

# MEDICAL EVALUATION REPORT FOR OQ CONTRACTORS - SUMMARY



| CANDIDATE / EMPLOYEE IDENTIFICATION |              |                                                      |                   |
|-------------------------------------|--------------|------------------------------------------------------|-------------------|
| Civil ID / Passport #               | Company ID # | AVTAR SINGH<br># 0042508 # 39 Y/M BAE-Aw Bill: 00503 | Position<br>H-D-D |
| Nationality                         | Age          | Sex                                                  | Location          |
| Indian                              | 3/4/1984     |                                                      |                   |
| Examination                         |              | [ ] Pre-employment [ ] Periodic [ ] Exit             |                   |

| VITAL SIGNS & BODY MEASURES |        |                                                                                                          |  |
|-----------------------------|--------|----------------------------------------------------------------------------------------------------------|--|
| Blood Pressure Category:    | 138/85 | [ ] Normal [ ] Prehypertension [ ] Hypertension Stage 1 [ ] Hypertension Stage 2 [ ] Hypertension Crises |  |
| BMI Category:               | 27     | [ ] Underweight [ ] Normal [ ] Overweight [ ] Obese [ ] Morbid Obesity                                   |  |
| Remarks:                    |        |                                                                                                          |  |

| VISUAL TEST             |                                          |                          |                                           |
|-------------------------|------------------------------------------|--------------------------|-------------------------------------------|
| Visual Acuity Test      | RT                                       | LT                       | Visual Field Test [ ] Normal [ ] Abnormal |
| Colour Vision Test      | [ ] Normal [ ] Abnormal [ ] Not Required | Stereoscopic Vision Test | [ ] Normal [ ] Abnormal [ ] Not Required  |
| Pre-existing condition: |                                          |                          |                                           |
| Remarks:                |                                          |                          |                                           |

| RESPIRATORY SYSTEM      |                                          |                         |                                          |
|-------------------------|------------------------------------------|-------------------------|------------------------------------------|
| Spirometry Test         | [ ] Normal [ ] Abnormal [ ] Not Required | Chest X-Ray             | [ ] Normal [ ] Abnormal [ ] Not Required |
| Pre-existing condition: | Physical Assessment                      | [ ] Normal [ ] Abnormal |                                          |
| Remarks:                |                                          |                         |                                          |

| ENT SYSTEM              |                                          |                         |                                          |
|-------------------------|------------------------------------------|-------------------------|------------------------------------------|
| Audiometry Test         | [ ] Normal [ ] Abnormal [ ] Not Required | Otology                 | [ ] Normal [ ] Abnormal [ ] Not Required |
| Pre-existing condition: | Physical Assessment                      | [ ] Normal [ ] Abnormal | (Whisper, Weber & Rinne Tests)           |
| Remarks:                |                                          |                         |                                          |

| CARDIOVASCULAR SYSTEM   |                                          |                     |                         |
|-------------------------|------------------------------------------|---------------------|-------------------------|
| ECG Test                | [ ] Normal [ ] Abnormal [ ] Not Required | Physical Assessment | [ ] Normal [ ] Abnormal |
| Pre-existing condition: |                                          |                     |                         |
| Remarks:                |                                          |                     |                         |

| NEUROLOGICAL SYSTEM     |                         |  |  |
|-------------------------|-------------------------|--|--|
| Physical Assessment     | [ ] Normal [ ] Abnormal |  |  |
| Pre-existing condition: |                         |  |  |
| Remarks:                |                         |  |  |

| MUSCULOSKELETAL SYSTEM  |                         |              |                                          |
|-------------------------|-------------------------|--------------|------------------------------------------|
| Physical Assess.        | [ ] Normal [ ] Abnormal | Lumbar X-Ray | [ ] Normal [ ] Abnormal [ ] Not Required |
| Pre-existing condition: |                         |              |                                          |
| Remarks:                |                         |              |                                          |

| LABORATORY INVESTIGATIONS |                         |                                    |                    |
|---------------------------|-------------------------|------------------------------------|--------------------|
| Lab Tests:                | [ ] Normal [ ] Abnormal | If abnormal, please specify below: | Blood Grouping: B+ |
| Pre-existing condition:   |                         |                                    |                    |
| Remarks:                  |                         |                                    |                    |

|                           |                                          |                                                                                                     |
|---------------------------|------------------------------------------|-----------------------------------------------------------------------------------------------------|
| Glucose Level Category    | 80                                       | [ ] Normal 80 - 100 mg/dl [ ] Pre diabetic 100 - 125 mg/dl [ ] Diabetic > 126 mg/dl                 |
| Cholesterol Risk Category | 123                                      | [ ] Low Risk LDL is less 130 mg/dl [ ] Moderate Risk LDL 130-159 mg/dl [ ] High Risk LDL >160 mg/dl |
| Routine Urine Analysis    | [ ] Normal [ ] Abnormal [ ] Not Required | Stool Analysis [ ] Normal [ ] Abnormal [ ] Not Required                                             |

| QUESTIONNAIRES                           |                                                                                                                                                                                              |  |  |
|------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| Medical & Surgical History Questionnaire | Remarks                                                                                                                                                                                      |  |  |
| Respiratory Protection Questionnaire     | Remarks                                                                                                                                                                                      |  |  |
| Hearing Conservation Questionnaire       | Remarks                                                                                                                                                                                      |  |  |
| Screening Questionnaire                  | Remarks                                                                                                                                                                                      |  |  |
| Fagerstrom Test - Smoking                | [ ] Non-smoker [ ] Low dependence [ ] Low to Mod dependence [ ] Moderate dependence [ ] High dependence                                                                                      |  |  |
| CAGE Questionnaire Alcohol Use           | [ ] No use of alcohol [ ] Screening negative [ ] Clinically significant                                                                                                                      |  |  |
| SRQ-20 Self-reported Questionnaire       | [ ] No positive answers [ ] Positive answers Factor I (1 to 6) [ ] Positive answers Factor II (7 to 12) [ ] Positive answers Factor III (13 to 16) [ ] Positive answers Factor IV (17 to 20) |  |  |

| Clinic Doctor Name | License # | Hospital/Polyclinic | Doctor Signature & Clinic Stamp                                      | Issue Date |
|--------------------|-----------|---------------------|----------------------------------------------------------------------|------------|
|                    |           |                     | Dr. MOHAMMED AKBAR KHAN<br>General Practitioner<br>MOH Lic. No. 4404 | 25/5/23    |



# FITNESS TO WORK CERTIFICATE - OQ CONTRACTORS



| EMPLOYEE IDENTIFICATION |              |                                                           |       |                |          |
|-------------------------|--------------|-----------------------------------------------------------|-------|----------------|----------|
| Civil ID / Passport #   | Company ID # | AVTAR SINGH<br># 0042508 # 39 Y(M) BAP-Pw Bill: 00503<br> |       | Position       |          |
| Nationality             | Age          | Sex                                                       | 77874 | 24/05/23 10:28 | Location |

| EXAMINATION TYPE                                                     |                                                             |                                                          |
|----------------------------------------------------------------------|-------------------------------------------------------------|----------------------------------------------------------|
| <input checked="" type="checkbox"/> Pre-employment Examination (PRE) | <input type="checkbox"/> Periodic Medical Examination (PME) | <input type="checkbox"/> Post-absence Examination        |
| <input type="checkbox"/> Change of Position Examination              | <input type="checkbox"/> Exit Examination                   | <input type="checkbox"/> Critical Activities Examination |
| <input type="checkbox"/> Emergency Response Team                     | <input type="checkbox"/> Travelling Examination             | <input type="checkbox"/> Medical Surveillance            |

| Medical Suitability for Work |                                                                                                                                                                                                     |
|------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Medical Suitability for Work | <input checked="" type="checkbox"/> Fit to work<br><input type="checkbox"/> Fit with following restrictions<br><input type="checkbox"/> Pending Fitness<br><input type="checkbox"/> Not fit to work |

## Restrictions

|                                                          |                                                                       |
|----------------------------------------------------------|-----------------------------------------------------------------------|
| <input type="checkbox"/> Working at height               | <input type="checkbox"/> Pulling, pushing or carrying weight          |
| <input type="checkbox"/> Working in confined space       | <input type="checkbox"/> Ascend/descend ladders and stairs            |
| <input type="checkbox"/> Working with electricity        | <input type="checkbox"/> Walking or standing for long distance/period |
| <input type="checkbox"/> Working near rotating machinery | <input type="checkbox"/> Repetitive movements                         |
| <input type="checkbox"/> Working in noise area           | <input type="checkbox"/> Mobile machinery operation                   |
| <input type="checkbox"/> Working in extreme heat         | <input type="checkbox"/> Heavy lifting operation                      |
| <input type="checkbox"/> Handling chemical products      | <input type="checkbox"/> Driving vehicle                              |
| <input type="checkbox"/> Use of respirator               | <input type="checkbox"/> Emergency response duty                      |

Other, specify

| New Position | New Function | New Department |
|--------------|--------------|----------------|
| NA           | NA           | NA             |

| Examination Date | Exams Performed              |
|------------------|------------------------------|
| 24/5/23          | USM - Diet, exercise, advice |

| Medical Review Date | Employee Signature |
|---------------------|--------------------|
|                     | Avatar Singh       |

| Doctor Name | Medical License | Medical Doctor Signature |
|-------------|-----------------|--------------------------|
|             |                 |                          |

