



Al Nile
Medical Complex
مجمع النيل الطبي

Medical Fitness Certificate

Name of the Examined : Mr. ZAHID IQBAL
Age : 34yrs/M
ID Number : 109201716
Date of medical Examination: 27/01/2025
Examining physician : DR. ALI MUHAMMAD GHASSAH
Medical centre : AL NILE MEDICAL CENTER

Assessment Results

The certificate is valid for 2 years from the date of medical examination
Fitness classifications:

- ✓ Fit to work without restrictions
- Fit work with restrictions
- Unfit to work temporarily or definitely

FIT

Restrictions list:

- R1: Unfit to work offshore, on marine vessels and in remote locations.
- R2: Unfit for Lifting and strenuous efforts.
- R3: Unfit to work in certain countries, check with geo market health advisor.
- R4: Unfit to work in jobs requiring precise color vision.
- R5: Unfit to work in job with high level of noise.
- R6: Unfit to work in high risk of malaria countries.
- R7: Unfit to work in extreme heat.
- R8: Unfit to work in extreme cold.
- R9: Contact Geo market health advisor/international medical coordinator - there exist specific restriction.
- R10: Unfit to work for a temporarily of time until further notice.
- R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
- R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
- R13: Unfit to drive company vehicle.
- R14: Unfit to fly long haul flights.
- R15: Unfit to work in heights and confined spaces.

COMMENTS

Life style modification for high cholesterol

Examining physician stamp and signature

Hospital/ Clinic seal



CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med – check History form		Name: ZAHID IQBAL	Name: SCHLUMBERGER FITNESS TO WORK Patient Name: ZAHID IQBAL File No: 25000511 Age/Sex: 34 (Y) / M Date: 2025-01-27 Specimen ID: 746 
		GIN:	
Place of examination AKNILE MEDICAL COMPLEX	Date 27/01/25	Mobile: 94835544 DRIVER	
Age: 34 Yrs	Nationality: Pakistan	Blood Group	B+ positive
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	Number Of Children: 1	
Do You Have You Had: (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
	Y	N	
1-SINUS TROUBLE		☒	21- CANCER
2- NECK SWELLING / GLANDS		☒	22- HEART DISEASE
3-DIFFICULTY IN VISION		☒	23- RHEUMATIC FEVER
4- ANY EAR DISCHARGE		☒	24- ABNORMAL HEARTBEAT
5-ASTHMA / BRONCHITIS		☒	25- HIGH BLOOD PRESSURE
6- HAYFEVER / OTHER SIGNIFICANT ALLERGY		☒	26- STROKE
7-ANY SKIN TROUBLE		☒	27- SERIOUS CHEST PAIN
8- TUBERCULOSIS		☒	28-ANY BLOOD DISEASE
9- SHORTNESS OF BREATH		☒	29- KIDNEY DISEASE
10- COUGHED / VOMITED BLOOD		☒	30- BLOOD IN URINE
11- SEVERE ABDOMINAL PAIN		☒	31- DIABETES
12- STOMACH ULCER		☒	32- HEADACHES / MIGRAINE
13- RECURRENT INDIGESTION		☒	33- DIZZINESS / FAINTING
14- JAUNDICE OR HEPATITIS		☒	34- EPILEPSY
15- GALL BLADDER DISEASE		☒	35- JOINTS / SPINAL TROUBLE
16- MARKED CHANGE IN BOWEL HABITS		☒	36- SURGICAL OPERATION
17- BLOOD IN STOOLS (MOTIONS)		☒	37- SERIOUS ACCIDENT / FRACTURE
18- MARKED CHANGE IN WEIGHT		☒	38- TROPICAL DISEASE
19- VARICOSE VEINS		☒	39- FEAR OF HEIGHTS
20- LUMP IN BREAST / ARMPIT		☒	
HOW MUCH TOBACCO EACH DAY?		AVERAGE DAILY ALCOHOL CONSUMPTION	
HAVE YOU EVER TAKEN ELICITED DRUGS ? ()			
FAMILY HISTORY: DIABETES () TUBERCULOSIS () EPILEPSY () ASTHMA () ECZEMA () HEART DISEASE () HIGH BLOOD PRESSURE () STROKE () BLOOD DISEASE () CANCER ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT :- I DECLARED THESE STATEMENTS TO BE TRUE TO THE BEST OF MY KNOWLEDGE AND BELIEF AND I AGREE THAT THE RESULT OF THIS MEDICAL EXAMINATION IN GENERAL TERMS MAY BE REVEALED TO THE COMPANY'S DOCTORS, AND THE DETAILS SENT TO THEM BY THE EXAMINING DOCTOR.			
DATE: 27/1/25			
SIGNATURE OF APPLICANT: 			





Name: SCHLUMBERGER FITNESS TO
WORK
Patient Name: ZAHID IQBAL
File No: 25000511 Age/Sex: 34 (Y) / M
Date: 2025-01-27 Specimen ID: 746



CONFIDENTIAL MEDICAL

COMPLETED BY THE EXAMINING PHYSICIAN

NAME: ZAHID IQBAL	AGE: 34	SEX: M	COMPANY	GIN
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PAST MEDICAL HISTORY N		BLOOD GROUP B ⁺	
ALLERGIES:			
VACCINATION		DATE OF INITIAL INJECTION	BOOSTER DUE DATE
HEPATITIS A			
HEPATITIS B			
TYPHOID FEVER			
INFLUENZA			

TESTS RESULTS	
AUDIOGRAM :	Normal
DSU 5 PANEL	

ECG	Normal
CHEST X-RAY	Normal

BLOOD INVESTIGATIONS					
RBCS	5,03	4.20-6.30*10 ⁶ /UL	SGOT	22	MALE:10-50 FEMALE:10-35U/L
WBCS	8940	4.0-11.0*10 ³ /UL	SGPT	36	MALE:UP TO 41 FEMALE:10-35U/L
NEUTRO	54%	37-72%	GGT	44	0-50/U/L
EOSINO	2,3%	0-6%	FBS:	5,03	60-110 MG/DL
BASO	0,1%	0-1%	CHOLESTEROL	243	UP TO 200 MG/DL
LYMPHO	38%	10-58%	HDL	68	20-60 MG/DL
MONO	5,3%	0-14%	LDL	144	UP TO 130 MG/DL
HEMATOCRIT	43	37-51%	TRIGLYCERIDES	152	35-175 MG /DL
HEMOGLOBIN	14,6	MALE:13.5-18.0 FEMALE:11.5-16.0G/DL	CREATININE	1,2	MALE:0.7-1.2 MG/DL FEMALE:0.5-0.9MG/DL
ESR	9	MALE: 0-10 MM/HR FEMALE:0-20 MM/HR	URIC ACID	6,1	MALE:3.6-7.7 MG /DL FEMALE:2.5-6.8 MG /DL

URINE ANALYSIS			
BLOOD	N	SUGAR	N
ALBUMIN	N	OTHERS	N
STOOL ANALYSIS			
PARASITES	N	BLOOD	N

COMMENTS healthy / mild high cholesterol for diet / increase exercise
EXAMINING PHYSICIAN

[Signature]





Patient ID: 25000511

Name: MR. ZAHID IQBAL

Consultant: Dr. ALI MOHAMMAD GHASSAH

Age / Gender: 34 / M

Report Date: 27/01/2025

CHEST X-RAY - PA VIEW

- ❖ Both lungs are clear with no pleural effusion or pneumothorax
- ❖ Both hila are normal in size and density
- ❖ Normal cardio pericardial silhouette.
- ❖ Bones in view are unremarkable

Impression

Normal chest x-ray



Dr. Badriya Al-Qassabi
Consultant Radiologist
Staff no : 135





Patient Id :

Name :

Consultant :

Name: SCHLUMBERGER FITNESS TO
WORK

Patient Name: ZAHED IQBAL

File No: 25000511 Age/Sex: 34 (Y) / M

Date: 2025-01-27 Specimen ID: 746

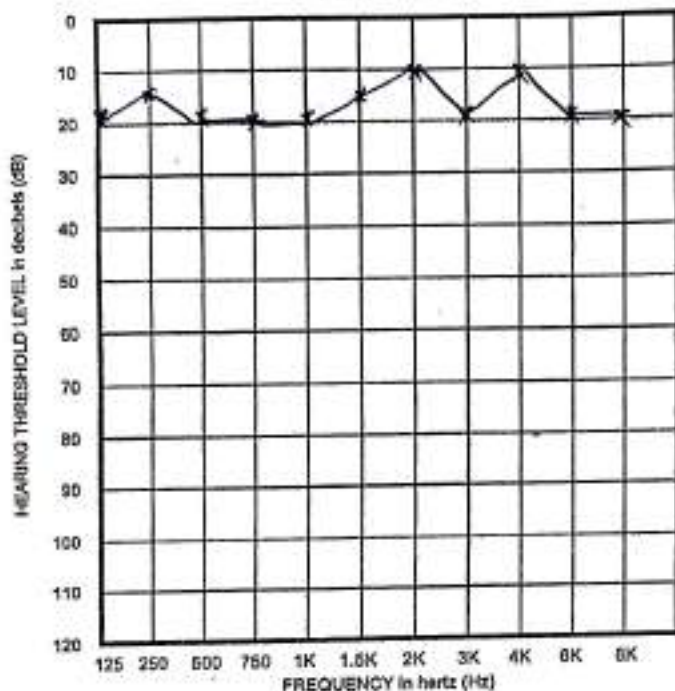


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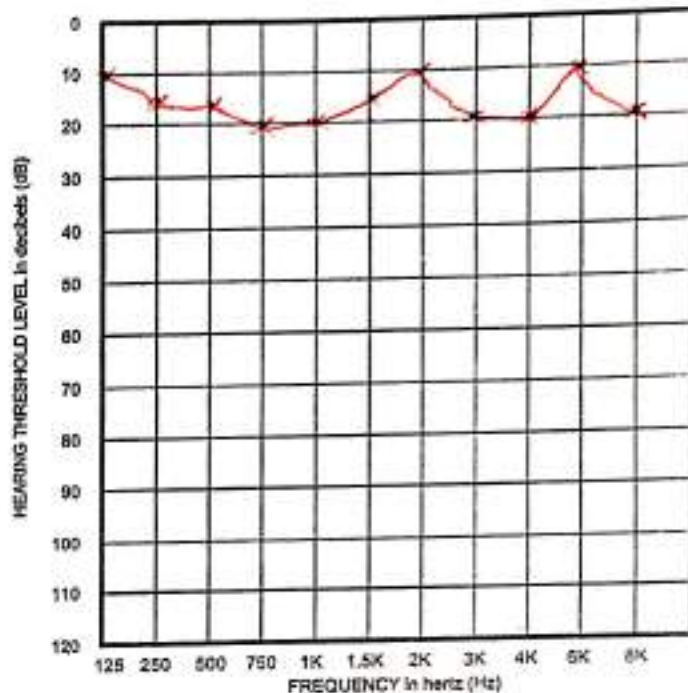
Age / Gender : 34 yrs / male

Report Date : 27/1/25

LEFT EAR



RIGHT EAR



PURE TONE AVERAGE (500-1000-2000 Hz)

Ear	Air	Bone
RIGHT		
LEFT		

Provisional Diagnosis: Bilateral Hearing sensitivity is in normal limit



Signature Audiologist



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P.O.BOX:300, POSTAL CODE - 611 NIZWA, SULTANATE OF OMAN C.R.NO.1128642
PH : 25426665, 25426228 \ WHATSAPP:94146648
Instagram:https://www.instagram.com/alnile_medical

Patient Name:	ZAHID IQBAL	Date:	27/01/2025 09:03:23
File No:	25000511	Age/Gender: 34y 0m 26d / M	Sid No: Bill#746
Payer Name:		Collection Date & Time:	27/01/2025 09:01:34
Insurance Card No:	--	Received Date & Time:	27/01/2025 09:03:23
Doctor:		Reported Date & Time:	27/01/2025 09:16:17
Billing Time:	27/01/2025 08:07:08	Mobile: 94835544	Id Card No.: 109201716

Test Name	Result	Biological Reference
Complete Blood Count		
Haemoglobin	14.6 mg/dl	13.0 - 18.0
Total leucocyte count	8,940.0 Cells / Cumm	3,999.0 - 11,000.0
Differential count		
Neutrophil	54.0 %	40.0 - 75.0
Lymphocytes	38.1 %	15.0 - 45.0
Eosinophils	2.3 %	1.0 - 6.0
Monocyte	5.3 %	2.0 - 8.0
Basophils	0.1 %	< 10.0
Packed cell volum	43.3 %	< 54.0
RBC count	5.03 millions/mm	4.5 - 5.5
MCV	86.1 fl	81.8 - 95.5
MCH	29.0 pg	27.0 - 32.3
MCHC	33.7 g/dl	32.4 - 35.0
Platelet count	288,000.0 Cu:mm	150,000.0 - 400,000.0
RDW-CV	13.3 %	11.0 - 16.0
RDW-SD	41.8 fl	35.0 - 56.0
ESR(AUTOMATED)	9.0 mm/hr	< 15.0
LDL CHOLESTEROL	144.0 mg/dl	< 150.0



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Test Name	Result	Biological Reference
HDL CHOLESTEROL	68.91 mg/dl	40.0 - 60.0
Blood Group	B	-
Rh Typing	POSITIVE	-
SGOT	22.8 U/L	< 40.0
SGPT	36.4 U/L	< 41.0
TRIGLYCERIDE	152.9 mg/dl	40.0 - 160.0
CHOLESTEROL	243.5 mg/dl	< 0.0
URIC ACID	6.1 mg/dl	3.4 - 7.0
CREATININE	1.22 mg/dl	0.7 - 1.4
BLOOD SUGAR FASTING	5.03	-
Gamma-Glutamyltransferase (GGT)	44.0 U/L	5.0 - 63.0
Physical		
Color	Brownish	-
Consistency	Semi Formed	-
Occult Blood	NEGATIVE	-
Microscopic		
Pus Cells	1-2	-
RBC Cells	0-2	-
E-Hisolytica	NIL	-
E-Coli	NIL	-
Giardia Lamblia	NIL	-
Taenia Saginata	NIL	-
Taenia Solium	NIL	-
Schistosoma Haematobium	NIL	-
Ascaris Lumbricoides	NIL	-
Trichis Trichiura	NIL	-



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Test Name	Result	Biological Reference
Ancylostoma Duodenals	NIL	-
Others	NIL	-
URINE ANALYSIS		
Color	Yellow	-
Transparency	Clear	-
Specific Gravity	1.015	-
PH	Alkaline	-
Glucose	nil	-
Acetone	NIL	-
Bilirubin	NIL	-
Blood	nil	-
Urobilinogen	nil	-
Protein	nil	-
Nitrate	NIL	-
Leukocyte	NIL	-
Pus cells	2-3	-
Erythrocytes	1-2	-
Squamous Epithelial Cell	nil	-
Crystal	NIL	-
Cast	NIL	-
Bacteria	NIL	-
Others	NIL	-

Hajar Mohammed Hussin Mousa



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2025-01-27 13:22:17

****End of Report****

2025-01-27 09:53:55

Name : zahid iqbal

Sex : Male Age : 34

Section: dr ali

RoomID: _____

BedID: _____

ID: _____

Operator: gigi

Custom2: _____

<< Conclusions >>

Normal Sinus Rhythm;
Longitudinal Left axis deviation.

Report need physician confirm

Name: SCHLUMBERGER FITNESS TO
WORK
Patient Name: ZA-HD IQBAL
File No: 25000711 Age/Sec: 34 (Y) / M
Date: 2025-01-27 Specimen ID: 746

Physician: _____

10mm/mV

AUTO 10mm/mV

