

Medical Fitness Certificate

Name of the Examined : Mr. SHAHBAZ AHMED HASSAN AHMED
Age : 34YRS/M
ID Number : 88781404
Date of medical Examination: 16/04/2025
Examining physician : DR. ISLAM ATEYA

Assessment Results

The certificate is valid for 2 years from the date of medical examination

Fitness classifications:

- Fit to work without restrictions ✓
- Fit work with restrictions
- Unfit to work temporarily or definitely

FIT

Restrictions list:

- R1: Unfit to work offshore, on marine vessels and in remote locations.
R2: Unfit for Lifting and strenuous efforts.
R3: Unfit to work in certain countries, check with geo market health advisor.
R4: Unfit to work in jobs requiring precise color vision.
R5: Unfit to work in job with high level of noise.
R6: Unfit to work in high risk of malaria countries.
R7: Unfit to work in extreme heat.
R8: Unfit to work in extreme cold.
R9: Contact Geo market health advisor/international medical coordinator - there exist specific restriction.
R10: Unfit to work for a temporarily of time until further notice.
R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
R13: Unfit to drive company vehicle.
R14: Unfit to fly long haul flights.
R15: Unfit to work in heights and confined spaces.

COMMENTS

fit for work

Examining physician stamp and signature


Signature: Islam Ateya
Stamp: DR. ISLAM ATEYA / 16-04-2025
Specialist: General Practitioner



CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med - check History form		Name:	SHAHBAZ AHAMAD HASSAN AHMED	
		GIN:		
Place of examination		Mobile:		
Al Nile Hospital		9329 3744		
Age: 34	Nationality: PAKISTAN	Blood Group		
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	Number Of Children: 2		
Do You Have You Had: (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
	Y	N	Y	N
1-SINUS TROUBLE		✓	✓	
2- NECK SWELLING / GLANDS		✓	✓	
3-DIFFICULTY IN VISION		✓	✓	
4- ANY EAR DISCHARGE		✓	✓	
5-ASHMA / BRONCHITIS		✓	✓	
6- HAYFEVER / OTHER SIGNIFICANT ALLERGY		✓	✓	
7-ANY SKIN TROUBLE		✓	✓	
8- TUBERCULOSIS		✓	✓	
9- SHORTNESS OF BREATH		✓	✓	
10- COUGHED / VOMITED BLOOD		✓	✓	
11- SEVERE ABDOMINAL PAIN		✓	✓	
12- STOMACH ULCER		✓	✓	
13- RECURRENT INDIGESTION		✓	✓	
14- JAUNDICE OR HEPATITIS		✓	✓	
15- GALL BLADDER DISEASE		✓	✓	
16- MARKED CHANGE IN BOWEL HABITS		✓	✓	
17- BLOOD IN STOOLS (MOTIONS)		✓	✓	
18- MARKED CHANGE IN WEIGHT		✓	✓	
19- VARICOSE VEINS		✓	✓	
20- LUMP IN BREAST / ARMPIT		✓	✓	
21- CANCER		✓	✓	
22- HEART DISEASE		✓	✓	
23- RHEUMATIC FEVER		✓	✓	
24- ABNORMAL HEARTBEAT		✓	✓	
25- HIGH BLOOD PRESSURE		✓	✓	
26- STROKE		✓	✓	
27- SERIOUS CHEST PAIN		✓	✓	
28- ANY BLOOD DISEASE		✓	✓	
29- KIDNEY DISEASE		✓	✓	
30- BLOOD IN URINE		✓	✓	
31- DIABETES		✓	✓	
32- HEADACHES / MIGRAINE		✓	✓	
33- DIZZINESS / FAINTING		✓	✓	
34- EPILEPSY		✓	✓	
35- JOINTS / SPINAL TROUBLE		✓	✓	
36- SURGICAL OPERATION		✓	✓	
37- SERIOUS ACCIDENT / FRACTURE		✓	✓	
38- TROPICAL DISEASE		✓	✓	
39- FEAR OF HEIGHTS		✓	✓	
AVERAGE DAILY ALCOHOL CONSUMPTION			NIL	
HOW MUCH TOBACCO EACH DAY? NIL				
HAVE YOU EVER TAKEN DRUGS? ()				
FAMILY HISTORY: DIABETES () TUBERCULOSIS () EPILEPSY () ASTHMA () ECZEMA ()				
HEART DISEASE () HIGH BLOOD PRESSURE () STROKE () BLOOD DISEASE () CANCER ()				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-				
I DECLARED THESE STATEMENTS TO BE TRUE TO THE BEST OF MY KNOWLEDGE AND BELIEF AND I AGREE THAT THE RESULT OF THIS MEDICAL EXAMINATION IN GENERAL TERMS MAY BE REVEALED TO THE COMPANY'S DOCTORS, AND THE DETAILS SENT TO THEM BY THE EXAMINING DOCTOR.				
DATE: 16/04/25				
SIGNATURE OF APPLICANT: 				



VISUAL FIELDS:	Normal	COLOR VISION:	Normal
SPEECH:	Normal	SHISPER TEST:	Normal
NEAR VISION RIGHT EYE:	6/6 Normal	NEAR VISION LEFT EYE:	6/6 Normal
DISTANT VISION LEFT EYE:	6/6 Normal	DISTANT VISION RIHT EYE:	6/6 Normal
HEIGHT: 1.72 (m)	WEIGHT: 82 kg	BMI: 27.7	BP: 121/76
			PULSE: 63

BODY SYSTEM / ORGAN	N	A	ABNORMALITY IF ANY
EYES AND PUPILS	✓		
EAR/ NOSE/ THROAT	✓		
TEETH AND MOUTH	✓		
LUNGS AND CHEST	✓		
CARDIOVASCULAR	✓		
ABDOMEN	✓		
HERNIAL ORIFICES	✓		
ANUS AND RECTUM	✓		
GENITO - URINARY	✓		
EXTREMITIES	✓		
MUSCULOSKELETAL	✓		
SKIN / VARICOSE VIENS	✓		
NEUROLOGICAL	✓		
MENTAL FITNESS	✓		
BREAST	✓		

Wing



CONFIDENTIAL MEDICAL
TO BE COMPLETED BY THE EXAMINING PHYSICIAN

NAME:	AGE	SEX	COMPANY	GIN
SHAHBAZ AHMED HASSAN AHMED	34	M	TRUCK OMAN	

PAST MEDICAL HISTORY		BLOOD GROUP	
ALLERGIES:		DATE OF INITIAL INJECTION	BOOSTER DUE DATE
VACCINATION			
HEPATITIS A			
HEPATITIS B			
TYPHOID FEVER			
INFLUENZA			
TESTS RESULTS			
AUDIOGRAM:		Normal	
DSU 5 PANEL			

ECG	Normal
CHEST X-RAY	Normal

BLOOD INVESTIGATIONS					
RBCS	4.82	4.20-6.30*10 ⁶ /UL	SGOT	21.60	MALE:10-50 FEMALE:10-35U/L
WBCS	9.100.00	4.0-11.0*10 ³ /UL	SGPT	21.80	MALE:UP TO 41 FEMALE:10-35U/L
NEUTRO	58.60	37-72%	GGT	31	0-50/UL
EOSINO	2.10	0-6%	FBS:	112.5	60-110 MG/DL
BASO	0.50	0-1%	CHOLESTEROL	186.50	UP TO 200 MG/DL
LYMPHO	33.20	10-58%	HDL	38.78	20-60 MG/DL
MONO	4.40	0-14%	LDL	131.00	UP TO 130 MG/DL
HEMATOCRIT	43	37-51%	TRIGLYCERIDES	82.40	35-175 MG/DL
HEMOGLOBIN	13.80	MALE:13.5-18.0 FEMALE:11.5-16.0G/DL	CREATININE	1.3	MALE:0.7-1.2 MG/DL FEMALE:0.5-0.9MG/DL
ESR	2.0	MALE:0-10 MM/HR FEMALE:0-20 MM/HR	URIC ACID	5.10	MALE:3.6-7.7 MG/DL FEMALE:2.5-6.8 MG/DL

URINE ANALYSIS			
BLOOD	NIL	SUGAR	NIL
ALBUMIN	NIL	OTHERS	-
STOOL ANALYSIS			
PARASITES	NIL	BLOOD	1-2

COMMENTS	
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EXAMINING PHYSICIAN

Dr. ISHAK ATEYA MOHAMMED
General Practitioner
Al Nile Hospital



سلطنة عُمان
SULTANATE OF OMAN

RESIDENT CARD

586000C018432A78

رقم الدنسي
88781404

تاريخ الانتهاء
21/05/2025

تاريخ الميلاد
19/11/1990

مكان الميلاد
باكستان

الاسم
شهباز احمد حسن احمد

المهنة سابق رائد فاطرة (تربية)

عمل بدوام جزئي لدى شركة ترك حضانة لاجير الحداد في م م

توقيع



شهباز احمد حسن احمد



Al Nile
Medical Complex
مجمع النيل الطبي

P.O.BOX:300, POSTAL CODE - 611 NIZWA, SULTANATE OF OMAN C.R.NO.1128642
PH : 25426665, 25426228 \ WHATSAPP:94146648
Instagram:https://www.instagram.com/alnile_medical

Tax Invoice

File Number: 21117143 Invoice No: 27477
Patient Name: Mr.SHAHBAZ AHMED HASSAN AHMED SID No: Bill#13527
Date of Birth: 1990-11-19 Date: 16/04/2025 07:39:05
Age / Gender: 34y 4m 28d / Male Payer Name: TRUCK OMAN
ID Card No: 88781404 Doctor: Dr. Islam Ateya Mohammed Sakr
Address: Nationality: Pakistan
Mobile No: 93293744

Sl.No.	Description	Code	Qty	Gross	Disc	Var%	Vat	Net Amount
1	SCHLUMBERGER FITNESS TO WORK		1	42.000	0.000		0.000	42.000

Bill Amount: 42.000
Tax Amount: 0.000
Discount: 0.000
Net Amount: 42.000
Balance amount to be paid by patient: 42.000

Total Paid 0.0 Balance to be Paid (Patient) 0.0 Balance to be Paid (TRUCK OMAN) 42.000

Total Amount in Words: Forty-Two Rial Only

Invoiced By: Marwa Eid albusaidi

Payment Details:

Receipt Date	Receipt No	Amount	Pay Mode
16/04/2025 07:39:05	028053	0.0	

2025-04-16 07:39:23

End of Report

Handwritten signature



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Instagram:https://www.instagram.com/alnile_medical

Tax Invoice

File Number: 21117143 Invoice No: 27478
Patient Name: Mr.SHAHBAZ AHMED HASSAN AHMED Date: 16/04/2025 07:36:09
Id Card No.: 88781404 APT No: APT12766
Age / Gender: -- 34 (Y) / m Payer Name: TRUCK OMAN
Doctor: Dr. Islam Ateya Mohammed Sakr
Address: Nationality: Pakistan
Mobile No: 93293744

SLNo.	Description	Code	Qty	Gross	Disc	Vat%	Vat	Net Amount
1	Consultation (General Physician)	CON0001	1	2.000	0.000		0.000	2.000

Total Amount: 2.000
Tax Amount: 0.000
Discount: 0.000
Net Amount: 2.000
Patient to pay: 0.0

Total Paid 0.0 Balance to be Paid 2.000 Balance to be Paid (TRUCK OMAN) 2.000

Total Amount in Words: Two Rial Only

Invoiced By: Marwa Eid albusaidi

Payment Details:

Receipt Date	Receipt No	Amount	Pay Mode
16/04/2025 07:40:34	028054	0.0	

2025-04-16 07:41:16

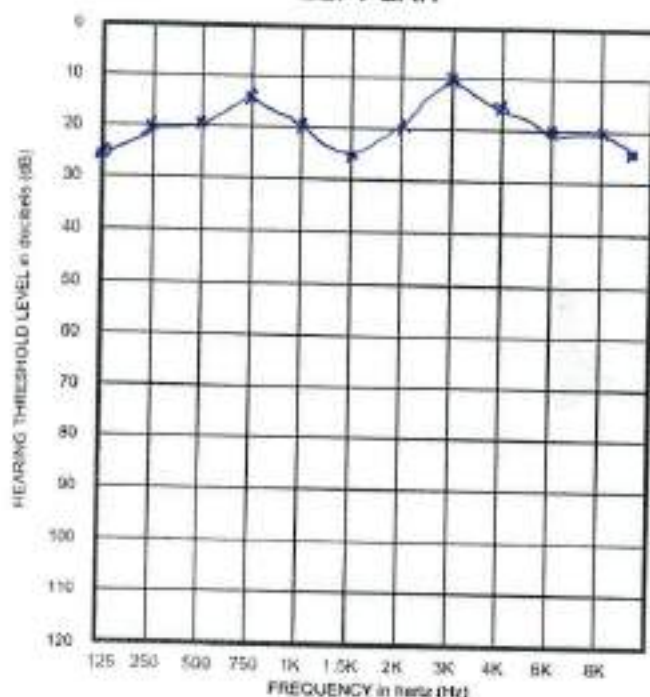
End of Report



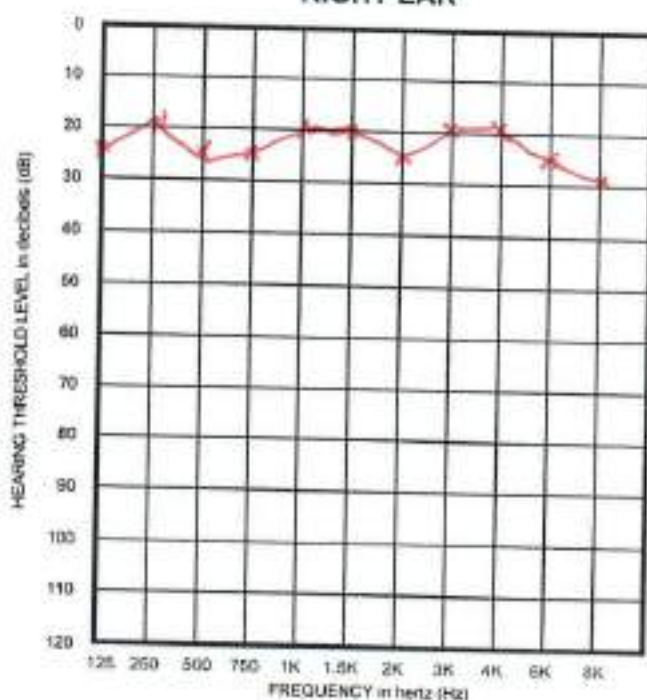
Patient Id : Patient Name: Mr. SHAHBAZ AHMED
Name : HASSAN AHMED
Consultant : File No: 21117143
Age: 36y 4m 28d
Gender : Male
Nationality: Pakistan
Dr. ISLAM

Age / Gender : 34y / M
Report Date : 16/04/25

LEFT EAR



RIGHT EAR



PURE TONE AVERAGE (500-1000-2000 Hz)		
Ear	Air	Bone
RIGHT		
LEFT		

Provisional Diagnosis: Bilateral hearing sensitivity is within normal limits





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Lab Report

Patient Name:	Mr.SHAHBAZ AHMED HASSAN AHMED	Date:	16/04/2025 08:47:22
File No:	21117143	Age/Gender:	34y 4m 28d / M
Payer Name:		Sid No:	BIIIW13527
Insurance Card No:	-	Collection Date & Time:	16/04/2025 07:59:42
Doctor:	Dr. Islam Ateya Mohammed Sakr	Received Date & Time:	16/04/2025 08:47:22
Billing Time:	16/04/2025 07:39:05	Reported Date & Time:	16/04/2025 09:08:58
	Mobile: 93293744	Id Card No.:	88781404

Test Name	Result	Biological Reference
Complete Blood Count		
Haemoglobin	13.8 mg/dl	13.0 - 18.0
Total leucocyte count	9,100.0 Cells / Cumm	3,999.0 - 11,000.0
Differential count		
Neutrophil	58.6 %	40.0 - 75.0
Lymphocytes	33.2 %	15.0 - 45.0
Eosinophils	3.1 %	1.0 - 6.0
Monocyte	4.4 %	2.0 - 8.0
Basophils	0.5 %	< 10.0
Packed cell volum	43.0 %	< 54.0
RBC count	4.82 millions/mm	4.5 - 5.5
MCV	89.3 fl	81.8 - 95.5
MCH	28.6 pg	27.0 - 32.3
MCHC	32.1 g/dl	32.4 - 35.0
Platelet count	238,000.0 Cumm	150,000.0 - 400,000.0
RDW-CV	13.1 %	11.0 - 16.0
RDW-SD	42.8 fl	35.0 - 56.0
BLOOD SUGAR FASTING	6.25	-
ESR(AUTOMATED)	2.0 mm/hr	< 15.0
SGPT	21.8 U/L	< 41.0
SGOT	21.6 U/L	< 40.0
Gamma-Glutamyltransferase (GGT)	31.0 U/L	5.0 - 63.0
URIC ACID	5.1 mg/dl	3.4 - 7.0
CREATININE	1.3 mg/dl	0.7 - 1.4
TRIGLYCERIDE	82.4 mg/dl	40.0 - 160.0
HDL CHOLESTEROL	38.78 mg/dl	40.0 - 60.0
LDL CHOLESTEROL	131.0 mg/dl	< 150.0
CHOLESTEROL	186.5 mg/dl	< 200.0
URINE ANALYSIS		
Color	Yellow	-
Transparency	Clear	-
Specific Gravity	1.01	-
PH	Alkaline	-



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Test Name	Result	Biological Reference
Glucose	NIL	-
Acetone	NIL	-
Bilirubin	NIL	-
Blood	NIL	-
Urobilinogen	NIL	-
Protein	NIL	-
Nitrate	NIL	-
Leukocyte	NIL	-
Pus cells	1-2	-
Erythrocytes	1-2	-
Squamous Epithelial Cell	few	-
Crystal	NIL	-
Cast	NIL	-
Bacteria	NIL	-
Others	NIL	-
Physical		
Color	Brownish	-
Consistency	Semi Formed	-
Occult Blood		-
Microscopic		
Pus Cells	1-2	-
RBC Cells	1-2	-
E-Hisolytica	NIL	-
E-Coli	NIL	-
Giardia Lamblia	NIL	-
Taenia Saginata	NIL	-
Taenia Solium	NIL	-
Schistosoma Haematobium	NIL	-
Ascaris Lumbricoides	NIL	-
Trichuris Trichiura	NIL	-
Ancylostoma Duodenals	NIL	-
Others	NIL	-

2025-04-16 09:54:42

****End of Report****

Technician: Hajar Mohammed
Hussin Mousa
License No: 9245



2025-04-16 08:30:53

Name : SHAHBAZ AHMED HASSAN AHMED

Sex : Male Age : 34

Section : DR. ISLAM

Room ID :

Bed ID :

ID :

Operator : ANU M

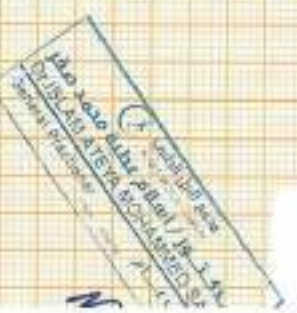
Sinus node Bradycardia,
Cardiac electric axis normal;

Report need physician confirm

Physician:

AUTO 10mm/mV

10mm/mV





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Patient ID: 21117143

Name: MR. SHAHBAZ AHMED HASSAN AHMED

Age / Gender: 34 / M

Consultant: DR. ISLAM ATEYA MOHAMMAD SAKR

Report Date: 16/04/2025

CHEST X-RAY - PA VIEW

- ❖ Both lungs are clear with no pleural effusion or pneumothorax
- ❖ Both hila are normal in size and density
- ❖ Normal cardio pericardial silhouette.
- ❖ Bones in view are unremarkable

Impression

Normal chest x-ray

