

Initial Medical Examination Report
INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Surname: <u>SUNEESH KAUDARAMBIL NARAYANAN</u>					
Forenames:					
Address:					
Place of examination: Aster Hospital, Ibra	Date: <u>14/12/2022</u>				
Home telephone number: <u>95921315</u>					
If a dependant enter employee's name here:					
Birth date: <u>22/5/1988</u>	Project: <u>TRK Oman</u>				
Nationality: <u>INDIAN</u>	Country of birth:				
Religion:					
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced				
Relationship to employee: ☐ Wife ☐ Son ☐ Daughter					
Number of children:					
Reason for examination: Pre-Employment ☐ Job: ☐	Pre-Overseas ☐ Area: ☐				
Name and address of family doctor:	List your last 3 jobs:				
(1)					
Are you a Registered Disabled Person? (UK only) ☐	Do you belong to any Medical Insurance Scheme? ☐				
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
Y	N	Y	N	Y	N
1. Sinus trouble	☒	21. Cancer	☒	HAVE YOU EVER BEEN:-	
2. Neck swelling/glands	☒	22. Heart Disease	☒	40. Rejected for employment or insurance for medical reasons	☒
3. Difficulty in vision	☒	23. Rheumatic fever	☒	41. Awarded benefits for industrial injury/illness	☒
4. Any ear discharge	☒	24. Abnormal heartbeat	☒	42. Treated for a mental condition, e.g. depression	☒
5. Asthma/bronchitis	☒	25. High blood pressure	☒	43. Treated for problem drinking or drug abuse	☒
6. Hayfever /other significant allergy	☒	26. Stroke	☒	44. Exposed to toxic substance or noise	☒
7. Any skin trouble	☒	27. Serious chest pain	☒	FOR WOMEN ONLY	
8. Tuberculosis	☒	28. Any blood disease	☒	Have you ever had:-	
9. Shortness of breath	☒	29. Kidney disease	☒	45. An abnormal smear	☒
10. Coughed/vomited blood	☒	30. Blood in urine	☒	46. Any gynaecological treatment	☒
11. Severe abdominal pain	☒	31. Diabetes	☒	47. Are you pregnant?	☒
12. Stomach ulcer	☒	32. Headaches/migraine	☒	48. Have you had an illness not mentioned above	☒
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒		
14. Jaundice or hepatitis	☒	34. Epilepsy	☒		
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒		
16. Marked change in bowel habits	☒	36. Surgical operation	☒		
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒		
18. Marked change in weight	☒	38. Tropical disease	☒		
19. Varicose veins	☒	39. Fear of heights	☒		
20. Lump in breast/arm/pit	☒				
How much tobacco each day?		Average daily alcohol consumption			
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs					
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()					
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-					
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.					
Date: <u>14/12/2022</u>		Signature of Applicant: 			

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
/		1. Eyes & Pupils
/		2. E.N.T.
/		3. Teeth & Mouth
/		4. Lungs & Chest
/		5. Cardiovascular System
/		6. Abdo. Viscera
/		7. Hernial Orifices
/		8. Anus & Rectum
/		9. Genito-urinary
/		10. Extremities
/		11. Musculo-skeletal
/		12. Skin & Varicose Vns.
/		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group
165	58.5	20.5	120/80	64/min.	L R	DISTANT NEAR R L R L Uncorrected 6/6 6/6 Corrected		

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
/		1. Urinalysis		/		7. Audiogram
/		2. Hb, Bloodcount, ESR		/		8. Lung Function
/		3. LFT, RFT, RBS		/		9. Chest X-Ray
/		4. Drug Screen		/		10. ECG
/		5. Lipids (40 years +)		/		11. CVS risk for 40 yrs. & above
/		6. Sickle Cell test		/		12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date:

Name (Block Capitals): Dr. Rakesh Yella

Signature:

REVIEW/CONSULTATION

Date:

Name (Block Capitals): Dr.

Signature:

DR. RAKESH YELLA
رئيس الترخيص: 111108
LICENSE NO: 12308
أخصائي عام
GENERAL PRACTITIONER

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: SUNEESH KALIPARAMBIL NARAYANAN
Emp #: 101055454
Date of Assessment: 14/12/2021

1	Age	Years	
		33	
2	Gender	Female/Male	
		Female	
3	Total Cholesterol	mmol/L	
		5.79	
4	HDL Cholesterol	mmol/L	
		1.310	
5	Smoker	Yes/No	
		No	
6	Diabetes	Yes/No	
		No	
7	Systolic Blood pressure	mm Hg	
		120	
8	Is the patient being treated for High blood pressure?	Yes/No	
		No	

Framingham Risk score: 4 %

Framingham Risk Rating (Circle the appropriate score):

Low Medium High

Any further action or recommendations?

Assessment or Examination conducted by:

Dr. Ramesh Yella



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 14/12/2021
Name: SUNEESH KALIPARAMBIL		Department/Company: TRUCKAMON NORTH LLC
I. D No. 101055454	Tel # 95921315	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

☐ sitting and reading
☐ watching TV
☐ sitting inactive in a public place (e.g. theatre or meeting)
☐ as a passenger in the car for an hour without a break
☒ Lying down to rest in the afternoon when circumstances permit
☐ Sitting & talking with someone
☐ Sitting quietly after lunch without alcohol
☐ In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Suneesh Kaliparambil (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 14/12/2021

Fitness to Work Certificate

Employee Data		Date	14/12/2021
Name		SUNEESH KALIDRAMBIL NDERYAND N	
I.D No.		Age	33 y
101055454		Occupation	
Department/Company		TRUCKOMAN NORTH LLC	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers - group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers - group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature	Date	14/12/2021
Dr. Rakesh Kella			

DEPARTMENT OF LABORATORY MEDICINE

File No: 0241332
Name: SUNEESH KALIPARAMBIL NARAYANAN
Address:
Gender: M **Age:** 33 Y **Nationality:** INDIAN
GSM No.: 95921315 **ID Card No.:** 101055454
Ref. By: EXTERNAL DOCTOR

Report No: 0592103
Sample Date: 14/12/2021 **Time:** 10:50
Received By: JIBI
Received Date: 14/12/2021 **Time:** 10:54
Report Date: 14/12/2021 **Time:** 12:37
Bill No: 0798955 **Bill Date:** 14/12/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckman)		
FBS (FASTING BLOOD SUGAR)	5.84 mmol/L	3.9 - 6.1
Method :- Hexokinase	105.12 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.79 mmol/L	1 - 5.1
Method:-Enzymatic	223.84 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.310 mmol/L	0.777 - 1.813
" "	50.64 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.66 mmol/L	1.295 - 4.54
" "	141.34	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.83 mmol/L	0.259 - 1.036
" "	31.86 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.42	3.8 - 5.9
TRIGLYCERIDES	1.80 mmol/L	0.564 - 2.146
Method : Enzymatic	159.3 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.610 mg/dL	0.1 - 1
Method : Diazo	10.43 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.164 mg/dL	0.1 - 0.5
Method : Diazo	2.8 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	23.17 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	33.30 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	71.50 U/L	Adult: Men -40-129

Processed By:
ASHWINI
Lab Technologist

Approved By:
ASHWINI
Lab Technologist

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Lab Technologist



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DEPARTMENT OF LABORATORY MEDICINE

File No: 0241332	Report No: 0592103
Name: SUNEESH KALIPARAMBIL NARAYANAN	Sample Date: 14/12/2021 Time: 10:50
Address:	Received By: JIBI
Gender: M Age: 33 Y Nationality: INDIAN	Received Date: 14/12/2021 Time: 10:54
GSM No.: 95921315 ID Card No.: 101055454	Report Date: 14/12/2021 Time: 12:37
Ref. By: EXTERNAL DOCTOR	Bill No: 0798955 Bill Date: 14/12/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children: (Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.77 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.87 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.9 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.68	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	29.89 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.77 mmol/L	1.7 - 8.3
Method : Kinetic Assay	28.65 mg/dL	10.2 - 49.8
CREATININE - SERUM	74.38 µmol/L	44.2 - 123.7
Method : Jaffe Method	0.84 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	10220 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	44.6 %	40-75%
LYMPHOCYTES	41.9 %	20-45%
EOSINOPHILS	4.6 %	2-6 %
MONOCYTES	8.5 %	2-8 %

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Report No: 0592103
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Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.4 %	0-1%
HB (HEMOGLOBIN)	16.5 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.39 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.91 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	46.30 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	85.90 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	30.60 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	35.60 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	



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Specialist Pathologist

DEPARTMENT OF LABORATORY MEDICINE

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Address:
Gender: M Age: 33 Y Nationality: INDIAN
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Bill No: 0798955 Bill Date: 14/12/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



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Specialist Pathologist

X-RAY REPORT

Doc No:	0059332
Name:	SUNEESH KALIPARAMBIL NARAYANAN
Age/DOB:	33 Y Omani ID/ L.Card No:: 101055454
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	14/12/2021
X-Ray Film No:	TRECK
Bill No:	0798955
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 

DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925

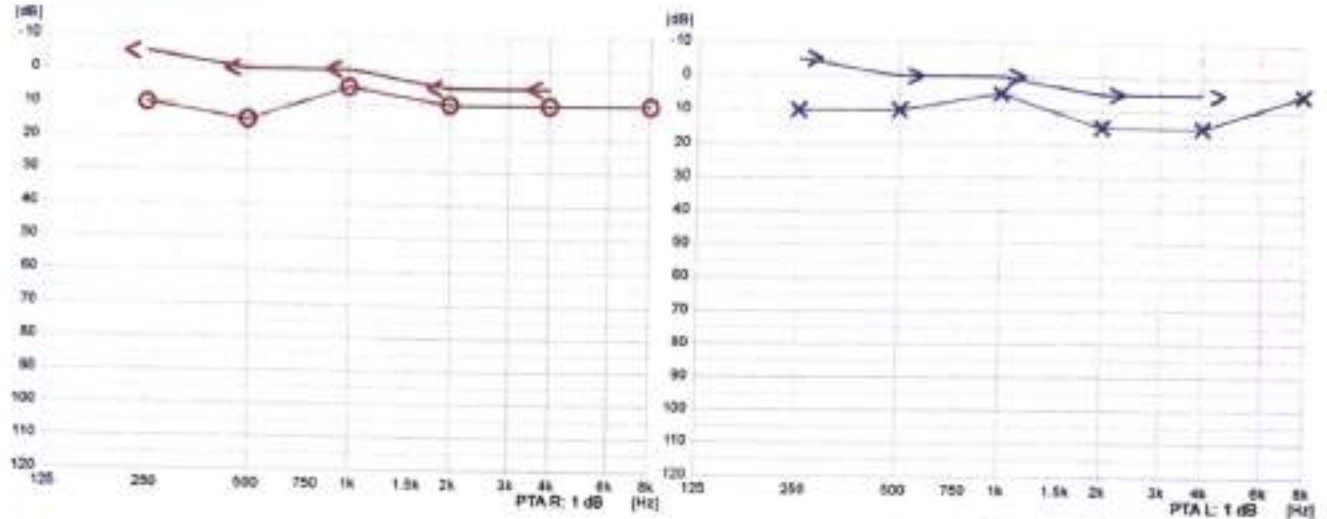


SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349101

Code: 0798955	Last name , First name SUNEESH KALIPARANIEL/ABIRZANAN	Born:
Test type: Tonal audiometry	Test date: 14/12/2021	



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊙	⊗
Free FieldMasked	A	A
General		B
No response		I

PTA

Right:- 10 dB HL

Left:- 10 dB HL

Comments

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

Signature:



Date: 14/12/2021

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