

MEDICAL FITNESS CERTIFICATE

FILE NO: 35096832
NAME: GURJIT SINGH
Nationality: INDIAN **DOC NO:** 5050613
PASSPORT NO: U0340560 **DATE :** 14/03/2023
BLOOD GROUP: N.A. **SPO MOBILE:**



SPO.NAME:
AGE/DOB: 34,05/06/1988
VISION-RT-EYE: Normal
LT-EYE: Normal
HEART: Normal
LUNGS: Normal
ABDOMEN: Normal
HERNIA: Nil
BP: 128/86 mmHg



SEX: Male
HEIGHT: 183CM
WEIGHT: 81KG
SKIN: Normal
PULSE: 76/min
CNS: Normal
ENT: Normal

INVESTIGATIONS

CBC- ESR:
HBA1C:
UREA,CREATININE:
URINE ROUTINE & MIC:
VDRL:
HIV:
HBsAg:
HCV:
M.P.SMEAR:
DEFORMITIES:
HCG Blood (Preg Test):
CHEST X-RAY:
SGOT & SGPT :
STOO RE

Normal
 Normal
 Normal
 Normal
 Non-Reactive
 Negative
 Negative
 Negative
 Negative
 NIL
 NA
 Normal Chest X-Ray
 NA
 NA

CONCLUSION:

FIT

SPECIAL COMMENT:

DR. ALI AL TAHIR ALI MUSA
 General Practitioner
 BDR Lp. No. 12678
 nmc medical centre - Al Seeb

10258

Signature

Seal



مركز مسقط للرعاية الصحية ش.م.م
 MUSCAT CENTRAL HEALTHCARE LLC

nmc medical centre
 Tax Card No. : 8141361
 C.R. No.: 1255696
 PO Box: 205, P.C.: 121
 Al Seeb, Sultanate of Oman
 Clinic Tel.: (+968) 24423894
 Phar. Tel.: (+968) 24981616
 E: nmc.seeb@nmcoman.com

DEPARTMENT OF LABORATORY MEDICINE

File No: 35096832	Report No: 5072154
Name: GURJIT SINGH	Sample Date: 13/03/2023 Time: 10:59
Address:	Received By:
Gender: M Age: 34 Y Nationality: INDIAN	Received Date: Time:
GSM No.: 71079588 ID Card No.: U0340560	Report Date: 13/03/2023 Time: 18:12
Ref. By: VISA MEDICAL PACKAGE	Bill No: 5134648 Bill Date: 13/03/2023

INVESTIGATION	RESULT	REFERENCE RANGE
MEDICAL PACKAGE		
COMPLETE BLOOD COUNT		
TOTAL WBC COUNT	7300 cells/cumm	4000-11000cells/cumm
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	58 %	40-75%
LYMPHOCYTE (%)	28 %	20-45%
MONOCYTE (%)	07 %	2-8%
EOSINOPHIL (%)	06 %	1-6%
BASOPHIL (%)	01 %	0-1%
HAEMOGLOBIN	17.30 gm/dl	Male : 13-18 gm/dl Female:11-15 gm /dlchildren upto 1year-11.0-13.0 upto12years-11.5-14.5 Infant full term cord blood:13-19.5
RBC COUNT	5.05 million/cu	Male :4.5-6.5 million/cu Female:3.9-5.5 million/cu
PLATELET COUNT	2.13 lakh/cumm	1.5 - 4.0 lakhs / cumm
HEMATOCRIT	47.40 %	Male :42 - 52% Female:37- 47%
MCV	93.80 fl	76 - 96 fl
MCH	34.30 pg	27 - 33 pg
MCHC	36.50 %	32 - 36 %
ERYTHROCYTE SEDIMENTATION RATE	11 mm/1st hr	MALE:0-15 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
PS For MALARIAL PARASITE	NOT SEEN	
HbA1C	4.60 %	NORMAL < 6.0 GOOD DIABETES CONTROL<7 FAIR DIABETES CONTROL7-8 POOR DIABETES CONTROL>8
UREA	4.95 mmol/L	2.9-8.2 mmol/L
CREATININE	78.56 µ mol/L	Male : 62 - 106 µmol/L Female: 44 - 80 µmol/L



Approved By:

Lab Technologist

Specialist Pathologist

Printed at: 13/03/2023 8:33:22 PM

Page: 1 of 3

مركز مسقط للرعاية الصحية ش.م.م
MUSCAT CENTRAL HEALTHCARE LLC

nmc medical centre
Tax Card No. : 8141361
C.R. No.: 1255696
PO Box: 205, P.C.: 121
Al Seeb, Sultanate of Oman
Clinic Tel.: (+968) 24423894
Phar. Tel.: (+968) 24981616
E: nmc.seeb@nmcoman.com

DEPARTMENT OF LABORATORY MEDICINE

File No: 35096832	Report No: 5072154
Name: GURJIT SINGH	Sample Date: 13/03/2023 Time: 10:59
Address:	Received By:
Gender: M Age: 34 Y Nationality: INDIAN	Received Date: Time:
GSM No.: 71079588 ID Card No.: U0340560	Report Date: 13/03/2023 Time: 18:12
Ref. By: VISA MEDICAL PACKAGE	Bill No: 5134648 Bill Date: 13/03/2023

INVESTIGATION	RESULT	REFERENCE RANGE
CAST	NIL /hpf	NIL
BACTERIA	NIL	
MUCOUS THREAD	NIL	



Approved By:

Lab Technologist

Specialist Pathologist

Printed at: 13/03/2023 7:20:08 PM

Page : 3 of 3

مركز مسقط للرعاية الصحية ش.م.م
MUSCAT CENTRAL HEALTHCARE LLC

nmc medical centre

Tax Card No. : 8141361

C.R. No.: 1255696

PO Box: 205, P.O.: 121

Al Seeb, Sultanate of Oman

Clinic Tel.: (+968) 24423894

Phar. Tel.: (+968) 24981616

E: nmc_seeb@nmcoman.com

X-RAY REPORT

Date: 13/03/2023

Name: GURJIT SINGH

Sex: Male

Age/DOB: 34 Y

X-Ray/UltraSound: CHEST X-RAY

Registration No: 35096832

Bill No: 5134648

REPORT

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

No Hilar Abnormality

Conclusion: A normal X-ray appearance

Signature:



Seal

مركز مسقط للرعاية الصحية ش.م.م
MUSCAT CENTRAL HEALTHCARE LLC

nmc medical centre
Tax Card No. : 8141361
C.R. No.: 1255696
PO Box: 205, P.C.: 121
Al Seeb, Sultanate of Oman
Clinic Tel.: (+968) 24423896
Phar. Tel.: (+968) 24981616
E: nmc.seeb@nmcoman.com