

Medical Fitness Certificate

Name of the Examined : Mr. IMTIAZ AHMED
Age : 40yrs/M
ID Number : 92264263
Job Title : DRIVER
Date of medical Examination: 28/09/2024
Examining physician : DR. BAREA
Medical Centre : AL NILE MEDICAL CENTER
Company : TRUCK OMAN

Assessment Results

The certificate is valid for 2 years from the date of medical examination

Fitness classifications:

- Fit to work without restrictions
- Fit work with restrictions
- Unfit to work temporarily or definitely

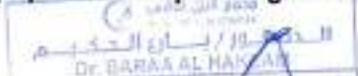
FIT

Restrictions list:

- R1: Unfit to work offshore, on marine vessels and in remote locations.
- R2: Unfit for Lifting and strenuous efforts.
- R3: Unfit to work in certain countries, check with geo market health advisor.
- R4: Unfit to work in jobs requiring precise color vision.
- R5: Unfit to work in job with high level of noise.
- R6: Unfit to work in high risk of malaria countries.
- R7: Unfit to work in extreme heat.
- R8: Unfit to work in extreme cold.
- R9: Contact Geo market health advisor/International medical coordinator - there exist specific restriction.
- R10: Unfit to work for a temporarily of time until further notice.
- R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
- R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
- R13: Unfit to drive company vehicle.
- R14: Unfit to fly long haul flights.
- R15: Unfit to work in heights and confined spaces.

COMMENTS

Examining physician stamp and signature


Dr. BARAA AL HAKIM



CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med - check History form		Name:	Mr: Imtiaz Ahmed		
		GIN:			
Place of examination	Date	Mobile: 72058007			
alrite medical complex	28/9/24				
Age: 40yrs	Nationality: Pakistani	Blood Group			
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	Number Of Children:			
Do You Have You Had: (Tick "Yes " or "No " column or put a (?) if uncertain exclude minor ailments.)					
	Y	N		Y	N
1 SINUS TROUBLE		☒	21- CANCER		☒
2 NECK SWELLING / GLANDS		☒	22- HEART DISEASE		☒
3 DIFFICULTY IN VISION		☒	23- RHEUMATIC FEVER		☒
4 ANY EAR DISCHARGE		☒	24- ABNORMAL HEARTBEAT		☒
5 ASTHMA / BRONCHITIS		☒	25- HIGH BLOOD PRESSURE		☒
6 HAYFEVER / OTHER SIGNIFICANT ALLERGY		☒	26- STROKE		☒
7 ANY SKIN TROUBLE		☒	27- SERIOUS CHEST PAIN		☒
8 TUBERCULOSIS		☒	28- ANY BLOOD DISEASE		☒
9 SHORTNESS OF BREATH		☒	29- KIDNEY DISEASE		☒
10 - COUGHED / VOMITED BLOOD		☒	30 - BLOOD IN URINE		☒
11 SEVERE ABDOMINAL PAIN		☒	31- DIABETES		☒
12 STOMACH ULCER		☒	32 HEADACHES / MIGRAINE		☒
13 RECURRENT INDIGESTION		☒	33-DIZZINESS / FAINTING		☒
14 JAUNDICE OR HEPATITIS		☒	34- EPILEPSY		☒
15 - GALL BLADDER DISEASE		☒	35- JOINTS / SPINAL TROUBLE		☒
16- MARKED CHANGE IN BOWEL HABITS		☒	36-SURGICAL OPERATION	☒	
17 BLOOD IN STOOLS (MOTIONS)		☒	37 SERIOUS ACCIDENT / FRACTURE		☒
18 - MARKED CHANGE IN WEIGHT		☒	38- TROPICAL DISEASE		☒
19 VARICOSE VEINS		☒	39- FEAR OF HEIGHTS		☒
20 - LUMP IN BREAST / ARMPIT		☒			
HOW MUCH TOBACCO EACH DAY?	☒		AVERAGE DAILY ALCOHOL CONSUMPTION	☒	
HAVE YOU EVER TAKEN ILICIT DRUGS ? ☒					
FAMILY HISTORY: DIABETES () TUBERCULOSIS () EPILEPSY () ASTHMA () ECZEMA () HEART DISEASE () HIGH BLOOD PRESSURE () STROKE () BLOOD DISEASE () CANCER ()					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT :- I DECLARED THESE STATEMENTS TO BE TRUE TO THE BEST OF MY KNOWLEDGE AND BELIEF AND I AGREE THAT THE RESULT OF THIS MEDICAL EXAMINATION IN GENERAL TERMS MAY BE REVEALED TO THE COMPANYS DOCTORS, AND THE DETAILS SENT TO THEM BY THE EXAMINING DOCTOR.					
DATE:					
SIGNATURE OF APPLICANT: Imtiaz Ahmed					



VISUAL FIELDS:	N	COLOR VISION:	N
SPEECH:	N	SHISPER TEST:	N
NEAR VISION RIGHT EYE:	N	NEAR VISION LEFT EYE:	N
DISTANT VISION LEFT EYE:	N	DISTANT VISION RIHT EYE:	N
HEIGHT: 179 cm	WEIGHT: 94	BMI: 29	BP: 130/84
			PULSE: 90
BODY SYSTEM / ORGAN	N	A	ABNORMALITY IF ANY
EYES AND PUPILS	N		
EAR/ NOSE/ THROAT	N		
TEETH AND MOUTH	N		
LUNGS AND CHEST	N		
CARDIOVASCULAR	N		
ABDOMEN	N		
HERNIAL ORIFICES	N		
ANUS AND RECTUM	N		
GENITO - URINARY	N		
EXTREMITIES	N		
MUSCULOSKELETAL	N		
SKIN / VARICOSE VIENS	N		
NEUROLOGICAL	N		
MENTAL FITNESS	N		
BREAST	N		

Dr. BARAA AL HAKEM
 General Practitioner
 10/10/2019

مستشفى النيل الطبي
 1122042
 11/11/2019



SID NO. : 01039075
Patient ID : 24015704
Name : Mr. IMTIAZ AHMED
Age / Gender : 40 Y / Male
Referrer : TRUCK OMAN
Consultant : Dr.Barea Al Hakim



Page : 1 of 5

Collection Date & Time : 28/09/2024 08:36:40
Received Date & Time : 28/09/2024 08:55:56
Reported Date & Time : 28/09/2024 09:47:54

National ID : 92264263

Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
ALLERGY & IMMUNOLOGY		
SCHLUMBERGER FITNESS TO WORK EDTA/Serum		
DRUG SCREENING-10 Urine		
Amphetamine	Negative	NEGATIVE
Barbiturates	Negative	NEGATIVE
Cocaine	Negative	NEGATIVE
Marijuana	Negative	NEGATIVE
Morphine	Negative	NEGATIVE
BIOCHEMISTRY		
SCHLUMBERGER FITNESS TO WORK EDTA/Serum		
BLOOD SUGAR FASTING	5.5 mmol/l	3.3 - 6.1
CREATININE	1.32 mg/dl	Male: 0.7-1.4 mg/dl Female: 0.6-1.1mg/d
BILIRUBIN (DIRECT)	0.315 mg/dl	Up To: 0.3
BILIRUBIN (INDIRECT)	0.625 mg/dl	0.2 - 0.8
BILIRUBIN TOTAL	0.94 mg/dl	UP TO 1.1
SGOT	18.4 U/L	Upto 40
SGPT	29.5 U/L	less than 41
ALKALINE PHOSPHATASE	92.0 U/L	35 - 104
TOTAL PROTEIN	8.1 g/dL	6.6 - 8.7
ALBUMIN	4.81 g/dL	3.5 - 5.2
GLOBULIN	3.29 g/L	2.0-3.9
Gamma-Glutamyltransferase (GGT)	23.0 U/L	5 - 36

Hajer Muhammad Hussin

Technician

MOH License No 9245





SID NO. : 01039075
Patient ID : 24015704
Name : Mr. IMTIAZ AHMED
Age / Gender : 40 Y / Male
Referrer : TRUCK OMAN
Consultant : Dr.Barea Al Hakim



Page : 2 of 5

Collection Date & Time : 28/09/2024 08:36:40
Received Date & Time : 28/09/2024 08:55:56
Reported Date & Time : 28/09/2024 09:47:54

National ID : 92264263

Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
LIPID PANEL		
TRIGLYCERIDE	281.4 mg/dl	male:40-160 mg/dl female: 35-135 mg/dl
CHOLESTEROL	229.6 mg/dl	<200 mg/dl
HDL CHOLESTEROL	41.46 mg/dl	40-60
LDL CHOLESTEROL	132.0 mg/dl	UP TO 150 mg/dl
URIC ACID	6.8 mg/dl	Male:3.4-7.0 Female: 2.4-5.7
CLINICAL PATHOLOGY		
SCHLUMBERGER FITNESS TO WORK EDTA/Serum		
URINE ANALYSIS Microscopy/Urine		
Physical		
Color	Yellow	
Transparency	Clear	
Chemical		
Specific Gravity	1.010	
PH	Alkaline	
Glucose	NIL	
Acetone	NIL	
Bilirubin	NIL	
Blood	NIL	
Urobilinogen	NIL	
Protein	NIL	
Nitrate	NIL	

Hajer Muhammad Hussin

Technician

MOH License No 9245





SID NO. : 01039075
Patient ID : 24015704
Name : Mr. IMTIAZ AHMED
Age / Gender : 40 Y / Male
Referrer : TRUCK OMAN
Consultant : Dr.Barea Al Hakim



Page : 3 of 5

Collection Date & Time : 28/09/2024 08:36:40
Received Date & Time : 28/09/2024 08:55:56
Reported Date & Time : 28/09/2024 09:47:54

National ID : 92264263

Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
Microscopic		
Leukocytes	NIL	
Pus Cells	2-3	
Erythrocytes	1-2 /hpf	0 - 2
Squamous Epithelial Cell	few /hpf	
Crystal	NIL	
Cast	NIL	
Bacteria	NIL	
Others	NIL	
STOOL ANALYSIS		
MOTION		
Physical		
Colour	Brownish	
Consistency	Semi Formed	
Microscopic		
Pus Cells	1-3 /hpf	
RBC Cells	0-1 /hpf	
E-HISTOLYTICA	NIL	
E-COLI	NIL	
Giardia Lamblia	NIL	
Taenia Saginata	NIL	
Taenia Solium	NIL	
Schistosoma Haematobium	NIL	
Ascaris Lumbricoides	NIL	

Hajer Muhammad Hussin

Technician

MOH License No 9245





SID NO. : 01039075
Patient ID : 24015704
Name : Mr. IMTIAZ AHMED
Age / Gender : 40 Y / Male
Referrer : TRUCK OMAN
Consultant : Dr.Barea Al Hakim



Page : 4 of 5

Collection Date & Time : 28/09/2024 08:36:40
Received Date & Time : 28/09/2024 08:55:56
Reported Date & Time : 28/09/2024 09:47:54

National ID : 92264263

Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
Trichris Trichiura	NIL	
Ancylostoma Duodenale	NIL	
Others	NIL	
HAEMATOLOGY		
SCHLUMBERGER FITNESS TO WORK EDTA/Serum		
SICKLING TEST	NEGATIVE	NEGATIVE
Complete blood count (CBC)		
Haemoglobin	16.5 gm/dl	13 - 18
TOTAL LEUCOCYTES COUNT	6240 Cells / Cumm	4000 - 11000
DIFFERENTIAL COUNT EDTA		
Neutrophil	46 %	45 - 70
Lymphocytes	43 %	15 - 45
Eosinophils	5 %	1 - 6
Monocyte	6 %	2 - 8
Basophils	0.2 %	less than 1
PACKED CELL VOLUME (HCT)	50.70 %	less than 54
RBC COUNT	5.81 millions/mm	4.5 - 5.5
MCV	87.2 fl	81.8 - 95.5
MCH	28.4 pg	27 - 32.3
MCHC	32.5 g/dL	32.4 - 35
PLATELET COUNT	362000 cu.mm	150,000 - 450,000
RDW-CV	14 %	11 - 16
RDW-SD	43 fl	35 - 56


Hajer Muhammad Hussin
Technician
MOH License No 9245





SID NO. : 01039075
Patient ID : 24015704
Name : Mr. IMTIAZ AHMED
Age / Gender : 40 Y / Male
Referrer : TRUCK OMAN
Consultant : Dr.Barea Al Hakim



Page : 5 of 5

Collection Date & Time : 28/09/2024 08:36:40
Received Date & Time : 28/09/2024 08:55:56
Reported Date & Time : 28/09/2024 09:47:54

National ID : 92264263

Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
Lymphocytes#	3	0.80 - 4.00*10 ³
Neutrophils #	3	2.00-7.00*10 ³
Eosinophils#	0.14	0.02 -0.50*10 ³
Basophils#	0	0.00 - 0.10*10 ³
MPV	9 fl	6.5-12 fl
PDW	10	9.0-17.0
ESR(AUTOMATED)	5 mm/hr	< 15


Hajer Muhammad Hussin
Technician
MOH License No 9245



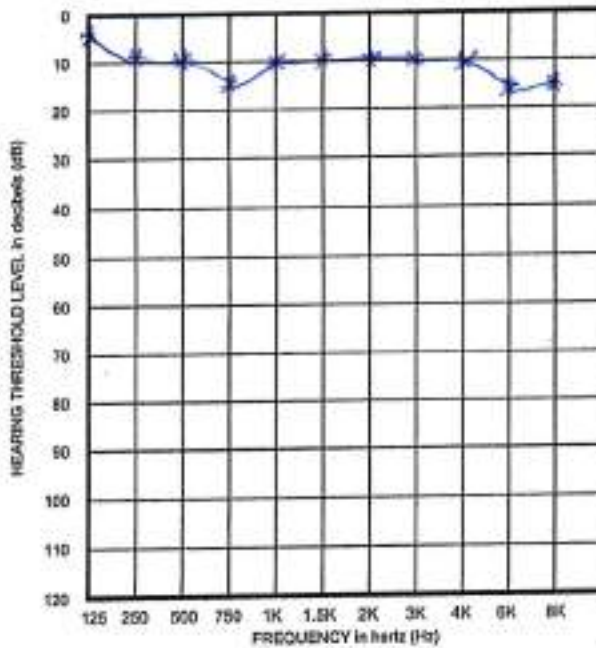


Al Nile
Medical Complex
مجمع النيل الطبي

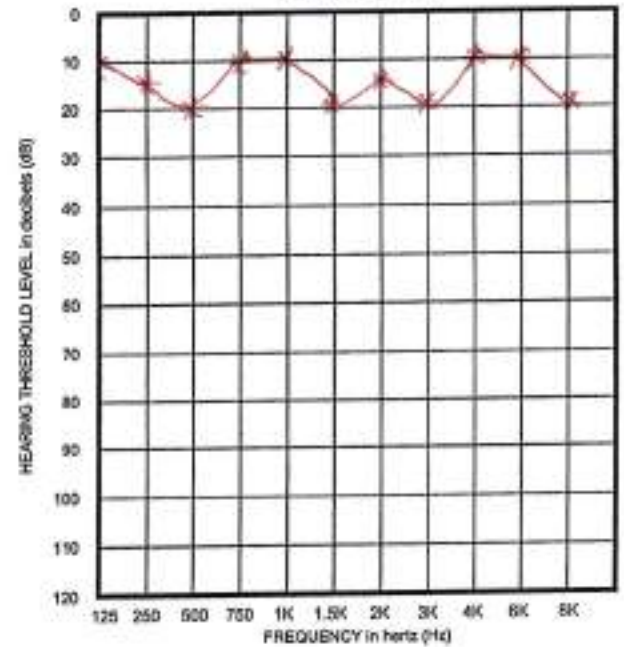
Patient Id : Mr. INTIAZ AHMED (40 Y/P)
Name : 
Consultant : 24015704 DOB: 20/02/1984

Age / Gender : 40 yrs / male
Report Date : 28/9/24

LEFT EAR



RIGHT EAR



PURE TONE AVERAGE (500-1000-2000 Hz)		
Ear	Air	Bone
RIGHT		
LEFT		

Provisional Diagnosis: Bilateral hearing sensitivity is in normal limit



Patient ID : 24015704

Name: Mr. IMTIAZ AHMED

Age / Gender : 40 / M

Consultant : Dr. Barea Al Hakim

Report Date : 28/09/2024

CHEST X-RAY - PA VIEW

- ❖ Both lungs are clear with no pleural effusion or pneumothorax
- ❖ Both hila are normal in size and density
- ❖ Normal cardio pericardial silhouette.
- ❖ Bones in view are unremarkable

Impression

Normal chest x-ray

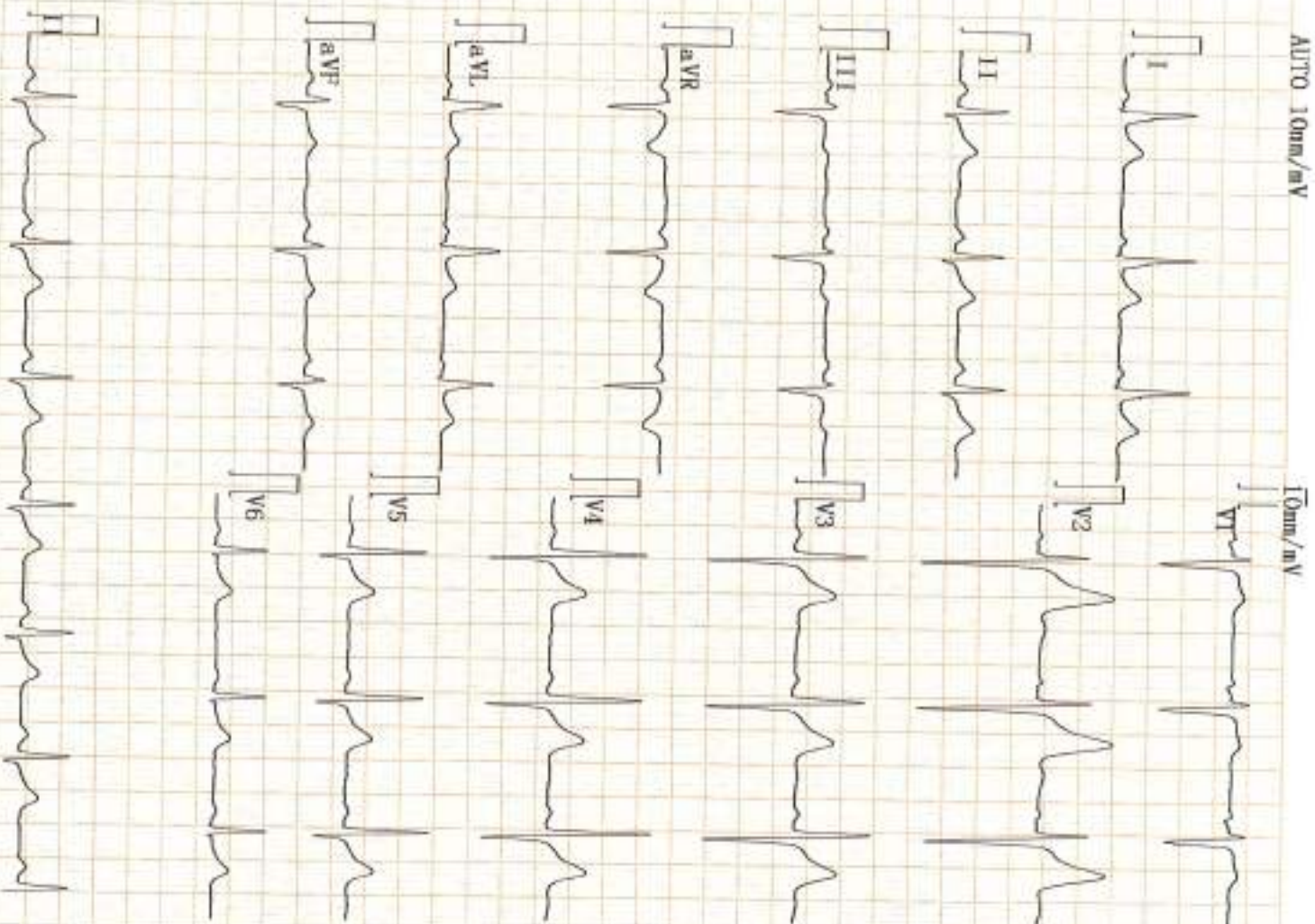


Dr. Badriya Al-Qassabi
Consultant Radiologist
Staff no : 135



AUTO 10mm/mV

10mm/mV



1970-01-27 08:48:38

Name :initiaz

Sex :Male Age :40

Section: n

RoomID: n

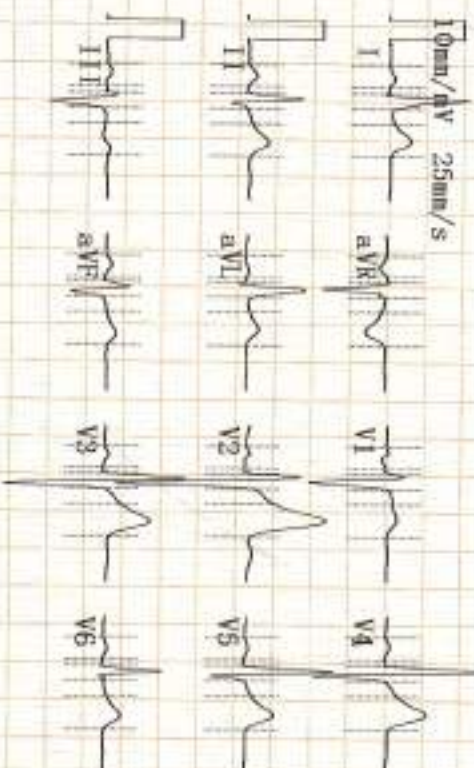
BedID: n

ID: n

Operator: maryanu

Custom2: n

Mr. INITIAZ AHMED (40 Y
24015704 DOB: 20/02/19



<< Conclusions >>

Normal Sinus Rhythm.

Middling left axis deviation.

Report need physician confirm

25mm/s AC50Hz

Physician: _____

Patient Id : 24015704

Name : IMTIAZ AHMED

Consultant : DR BAREA AL HAKIM



X-Ray DR ISLAM.docx

Age: 40Y / Gender: M

Report Date : 28 /09/2024

CHEST X-RAY PA VIEW

NORMAL

DR BAREA AL HAKIM

