



11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname: <u>Mubashar Hussain</u>		Forenames: <u>Mubashar Hussain</u>	
Address: <u>97685902</u>		Home telephone number: <u>97685902</u>	
Place of examination: <u>29/11/2021</u>	Date: <u>29/11/2021</u>		
If a dependant enter employee's name here:			
Surname: <u>Pakistan</u>		Forenames: <u>Mubashar Hussain</u>	
Birth date: <u>25/12/1991</u>	Nationality: <u>Pakistan</u>	Country of birth: <u>Pakistan</u>	Religion: <u>Muslim</u>
☐ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced	Relationship to employee: ☐ Wife ☐ Son ☐ Daughter	Number of children: <u>1</u>
Reason for examination: <u>Pre-Employment</u>		Job: <u>Area:</u>	
Name and address of family doctor: <u>Pre-Overseas</u>		List your last 3 jobs:	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
Y	N	Y	N
1. Sinus trouble	☒	21. Cancer	☒
2. Neck swelling/glands	☒	22. Heart Disease	☒
3. Difficulty in vision	☒	23. Rheumatic fever	☒
4. Any ear discharge	☒	24. Abnormal heartbeat	☒
5. Asthma/bronchitis	☒	25. High blood pressure	☒
6. Hayfever /other significant allergy	☒	26. Stroke	☒
7. Any skin trouble	☒	27. Serious chest pain	☒
8. Tuberculosis	☒	28. Any blood disease	☒
9. Shortness of breath	☒	29. Kidney disease	☒
10. Coughed/vomited blood	☒	30. Blood in urine	☒
11. Severe abdominal pain	☒	31. Diabetes	☒
12. Stomach ulcer	☒	32. Headaches/migraine	☒
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒
14. Jaundice or hepatitis	☒	34. Epilepsy	☒
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒
16. Marked change in bowel habits	☒	36. Surgical operation	☒
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒
18. Marked change in weight	☒	38. Tropical disease	☒
19. Varicose veins	☒	39. Fear of heights	☒
20. Lump in breast/ampit	☒		
How much tobacco each day? <u>0</u>		Average daily alcohol consumption: <u>0</u>	
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()			
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: <u>29/11/2021</u>		Signature of Applicant: <u>Mubashar Hussain</u>	



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION									
N	A										
☒		1. Eyes & Pupils									
☒		2. E.N.T.									
☒		3. Teeth & Mouth									
☒		4. Lungs & Chest									
☒		5. Cardiovascular System									
☒		6. Abdo. Viscera									
☒		7. Hemial Orifices									
☒		8. Anus & Rectum									
☒		9. Genito-urinary									
☒		10. Extremities									
☒		11. Musculo-skeletal									
☒		12. Skin & Varicose Vns.									
		13. C.N.S.									
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE (mins)	HEARING L R	VISION DISTANT R L NEAR R L Uncorrected Corrected		Colour Vision	Blood Group		
174	104	34.4	120/80	90							
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS									
☒		1. Urinalysis									
☒		2. Hb, Bloodcount, ESR									
☒		3. LFT, RFT, RBS									
☒		4. Drug Screen									
☒		5. Lipids (40 years +)									
☒		6. Sickie Cell test									
☒		7. Audiogram									
☒		8. Lung Function									
☒		9. Chest X-Ray									
☒		10. ECG									
☒		11. CVS risk for 40 yrs. & above									
☒		12. HIV, Hepatitis screening									

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 21/11/2012 Name (Block Capitals): Dr. / Nurse

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. / Nurse

Signature:

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 29/11/2022
Name: Mubashar Hussain		Department/Company: Truck Owner
I. D No. 944 25395	Tel # 97685902	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

1 Lying down to rest in the afternoon when circumstances permit

0 Sitting & talking with someone

0 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Mubashar (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Mubashar Date: 29/11/2022

Fitness to Work Certificate

Employee Data		Date <u>29/11/2024</u>	
Name <u>Mubashar Hussain</u>		Department/Company <u>Truck Oman</u>	
I.D No. <u>94425395</u>	Age <u>30/yr</u>	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers – group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers – group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions ✓			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature <u>[Signature]</u>	Date <u>29/11/2024</u>	Date

د. ناندانا بانجرا
DR. NANDANA PANJRA
رئيس قسم طب العمل
Licence & Registration
Oman Ministry of Health



DEPARTMENT OF LABORATORY MEDICINE

File No: 0262191
Name: MUBASHAR HUSSAIN
Address:
Gender: M Age: 30 Y Nationality: PAKISTANI
GSM No.: 97685902 ID Card No.: 94425395
Ref. By: EXTERNAL DOCTOR

Report No: 0639781
Sample Date: 29/11/2022 Time: 11:31
Received By: SREERAJ
Received Date: 29/11/2022 Time: 11:58
Report Date: 29/11/2022 Time: 13:16
Bill No: 0853294 Bill Date: 29/11/2022
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckman)		
FBS (FASTING BLOOD SUGAR)	5.17 mmol/L	3.9 - 6.1
Method :- Hexokinase	93.06 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.30 mmol/L	1 - 5.1
Method:-Enzymatic	204.9 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.970 mmol/L	0.777 - 1.813
Method:-Enzymatic	37.5 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.35 mmol/L	1.295 - 4.54
Method:-Calculation	129.34 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.99 mmol/L	0.259 - 1.036
Method:-Calculation	38.06 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	5.46	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	2.15 mmol/L	0.564 - 2.146
Method : Enzymatic	190.275 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.386 mg/dL	0.1 - 1
Method : Diazo	6.6 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.187 mg/dL	0.1 - 0.5
Method : Diazo	3.2 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	17.65 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	24.30 U/L	Male: 10-50 Female: 10-35

Processed By:
181773
Lab Technologist

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist

DR. SHAYFA P
Specialist Pathologist

MOH License No: 21829

MOH License No: 6644

MOH LIC NO:13475

Electronically Signed at: 29/11/2022 1:17:00 PM

Printed at: 29/11/2022 1:17:47 PM

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INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	123.44 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.75 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.76 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.99 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.59	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	24.26 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	2.80 mmol/L	1.7 - 8.3
Method : Kinetic Assay	16.82 mg/dL	10.2 - 49.8
CREATININE - SERUM	76.60 µmol/L	44.2 - 123.7
Method :-Jaffe Method	0.87 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	8090 cells/cumm	4000 - 11000 cells/cumm
Method :-Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method :-Fluorescence Flow Cytometry		
NEUTROPHILS	59.1 %	40-75%

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INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	30.2 %	20-45%
EOSINOPHILS	3.0 %	2-6 %
MONOCYTES	7.2 %	2-8 %
BASOPHILS	0.5 %	0-1%
HB (HEMOGLOBIN)	15.8 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.40 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.08 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	48.40 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	89.60 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	29.30 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.60 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	06 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

NEGATIVE

Method : -Haemoglobin solubility test

Processed By:

181773

Lab Technologist

MOH License No: 21829

Approved By:

SREERAJ

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Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Processed By

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X-RAY REPORT

Doc No:	0066007
Name:	MUBASHAR HUSSAIN
Age/DOB:	30 Y Omani ID/ L.Card No:: 94425395
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	29/11/2022
X-Ray Film No:	PDO
Bill No:	0853294
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21068
ASTER HOSPITAL IBRI



262191

MURASHAR

11/29/2022 03:39:48 AM

Aster Hospital IBRI
ECG Room
ECG Room

Rate 83

PR 179

QRS 92

QT 356

QTc 419

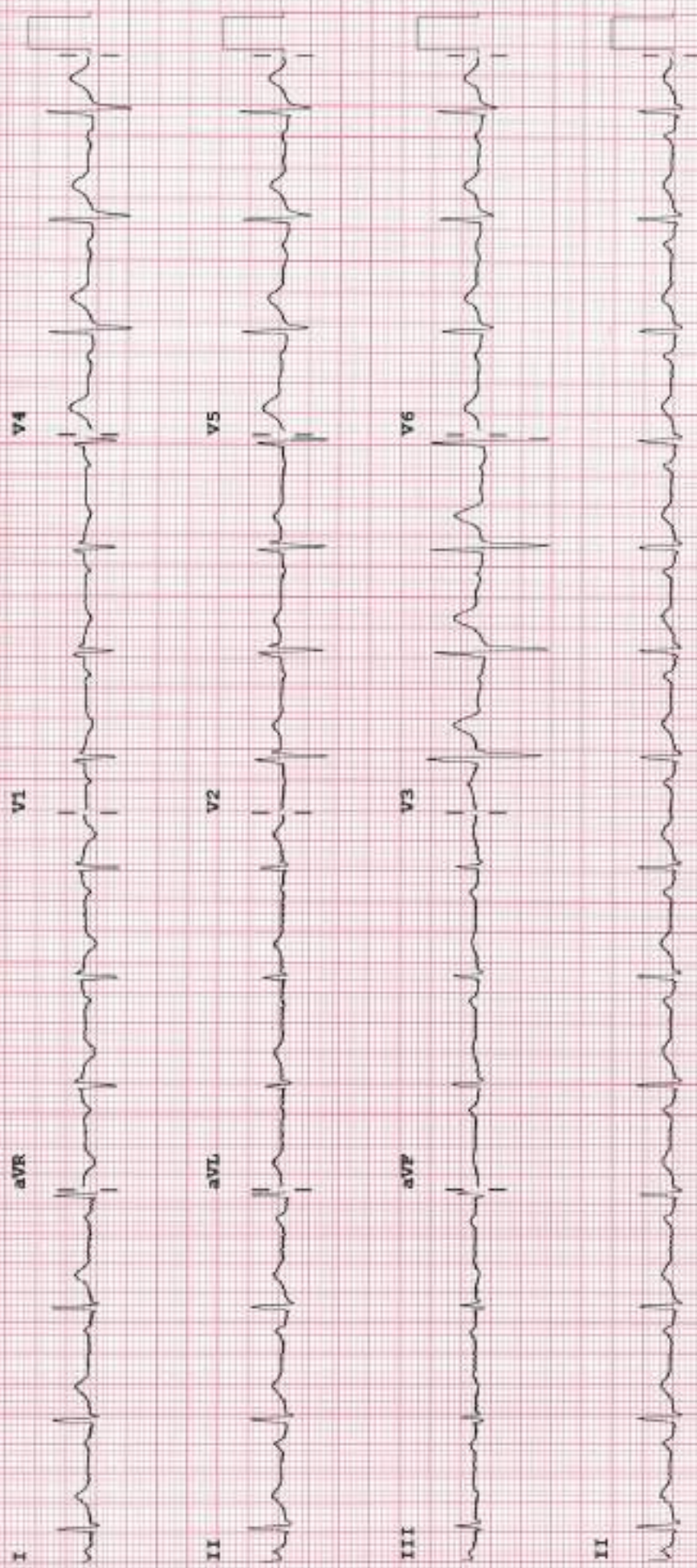
--AXIS--

P 56

QRS 29

T 16

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50~ 0.50~ 40 Hz W

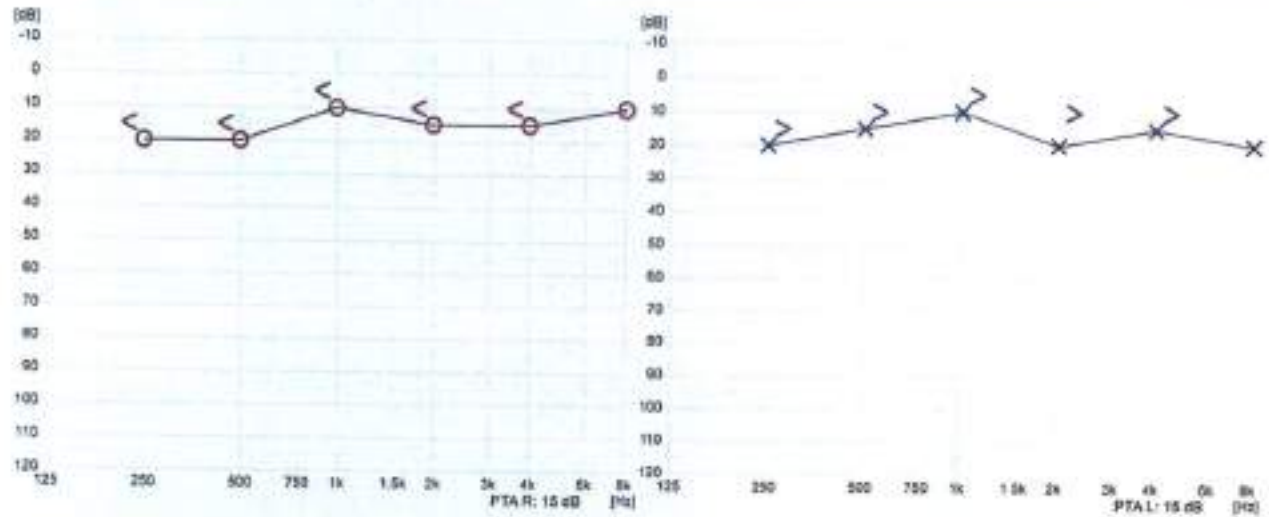
L

P?

Aster QUALITY HEARING AND SPEECH THERAPY CENTER

مستشفى أستر
نحن نعتني بك دائما

Code: 0953294
Last name, First name: MUBASHAR, HUSSAIN
Born: 29.11.2022
Test type: Tonal audiometry
Test date: 29.11.2022



PTA

Right: 15dBHL

Left: 15dBHL

Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊙	⊗
Free FieldMasked	A	A
Stimuli		B
No response		I

Comments
BILATERAL NORMAL HEARING SENSITIVITY

Signature:

Heard by Heder Biomedica



Date: 29/11/2022

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عبري سلطنة عمان