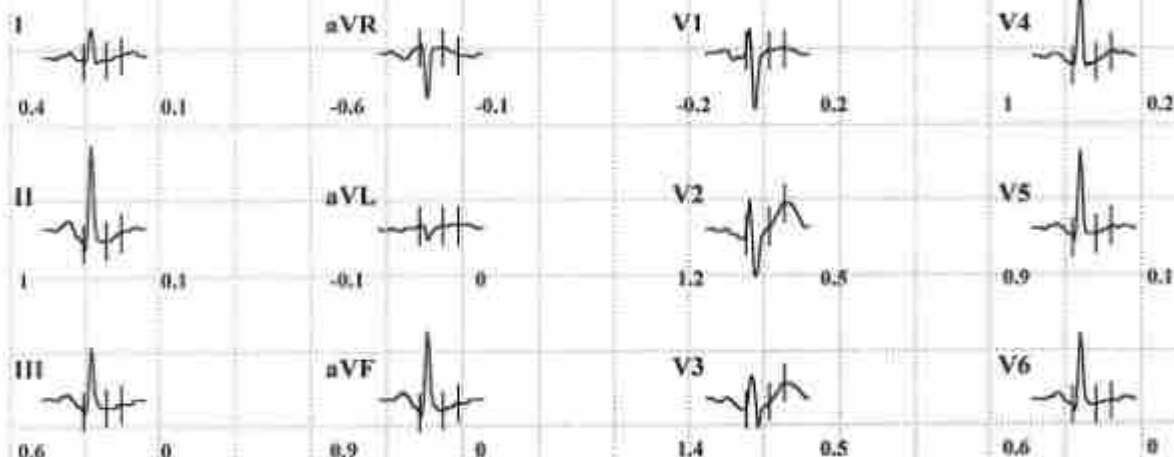


Chart Speed: 25 mm/sec

Schiller Cardiovit CS-20 Version:3.5

Filter: 35 Hz

Linked Median

Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post-J = J + 80 ms

Amplitude: 10mm/mV



AL NILE HOSPITAL NIZWA

ABDUL WAHEED ABDUL AZIZ (45 M)

ID: 25011698

Date: 13-07-2025

HR: 126 bpm

Bruce Protocol

Stage: 1

THR: 148 bpm

BP: 120/80 mmHg

Exec Time : 0:03:00

Stage Time : 03:00

Speed: 2.7 kmph

Grade: 10%



STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)				
I	0.8	0.3	aVR	-1	-0.4	V1	-0.5	0.1	V4	1.6	0.6
II	1.4	0.4	aVL	0	0.1	V2	2.1	1	V5	1.3	0.4
III	0.6	0.2	aVF	1.1	0.4	V3	1.8	0.7	V6	0.9	0.3

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filter: ON

Amplitude: 10mm/mV

Schiller Cardiovit CS-20 Version:3.5

Linked Median

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms



AL NILE HOSPITAL NIZWA

ABDUL WAHEED ABDUL AZIZ (45 M)

ID: 25011698

Date: 13-07-2025

HR: 135 bpm

Bruce Protocol

Stage: 2

THR: 148 bpm

BP: 180/100 mmHg

Exec Time : 0:06:00

Stage Time : 03:00

Speed: 4 kmph

Grade: 12%



STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)
I	0.5	aVR	-1.3	V1	-0.4	V4	2
II	0.5	aVL	0	V2	2.9	V5	1.4
III	0.1	aVF	1.5	V3	2.5	V6	1

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filter: ON

Amplitude: 10mm/mV

Schiller Cardiovit CS-20 Version:3.5

Linked Median

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms



AL NILE HOSPITAL NIZWA

ABDUL WAHEED ABDUL AZIZ (45 M)

Bruce Protocol

Exec Time : 0:09:00

ID: 25011698

Stage: 3

Stage Time : 03:00

Date: 13-07-2025

THR: 148 bpm

Speed: 5.5 kmph

HR: 146 bpm

BP: 180/100 mmHg

Grade: 14%



STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)				
I	1.3	0.5	aVR	-1.4	-0.5	V1	0.1	0	V4	2.3	0.8
II	1.9	0.8	aVL	0.3	0.1	V2	3.3	1.4	V5	1.7	0.6
III	0.6	0.2	aVF	1.3	0.4	V3	3.1	1.1	V6	1.2	0.5

Chart Speed: 25 mm/sec

Schiller Cardiovit CS-20 Version:3.5

Filter: 35 Hz

Linked Medium

Mains Filter: ON

ISO = R - 60 ms, J = R - 60 ms, Post J = J + 80 ms

Amplitude: 10mm/mV



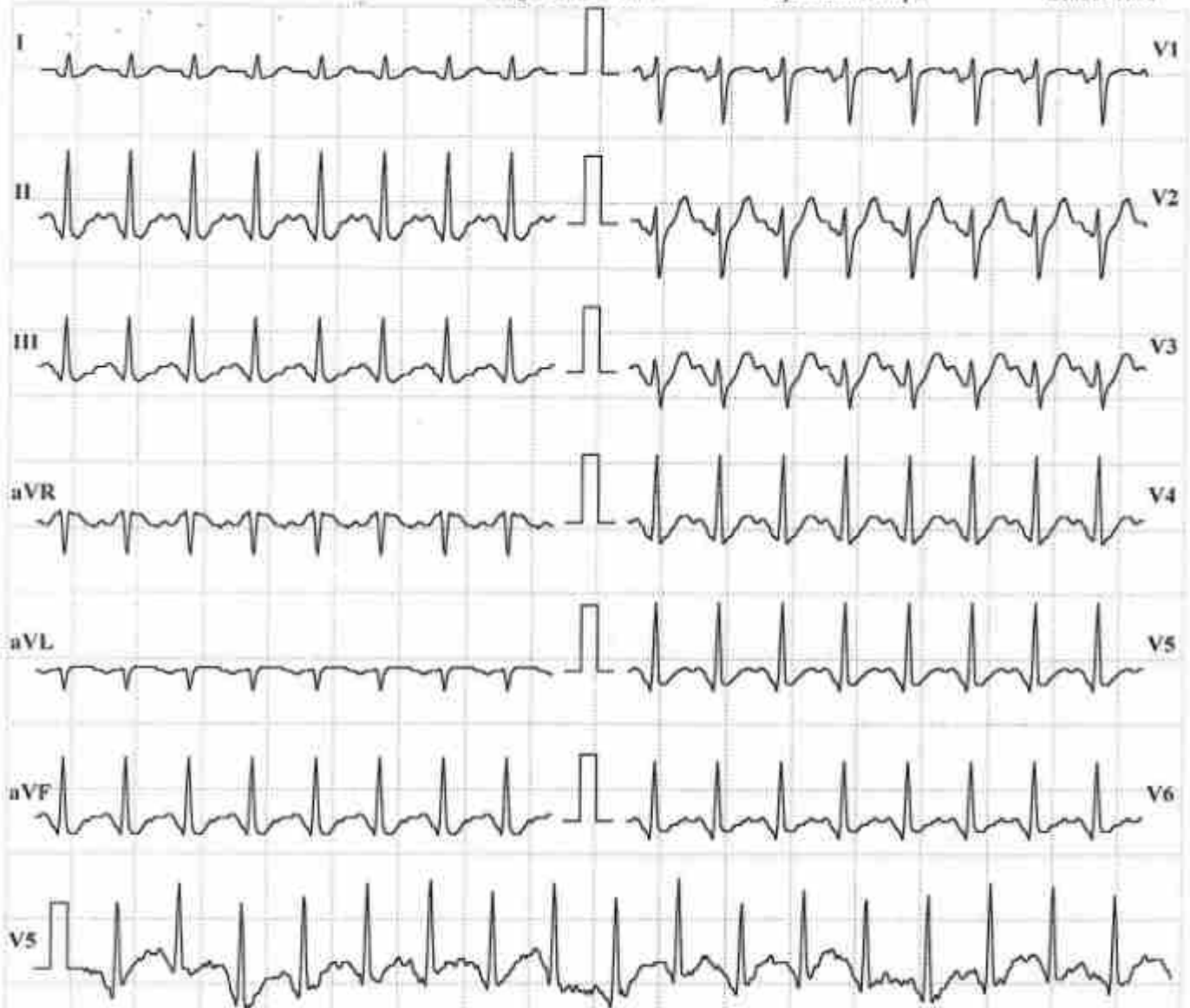
AL NILE HOSPITAL NIZWA

ABDUL WAHEED ABDUL AZIZ (45 M)
Bruce Protocol
Exec Time : 0:10:19

ID: 25071698
Stage: Peak Exercise
Stage Time : 01:19

Date: 13-07-2025
THR: 148 bpm
Speed: 6.8 kmph

HR: 160 bpm
BP: 200/110 mmHg
Grade: 16%



STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)
I 	1.1 0	aVR 	-1.2 -0.2	V1 	0.5 0.5	V4 	2.5 0.5
II 	1.8 -0.2	aVL 	0.2 0.2	V2 	1.3 0.5	V5 	2 0.5
III 	0.6 -0.5	aVF 	1.1 -0.2	V3 	3.6 0.5	V6 	1.5 0.5

Chart Speed: 25 mm/sec
Schiller Cardiofit CS-20 Version:3.5

Filter: 35 Hz
Linked Median

Mains Filter: ON
ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Amplitude: 10mm/mV



AL NILE HOSPITAL NIZWA

ABDUL WAHEED ABDUL AZIZ (45 M)

Bruce Protocol

Exec Time : 0:11:19

ID: 25011698

Stage: Recovery1

Stage Time : 01:00

Date: 13-07-2023

THR: 148 bpm

Speed: 0 kmph

HR: 149 bpm

BP: 200/110 mmHg

Grade: 0%



STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)
I		aVR		V1		V4	
1.3	0.4	-1.4	-0.6	-0.2	-0.1	3.3	0.9
II		aVL		V2		V5	
2.8	1	-0.2	0	4.2	1.1	2.4	0.5
III		aVF		V3		V6	
1.5	0.5	2.1	0.8	4.1	1.2	1.6	0.5

Chart Speed: 25 mm/sec

Schiller Cardiovit CS-20 Version:3.5

Filter: 35 Hz

Linked Median

Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Amplitude: 10mm/mV



AL NILE HOSPITAL NIZWA

ABDUL WAHEED ABDUL AZIZ (45 M)

ID: 25011698

Date: 13-07-2025

HR: 121 bpm

Bruce Protocol

Stage: Recovery3

THR: 148 bpm

BP: 180/90 mmHg

Exec Time : 0:13:19

Stage Time : 01:00

Speed: 0 kmph

Grade: 0%



STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	
I	0.5	0.3	aVR	-0.9	-0.4	V1	0.5	0.2
II	1.8	0.8	aVL	-0.3	-0.1	V2	2.8	1.3
III	1.2	0.4	aVF	1.5	0.6	V3	3.3	1.5
						V4	2.4	1
						V5	1.6	0.8
						V6	1.1	0.4

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filter: ON

Amplitude: 10mm/mV

Schiller Cardiovit CS-20 Version:3.5

Linked Median

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms



AL NILE HOSPITAL NIZWA

ABDUL WAHEED ABDUL AZIZ (45 M)

ID: 25011698

Date: 13-07-2025

HR: 116 bpm

Bruce Protocol

Stage: Recovery4

THR: 148 bpm

BP: 180/90 mmHg

Exec Time : 0:13:40

Stage Time : 00:21

Speed: 0 kmph

Grade: 0%



STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)				
I	0.5	0.3	aVR	-0.9	-0.3	V1	0.2	0.2	V4	2.1	0.8
II	1.8	0.7	aVL	-0.3	-0.1	V2	2.5	1.1	V5	1.4	0.6
III	1.2	0.4	aVF	1.5	0.5	V3	2.7	1.2	V6	1	0.4

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filter: ON

Amplitude: 10mm/mV

Schiller Cardiovit CS-20 Version:3.5

Linked Median

ISO = R - 60 ms, I = R + 60 ms, Post I = I + 80 ms



AL NILE HOSPITAL NIZWA

Bruce Protocol
Exeo Time : 00:00

ID: 25011898
Stage: Recovery4
Stage Time : 00:21

Date: 13-07-2025
THR: 148 bpm
Speed: 0 kmph

HR: 116 bpm
BP: 180/90 mmHg
Slope: 0 %



STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)	STLevel(mm)	STSlope(mV/s)				
I	0.4	0.2	aVR	-0.7	-0.3	V1	0.1	0.2	V4	1.7	0.6
II	1.5	0.5	aVL	-0.3	0	V2	2	0.9	V5	1.2	0.4
III	1.1	0.3	aVF	1.2	0.4	V3	2.2	0.9	V6	0.8	0.3

Chart Speed: 25 mm/sec
Schiller Cardiovit CS-20 Version:3.5

Filter: 35 Hz

Mains Filter: ON

Amplitude: 10mm/mV

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms





Al Nile
Medical Complex
مجمع النيل الطبي

P.O.BOX:300, POSTAL CODE - 611 NIZWA, SULTANATE OF OMAN C.R.NO.1128542

PH : 25426665, 25426228 \ WHATSAPP:94146648

Instagram:https://www.instagram.com/alnile_medical

Prescription

Patient: ABDUL WAHEED ABDUL AZIZ

Prescription ID : PRES2025/017813

MRN: 25011698

Prescription Date : 13/07/2025 14:01:43

Prescribing Doctor : Dr. Bassel Ali Al Ratel

Patient Age: 45y 10m 9d

Patient Contact: 72454506

Company:

Patient Weight: 87.0

Plan:

Kidney Disease

No

Heart Disease

No

Liver Disease

No

Allergy:

Diagnosis:

Prescription Details

Medicament	Dose	Unit	Frequency	T. Duration	T. Period	Remarks
GLUCOPHAGE F/C TAB 500MG 50,5			bid	30	Days	

Notes:

Doctor Signature:

Prepared By: Dr. Bassel Ali Al Ratel

Printed On: 13/07/2025 10:01

