

ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL- CONFIDENTIAL)



RUSAYL HEALTH CENTRE

ISO 9001- 2015 Certified Co.

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Surname/
Forenames

YOUSAF - JAFAR

50

Nationality

INDIAN

Mobile No.

71894453

Home/Leave Address:

Company Number:

Reference Indicator:

QANIL ID-78076636

Personal Details

A Male Female

Married Single Separated /Divorced /Widow(er)

Home/Leave Address:

Relationship to employee

Wife Son Daughter

No of Children:

2

Reason for Examination (tick as appropriate)

Periodic Medical Examination

Final / Retirement

Other Reason:

Employee only

B Present Job and Location:

Next Job and Location:

Are you a registered person with special needs?

Do you belong to any Medical Insurance Scheme?

Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.

Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' Please describe

	N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?			
1 Ear, nose, eye or throat problems			
2 Chest problems like asthma, bronchitis, other bad cough			
3 Heart abnormality, chest pains			
4 Abdominal pains, abnormal bowel motions			
5 Urogenital problems (kidney disease, menstrual disorder)			
6 Skin trouble or allergies			
7 Epileptic fits, dizzy spells or migraine			
8 History of mental illness, depression anxiety			
9 Diabetes, thyroid disease			
10 Blood disorder e.g. anaemia, blood cancer e.g. leukaemia			
11 Any history of accidents or fractures			
12 Have you had any serious allergies			
13 Do any dependants have a significant ongoing illness?			
14 Any family history of cancers			
Do you take any regular medicines, or have you taken in the past?			
Do you smoke? If yes, what and how much each day?			
Do you drink alcohol? If yes, what is your average weekly intake?			
Have you ever taken elicited/recreational drugs?			
Are you doing regular sports or physical activities?			

STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review.

Dated: 13/03/2018
DR. CHIEMEKA NDUKA EKEGHE
GENERAL PRACTITIONER
RUSAYL HEALTH CENTRE
MOH LIC NO. 19798

Signature of Applicant:

ر.س.ت: ١٢٥٩٥٤
C.R. No.: 1/25995/4
P.O. Box : 18
P.C. : 124, Rusayl
Sultanate of Oman



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION						
N	A							
1. Eyes & Pupils								
2. E.N.T.								
3. Teeth & Mouth								
4. Lungs & Chest								
5. Cardiovascular System								
6. Abdo. Viscera								
7. Hernial Orifices								
8. Anus & Rectum								
9. Genito-urinary								
10. Extremities								
11. Musculo-skeletal								
12. Skin & Varicose Vns.								
13. C.N.S.								
HEIGHT cm	WEIGHT kg	BMI	B.P. 140 98	PULSE /mins. 62	HEARING L (N) R (N)	VISION DISTANT R L Uncorrected 6/6 6/6 Corrected 6/6 6/6		NEAR R L
178 75 25								
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A	
1. Urinalysis		TC - 0.85 mmol/l ↑				7. Audiogram		
2. Hb, Bloodcount, ESR		HDL - 58 mg/dl ↑				8. Lung Function		
3. LFT, RFT, RBS		LDL - 195 mg/dl ↑				9. Chest X-Ray		
4. Drug Screen		S. creat 1.40 ↑				10. ECG		
5. Lipids (40 years +)		FRS - 15.6%				11. CVS risk for 40 yrs. & above		
6. Sickle Cell test						12. HIV, Hepatitis screening		

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Borderline high azoturia
Dyslipidemia / Hyperlipidemia
Borderline mild hypertension

ASSESSMENT AND RECOMMENDATIONS:

FIT ALL AREAS FIT WITH RESTRICTION TEMPORARY UNFIT UNFIT

Date: 18/4/2022 Name (Block Capitals): Dr. / Nurse

CHIEN MEKA

Signature:

REVIEW/CONSULTATION

After consultation Done & Prescribed
Repeat FLP in 3 months.
Repeat RFT in 3 months.
Drink plenty water

Date: 18/4/2022

DR. CHIEN MEKA M.D.C.P.

Nurse

CHIEN MEKA

Signature:

GENERAL PRACTITIONER

RUSAYL HEALTH CENTRE

MOH LIC NO. 19799

