

MEDICAL EVALUATION REPORT - SUMMARY



CARDHOLDER / EMPLOYEE INFORMATION				
Card ID / Passport #	Company ID #	Name		Position
896456789		Gurjant Singh		
Subsidiary	Age	Sex	Company	Location
India	55 M		Tauck Oman	
EXAMINATION TYPE				
Examination	☐ Pre-employment ☐ Periodic ☐ On			
VITAL SIGNS & BODY MEASUREMENTS				
Resting Heart Rate	(45/min)	Normal	☐ Normal ☐ Prehypertension ☐ Hypertension Stage 1 ☐ Hypertension Stage 2 ☐ Hypertension Class	
BMI Category	31	Underweight	☐ Normal ☐ Overweight ☐ Obese ☐ Morbid Obesity	
Respiratory				
VITAL TEST				
Visual Acuity Test	LT 6/9	RT 6/6	Visual Field Test	☒ Normal ☐ Abnormal
Colour vision Test	☒ Normal ☐ Abnormal ☐ Not Required	Stemmerg Hand Test		
Pre-existing condition				
Remarks				
RESPIRATORY SYSTEM				
Spirometry Test	☒ Normal ☐ Abnormal ☐ Not Required	Chest X-Ray	☐ Normal ☐ Abnormal ☐ Not Required	Pre-existing condition
Remarks				
GUT SYSTEM				
Abdominal Test	☐ Normal ☐ Abnormal ☐ Not Required	Dietary	☐ Normal ☐ Abnormal ☐ Not Required	Pre-existing condition
All minimal Heavy Low				
Remarks				
CARDIOVASCULAR SYSTEM				
EKG Test	☒ Normal ☐ Abnormal ☐ Not Required	Physical Assessment	☐ Normal ☐ Abnormal	Pre-existing condition
Remarks				
NEUROLOGICAL SYSTEM				
Physical Assessment	☒ Normal ☐ Abnormal	Pre-existing condition		
Remarks				
MUSCULOSKELETAL SYSTEM				
Physical exam	☒ Normal ☐ Abnormal	Laboratory X-Ray	☐ Normal ☐ Abnormal ☐ Not Required	Pre-existing condition
Remarks				
LABORATORY INVESTIGATIONS				
Lab Tests	☒ Normal ☐ Abnormal ☐ Abnormal glucose (fasting value)	Blood Counting		
Pre-existing condition				
Remarks				
Diastolic Blood Category	55	Normal (80 - 100 mmHg)	Pre-diabetic (100 - 125 mg/dL)	Diabetic (126 mg/dL)
Cholesterol Risk Category	6.25	Low Risk (LDL < 100 mg/dL)	Moderate Risk (LDL 100-159 mg/dL)	High Risk (LDL ≥ 160 mg/dL)
Blood Urea Nitrogen		Normal	Abnormal	Not Required
DIETITIAN/RECIPE				
Medical & Surgical History Questionnaire	Normal			
Respiratory Productive Questionnaire	Normal			
Weight Change Questionnaire	Normal			
Smoking Questionnaire	Normal			
Depression Test - Screening	☐ Not screened ☐ Low dependence ☐ Low to High dependence ☐ Moderate dependence ☐ High dependence			
Caloric Questionnaire Alcohol Use	☐ No use at all ☐ Screening negative ☐ Clinically significant			
SPG 20 Self-assessment Questionnaire	☐ For positive screening ☐ Positive screening ☐ Positive screening Phase II (7 to 12) ☐ Positive screening Phase II (13 to 20)			
Client Doctor Name	License #	Hospital/Physician	Signature & Stamp	Issue Date



FITNESS TO WORK CERTIFICATE



EMPLOYEE IDENTIFICATION					
Civil ID / Passport #	Company ID #	Name	Position		
E9640409		Gusjantl SINDU			
Nationality	Age	Sex	Company	Location	
Indian	55	M	Tzuwu e man		
EXAMINATION TYPE					
☐ Pre-employment Examination (PRE)	☐ Periodic Medical Examination (PME)	☐ Post absence Examination (PAE)			
☐ Change of Position Examination	☐ Exit Examination	☐ Critical Incident Examination			
☐ Emergency Response Team	☐ Traveling Examination				
Medical Suitability for Work					
Medical Suitability for Work	☒ Fit to work ☐ JTB with following restrictions: ☐ Pending fitness ☐ Not fit to work				
	Strengths: ☐ Standing at height ☐ Working in confined spaces ☐ Working with machinery ☐ Climbing or working from heights ☐ Working near moving machinery ☐ Use of equipment ☐ Driving vehicle ☐ Lifting ☐ Carrying or lifting weight ☐ Assembling and disassembling ☐ Walking or standing for long distances ☐ Repetitive movements ☐ Operating machinery ☐ Operating manual tools ☐ Handling chemical irritants ☐ Other specify: _____				
	Temporary Limitation: _____				
New Position	New Function	New Department			
NA	NA	NA			
Examination Date	Exam Performed				
13/10/2025					
Medical Review Date	Employee Signature				
21/10/2025					
Doctor Name	Medical License	Hospital	Medical Coordinator Signature		

MEDICAL & SURGICAL HISTORY QUESTIONNAIRE



CANDIDATE / EMPLOYEE IDENTIFICATION				
Card ID / Passport #	Company ID #	Name		Position
87640407		Gurjanta Singh		
Nationality	Age	Sex	Company	Location
Indian	55	M	Touche energy	

PERSONAL HEALTH HISTORY

Have you ever, or do you currently suffer from any of the following?

Disorders of the heart or circulatory system, stroke, heart murmurs	☐ Yes	☒ No	Stomach issues e.g. ulcers, acid, indigestion, nausea or bloating	☐ Yes	☒ No
High blood pressure	☐ Yes	☒ No	Ear, nose or throat problems	☐ Yes	☒ No
Respiratory (e.g. asthma) even if the heart is fine	☐ Yes	☒ No	Allergies e.g. food, medication, hay fever	☐ Yes	☒ No
Lung disease e.g. emphysema, asthma, COPD, TB	☐ Yes	☒ No	Adverse or blood disorders e.g. anaemia, infectious, blood clots	☐ Yes	☒ No
Diabetes or problems in pregnancy	☐ Yes	☒ No	Sexually transmitted disease	☐ Yes	☒ No
Disorders, diseases, swelling, hernia, varicose veins, lymphoedema (swelling)	☐ Yes	☒ No	Is your weight suddenly	☒ Yes	☐ No
Nervous disorder, ie emotional breakdown, depression, anxiety	☐ Yes	☒ No	Is your feeling deteriorating	☒ Yes	☐ No
Epilepsy / seizures	☐ Yes	☒ No	Do you have glasses or contact lenses	☐ Yes	☒ No
Disorders, conditions or injuries	☐ Yes	☒ No	Do you have joint problems	☐ Yes	☒ No
Any blood problems	☐ Yes	☒ No	Do you have any phobias (fear) relating to heights	☐ Yes	☒ No
Fatigue, dizziness or problems	☒ Yes	☒ No	Do you have any phobias (fear) relating to confined spaces	☐ Yes	☒ No
Bladder problems e.g. weakness of your knees or wobbly muscles	☐ Yes	☒ No	Experienced weight loss or gain - Regain the lost weight	☐ Yes	☒ No
Joint problems e.g. stiffness, pain, pain or swelling	☐ Yes	☒ No	Intense aches/pains, cramps or others	☐ Yes	☒ No
Problems with eyes, back or other mobility	☐ Yes	☒ No	Treated for measles	☐ Yes	☒ No
Experienced back problems, asthma, slipped disc	☐ Yes	☒ No	Treated for hepatitis, AIDS	☐ Yes	☒ No
Swelling of the digestive tract e.g. when consumed alcohol, gas, bloating	☐ Yes	☒ No	Treated for serious disease	☐ Yes	☒ No
Acute bleeding, jaundice	☐ Yes	☒ No	Received counselling or treatment for HIV/AIDS	☐ Yes	☒ No
Diabetes or any other genitaler ailments	☐ Yes	☒ No	Received counselling or treatment for Hepatitis	☐ Yes	☒ No
Cancer, growth or tumor of any kind	☐ Yes	☒ No	Anemia, especially Sickle Cell Disease or other Cell Trait or Thalassemia	☐ Yes	☒ No
Frequent headache	☐ Yes	☒ No	Cancer	☐ Yes	☒ No
Pain in back or back or hands or legs	☐ Yes	☒ No	Other diseases not mentioned in the above Qs	☐ Yes	☒ No

Have you visited a doctor in the last year?	☐ Yes	☒ No
Are you taking any medication at present?	☐ Yes	☒ No
Are you pregnant?	☐ Yes	☒ No

Date: 15/10/23

List any previous injuries or operations

Previous injuries or operations	Date
11/10/21	2023

Candidate/Employee Signature: Gurjanta Singh

SCREENING QUESTIONNAIRE



CANDIDATE / EMPLOYEE IDENTIFICATION				
Call ID / Passport #	Company ID #	Name		Position
89440409		Gurjant Singh		
Nationality	Age	Sex	Company	Location
Indian	55	m	T. Sulek. omn	

PAIN/STRAIN TEST				
Do you smoke?	☐ Yes	☒ No	If YES, Please answer the following:	
How soon after waking up do you smoke your first cigarette?	☐ <5 mins	☐ 11-15 mins	☐ 16-20 mins	☐ > 20 mins
Do you find it difficult to smoke smoking when it is forbidden, such as work places, restaurants, shopping etc?	☐ Yes	☐ No		
What's the most difficult cigarette is out of all the brands?	☐ <5 mins	☐ 11-15 mins	☐ 16-20 mins	☐ > 20 mins
How many cigarettes do you smoke per day?	☐ <10	☐ 11-20	☐ 21-30	☐ >30
Do you smoke more frequently the last hours of the day than the rest of the day?	☐ Yes	☐ No		
Do you smoke more when you're stressed than when you're relaxed?	☐ Yes	☐ No		

CAGE QUESTIONNAIRE				
Do you drink alcohol?	☐ Yes	☒ No	If YES, Please answer the following:	
Did you ever feel that you should decrease the amount of alcohol or not drink at all?	☐ Yes	☐ No		
Do people bother you because they criticize the way you drink?	☐ Yes	☐ No		
Do you feel guilty or scared when you're with the help you use to drink?	☐ Yes	☐ No		
Do you think in the morning to feel less control or decrease the hang over?	☐ Yes	☐ No		
Have you had any problems related to alcohol?	☐ Yes	☐ No		
Did you drink in the last 24 hours?	☐ Yes	☐ No		

FATIGUE QUESTIONNAIRE				
Have you noticed that you are feeling tired recently?	☐ Yes	☒ No		
Have you been feeling a lack of energy?	☐ Yes	☒ No	If YES, Please answer the following:	
How many days did you feel tired with lack of energy in the last week?	☐ 1 day	☐ 2 days	☐ 3-4 days	☐ 5-7 days
Did you feel tired with lack of energy for more than 2 hours in multiple days last week?	☐ 1 hour	☐ 2-4 hours	☐ 5-7 hours	☐ > 8 hours
Did you feel so tired that you had to make some effort to do things last week?	☐ Yes	☐ No		
Did you feel tired with lack of energy doing things you did last week?	☐ Yes	☐ No		

SELF-REPORTING QUESTIONNAIRE (SRQ-20)					
1. Do you have trouble thinking clearly?	☐ Yes	☒ No	11. Is your digestion not good?	☐ Yes	☒ No
2. Do you find it hard to do your daily work?	☐ Yes	☒ No	12. Do you have unpleasant thoughts or your stomach?	☐ Yes	☒ No
3. Do you find it difficult taking decisions?	☐ Yes	☒ No	13. Do you get worried easily?	☐ Yes	☒ No
4. Is your daily work is suffering?	☐ Yes	☒ No	14. Do you feel nervous, tense or worried?	☐ Yes	☒ No
5. Do you feel tired all the time?	☐ Yes	☒ No	15. Do you feel unhappy?	☐ Yes	☒ No
6. Are you easily tired?	☐ Yes	☒ No	16. Do you cry more than usual?	☐ Yes	☒ No
7. Do you have frequent headaches?	☐ Yes	☒ No	17. Have the things in your life been as usual?	☐ Yes	☒ No
8. Do you feel lack of hunger?	☐ Yes	☒ No	18. Do you find it difficult to perform your work?	☐ Yes	☒ No
9. Do you sleep badly?	☐ Yes	☒ No	19. Have you lost interest in things?	☐ Yes	☒ No
10. Do your hands tremble?	☐ Yes	☒ No	20. Do you feel you're worthless?	☐ Yes	☒ No

Date	13/10/18	Candidate/Employee Signature	Gurjant Singh
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RESPIRATORY PROTECTION QUESTIONNAIRE



CANDIDATE / EMPLOYEE IDENTIFICATION

Case ID / Patient #	Company ID #	Name		Gender
896UC409		Gurjant Singh		
Nationality	Age	Sex	Company	Location
Indian	55	M	Taxi man	

AMINO-HEMIPICOLINATE MONOMER EVALUATION DURING GRAFTING

Do you use a calculator? ☐ YES ☒ NO What tool: ☐ Graphing calc ☐ Calculator ☐ None

Y. The site currently shows tobacco, which was smoked tobacco in the last month?	1 YES	2 NO
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2. Please send your final copy of the manuscript **electronically**.

☐ YES ☒ NO c. I usually bring some ☐ YES ☒ NO e. Conversation flow if asked a question

☐ YES ☒ NO d. I always mention that I'm here with you something.

3. Have you ever had any of the following problems or long problems?

YES	NO	a. Additions	YES	NO	a. Extensions	YES	NO	c. Decks etc.
YES	NO	a. Joints	YES	NO	f. Connections	YES	NO	e. Miscellaneous (please list) (mg)
YES	NO	a. Over-insulation	YES	NO	a. Tiles	YES	NO	d. See other options in category
YES	NO	ii. Enthalpies	YES	NO	b. Low-lower	YES	NO	f. Any other low problem that you have been told about

4. Do you currently have any of the following symptoms of pulmonary or lung disease?

☐ YES ☒ NO	a. Shortness of breath	☐ YES ☒ NO	8. Coughing that wakes you early in the morning
☐ YES ☒ NO	a. Shortness of breath when walking fast on level ground or walking up a flight of stairs	☐ YES ☒ NO	9. Coughing that occurs mostly when you are lying down
☐ YES ☒ NO	c. Shortness of breath when walking with other people at an ordinary pace on level ground	☐ YES ☒ NO	10. Coughing up blood in the last month
☐ YES ☒ NO	d. Have to stop for breath when walking at your own pace on level ground	☐ YES ☒ NO	11. Wheezing
☐ YES ☒ NO	e. Shortness of breath when walking or climbing stairs	☐ YES ☒ NO	12. Wheezing that interferes with your job
☐ YES ☒ NO	f. Shortness of breath that interferes with your job	☐ YES ☒ NO	13. Chest pain when you breathe deeply
☐ YES ☒ NO	h. Coughing that prevents you from sleeping	☐ YES ☒ NO	14. Any other symptoms that you think may be related to lung problems

8. Have you ever had any of the following conditions or been symptomatic?

☒ YES	☒ NO	a. Heart attack	☒ YES	☒ NO	a. Smoking is most responsible for heart disease caused by work stress
☒ YES	☒ NO	b. Stroke	☒ YES	☒ NO	b. Heart arrhythmia
☒ YES	☒ NO	c. Angina	☒ YES	☒ NO	c. High blood pressure
☒ YES	☒ NO	d. Heart failure	☒ YES	☒ NO	d. Atherosclerotic heart problems that will lead to heart block within 10 years

6. Have you ever had any of the following conditions or at least symptoms?

YES	NO	a. Tightest part of shirtless in your chest	YES	NO	e. Awareness of palpitations that is not constant or settling
YES	NO	b. Pain or tightness in your chest during physical activity	YES	NO	f. Any other symptoms that you think might be related to heart
YES	NO	c. Tired in shirtless in your chest that interferes with your job			
YES	NO	d. In the past two years, have you visited your heart doctor or other health care provider?			

7. Do you currently take medication for any of the following conditions?

1195 ☒ YES ☐ NO a. Weathering or long problems
 1196 ☐ YES ☒ NO b. Heavy loads
 1197 ☐ YES ☒ NO c. Road pressure
 1198 ☐ YES ☒ NO d. Seismic stress

8. If you've used a verb tense before you've never had any of the following problems:

☐ YES ☒ NO a. Eye irritation
☐ YES ☒ NO b. Skin allergies or itching
☐ YES ☒ NO c. Asthma
☐ YES ☒ NO d. General weakness or fatigue
☐ YES ☒ NO e. Any other problem that interferes with your use of a respirator

Date: 13/10/21

Available: Employee Signature

HEARING CONSERVATION QUESTIONNAIRE



CANDIDATE / EMPLOYEE IDENTIFICATION					
DDM ID / Passport #		Company ID #		Name	
89640109				Gus Sant Singh	
Nationality	Age	Sex	Company		Location
Indian	55	M	Tamil company		
HEARING CONSERVATION MEDICAL EVALUATION QUESTIONNAIRE - OSHA					
Do you use hearing protection? ☒ YES ☐ NO What type? ☐ Earplugs ☐ Ear Muffs ☐ Double up					
1 - Have you been out of work for the past 14-16 hours? ☒ YES ☐ NO					
2 - NO, did you use hearing protection while in the noise? ☒ YES ☐ NO					
3 - Check ALL of the following activities that you have done or do: ☒ NO					
☐ Mowing	☐ Car repair	☐ Lawn mowing	☐ Throwing	☐ Target shooting	
☐ Power tools	☐ Mower	☐ Concrete / Saw	☐ Pounding	☐ Air compressor	
☐ Construction	☐ Shovel digging	☐ Tearing paper or wood (etc)			
Have you ALREADY used hearing protection when participating in the above activities? ☐ YES ☒ NO					
4 - Check ALL that you have experienced: ☒ NO					
☐ Ear Pain	☐ Ear Infection	☐ Ear Itching	☐ Head Injury	☐ Otitis Media	
☐ Ringing in the ears	☐ Ear Pain	☐ Earwax buildup	☐ Earwax Anomaly	☐ Hole in the Eardrum	
☐ Ear Drainage	☐ Discharge				
4 - Check ALL that you have suffered from: ☒ NO					
☐ Menstruation	☐ Diabetes	☐ Menses	☐ Tinnitus	☐ Cholesterol	☐ Migraine
☐ Hypertension	☐ Dental Problems	☐ Tuberculosis	☐ Previous surgery	☐ Thermal Problems	☐ Trauma to head/ear/neck/jaw/joints/mouth
5 - Check ALL that you are currently suffering from: ☒ NO					
☐ Sinusitis	☐ Canker	☐ Ear Infection	☐ Menstruation		
6 - Do you have documented Hearing Loss? ☒ YES ☐ NO					
If yes, Which Ear? ☐ Right Ear ☐ Left Ear ☐ Both Ear Have performed your hearing test?					
7 - Have you Ever worn Hearing Aids? ☒ YES ☐ NO					
If yes, Which Ear? ☐ Right Ear ☐ Left Ear ☐ Both Ear					
What type? ☐ Behind the ear ☐ In the ear ☐ In the canal ☐ Completely in the canal					
What type? ☐ Analog ☐ Digital					
How is your hearing aid? ☐ In the ear ☐ In the canal ☐ In the ear					
When did you receive your hearing aid?					
8 - Have you ever served in the military? ☒ YES ☐ NO					
If yes, check below: ☐ Army ☐ Navy ☐ Air Force ☐ Marine ☐ National Guard					
Do you have medical disability through the Veterans Administration (VA) for hearing loss or "hearing loss"? ☒ YES ☐ NO					
If yes, how much? % What is your TOTAL VA disability? %					
9 - Are you currently using any medication? ☒ YES ☐ NO What use?					
10 - What kind of transport do you regularly use? ☐ Car ☒ Bus ☐ Motorcycle ☐ Walking					

Date: 13/10/25

PHYSICAL ASSESSMENT FORM



ENT SYSTEM			
(1) Nose Assessment			(2) Throat Assessment
☒ Normal	☐ Abnormal (describe below)	☒ Normal	☐ Abnormal (describe below)
☐ Abnormal		☐ Abnormal	
☐ Not Examined		☐ Not Examined	
CARDIOVASCULAR SYSTEM			
(1) Heart Sounds			(2) Heart Murmurs
☒ Normal	☐ Abnormal (describe below)	☒ Present	☐ Absent (describe below)
☐ Abnormal		☒ Absent	
☐ Not Examined		☐ Not Examined	
(3) Peripheral Pulses			(4) Peripheral Edema
☒ Normal	☐ Abnormal (describe below)	☒ Normal	☐ Abnormal (describe below)
☐ Abnormal		☐ Abnormal	
☐ Not Examined		☐ Not Examined	
NEUROLOGICAL SYSTEM			
(1) Mental Status			(2) Cranial Nerves
☒ Normal	☐ Abnormal (describe below)	☒ Normal	☐ Abnormal (describe below)
☐ Abnormal		☐ Abnormal	
☐ Not Examined		☐ Not Examined	
(3) Motor Function			(4) Reflexes
☒ Normal	☐ Abnormal (describe below)	☒ Normal	☐ Abnormal (describe below)
☐ Abnormal		☐ Abnormal	
☐ Not Examined		☐ Not Examined	
(5) Sensory System			(6) Coordination, Gait, & Balance
☒ Normal	☐ Abnormal (describe below)	☒ Normal	☐ Abnormal (describe below)
☐ Abnormal		☐ Abnormal	
☐ Not Examined		☐ Not Examined	
MUSCULOSKELETAL SYSTEM			
(1) Head and Neck			(2) Arms and Shoulders
☒ Normal	☐ Abnormal (describe below)	☒ Normal	☐ Abnormal (describe below)
☐ Abnormal		☐ Abnormal	
☐ Not Examined		☐ Not Examined	
(3) Hips			(4) Knees
☒ Normal	☐ Abnormal (describe below)	☒ Normal	☐ Abnormal (describe below)
☐ Abnormal		☐ Abnormal	
☐ Not Examined		☐ Not Examined	
(5) Feet and Ankles			(6) Spine and Back
☒ Normal	☐ Abnormal (describe below)	☒ Normal	☐ Abnormal (describe below)
☐ Abnormal		☐ Abnormal	
☐ Not Examined		☐ Not Examined	
OTHER			
(1) Skin, Extremities			(2) Head & Neck
☒ Normal	☐ Abnormal (describe below)	☒ Normal	☐ Abnormal (describe below)
☐ Abnormal		☐ Abnormal	
☐ Not Examined		☐ Not Examined	
(3) Mouth and Teeth			(4) Normal Reflexes
☒ Normal	☐ Abnormal (describe below)	☒ Normal	☐ Abnormal (describe below)
☐ Abnormal		☐ Abnormal	
☐ Not Examined		☐ Not Examined	
(5) Reproductive Organs			(6) Lymph Nodes
☒ Normal	☐ Abnormal (describe below)	☒ Normal	☐ Abnormal (describe below)
☐ Abnormal		☐ Abnormal	
☐ Not Examined		☐ Not Examined	

Date of Examination

12/10/14

Physician Name





nmc specialty hospital, al ghoubra

P.O BOX : 613, Postal Code : 133
AL-GHOUBRA
24504000

Fitness Certificate

Empno:

Date of issue : 21/10/2025

Ref No : 0000051/FIT/NMC/2025

This is to certify that Mr. / Mrs. *GURJANT SINGH* with file no *14423698* and Resident card no. *89640409* was Treated at *nmc specialty hospital, al ghoubra* on *21/10/2025* and will be *Fir* from the medical point of view starting from *21/10/2025*

DIAGNOSIS

E78.5-Hyperlipidemia, Unspecified

Remarks

Lifestyle modification / diet changes. Follow with repeat Lipids x 2/12.

DR SUMANT PAJANKAR

Place: *nmc specialty hospital, al ghoubra*

(Hospital Seal)

Signature



DEPARTMENT OF LABORATORY MEDICINE

File No: 14423698
Name: GURJANT SINGH

Address:

Gender: M Age: 55 Y Nationality: INDIAN
GSM No.: 71260534 ID Card No.: 89640409
Ref. By: DR SUMANT PAJANKAR

Report No: 1075403
Sample Date: 13/10/2025 Time: 8:41
Received By:
Received Date: Time:
Report Date: 13/10/2025 Time: 11:08
Bill No: 2714561 Bill Date: 13/10/2025
Report Status: Final

INVESTIGATION

RESULT

REFERENCE RANGE

QQ FTW PACKAGE-2 (50 Years and Above)

COMPLETE BLOOD COUNT

TOTAL WBC COUNT	7830 cells/cumm	4000-11000 cells/cumm
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	53 %	40-75%
LYMPHOCYTE (%)	35 %	20-45%
MONOCYTE (%)	8 %	2-8%
EOSINOPHIL (%)	3 %	1-6%
BASOPHIL (%)	1 %	0-1%
HAEMOGLOBIN	15.0 gm/dl	Male: 13-18 gm/dl Female: 11-15 gm/dl children upto 1 year: 11.0-13.0 upto 12 years: 11.5-14.5 Infant full term cord blood: 13-19.5
RBC COUNT	4.97 million/cu	Male: 4.5-6.5 million/cu Female: 3.9-5.5 million/cu
PLATELET COUNT	2.98 lakh/cumm	1.5 - 4 lakhs / cumm
HEMATOCRIT	44.6 %	Male: 42 - 52% Female: 37 - 47%
MCV	89.8 fl	76 - 96 fl
MCH	30.2 pg	27 - 33 pg
MCHC	33.7 %	32 - 36 %

URINE ROUTINE

URINE BIOCHEMISTRY

URINE GLUCOSE	NEGATIVE	NEGATIVE
URINE PROTEIN	NEGATIVE	NEGATIVE
URINE KETONE	NEGATIVE	NEGATIVE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE

Verified By:

Approved By:

10475

DR ASMA OSMANI

Specialist Pathologist

MOH License No: 5866

Electronically signed at: 13/10/2025 11:00:00

Printed at: 13/10/2025 8:31:48 PM

NMC Healthcare LLC

P.O.Box: 412, P.O. 133, Al Ghosha, Dharmadham Al Muscat, Sultanate of Oman

T: +968 2480 4006 F: +968 2458 1101 E: nmc.ghosha@nmc.om

Q.R. No. 2048877-16 Card No. 10475-13/10/2025

DEPARTMENT OF LABORATORY MEDICINE

File No: 14423698	Report No: 1075403
Name: GURJANT SINGH	Sample Date: 13/10/2025 Time: 9:41
Address:	Received By:
Gender: M Age: 55 Y Nationality: INDIAN	Received Date: Time:
GSM No.: 71260634 ID Card No.: 85640409	Report Date: 13/10/2025 Time: 11:08
Ref. By: DR SUMANT PAJANKAR	Bill No: 2714561 Bill Date: 13/10/2025
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE PH	6.5	<6
SPECIFIC GRAVITY	1.005	1.010-1.030
BLOOD	NEGATIVE	
UROBILINOGEN	NORMAL	NORMAL
LEUCOCYTE	NEGATIVE	
URINE MACROSCOPY		
COLOUR	PALE YELLOW	
APPEARANCE	CLEAR	
URINE MICROSCOPY		
RBC	NIL /hpf	0-3
WBC	1-2	
EPITHELIAL CELLS	0-1 /hpf	NIL
CRYSTAL	NIL /hpf	NIL
CAST	NIL /hpf	NIL
BACTERIA	NIL	
MUCOUS THREAD	NIL	
FASTING BLOOD SUGAR	5.57 mmol/L	3.9-<5.6 mmol/L
BLOOD GROUP & RH TYPING	A POSITIVE	
Confirmation of the Newborn's blood group is indicated when the "A" and "B" antigen expression and the isoagglutinins are fully developed (2-4 years).		
LIPID PROFILE		
TOTAL CHOLESTEROL	6.36 mmol/L	< 5.2 mmol/L
HDL	1.43 mmol/L	MALE: > 1.0 mmol/L FEMALE: > 1.3 mmol/L
TRIGLYCERIDES	2.41 mmol/L	< 1.7 mmol/L
LDL	4.40 mmol/L	< 3.4 mmol/L
VLDL	1.1 mmol/L	< 0.77 mmol/L

Verified By:



10475

Lab Technologist

 MOH License No:
 Electronically signed at: 10/10/2025

Approved By:



DR ASMA OSMARI

Specialist Pathologist

 MOH License No: 5885
 Electronically signed at: 13/10/2025 11:00:00

Printed at: 21/10/2025 5:57:54 PM

NMC Hospital LLC

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 For more support, you can call 11144 or visit nmcoman.com

DEPARTMENT OF LABORATORY MEDICINE

File No: 14423698	Report No: 1075403
Name: GURJANT SINGH	Sample Date: 13/10/2025 Time: 9:41
Address:	Received By:
Gender: M Age: 55 Y Nationality: INDIAN	Received Date: Time:
GSM No.: 71280634 ID Card No.: 89840409	Report Date: 13/10/2025 Time: 11:05
Ref. By: DR SUMANT PAJANKAR	Bill No: 2714551 Bill Date: 13/10/2025
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
NON HDL	4.95 mmol/L	<3.4mmol/L
LIVER FUNCTION TEST		
TOTAL BILIRUBIN	9.10 μ mol/L	5.0 - 21.0 μ mol/L
DIRECT BILIRUBIN	3.20 μ mol/L	Upto 5.1 μ mol/L
TOTAL PROTEIN	73.00 g/L	66 - 87 g/L
ALBUMIN	46.70 g/L	35 - 50 g/L
Globulin	26.3 g/L	23-35g/L
SGOT (AST)	22.00 U/L	10-40 U/L
SGPT (ALT)	30.40 U/L	10-40 U/L
ALKP04 (ALP)	117.00 U/L	3 - 10 Yrs: 130 - 260 U/L 10 - 14 Yrs: 130 - 340 U/L 14 - 18 Yrs: 30 - 180 U/L Adult: 30 - 120 U/L
Gamma GT (GGT)	62.60 U/L	2-30 U/L
RENAL FUNCTION TEST		
URIC ACID	453.91 μ mol/L	MALE: 200 - 430 μ mol/L FEMALE: 140 - 360 μ mol/L
CREATININE	79.0 μ mol/L	MALE: 60 - 110 μ mol/L FEMALE: 50 - 100 μ mol/L
UREA	3.90 mmol/L	2.9-6.2 mmol/L
ESTIMATED GLOMERULAR FILTRATION RATE	33.768824	
SICKLE CELL	NEGATIVE	

Method: Solubility test
(If Positive , Hb Electrophoresis / HPLC to be done to confirm Sickle cell anaemia / Trait).

Verified By:



10475

Lab Technologist

MOH License No:
Electronically signed at: 13/10/2025

Approved By:



DR ASMA OSMARI

Specialist Pathologist

MOH License No: 5866
Electronically signed at: 13/10/2025 11:08:00

Printed at: 21/10/2025 5:57:54 PM

NMC Healthcare LLC

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Name : GURJANT SINGH
Lab. No. : 3525062190
Contract : NMC Specialty Hospital, Ghoubra
Patient No. : 8630-14423698
File No. : 8630-14423698

Registered On : 13/10/2025 17:37
Report Date : 13/10/2025 19:51

Branch : Muscat Age : 55 Year Sex : Male

Urine Drug Screening

S O Unit

Test	Result	Ref. Range
Amphetamine	Negative	
Methamphetamine	Negative	
Barbiturates	Negative	
Benzodiazepines	Negative	
Cocaine	Negative	
Marijuana	Negative	
Morphine	Negative	
Methadone	Negative	
Tricyclic Antidepressants	Negative	
Phencyclidine	Negative	
Tramadol	Negative	
pH	6	4 - 9
Specific Gravity	1.015	1.003 - 1.03

Reviewed By:



Dr. Hanan Makhoul
Lab Director
MOH License No 10973



DEPARTMENT OF LABORATORY MEDICINE

File No: 14423698

Name: GURJANT SINGH

Address:

Gender: M Age: 55 Y Nationality: INDIAN

GSM No.: 71260634 ID Card No.: 89840409

Ref. By: OUT PATIENT

Report No: 0167268

Sample Date: 13/10/2025 Time: 14:14

Received By:

Received Date: Time:

Report Date: 13/10/2025 Time: 15:47

Bill No: 0398930 Bill Date: 13/10/2025

INVESTIGATION

RESULT

REFERENCE RANGE

ALCOHOL CHECK

ETHANOL

NOT DETECTED (0.001) < 0.1 g/L
g/L

Verified By:

Approved By:

10393

Lab Technologist

Specialist Pathologist

MDH License No:

Electronically signed at: 10/10/2025 3:47:00

Printed at: 13/10/2025 3:46:03 PM

Page: 1 of 1

مستشفى أن أم دبي التخصصي
nmc specialty hospital

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Reg. No: 254, Trade 238

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www.nmchealthcare.com

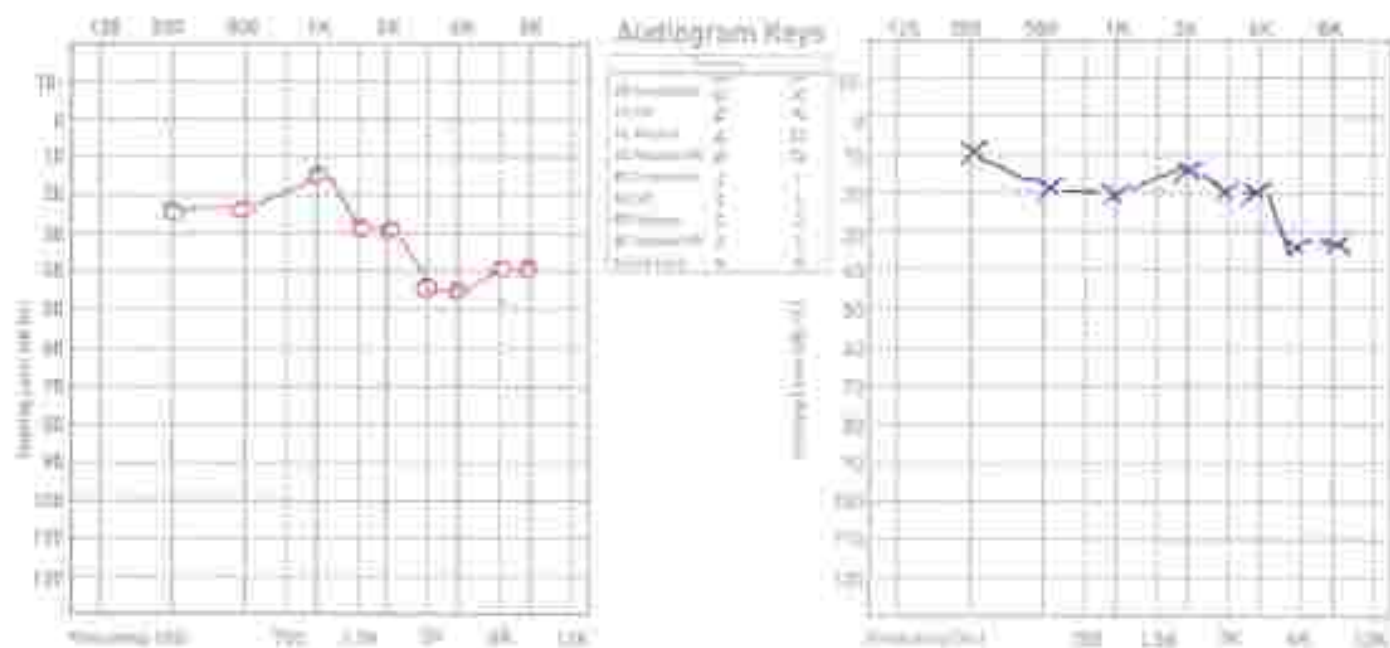
AUDIOGRAM

File No. 14423698 رقم الملف

Name of Patient Gurjant Singh اسم المريض Nationality Indian الجنسيةAge 55yr العمر Sex M الجنس Date 13/10/2025 التاريخ

Referring Physician _____ طبيب الإحالة

Presenting Complaints _____ الشكاوى



Ear	PTA	Weber	SR	GD	HDL	GCL
Right	23 dB HL					
Left	18 dB HL					

IMPRESSION:

Bilateral Minimal Hearing loss with high sloping at Right Ear

Recommendations:

Name & Signature of Audiologist _____ Name & Signature of Physician _____

Date 13/10/2025 Date _____ Time _____

Audiologist _____ Physician _____

Vitalograph

Pulmonary Function Report

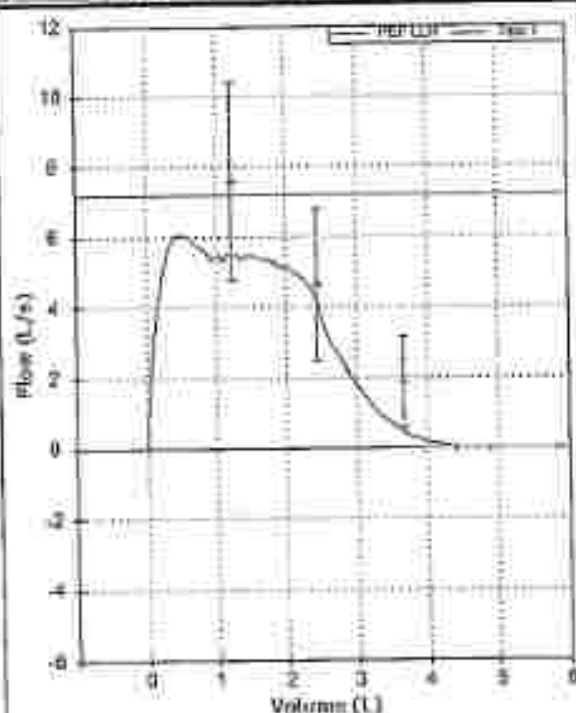
Subject Information

ID:	14423898	Alternate ID:	2714061	Middle Name:	
Last Name:	Singh	First Name:	Gurjant	Date of Birth:	3/28/1970
Population:	Other	Gender:	Male	Weight:	98.0 kg
Age:	55	Height:	177 cm		
BMI:	31.6	Smoking:	Non Smoker		

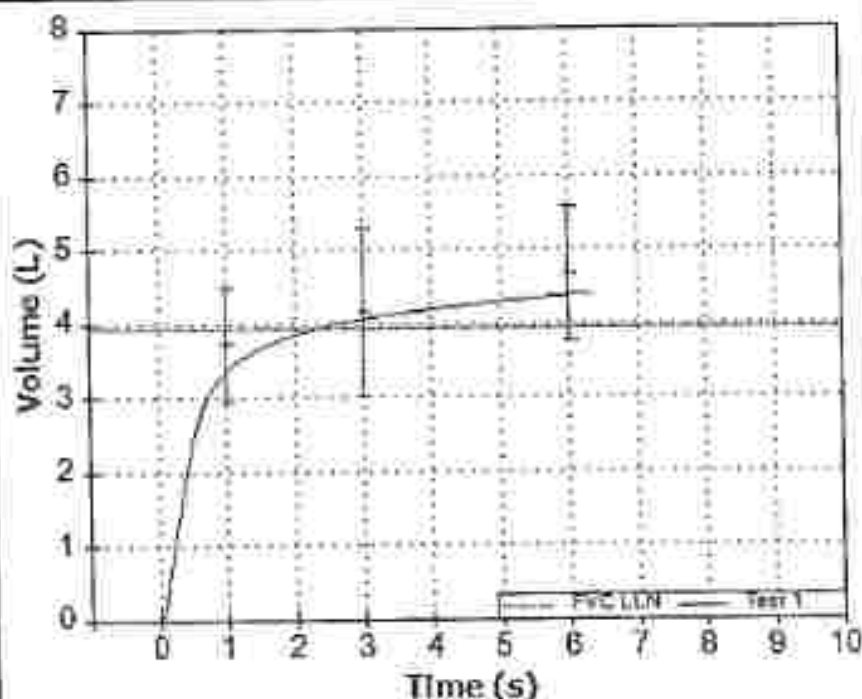
Test Information

Test Date:	10/13/2025 10:35	Device:	ALPHA Touch	Serial Number:	31950
No. of Tests:	4	Accuracy Chk:	10/2024 12:30	User:	Administrator
Prod. Values:	NHANES C	Pred. Factor:	100%	Posture:	Sitting

Flow/Volume Graph



Volume/Time Graph



Results

Parameter	Pred	LLN	ATS/ERS Best	% Pred.	Z-Score
VC (L)	4.87	3.95	3.28*	67	-2.83
FVC (L)	4.87	3.95	4.39	90	-0.85
FEV1 (L)	3.73	2.95	3.40	91	-0.67
FEV1 Ratio	0.77	0.67	0.77	100	0.00
FEV6 (L)	4.67	3.77	4.38	94	-0.53
PEF (L/min)	589	431	362*	64	-2.46
PEF25-75 (L/s)	3.19	1.61	3.15	99	-0.04

Values at BTPS. *Below lower limit of normal (LLN)

Session Quality and Acceptability Information

Session Grade	FVC Rep:	FEV1 Rep:	Slow Start of test	End of test criteria not achieved	Cough detected in 1st second
C	0.75 L (17.1%)	0.79 L (23.2%)	1 blow(s)	0 blow(s)	0 blow(s)

Computer Software Interpretation

Computer Interpretations cannot be relied upon for diagnosis. Normal ventilatory function.

Reference Ranges

FVC	LLN	Reference	ULN
FEV1	LLN	Reference	ULN
FEV1 Ratio	LLN	Reference	ULN

nmc specialty hospital, al ghoubra

P.O BOX : 613, Postal Code : 133 AL-GHOUBRA Suburb of Mosul

SI No: 197402	Bill Date: 13/10/2025	Report Date :13/10/2025 15:17:00
Patient Name: GURJANT SINCH	Reg No: 14421698	
Age: 55Y	Gender: Male	Nationality: INDIA
Address:	Phone:	
Company: TRUCKOMAN OIL & GAS SERVICES SAGC	Policy No:	
Certificate No:		
Region: CHEST X RAY PA		
Referred Doctor:	Consultant Name: DR SUMANT PAJANKAR	

CHEST RADIOGRAPH -PA VIEW**Observations :**

Both lung fields are clear.
 Bilateral CP angles are clear
 No hilar abnormality seen.
 Cardiac shadow is normal.
 Both domes of diaphragm are normal.
 Bony thorax appears normal

Impression:

- Normal chest radiograph

13/10/2025 15:16:34



DR HEMANTKUMAR MAHARAJA

Radiology

MOH License No: 6489

Disclaimer : This is an electronically generated report and does not require a doctor's signature

10:14:42 AM

Dr. G. G. G.

Male - 61 y.o. - Unconscious

Height: 5' 10" Weight: 160 lbs. BMI: 24.5

Age:

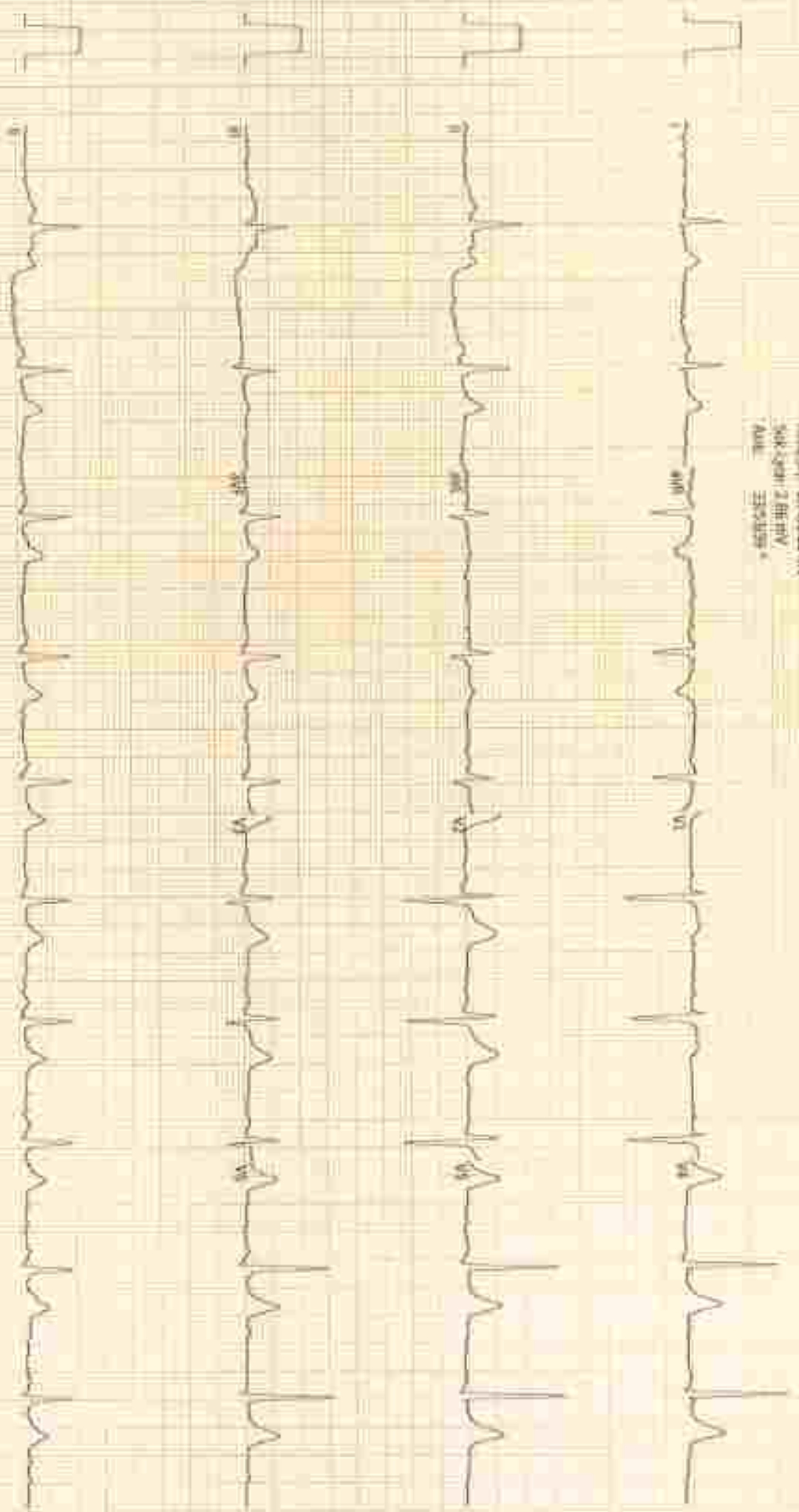
DOB:

Gender:

10/10/2015 10:25:42

UNCLINICAL REPORT

ECG: 12-lead
PR: 140 ms
QRS: 94 ms
QT/QTc: 420/415 ms
QTd: 436 ms
QTd/QTc: 427/415 ms
R-R: 1.24/1.13 mV
S-R: 2.86 mV
T: 35.5/35.5 *





nmc specialty hospital, al ghoubra

P.O BOX : 613, Postal Code : 133
AL-GHOUBRA
24504000

Fitness Certificate

Empno:

Date of issue : 13/10/2025

Ref No : 0000010/FIT/NMC/2025

This is to certify that Mr. / Mrs. *GURJANT SINGH* with file no. *14423698* and Resident card no. *89640409* was Treated at *nmc specialty hospital, al ghoubra* on *13/10/2025* and will be Fit for work, from the medical point of view starting from *13/10/2025*

DIAGNOSIS

Z00.8-Encounter For Other General Examination

Remarks

DR SHAJU PADMAN

Place: *nmc specialty hospital, al ghoubra*


DR SHAJU PADMAN

(Hospital Seal)

Signature



GURJANT SINGH,
14423698

Patient Information

10/13/2025 11:16:36 AM

BRUCE

ID: 14423698

Second ID: 2425713

Admission ID:

Date of Birth:

Height:

Gender: Male

Age: 55 Years

Weight:

Race: Unknown

Indications:

Medications:

FITNESS

Nil

Referring Physician: DR. SHAU PADMAN

Location:

Procedure Type: TMT

Attending Phy.: DR. SHAU PADMAN

Target HR: 140 bpm (25%)

Reasons for end: ACHIEVED TMT

Technician: ANJANA

Max HR(94/97 HR): 160 bpm (25%)

Symptoms: Nil

Diagnosis:

Notes:

Conclusions:

The patient was tested using the Bruce protocol for a duration of 00:36 minutes and achieved 14 / 241 W. A maximum heart rate of 160 bpm with a target predicted heart rate of 140 bpm was obtained at 00:40. A maximum systolic blood pressure of 148/88 was obtained. The patient reached target heart rate with appropriate heart rate and blood pressure response to exercise. No significant ST changes during exercise or recovery. No evidence of ischemia. Normal exercise stress test.

Reviewed by:

14423698 (MPT) (00:00:00)

DR. SHAU PADMAN
Cardiologist
Signature
Date: 10/13/2025

Signature

10/13/2025 11:16:36 AM

1 hospital name here

Page 1

GURJANT SINGH,
14423698

Exam Summary

10/13/2025 11:16:36 AM

Finance

Summary

Exercise Time: 08:36
Leads with 100uV ST V2, V3
PVCs: 1
Onset Treadmill Score: 3

Max Values

Speed: 4.2 MPH
Grade: 16 %
METs: 10.7
HR: 160 bpm
SBP: 148/89 mmHg
DBP: 125/86 mmHg
HR/ECG: 157/50 bpm * mmHg
ST-R Index: 1.01 uV/mm in III at 08:30

Max ST

ST elevation: 1.4 mm in V3 at 09:20
ST depression: -0.9 mm in III at 08:40

Max ST Changes

ST elevation change: 0.7 mm in I at 08:30
ST depression change: -1 mm in V4 at 08:00

STAGE SUMMARY

ST measurements based on J+60ms

	Speed (MPH)	Grade (%)	HR (bpm)	BP (mmHg)	METs	HR/ECG	ST LEVEL (mm)											
							I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
BP	6.0	0.0	64	120/84	-	61/82	-	-	-	-	-	-	-	-	-	-	-	-
Treadmill Started	1.0	0.0	62	-	-	-	0.3	0.4	0.1	-0.4	0	0.2	0	0.6	0.9	0.6	0.5	0.4
START EXE	1.0	0.0	62	-	-	-	0.2	0.3	0	-0.3	0.1	0.2	0	0.6	0.8	0.6	0.5	0.3
BP	1.7	10.0	106	140/90	4.2	106/80	0	0	-0.1	-0.1	0	0	0.1	0.5	0.9	0.6	0.2	0.1
STAGE 1	1.7	10.0	108	-	4.4	-	0.1	0	-0.1	-0.1	0	0	0.2	0.6	0.8	0.4	0.2	0.1
BP	2.5	12.0	126	155/96	7.0	157/50	0.4	-0.1	-0.6	-0.2	0.4	-0.3	0	0.7	0.4	0.1	-0.1	-0.2
STAGE 2	2.4	14.0	125	-	7.1	-	0.4	0	-0.4	-0.3	0.4	-0.2	-0.1	0.7	0.6	0.2	0	-0.1
STAGE 3	3.4	14.0	150	-	10.3	-	0.4	0.3	-0.6	-0.1	0.9	-0.5	0	0.6	0.4	-0.2	0.5	0.4
Treadmill stopped	0.0	0.0	155	-	10.7	-	0.4	-0.2	-0.7	-0.3	0.5	-0.4	0.3	0.6	-0.1	-0.3	-0.3	-0.3
Pause	0.0	0.0	158	-	10.3	-	0.8	0.2	-0.6	-0.6	0.7	-0.2	0	0.7	-0.1	-0.3	-0.3	-0.3
BP	5.0	0.0	61	120/80	4.7	107/79	0.1	-0.2	-0.3	0	-0.2	-0.2	0.2	0.4	0.3	0	-0.1	-0.2
END MEC	0.0	0.0	61	-	4.2	-	0.1	-0.1	-0.3	-0.3	0.1	-0.2	0.1	0.4	0.4	0	-0.1	-0.1

OLUJANJ SUNDH

14425008

Patient

Exam Sheet

Print Time

Date of Birth

Gender

10/11/2005 11:10:36 AM

10/11/2005 11:17:18 AM

Male

00:42 Pre Exe

MPH

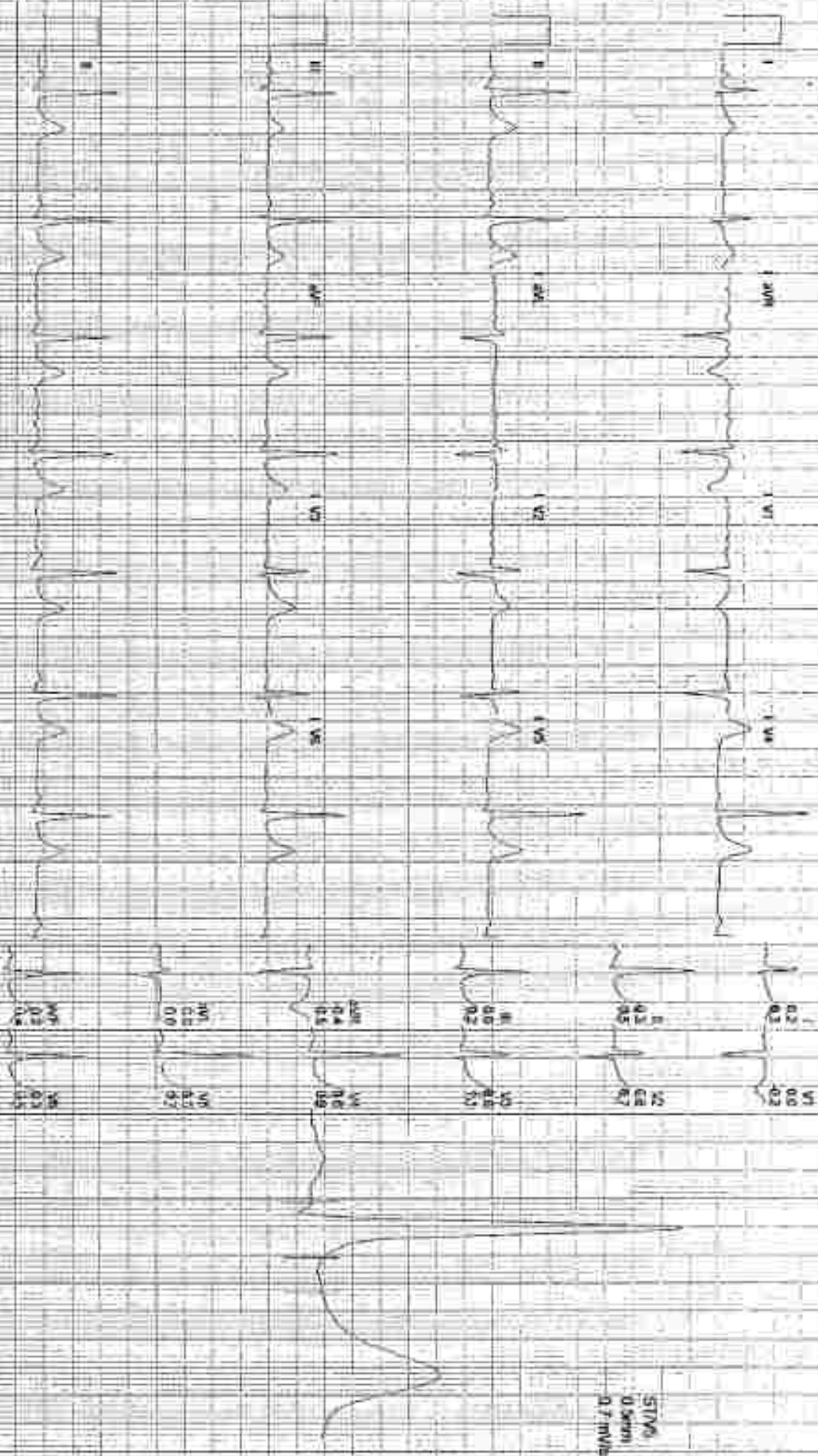
0%

KATIE 66

BP 128/84

HSE (0.30)

STV0
0.5mm
0.7 mV/s



Scale 1.7 16000

Sumo 10mm/0.5-400 Sec

100mm/40mm

10mm/0.5-400 Sec

10mm/40mm

641361003 5206404
14423008
Hesse

Patient Name: 641361003 1:16:36 AM
Date of Birth: 12-12-2015 12:11:45 AM
Gender: Male

02:59 EXER
02:59 STAGE1

1.7 MPH
10.0 %

KALE 108
BP 148/89
EXE 02:41

STING
0.38m
2.9 m/s



Auto Print

Machine: 631456005

Printer: 1080000 02:59:41 5/18/2015

1000ms, 50mm/s

CHARLAIN STANLEY
1422081
Blonde

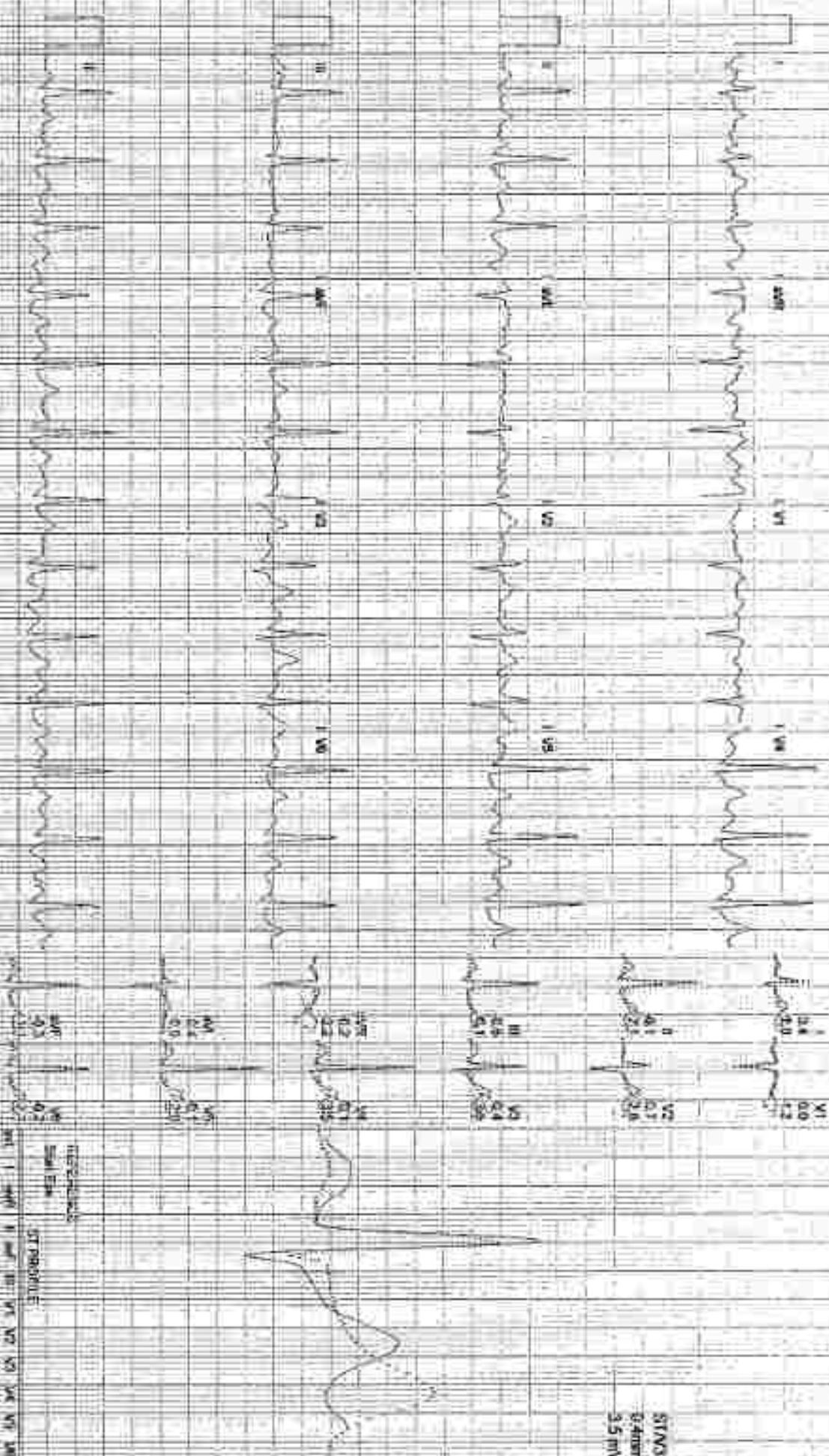
Exam Room 1013/03025 II 10:36 AM
Print Time 10/15/2005 11:21:24 AM
Date of Birth
Gender Male

05:06 EXER
02:06 STAGE2

2.5 MPH
12.0%

RATE 126
BP 125/96
EXE 05/04

STAG
0.4mm
3.5 mmHg



ECG-02.4 (2005)

STAG 10/15/2005 11:21:24 AM

STAG 10/15/2005 11:21:24 AM

STAG 10/15/2005 11:21:24 AM

CARDIAC MONITOR
E442400
Patient

Exam Start: 10/13/2025 11:16:04 AM
Print Time: 10/13/2025 11:27:13 AM
Date of Birth:
Gender: Male

08:36 EXER
00:19 REC

— MPH
— %

KALE 148
BP 125/96
EXE 05:04



SINUS
1.0mV
5.7mV



Kaleida 2.4 (10/13/2025)

2-lead ECG (11-10-2025) 10:12:30

10/13/2025



Audio Print

[illegible]

Abstract

5715
 5716
 5717

STANDARD SINGLE

1440000

Black

Exam Name

Exam Time

Date of Exam

10/10/2005 11:36:36 AM

10/10/2005 11:30:53 AM

Male

08:36 EXER

03:59 REC

---MP11

---%

ECG 89

BP 125/96

HR 65 bpm

1 mV

1 mV

1 mV

1 mV

1 mV

1 mV

1 mV

1 mV

1 mV

1 mV

1 mV

1 mV



Auto Print

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Framingham Risk Score for Hard Coronary Heart Disease

Estimates 10-year risk of heart attack in patients 30-79 years with no history of CHD or diabetes.

INSTRUCTIONS

There are several distinct Framingham risk models. MDCalc uses the 'Hard' coronary Framingham outcomes model, which is intended for use in **non-diabetic** patients age 30-79 years with no prior history of coronary heart disease or intermittent claudication, as it is the most widely applicable to patients without previous cardiac events. See the [official Framingham website](#) for additional Framingham risk models.

When to Use >

Patient Profile >

Age	55	years
Sex	☐ Female	☒ Male
Smoker	☒ No	☐ Yes
Total cholesterol	6.38	mmol/L ↕
HDL cholesterol	1.43	mmol/L ↕
Systolic BP	145	mmHg
Blood pressure being treated with medicines	☒ No	☐ Yes

9.4 %

10-year risk of MI or death for this patient

13 %

Average 10-year risk of MI or death



