Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Surname	Ahmed Bakri.
Forenames	Sabaa Mohammed.
Address	
Home telephone number	

Place of examination: Muscat	Date: 21/12/22

If a dependant enter employee's name here:
Surname: Forenames:

Birth date: 26/12/1999	Nationality: Pakistan	Country of birth: Pakistan	Religion:

☑ Male ☐ Female ☑ Married ☐ Single ☐ Separated /Divorced

Relationship to employee: ☐ Wife ☐ Son ☐ Daughter

Number of children: 4.

Reason for examination: Pre-Employment ☐ Job:
Pre-Overseas ☐ Area:

Name and address of family doctor	List your last 3 jobs
	(1)
	(2)
Are you a Registered Disabled Person? (UK only) ☐	Do you belong to any Medical Insurance Scheme? —

DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

	Y	N		Y	N		Y	N
1. Sinus trouble		✓	21. Cancer		✓	**HAVE YOU EVER BEEN:-**		
2. Neck swelling/glands		✓	22. Heart Disease		✓	40. Rejected for employment or insurance for medical reasons		✓
3. Difficulty in vision		✓	23. Rheumatic fever		✓			
4. Any ear discharge		✓	24. Abnormal heartbeat		✓	41. Awarded benefits for industrial injury/illness		
5. Asthma/bronchitis		✓	25. High blood pressure		✓			
6. Hayfever/other significant allergy		✓	26. Stroke		✓	42. Treated for a mental condition, e.g. depression		✓
7. Any skin trouble		✓	27. Serious chest pain		✓			
8. Tuberculosis		✓	28. Any blood disease		✓	43. Treated for problem drinking or drug abuse		✓
9. Shortness of breath		✓	29. Kidney disease		✓			
10. Coughed/vomited blood		✓	30. Blood in urine		✓	44. Exposed to toxic substance or noise		✓
11. Severe abdominal pain		✓	31. Diabetes		✓			
12. Stomach ulcer		✓	32. Headaches/migraine		✓	**FOR WOMEN ONLY**		
13. Recurrent indigestion		✓	33. Dizziness/fainting		✓	Have you ever had:-		
14. Jaundice or hepatitis		✓	34. Epilepsy		✓	45. An abnormal smear		
15. Gall Bladder disease		✓	35. Joints/spinal trouble		✓	46. Any gynaecological treatment		
16. Marked change in bowel habits		✓	36. Surgical operation		✓			
17. Blood in stools (motions)		✓	37. Serious accident/fracture		✓	47. Are you pregnant?		
18. Marked change in weight		✓	38. Tropical disease		✓	48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE		
19. Varicose veins		✓	39. Fear of heights		✓			
20. Lump in breast/armpit		✓						

How much tobacco each day? 19-5-6 / day — Average daily alcohol consumption: X

Have you ever taken elicited drugs? X PDO test all new/potential employees for elicited/recreational drugs

FAMILY HISTORY: Diabetes (X) Tuberculosis (?) Epilepsy (X) Asthma (X) Eczema (X)
Heart disease (X) High blood pressure (✓) Stroke (X) Blood Disease (X) Cancer (X)

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer **I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.**

Date: 21/12 **Signature of Applicant:** 21/12

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N	A	N = Normal A = Abnormal (please describe)	PHYSICAL EXAMINATION
		1. Eyes & Pupils	
		2. E.N.T.	
		3. Teeth & Mouth	
		4. Lungs & Chest	
		5. Cardiovascular System	
		6. Abdo. Viscera	
		7. Hernial Orifices	
		8. Anus & Rectum	
		9. Genito-urinary	
		10. Extremities	
		11. Musculo-skeletal	
		12. Skin & Varicose Vns.	
		13. C.N.S.	

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group
						DISTANT		NEAR			
						R	L	R	L		
184	67	19	138/86	68 mins.	L R	Uncorrected Corrected	6/9 6/9	6/6 6/6.	N		

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
✓		1. Urinalysis		✓		7. Audiogram
✓		2. Hb, Bloodcount, ESR		✓		8. Lung Function
✓		3. LFT, RFT, RBS				9. Chest X-Ray
		4. Drug Screen	Sinus Bradycardia		✓	10. ECG
✓		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
✓		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☑ **FIT ALL AREAS** ☐ **FIT WITH RESTRICTION** ☐ **TEMPORARY UNFIT** ☐ **UNFIT**

Date: 03/09/2022 Name (Block Capitals): Dr. / Nurse DR. Shiva Kumar. S Signature:

DR. SHIVA KUMAR SIDDAIAH
General Practitioner
MOH Lic. No. 5070
nmc speciality hospital, Al Hail

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. / Nurse Signature:

DEPARTMENT OF LABORATORY MEDICINE

File No:	50106165	**Report No:**	0096487		
Name:	SARFRAZ MUHAMMAD AHMED BASHIR	**Sample Date:**	31/08/2023	**Time:**	9:27
		Received By:			
Address:		**Received Date:**		**Time:**	
Gender:	M **Age:** 40 Y **Nationality:** PAKISTANI	**Report Date:**	31/08/2023	**Time:**	12:18
GSM No.:	98858931 **ID Card No.:** 88290144	**Bill No:**	0253319	**Bill Date:**	31/08/2023
Ref. By:	DR ERFAN GHOOOJANI	**Report Status:**	Final		

INVESTIGATION	RESULT	REFERENCE RANGE
PDO Package – 1 (Up to 49 yrs)		consultation with physician Eye check up
COMPLETE BLOOD COUNT		
TOTAL WBC COUNT	6.20 x 10^3 / µL	4.00-11.00 x 10^3 / µL
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	36.70 %	40-75%
LYMPHOCYTE (%)	48.90 %	20-45%
MONOCYTE (%)	11.30 %	2-8%
EOSINOPHIL (%)	2.90 %	1-6%
BASOPHIL (%)	0.20 %	0-1%
HAEMOGLOBIN	15.50 gm/dl	Male : 13 -18 gm/dl Female:11-15 gm /dl childrens upto 1year-11.0 - 13.0 gm /dl upto12years-11.5 - 14.5 gm /dl cord blood:13 -19.5 gm /dl
RBC COUNT	4.36 million/cu	Male :4.5-6.5 million/cu Female:3.9-5.5 million/cu
PLATELET COUNT	222.00 x 10^3 / µL	150 - 400 x 10^3 / µL
HEMATOCRIT	41.60 %	Male 42 - 52% Female:37- 47%
MCV	95.30 fl	76 - 96 fl
MCH	35.60 pg	27 - 33 pg
MCHC	37.30 gm/dl	32 - 36 gm/dl
SICKLE CELL	NEGATIVE	
Method : Solubility test (If Positive . Hb Electrophoresis / HPLC to be done to confirm Sickle cell anaemia / Trait).		
LIVER FUNCTION TEST		
TOTAL BILIRUBIN	17.20 µ mol/L	Adults:- up to 21 µ mol/L, Children >1 month - up to 17 µ mol/L

Verified By:

10589
Lab Technologist
MOH License No: 17976
Electronically signed at: 8/31/2023 12:18 PM

Approved By:

DR ROSE MARY
Specialist Pathologist
MOH License No: 18178
Electronically signed at: 31/08/2023 12:32:00

مستشفى إن إم سي التخصصي
nmc specialty hospital

NMC Healthcare L.L.C
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www.nmcoman.com

Printed at: 03/09/2023 11:26:56 AM

DEPARTMENT OF LABORATORY MEDICINE

File No:	50106165	**Report No:**	0096487		
Name:	SARFRAZ MUHAMMAD AHMED BASHIR	**Sample Date:**	31/08/2023	**Time:**	9:27
		Received By:			
Address:		**Received Date:**		**Time:**	
Gender:	M **Age:** 40 Y **Nationality:** PAKISTANI	**Report Date:**	31/08/2023	**Time:**	12:18
GSM No.:	9885893' **ID Card No.:** 88290144	**Bill No:**	0253319	**Bill Date:**	31/08/2023
Ref. By:	DR ERFAN GHOODJANI	**Report Status:**	Final		

INVESTIGATION	RESULT	REFERENCE RANGE
		Neonates :- 1.7 - 180 µmol/L
DIRECT BILIRUBIN	4.10 µ mol/L	Adults ;- 0 - 5.0 µ mol/L, Neonates:- 0-10 µ mol/L,
TOTAL PROTIEN	76.60 g/L	Adults : 66 - 87 g/L
ALBUMIN	50.10 g/L	39.7 - 49.4 g/L
Globulin	26.5 g/L	23-35g/L
SGOT (AST)	22.20 U/L	MALE : up to 40 U/L, FEMALE : up to 32 U/L.
SGPT (ALT)	14.60 U/L	MALE up to 41 U/L, FEMALE : up to 33 U/L.
ALKPO4 (ALP)	71.00 U/L	Adults: MALES: 40 - 129 U/L, FEMALES: 35 - 104 U/L.
Gamma GT (GGT)	17.00 U/L	MALE- 8 - 61 U/L FEMALE- 5 - 36 U/L
RENAL FUNCTION TEST		
URIC ACID	351.00 µ mol/L	MALE: 202.3 - 416.5 µ mol/L, FEMALE: 142.8 - 339.2 µ mol/L
CREATININE	63.00 µ mol/L	Adults: MALE: 62 – 106 µ mol/L FEMALE: 44 - 80 µ mol/L
UREA	6.90 mmol/L	2.76 - 8.07 mmol/L
LIPID PROFILE		
TOTAL CHOLESTEROL	4.62 mmol/L	< 5.18 mmol/L
HDL	1.04 mmol/L	>1.5 mmol/L
TRIGLYCERIDES	1.16 mmol/L	Desirable : <2.083 mmol/L Boderline high : 2.83 - 5.67 mmol/L Hypertriglyceridemia >5.65 mmol/L
LDL	3.09 mmol/L	< 2.6 mmol/L
VLDL	0.53 mmol/L	0.128-0 645mmol/L

Verified By:

10589
Lab Technologist
MOH License No: 17976
Electronically signed at: 8/31/2023 12:18:00

Approved By:

DR ROSE MARY
Specialist Pathologist
MOH License No: 18178
Electronically signed at: 31/08/2023 12:32:00

مستشفى ان ام سي التخصصي
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www.nmcoman.com

DEPARTMENT OF LABORATORY MEDICINE

File No:	50106165	**Report No:**	0096487		
Name:	SARFRAZ MUHAMMAD AHMED BASHIR	**Sample Date:**	31/08/2023	**Time:**	9:27
		Received By:			
Address:		**Received Date:**		**Time:**	
Gender:	M **Age:** 40 Y **Nationality:** PAKISTANI	**Report Date:**	31/08/2023	**Time:**	12:18
GSM No.:	9885893[illegible] **ID Card No.:** 88290144	**Bill No:**	02533[illegible]9	**Bill Date:**	31/08/2023
Ref. By:	DR ERFAN GHOODJANI	**Report Status:**	Final		

INVESTIGATION	RESULT	REFERENCE RANGE
FASTING BLOOD SUGAR	4.90 mmol/L	4.11 - 5.05 mmol/L
URINE ROUTINE		
URINE BIOCHEMISTRY		
URINE GLUCOSE	NEGATIVE	NEGATIVE
URINE PROTEIN	NEGATIVE	NEGATIVE
URINE KETONE	NEGATIVE	NEGATIVE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE
URINE PH	7.5	4.6-8.0
SPECIFIC GRAVITY	1.005	1.010-1.030
BLOOD	NEGATIVE	NEGATIVE
UROBILINOGEN	NORMAL	NORMAL
URINE MACROSCOPY		
COLOUR	PALE YELLOW	
APPEARANCE	CLEAR	
URINE MICROSCOPY		
RBC	NIL /hpf	0-3
PUSCELLS	0-2 /hpf	0-5
EPITHELIAL CELLS	0-1 /hpf	NIL
CRYSTAL	NIL /hpf	NIL
CAST	NIL /hpf	NIL
BACTERIA	NIL	NIL
MUCOUS THREAD	NIL	NIL

Verified By:

10589
Lab Technologist
MOH License No: 17976
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Approved By:

DR ROSE MARY
Specialist Pathologist
MOH License No: 18178
Electronically signed at: 31/08/2023 12:32:00

Printed at: 03/09/2023 11:26:56 AM

مستشفى إن إم سي التخصصي
nmc specialty hospital

NMC Healthcare L.L.C
[illegible]

Tone threshold audiometric test

31/08/2023 9:53:35 AM

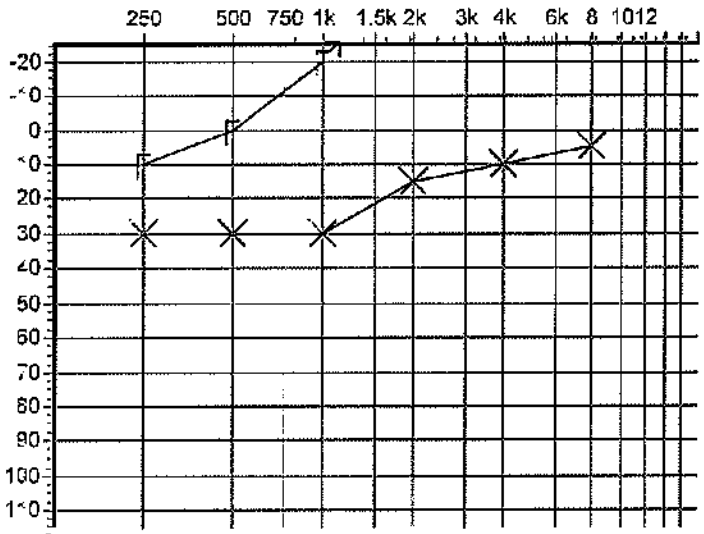
Name: **safaraz mohammed ahmed**
Surname: **bashir**

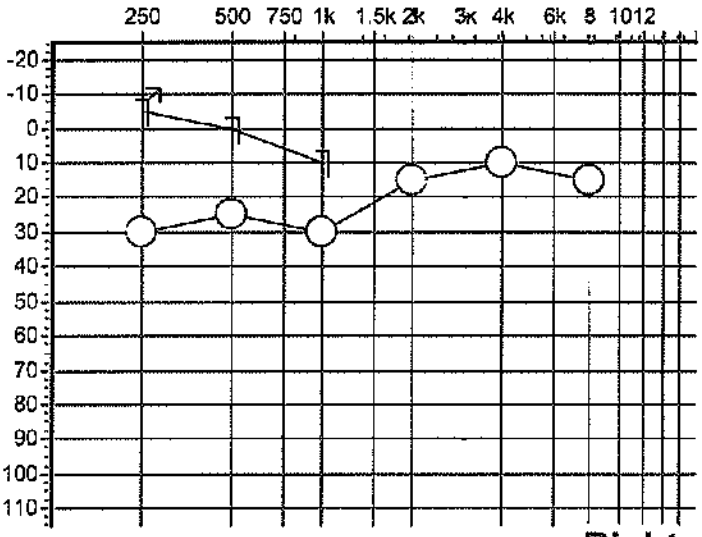
Date of birth: 1983/02/26
Age in years: 40

Company: DR SHIVAKUMAR
Department: CPD
Job title: audiometry
Number:

ID/SS number: 50106165
Passport no.:

Significance: **None**





Left **Right**

125250500 1k 2k 3k 4k 6k 8k | 9k 10k11.212.514k16k	Frequencies	125250500 1k 2k 3k 4k 6k 8k | 9k 10k11.212.514k16k
30 30 30 15 10 5	**Air thresholds**	30 25 30 15 10 15
-31 -34 -52 -33 -35 -39	Noise in ear canal	-16 -25 -27 -30 -34 -33
-30 -33 -29 -33 -24 -38	Noise for threshold-5dB	-16 -25 -9 -29 -31 -36
10 0 -20	**Bone thresholds**	**-5 0 10**
-31 -33 -30	Noise in ear canal	-16 -24 -24
-30 -32	Noise for threshold-5dB	-14 -22 -26
	Maximum masking	
ZA PLH	**Bone unmasked**	
Binaura impairment	Noise in ear canal	
	Noise for threshold-5dB	

Pure tone avg. (500 1k 2k)	Patient response statistics		Pure tone avg. (500 1k 2k)
25	n 91	Test re-test reliability (1st freq.) 0	23
	Mean 777	False positive response % 42	
	Standard deviation 446		

Audiogram notes:

safaraz mohammed ahmed bashir

fatma alzdajali NMC AL HAIL 1073

KUDUwave

Capturer of data version number: 2.12.12.0
Report software version: 2.4.3.0
Report generated on: 31/08/2023 10:03:58 AM
Unique Global Patient Number: 0FB3E25050EA4E37BE1FE3E48E998E5F

Last calibration date: 20/10/2017
KUDUwave serial number: 0901-00572
Bone vibrator serial number: A39527
Sound booth: SANS 10182 Diagnostic
Type of audiometer: Near Type
Test protocol:

Vitalograph

Pulmonary Function Report

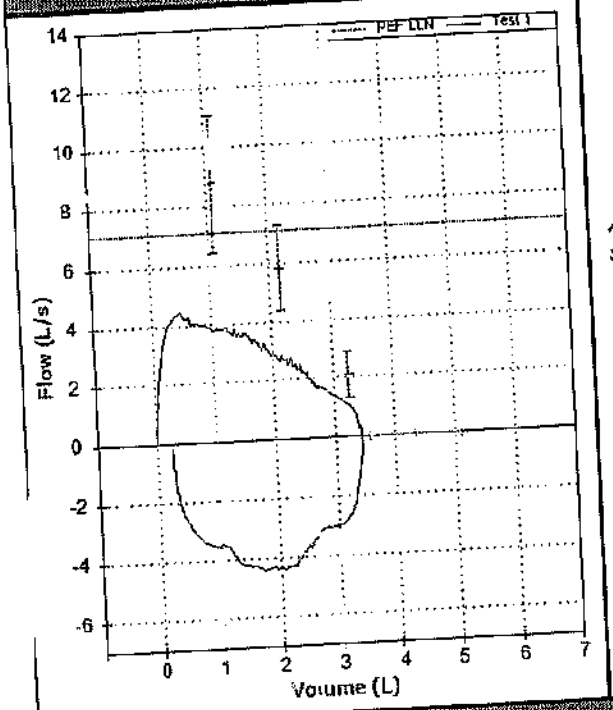
Subject Information

ID:	2023243_100456131	Alternate ID:	50106156	Middle Name:	Mohammed
Last Name:	Bashir	First Name:	Sarfraz	Date of Birth:	26/02/1983
Population:	MIDDLE EAST	Gender:	Male	Weight:	57.5 kg
Age:	40	Height:	167 cm		
BMI:	20.6	Smoking:	Smoker		

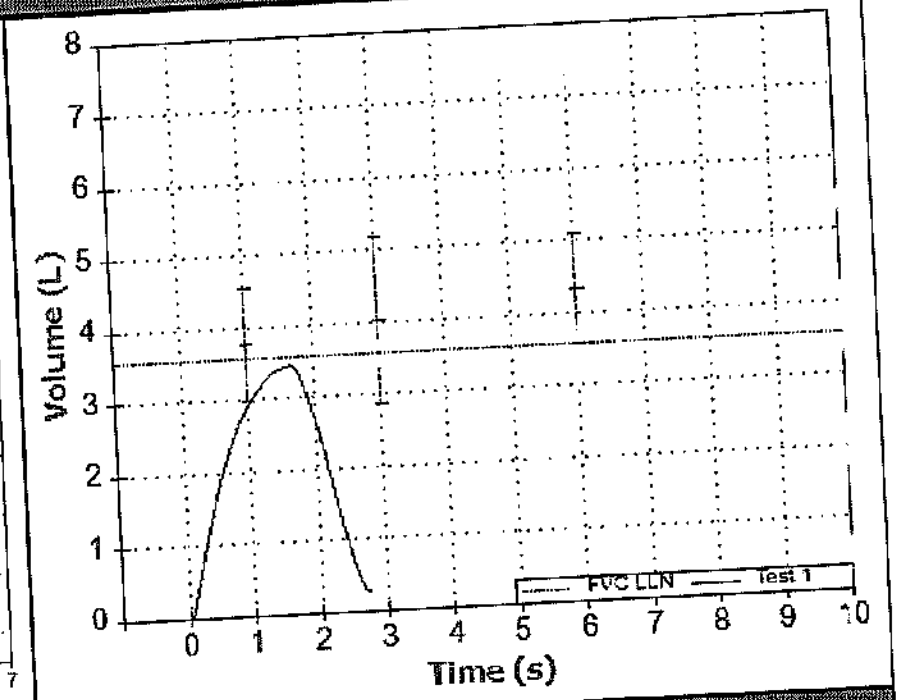
Test Session Information

Test Date:	31/08/2023 10:08	Device:	ALPHA Touch	Serial Number:	32165
No. of Tests:	4	Accuracy Chk:	30/05/2019 15:42	User:	Administrator
Pred. Values:	Golshan	Pred. Factor:	100%	Posture:	Sitting

Flow/Volume Graph



Volume/Time Graph



Results

Parameter	Pred	LLN	Best	% Pred.	Z-Score
FVC (L)	4.34	3.58	3.45*	79	-1.92
FEV1 (L)	3.76	2.97	2.99	80	-1.60
FEV1 Ratio	0.80	0.68	0.87	109	0.96
PEF (L/min)	591	425	265*	45	-3.22
FEF25-75 (L/s)	4.73	3.68	3.10*	66	-2.55

Values at BTPS ,*Below lower limit of normality (LLN)

Session Quality and Repeatability Information

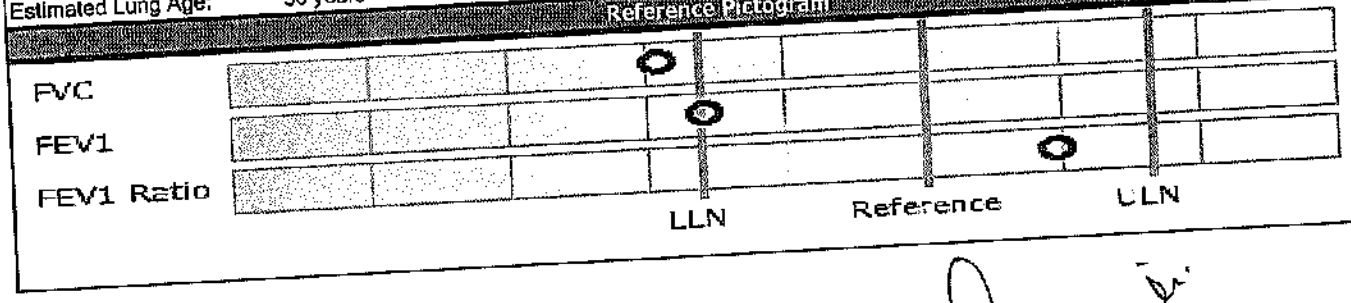
FVC Session Grade	FVC Rep:	FEV1 Rep:	Slow Start of test	End of test criteria not achieved	Cough detected in 1st second
D	-	-	0 blow(s)	1 blow(s)	0 blow(s)

Computer Suggested Interpretation

Computer interpretations cannot be relied upon for diagnosis. Mild restriction.

Estimated Lung Age: 56 years

Reference Pictogram



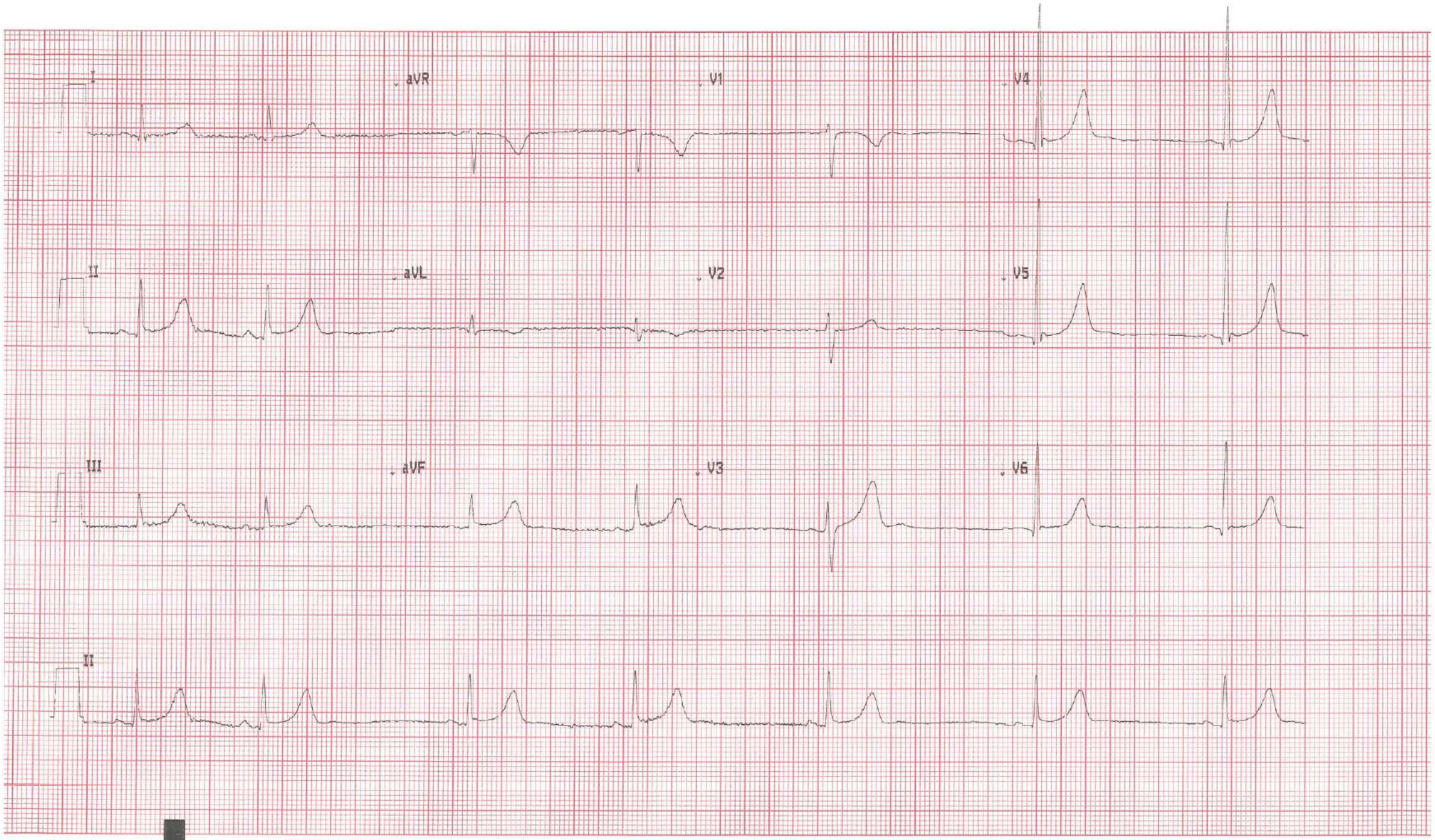
Fatma Al-Zadjali

ID: 50106165
DOB:
10yr, Male

Vent rate:	40 BPM
PR int:	144 ms
QRS dur:	92 ms
QT/QTc:	508/439 ms
P-R-T axes:	50 57 70

SINUS BRADYCARDIA WITH OCCASIONAL SUPRAVENTRICULAR PREMATURE COMPLEXES
VOLTAGE CRITERIA FOR LVH (MEETS CRITERIA IN ONE OF: R(aVL), S(V1), R(V5), R(V5/V6)+S(V1))
ABNORMAL ECG

UNCONFIRMED REPORT



119210000838 No Site Name Site # 0 Cart # 0 Version 2.1.0.5 Sequence #05235 25mm/s 10mm/mV 0.05-40 Hz 7N720

nmc specialty hospital,al-hail

P.O BOX : 613, Postal Code : 133
al-hail
24269222

Fitness Certificate

Empno: *7015*
Date of issue : *31/08/2023*

Ref No : *0000025/FIT/NMC/2023*

This is to certify that Mr. / Mrs. *SARFRAZ MUHAMMAD AHMED BASHIR* with file no *50106165* and Resident card no. *88290144* was *Treated* at *nmc specialty hospital,al-hail* on *31/08/2023* and will be *FIT TO WORK* from the medical point of view starting from *31/08/2023*

DIAGNOSIS

Remarks
ECHOCARDIOGRAPHY : NORMAL LV AND RV SIZE NAD FUNCTION , NO VHD,,,,TMT: LOW RISK FOR ISCHEMIA

DR ERFAN GHOODJANI

Place: *nmc specialty hospital,al-hail*

(Hospital Seal)

Signature

DR ERFAN GHOODJANI
Specialist - Cardiology
MOH Lic. No. 21459
nmc specialty hospital, Al Ghoubra

Cardiac report: Short

GE Healthcare Hospital
Ultrasound Laboratory

Name **AHMED BASHIR, SARFRAZ**
Patient Id **50106165**
Age **40 years**
Birthdate **26/02/1983**
Height **167.0 cm**
Weight **87.0 kg**
Gender **Male**
Date **31/08/2023**
Diagn.Phys.
Counter
Tape
BSA **1.96 m²**
BP
Site Name **NMC HOSPITAL AL HAIL**

Image 1

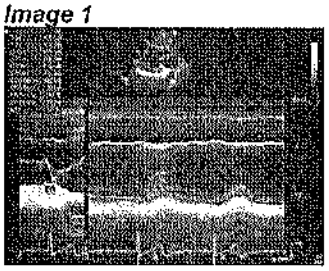


Image 2

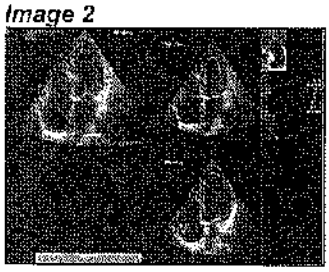


Image 3

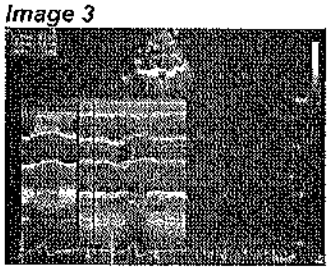
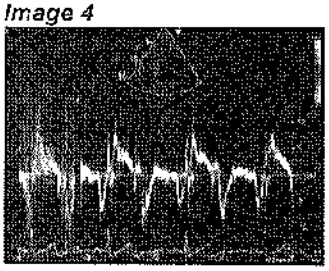


Image 4



2-D		M-Mode		Doppler
HR_4Ch_Q	46 bpm	IVSd	0.7 cm	
LVVED_4Ch_Q	83 ml	LVIDd	5.5 cm	
LVVES_4Ch_Q	33 ml	LVPWd	0.5 cm	
LVEF_4Ch_Q	60 %	IVSs	1.2 cm	
LVSV_4Ch_Q	50 ml	LVIDs	3.5 cm	
LVCO_4Ch_Q	2.3 l/min	LVPWs	1.2 cm	
LVLs_4Ch_Q	6.5 cm	EDV(Teich)	146 ml	
LVLd_4Ch_Q	8.4 cm	ESV(Teich)	49 ml	
		EF(Teich)	66 %	
		%FS	37 %	
		SV(Teich)	97 ml	
		Ao Diam	2.2 cm	
		LA Diam	3.5 cm	
		LA/Ao	1.63	

Referral Reason

Diagnosis

Print Date: 31/08/2023

Findings

ECG rhythm: Sinus rhythm. Resting bradycardia (HR<60bpm).

Study quality: This was a technically good study.

Left Ventricle: The left ventricular size is normal. Left ventricular wall thickness is normal. There is normal global left ventricular contractility. Overall left ventricular systolic function is normal with, an EF between 55 - 60 %. The diastolic filling pattern is normal for the age of the patient.

Right Ventricle: The right ventricle is normal in size and function.

Left Atrium: The left atrium is normal in size.

Right Atrium: The right atrium is normal in size and function.

Aortic Valve: The aortic valve is trileaflet, and appears structurally normal. No aortic stenosis or regurgitation.

Mitral Valve: There is trace mitral regurgitation.

Tricuspid Valve: Trace tricuspid regurgitation present. There is no evidence of pulmonary hypertension.

Pulmonic Valve: Trace/mild (physiologic) pulmonic regurgitation.

Aorta: The aortic root size is normal.

Pericardium: There is no pericardial effusion.

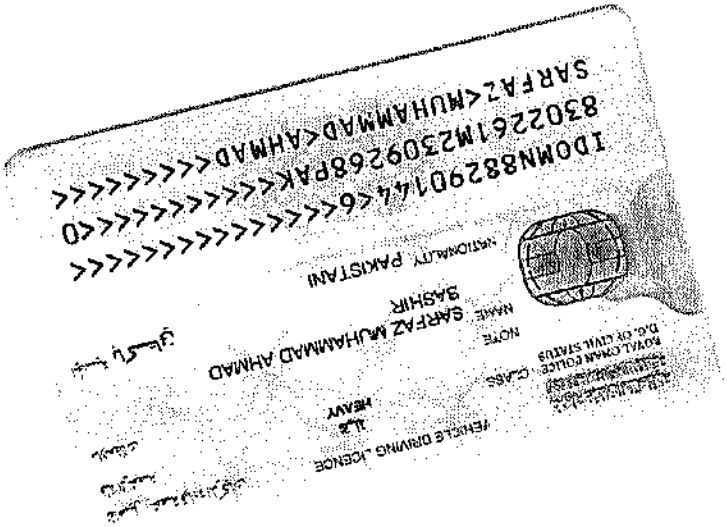
Conclusions

Comments

Date

physician)


SULTANATE OF OMAN
RESIDENT CARD
CIVIL NUMBER
EXPIRY DATE
DATE OF BIRTH
88290144
28/09/2023
25/02/1983
PAKISTAN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