

1.1 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)



Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Place of examination <u>Room 41404</u>		Date: <u>23/1/2022</u>		Surname <u>Singh</u>	
If a dependant enter employee's name here: Surname:		Forenames: <u>Rajinder</u>		Address <u>72072112</u>	
Home telephone number		Employment No #			
Birth date:	Nationality: <u>Indian</u>	Country of birth: <u>India</u>	Religion:		
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	Relationship to employee ☐ Wife ☐ Son ☐ Daughter		Number of children:	
Reason for examination Pre-Employment ☐ Job: Pre-Overseas ☐ Area:					
Name and address of family doctor		List your last 3 jobs			
		(1)			
		(2)			
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐			
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
	Y	N		Y	N
1. Sinus trouble		☒	21. Cancer		☒
2. Neck swelling/glands		☒	22. Heart Disease		☒
3. Difficulty in vision		☒	23. Rheumatic fever		☒
4. Any ear discharge		☒	24. Abnormal heartbeat		☒
5. Asthma/bronchitis		☒	25. High blood pressure		☒
6. Hayfever /other significant allergy		☒	26. Stroke		☒
7. Any skin trouble		☒	27. Serious chest pain		☒
8. Tuberculosis		☒	28. Any blood disease		☒
9. Shortness of breath		☒	29. Kidney disease		☒
10. Coughed/vomited blood		☒	30. Blood in urine		☒
11. Severe abdominal pain		☒	31. Diabetes		☒
12. Stomach ulcer		☒	32. Headaches/migraine		☒
13. Recurrent indigestion		☒	33. Dizziness/fainting		☒
14. Jaundice or hepatitis		☒	34. Epilepsy		☒
15. Gall Bladder disease		☒	35. Joints/spinal trouble		☒
16. Marked change in bowel habits		☒	36. Surgical operation		☒
17. Blood in stools (motions)		☒	37. Serious accident/fracture		☒
18. Marked change in weight		☒	38. Tropical disease		☒
19. Varicose veins		☒	39. Fear of heights		☒
20. Lump in breast/armpit		☒			
How much tobacco each day?		Average daily alcohol consumption			
Have you ever taken illicit drugs? ☒ PDD test all new/potential employees for illicit/recreational drugs					
FAMILY HISTORY. Diabetes ☒ Tuberculosis ☒ Epilepsy ☒ Asthma ☒ Eczema ☒ Heart disease ☒ High blood pressure ☒ Stroke ☒ Blood Disease ☒ Cancer ☒					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-					
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.					
Date:		Signature of Applicant: <u>P.D. Singh</u>			



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
☒		1. Eyes & Pupils
☒		2. E.N.T.
☒		3. Tooth & Mouth
☒		4. Lungs & Chest
☒		5. Cardiovascular System
☒		6. Abdo, Viscera
☒		7. Hernial Orifices
☒		8. Anus & Rectum
☒		9. Genito urinary
☒		10. Extremities
☒		11. Musculo-skeletal
☒		12. Skin & Varicose Vns.
☒		13. C.N.S.

HEIGHT cm	WEIGHT kg	B.M.I.	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group
165	77.25	28.37	148/99	111/mins.	L R	DISTANT R L Uncorrected Corrected		

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
☒		1. Urinalysis		☒		7. Audiogram
☒		2. Hb, Blood count, ESR		☒		8. Lung Function
☒		3. LFT, RFT, RBS				9. Chest X-Ray
☒		4. Drug Screen		☒		10. ECG
☒		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
☒		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

- ☒ FIT ALL AREAS
- ☐ FIT WITH SPECIFIC RESTRICTION
- ☐ TEMPORARY UNFIT
- ☐ AWAITING SPECIALIST ASSESSMENT

FIT

REVIEW/CONSULTATION

DATE:

24/4/2022

DOCTOR NAME:

Dr. Nawab,
Fahad

SIGNATURE:



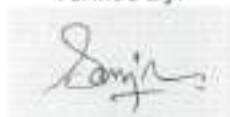
DEPARTMENT OF LABORATORY MEDICINE

File No: 50066407	Report No: 0042225
Name: BALJINDER SINGH	Sample Date: 23/01/2022 Time: 10:38
Address:	Received By:
Gender: M Age: 42 Y Nationality: INDIAN	Received Date: Time:
GSM No.: 72077112 ID Card No.: L3316747	Report Date: 23/01/2022 Time: 12:28
Ref. By: DR SHIVAKUMAR SIDDIAH	Bill No: 0134135 Bill Date: 23/01/2022
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO PACKAGE ABOVE 40 YEARS		
TOTAL WBC COUNT	6.20 x 10 ³ / μ L	4.00-11.00 x 10 ³ / μ L
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	56.70 %	40-75%
LYMPHOCYTE (%)	31.70 %	20-45%
MONOCYTE (%)	8.60 %	2-8%
EOSINOPHIL (%)	2.70 %	1-6%
BASOPHIL (%)	0.30 %	0-1%
ERYTHROCYTE SEDIMENTATION RATE	08 mm/1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
RANDOM BLOOD SUGAR	7.38 mmol/L	4.11 -7.9mmol/L
SGPT (ALT)	61.42 U/L	MALE : up to 41 U/L, FEMALE : up to 33 U/L.
CREATININE	76.33 μ mol/L	Adults: MALE: 62 - 106 μ mol/L, FEMALE: 44 - 80 μ mol/L
HAEMOGLOBIN	14.70 gm/dl	Male : 13 -18 gm/dl Female:11-15 gm /dl childrens upto 1year-11.0 - 13.0 gm /dl upto12years-11.5 - 14.5 gm /dl cord blood:13 -19.5 gm /dl
URINE ROUTINE		
URINE BIOCHEMISTRY		
URINE GLUCOSE	NEGATIVE	NEGATIVE
URINE PROTEIN	NEGATIVE	NEGATIVE
URINE KETONE	NEGATIVE	NEGATIVE

Verified By:

Approved By:




10195

DR ROSE MARY

Lab Technologist

Specialist Pathologist

MOH Licence No:

MOH Licence No: 18178

Electronically signed at: 1/23/2022 12:52:00

Electronically signed at: 23/01/2022 12:53:00

Printed at: 24/01/2022 11:57:05 AM

Page: 1 of 3



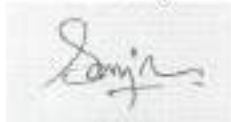
DEPARTMENT OF LABORATORY MEDICINE

File No: 50066407	Report No: 0042225
Name: BALJINDER SINGH	Sample Date: 23/01/2022 Time: 10:38
Address:	Received By:
Gender: M Age: 42 Y Nationality: INDIAN	Received Date: Time:
GSM No.: 72077112 ID Card No.: L3310747	Report Date: 23/01/2022 Time: 12:28
Ref. By: DR SHIVAKUMAR SIDDAIAH	Bill No.: 0134135 Bill Date: 23/01/2022
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE
URINE PH	7.0	<6.0
SPECIFIC GRAVITY	1.020	1.010-1.030
BI OOD	NEGATIVE	NEGATIVE
UROBILINOGEN	NORMAL	NORMAL
URINE MACROSCOPY		
COLOUR	YELLOW	
APPEARANCE	CLEAR	
URINE MICROSCOPY		
RBC	NIL /hpf	NIL
PUSCELLS	1-2 /hpf	NIL
EPITHELIAL CELLS	0-2 /hpf	NIL
CRYSTAL	NIL /hpf	NIL
CAST	NIL /hpf	NIL
BACTERIA	NIL	NIL
MUCOUS THREAD	NIL	NIL
LIPID PROFILE		
TOTAL CHOLESTEROL	6.03 mmol/L	< 5.18 mmol/L
HDL	1.35 mmol/L	>1.5 mmol/L
TRIGLYCERIDES	2.95 mmol/L	Desirable : <2.083 mmol/L Boderline high : 2.83 - 5.67 mmol/L Hypertriglyceridemia >5.65 mmol/L
LDL	3.93 mmol/L	< 2.6 mmol/L

Verified By:

Approved By:




10195

DR ROSE MARY

Lab Technologist

Specialist Pathologist

MOH License No:
Electronically signed at: 10/3/2022 12:52:00

MOH License No: 18178
Electronically signed at: 23/01/2022 12:52:00

Printed at: 24/01/2022 11:57:05 AM

Page : 2 of 3

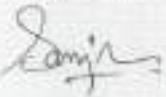


DEPARTMENT OF LABORATORY MEDICINE

File No: 50066407	Report No: 0042225
Name: BALJINDER SINGH	Sample Date: 23/01/2022 Time: 10:38
Address:	Received By:
Gender: M Age: 42 Y Nationality: INDIAN	Received Date: Time:
GSM No.: 72077112 ID Card No.: L3316747	Report Date: 23/01/2022 Time: 12:28
Ref. By: DR SHIVAKUMAR SIDDAIAH	Bill No: 0134135 Bill Date: 23/01/2022
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
VDL	1.34 mmol/L	0.128-0.645mmol/L
SICKLE CELL	NEGATIVE	
Method : Solubility test (If Positive , Hb Electrophoresis / HPLC to be done to confirm Sickle cell anaemia / Trait).		

Verified By:



10195

Lab Technologist

MOH license No:
Electronically signed at: 1/23/2022 1:25:00

Approved By:



DR ROSE MARY

Specialist Pathologist

MOH license No: 18178
Electronically signed at: 23/01/2022 1:25:00

Printed at: 24/01/2022 11:57:05 AM

Page : 3 of 3

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مستشفى النعيمي التخصصي
nmc specialty hospital



Beljinder,
ID: 50066407
DOB:
42yr, Male

23-Jan-2022 22:38:28

Heart rate: 80 BPM
PR Int: 152 ms
QRS dur: 54 ms
QT/QTc: 329/364 ms
P-R-T axes: 57 26 16

SINUS RHYTHM
NORMAL ECG
UNCONFIRMED REPORT



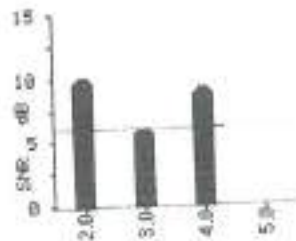
AUDIOMETRY REPORT

Name of the Patient BAJINDER SINGH
 Age 42 Sex M MRN 5006407 Date of Test 23.01.2022

U107.05
 22-JAN-22 12:33
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 SN: G11005649 G12006239

NAME: _____

Left: Pass

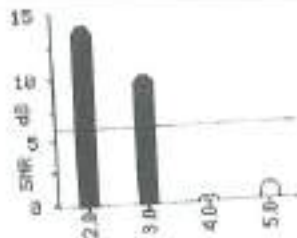


F2	L1	L2	DP	NF	SNR	pp
2.0	64	58	28	18	10	p
3.0	59	45	20	13	6	p
4.0	61	51	3	-6	9	p
5.0	57	49	-9	-7	-2	p

U107.05
 22-JAN-22 12:38
 DP 4s 4 sec avg
 SN: G11005649 G12006239

NAME: _____

Right: Fit Err



F2	L1	L2	DP	NF	SNR	pp
2.0	65	55	-2	-16	14	p
3.0	58	43	-10	-20	10	p
4.0	58	48	-20	-20	0	p
5.0	54	44	-19	-20	0	p

Signature of the Technician





Pulmonary Function Report

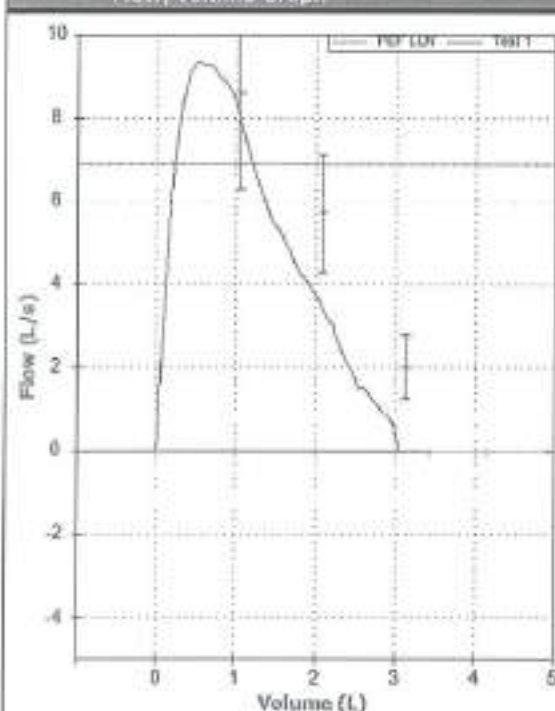
Subject Information

ID:	50066407	Alternate ID:	50066407		
Last Name:	Singh	First Name:	Balinder	Middle Name:	
Population:	MIDDLE EAST	Gender:	Male	Date of Birth:	01/04/1979
Age:	42	Height:	165 cm	Weight:	77.2 kg
BMI:	28.4				

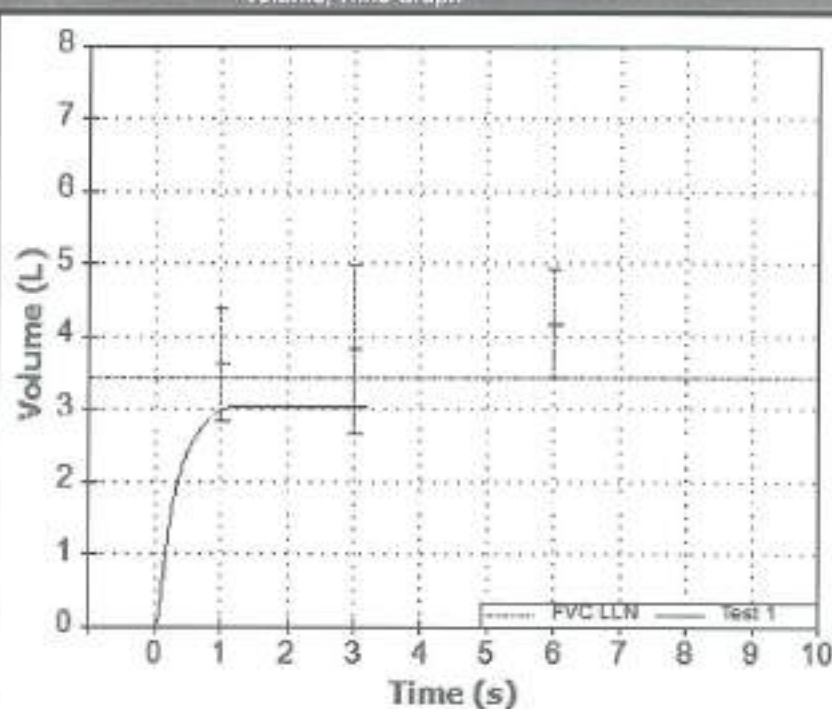
Test Session Information

Test Date:	23/01/2022 11:18	Device:	ALPHA Touch	Serial Number:	32168
No. of Tests:	9	Accuracy Chk:	30/05/2019 15:42	User:	user1
Pred. Values:	Golshan	Pred. Factor:	100%	Posture:	Sitting

Flow/Volume Graph



Volume/Time Graph



Results

Parameter	Pred	LLN	Best	% Pred.	Z-Score
FVC (L)	4.17	3.43	3.04*	73	-2.50
FEV1 (L)	3.62	2.84	3.01	83	-1.28
FEV1 Ratio	0.80	0.68	0.99	124	2.60
FEV6 (L)	4.17	3.43	3.04*	73	-2.50
PEF (L/min)	577	412	583	101	0.06
FEF25-75 (L/s)	4.60	3.57	4.92	107	0.51

Values at ITFS, *Below lower limit of normality (LLN)

Session Quality and Repeatability Information

FVC Session Grade	FVC Rep:	FEV1 Rep:	Slow Start of test	End of test criteria not achieved	Cough detected in 1st second
A	0.03 L (1.0%)	0.00 L (0.0%)	1 blow(s)	3 blow(s)	0 blow(s)

Computer-Suggested Interpretation

Computer interpretations cannot be relied upon for diagnosis. Mild restriction.

Reference Pictogram

Figure 1 is a horizontal bar chart illustrating the distribution of spirometry results for three patients (FVC, FEV1, FEV1 Ratio) across a range from LLN (Lower Limit of Normal) to ULN (Upper Limit of Normal). The chart is divided into three main sections: LLN, Reference, and ULN. The FVC bar shows a single data point in the LLN section. The FEV1 bar shows a single data point in the Reference section. The FEV1 Ratio bar shows a single data point in the ULN section.



ATS

sing, bafinder
50066407

Exam Summary

1/23/2022 12:44:45 PM

Bruce

Summary

Exercise Time: 09:52

Leads with 100uV ST: I, II, III, aVR, aVF, V2, V3, V4, V5, V6
PVCs: 4

Duke Treadmill Score: -19

Max ST

ST elevation: 8.2 mm in V3 at 10:50
ST depression: -4.9 mm in aVR at 10:50

Max Values

Speed: 4.2 MPH
Grade: 16 %
METs: 11.8
HR+BP: 152/44 BPM * mmHg
ST/HR Index: 1.51 uV/bpm in aVR at 09:40

Max ST Changes

ST elevation change: 5.5 mm in V3 at 10:50
ST depression change: -0.8 mm in V1 at 09:50

STAGE SUMMARY

ST measurement based on 4-Hz data

	Speed (MPH)	Grade (%)	HR (BPM)	BP (mmHg)	METs	HR+BP	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
BP	0.0	0.0	103	148/99	-	152/44	1.1	1.4	0.2	-1.3	0.3	0.8	0.1	3.3	2.2	2	1.3	0.9
START EXE	0.0	0.0	106	-	1.3	-	1.3	1.7	0.3	-1.6	0.4	1	0.1	3.5	2.4	2.2	1.5	1
STAGE 1	1.7	10.0	120	-	4.7	-	1	2	1	-1.6	0	1.5	-0.2	3.8	3.4	3.4	2.4	1.5
STAGE 2	2.5	12.0	136	-	7.1	-	0.9	1.9	0.9	-1.5	0	1.4	-0.2	3.7	3.6	3.6	2.5	1.4
STAGE 3	3.4	14.0	167	-	10.3	-	1.3	2.7	1.3	-2.1	-0.1	2	-0.5	5.5	5.2	4.9	3.5	1.8
Peak	4.2	16.0	181	-	11.8	-	1.7	3.3	1.5	-2.6	0	2.4	-0.8	5.4	5.8	5.8	4.1	2.1
Treadmill Stopped	0.0	0.0	183	-	11.6	-	1.7	3.3	1.5	-2.6	0	2.4	-0.8	5.4	5.8	5.8	4.1	2.1
END REC	0.0	0.0	116	-	2.8	-	1.2	1.7	0.4	-1.5	0.3	1.1	0	3.6	2.8	2.4	1.5	0.8

ST LEVEL (mm)

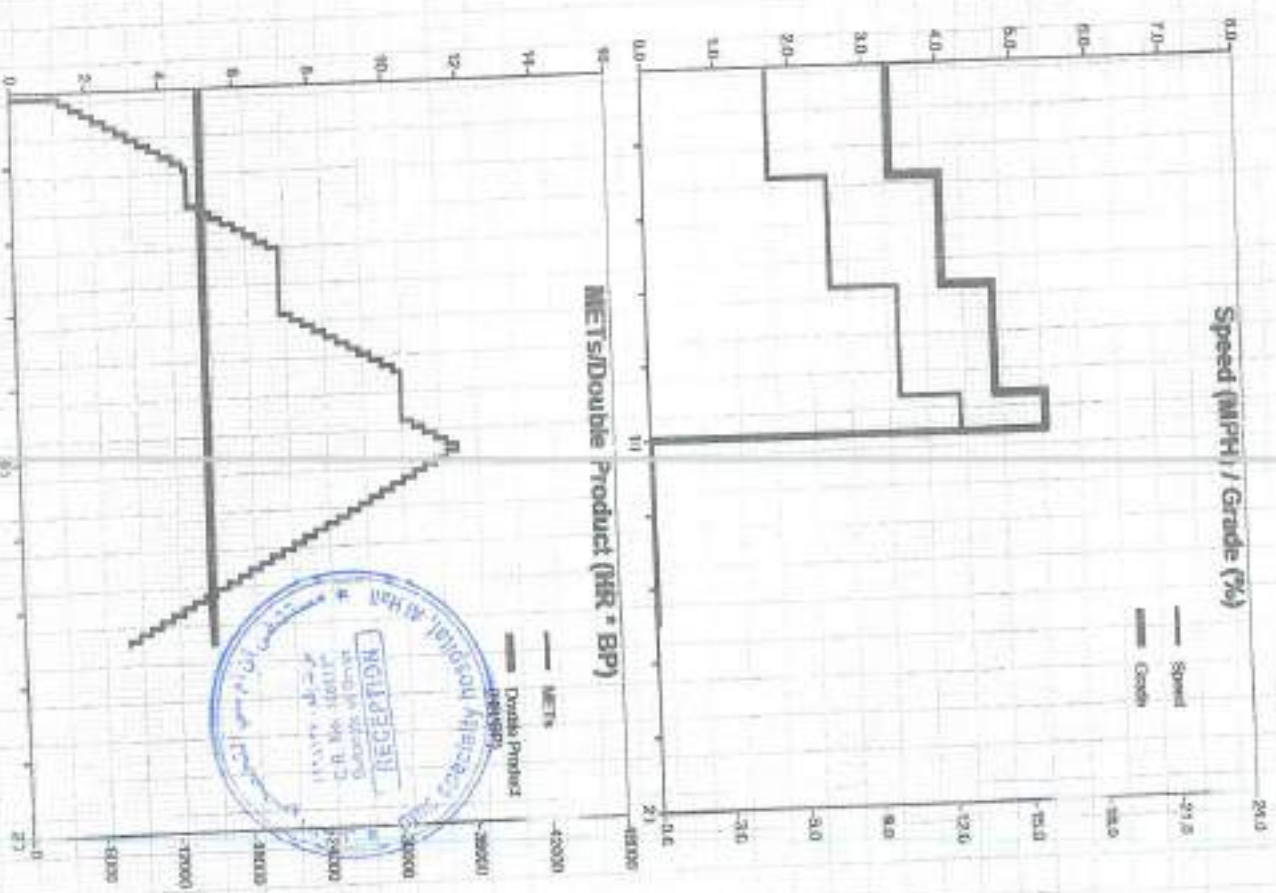
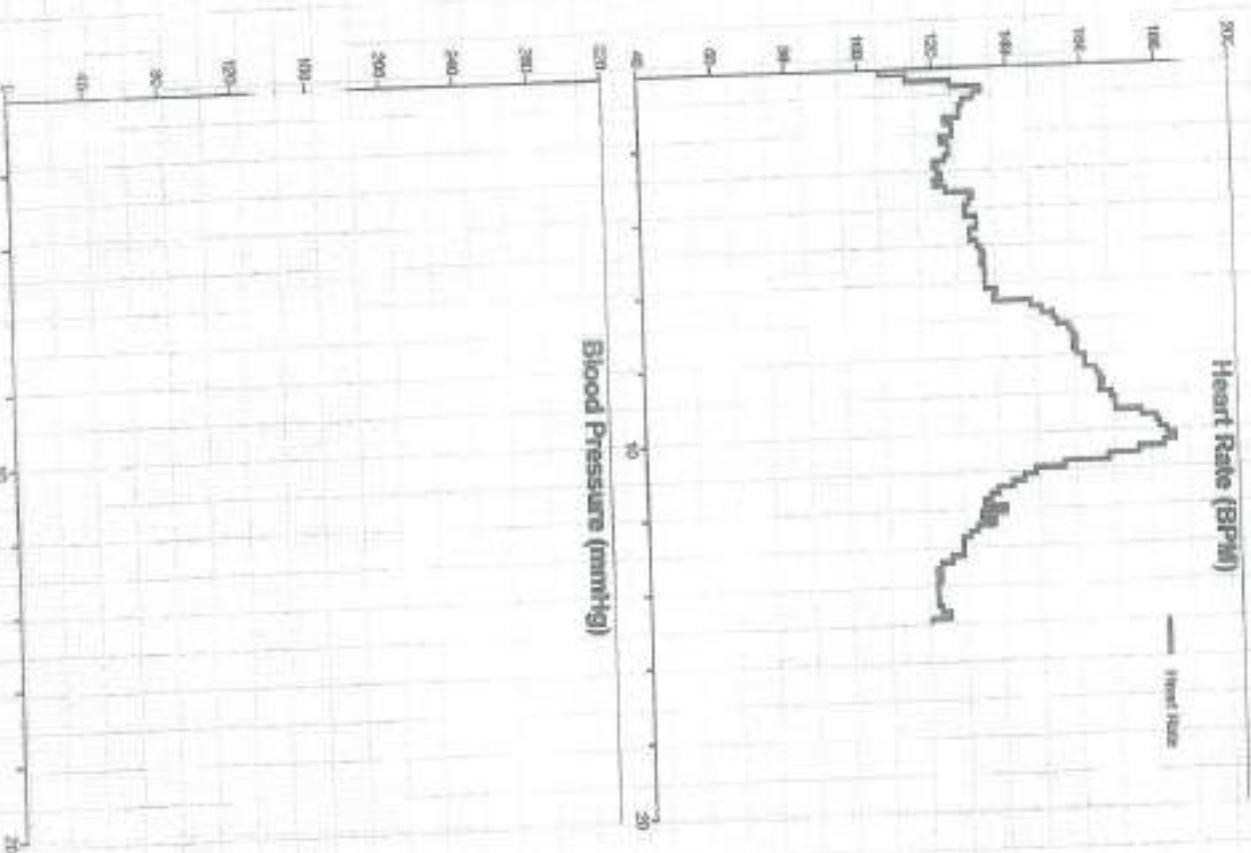


sing, bajinder
50066407

Rate/BP/Workload Trends

1/23/2022 12:44:45 PM

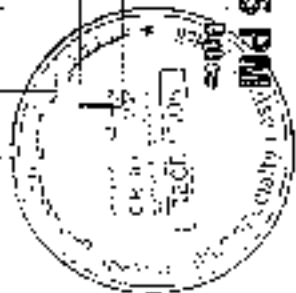
ETUDE



Sing, balinder
50066407

Patient Information

1/23/2022 12:44:45 PM



ID: 50066407

Second ID:

Admission ID:

Date of Birth:

Age: 42 Years

Height: 165 cm

Gender: Male

Weight: 77 kg

Race: Unknown

Indications
outline

Medications
NIL

Referring Physician:

Location: Intc. of Med

Procedure Type: TMT

Attending Phys:

Target HR: 151 bpm (85%)

Reasons for end: Target HR

Technician: JSMY

Max HR(%MHR): 183 bpm (102%)

Symptoms: NO CHEST PAIN

Diagnosis:

Notes

Conclusions

A patient was tested using the Bruce protocol for a duration of 09:52 min:33 and achieved 11.8 METs. A maximum heart rate of 183 bpm with a target predicted heart rate of 121% was obtained at 10:00. A maximum systolic blood pressure of — was obtained at 00:00 and a maximum diastolic blood pressure of — was obtained at 00:00. A maximum ST depression of -4.9 mm in aVR occurred at 10:50. A maximum ST elevation of +8.2 mm in V2 occurred at 10:50. The patient reached target heart rate with appropriate heart rate and blood pressure response to exercise. No significant ST changes during exercise or recovery. No evidence of ischemia. Initial exercise stress test.

Reviewed by:

Signed by:

UNCONFIRMED REPORT

Date: