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Appendix 33: EX2 Form (Routine/Periodic Medical Examination)
ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Ref: 19/027	Reg.Dt: 19/04/2023	Issued Development Oman DIGAL DEPARTMENT	Surname/ Forenames: MOHAMMED HUMAID AL GHANAI
Name: MOHAMMED HUMAID MOHAMMED HUMAID AL GHANAI		PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS	Nationality: OMANI D.O.B: 02/04/1977
Mobile No. 99446260	Address: 5576932	Company Number:	Reference Indicator:
Personal Details			
A ☒ Male ☐ Female		☒ Married ☐ Single ☐ Separated /Divorced /Widow(er)	
Home/Leave Address:		Relationship to employee ☐ Wife ☐ Son ☐ Daughter	No of Children:
Reason for Examination (tick as appropriate)			
Periodic Medical Examination ☒ Final / Retirement ☐ Other Reason: ☐			
Employee only			
B Present Job and Location: HEAVY DRIVER		Next Job and Location:	
Are you a registered person with special needs? ☐		Do you belong to any Medical Insurance Scheme? ☐	
Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.			
Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' please describe			
	N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?	✓		
1 Ear, nose, eye or throat problems	✓		
2 Chest problems like asthma, bronchitis, another bad cough	✓		
3 Heart abnormality, chest pains	✓		
4 Abdominal pains, abnormal bowel motions	✓		
5 Urogenital problems (kidney disease, menstrual disorder)	✓		
6 Skin trouble or allergies	✓		
7 Epileptic fits, dizzy spells or migraine	✓		
8 History of mental illness, depression anxiety	✓		
9 Diabetes, thyroid disease, history of Hypertension	✓		
10 Blood disorder e.g. anaemia, blood cancer e.g. leukaemia	✓		
11 Any history of accidents or fractures	✓		
12 Have you had any serious allergies	✓		
13 Do any dependants have a significant ongoing illness?	✓		
14 Any family history of cancers	✓		
Do you take any regular medicines, or have you taken in the past?	✓		
Do you smoke? If yes, what and how much each day?	✓		
Do you drink alcohol? If yes, what is your average weekly intake?	✓		
Have you ever taken illicit/recreational drugs?	✓		
Are you doing regular sports or physical activities?	✓		
STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. . I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review.			
Date: 19/06/2023		Signature of Applicant: 	





Appendix 33: EX2 Form (Routine/Periodic Medical Examination)
ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Anormal (please describe)

PHYSICAL EXAMINATION

N	A	
✓		1. Eyes & Pupils
✓		2. E.N.T.
✓		3. Teeth & Mouth
✓		4. Lungs & Chest
✓		5. Cardiovascular System
✓		6. Abdo, Viscera
✓		7. Hernial Orifices
✓		8. Anus & Rectum
✓		9. Genito-urinary
✓		10. Extremities
✓		11. Musculo-skeletal
✓		12. Skin & Varicose Vns.
✓		13. C.N.S.

Diabetic Retinopathy not affecting vision

APPENDICECTOMY ON 2007
RIGHT HERNIOPHILY ON 2007

HEIGHT
cm

160

WEIGHT
kg

65

BMI

25.3

B.P.

120/80

mmHg

PULSE

94/min.

HEARING

L N
R N

VISION

DISTANT

NEAR

Uncorrected
Corrected

R L

R L

Color Vision

✓ Normal
2. Abnormal

N

A

LABORATORY AND OTHER
SPECIAL INVESTIGATIONS

N

A

1. Urinalysis
2. Hb, Blood count, ESR
3. LFT, RFT, RBS
4. Drug Screen
5. Lipids (40 years +)
6. Sickle Cell test

7. Audiogram
8. Lung Function
9. Chest X-Ray
10. ECG
11. CVS risk for 40 yrs. & above
12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Diagnosed with Diabetes and Hyperlipidaemia not Comply Regular taking her medication regularly, Uncontrolled Diabetes with retinopathy eye complication not affecting vision. Advise Diet control - comply to Medication & check HbA1c - lipid profile 4 months.

ASSESSMENT AND RECOMMENDATIONS:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 17.11.2023 Name (Block Capitals): Dr. J Nurse



Signature:

[Signature]

REVIEW/CONSULTATION

Date:

Name (Block Capitals): Dr. J Nurse

Signature:





مركز بلاد السلام الطبي Peace Land Medical Center

Epworth Screening Questionnaire for Sleep Apnoea		
NAME: MOHAMMED HUMAID AL GHAWI	COMPANY: TRUCKDRIVER	
ID No: 5576932	OCCUPATION: HEAVY DRIVER	
Mob.No: 99446268	GENDER: M / F	DATE: 19/06/2023
This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services Staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.		
How likely are you to fall asleep in the following situations? (Use 0 to 3 score as Shown below) 0 - Would never doze 1 - Slight chance of dozing 2 - Moderate chance of dozing 3 - High chance of dozing ☐ Sitting and reading ☐ Watching TV ☐ Sitting inactive in a public place (e.g. Theatre or meeting) ☐ As a Passenger in the car for an hour without a break ☐ Lying down to rest in the afternoon when circumstances permit ☐ Sitting & talking with someone ☐ Sitting quietly after lunch without alcohol ☐ In a car, while stopped for a few minutes in traffic Total: ☐ If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.		
Declaration: I MOHAMMED HUMAID AL GHAWI (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct. Signature:  Date: 19/06/2023		



ص.ب. ١١٠٣، الدور الرابع، ١٣٧ ميل القفص، مركز امراج السجويين
P.O. Box 1103, Poster Code: 133, Al Azaila Roundabout at Sahwa Tower, Suburbs of Oman
تلفون: 24617117 / 24617148 / 24617149 / 24617150 / 24617151 / 24617152 / 24617153 / 24617154 / 24617155 / 24617156 / 24617157 / 24617158 / 24617159 / 24617160 / 24617161 / 24617162 / 24617163 / 24617164 / 24617165 / 24617166 / 24617167 / 24617168 / 24617169 / 24617170 / 24617171 / 24617172 / 24617173 / 24617174 / 24617175 / 24617176 / 24617177 / 24617178 / 24617179 / 24617180 / 24617181 / 24617182 / 24617183 / 24617184 / 24617185 / 24617186 / 24617187 / 24617188 / 24617189 / 24617190 / 24617191 / 24617192 / 24617193 / 24617194 / 24617195 / 24617196 / 24617197 / 24617198 / 24617199 / 24617200 / 24617201 / 24617202 / 24617203 / 24617204 / 24617205 / 24617206 / 24617207 / 24617208 / 24617209 / 24617210 / 24617211 / 24617212 / 24617213 / 24617214 / 24617215 / 24617216 / 24617217 / 24617218 / 24617219 / 24617220 / 24617221 / 24617222 / 24617223 / 24617224 / 24617225 / 24617226 / 24617227 / 24617228 / 24617229 / 24617230 / 24617231 / 24617232 / 24617233 / 24617234 / 24617235 / 24617236 / 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Peace Land Medical Service LLC, Mukhaizna
CR No.: 2/13627/9, P.O.Box: 1403,
Postal Code: 133,
Occidental Camp Mukhaizna, Sultanate of Oman

PATIENT DETAILS :

Patient ID : 19327	Doc No : 5627
Name : MOHAMMED HUMAID MOHAMMED HUMAID AL GHAWI	Doc Date : 2023-06-19T16:30:00
Age : 48Y	Bill No : 24619
Gender : Male	Date : 19/06/2023 16:30 PM
Nationality : OMANI	Customer : TRUCKOMAN OIL & GAS SERVICES
GSM No : 99446260	Ref.by : SHAH FAISAL

TEST RESULT : OQ-001 OQ MEDICAL CHECKUP

Test	Result	Normal Range	Detailed Description
OQ MEDICAL CHECKUP			
URINE ROUTINE ANALYSIS			
Colour	Pale yellow		
Sp. Gravity	1.010		
pH	Acidic		
Appearance	Clear		
Nitrite	Negative		
Protein	Negative		
Glucose	(++)		
Ketones	Negative		
Urobilinogen	Normal		
Bilirubin	Negative		
Blood	Negative		
PUS CELLS	1-2		
EPITHELIAL CELLS	1-2		
RBC'S	1-2		
CASTS	NIL		
CRYSTALS	NIL		
BACTERIA	NIL		
OTHERS	NIL		
STOOL ROUTINE ANALYSIS			
Colour	Brownish		
Consistency	Soft		
Reaction	Alkaline		
Mucus	NIL		
MICROSCOPIC			
Ova:	NIL		
Cyst:	NIL		
Bacteria	NIL		
COMPLITE BLOOD COUNT			

Reported By:
AHMED ALHAG

Sr. Lab Technologist

Printed at: 19/06/2023 16:39:18



Verified By:

Specialist Pathologist:

Sr. Lab Technologist

Sr. Lab Technologist

Signed at: 19/06/2023 16:38:27

	Result	Normal Range	Detailed Description
RBC	6 Million/c	Male 4.5 - 6.0 million /cu Female 4.5 - 5.5 million/cu	
HAEMOGLOBIN	16.3 gm %	Male 13 - 18 gm % Female 11 - 15 gm %	
HCT	49 %	Male 42 - 52 % Female 37 - 47 %	
MCV	79 fl	76 - 96 fl	
MCH	26 pg	27 - 33 pg	
MCHC	33 %	32 - 36 %	
WBC COUNT	4600 cells/cumm	4000 - 11 000 cells / cu mm	
DIFFERENTIAL COUNT			
NEUTROPHIL	60 %	40-75 %	
LYMPHOCYTE	32 %	20-45 %	
EOSINOPHIL	4 %	1-6 %	
MONOCYTE	4 %	2-8%	
BASOPHIL	0 %	0-1%	
ESR	5	Male 0 - 22 mm / 1st hour Female 0 - 29 mm / 1st hour	
PLATATE	2.4 lakhs/cumm	1.5 - 3.5 lakhs / cu mm	
SICKLE CELL TEST	Negative		
BLOOD GROUP & Rh TYPING	"O" Positive		
LIPID PROFILE			
Total Cholesterol	237 mg/dl	Normal < 200 mg/dl Border line : 200 - 239 mg / dl High > 240 mg / dl	
Triglyceride	225 mg/dl	Normal < 200 mg/dl Border line 200 - 250 mg/dl High > 250 mg /dl	
HDL - CHOL	40 mg/dl	Low Risk > 50 mg/dl Normal Risk 35 - 50 mg/dl High Risk < 35 mg/dl	
LDL - CHOL	163 mg/dl	65 - 130 mg/dl	
FASTING BLOOD SUGAR	306 mg/dl	70 - 110 mg/dl	
LIVER FUCTION TEST			
ALKALINE PHOSPHATASE	92 u/l	44-147 U/ L	
T. BILIRUBIN	0.7 mg / dl	up to 2.0 mg/dl	
DIRECT BILIRUBIN	0.2 mg / dl	up to 0.4 mg /dl	
INDIRECT BILIRUBIN	0.5 mg / dl	up to 1.6 mg /dl	
S.G.O.T.	17 u/l	Male 0-50 u/l Female 0-41 u/l	
S.G.P.T.	31 u/l	Male 0-45 u/l Female 0-32 u/l	
T. PROTEIN	8 g /dl	New born 5.2 - 9.1 g /dl Children 5.4 - 8.7 g /dl Adult 6.7 - 8.7 g /dl	
ALBUMIN	4.3 g / dl	3.5 - 5.5 g/dl	
GGT	48 u / L	4 - 48 U/L	
RENAL FUNCTION TEST			
UREA	33 mg / dl	10-50 mg /dl	
S.CREATININE	0.9 mg / dl	0.7 - 1.2 mg /dl	
S.URIC ACID	8.5 mg / dl	3.4 - 7.2 mg /dl	



Test

Result

Normal Range

Detailed Description

URINE DRUG SCREEN	
OPIATE (URINE)	Negative
MORPHINE (URINE)	Negative
COCAINE (URINE)	Negative
AMPHETAMINE (URINE)	Negative
BENZODIAZEPINES (URINE)	Negative
PHENCYCLIDINE (URINE)	Negative
METHAMPHETAMINE (URINE)	Negative
TRAMADOL (URINE)	Negative
BARBITURATES (URINE)	Negative
TRICYCLIC ANTIDEPRESSANTS (URINE)	Negative
METHADONE (URINE)	Negative
ALCOHOL TEST	Negative

Remarks:



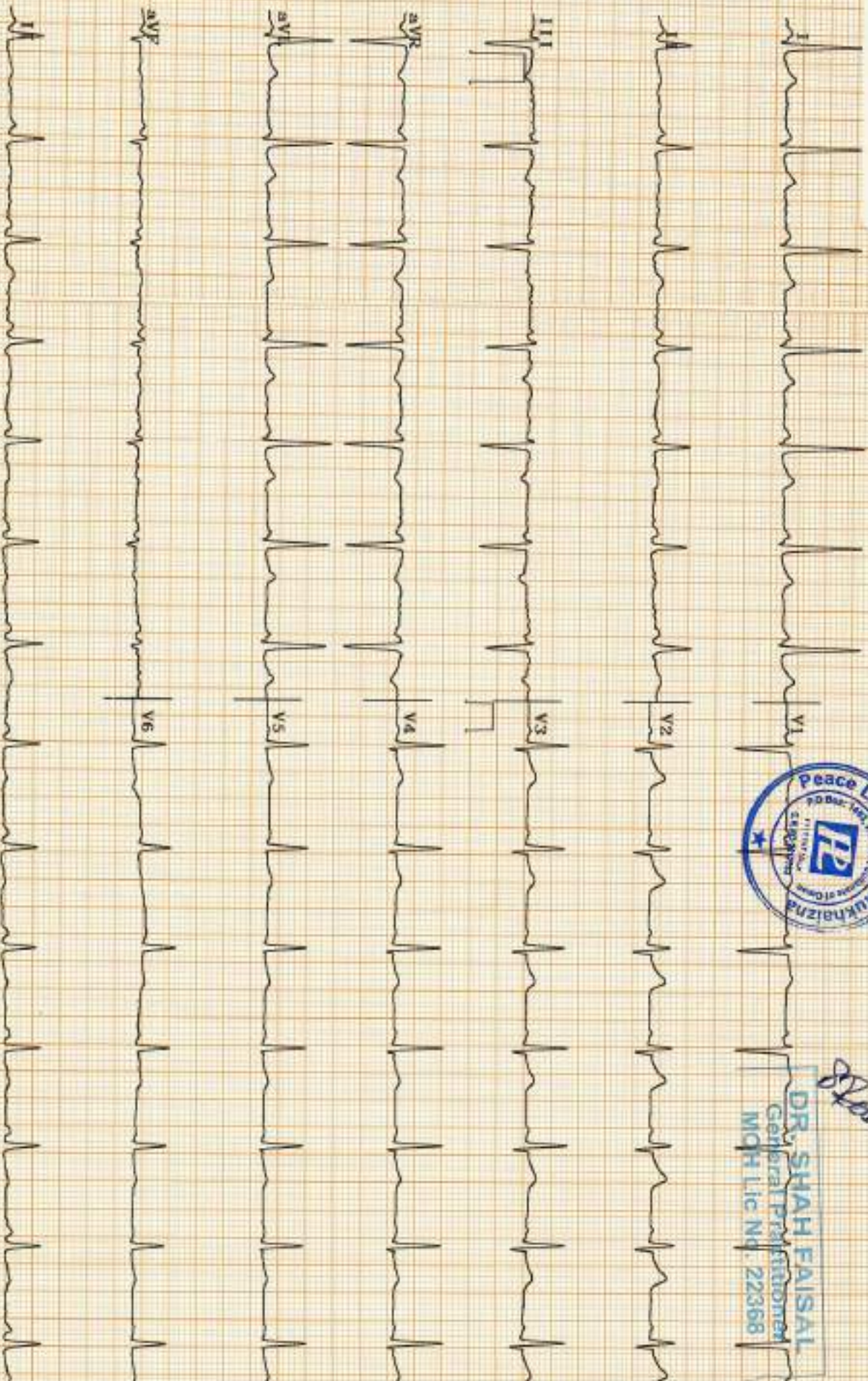
Ref: 19837 Reg: DR 19 06 2023
 MODIFIED STANDARD MONITOR
 120 V/50 Hz AC/100 W

Heart Rate: 82 bpm
 PR/RR Int.: 108/732 ms
 QRS Dur: 94 ms
 QT/QTc: 374/436 ms
 P-R-T axes: 48 -1 -4
 SV1/RV5/R+S: 1.83/1.43/3.26mV

Analysis Result: Normal Sinus Rhythm
 [Normal ECG]



DR. SHAH FAISAL
 General Practitioner
 MCH Lic No. 22368





بلاد السلام للخدمات الطبية ش.م.م.
Peace Land Medical Services L.L.C

PATIENT ID: 19327

Estimated 10-year Global CVD Risk

13.20%

Risk Category

High Risk

Estimated Vascular Age

60 Years

Treatment Guidelines

ATP-III (2004)

Treatment Targets

LDL <100 mg/dL (<2.59 mmol/L)

Non-HDL <130 mg/dL (<3.37 mmol/L)

CCS (2009)

Treatment Targets

LDL <2 mmol/L (<77 mg/dL) or ≥50 % decrease in LDL-C

apoB <0.8 g/L (80 mg/dL)

ESC (2007, see info for more)

Treatment Targets

LDL <2-2.5 mmol/L (<80-100 mg/dL)

TChol <4-4.5 mmol/L (<155-175 mg/dL)

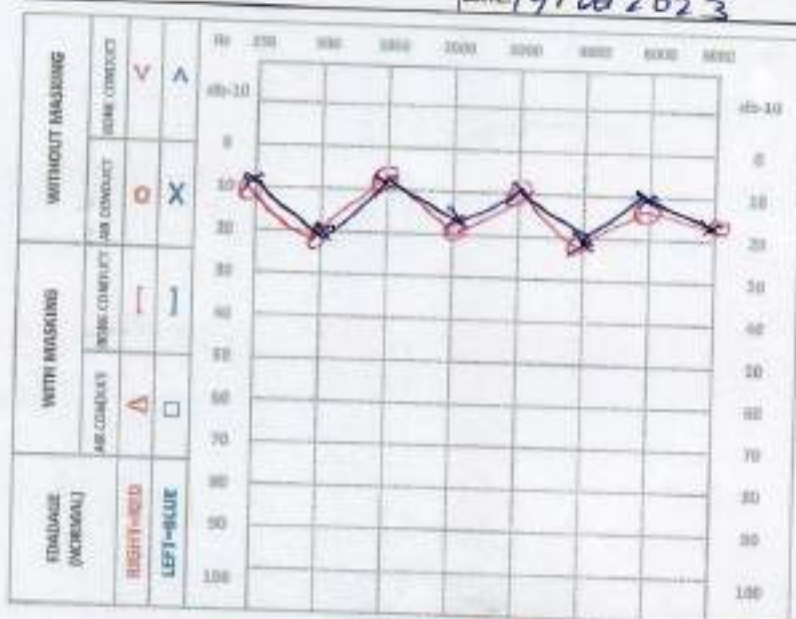




مركز بلاد السلام الطبي

Peace Land Medical Center

AUDIOMETRY TEST REPORT			
NAME: MOHAMMED HUMAD		COMPANY: TRUCK ON AN	
AGE: MOHAMMED HUMAD ALYAHWI		OCCUPATION: HEAVY DRIVER	
GENDER: MALE		DATE: 19/06/2023	
REF. BY:			



INTERPRETATION
O RIGHT EAR
X LEFT EAR

RESULT
☒ NORMAL
☐ HEARING LOSS
☐ RIGHT
☐ LEFT

Sibelmed



Signature

DR. SHAH FAISAL
General Practitioner
MOH Lic No. 22368

عنوان: 1403، الرقة العبدية، حي الأبراج، السلطنة عمان
P.O. Box 1403, Postal Code: 113, Al Azaiba, Roundabout at Sahwa Tower, Sultanate of Oman
هاتف: 24617117 / 24617140 / 24617140 / 24617140 / 24617140 / 24617140 / 24617140 / 24617140



مركز بلاد السلام الطبي

Peace Land Medical Center

Fitness for work certificate

Employee Data		Date 19/06/2023	
Name MOHAMMED HUSMAIDA A. HAWI		Department/Company TRUCOR MAN	
I.D No. 5576932		Occupation HEAVY DRIVER	
Type of Medical Evaluation Mark those applying ✓			
A1 Aircraft refueling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	✓
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles	✓	A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		✓	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor		Date 13.11.2023	





Examination Summary

Patient Id : 131517	Mohammed Humaid Mohammed Al Ghawi	Sex : M	Age: 46 Year(s)
Nationality : OMANI	Wilayat : Izki	Tel : 99446260	
Department : GENERAL MEDICINE		Visit Time : 22/06/2023 07:54	
Clinic Name : GENERAL MED			
Doctor : KAREMA FAIK HAMED			

Physical Examinations:

22/06/2023 08:24 Khalid Mahmoud Bustan Khan - General Medicine

Presenting Complaints

A referred case from a company with results f investigations as done on 19.06.2023.. Type 2 DM for 1 year... pt say that he has been on dietary care and not on any OHAs.. non smoker.. non alcoholic. no c/o polyuria, polydipsia.. but c/o occasional nocturia.. no c/o lassitude or any undue fatigue... investigation.. HGB 16.3 g/dl HCT 49%. Total cholesterol 237 mg/dl. TG 225.. HDL 40.. LDL 163 . fbs 163 mg/dl rbs 306 mg/dl. LFTs RFTs uric acid witho normal..

History of Present Illness

A referred case from a company with results f investigations as done on 19.06.2023.. Type 2 DM for 1 year... pt say that he has been on dietary care and not on any OHAs.. non smoker.. non alcoholic. no c/o polyuria, polydipsia.. but c/o occasional nocturia.. no c/o lassitude or any undue fatigue... investigation.. HGB 16.3 g/dl HCT 49%. Total cholesterol 237 mg/dl. TG 225.. HDL 40.. LDL 163 . fbs 163 mg/dl rbs 306 mg/dl. LFTs RFTs uric acid witho normal..

Physical Examination

• General Examination:-

=>BP :- 120/78 mmHg ; Temp :- 36°C ; ; SPO2 :- 100 ; Pulse :- 88bts/min ; General Condition :- Looks Well ; Jaundice :- No ; Pallor :- No ; Clubbing :- No ; Cyanosis :- No ; Edema Feet :- No ; Dehydration :- No ; Feet ulcers :- No ; Throat :- Clear ; Eye Opening :- 4 Spontaneous ; Motor response :- 6 Obeys Commands ; Verbal response :- 5

Oriented

• Respiratory Examination:-

=>chest ..nad

• Abdomen Examination:-

=>pa..soft

• CVS Examination:-

=>s1+s2+0

• CNS Examination:-

=>Alert

Plan And Advice

Advice

A referred case from a company with results f investigations as done on 19.06.2023.. Type 2 DM for 1 year... pt say that he has been on dietary care and not on any OHAs.. non smoker.. non alcoholic. no c/o polyuria, polydipsia.. but c/o occasional nocturia.. no c/o lassitude or any undue





Examination Summary

fatigue... investigation.. HGB 16.3 g/dl HCT 49%. Total
cholesterol 237 mg/dl. TG 225.. HDL 40.. LDL 163 . fbs 163
mg/dl rbs 306 mg/dl. LFTs RFTs uric acid witho normal..
HbA1c 9.45%..

afterile vitals stable chest nad pa..nad pt seen by
ophthalmologist... no DR ..

Type 2 DM.. dietary care.. for DM and for dyslipidemia..

Glicazide 60 mg xod before breakfast... metformin
500mg x bid with breakfast ad dinner.. review after 1
month...

Plan

A referred case from a company with results f investigations
as done on 19.06.2023.. Type 2 DM for 1 year... pt say
that he has been on dietary care and not on any OHAs.. non
smoker.. non alcoholic. no c/o polyuria, polydipsia.. but
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ophthalmologist... no DR ..

Type 2 DM.. dietary care.. for DM and for dyslipidemia..

Glicazide 60 mg xod before breakfast... metformin
500mg x bid with breakfast ad dinner.. review after 1
month...

File y w k

M A



OP Notes

Patient: **131517 : Mohammed Humaid
Mohammed Al Ghawi**

Male, OMANI, 46 Year(s), Tel: 99446260

Department: General Medicine

Doctor : Roumany Nassif Wissa Unit head: Karema Falk Hamed
Ahmed

Vital Signs**Past History**

br> • Surgical History...

-> Cataract Surgery on 25-APR-22(In Iran)

• Vaccines...->Covid-19 Vaccine (22/08/21) FirstDose-Pfizer/BioNTech

->Covid-19 Vaccine (25/01/22) BoosterDose-Pfizer/BioNTech

->Covid-19 Vaccine (26/09/21) SecondDose-Pfizer/BioNTech

Presenting Complaints

12/11/2023 10:36 Moataz Ahmed Khairy - Ophthalmology

Patient came for general check up and visual check up

12/11/2023 09:58 Alhassan Mohammed Almohtda - General Medicine

MALE PT 46 YEARS OLD K/C OF DM ON MEDICATIONS BUT PT IS NOT COMPLIANT TO MEDICATIONS
CAME LAST VISIT IN JUNE 2023 HBA1C NOT CONTROLLED

Type 2 DM for 1 year... pt say that he has been on dietary care and not on any OHAs.. non smoker.. non
alcoholic. no c/o polyuria, polydipsia.. but c/o occassional nocturia.. no c/o lassitude or any undue fatigue...

Examination Notes

12/11/2023 10:36 Moataz Ahmed Khairy - Ophthalmology

Ophthalmic Examination

Conjunctiva:-

Right:NAD

Left:NAD

Cornea:-

Right:Clear

Left:Clear with scars of phaco wound

Pupil:-

Right:RRR

Left:RRR

Lens:-

Right:Clear

Left:IOL (Multifocal)

**Ophthalmic Investigation**

•Visual Acuity :-

Done Date : 12-NOV-23

Done By : RATHEESHKUMAR MEEKATTU M N

Un-aided :- OD: 6/9p, OS:6/12, OU:6/12; Pin Hole :- OD: 6/6p, OS:6/7.5p, OU::

•Retinoscopy :-

Done Date : 12-NOV-23

Done By : RATHEESHKUMAR MEEKATTU M N

BCVA :- OD: 6/7.5, OS:6/7.5; Sphere(acceptance) :- OD: , OS:-0.50; Cylinder(acceptance) :- OD: -1.25, OS:-
1.00; Axis(acceptance) :- OD: 80, OS:90; Remarks:- RE-6/6P, bin.-6/7.5,add +1.75 sph N5 BE.;

Diagnosis

Provisional: Laboratory examinationNon-insulin-dependent diabetes mellitus Without complications

ICD

Primary: E11.9 - Non-insulin-dependent diabetes mellitus Without complications
 Other: Z01.7 - Laboratory examination

Referrals**Internal Referral**

Referred to Ophthalmology On: 12-11-2023 10:31

Requested By Alhassan Mohammed Almohtda (General Medicine)
 Notes: FOR KIND CARE

Replied by Moataz Ahmed Khairy

Unit (OPHTHALMOLOGY) On: 12-11-2023 10:33

Opinion: Dear Doctor ,Thank you for referral

Current Medication

Start Date	Medicine	Strength, Course and Frequency
✓ 12/11/2023 09:57	gliCLAzide Tablet 30Mg/1Tablet (MORNING)	60 Mg -- OD -- 30 Days
✓ 12/11/2023 09:57	metFORMIN Tablet 500Mg/1Tablet	500 Mg -- TID -- 30 Days
✓ 12/11/2023 09:58	Cyanocobalamin {Vitamin B12} Injection 1Mg/1MI	1 Mg -- STAT -- 1 Days

Lab Investigations

Execute Date	Test Name	Released Date
12/11/23 07:47	GLYCOSYLATED Hb	12/11/23 09:12
GLYCOSYLATED Hb (%HBA1C) = ^ 9.27 % (4.8 - 6) 4.8 - 6.0		
12/11/23 07:47	LIPID PROFILE	12/11/23 09:11
CHOLESTEROL = ^ 7.08 mmol/L (0 - 5)		
TRIGLYCERIDES = 2.12 mmol/L (.4 - 2.5) 0.4 - 2.5		
HDL CHOLESTEROL = 1.04 mmol/L (0 - 1.15) 1.0 - 1.9		
LDL CHOLESTEROL = ^ 5.076 mmol/L (2 - 3) 2.0 - 3.0		

Nursing Procedures

With Request

Confrontation Visual Field Test on 12-NOV-23 by MOATAZ AHMED KHAIRY
 Requester Remarks: on 12-NOV-23 by MOATAZ AHMED KHAIRY
 No visual field constriction was detected.

Plan and Advice

12/11/2023 10:36 Moataz Ahmed Khairy - Ophthalmology

Advice

UCVA and BCVA and refraction

Then , confrontation test

Then, mydriasis for fundus examination

12/11/2023 09:58 Alhassan Mohammed Almohtda - General Medicine

Plan

TODAY PT IS STILL UNCONTROLLED HBA1C IS 9.4%

DM RETINOPATHY ALREADY

ADVICE TO TAKE MEDICATIONS REGULARLY

AND HE IS ABLE TO WORK WITHOUT RESTRICTION

Printed on 12-Nov-2023 12:16 by ()

