

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Place of examination: Aster Hospital, Ibr		Date: 30/1/2019	Surname: Surash Kongosshi Vagga			
If a dependant enter employee's name here:		Forenames:				
Birth date: 16/4/1974		Address: 79199533				
Nationality: Indian		Home telephone number: 79199533				
Project: MRC. Oman		Country of birth: India				
Religion:		Relationship to employee:				
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced	☐ Wife ☐ Son ☐ Daughter		Number of children:		
Reason for examination: Pre-Employment ☐ Job: ☐		Pre-Overseas ☐ Area: ☐				
Name and address of family doctor:		List your last 3 jobs (1):				
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐				
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)						
Y N		Y N		Y N		
1. Sinus trouble	☒	21. Cancer	☒	HAVE YOU EVER BEEN:-		
2. Neck swelling/glands	☒	22. Heart Disease	☒			
3. Difficulty in vision	☒	23. Rheumatic fever	☒			
4. Any ear discharge	☒	24. Abnormal heartbeat	☒			
5. Asthma/bronchitis	☒	25. High blood pressure	☒	40. Rejected for employment or insurance for medical reasons	☒	
6. Hayfever /other significant allergy	☒	26. Stroke	☒	41. Awarded benefits for industrial injury/illness	☒	
7. Any skin trouble	☒	27. Serious chest pain	☒	42. Treated for a mental condition, e.g. depression	☒	
8. Tuberculosis	☒	28. Any blood disease	☒	43. Treated for problem drinking or drug abuse	☒	
9. Shortness of breath	☒	29. Kidney disease	☒	44. Exposed to toxic substance or noise	☒	
10. Coughed/vomited blood	☒	30. Blood in urine	☒	FOR WOMEN ONLY		
11. Severe abdominal pain	☒	31. Diabetes	☒		Have you ever had:-	
12. Stomach ulcer	☒	32. Headaches/migraine	☒		45. An abnormal smear	
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒		46. Any gynaecological treatment	
14. Jaundice or hepatitis	☒	34. Epilepsy	☒	47. Are you pregnant?		
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒	48. Have you had an illness not mentioned above		
16. Marked change in bowel habits	☒	36. Surgical operation	☒			
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒			
18. Marked change in weight	☒	38. Tropical disease	☒			
19. Varicose veins	☒	39. Fear of heights	☒			
20. Lump in breast/arm/pit	☒					
How much tobacco each day?		Average daily alcohol consumption				
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs						
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()						
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()						
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-						
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.						
Date: 30/1/2019		Signature of Applicant: [Signature]				

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
☒		1. Eyes & Pupils
☒		2. E.N.T.
☒		3. Teeth & Mouth
☒		4. Lungs & Chest
☒		5. Cardiovascular System
☒		6. Abdo. Viscera
☒		7. Hernial Orifices
☒		8. Anus & Rectum
☒		9. Genito-urinary
☒		10. Extremities
☒		11. Musculo-skeletal
☒		12. Skin & Varicose Vns.
☒		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING L R	VISION DISTANT NEAR R L R L Uncorrected Corrected	Colour Vision	Blood Group
172	63.7	21.6	114/60	68		6/6 6/6		

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
☒		1. Urinalysis				7. Audiogram
☒		2. Hb, Bloodcount, ESR				8. Lung Function
☒		3. LFT, RFT, RBS		☒		9. Chest X-Ray
☒		4. Drug Screen		☒		10. ECG
☒		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
☒		6. Sickle Cell test		☒		12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 30/1/2022 Name (Block Capitals): DR. NAVDANA PANDI Signature: [Signature]

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. Signature:

د. ناندانا پاندی
DR. NAVDANA PANDI
رغم الترخيص
LICENSED NO. 12872
طبيب عام
GENERAL PRACTITIONER

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Suresh K V

Emp #: 67448391

Date of Assessment: 30/1/2021

1	Age	Years	<u>57</u>
2	Gender	Female/Male	<u>Male</u>
3	Total Cholesterol	mmol/L	<u>5</u>
4	HDL Cholesterol	mmol/L	<u>1.79</u>
5	Smoker	Yes/No	<u>No</u>
6	Diabetes	Yes/No	<u>No</u>
7	Systolic Blood pressure	mm Hg	<u>114</u>
8	Is the patient being treated for High blood pressure?	Yes/No	<u>No</u>

Framingham Risk score: 2.8 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by: [Signature]

[Stamp]

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 30/1/2021
Name: Sarah K.V.	Department/Company: Free Care	
I. D No. 67448391	Tel # 79199533	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

- 0 sitting and reading
- 0 watching TV
- 0 sitting inactive in a public place (e.g. theatre or meeting)
- 0 as a passenger in the car for an hour without a break
- 0 Lying down to rest in the afternoon when circumstances permit
- 0 Sitting a talking with someone
- 1 Sitting quietly after lunch without alcohol
- 0 In a car, while stopped for a few minutes in traffic

Total 1

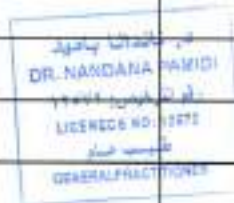
If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Sarah K.V. (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 30/1/2021

Fitness to Work Certificate

Employee Data		Date <u>30/1/2022</u>	
Name <u>Suresh K V</u>		Department/Company <u>MCC Oman</u>	
I.D No. <u>67448391</u>	Age <u>47</u>	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions ✓			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Dr. Nandana Pamidi Name of health advisor		Signature <u>[Signature]</u>	Date <u>30/1/2022</u>



DEPARTMENT OF LABORATORY MEDICINE

File No: 0244586
Name: SURESH KANGASSERI VALAPPIL
Address:
Gender: M **Age:** 47 Y **Nationality:** INDIAN
GSM No.: 79199533 **ID Card No.:** 67448391
Ref. By: EXTERNAL DOCTOR

Report No: 0599274
Sample Date: 30/01/2022 **Time:** 10:11
Received By: 181773
Received Date: 30/01/2022 **Time:** 10:15
Report Date: 30/01/2022 **Time:** 13:36
Bill No: 0807109 **Bill Date:** 30/01/2022
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	6.0 mmol/L	3.9 - 6.1
Method :- Hexokinase	108 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.0 mmol/L	1 - 5.1
Method:-Enzymatic	193.3 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.790 mmol/L	0.777 - 1.813
" "	69.2 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.72 mmol/L	1.295 - 4.64
" "	105.16	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.49 mmol/L	0.259 - 1.036
" "	18.94 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	2.79	3.8 - 5.9
TRIGLYCERIDES	1.07 mmol/L	0.564 - 2.146
Method : Enzymatic	94.695 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.782 mg/dL	0.1 - 1
Method : Diazo	13.37 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.193 mg/dL	0.1 - 0.5
Method : Diazo	3.3 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	18.78 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	21.63 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	34.84 U/L	Adult : Men -40-129

ASHWINI RATHGIRAN

Processed By:
ASHWINI
Lab Technologist

Approved By:
ABHILASH
Lab Technologist

Released By:
ABHILASH
Lab Technologist



MOH License No: 16064

MOH LIC NO : 11015

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INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.99 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.76 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.23 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.47	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	16.66 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	2.55 mmol/L	1.7 - 8.3
Method : Kinetic Assay	15.32 mg/dL	10.2 - 49.8
CREATININE - SERUM	94.15 µmol/L	44.2 - 123.7
Method :- Jaffe Method	1.07 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	6500 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	36.6 %	40-75%
LYMPHOCYTES	41.1 %	20-45%
EOSINOPHILS	14.9 %	2-6 %
MONOCYTES	6.8 %	2-8 %

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INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.6 %	0-1%
HB (HEMOGLOBIN)	15.4 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.18 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.24 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	45.70 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	88.20 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	29.70 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	33.70 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	02 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	

ASHVINI RATHNAN

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Lab Technologist

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INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



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Lab Technologist

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MOH LIC NO: 11015

Specialist Pathologist

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X-RAY REPORT

Doc No:	0060338
Name:	SURESH KANGASSERI VALAPPIL
Age/DOB:	47 Y Omani ID/ L.Card No.: 67448391
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	30/01/2022
X-Ray Film No:	TRUCK
Bill No:	0807109
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 

DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925



Male

Male

ASTER HOSPITAL ITRI (Emergency)

Rate	85
------	----

1034 PR

PR 143

1.05	ORSD
1.05	ORSD

427

427 490

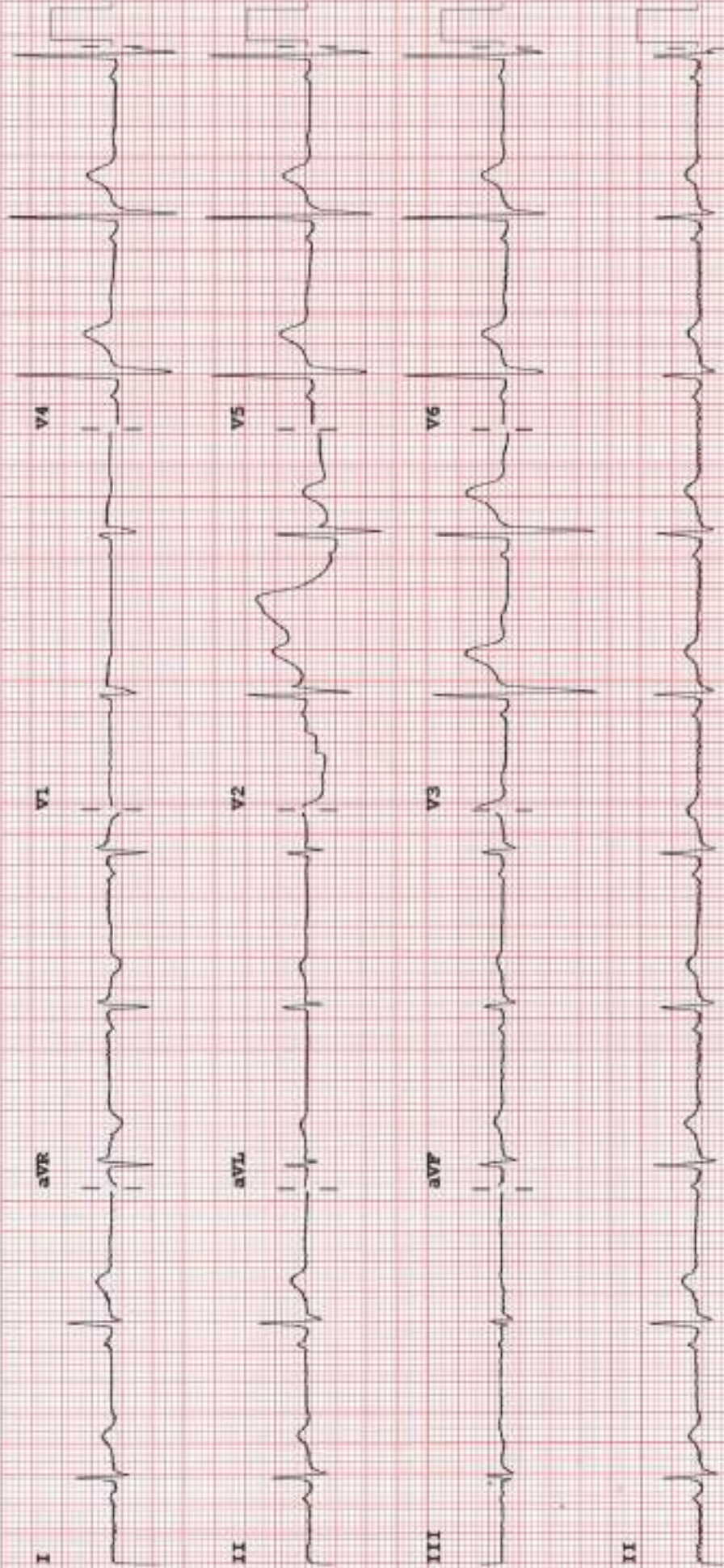
---AXIS---

39

17 OPS

100

12 Lead: Standard Placement



Uterus, cat:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chart: 10.0 mm/mV

50~0.50-40 Hz W

01B4

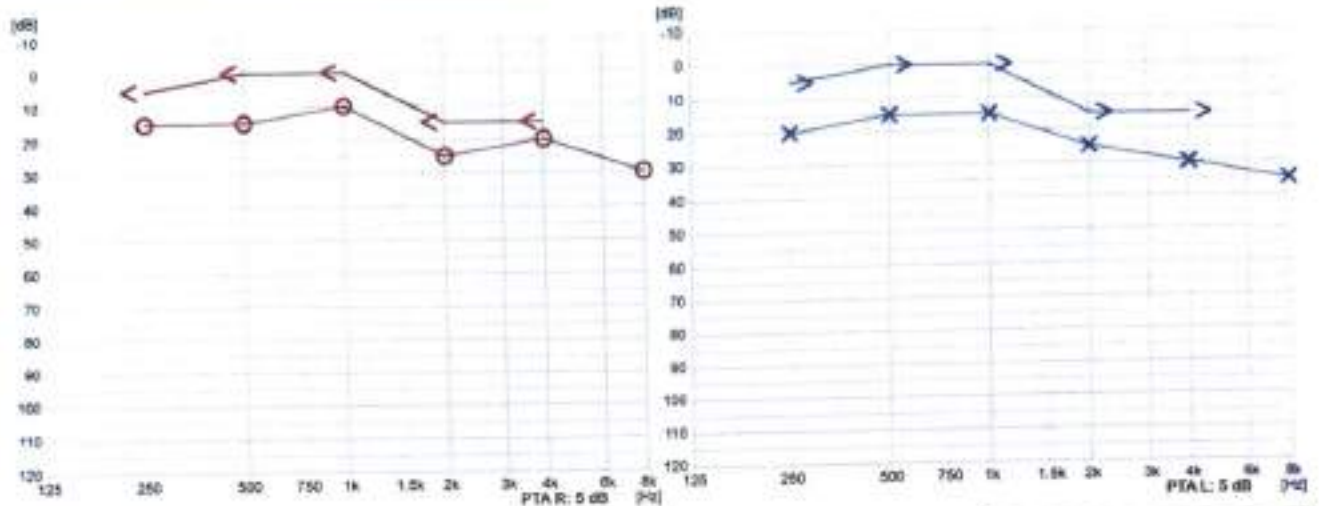
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SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0807109
Last name, First name: SURESH, KANGASSERI
Born: 08/09/1982
Test type: Tonal audiometry
Test date: 30/01/2022



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldHeld	A	A
Binaural	B	
No response	I	

PTA

Right: 16.6 dB HL

Left: 18.3 dB HL

Comments
BILATERAL MINIMAL HEARING LOSS

Signature:



Date: 30/01/2022

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