



Appendix 33: EX2 Form (Routine/Periodic Medical Examination)

1932H Reg.Dt 18/07/2023

ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

ADIL HASAN ALI AL MAROUDI

Male Nationality OMANI

Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Mobile No. 94164333

Address: 7486226

Surname/
Forenames

ADIL HASAN ALI AL MASOUDI

Nationality

OMANI # DOB: 30/03/1982

Company Number: 10443

Reference Indicator:

Personal Details

A Male Female

Married Single Separated /Divorced /Widow(er)

Home/Leave Address:

Relationship to employee

Wife

Son

Daughter

No of Children: 1

Reason for Examination (tick as appropriate)

Periodic Medical Examination

Final / Retirement

Other Reason:

Employee only

B Present Job and Location:

HD DRIVER

Next Job and Location:

Are you a registered person with special needs?

Do you belong to any Medical Insurance Scheme?

Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.

Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' please describe

	N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?	✓		
1 Ear, nose, eye or throat problems	✓		
2 Chest problems like asthma, bronchitis, another bad cough	✓		
3 Heart abnormality, chest pains	✓		
4 Abdominal pains, abnormal bowel motions	✓		
5 Urogenital problems (kidney disease, menstrual disorder)	✓		
6 Skin trouble or allergies	✓		
7 Epileptic fits, dizzy spells or migraine	✓		
8 History of mental illness, depression anxiety	✓		
9 Diabetes, thyroid disease ,history of Hypertension	✓		
10 Blood disorder e.g. anaemia, blood cancer e.g. leukaemia	✓		
11 Any history of accidents or fractures	✓		
12 Have you had any serious allergies	✓		
13 Do any dependants have a significant ongoing illness?	✓		
14 Any family history of cancers	✓		
Do you take any regular medicines, or have you taken in the past?	✓		
Do you smoke? If yes, what and how much each day?	✓		
Do you drink alcohol? If yes, what is your average weekly intake?	✓		
Have you ever taken elicited/recreational drugs?	✓		
Are you doing regular sports or physical activities?	✓		

STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld.. I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review.

Date: 19/06/2023

Signature of Applicant:



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Anormal (please describe)

PHYSICAL EXAMINATION

GENERAL EXAMINATION		
N	A	
✓	1. Eyes & Pupils	
✓	2. E.N.T.	
✓	3. Teeth & Mouth	
✓	4. Lungs & Chest	
✓	5. Cardiovascular System	
✓	6. Abdo. Viscera	
✓	7. Hernial Orifices	
	8. Anus & Rectum	
✓	9. Genito-urinary	
✓	10. Extremities	
✓	11. Musculo-skeletal	
✓	12. Skin & Varicose Vns.	
✓	13. C.N.S.	

HEIGHT cm	WEIGHT kg	BMI	B.P. mmhg	PULSE 80/mins.	HEARING L R N N	VISION DISTANT R L NEAR R L Uncorrected Corrected 6/6 6/6	Color Vision 1. Normal 2. Abnormal
179	105	32.7	120 80				

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A
	1..Urinalysis	NFB S		7. Audiogram
	2. Hb, Blood count, ESR			8. Lung Function
	3. LFT, RFT, RBS			9. Chest X-Ray
	4. Drug Screen			10. ECG
	5. Lipids (40 years +)		9.4/	11. CVS risk for 40 yrs. & above
	6. Sickle Cell test			12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

7 Internist consultation →
1. DLP on med (Atorvastatin, fenofibrate, ASA)
2. L/S X-ray → LS-S, space ↓ → orthopedician opinion

11. L-SM & PER (Int. Exercise & diet)

2. Take medication properly 3. MFU 1m later by internist (DLP)

3, mfu 1m later by internist (DLP)
4, Refer to orthopedician (lumbosacral
discrepancy)

ASSESSMENT AND RECOMMENDATIONS:

FIT ALL AREAS FIT WITH RESTRICTION

TEMPORARY UNFIT

UNFIT

Date: 19/7/23 Name (Block Capitals): Dr. / Nurse

Dr. Shima Seyedabdollah Jafar
Cardiologist Specialist
MOH Lic. No. 21963

62 Signature

REVIEW/CONSULTATION

Date: _____

Name (Block Capitals): Dr. / Name:

Signatures