

Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

 Petroroleum Development Oman MEDICAL DEPARTMENT		Surname <u>SAID ABDULLAH ALI AL</u>					
PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS		Forenames <u>HASHIMI</u>					
Place of examination <u>NMCA HAIL</u>		Address _____					
Date <u>6/2/25</u>		Home telephone number <u>99772594</u>					
If a dependant enter employee's name here:							
Surname: <u>SAID ABDULLAH ALI</u>		Forenames: <u>AL HASHIMI</u>					
Birth date: <u>29/4/1974</u>		Country of birth: <u>OMAN</u>					
Nationality: <u>OMANI</u>		Religion: <u>MUSLIM</u>					
☐ Male ☒ Female	☒ Married ☐ Single ☐ Separated /Divorced	Relationship to employee ☒ Wife ☐ Son ☐ Daughter	Number of children: _____				
Reason for examination							
Pro Employment ☐		Job: <u>Driver</u>					
Pro Overcome ☐		Area: <u>Exhaust / Nervous</u>					
Name and address of family doctor _____		List your last 3 jobs					
		(1) _____					
		(2) _____					
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐					
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)							
<table border="1" style="width: 100%;"> <tr> <th style="width: 50%;">Y</th> <th style="width: 50%;">N</th> </tr> </table>		Y	N	<table border="1" style="width: 100%;"> <tr> <th style="width: 50%;">Y</th> <th style="width: 50%;">N</th> </tr> </table>		Y	N
Y	N						
Y	N						
1. Sinus trouble		21. Cancer					
2. Neck swelling/glands		22. Heart Disease					
3. Difficulty in vision		23. Rheumatic fever					
4. Any ear discharge		24. Abnormal heartbeat					
5. Asthma/bronchitis		25. High blood pressure					
6. Hayfever /other significant allergy		26. Stroke					
7. Any skin trouble		27. Serious chest pain					
8. Tuberculosis		28. Any blood disease					
9. Shortness of breath		29. Kidney disease					
10. Coughed/vomited blood		30. Blood in urine					
11. Severe abdominal pain		31. Diabetes					
12. Stomach ulcer		32. Headaches/migraine					
13. Recurrent indigestion		33. Dizziness/fainting					
14. Jaundice or hepatitis		34. Epilepsy					
15. Gall Bladder disease		35. Joints/spinal trouble					
16. Marked change in bowel habits		36. Surgical operation					
17. Blood in stools (motions)		37. Serious accident/fracture					
18. Marked change in weight		38. Tropical disease					
19. Varicose veins		39. Fear of heights					
20. Lump in breast/armpit							
How much tobacco each day? <u>Nil</u>		Average daily alcohol consumption <u>Nil</u>					
Have you ever taken elicited drugs? ☒ PDO test all new/potential employees for elicited/recreational drugs							
FAMILY HISTORY							
Diabetes (☒) Tuberculosis (☒) Epilepsy (☒) Asthma (☒) Eczema (☒)							
Heart disease (☒) High blood pressure (☒) Stroke (☒) Blood Disease (☒) Cancer (☒)							
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-							
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.							
Date: <u>6/2/25</u>		Signature of Applicant: _____					

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
 Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
☒		1. Eyes & Pupils
☒		2. E.N.T.
☒		3. Teeth & Mouth
☒		4. Lungs & Chest
☒		5. Cardiovascular System
☒		6. Abdo. Viscera
☒		7. Hernial Orifices
☒		8. Anus & Rectum
☒		9. Genito-urinary
☒		10. Extremities
☒		11. Musculo-skeletal
☒		12. Skin & Varicose Vns.
☒		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group
180	90	27.7	173 106	98/min.	L N R N	DISTANT Uncorrected Corrected R L 6/6 6/6 N 6/6	N	

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
☒		1. Urinalysis		☒		7. Audiogram
☒		2. Hb, Bloodcount, ESR		☒		8. Lung Function
☒		3. LFT, RFT, RBS		☒		9. Chest X-Ray
☒		4. Drug Screen		☒		10. ECG
☒		5. Lipids (40 years +)	Modestly Risky			11. CVS risk for 40 yrs. & above
☒		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

DLP, Elevated BP. BP medicine has been started already.

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

FIT

Date: 06/12/25 Name (Block Capitals): Dr. / Nurse

DR. MASOOD SIDDIQUE
 General Practitioner
 Medical No. 11005
 Ministry of Health, Oman

Signature: [Signature]

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. / Nurse

Signature: [Signature]

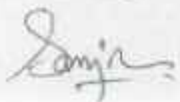
DEPARTMENT OF LABORATORY MEDICINE

File No: 50094382	Report No: 0144709
Name: SAID ABDULLAH ALI AL HASHIMI	Sample Date: 06/02/2025 Time: 9:59
Address:	Received By:
Gender: M Age: 50 Y Nationality: OMANI	Received Date: Time:
GSM No.: 99772594 ID Card No.: 2297844	Report Date: 06/02/2025 Time: 14:50
Ref. By: DR ERFAN GHODJANI	Bill No: 0353520 Bill Date: 06/02/2025

INVESTIGATION	RESULT	REFERENCE RANGE
PDO PACKAGE ABOVE 40 YEARS		
RANDOM BLOOD SUGAR	8.58 mmol/L	4.11 -7.9mmol/L
CREATININE	81.00 µ mol/L	Adults: MALE: 62 – 106 µ mol/L FEMALE: 44 - 80 µ mol/L
SGPT (ALT)	30.40 U/L	MALE : up to 41 U/L, FEMALE : up to 33 U/L.
TOTAL WBC COUNT	7.08 x 10 ³ / µL	4.00-11.00 x 10 ³ / µL
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	32.52 %	40-75%
LYMPHOCYTE (%)	52.28 %	20-45%
MONOCYTE (%)	7.44 %	2-8%
EOSINOPHIL (%)	5.57 %	1-6%
BASOPHIL (%)	2.19 %	0-1%
ERYTHROCYTE SEDIMENTATION RATE	74 mm/1st hr	MALE:0-15 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
HAEMOGLOBIN	13.35 gm/dl	Male : 13 -18 gm/dl Female:11-15 gm /dl childrens upto 1year-11.0 - 13.0 gm /dl upto12years-11.5 - 14.5 gm /dl cord blood:13 -19.5 gm /dl
SICKLE CELL	Negative	
Method : Solubility test (If Positive , Hb Electrophoresis / HPLC to be done to confirm Sick cell anaemia / Trait).		
URINE ROUTINE		
URINE BIOCHEMISTRY		
URINE GLUCOSE	Negative	Negative
URINE PROTEIN	Negative	Negative
URINE KETONE	Negative	Negative

Verified By:

Approved By:



10195

Lab Technologist

Specialist Pathologist

MOH License No:

Electronically signed at: 25/02/2025 2:52:00

Printed at: 06/02/2025 5:30:24 PM

Page : 1 of 2



NMC Healthcare LLC

C.P. No. 100117

PO Box 254, Area 156

Abu Dhabi, UAE

DEPARTMENT OF LABORATORY MEDICINE

File No: 50094382	Report No: 0144709
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Gender: M Age: 50 Y Nationality: OMANI	Report Date: 06/02/2025 Time: 14:50
GSM No.: 99772594 ID Card No.: 2297844	Bill No: 0353520 Bill Date: 06/02/2025
Ref. By: DR ERFAN GHODJANI	

INVESTIGATION	RESULT	REFERENCE RANGE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE
URINE PII	7.5	4.0-8.0
SPECIFIC GRAVITY	1.005	1.010-1.030
BLOOD	NEGATIVE	NEGATIVE
UROBILINOGEN	NORMAL	NORMAL
URINE MACROSCOPY		
COLOUR	PALE YELLOW	
APPEARANCE	CLEAR	
URINE MICROSCOPY		
RBC	NIL /hpf	0-3
PUSCELLS	2-3 /hpf	0-5
EPITHELIAL CELLS	0-2 /hpf	NIL
CRYSTAL	NIL /hpf	NIL
CAST	NIL /hpf	NIL
BACTERIA	NIL	
MUCOUS THREAD	NIL	
LIPID PROFILE		
TOTAL CHOLESTEROL	3.92 mmol/L	< 5.18 mmol/L
HDL	1.00 mmol/L	>1.5 mmol/L
TRIGLYCERIDES	1.43 mmol/L	Desirable : <2.083 mmol/L Boderline high : 2.83 - 5.67 mmol/L Hypertriglyceridemia >5.65 mmol/L
LDL	2.35 mmol/L	< 2.6 mmol/L
VLDL	0.65 mmol/L	0.128-0.645mmol/L

Verified By:

Approved By:



10195

Lab Technologist

Specialist Pathologist

MOH License No:
Electronically signed at: 26/02/2025 2:52:00

Printed at: 06/02/2025 5:30:24 PM

Page: 2 of 2





nmc specialty hospital, al-hail

P.O BOX : 613, Postal Code : 133 al-hail Sultanate of Oman

SI No: 43483	Bill Date: 06/02/2025	Report Date :06/02/2025 10:58:04
Patient Name: SAID ABDULLAH ALI AL HASHIMI	Reg No: 50094382	
Age: 50Y	Gender: Male	Nationality: OMAN
Address:	Phone:	
Company: TRUCKOMAN SOUTH LLC	Policy No:	
Certificate No:		
Region: CHEST X RAY PA		
Referred Doctor:	Consultant Name: DR ERFAN GHODJANI	

CHEST X RAY PA

Both lung fields are clear.

Bilateral CP angles are clear

Cardiac silhouette appears normal .

Both domes of diaphragm are normal.

Bony thorax appears normal

Impression:

- No significant abnormality.

Suggested clinical correlation

06/02/2025 10:57:57



DR ANAMIKA CHATURVEDI

Elegant Medical Center LLC

Radiology

Plot No: 294, Block: 316, Building No: 812, Al Hail North, Sultanate of Oman

T: (+968) 2426 9222, F: (+968) 2426 9288, E: nmc.hail@nmcoman.com

MOH License No: 7709

Disclaimer : This is an electronically generated report and does not require a doctor's signature



nmc specialty hospital,al-hail

P.O BOX : 613, Postal Code : 133
al-hail
24269222

Fitness Certificate

Empno:

Date of issue : 06/02/2025

Ref No : 0000075/FIT/NMC/2025

This is to certify that Mr / Mrs *SAID ABDULLAH ALI AL HASHIMI* with file no 50094382 and Resident card no. 2297844 was *Examined* at *nmc specialty hospital,al-hail* on 06/02/2025 and will be *FIT TO WORK* from the medical point of view starting from 06/02/2025

DIAGNOSIS

Remarks

TMT:NEGATIVE FOR ISCHEMIA

DR ERFAN GHODJANI

Place: *nmc specialty hospital,al-hail*

(Hospital Seal)

Signature



AUDIOMETRY REPORT

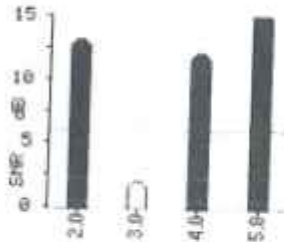
Faisal Abdullah Ali

U107.05
06-FEB-25 10:50
DP 4s 4 sec aug
SN: G11005649 G12014595

m MRN 5094382 Date of Test 06/02/2025

NAME:

Left: Pass

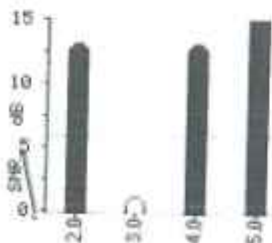


F2	L1	L2	DP	NF	SNR	
2.0	67	56	-2	-15	13	P
3.0	66	56	-16	-18	2	
4.0	66	54	-6	-18	12	P
5.0	64	54	-1	-20	19	P

U107.05
06-FEB-25 10:50
DP 4s 4 sec aug
SN: G11005649 G12014595

NAME:

Right: Pass



F2	L1	L2	DP	NF	SNR	
2.0	66	55	1	-11	13	P
3.0	65	55	-19	-20	1	
4.0	65	54	-7	-20	13	P
5.0	64	55	-2	-20	18	P



Signature of the Technician

Signature of the Technician

Vitalograph®

Pulmonary Function Report

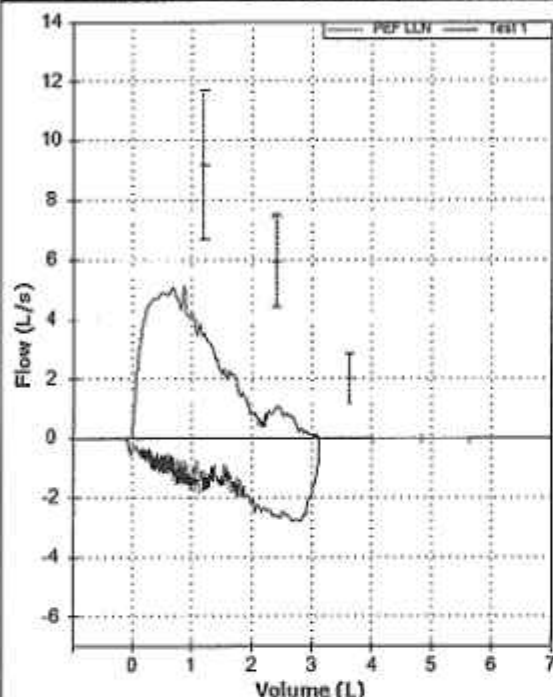
Subject Information

ID:	2025037_111306247	Alternate ID:	50094382		
Last Name:	Al Hsahimi	First Name:	Said	Middle Name:	Abdullah
Population:	MIDDLE EAST	Gender:	Male	Date of Birth:	29/09/1974
Age:	50	Height:	180 cm	Weight:	90.0 kg
BMI:	27.8	Smoking:	Ex Smoker		

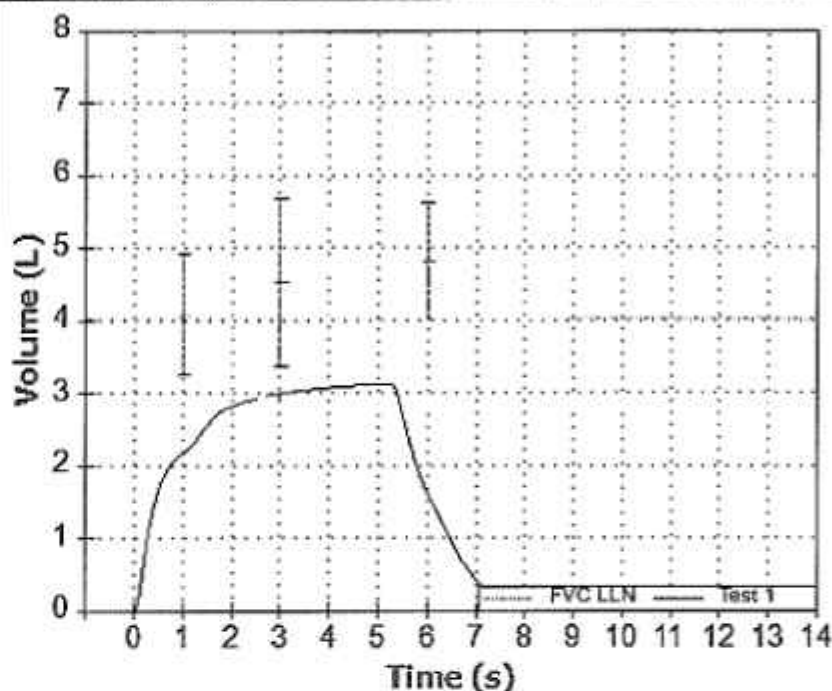
Test Session Information

Test Date:	06/02/2025 11:19	Device:	ALPHA Touch	Serial Number:	32166
No. of Tests:	5	Accuracy Chk:	30/05/2019 15:42	User:	Administrator
Pred. Values:	Golshan	Pred. Factor:	100%	Posture:	Sitting

Flow/Volume Graph



Volume/Time Graph



Results

Parameter	Pred	LLN	Best	% Pred.	Z-Score
FVC (L)	4.82	4.01	3.13*	65	-3.42
FEV1 (L)	4.09	3.25	2.20*	54	-3.69
FEV1 Ratio	0.78	0.66	0.68	87	-1.37
FEV6 (L)	4.82	4.01	3.13*	65	-3.42
PEF (L/min)	625	446	307*	49	-2.91
FEF25-75 (L/s)	4.71	3.58	1.49*	32	-4.67

Values at BTPS. *Below lower limit of normality (LLN)

Session Quality and Repeatability Information

FVC Session Grade	FVC Rep:	FEV1 Rep:	Slow Start of test	End of test criteria not achieved	Cough detected in 1st second
C	0.44 L (14.1%)	0.13 L (5.9%)	0 blow(s)	2 blow(s)	0 blow(s)

Computer Suggested Interpretation

Computer interpretations cannot be relied upon for diagnosis. Moderate restriction.

Estimated Lung Age: 95 years

Reference Pictogram

[illegible]

AL HASHMI, SAID ABDULLAH
50094382

Exam Summary

2/6/2025 11:05:20 AM

Bruce

Summary

Exercise Time: 06:10
Leads with 100uV ST: II, III, aVR, aVF, V2, V3, V4, V5, V6
PVCs: 0
Duke Treadmill Score: -9

Max Values

Speed: 3.4 MPH
Grade: 14 %
METs: 7.4
HR-BP: 301/41 BPM * mmHg
ST/HR Index: 1.25 uV/bpm in aVR at 05:50

Max ST

ST elevation: 4.4 mm in V3 at 07:20
ST depression: -1.9 mm in aVR at 07:10

Max ST Changes

ST elevation change: 2.9 mm in V3 at 07:20
ST depression change: -0.6 mm in aVL at 07:40

STAGE SUMMARY

ST measurement based on J+60ms

ST LEVEL (mm)																			
	Speed (MPH)	Grade (%)	HR (BPM)	BP (mmHg)	METS	HR-BP	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6	
BP	PRE-X	0.0	0.0	106	169/37	-	179/14	0.4	0.7	0.2	-0.6	0	0.5	-0.1	1.4	1.7	1.5	1	0.6
START EXE	EXE 00:00	0.0	0.0	94	-	1.3	-	0.4	0.7	0.2	-0.6	0	0.4	-0.2	1.3	1.6	1.4	0.9	0.5
BP	EXE 02:34	1.7	10.0	134	204/34	4.7	273/36	0.5	0.9	0.4	-0.8	0	0.7	0	1.7	2.4	1.8	1.1	0.6
STAGE 1	EXE 03:00	1.7	10.0	132	-	4.7	-	0.5	1.1	0.5	-0.9	0	0.8	-0.1	1.9	2.5	1.9	1.2	0.5
BP	EXE 05:35	2.5	12.0	153	197/79	7.1	301/41	0.7	1.5	0.7	-1.2	0	1.1	0	2.4	3.4	2.7	1.7	1
STAGE 2	EXE 06:00	2.5	12.0	153	-	7.1	-	0.8	1.7	0.8	-1.3	-0.1	1.3	-0.1	2.6	3.6	2.9	1.8	1.1
Peak	EXE 06:10	3.4	14.0	155	-	7.4	-	0.7	1.3	0.5	-1.1	0.1	0.9	0	2.4	3.6	2.9	1.8	1.1
Treadmill Stopped	REC 00:01	0.0	0.0	156	-	7.4	-	0.7	1.3	0.5	-1.1	0.1	0.9	0	2.4	3.6	2.9	1.8	1.1
BP	REC 01:33	0.0	0.0	133	210/30	4.7	273/30	0.7	2.4	1.7	-1.6	-0.5	2	0.1	2.7	4.4	3.6	2.4	1.5
BP	REC 02:36	0.0	0.0	116	160/76	2.9	185/60	0.7	1.9	1.1	-1.4	-0.2	1.5	0	2.6	3.3	2.6	1.7	1.1
BP	REC 03:35	0.0	0.0	116	172/30	1.1	199/52	0.6	1.4	0.7	-1.1	-0.1	1	0	2	2.4	1.9	1.3	0.8
BP	REC 04:37	0.0	0.0	111	146/35	1.0	162/06	0.5	0.9	0.4	-0.8	0	0.7	0	1.7	1.8	1.4	0.9	0.5
END REC	REC 04:46	0.0	0.0	113	-	1.0	-	0.5	0.9	0.4	-0.8	0	0.7	0	1.7	1.8	1.4	0.9	0.5



AL HASHMI, SAID ABDULLAH
50094382

Patient Information

2/6/2025 11:05:20 AM
Bruce

ID: 50094382

Second ID:

Admission ID:

Date of Birth:

Height: 180 cm

Gender: Male

Age: 50 Years

Weight: 90 kg

Race: Unknown

Indications
test

Medications
Anticholesterol

Referring Physician: DR ERFAN

Location: NMC ALHAIL

Procedure Type: TMT

Attending Phy: DR ERFAN

Target HR: 145 bpm (85%)

Reasons for end: Target HR

Technician: ANEESH

Max HR(%MPPHR): 158 bpm (92%)

Symptoms: NO CHEST PAIN

Diagnosis

Notes

Conclusions

The patient was tested using the Bruce protocol for a duration of 06:10 min:ss and achieved 7.4 METs. A maximum heart rate of 158 bpm with a target predicted heart rate of 108% was obtained at 06:20. A maximum systolic blood pressure of 204/84 was obtained at 02:34 and a maximum diastolic blood pressure of 204/84 was obtained at 02:34. A maximum ST depression of -1.3 mm in aVR occurred at 05:50. A maximum ST elevation of +3.7 mm in V3 occurred at 05:40. The patient reached target heart rate with appropriate heart rate and blood pressure response to exercise. No significant ST changes during exercise or recovery. No evidence of ischemia. Normal exercise stress test.

Reviewed by:

UNCONFIRMED REPORT



Signed by:

Date:

DR ERFAN GHODJANI
NMC Speciality Hospital, Al Hail
Signature

Medscap

News & Perspective Drugs & Diseases CME & Education Video Decision Point

Said Abdullah Ali Al Hashimi

Drugs & Diseases > Calculators

Calculator

About

References

Default Units v

Copy Results

Framingham Risk Score (2008)

Questions

- | | |
|---|-----------------|
| 1. Gender? | Male |
| 2. Age? | 50-54 |
| 3. Total Cholesterol? | <4.14 mmol/L |
| 4. HDL? | 0.9-1.16 mmol/L |
| 5. Systolic Blood Pressure? | ≥160 mmHg |
| 6. On Medication for Hypertension? | No |
| 7. Smoker? | No |
| 8. Diabetic? | No |
| 9. Known Vascular Disease (CAD, PVD, S... | No |

About

The FRS estimates the 10 year risk of manifesting clinical CVD (CAD, Stroke, PVD, CHF, cardiac death). Although not examined in the 2008 model, it is common practice to double the FRS if there is a FHx of premature CAD in a 1st degree relative (men <55y, women <65y).

*The risk stratification tool for the ESC is the SCORE system which estimates 10y risk of CVD death. Patients with a 10y risk of CVD death ≥5% are considered high risk. The lipid guidelines recognize risk equivalents as a distinct category that warrant immediate treatment. For patients with an ESC SCORE ≥ 5% a 3 month trial of lifestyle measures is a reasonable starting point. If after 3 months the lipids remain above moderate risk targets and the SCORE remains ≥ 5% then intensive therapy to reach high risk targets is recommended.

References

Ralph B. D'Agostino, Sr, Ramachandran S. Vasan, Michael J. Pencina, Philip A. Wolf, Mark Cobain, Joseph M. Massaro and William B. Kannel. General cardiovascular risk profile for use in primary care: the Framingham Heart Study. Circulation 2008 February 12, 117 (6): 743-53

McPherson R et al.

Canadian Cardiovascular Society position statement—recommendations for the diagnosis and treatment of dyslipidemia and prevention of cardiovascular disease.

Canadian Journal of Cardiology 2006, 22 (11): 913-27

Results

Estimated 10-year Global CVD Risk

13.2%

Risk Category

Moderate Risk

Estimated Vascular Age

60 Years

Treatment Guidelines

ATP-III (2004)

Treatment Targets

LDL <130 mg/dL (<3.37 mmol/L)

Non-HDL <160 mg/dL (<4.14 mmol/L)

CCS (2009)

Initiate Pharmacotherapy if

LDL >3.5 mmol/L (>135 mg/dL)

TChol/HDL-C >5 mmol/L (>193 mg/dL)

hsCRP >2 mg/L in men >50 years and women >60 years

FHx and moderate risk hsCRP

Treatment Targets

LDL <2 mmol/L (<77 mg/dL) or ≥50 % decrease in LDL-C

apoB <0.8 g/L (80 mg/dL)

ESC (2007, see info for more)

Treatment Targets

LDL <3 mmol/L (<120 mg/dL)

TChol <5 mmol/L (<194 mg/dL)

Created by QxMD

