

Medical Fitness Certificate

Name of the Examined : Mr. Balihar chand
Age : 47 year
ID Number : 92787919
Job Title : Heavy driver
Date of medical Examination: 22/10/2024
Examining physician : DR. Barea Al Hakim
Medical centre : AL NILE MEDICAL CENTER
Company : Truck Oman

Assessment Results

The certificate is valid for 2 years from the date of medical examination

Fitness classifications:

- ✓ Fit to work without restrictions
- Fit work with restrictions
- Unfit to work temporarily or definitely

FIT

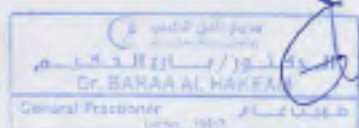
Restrictions list:

- R1: Unfit to work offshore, on marine vessels and in remote locations.
R2: Unfit for Lifting and strenuous efforts.
R3: Unfit to work in certain countries, check with geomarket health advisor.
R4: Unfit to work in jobs requiring precise color vision.
R5: Unfit to work in job with high level of noise.
R6: Unfit to work in high risk of malaria countries.
R7: Unfit to work in extreme heat.
R8: Unfit to work in extreme cold.
R9: Contact Geo market health advisor/international medical coordinator - there exist specific restriction.
R10: Unfit to work for a temporarily of time until further notice.
R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
R13: Unfit to drive company vehicle.
R14: Unfit to fly long haul flights.
R15: Unfit to work in heights and confined spaces.

COMMENTS



Examining physician stamp and signature



CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med - check History form		Name:	BALIHAR CHAND		
		GIN:			
Place of examination	Date	Mobile:	95832785		
	21.10.2024				
Age: 47y	Nationality: INDIAN	Blood Group	AB 'POSITIVE'		
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	Number Of Children:	TWO		
Do You Have You Had: (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
	Y	N		Y	N
1-SINUS TROUBLE		☒	21- CANCER		☒
2- NECK SWELLING / GLANDS		☒	22- HEART DISEASE		☒
3-DIFFICULTY IN VISION		☒	23- RHEUMATIC FEVER		☒
4- ANY EAR DISCHARGE		☒	24- ABNORMAL HEARTBEAT		☒
5-ASHMA / BRONCHITIS		☒	25- HIGH BLOOD PRESSURE		☒
6- HAYFEVER / OTHER SIGNIFICANT ALLERGY		☒	26- STROKE		☒
7-ANY SKIN TROUBLE		☒	27- SERIOUS CHEST PAIN		☒
8- TUBERCULOSIS		☒	28-ANY BLOOD DISEASE		☒
9- SHORTNESS OF BREATH		☒	29- KIDNEY DISEASE		☒
10- COUGHED / VOMITED BLOOD		☒	30- BLOOD IN URINE		☒
11- SEVERE ABDOMINAL PAIN		☒	31- DIABETES		☒
12- STOMACH ULCER		☒	32- HEADACHES / MIGRAINE		☒
13- RECURRENT INDIGESTION		☒	33- DIZZINESS / FAINTING		☒
14- JAUNDICE OR HEPATITIS		☒	34- EPILEPSY		☒
15- GALL BLADDER DISEASE		☒	35- JOINTS / SPINAL TROUBLE		☒
16- MARKED CHANGE IN BOWEL HABITS		☒	36- SURGICAL OPERATION		☒
17- BLOOD IN STOOLS (MOTIONS)		☒	37- SERIOUS ACCIDENT / FRACTURE		☒
18- MARKED CHANGE IN WEIGHT		☒	38- TROPICAL DISEASE		☒
19- VARICOSE VEINS		☒	39- FEAR OF HEIGHTS		☒
20- LUMP IN BREAST / ARMPIT		☒			
HOW MUCH TOBACCO EACH DAY?	NIL		AVERAGE DAILY ALCOHOL CONSUMPTION	NIL	
HAVE YOU EVER TAKEN ELICITED DRUGS ?()	NIL				
FAMILY HISTORY: DIABETES () TUBERCULOSIS () EPILEPSY () ASTHMA () ECZEMA () HEART DISEASE () HIGH BLOOD PRESSURE () STROKE () BLOOD DISEASE () CANCER ()					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT :- I DECLARED THESE STATEMENTS TO BE TRUE TO THE BEST OF MY KNOWLEDGE AND BELIEF AND I AGREE THAT THE RESULT OF THIS MEDICAL EXAMINATION IN GENERAL TERMS MAY BE REVEALED TO THE COMPANYS DOCTORS, AND THE DETAILS SENT TO THEM BY THE EXAMINING DOCTOR.					
DATE: 21/10/24 /					

Schlumberger

VISUAL FIELDS:	N	COLOR VISION:	N
SPEECH:	N	SHISPER TEST:	N
NEAR VISION RIGHT EYE:	20/20	NEAR VISION LEFT EYE:	20/20
DISTANT VISION LEFT EYE:	20/20	DISTANT VISION RIHT EYE:	20/20
HEIGHT: 170 cm	WEIGHT: 67.8 kg	BMI: 23	BP: 114 / 82 mmHg PULSE: 80 /mt
BODY SYSTEM / ORGAN	N	A	ABNORMALITY IF ANY
EYES AND PUPILS	N		
EAR/ NOSE/ THROAT			
TEETH AND MOUTH	N		
LUNGS AND CHEST	N		
CARDIOVASCULAR	N		
ABDOMEN	N		
HERNIAL ORIFICES	N		
ANUS AND RECTUM	N		
GENITO - URINARY	N		
EXTREMITIES	N		
MUSCULOSKELETAL	N		
SKIN / VARICOSE VIENS	N		
NEUROLOGICAL	N		
MENTAL FITNESS	N		
BREAST	N		


 Dr. BARAA AL-HARAZI
 General Practitioner



CONFIDENTIAL MEDICAL

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

NAME: GALIHAR CHAND	AGE: 47	SEX: M	COMPANY: TRUCK DRIVER	GIN:
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PAST MEDICAL HISTORY N.I		BLOOD GROUP AB Positive	
ALLERGIES: N.I			
VACCINATION	DATE OF INITIAL INJECTION	BOOSTER DUE DATE	
HEPATITIS A			
HEPATITIS B			
TYPHOID FEVER			
INFLUENZA			

TESTS RESULTS	
AUDIOGRAM:	Left ear Hearing moderate DHP
DSU 5 PANEL	

ECG	Normal
CHEST X-RAY	Normal

BLOOD INVESTIGATIONS					
RBCS	5.69	4.20-6.30*10 ⁶ /UL	SGOT	26.9	MALE:10-50 FEMALE:10-35U/L
WBCS	9.040	4.0-11.0*10 ³ /UL	SGPT	30.7	MALE:UP TO 41 FEMALE:10-35U/L
NEUTRO	55.7	37-72%	SGT	56	0-50/UL
EOSINO	4.5	0-6%	FBS:	5.05	60-110 MG/DL
BASO	0.3	0-1%	CHOLESTEROL	173.8	UP TO 200 MG/DL
LYMPHO	31.8	10-58%	HDL	51.97	20-60 MG/DL
MONO	7	0-14%	LDL	97	UP TO 130 MG/DL
HEMATOCRIT		37-51%	TRIGLYCERIDES	115.1	35-175 MG/DL
HEMOGLOBIN	16.8	MALE:13.5-18.0 FEMALE:11.5-16.0G/DL	CREATININE	1.15	MALE:0.7-1.2 MG/DL FEMALE:0.5-0.9MG/DL
ESR	3	MALE:0-10 MM/HR FEMALE:0-20 MM/HR	URIC ACID	5.3	MALE:3.6-7.7 MG/DL FEMALE:2.5-6.8 MG/DL

URINE ANALYSIS			
BLOOD	N.I	SUGAR	N.I
ALBUMIN	Trace Protein	OTHERS	Mucus Threads
STOOL ANALYSIS			
PARASITES	N.I	BLOOD	1-2 RBCs/HPH

COMMENTS	ENT advised to use hearing protection in noisy environment
EXAMINING PHYSICIAN	






سلطنة عمان
SULTANATE OF OMAN

RESIDENT CARD

مطابقة
مقيم

الرقم القياسي
تاريخ انتهاء
تاريخ الميلاد
الجنس
الاسم بالبحار شالد
الصفة سابق عموم ايات الطرق
معمل يتون مراقبون كـ مجموعة تركه عمان من ٢٠٢٠

92787919
04/01/2026
12/04/1977

الاسم بالبحار شالد
الصفة سابق عموم ايات الطرق
معمل يتون مراقبون كـ مجموعة تركه عمان من ٢٠٢٠





SID NO. : 01042897
Patient ID : 21017545
Name : Mr. BALIHAR CHAND
Age / Gender : 43 Y / Male
Referrer : TRUCK OMAN
Consultant : Dr.Barea Al Hakim
National ID : 92787919



Page : 1 of 4

Collection Date & Time : 21/10/2024 08:08:47
Received Date & Time : 21/10/2024 08:30:01
Reported Date & Time : 21/10/2024 09:21:46
Case ID : 1301110
Notification ID : 8883892
Nationality : INDIAN

Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
BIOCHEMISTRY		
SCHLUMBERGER FITNESS TO WORK EDTA/Serum		
CREATININE	1.15 mg/dl	Male: 0.7-1.4 mg/dl Female: 0.6-1.1mg/d
SGOT	26.9 U/L	Upto 40
SGPT	30.7 U/L	< 41
Gamma-Glutamyltransferase (GGT)	54 U/L	5 - 36
LIPID PANEL		
TRIGLYCERIDE	115.1 mg/dl	male:40-160 mg/dl female: 35-135 mg/dl
CHOLESTEROL	173.8 mg/dl	<200 mg/dl
HDL CHOLESTEROL	51.99 mg/dl	40-60
LDL CHOLESTEROL	99.0 mg/dl	UP TO 150 mg/dl
URIC ACID	5.3 mg/dl	Male:3.4-7.0 Female: 2.4-5.7
Random Blood Sugar	5.05	Up to 8.3 mmol/L
CLINICAL PATHOLOGY		
SCHLUMBERGER FITNESS TO WORK EDTA/Serum		
URINE ANALYSIS Microscopy/Urine		
Physical		
Color	Yellow	
Transparency	Clear	
Chemical		
Specific Gravity	1.030	


Hajer Muhammad Hussin
Technician
MOH License No 9245





SID NO. : 01042897
Patient ID : 21017545
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Age / Gender : 43 Y / Male
Referrer : TRUCK OMAN
Consultant : Dr.Barea Al Hakim
National ID : 92787919

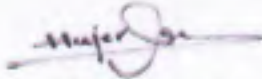


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Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
PH	Acidic	
Glucose	NIL	
Acetone	NIL	
Bilirubin	NIL	
Blood	NIL	
Urobilinogen	NIL	
Protein	Trace	
Nitrate	NIL	
Microscopic		
Leukocytes	NIL	
Pus Cells	4-6	
Erythrocytes	1-3 /hpf	0 - 2
Squamous Epithelial Cell	few /hpf	
Crystal	NIL	
Cast	NIL	
Bacteria	NIL	
Others	Mucus thread (+)	
STOOL ANALYSIS		
MOTION		
Physical		
Colour	Brownish	
Consistency	Semi Formed	
Microscopic		
Pus Cells	1-3 /hpf	


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Page : 3 of 4

Collection Date & Time : 21/10/2024 08:08:47
Received Date & Time : 21/10/2024 08:30:01
Reported Date & Time : 21/10/2024 10:01:45
Case ID : 1301110
Notification ID : 8883892
Nationality : INDIAN

Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
RBC Cells	1-2 /hpf	
E-HISTOLYTICA	NIL	
E-COLI	NIL	
Giardia Lamblia	NIL	
Taenia Saginata	NIL	
Taenia Solium	NIL	
Schistosoma Haematobium	NIL	
Ascaris Lumbricoides	NIL	
Trichris Trichiura	NIL	
Ancylostoma Duodenale	NIL	
Others	NIL	

HAEMATOLOGY

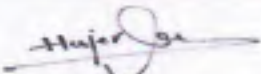
SCHLUMBERGER FITNESS TO WORK
EDTA/Serum

Complete blood count (CBC)

Haemoglobin	16.8 gm/dl	13 - 18
TOTAL LEUCOCYTES COUNT	9040 Cells / Cumm	4000 - 11000

DIFFERENTIAL COUNT
EDTA

Neutrophil	55.9 %	45 - 70
Lymphocytes	31.8 %	15 - 45
Eosinophils	4.5 %	1 - 6
Monocyte	7.0 %	2 - 8
Basophils	0.3 %	< 1
PACKED CELL VOLUME (HCT)	50.50 %	< 54


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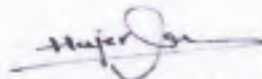


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Partial Test Report

Test Name (Method/Specimen)	Result	Biological Reference
RBC COUNT	5.69 millions/mm	4.5 - 5.5
MCV	88.7 fl	81.8 - 95.5
MCH	29.5 pg	27 - 32.3
MCHC	33.2 g/dL	32.4 - 35
PLATELET COUNT	280000 cu.mm	150,000 - 450,000
RDW-CV	12.2 %	11 - 16
RDW-SD	38.8 fl	35 - 56
ESR(AUTOMATED)	3 mm/hr	< 15
BLOOD GROUPING & RH TYPING		
Blood Group	AB	
Rh Typing	Positive	


Hajer Muhammad Hussin
Technician
MOH License No 9245



**BADR AL SAMAA HOSPITAL NIZWA LLC**

P.O Box:1116, Postal Code:611 , NIZWA
Sultanate of Oman
+968 25447776

Medical Report

Ref.No: 0003893/MED/BADR/2024

NAME: BALIHAR CHAND			Date of issue: 21/10/2024
AGE : 47 Y	DOB : 04/12/1977	GENDER : M	NATIONALITY : INDIAN
FILE NO : 3497006	ResidentCardNo : 92787919		

To Whom it may Concern

THIS PATIENT PRESENTED FOR HEARING ASSESMENT AND EXAMINATION OF EAR AS PART OF PRE-EMPLOYMENT CHECK UP

ON EXAMINATION:

BILATERAL TYMPANIC MEMBRANE-- NORMAL

INVESTIGATION:

AUDIOGRAM -- RIGHT HEARING SENSITIVITY ESSENTIALLY WITHIN NORMAL LIMIT WITH DIP @4KHZ LEFT EAR-- HEARING SENSITIVITY ESSENTIALLY WITH MODERATE DIP @2KHZ AND 4 KHZ

DIAGNOSIS:

Z02.1-Encounter For Pre-Employment Examination

TREATMENT GIVEN:**FURTHER PLAN:**

HE IS FIT TO WORK . ADVISED HEARING PROTECTION IN NOISY ENVIRONMENT .

DR. SAJILA PP**ENT CONSULTATION**

(Name with seal)

Sajila P.P.
Dr. SAJILA P.P.
MBBS., DNB (ENT), DLO.
Specialist Ent Surgeon
Reg. No. 16297

Place : BADR AL SAMAA HOSPITAL

NIZWA LLC Date of issue : 21/10/2024



Results

Default Units ▾

 Copy Results

Estimated 10-year Global CVD Risk

3.3%

Risk Category

Low Risk

Estimated Vascular Age

38 Years

Treatment Guidelines

ATP-III (2004)

Treatment Targets

LDL < 160 mg/dL (< 4.14 mmol/L)

Non-HDL < 190 mg/dL (< 4.93 mmol/L)

CCS (2009)

Initiate Pharmacotherapy if

LDL > 5 mmol/L (> 193 mg/dL)

TChol/HDL-C > 6 mmol/L (> 231 mg/dL)

Treatment Targets

≥ 50 % decrease in LDL-C

ESC (2007, see info for more)

Treatment Targets

LDL < 3 mmol/L (< 120 mg/dL)

TChol < 5 mmol/L (< 194 mg/dL)

Created by  QxMD

Dr. BAKAR AL-HADAD
 General Practitioner

Examining physician stamp and signature



Hospital/ Clinic seal



Al Nile
Medical Complex
مجمع النيل الطبي

Patient ID: 221017545

Name: BALIHAR CHAND

Consultant: Dr. Barea Hakim

Age / Gender : 43 /M

Report Date: 21/10/2024

CHEST X-RAY - PA VIEW

- ❖ Both lungs are clear with no pleural effusion or pneumothorax
- ❖ Both hila are normal in size and density
- ❖ Normal cardio pericardial silhouette.
- ❖ Bones in view are unremarkable

Impression

Normal chest x-ray

Dr. Badriya Al-Qassabi
Consultant Radiologist
Staff no : 135





Al Nile
Medical Complex
مجمع النيل الطبي

Mr. BALIHAR CHAND (43 Y/)

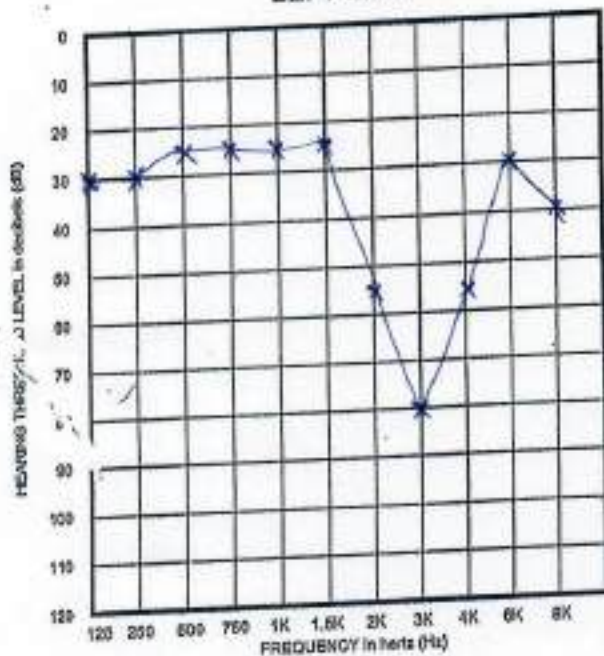


21017545 DOB: 25/01/1978

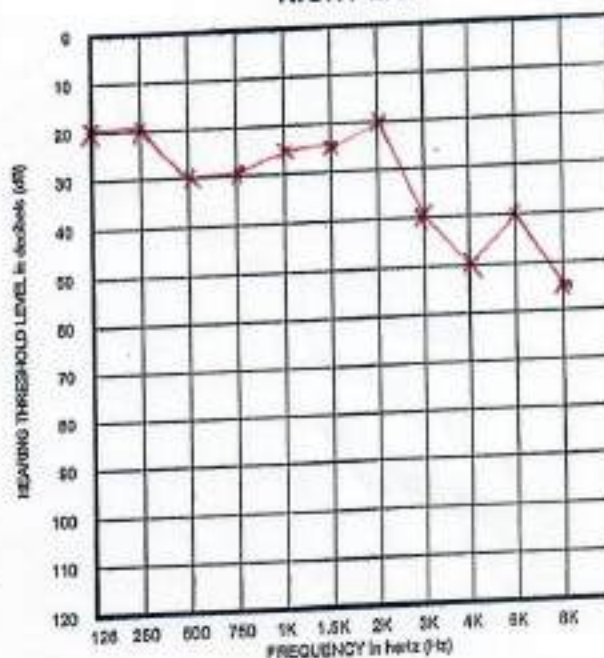
Patient Id : 21017545
Name : BALIHAR CHAND
Consultant : DR. BARAE

Age / Gender : 47 Y / Male
Report Date : 21-10-2024

LEFT EAR



RIGHT EAR



PURE TONE AVERAGE (500-1000-2000 Hz)		
Ear	Air	Bone
RIGHT		
LEFT		

Provisional Diagnosis: _____

Signature Audiologists



P.O. Box 300
Mizwa, P.C. 011
Sultanate of Oman
Al Nile Medical Complex

Dr. Barae
Audiologist
مجمع النيل الطبي

AUTO 10mm/mV

10mm/mV

AL NILP MEDICAL CENTER

1970-03-11 08:44:11

Name : BILARAB

Sex : Male Age : 47

Section: DR. BARAE

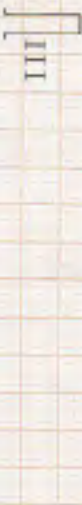
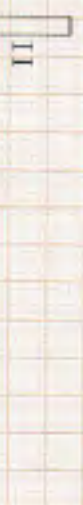
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BedID:

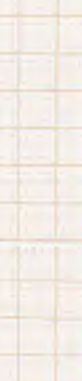
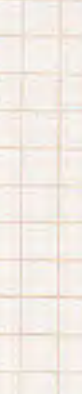
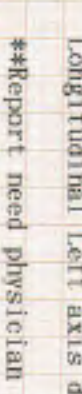
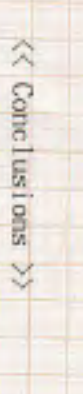
ID:

Operator: soumya

Custom2:



10mm/mV 25mm/s



<< Conclusions >>

Normal Sinus Rhythm,
Longitudinal Left axis deviation;

Report need physician confirm

25mm/s AC50Hz

Acrow CE

Physician: