

MEDICAL FITNESS CERTIFICATE

FILE NO: 35096822
NAME: VARINDER SINGH
Nationality: INDIAN **DOC NO:** 5050614
PASSPORT NO: S2899563 **DATE :** 14/03/2023
BLOOD GROUP: N.A. **SPO MOBILE:**



SPO.NAME:
AGE/DOB: 39,04/06/1983
VISION-RT-EYE: Normal
LT-EYE: Normal
HEART: Normal
LUNGS: Normal
ABDOMEN: Normal
HERNIA: Nil
BP: 128/86 mmHg



SEX: Male
HEIGHT: 168CM
WEIGHT: 132KG
SKIN: Normal
PULSE: 76/min
CNS: Normal
ENT: Normal

INVESTIGATIONS

CBC- ESR:
HBA1C:
UREA,CREATININE:
URINE ROUTINE & MIC:
VDRL:
HIV:
HBsAg:
HCV:
M.P.SMEAR:
DEFORMITIES:
HCG Blood (Preg Test):
CHEST X-RAY:
SGOT & SGPT :
STOO RE

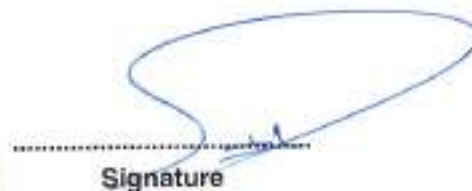
Normal
 Normal
 Normal
 Normal
 Non-Reactive
 Negative
 Negative
 Negative
 Negative
 Negative
 NIL
 NA
 Normal Chest X-Ray
 NA
 NA

CONCLUSION:

FIT

SPECIAL COMMENT:




 Signature



Seal

10258

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 MUSCAT CENTRAL HEALTHCARE LLC

nmc medical centre
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 C.R. No.: 1255696
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DEPARTMENT OF LABORATORY MEDICINE

File No: 35096822	Report No: 5072153
Name: VARINDER SINGH	Sample Date: 13/03/2023 Time: 10:42
Address:	Received By:
Gender: M Age: 39 Y Nationality: INDIAN	Received Date: Time:
GSM No.: 72004937 ID Card No.: S2899563	Report Date: 13/03/2023 Time: 18:10
Ref. By: VISA MEDICAL PACKAGE	Bill No: 5134647 Bill Date: 13/03/2023

INVESTIGATION	RESULT	REFERENCE RANGE
MEDICAL PACKAGE		
COMPLETE BLOOD COUNT		
TOTAL WBC COUNT	8800 cells/cumm	4000-11000cells/cumm
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	68 %	40-75%
LYMPHOCYTE (%)	18 %	20-45%
MONOCYTE (%)	11 %	2-8%
EOSINOPHIL (%)	02 %	1-6%
BASOPHIL (%)	01 %	0-1%
HAEMOGLOBIN	14.10 gm/dl	Male : 13-18 gm/dl Female:11-15 gm/dl children upto 1year-11.0-13.0 upto 12years-11.5-14.5 Infant full term cord blood:13-19.5
RBC COUNT	5.04 million/cu	Male :4.5-6.5 million/cu Female:3.9-5.5 million/cu
PLATELET COUNT	3.02 lakh/cumm	1.5 - 4.0 lakhs / cumm
HEMATOCRIT	40.30 %	Male :42 - 52% Female:37- 47%
MCV	79.90 fl	76 - 96 fl
MCH	28.00 pg	27 - 33 pg
MCHC	35.00 %	32 - 36 %
ERYTHROCYTE SEDIMENTATION RATE	10 mm/1st hr	MALE:0-15 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
PS For MALARIAL PARASITE	NOT SEEN	
HbA1C	5.70 %	NORMAL < 6.0 GOOD DIABETES CONTROL<7 FAIR DIABETES CONTROL7-8 POOR DIABETES CONTROL>8
UREA	4.54 mmol/L	2.9-8.2 mmol/L
CREATININE	66.89 µmol/L	Male : 62 - 106 µmol/L Female: 44 - 80 µmol/L

Verified By:

Approved By:

Lab Technologist

Specialist Pathologist

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INVESTIGATION	RESULT	REFERENCE RANGE
HIV 1& 2 (ECL)	NON-REACTIVE : (0.26)	Non Reactive: less than 0.90 Borderline: 0.90 to 1.0 Reactive: equal or over 1.0
Method: Electrochemiluminescence immunoassay.		
HBs Ag (ECL)	NON-REACTIVE : (0.59)	Non Reactive: less than 1.0 Reactive: Equal or over 1.0
Method: Electrochemiluminescence immunoassay.		
HCV (ECL)	NON-REACTIVE : (0.07)	CUT OFF VALUE: 1.00
Method: Electrochemiluminescence immunoassay.		
Remarks: This is an antibody test.		
If reactive, active infection to be confirmed by HCV PCR test.		
VDRL	NON-REACTIVE : (0.12)	Below 1.0
Method: Electrochemiluminescence immunoassay.		
URINE BIOCHEMISTRY		
URINE GLUCOSE	NEGATIVE	NEGATIVE
URINE PROTEIN	NEGATIVE	NEGATIVE
URINE KETONE	NEGATIVE	NEGATIVE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE
URINE PH	6.0	4.6-8.0
SPECIFIC GRAVITY	1.015	1.010-1.030
BLOOD	NEGATIVE	NEGATIVE
UROBILINOGEN	NORMAL	NORMAL
URINE MICROSCOPY		
RBC	NIL /hpf	0-3
PUSCELLS	0-2 /hpf	NIL
EPITHELIAL CELLS	1-2 /hpf	NIL
CRYSTAL	NIL /hpf	NIL



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INVESTIGATION	RESULT	REFERENCE RANGE
CAST	NIL /hpf	NIL
BACTERIA	NIL	
MUCOUS THREAD	NIL	

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X-RAY REPORT

Date:	13/03/2023
Name:	VARINDER SINGH
Sex:	Male
Age/DOB:	39 Y
X-Ray/UltraSound	CHEST X-RAY
Registration No:	35096822
Bill No:	5134647

REPORT

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

No Hilar Abnormality

Conclusion: A normal X-ray appearance

Signature:




Seal