



## Appendix 32: EX1 Form (Initial Examination Report)

## INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  |                                                                                                                                     |  |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-------------------------------------------------------------------------------------------------------------------------------------|--|
|  <b>Petroroleum Development Oman<br/>MEDICAL DEPARTMENT</b><br>PLEASE COMPLETE YOUR PERSONAL<br>DETAILS IN BLOCK CAPITALS                                                                                                                                                                                                                                                                                                                                    |  | Surname <u>KUMAR</u><br>Forenames <u>RAHUL</u><br>Address _____<br>Home telephone number <u>93176360</u>                            |  |
| Place of examination <u>NMC ALHAIL</u> Date <u>23/11/22</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |  | Home telephone number <u>93176360</u>                                                                                               |  |
| If a dependant enter employee's name here:<br>Surname: <u>KUMAR</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |  | Forenames: <u>RAHUL</u>                                                                                                             |  |
| Birth date: <u>23/10/1994</u> Nationality: <u>INDIAN</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |  | Country of birth: <u>INDIA</u> Religion: <u>HINDU</u>                                                                               |  |
| <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Married <input checked="" type="checkbox"/> Single <input type="checkbox"/> Separated /Divorced                                                                                                                                                                                                                                                                                                                                             |  | Relationship to employee<br><input checked="" type="checkbox"/> Wife <input type="checkbox"/> Son <input type="checkbox"/> Daughter |  |
| Reason for examination: Pre-Employment <input checked="" type="checkbox"/> Job: <u>OPERATOR</u><br>Pre-Overseas <input type="checkbox"/> Area: _____                                                                                                                                                                                                                                                                                                                                                                                          |  | Number of children: _____                                                                                                           |  |
| Name and address of family doctor _____                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |  | List your last 3 jobs<br>(1) _____<br>(2) _____                                                                                     |  |
| Are you a Registered Disabled Person? (UK only) <input type="checkbox"/>                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |  | Do you belong to any Medical Insurance Scheme? <input type="checkbox"/>                                                             |  |
| DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)                                                                                                                                                                                                                                                                                                                                                                                                                                   |  |                                                                                                                                     |  |
| Y N                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |  | Y N                                                                                                                                 |  |
| 1. Sinus trouble                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |  | 21. Cancer                                                                                                                          |  |
| 2. Neck swelling/glands                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |  | 22. Heart Disease                                                                                                                   |  |
| 3. Difficulty in vision                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |  | 23. Rheumatic fever                                                                                                                 |  |
| 4. Any ear discharge                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |  | 24. Abnormal heartbeat                                                                                                              |  |
| 5. Asthma/bronchitis                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |  | 25. High blood pressure                                                                                                             |  |
| 6. Hayfever/other significant allergy                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |  | 26. Stroke                                                                                                                          |  |
| 7. Any skin trouble                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |  | 27. Serious chest pain                                                                                                              |  |
| 8. Tuberculosis                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  | 28. Any blood disease                                                                                                               |  |
| 9. Shortness of breath                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |  | 29. Kidney disease                                                                                                                  |  |
| 10. Coughed/vomited blood                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |  | 30. Blood in urine                                                                                                                  |  |
| 11. Severe abdominal pain                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |  | 31. Diabetes                                                                                                                        |  |
| 12. Stomach ulcer                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  | 32. Headaches/migraine                                                                                                              |  |
| 13. Recurrent indigestion                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |  | 33. Dizziness/fainting                                                                                                              |  |
| 14. Jaundice or hepatitis                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |  | 34. Epilepsy                                                                                                                        |  |
| 15. Gall Bladder disease                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |  | 35. Joints/spinal trouble                                                                                                           |  |
| 16. Marked change in bowel habits                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  | 36. Surgical operation                                                                                                              |  |
| 17. Blood in stools (motions)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |  | 37. Serious accident/fracture                                                                                                       |  |
| 18. Marked change in weight                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |  | 38. Tropical disease                                                                                                                |  |
| 19. Varicose veins                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |  | 39. Fear of heights                                                                                                                 |  |
| 20. Lump in breast/arm/pit                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |  |                                                                                                                                     |  |
| How much tobacco each day? <u>no</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |  | Average daily alcohol consumption <u>no</u>                                                                                         |  |
| Have you ever taken illicit drugs? <input checked="" type="checkbox"/> PDO test all new/potential employees for illicit/recreational drugs                                                                                                                                                                                                                                                                                                                                                                                                    |  |                                                                                                                                     |  |
| FAMILY HISTORY: Diabetes ( <input checked="" type="checkbox"/> ) Tuberculosis ( <input checked="" type="checkbox"/> ) Epilepsy ( <input checked="" type="checkbox"/> ) Asthma ( <input checked="" type="checkbox"/> ) Eczema ( <input checked="" type="checkbox"/> )<br>Heart disease ( <input checked="" type="checkbox"/> ) High blood pressure ( <input checked="" type="checkbox"/> ) Stroke ( <input checked="" type="checkbox"/> ) Blood Disease ( <input checked="" type="checkbox"/> ) Cancer ( <input checked="" type="checkbox"/> ) |  |                                                                                                                                     |  |
| PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |  |                                                                                                                                     |  |
| I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.                                                                                             |  |                                                                                                                                     |  |
| Date: _____                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |  | Signature of Applicant: <u>RAHUL</u>                                                                                                |  |



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE  
Further details of medical history and recreational activities

| N = Normal A = Abnormal (please describe) |              |                                                |           | PHYSICAL EXAMINATION |                   |                                                       |                                    |
|-------------------------------------------|--------------|------------------------------------------------|-----------|----------------------|-------------------|-------------------------------------------------------|------------------------------------|
| N                                         | A            |                                                |           |                      |                   |                                                       |                                    |
| ✓                                         |              | 1. Eyes & Pupils                               |           |                      |                   |                                                       |                                    |
| ✓                                         |              | 2. E.N.T.                                      |           |                      |                   |                                                       |                                    |
| ✓                                         |              | 3. Teeth & Mouth                               |           |                      |                   |                                                       |                                    |
| ✓                                         |              | 4. Lungs & Chest                               |           |                      |                   |                                                       |                                    |
| ✓                                         |              | 5. Cardiovascular System                       |           |                      |                   |                                                       |                                    |
| ✓                                         |              | 6. Abdo. Viscera                               |           |                      |                   |                                                       |                                    |
| ✓                                         |              | 7. Hemial Orifices                             |           |                      |                   |                                                       |                                    |
| ✓                                         |              | 8. Anus & Rectum                               |           |                      |                   |                                                       |                                    |
| ✓                                         |              | 9. Genito-urinary                              |           |                      |                   |                                                       |                                    |
| ✓                                         |              | 10. Extremities                                |           |                      |                   |                                                       |                                    |
| ✓                                         |              | 11. Musculo-skeletal                           |           |                      |                   |                                                       |                                    |
| ✓                                         |              | 12. Skin & Varicose Vns.                       |           |                      |                   |                                                       |                                    |
| ✓                                         |              | 13. C.N.S.                                     |           |                      |                   |                                                       |                                    |
| HEIGHT<br>cm                              | WEIGHT<br>kg | BMI                                            | B.P.      | PULSE                | HEARING<br>L<br>R | VISION<br>DISTANT<br>NEAR<br>Uncorrected<br>Corrected | Colour<br>Vision<br>Blood<br>Group |
| 165                                       | 63           | 23.1                                           | 144<br>90 | 74/min.              |                   | R L R L<br>6/6 6/6                                    | N.                                 |
| N                                         | A            | LABORATORY AND OTHER<br>SPECIAL INVESTIGATIONS |           |                      |                   | N                                                     | A                                  |
| ✓                                         |              | 1. Urinalysis                                  |           |                      | ✓                 |                                                       | 7. Audiogram                       |
| ✓                                         |              | 2. Hb, Bloodcount, ESR                         |           |                      | ✓                 |                                                       | 8. Lung Function                   |
| ✓                                         |              | 3. LFT, RFT, RBS                               |           |                      | ✓                 |                                                       | 9. Chest X-Ray                     |
| ✓                                         |              | 4. Drug Screen                                 |           |                      | ✓                 |                                                       | 10. ECG                            |
| ✓                                         |              | 5. Lipids (40 years +)                         |           |                      |                   |                                                       | 11. CVS risk for 40 yrs. & above   |
| ✓                                         |              | 6. Sickle Cell test                            |           |                      |                   |                                                       | 12. HIV, Hepatitis screening       |

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: Name (Block Capitals): Dr. / Nurse

Signature:

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. / Nurse

Signature:

# DEPARTMENT OF LABORATORY MEDICINE

|                                                              |                                                      |
|--------------------------------------------------------------|------------------------------------------------------|
| <b>File No:</b> 50089057                                     | <b>Report No:</b> 0069885                            |
| <b>Name:</b> RAHUL KUMAR                                     | <b>Sample Date:</b> 23/11/2022 <b>Time:</b> 7:04     |
| <b>Address:</b>                                              | <b>Received By:</b>                                  |
| <b>Gender:</b> M <b>Age:</b> 28 Y <b>Nationality:</b> INDIAN | <b>Received Date:</b> <b>Time:</b>                   |
| <b>GSM No.:</b> 93176360 <b>ID Card No.:</b> 103122944       | <b>Report Date:</b> 23/11/2022 <b>Time:</b> 08:43    |
| <b>Ref. By:</b> DR CHRISTINE ABDALLA                         | <b>Bill No:</b> 0197490 <b>Bill Date:</b> 23/11/2022 |
|                                                              | <b>Report Status:</b> Final                          |

| INVESTIGATION                  | RESULT                     | REFERENCE RANGE                                                                                                                                       |
|--------------------------------|----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| PDO PACKAGE BELOW 40 YEARS     |                            |                                                                                                                                                       |
| FASTING BLOOD SUGAR            | 5.07 mmol/L                | 4.11 - 6.05 mmol/L                                                                                                                                    |
| CREATININE                     | 80.69 $\mu$ mol/L          | Adults:<br>MALE: 62 - 106 $\mu$ mol/L<br>FEMALE: 44 - 80 $\mu$ mol/L                                                                                  |
| SGPT (ALT)                     | 27.81 U/L                  | MALE : up to 41 U/L,<br>FEMALE : up to 33 U/L.                                                                                                        |
| TOTAL WBC COUNT                | $6.30 \times 10^3 / \mu$ L | 4.00-11.00 $\times 10^3 / \mu$ L                                                                                                                      |
| DIFFERENTIAL COUNT             |                            |                                                                                                                                                       |
| NEUTROPHIL (%)                 | 50.00 %                    | 40-75%                                                                                                                                                |
| LYMPHOCYTE (%)                 | 38.50 %                    | 20-45%                                                                                                                                                |
| MONOCYTE (%)                   | 9.60 %                     | 2-8%                                                                                                                                                  |
| EOSINOPHIL (%)                 | 1.70 %                     | 1-6%                                                                                                                                                  |
| BASOPHIL (%)                   | 0.20 %                     | 0-1%                                                                                                                                                  |
| ERYTHROCYTE SEDIMENTATION RATE | 13 mm/1st hr               | MALE:0-15 mm/ 1st hr<br>FEMALE:0-20 mm/ 1st hr                                                                                                        |
| HAEMOGLOBIN                    | 16.30 gm/dl                | Male : 13 -18 gm/dl<br>Female:11-15 gm /dl<br>childrens upto 1year-11.0 - 13.0 gm /dl<br>upto12years-11.5 - 14.5 gm /dl<br>cord blood:13 -19.5 gm /dl |

**SICKLE CELL** **NEGATIVE**

Method : Solubility test  
( If Positive , Hb Electrophoresis / HPLC to be done to confirm Sickie cell anaemia / Trait).

## URINE ROUTINE

### URINE BIOCHEMISTRY

|               |          |          |
|---------------|----------|----------|
| URINE GLUCOSE | NEGATIVE | NEGATIVE |
| URINE PROTEIN | NEGATIVE | NEGATIVE |
| URINE KETONE  | NEGATIVE | NEGATIVE |

Verified By:



10624

Lab Technologist

Approved By:



DR ROSE MARY

Specialist Pathologist

MOH License No: 18178

Electronically signed at: 11/23/2022 8:44:00

Electronically signed at: 23/11/2022 9:32:00 AM

Printed at: 27/11/2022 9:14:53 AM

Page: 1 of 2



NMC Healthcare LLC  
CR/No: 1068137  
PSC No: 234, Bldg: 330  
Building No: RT2 Al Hadeeth  
Suburban of Doha  
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F: +965 2426 9288  
www.nmc.qa



DEPARTMENT OF LABORATORY MEDICINE

File No: 50089057  
Name: RAHUL KUMAR  
Address:  
Gender: M Age: 28 Y Nationality: INDIAN  
GSM No.: 93176360 ID Card No.: 103122944  
Ref. By: DR CHRISTINE ABDALLA

Report No: 0069885  
Sample Date: 23/11/2022 Time: 7:04  
Received By:  
Received Date: 23/11/2022 Time: 08:43  
Report Date: 23/11/2022  
Bill No: 0197490 Bill Date: 23/11/2022  
Report Status: Final

| INVESTIGATION    | RESULT   | REFERENCE RANGE |
|------------------|----------|-----------------|
| URINE BILIRUBIN  | NEGATIVE | NEGATIVE        |
| NITRITE          | NEGATIVE | NEGATIVE        |
| URINE PH         | 6.0      | 4.6-8.0         |
| SPECIFIC GRAVITY | 1.020    | 1.010-1.030     |
| BLOOD            | NEGATIVE | NEGATIVE        |
| UROBILINOGEN     | NORMAL   | NORMAL          |
| URINE MACROSCOPY |          |                 |
| COLOUR           | YELLOW   |                 |
| APPEARANCE       | CLEAR    |                 |
| URINE MICROSCOPY |          |                 |
| RBC              | NIL /hpf | 0-3             |
| PUSCELLS         | 0-1 /hpf | 0-5             |
| EPITHELIAL CELLS | 0-2 /hpf | NIL             |
| CRYSTAL          | NIL /hpf | NIL             |
| CAST             | NIL /hpf | NIL             |
| BACTERIA         | NIL      | NIL             |
| MUCOUS THREAD    | NIL      | NIL             |

Verified By:



10624

Lab Technologist

Approved By:



DR ROSE MARY

Specialist Pathologist

MOH License No: 18178

Electronically signed at: 11/23/2022 8:44:00 Electronically signed at: 23/11/2022 9:32:00 AM

Printed at: 27/11/2022 9:14:53 AM

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مستشفى ان ام سي التخصصي  
nmc specialty hospital

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Building No: 012, Al Hail Hamh  
Subsidiary of Oryon  
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# AUDIOMETRY REPORT

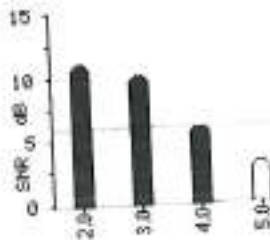
Name of the Patient Rahul Kumar

U107.05  
23-NOV-22 21:37  
DP 4s 4 sec avg  
SN: G11005649 G12005991

Sex m MRN 50089057 Date of Test 23/11/22

NAME:

Right: Pass



| F2  | L1 | L2 | DP  | NF  | SNR | P |
|-----|----|----|-----|-----|-----|---|
| 2.0 | 65 | 55 | -4  | -15 | 11  | P |
| 3.0 | 65 | 55 | -10 | -19 | 10  | P |
| 4.0 | 65 | 55 | -14 | -20 | 6   | P |
| 5.0 | 65 | 55 | -17 | -20 | 3   | P |

U107.05  
23-NOV-22 21:38  
DP 4s 4 sec avg  
SN: G11005649 G12005991

NAME:

Left: Pass



| F2  | L1 | L2 | DP  | NF  | SNR | P |
|-----|----|----|-----|-----|-----|---|
| 2.0 | 65 | 55 | -9  | -19 | 10  | P |
| 3.0 | 65 | 55 | -11 | -20 | 9   | P |
| 4.0 | 65 | 55 | -14 | -20 | 6   | P |
| 5.0 | 65 | 55 | -17 | -20 | 3   | P |



*Signature*

Signature of the Technician

NMCOMAN/DOC/NSG/75



## Pulmonary Function Report

## Subject Information

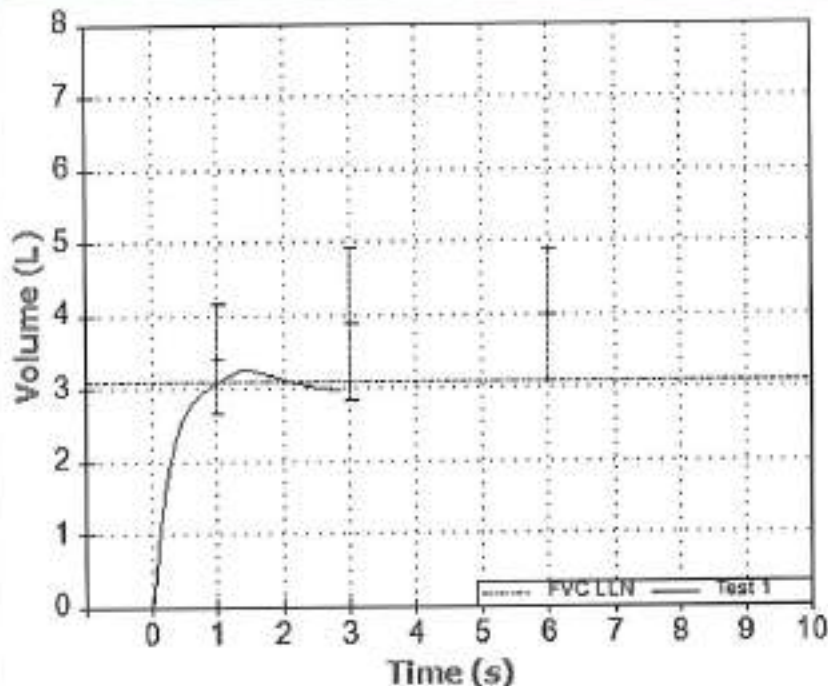
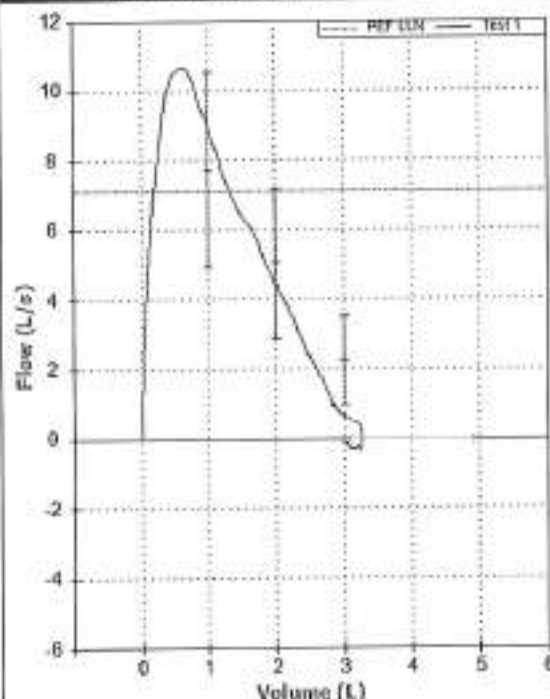
|             |                   |               |            |                |            |
|-------------|-------------------|---------------|------------|----------------|------------|
| ID:         | 2022326_104035070 | Alternate ID: | 50089057   | Middle Name:   | Kumar      |
| Last Name:  |                   | First Name:   | Rahul      | Date of Birth: | 23/10/1994 |
| Population: | Asian             | Gender:       | Male       | Weight:        | 63.0 kg    |
| Age:        | 28                | Height:       | 165 cm     |                |            |
| BMI:        | 23.1              | Smoking:      | Non Smoker |                |            |

## Test Session Information

|               |                  |               |                  |                |               |
|---------------|------------------|---------------|------------------|----------------|---------------|
| Test Date:    | 23/11/2022 09:33 | Device:       | ALPHA Touch      | Serial Number: | 32166         |
| No. of Tests: | 4                | Accuracy Chk: | 30/05/2019 15:42 | User:          | Administrator |
| Pred. Values: | ERS 93           | Pred. Factor: | 90%              | Posture:       | Sitting       |

Flow/Volume Graph

Volume/Time Graph



## Results

| Parameter      | Pred | LLN  | Best | % Pred. | Z-Score |
|----------------|------|------|------|---------|---------|
| FVC (L)        | 4.00 | 3.10 | 3.25 | 81      | -1.37   |
| FEV1 (L)       | 3.41 | 2.66 | 3.10 | 91      | -0.68   |
| FEV1 Ratio     | 0.82 | 0.70 | 0.95 | 116     | 1.78    |
| PEF (L/min)    | 545  | 425  | 640  | 117     | 1.30    |
| FEF25-75 (L/s) | 4.70 | 2.99 | 5.23 | 111     | 0.51    |

Values at BTPS, \*Below lower limit of normality (LLN)

## Session Quality and Repeatability Information

| FVC Session Grade | FVC Rep:      | FEV1 Rep: | Slow Start of test | End of test criteria not achieved | Cough detected in 1st second |
|-------------------|---------------|-----------|--------------------|-----------------------------------|------------------------------|
| D                 | 0.22 L (6.8%) | -         | 0 blow(s)          | 2 blow(s)                         | 0 blow(s)                    |

## Computer Suggested Interpretation

Computer interpretations cannot be relied upon for diagnosis. Normal ventilatory function.

## Reference Pictogram

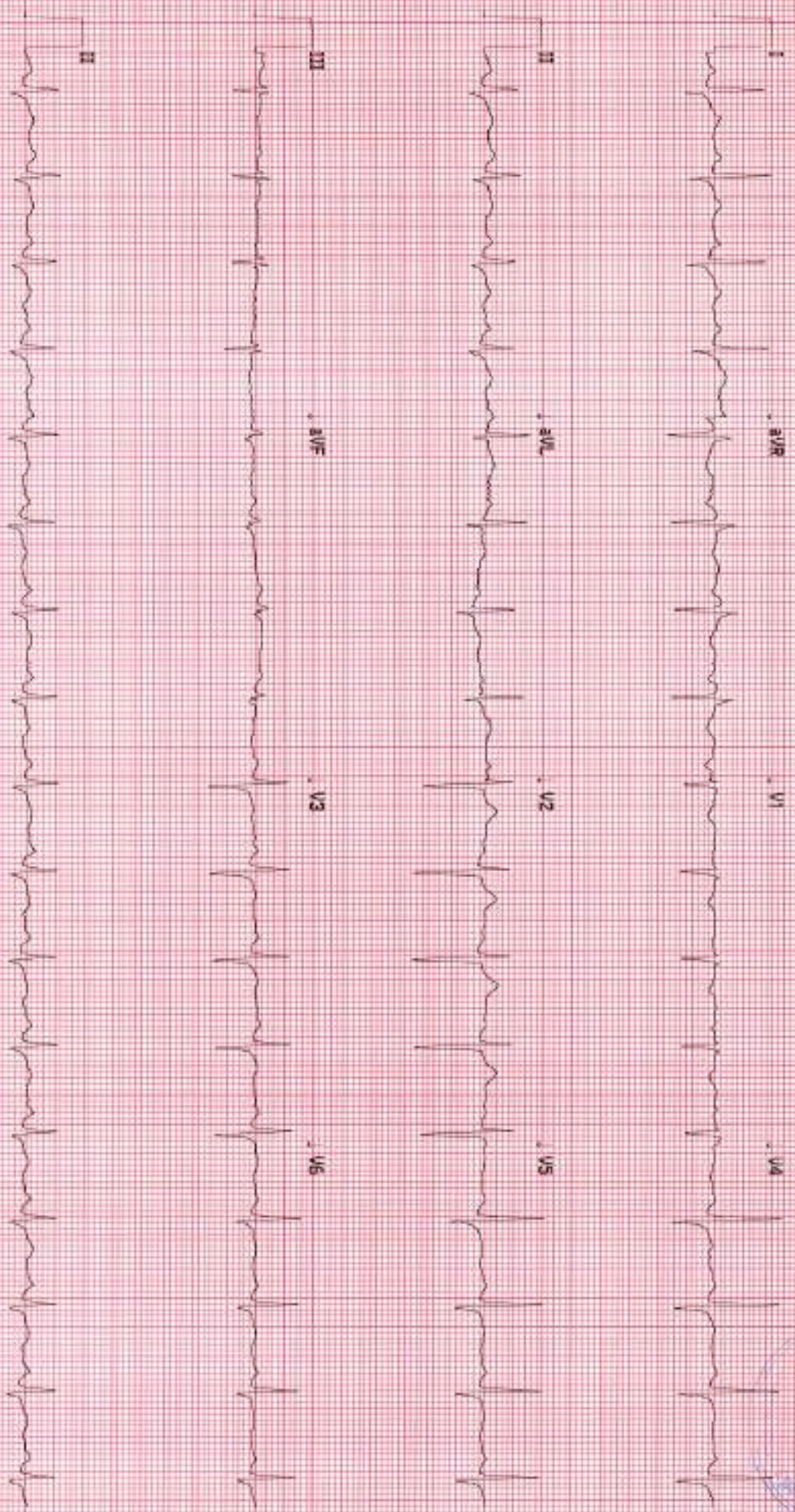




Patient Name: ALMUR, KAHM  
ID: 50089057  
DOB: 28yr, Male

ECG-NEW-2022 21:37:34  
Vent rate: 100 BPM  
PR Int: 157 ms  
QRS dur: 97 ms  
QT/QTc: 316/373 ms  
P-R-T axes: 39 9 19

SINUS TACHYCARDIA  
NONSPECIFIC T-WAVE ABNORMALITY  
ABNORMAL RHYTHM ECG  
UNCONFIRMED REPORT



119210000838

No Site Name

Site # 0 Cart # 0 Version 2.1.0.5 Sequence #0316 25mm/s 10mm/mV 0.05-40 Hz M









SULTANATE OF OMAN

RESIDENT  
CARD



مقيمين  
مقيمين

CIVIL NUMBER 103122944

EXPIRY DATE 24/04/2023

DATE OF BIRTH 23/10/1994

الجنس: المذكر

الاسم: كرم

اللقب: كرم

عمل: مدير عام

