

Medical Fitness Certificate

Name of the Examined employee: MUHAMMAD NAEEM KHAN

Age: 36

ID NUMBER:

Job Title:

Date of Medical Examination: 16.08.2021

Examining Physician:

Medical Centre: APOLLO HOSPITAL MUSCAT

Company:

Assessment Result:**Fit to work without restrictions**

This Certificate is valid for 2 years from the date of medical examination

Fitness Classifications:

- Fit to work without restrictions
- Fit to work with restriction
- Unfit to work Temporarily or Definitely

Restrictions List:

- R1: Unfit to work offshore, on marine vessels and in remote locations.
R2: Unfit for Lifting and strenuous efforts.
R3: Unfit to work in certain countries, check with geomarkethealth advisor.
R4: Unfit to work in jobs requiring precise color vision.
R5: Unfit to work in job with high level of noise.
R6: Unfit to work in high risk of malaria countries.
R7: Unfit to work in extreme heat.
R8: Unfit to work in extreme cold.
R9: Contact Geomarket health advisor/international medical coordinator – there exist specific restriction.
R10: Unfit to work for a temporarily of time until further notice.
R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
R13: Unfit to drive company vehicle.
R14: Unfit to fly long haul flights.
R15: Unfit to work in heights and confined spaces.

Examining Physician Stamp and signature



CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med-check History Form		Name:	MUHAMMAD NAEEM KHAN		
		GIN #			
Place of examination AHM	Date 16-8-2021	Mobile #			
Age: 36	Nationality: PAKISTANI	Blood Group			
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated /Divorced	Number of children: 2			
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
	Y	N		Y	N
1. Sinus trouble		/	21. Cancer		/
2. Neck swelling/glands		/	22. Heart Disease		/
3. Difficulty in vision		/	23. Rheumatic fever		/
4. Any ear discharge		/	24. Abnormal heartbeat		/
5. Asthma/bronchitis		/	25. High blood pressure		/
6. Hayfever /other significant allergy		/	26. Stroke		/
7. Any skin trouble		/	27. Serious chest pain		/
8. Tuberculosis		/	28. Any blood disease		/
9. Shortness of breath		/	29. Kidney disease		/
10. Coughed/vomited blood		/	30. Blood in urine		/
11. Severe abdominal pain		/	31. Diabetes		/
12. Stomach ulcer		/	32. Headaches/migraine		/
13. Recurrent indigestion		/	33. Dizziness/fainting		/
14. Jaundice or hepatitis		/	34. Epilepsy		/
15. Gall Bladder disease		/	35. Joints/spinal trouble		/
16. Marked change in bowel habits		/	36. Surgical operation		/
17. Blood in stools (motions)		/	37. Serious accident/fracture		/
18. Marked change in weight		/	38. Tropical disease		/
19. Varicose veins		/	39. Fear of heights		/
20. Lump in breast/armpit		/			
How much tobacco each day?		Average daily alcohol consumption			
Have you ever taken illicit drugs? ()					
FAMILY HISTORY: Diabetes (/) Tuberculosis (/) Epilepsy (/) Asthma (/) Eczema (/) Heart disease (/) High blood pressure (/) Stroke (/) Blood Disease (/) Cancer (/)					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:- I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company's Doctors, and the details sent to them by the examining Doctor.					
Date: 16-8-2021					
Signature of Applicant: 					

PHYSICAL EXAMINATION IF ABNORMAL, PLEASE DETAIL

Visual Fields:		Color Vision:	N
Speech:		Whisper test:	
Near Vision Right eye:	N/6	Near Vision Left eye:	N/6
Distant Vision Left eye:	6/6	Distant Vision Right eye:	6/6
Height: 180	Weight: 100	BMI: 30.9	BP: 170/100 130/90 Pulse: 70 bpm
Body System/Organ	N	A	Abnormality if any
Eyes and pupils	/		
Ear/nose/throat	/		
Teeth and mouth	/		
Lungs and chest	/		
Cardiovascular	/		
Abdomen	/		
Hernial orifices	/		
Anus and rectum	/		
Genito-urinary	/		
Extremities	/		
Musculoskeletal	/		
Skin/varicose veins	/		
Neurological	/		
Mental fitness	/		
Breast			

TO BE COMPLETED BY THE EXAMINING PHYSICIAN

Name: <u>Mahammad Wacem Khan</u>	Age: <u>36</u>	Sex: <u>M</u>	Company	GIN
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Past Medical History:	Blood Group
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Allergies:			
Vaccination	Date of Initial Injection	Booster Due Date	
Hepatitis A;			
Hepatitis B;			
Typhoid Fever			
Influenza			

Tests Results	
Audiogram:	<u>Normal</u>
DSU 5 Panel	<u>Negative</u>

ECG:	<u>WNL</u>
Chest X-Ray	<u>WNL</u>

Blood Investigations:					
RBCs:	<u>5.62</u>	4.20-5.30 X10 ⁶ /UL	SGOT	<u>23.30</u>	Male: 10-50 Female: 10-35 U/L
WBCs	<u>11.03</u>	4.0-11.0 X10 ³ /UL	SGPT	<u>41.10</u>	Male: Up to 41 Female: 10-35 U/L
NEUTRO	<u>43.60</u>	37-72%	GGT	<u>21.00</u>	0-50 U/L
EOSINO	<u>6.80</u>	0-6%	FBS:	<u>101</u>	60-110 mg/dl
BASO	<u>0.30</u>	0-1%	CHOLESTEROL:	<u>242.60</u>	Up to 200 mg/dl
LYMPHO	<u>43.20</u>	10-38%	HDL	<u>40.20</u>	20-60 mg/dl
MONO	<u>6.10</u>	0-14%	LDL	<u>123.96</u>	Up to 130 mg/dl
HEMATOCRIT	<u>48.50</u>	37-51%	TRIGLYCERIDES	<u>392.20</u>	35-175 mg/dl
HEMOGLOBIN	<u>16.20</u>	Male: 13.5-15.0 Female: 11.5-15.0 g/dl	CREATININE	<u>0.85</u>	Male: 0.7-1.2 mg/dl Female: 0.5-0.9 mg/dl
ESR	<u>04</u>	Male: 0-10 mm/hr Female: 0-20 mm/hr	URIC ACID	<u>Sickle - Negative</u>	Male: 3.6-7.7 mg/dl Female: 2.6-6.0 mg/dl

Urine Analysis			
Blood	<u>Negative</u>	Sugar	<u>Negative</u>
Albumin	<u>Negative</u>	Others	<u>Negative</u>

Stool Analysis	
Parasites	<u>Nil</u>
Blood:	<u>Nil</u>

Comments	<u>Hypertension - Controlled (130/90 mmHg)</u> <u>Hyperlipidemia - Advised diet control Benazepril / Ezetimibe / Statins</u>
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Examining Physician:

Dr. Dilip Singhvi
MBBS, MD, FRCP (UK)
Specialist in Internal Medicine
MRCGP, MRCP (UK), MRCP (UK)
Apollo Hospital Muscat

Schlumberger-Private



DEPARTMENT OF LABORATORY SERVICES

File No: 0351338
Name: MUHAMMAD NAEEM KHAN
Address:
Gender: M **Age:** 36 Y **Nationality:** PAKISTANI
GSM No.: 96157438 **ID Card No.:** 77825596
Doctor: DR.REHMAT SOLANKI

Report No:	0476068		
Sample Date:	16/08/2021	Time:	11:25
Received Date:	16/08/2021	Time:	11:25
Report Date:	16/08/2021	Time:	12:39
Bill No:	1003513	Bill Date:	16/08/2021
Company:	TRUCK OMAN LLC		

INVESTIGATION	RESULT	REFERENCE RANGE
TRUCK OMAN PRE-EMPLOYMENT CHECK UP		
Fasting Blood Glucose	101 mg/dL	ADA Guidelines Normal <100 mg/dl Pre Diabetes 100-125 mg/dl Diabetes >126 mg/dl
ESR	04 mm/hr	Male : 0-10 mm/hour Female: 0-20 mm/hour
S.Creatinine	0.85 mg/dL	Male : 0.7 - 1.2 mg/dl Female : 0.5 - 0.9 mg/dl
Sickle cells (Screen)	Negative	
CBC		
WBC COUNT	11.03 $10^3/\mu\text{L}$	4.0-11.0 $\times 10^3/\text{mm}^3$
RBC	5.62 $10^6/\mu\text{L}$	4.20 - 6.30 $10^6/\mu\text{L}$
HGB	16.20 g/dl	male 13.5 -18.0 g/dl female 11.5 -16.0 g/dl
HCT	48.50 %	37.0 - 51.0 %
MCV	86.30 fL	80.0 - 97.0 fL
MCH	28.80 pg	26.0 - 32.0 pg
MCHC	33.40 g/dL	31.0 - 36.0 g/dL
RDW	13.10 %	11.0 - 14.5 %
NEUT#	4.82 $10^3/\mu\text{L}$	1.50 - 7.00 $10^3/\mu\text{L}$
LYMPH#	4.76 $10^3/\mu\text{L}$	0.60 - 4.10 $10^3/\mu\text{L}$
MONO#	0.67 $10^3/\mu\text{L}$	0.00 - 0.70 $10^3/\mu\text{L}$
EOS#	0.75 $10^3/\mu\text{L}$	0.00 - 0.40 $10^3/\mu\text{L}$
BASO#	0.03 $10^3/\mu\text{L}$	0.00 - 0.10 $10^3/\mu\text{L}$

Reported By:

Verified By:

8.10

SOURMYA

Lab Technologist

Lab Technologist

Markman

Dr. Muhammad Azhar Imam
Specialist Pathologist

MOH License No.

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DEPARTMENT OF LABORATORY SERVICES

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Address:
Gender: M **Age:** 36 Y **Nationality:** PAKISTANI
GSM No.: 96157438 **ID Card No.:** 77825596
Doctor: DR.REHMAT SOLANKI

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Bill No: 1003513 **Bill Date:** 16/08/2021
Company: TRUCK OMAN LLC

INVESTIGATION	RESULT	REFERENCE RANGE
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HDL - CHOL	40.20 mg/dl	>45 mg/dl
LDL - CHOL	123.96 mg/dl	<100 mg/dl
Total Chol/HDL Chol ratio	6.03	Desirable < 4

URINE DRUG SCREEN

Amphetamine (AMP)	Negative	Negative
Barbiturates (BAR)	Negative	Negative
Cocaine (COC)	Negative	Negative
Morphine (MOR)	Negative	Negative
Marijuana (THC)	Negative	Negative

URINE ROUTINE ANALYSIS

PHYSICAL

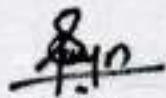
Quantity	30 ml
Colour	Pale yellow
Sp. Gravity	1.020
pH	Acidic
Appearance	Clear

CHEMICAL

Glucose	Negative
Protein	Negative
Ketones	Negative
Blood	Negative
Bilirubin	Negative
Urobilinogen	Normal
Nitrite	Negative

Reported By:

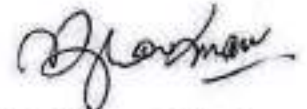
Verified By:



SOUMYA

Lab Technologist

Lab Technologist



Dr.Muhammad Azhar Imam
Specialist Pathologist

MOH License No:

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Address:
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GSM No.: 98157438 **ID Card No.:** 77825596
Doctor: DR.REHMAT SOLANKI

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Company:	TRUCK OMAN LLC		

INVESTIGATION	RESULT	REFERENCE RANGE
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MICROSCOPIC

Pus Cell	2 - 3 Cells/hpf
RBC	NIL
Epithelial Cells	Few cells/hpf
Casts	NIL
Crystals	NIL
Others	NIL

STOOL ROUTINE ANALYSIS

PHYSICAL

Colour	Brownish
Consistency	Soft
Reaction	Alkaline

MICROSCOPIC

Ova:	NIL
Cyst:	NIL
Pus Cells:	0-1 Cells/hpf
RBCs	Nil Cells/hpf
Others	Nil

Reported By:

Verified By:

SOURMYA

Lab Technologist

MOH License No.

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Harman

Dr. Muhammad Azhar Imam
Specialist Pathologist

Id: 351338

Name: Muhammad

Male --- (---) Unknown

Height: 0 cm Weight: 0 kg BP: 0/0 mmHg

Med.:

Tech:

Note:

16/08/2021 12:36:08

HR: 64 bpm

PR: 186 ms

QRS: 90 ms

QT/QTcH: 426/433 ms

QTcB: 440 ms

QTcF: 435 ms

Rv5-v6: 1.68/1.49 mV

Sokolow-Lyon: 3.17 mV

Axis: 9/29/26°



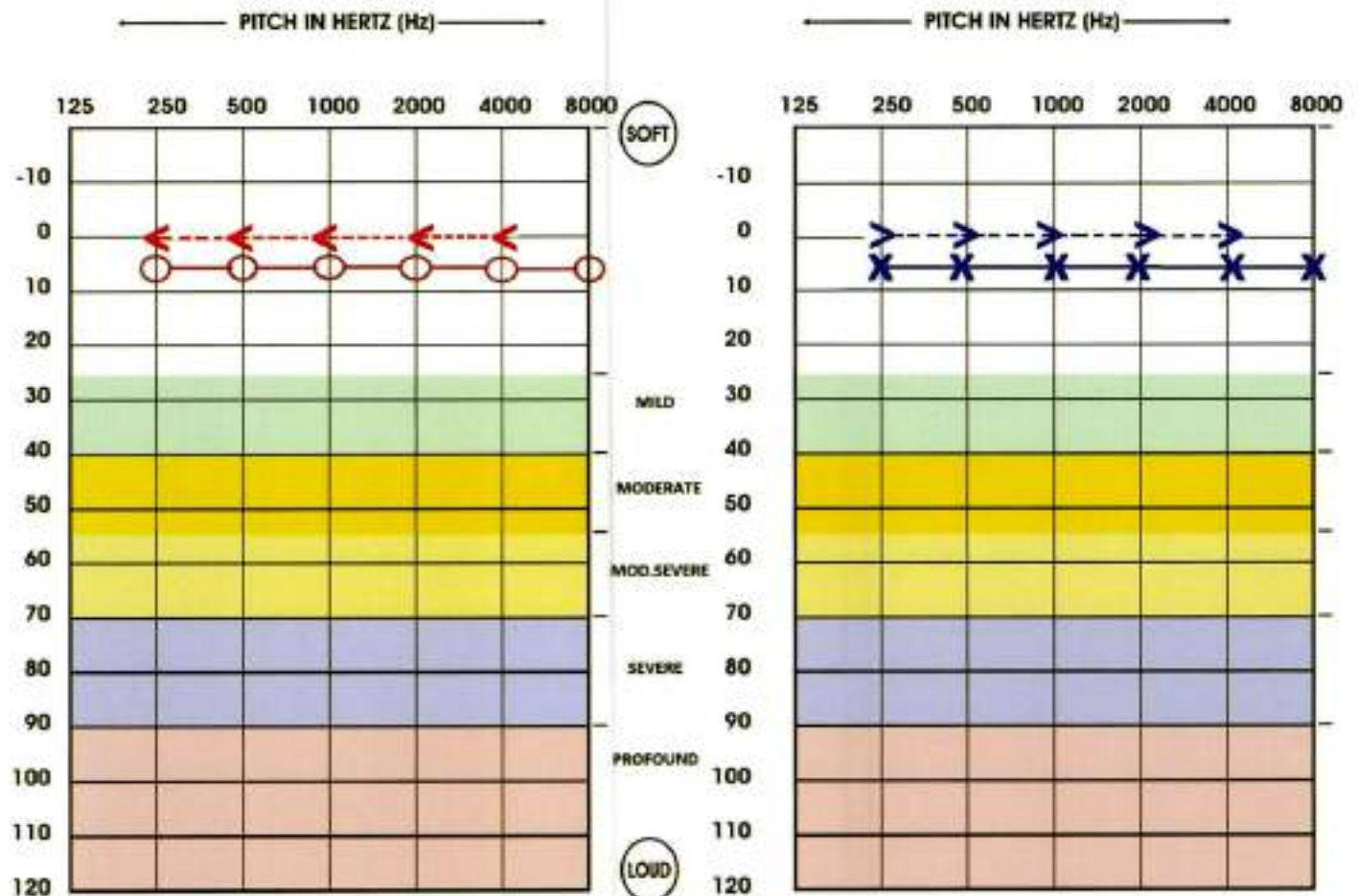
AUDIOGRAM EXAMINATION SHEET

FILE NO: 0351338 BILL NO: DATE: 16/8/2021

NAME: MUHAMMAD NAJEM AGE / SEX: 36/M

COMPANY: TRUCK OMAN DOB:

CONSULTANT (REF):



WEBER					

						SPECIAL TESTS			
dBHL	PTA	SRT	SIS(%)	MCL	UCL	SISI	TDT	MLB/BLB	OAE
RIGHT									
LEFT									

INTERPRETATION :

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

RECOMMENDATION :



SIRRO SOMAN
AUDIOLOGIST
MOH Licence No. 15998
Apollo Hospital Muscat

AUDIOLOGIST

NAME	: MUHAMMAD NAEEM KHAN	AGE	: 36 Y(01/02/1985)
GENDER	: Male	PATIENT ID	: 351338
COMPANY	: TRUCK OMAN LLC (Credit)	DATE	: 16/08/2021 16:23 PM
CONSULTANT	: DR.REHMAT SOLANKI	BILL NO	: 1003513
BILL DATE	: 16/08/2021		
TEST NAME	: CHEST PA		

RADIOGRAPH CHEST PA VIEW**CLINICAL DATA:****OBSERVATION :**

Trachea appears to be in mid line.

Bilateral lung fields appear clear. No mass lesion or opacification.

Bilateral costophrenic and cardiophrenic angles appear normal.

Bilateral hilum appears symmetrical and normal in size.

Cardiac silhouette appears within normal limits.

Bony thoracic appears normal.

No Soft tissue mass or calcification can be seen

IMPRESSION:

Unremarkable chest radiograph

Please correlate clinically & other investigation.

Please note: This is a imaging study and has its own limitations. This is a opinion based on image interpretation and it is not a diagnose on itself. Impression should be considered as professional opinion it correlated with clinical evidence, reconfirmed by further investigations and relevant data as indicated. If possible the findings should be reconfirmed on higher resolution imaging, special sections and sequences and with other modalities.

DR. WASSAN A KHUDHAIR AL SAEDI

Dr. WASSAN ABUL REHMAN
SPECIALIST - RADIOLOGIST
MOH Licence No.: 14883
Apollo Hospital Muscat

<http://apollosrv/Radiology/DiagnosisReport.aspx?action=ViewVisitSummary&flg=0&vis...> 17/08/2021

س.ت: ١٧٩٢٤١٧، ص.ب: ١٠٩٧، الخيرية الرمز البريدي: ١٣١، سلطنة عمان، هاتف: ٢٤٧٨٧٧١١ (+٩٦٨) فاكس: ٢٤٧٠٠٠٩٣ (+٩٦٨) البريد الإلكتروني: info@apollomuscat.com
C.R. No.: 1792547, P.O. Box : 1097, Al Hamriya, P.C.:131, Sultanate of Oman, Tel. (+968) 24787786 (5 Lines), Fax : (+968) 24700063, E-mail : info@apollomuscat.com

رقم التسجيل الطبي: ١٠٠٠٣٦١٠٠ OM VATIN

رقم بطاقة الضريبة: 6251325 Tax Card No.: