

11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)



Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS.

Place of examination		Date: <u>17/4/2015</u>		Home telephone number: <u>18213815</u>	
If a dependant enter employee's name here:					
Surname: <u>20/5/1974</u>		Forenames: <u>Tudon</u>		Country of birth: <u>Portugal</u>	
Birth date: <u>20/5/1974</u>		Nationality: <u>Portugal</u>		Religion: <u>None</u>	
☐ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced	Relationship to employee ☐ Wife ☐ Son ☐ Daughter		Number of children: <u>10</u>	
Reason for examination		Pre-Employment ☐ Job: ☐		Pre-Overseas ☐ Area: ☐	
Name and address of family doctor		List your last 3 jobs			
		(1)			
		(2)			
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐			
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
	Y	N		Y	N
1. Sinus trouble		☒	21. Cancer		☒
2. Neck swelling/glands		☒	22. Heart Disease		☒
3. Difficulty in vision		☒	23. Rheumatic fever		☒
4. Any ear discharge		☒	24. Abnormal heartbeat		☒
5. Asthma/bronchitis		☒	25. High blood pressure		☒
6. Hayfever /other significant allergy		☒	26. Stroke		☒
7. Any skin trouble		☒	27. Serious chest pain		☒
8. Tuberculosis		☒	28. Any blood disease		☒
9. Shortness of breath		☒	29. Kidney disease		☒
10. Coughed/vomited blood		☒	30. Blood in urine		☒
11. Severe abdominal pain		☒	31. Diabetes		☒
12. Stomach ulcer		☒	32. Headaches/migraine		☒
13. Recurrent indigestion		☒	33. Dizziness/fainting		☒
14. Jaundice or hepatitis		☒	34. Epilepsy		☒
15. Gall Bladder disease		☒	35. Joints/spinal trouble		☒
16. Marked change in bowel habits		☒	36. Surgical operation		☒
17. Blood in stools (motions)		☒	37. Serious accident/fracture		☒
18. Marked change in weight		☒	38. Tropical disease		☒
19. Varicose veins		☒	39. Fear of heights		☒
20. Lump in breast/ampit		☒			☒
How much tobacco each day? <u>10</u>			Average daily alcohol consumption <u>10</u>		
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs					
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema () Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-					
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also <u>aware</u> that I reserve the right to dismiss me if it was found that I have purposely withheld important medical information.					
Date: <u>17/4/2015</u>		Signature of Applicant: <u>[Signature]</u>			

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A	
☒		1. Eyes & Pupils
☒		2. E.N.T.
☒		3. Teeth & Mouth
☒		4. Lungs & Chest
☒		5. Cardiovascular System
☒		6. Abdo. Viscera
☒		7. Hemal Orifices
☒		8. Anus & Rectum
☒		9. Genito-urinary
☒		10. Extremities
☒		11. Musculo-skeletal
☒		12. Skin & Varicose Vms.
☒		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING L R	VISION DISTANT R L NEAR R L Uncorrected Corrected	Colour Vision	Blood Group
163	63	23.7	130 90	73		6/6 6/6		

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
	☒	1. Urinalysis	☒		7. Audiogram
☒		2. Hb, Bloodcount, ESR		☒	8. Lung Function
	☒	3. LFT, RFT, RBS	☒		9. Chest X-Ray
	☒	4. Drug Screen	☒		10. ECG
☒		5. Lipids (40 years +)	☒		11. CVS risk for 40 yrs. & above
☒		6. Sickle Cell test	☒		12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Diabetes and high sugar levels.
Advised to follow up with HbA1c levels for
modifications

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date:

17/4/2023

Name (Block Capitals): Dr. Rakesh Yella

Signature:

REVIEW/CONSULTATION

Date:

Name (Block Capitals): Dr. Rakesh Yella

Signature:

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Specification

Printed

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Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age)

Employee Name: Byju Vijayan

Emp #:

Date of Assessment: 17/4/2023

1	Age	Years	48
2	Gender	Female/Male	male
3	Total Cholesterol	mmol/L	3.61
4	HDL Cholesterol	mmol/L	1.03
5	Smoker	Yes/No	No
6	Diabetes	Yes/No	No
7	Systolic Blood pressure	mm Hg	130
8	Is the patient being treated for High blood pressure?	Yes/No	No

Framingham Risk score: 11.2 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:



Dr. A. K. Al-Khaili



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 17/4/2023
Name: Biju Vijayan		Department/Company: 70
I. D No. 78247151	Tel. 98213813	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

☒ sitting and reading

☒ watching TV

☒ sitting inactive in a public place (e.g. theatre or meeting)

☒ as a passenger in the car for an hour without a break

☐ Lying down to rest in the afternoon when circumstances permit

☒ Sitting a talking with someone

☒ Sitting quietly after lunch without alcohol

☒ In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Biju Vijayan (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 17/4/2023



Fitness to Work Certificate

Employee Data		Date
Name	Biju Vijayan	17/4/2023
I.D No.	7847850	Department/Company
Age	45/41	10
Type of Medical Evaluation		Occupation
Mark those applying ✓		
A1 Aircraft refuelling		A5 Fire / Emergency response team work
A2 Breathing apparatus		A7 Professional driving
A3 Business traveller		A8 Remote location work
A4 Catering and food preparation		A9 Transfers - group A country
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers - group B country
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.		
Fit with no restrictions		☒
Fit with following restriction(s)		
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction
Work near moving machinery or sharp edges		
Working at height		
Lifting, pushing, or carrying weight over ____ Kg		
Ascend/descend ladders or stairs		
Operate motor vehicles, forklifts or heavy machinery		
Use of a respirator		
Repetitive twisting of valves or wrenches		
Flying		
Other (Specify)		
Temporary Unfit until		
Permanently Unfit		
Name of health advisor	Signature	Date
DR. RAKESH	DR. RAKESH VELLA	17/4/2023



DEPARTMENT OF LABORATORY MEDICINE

File No: 0223275
Name: BIJU VIJAYAN

Address:
Gender: M Age: 48 Y Nationality: INDIAN
GSM No.: 92145779 ID Card No.: 78247151
Ref. By: EXTERNAL DOCTOR

Report No: 0655748
Sample Date: 17/04/2023 Time: 9:04
Received By: 181773
Received Date: 17/04/2023 Time: 9:35
Report Date: 17/04/2023 Time: 10:37
Bill No: 0872989 Bill Date: 17/04/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	17.21 mmol/L	3.9 - 6.1
Method :- Hexokinase	309.78 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	3.61 mmol/L	1 - 5.1
Method:-Enzymatic	139.56 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.03 mmol/L	0.777 - 1.813
Method:-Enzymatic	39.82 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	1.77 mmol/L	1.295 - 4.54
Method:-Calculation	68.23 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.82 mmol/L	0.259 - 1.036
Method:-Calculation	31.51 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	3.5	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	1.78 mmol/L	0.564 - 2.146
Method : Enzymatic	157.53 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.321 mg/dL	0.1 - 1
Method : Diazo	5.49 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.245 mg/dL	0.1 - 0.5
Method : Diazo	4.19 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	23.10 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	32.00 U/L	Male: 10-50 Female: 10-35

Processed By:
181773
Lab Technologist

MOH License No: 21829

Approved By:
181773
Lab Technologist

Released By:
181773
Lab Technologist

MOH License No: 21829

THANSILA THA
LAB TECHNICIAN
REG No.: 21029
OR SHAYEA P
Specialist Pathologist
MOH LIC NO:13475

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0223275	Report No: 0655748
Name: BIJU VIJAYAN	Sample Date: 17/04/2023 Time: 9:04
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GSM No.: 92145779 ID Card No.: 78247151	Bill No: 0872989 Bill Date: 17/04/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	64.07 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	6.97 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.91 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.06 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	2.38	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	58.54 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.00 mmol/L	1.7 - 8.3
Method : Kinetic Assay	24.02 mg/dL	10.2 - 49.8
CREATININE - SERUM	91.57 µmol/L	44.2 - 123.7
Method :-Jaffe Method	1.04 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	6770 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	43.8 %	40-75%

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Lab Technologist

MOH License No: 21829

Approved By:
181773

Lab Technologist

THANSILA THAHA
LAB TECHNOLOGIST
REG No.: 181773

MOH License No: 21829

DR. SHAYFA P
Specialist Pathologist

MOH LIC NO:13475

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INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	45.1 %	20-45%
EOSINOPHILS	1.3 %	2-6 %
MONOCYTES	9.5 %	2-8 %
BASOPHILS	0.3 %	0-1%
HB (HEMOGLOBIN)	15.5 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	4.99 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.32 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	45.70 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	91.60 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	31.10 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	33.90 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	03 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

NEGATIVE

Method : -Haemoglobin solubility test

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181773
Lab Technologist

Approved By:
181773
Lab Technologist

THANSILA
LAB TECHNICIAN
REG No.: 21829
Released By:
181773
Lab Technologist

MOH License No: 21829

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Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	' +++ '	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

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181773
Lab Technologist



DR. SHAYFA P
Specialist Pathologist

MOH License No: 21829

MOH License No: 21829

MOH LIC NO:13475

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X-RAY REPORT

Doc No:	0070254
Name:	BIJU VIJAYAN
Age/DOB:	48 Y Omani ID/ L.Card No.: 78247151
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	17/04/2023
X-Ray Film No:	TRUCOMAN
Bill No:	0872989
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 

DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL IBRI



223275

BIJU VIJAYAN

4/17/2023 09:22:13 AM

Aster Hospital IBRI

ECG Room

ECG Room



Rate 73

PR 159

QRS 98

QT 372

QTc 410

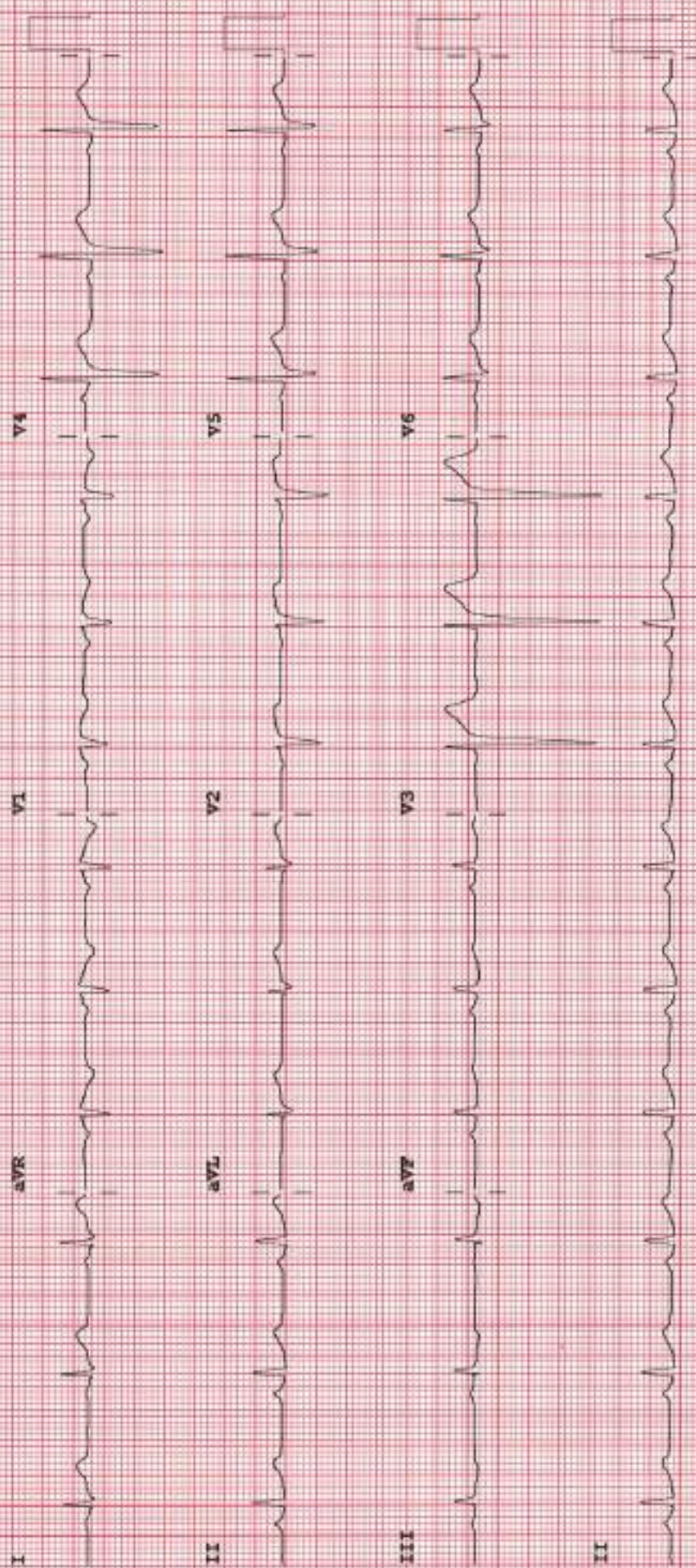
--AXIS--

P 58

QRS 63

T 19

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50~ 40 Hz W

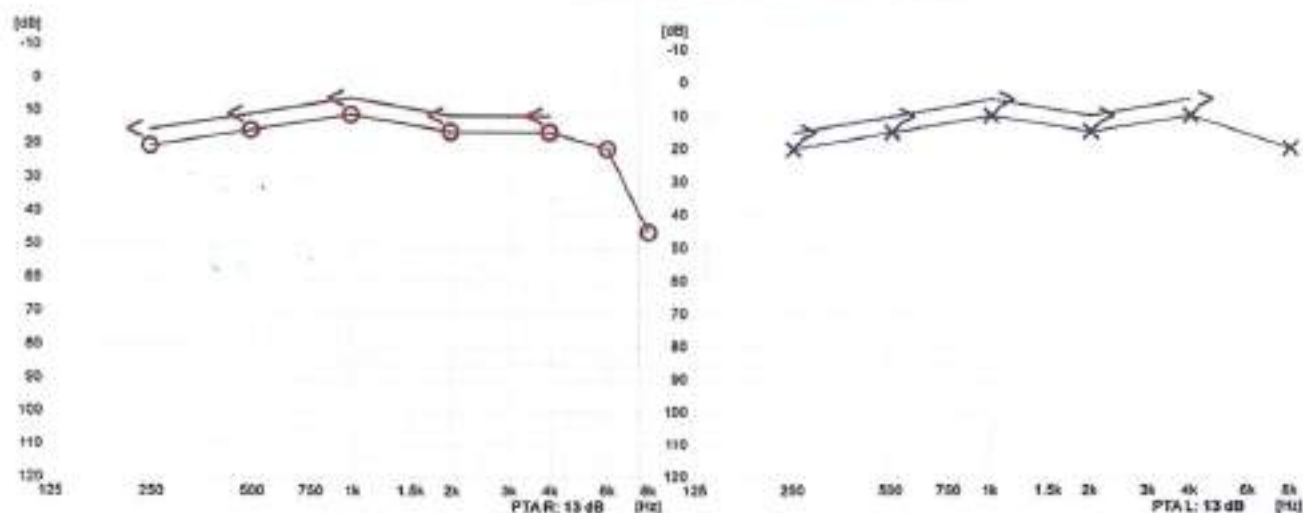
PM10

L

P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0872989	Last name , First name BIJU , VIJAYAN	Born 17.04.2023
Test type Tonal audiometry	Test date: 17.04.2023	



Legend	R	L
Air	○	×
Acoustic	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldMasked	A	A
Binaural		B
No response		I

Comments
BILATERAL NORMAL HEARING (WITH MILD SLOPE AT 8KHZ)

Signature:



Date: 17/04/2023