

# MEDICAL EVALUATION REPORT FOR OQ CONTRACTORS - SUMMARY



| CANDIDATE / EMPLOYEE IDENTIFICATION                                                                                                                                                                                                                          |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|--------------------------------------------------------------------------------------------------------------------|--------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|--------------------------------------------------------------------------------------------------------------------|--|------------|--|
| Civil ID / Passport #                                                                                                                                                                                                                                        |     | Company ID #                                                                                                       |        |                                                                                                                                                                               |            | Position                                                                                                           |  |            |  |
| 74 371277                                                                                                                                                                                                                                                    |     | 12 83                                                                                                              |        |                                                                                                                                                                               |            | RIN MOVE SUPERVISOR                                                                                                |  |            |  |
| Nationality                                                                                                                                                                                                                                                  | Age | Sex                                                                                                                | Height | Weight                                                                                                                                                                        | Reg. Dt    | Location                                                                                                           |  |            |  |
|                                                                                                                                                                                                                                                              |     |                                                                                                                    | 17670  |                                                                                                                                                                               | 12/08/2023 | HAIMA                                                                                                              |  |            |  |
| Name                                                                                                                                                                                                                                                         |     | Gender                                                                                                             |        | Nationality                                                                                                                                                                   |            |                                                                                                                    |  |            |  |
| PRAVEEN RAMANAN                                                                                                                                                                                                                                              |     | Male                                                                                                               |        | INDIAN                                                                                                                                                                        |            |                                                                                                                    |  |            |  |
| EXAMINATION TYPE                                                                                                                                                                                                                                             |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Examination <input checked="" type="checkbox"/> Pre-employment <input type="checkbox"/> Periodic <input type="checkbox"/> Exit                                                                                                                               |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| VITAL SIGNS & BODY MEASURES                                                                                                                                                                                                                                  |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Blood Pressure Category: 110/80 <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Prehypertension <input type="checkbox"/> Hypertension Stage 1 <input type="checkbox"/> Hypertension Stage 2 <input type="checkbox"/> Hypertension Crises |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| BMI Category: 34.96 <input type="checkbox"/> Underweight <input type="checkbox"/> Normal <input type="checkbox"/> Overweight <input checked="" type="checkbox"/> Obese <input type="checkbox"/> Morbid Obesity                                               |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Remarks: NEED TO REDUCE WEIGHT AND REGULAR EXERCISE                                                                                                                                                                                                          |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| VISUAL TEST                                                                                                                                                                                                                                                  |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Visual Acuity Test                                                                                                                                                                                                                                           |     | RT                                                                                                                 |        | LT                                                                                                                                                                            |            | Visual Field Test                                                                                                  |  |            |  |
| 6/6                                                                                                                                                                                                                                                          |     | 6/6                                                                                                                |        |                                                                                                                                                                               |            | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal                                       |  |            |  |
| Colour Vision Test                                                                                                                                                                                                                                           |     | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required |        | Stereoscopic Vision Test                                                                                                                                                      |            | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required |  |            |  |
| Pre-existing condition: <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required                                                                                                                              |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Remarks:                                                                                                                                                                                                                                                     |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| RESPIRATORY SYSTEM                                                                                                                                                                                                                                           |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Spirometry Test                                                                                                                                                                                                                                              |     | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required |        | Chest X-Ray                                                                                                                                                                   |            | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required |  |            |  |
| Pre-existing condition:                                                                                                                                                                                                                                      |     | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required            |        | Physical Assessment                                                                                                                                                           |            | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal                                       |  |            |  |
| Remarks:                                                                                                                                                                                                                                                     |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| ENT SYSTEM                                                                                                                                                                                                                                                   |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Audiometry Test                                                                                                                                                                                                                                              |     | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required |        | Otoscopy                                                                                                                                                                      |            | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required |  |            |  |
| Pre-existing condition:                                                                                                                                                                                                                                      |     | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required            |        | Physical Assessment                                                                                                                                                           |            | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal (Whisper, Weber & Rinne Tests)        |  |            |  |
| Remarks:                                                                                                                                                                                                                                                     |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| CARDIOVASCULAR SYSTEM                                                                                                                                                                                                                                        |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| ECG Test                                                                                                                                                                                                                                                     |     | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required            |        | Physical Assessment                                                                                                                                                           |            | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal                                       |  |            |  |
| Pre-existing condition: <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required                                                                                                                              |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Remarks:                                                                                                                                                                                                                                                     |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| NEUROLOGICAL SYSTEM                                                                                                                                                                                                                                          |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Physical Assessment                                                                                                                                                                                                                                          |     | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal                                       |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Pre-existing condition: <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required                                                                                                                              |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Remarks:                                                                                                                                                                                                                                                     |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| MUSCULOSKELETAL SYSTEM                                                                                                                                                                                                                                       |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Physical Assess.                                                                                                                                                                                                                                             |     | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal                                       |        | Lumbar X-Ray                                                                                                                                                                  |            | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input checked="" type="checkbox"/> Not Required |  |            |  |
| Pre-existing condition: <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required                                                                                                                              |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Remarks:                                                                                                                                                                                                                                                     |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| LABORATORY INVESTIGATIONS                                                                                                                                                                                                                                    |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Lab Tests:                                                                                                                                                                                                                                                   |     | <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Abnormal                                       |        | If abnormal, please specify below:                                                                                                                                            |            | Blood Grouping: O+ve                                                                                               |  |            |  |
| Pre-existing condition: <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required                                                                                                                              |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Remarks:                                                                                                                                                                                                                                                     |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Glucose Level Category                                                                                                                                                                                                                                       |     | 100                                                                                                                |        | <input checked="" type="checkbox"/> Normal 80 – 100 mg/dl <input type="checkbox"/> Pre diabetic 100 – 125 mg/dl <input type="checkbox"/> Diabetic > 126 mg/dl                 |            |                                                                                                                    |  |            |  |
| Cholesterol Risk Category                                                                                                                                                                                                                                    |     | 90                                                                                                                 |        | <input checked="" type="checkbox"/> Low Risk LDL is less 130 mg/dl <input type="checkbox"/> Moderate Risk LDL 130-159 mg/dl <input type="checkbox"/> High Risk LDL >160 mg/dl |            |                                                                                                                    |  |            |  |
| Routine Urine Analysis                                                                                                                                                                                                                                       |     | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required            |        | Stool Analysis                                                                                                                                                                |            | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal <input type="checkbox"/> Not Required            |  |            |  |
| QUESTIONNAIRES                                                                                                                                                                                                                                               |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Medical & Surgical History Questionnaire                                                                                                                                                                                                                     |     | Remarks                                                                                                            |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Respiratory Protection Questionnaire                                                                                                                                                                                                                         |     | Remarks                                                                                                            |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Hearing Conservation Questionnaire                                                                                                                                                                                                                           |     | Remarks                                                                                                            |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Screening Questionnaire                                                                                                                                                                                                                                      |     | Remarks                                                                                                            |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Fagerstrom Test - Smoking <input type="checkbox"/> Non-smoker <input type="checkbox"/> Low dependence <input type="checkbox"/> Low to Mod dependence <input type="checkbox"/> Moderate dependence <input type="checkbox"/> High dependence                   |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| CAGE Questionnaire Alcohol Use <input type="checkbox"/> No use of alcohol <input type="checkbox"/> Screening negative <input type="checkbox"/> Clinically significant                                                                                        |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| SRQ-20 Self-reported Questionnaire <input type="checkbox"/> No positive answers <input type="checkbox"/> Positive answers Factor I (1 to 6) <input type="checkbox"/> Positive answers Factor II (7 to 12)                                                    |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| <input type="checkbox"/> Positive answers Factor III (13 to 16) <input type="checkbox"/> Positive answers Factor IV (17 to 20)                                                                                                                               |     |                                                                                                                    |        |                                                                                                                                                                               |            |                                                                                                                    |  |            |  |
| Clinic Doctor Name                                                                                                                                                                                                                                           |     | License #                                                                                                          |        | Hospital/Policlinic                                                                                                                                                           |            | Doctor Signature & Clinic Stamp                                                                                    |  | Issue Date |  |
| Dr. MOHAMMAD ULLAH                                                                                                                                                                                                                                           |     | MOH License No. : 7790                                                                                             |        | Peace Hospital                                                                                                                                                                |            |                                                                                                                    |  | 26/04/23   |  |

# FITNESS TO WORK CERTIFICATE - OQ CONTRACTORS



| EMPLOYEE IDENTIFICATION |              |                                      |                                |                     |  |
|-------------------------|--------------|--------------------------------------|--------------------------------|---------------------|--|
| Civil ID / Passport #   | Company ID # | Name                                 |                                | Position            |  |
| 74371277                | 1283         | Employee ID 17670 Reg. Dt 12/08/2023 |                                | RUD MOVE SUPERVISOR |  |
| Nationality             | Age          | Sex                                  | Name                           | Location            |  |
|                         |              |                                      | PRAVEEN RAMANAN                | HAIMA               |  |
|                         |              |                                      | Gender Male Nationality INDIAN |                     |  |

| EXAMINATION TYPE                                                     |                                                             |                                                          |
|----------------------------------------------------------------------|-------------------------------------------------------------|----------------------------------------------------------|
| <input checked="" type="checkbox"/> Pre-employment Examination (PRE) | <input type="checkbox"/> Periodic Medical Examination (PME) | <input type="checkbox"/> Post-absence Examination        |
| <input type="checkbox"/> Change of Position Examination              | <input type="checkbox"/> Exit Examination                   | <input type="checkbox"/> Critical Activities Examination |
| <input type="checkbox"/> Emergency Response Team                     | <input type="checkbox"/> Travelling Examination             | <input type="checkbox"/> Medical Surveillance            |

| Medical Suitability for Work |                                                          |
|------------------------------|----------------------------------------------------------|
| Medical Suitability for Work | <input checked="" type="checkbox"/> Fit to work          |
|                              | <input type="checkbox"/> Fit with following restrictions |
|                              | <input type="checkbox"/> Pending Fitness                 |
|                              | <input type="checkbox"/> Not fit to work                 |

## Restrictions

|                                                          |                                                                       |
|----------------------------------------------------------|-----------------------------------------------------------------------|
| <input type="checkbox"/> Working at height               | <input type="checkbox"/> Pulling, pushing or carrying weight          |
| <input type="checkbox"/> Working in confined space       | <input type="checkbox"/> Ascend/descend ladders and stairs            |
| <input type="checkbox"/> Working with electricity        | <input type="checkbox"/> Walking or standing for long distance/period |
| <input type="checkbox"/> Working near rotating machinery | <input type="checkbox"/> Repetitive movements                         |
| <input type="checkbox"/> Working in noise area           | <input type="checkbox"/> Mobile machinery operation                   |
| <input type="checkbox"/> Working in extreme heat         | <input type="checkbox"/> Heavy lifting operation                      |
| <input type="checkbox"/> Handling chemical products      | <input type="checkbox"/> Driving vehicle                              |
| <input type="checkbox"/> Use of respirator               | <input type="checkbox"/> Emergency response duty                      |

Other, specify

| New Position | New Function | New Department |
|--------------|--------------|----------------|
| NA           | NA           | NA             |

| Examination Date | Exams Performed |
|------------------|-----------------|
| 12/08/2023       |                 |

| Medical Review Date | Employee Signature |
|---------------------|--------------------|
|                     |                    |

| Doctor Name        | Medical License | Hospital | Medical Doctor Signature |
|--------------------|-----------------|----------|--------------------------|
| Dr. MOHAMMAD ULLAH |                 |          |                          |

OQ - Occupational Health Department  
MOH License No. : 7790



Form Review - 02-30/05/2021