



MEDICAL FITNESS CERTIFICATE FOR TRUCKOMAN

NAME **MUBASHAR HUSSAIN**

AGE/D.O.B	28 Y 25.12.1991	DATE	24.11.2020
PASS/ID NO:	94425395	GENDER	MALE
VISION-RT-EYE	6/6 WITHOUT GLASSES	HEIGHT	179 CM
LT-EYE	6/6 WITHOUT GLASSES	WEIGHT	94 KG
HEART	NORMAL	BP	126/88 mmHg
LUNGS	NORMAL	PULSE	96/ Min
ABDOMEN	NORMAL	CNS	NORMAL
SKIN	NORMAL	ENT	NORMAL

INVESTIGATIONS

FBS	NORMAL
BLOOD GROUP	B POSITIVE
HAEMOGRAM	NORMAL
LFT	NORMAL
RFT	NORMAL
LIPID PROFILE	DLP
SICKLING TEST	NEGATIVE
URINE ROUTINE	NORMAL
AUDIOGRAM	Normal audiometric threshold

COMMENTS * DLP - Advised lifestyle modification

CONCLUSION **MEDICALLY FIT**

Signature:

Dr.B.VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

FIT

SEAL





مجموعة مستشفيات ومستوصفات بدر السماء

BADR AL SAMAA

GROUP OF HOSPITALS AND POLYCLINICS

More Than Healthcare ... Humane Care



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by Joint Commission International
Badr Al Samaa Hospital, Ruwi & Al Khoud

File No: 3239195
Name: MUBASHAR HUSSAIN
Age: 28 Y **Sex:** M
Nationality: PAKISTANI
GSM No.: 92913480
Ref. By: DR. VENKATESH KUMAR

Doc No: 3485285
Date: 23/11/2020 **Time:** 10:28
Bill No: 04045956
Chs No:
ID No:

Test	Result	Normal Range
BLOOD GROUP	B	
Rh	POSITIVE	
HAEMOGRAM		
TOTAL COUNT(W B C)	7.3 K/uL	4.0 - 11.0 K/uL
DIFFERENTIAL COUNT		
NEUTROPHILS	63 %	40- 75 %
LYMPHOCYTES	29 %	20 -45 %
EOSINOPHILS	02 %	01 - 06 %
MONOCYTS	06 %	02 - 10 %
BASOPHILS	00 %	
HAEMOGLOBIN	16.3 gm/dl	Male : 14 - 18 gm/dl Female - 12-16 gm/dl
R B C COUNT	5.42 mil/ul	3.8 - 5. 8 mil/ul
PCV	46.6 %	37 - 47 %
M C V	85.9 fL	78 - 93 fL
M C H	30.0 pg	27 - 32 pg
M C H C	34.9 gm/dL	31 - 35 gm/dL
PLATELET COUNT	199 k/UI	150 - 400 k/UI
SICKLING TEST	NEGATIVE	
BLOOD SUGAR[FASTING]	5.16 mmol/L (93 mg/dl)	Normal: upto 5.55 mmol/l, Impaired fasting glucose:5.55-6.99 mmol/l Diabetic : > 6.99 mmol/l Normal : up to 100 mg/dl Impaired fasting glucose:100-126 mg/dl Diabetic: > 126 mg/dl

[Signature]
Medical Technologist
Out of Normal Range

[Signature]
Requisitioning Doctor:



[Signature]
Clinical Pathologist

Collected Date And Time:

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Reported Date And Time:

Headquarters:

CR. No. 1693808, PB No. 443, P.C. 112,

Ruwi, Sultanate of Oman, Tel: +968 24799760, Fax: 24799765

Al Khuwair : 24488322 | Sohar : 26846660 | Al Khoud : 24546099 | Salalah : 23291830

Barka : 26884910 | Sur : 25546112 | Nizwa : 25447777 | Falaj : 26754131

Email: info@badralsamaahospitals.com

المقر الرئيسي :

س. ت. : ٢٤٤٨٨٣٢٢، ص. ب. : ٤٤٣، الرمز البريدي : ١١٢

روي، سلطنة عمان. هاتف : ٢٤٧٩٩٧٦٠، فاكس : ٢٤٧٩٩٧٦٥

الضویر : ٢٤٤٨٨٣٢٢ | صحر : ٢٦٨٤٦٦٦٠ | الخوض : ٢٤٥٤٦٠٩٩ | صلالة : ٢٣٢٩١٨٣٠

بركاء : ٢٦٨٨٤٩١٠ | صور : ٢٥٥٤٧١١٢ | نزوى : ٢٥٤٤٧٧٧٧ | فلج : ٢٦٧٥٤١٣١

البريد الإلكتروني info@badroman.com

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION					
N	A			<i>Normal & Reactive</i> <i>MM, SM ⊕, No Unusual</i> <i>h.p., m ⊕</i> <i>normal</i> <i>normal</i> <i>normal</i> <i>normal</i> <i>normal</i> <i>normal</i> <i>normal</i>					
✓		1. Eyes & Pupils							
✓		2. E.N.T.							
✓		3. Teeth & Mouth							
✓		4. Lungs & Chest							
✓		5. Cardiovascular System							
✓		6. Abdo. Viscera							
✓		7. Hernial Orifices							
✓		8. Anus & Rectum							
✓		9. Genito-urinary							
✓		10. Extremities							
✓		11. Musculo-skeletal							
✓		12. Skin & Varicose Vns.							
✓		13. C.N.S.							
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION		Colour Vision	Blood Group
149	94.3	29.4	126/88	96/min.	L R	DISTANT Uncorrected Corrected	NEAR R L R L 6/6 6/6 2/6 2/6	(N)	B+ve
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS			N	A			
		1. Urinalysis					7. Audiogram		
		2. Hb, Bloodcount, ESR					8. Lung Function		
		3. LFT, RFT, RBS					9. Chest X-Ray		
		4. Drug Screen					10. ECG		
		5. Lipids (40 years +)					11. CVS risk for 40 yrs. & above		
		6. Sickle Cell test					12. HIV, Hepatitis screening		
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)									
ASSESSMENT:									
FIT ALL AREAS ☒ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT ☐									
Date: 23/11/2020 Name (Block Capitals): Dr. / Nurse Signature:									
REVIEW/CONSULTATION									
Date: 23/11/2020 Name (Block Capitals): Dr. / Nurse Signature:									



Sajila

Dr. SAJILA P.P
MBBS., DNB (ENT), DLO.
Specialist Ent Surgeon
MOH Lic No.: 18387

[Signature]

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CARDIOLOGIST
MOH NO#14581