



مجموعة مستشفيات ومستوصفات بدر السماء

BADR AL SAMAA

GROUP OF HOSPITALS & POLYCLINICS

More Than Healthcare ... Humane Care

6581



Organization Accredited
by Joint Commission International
Badr Al Samaa Hospital, Ruwi & Al Khoud

MEDICAL FITNESS CERTIFICATE FOR TRUCKOMAN

NAME		AJMER SINGH	
AGE/D.O.B	36 Y,13.02.1984	DATE	04.04.2021
PASS/ID NO:	84757716	GENDER	MALE
VISION-RT-EYE	6/6 WITHOUT GLASSES	HEIGHT	174 CM
LT-EYE	6/6 WITHOUT GLASSES	WEIGHT	74 KG
HEART	NORMAL	BP	134/90 mmHg
LUNGS	NORMAL	PULSE	76/ Min
ABDOMEN	NORMAL	CNS	NORMAL
SKIN	NORMAL	ENT	NORMAL

INVESTIGATIONS

FBS	NORMAL
BLOOD GROUP	A POSITIVE
HAEMOGRAM	NORMAL
LFT	NASH
RFT	NORMAL
LIPID PROFILE	DLP
SICKLING TEST	NEGATIVE
URINE ROUTINE	NORMAL
AUDIOGRAM	NORMAL AUDIOMETRIC THRESHOLD
FRAMINGHAM SCORE	Probability of developing cardiovascular disease in next 10 years is 1.7%

COMMENTS	*	NASH- Advised treatment
	*	DLP- Advised lifestyle modification

CONCLUSION MEDICALLY FIT

Signature:

Dr.B.VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

SEAL



Headquarters:

CR. No. 1693808, PB No. 443, P.C. 112,

Ruwi, Sultanate of Oman, Tel: +968 24799760, Fax: 24799765

Al Khuwair: 24488322 | Sohar: 26846660 | Al Khoud: 24546099 | Salalah: 23291830

Barka: 26884910 | Sur: 25546112 | Nizwa: 25447777 | Falaj: 26754131

Email: info@badroman.com

المقر الرئيسي:

س.ت. ١٦٩٣٨٠٨، ص.ب. ٤٤٣، الرمز البريدي: ١١٢

روي سلطنة عمان، هاتف: ٢٤٧٩٩٧٦٠، فاكس: ٢٤٧٩٩٧٦٥

الخبير: ٢٤٤٨٣٢٢ | صحر: ٢٦٨٤٦٦٠ | الخوض: ٢٤٥٤٦٩٩ | صلالة: ٢٣٢٩١٨٣

بركاء: ٢٦٨٨٤٩٠ | صور: ٢٥٥٤٦١٢ | نزوى: ٢٥٤٤٧٧٧ | فلج: ٢٦٥٤١٣١

البريد الإلكتروني: info@badroman.com

Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)



Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Place of examination BADR AL SAMAA		Date 3/4/21	Surname AJINDER SINGH	
			Forenames :	
			Address	
			Home telephone number	
If a dependant enter employee's name here:				
Surname:		Forenames:		
Birth date: 13-02-1984		Nationality:		Country of birth:
Religion:		Relationship to employee		
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	☐ Wife ☐ Son ☐ Daughter		Number of children:
Reason for examination Pre-Employment Job: ☐				
Pre-Overseas Area: ☐				
Name and address of family doctor			List your last 3 jobs	
			(1)	
			(2)	
Are you a Registered Disabled Person? (UK only) ☐			Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
Y	N	Y	N	Y
	☒		☒	HAVE YOU EVER BEEN:-
1. Sinus trouble		21. Cancer		40. Rejected for employment or insurance for medical reasons
2. Neck swelling/glands		22. Heart Disease		41. Awarded benefits for industrial injury/illness
3. Difficulty in vision		23. Rheumatic fever		42. Treated for a mental condition, e.g. depression
4. Any ear discharge		24. Abnormal heartbeat		43. Treated for problem drinking or drug abuse
5. Asthma/bronchitis		25. High blood pressure		44. Exposed to toxic substance or noise
6. Hayfever/other significant allergy		26. Stroke		FOR WOMEN ONLY
7. Any skin trouble		27. Serious chest pain		I have you ever had:-
8. Tuberculosis		28. Any blood disease		45. An abnormal smear
9. Shortness of breath		29. Kidney disease		46. Any gynaecological treatment
10. Coughed/vomited blood		30. Blood in urine		47. Are you pregnant?
11. Severe abdominal pain		31. Diabetes		48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE
12. Stomach ulcer		32. Headaches/migraine		
13. Recurrent indigestion		33. Dizziness/fainting		
14. Jaundice or hepatitis		34. Epilepsy		
15. Gall Bladder disease		35. Joints/spinal trouble		
16. Marked change in bowel habits		36. Surgical operation		
17. Blood in stools (motions)		37. Serious accident/fracture		
18. Marked change in weight		38. Tropical disease		
19. Varicose veins		39. Fear of heights		
20. Lump in breast/armpit				
How much tobacco each day? (1-2/day)		Average daily alcohol consumption very rarely		
Have you ever taken elicited drugs? ☒ PDO test all new/potential employees for elicited/recreational drugs				
FAMILY HISTORY: Diabetes ☒ Tuberculosis ☒ Epilepsy ☒ Asthma ☒ Eczema ☒				
Heart disease ☒ High blood pressure ☒ Stroke ☒ Blood Disease ☒ Cancer ☒				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-				
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.				
Date: 3/4/21		Signature of Applicant:		
FOR COMPLETION BY EXAMINING DOCTOR OR NURSE				
Further details of medical history and recreational activities				

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N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION							
N	A										
		1. Eyes & Pupils		Normal & Reactive Normal No murmur Normal Normal Normal Normal Normal Normal Normal Normal Normal							
		2. E.N.T.									
		3. Teeth & Mouth									
		4. Lungs & Chest									
		5. Cardiovascular System									
		6. Abdo. Viscera									
		7. Hernial Orifices									
		8. Anus & Rectum									
		9. Genito-urinary									
		10. Extremities									
		11. Musculo-skeletal									
		12. Skin & Varicose Vns.									
		13. C.N.S.									
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group
174	84.3	24.3	134/90	76/min.	L R	DISTANT Uncorrected Corrected	NEAR R L R L 6/6 6/6 N6 N6		(2)	A+	
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A				
☒		1. Urinalysis						7. Audiogram			
☒		2. Hb, Bloodcount, ESR						8. Lung Function			
☒		3. LFT, RFT, RBS						9. Chest X-Ray			
☒		4. Drug Screen						10. ECG			
☒		5. Lipids (40 years +)						11. CVS risk for 40 yrs. & above			
☒		6. Sickie Cell test						12. HIV, Hepatitis screening			
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)											
NASH - Advised treatment DLP - Advised lifestyle modification											
ASSESSMENT:											
FIT ALL AREAS ☒ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT ☐											
Date: 3/4/21 Name (Block Capitals): Dr. / Nurse Signature:											
REVIEW/CONSULTATION											
Date: 3/4/21 Name (Block Capitals): Dr. / Nurse Signature:											

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