

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Place of examination: Aster Hospital, Ibra		Date: 30/1/20	Surname: Khabith Nudungham	
If a dependant enter employee's name here:		Forenames:		
Birth date: 15/11/1981		Address: 79070885		
Nationality: Jordan		Home telephone number:		
Project: New Comm		Country of birth: Jordan		
Religion:		Relationship to employee:		
☐ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced	☐ Wife ☐ Son ☐ Daughter		Number of children:
Reason for examination: Pre-Employment ☐ Job: ☐		Pre-Overseas ☐ Area: ☐		
Name and address of family doctor:		List your last 3 jobs (1)		
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐		
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
Y		N		Y
1. Sinus trouble		☒		21. Cancer
2. Neck swelling/glands		☒		22. Heart Disease
3. Difficulty in vision		☒		23. Rheumatic fever
4. Any ear discharge		☒		24. Abnormal heartbeat
5. Asthma/bronchitis		☒		25. High blood pressure
6. Hayfever /other significant allergy		☒		26. Stroke
7. Any skin trouble		☒		27. Serious chest pain
8. Tuberculosis		☒		28. Any blood disease
9. Shortness of breath		☒		29. Kidney disease
10. Coughed/vomited blood		☒		30. Blood in urine
11. Severe abdominal pain		☒		31. Diabetes
12. Stomach ulcer		☒		32. Headaches/migraine
13. Recurrent indigestion		☒		33. Dizziness/fainting
14. Jaundice or hepatitis		☒		34. Epilepsy
15. Gall Bladder disease		☒		35. Joints/spinal trouble
16. Marked change in bowel habits		☒		36. Surgical operation
17. Blood in stools (motions)		☒		37. Serious accident/fracture
18. Marked change in weight		☒		38. Tropical disease
19. Varicose veins		☒		39. Fear of heights
20. Lump in breast/ampit		☐		
How much tobacco each day?		Average daily alcohol consumption		
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs				
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()				
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-				
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.				
Date: 30/1/20		Signature of Applicant:		

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A	
/		1. Eyes & Pupils
/		2. E.N.T.
/		3. Teeth & Mouth
/		4. Lungs & Chest
/		5. Cardiovascular System
/		6. Abdo. Viscera
/		7. Hernial Orifices
/		8. Anus & Rectum
/		9. Genito-urinary
/		10. Extremities
/		11. Musculo-skeletal
/		12. Skin & Varicose Vns.
/		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING L R	VISION				Colour Vision	Blood Group
166	77.2	28.0	118/64	98		DISTANT NEAR R L R L Uncorrected 6/6 6/6 Corrected					

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A
/		1. Urinalysis		
/		2. Hb, Bloodcount, ESR		
/		3. LFT, RFT, RBS	/	
/		4. Drug Screen		
/		5. Lipids (40 years +)		
/		6. Sickie Cell test	/	

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT: overweight, Advised weight reduction

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ EMPORARY UNFIT ☐ UNFIT

Date: 30/1/2022 Name (Block Capitals): Dr. NANDANA PANHOT Signature: [Signature]

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. Signature:

د. ناندا نا پانه
DR. NANDANA PANHOT
رقم الترخيص: 17872
LICENCE NO: 17872
طبيب عام
GENERAL PRACTITIONER



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 30/1/2021
Name: Robdh. Muroadham	Department/Company: Truck Com	
I. D No. 87871431	Tel # 79070888	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

1 Lying down to rest in the afternoon when circumstances permit

0 Sitting a talking with someone

0 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total: 0

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Robdh. Muroadham (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Robdh. Muroadham **Date:** 30/1/2021

Fitness to Work Certificate

Employee Data		Date <u>30/1/2022</u>	
Name <u>Rohith Mavelledham</u>		Department/Company <u>Truck Com</u>	
I.D No. <u>87871431</u>	Age <u>35</u>	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers – group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers – group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions ✓			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor <u>Dr. Mandana Pamidi</u>	Signature <u>[Signature]</u>	Date <u>30/1/2022</u>	Date



DEPARTMENT OF LABORATORY MEDICINE

File No: 0244585
Name: ROHITH MURALEEDHARAN
Address:
Gender: M Age: 35 Y Nationality: INDIAN
GSM No.: 79070885 ID Card No.: 87871431
Ref. By: EXTERNAL DOCTOR

Report No: 0599283
Sample Date: 30/01/2022 Time: 10:14
Received By: 181773
Received Date: 30/01/2022 Time: 10:18
Report Date: 30/01/2022 Time: 14:03
Bill No: 0807108 Bill Date: 30/01/2022
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckman)		
FBS (FASTING BLOOD SUGAR)	5.34 mmol/L	3.9 - 6.1
Method :- Hexokinase	96.12 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	4.16 mmol/L	1 - 5.1
Method:-Enzymatic	160.83 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.510 mmol/L	0.777 - 1.813
" "	58.38 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.3 mmol/L	1.295 - 4.54
" "	88.64	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.36 mmol/L	0.259 - 1.036
" "	13.81 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	2.75	3.8 - 5.9
TRIGLYCERIDES	0.78 mmol/L	0.564 - 2.146
Method : Enzymatic	69.03 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.985 mg/dL	0.1 - 1
Method : Diazo	16.84 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.279 mg/dL	0.1 - 0.5
Method : Diazo	4.77 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	37.08 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	45.33 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	71.79 U/L	Adult : Men -40-129

Processed By:
ASHWINI
Lab Technologist

Approved By:
ABHILASH
Lab Technologist

Released By:
ABHILASH
Lab Technologist

MOH License No: 18064

MOH LIC NO : 11015

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INVESTIGATION

RESULT

REFERENCE RANGE

TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.60 gm/dL	Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
ALBUMIN - SERUM (Colorimetric Assay)	4.55 gm/dL	6.6 - 8.7
GLOBULIN - SERUM (Calculation)	3.05 gm/dL	3.9 - 4.9
ALBUMIN / GLOBULIN RATIO - Calculation	1.49	2.3 - 3.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	22.21 U/L	1.2 - 1.5
RENAL FUNCTION TEST (UREA - CREATININE)		Men : 8-61 Female : 5-36
UREA - SERUM	4.56 mmol/L	1.7 - 8.3
Method : Kinetic Assay	27.39 mg/dL	10.2 - 49.8
CREATININE - SERUM	78.48 µmol/L	44.2 - 123.7
Method :-Jaffe Method	0.89 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	7270 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	47.3 %	40-75%
LYMPHOCYTES	42.0 %	20-45%
EOSINOPHILS	2.5 %	2-6 %
MONOCYTES	7.6 %	2-8 %

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INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.6 %	0-1%
HB (HEMOGLOBIN)	15.1 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	4.05 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	3.78 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	41.00 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	101.20 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	37.30 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	36.80 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	03 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	

ASHWINI PATEL

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INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

ASHWINI RATHEESAN

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X-RAY REPORT

Doc No:	0060337
Name:	ROHITH MURALEEDHARAN
Age/DOB:	35 Y Omani ID/ L.Card No.: 87871431
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	30/01/2022
X-Ray Film No:	PDO
Bill No:	0807108
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925

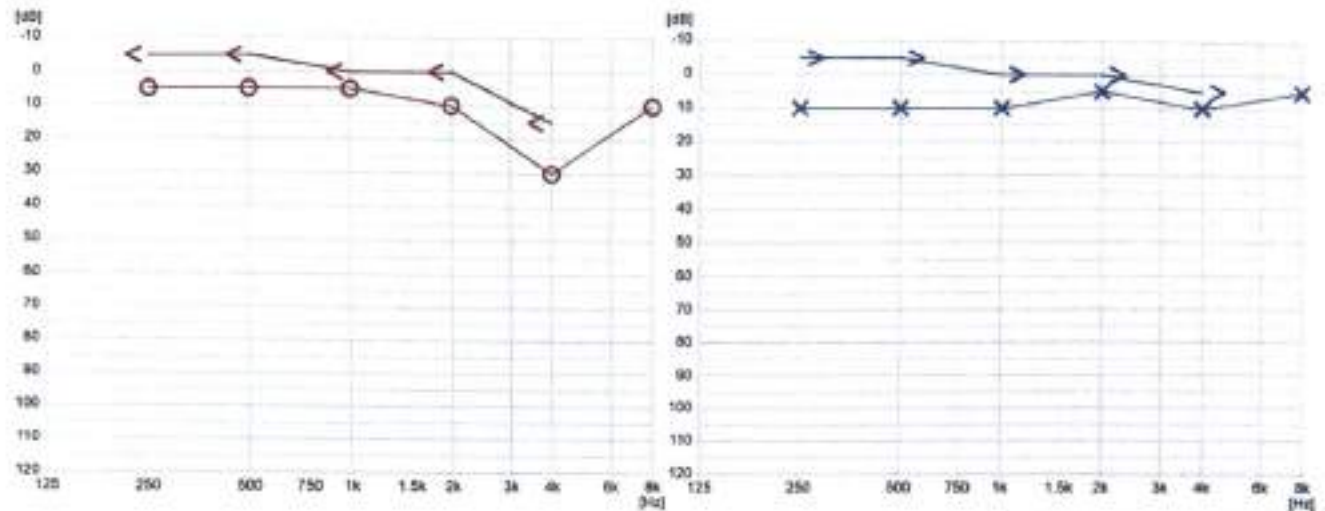


SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0807108	Last name, First name ROHITH, MURALEEDHAR	Born: 08/01/2022
Test type Tonal audiometry	Test date: 30/01/2022	



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊙	⊗
Free FieldMasked	A	A
Binaural	B	
No response	I	

PTA

Right:- 6.6 dBHL

Left:- 8.3 dBHL

Comments

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS WITH NOTCH AT 4KHz IN RIGHT EAR

Signature:



Date: 30/01/2022