



MEDICAL FITNESS CERTIFICATE FOR TRUCKOMAN

NAME	AVISHAIMAN NIYASMON KHADHAR			
AGE/D.O.B	35 Y,30.05.1985	DATE	03.04.2021	
PASS/ID NO:	73162746	GENDER	MALE	
VISION-RT-EYE	6/6 WITHOUT GLASSES	HEIGHT	181 CM	
LT-EYE	6/6 WITHOUT GLASSES	WEIGHT	81 KG	
HEART	NORMAL	BP	120/76 mmHg	
LUNGS	NORMAL	PULSE	74/ Min	
ABDOMEN	NORMAL	CNS	NORMAL	
SKIN	NORMAL	ENT	NORMAL	

INVESTIGATIONS

FBS	NORMAL
BLOOD GROUP	AB POSITIVE
HAEMOGRAM	NORMAL
LFT	NASH
RFT	NORMAL
LIPID PROFILE	DLP
SICKLING TEST	NEGATIVE
URINE ROUTINE	NORMAL
AUDIOGRAM	Normal hearing threshold with dip at 4000Hz B/L
FRAMINGHAM SCORE	Probability of developing cardiovascular disease in next 10 years is 1.8%

COMMENTS	*	To use adequate ear protection in high noise environment
	*	NASH- Advised treatment
	*	DLP- Advised lifestyle modification

CONCLUSION MEDICALLY FIT

Signature:

SEAL

Dr.B.VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581



Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)



Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Place of examination BADR AL SAMAA		Date 16/03/2014	Surname Al Hashmani Ny Hashman					
Forenames :		Address						
Home telephone number								
If a dependant enter employee's name here:								
Surname:		Forenames:						
Birth date: 30.05.1985		Nationality:	Country of birth:	Religion:				
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	Relationship to employee ☐ Wife ☐ Son ☐ Daughter		Number of children:				
Reason for examination Pre-EmploymentJob: ☐								
Pre-OverseasArea: ☐								
Name and address of family doctor		List your last 3 jobs						
		(1)						
		(2)						
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐						
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)								
	Y	N		Y	N		Y	N
1. Sinus trouble		☒	21. Cancer		☒	HAVE YOU EVER BEEN:-		
2. Neck swelling/glands		☒	22. Heart Disease		☒	40. Rejected for employment or insurance for medical reasons		☒
3. Difficulty in vision		☒	23. Rheumatic fever		☒	41. Awarded benefits for industrial injury/illness		☒
4. Any ear discharge		☒	24. Abnormal heartbeat		☒	42. Treated for a mental condition, e.g. depression		☒
5. Asthma/bronchitis		☒	25. High blood pressure		☒	43. Treated for problem drinking or drug abuse		☒
6. Hayfever/other significant allergy		☒	26. Stroke		☒	44. Exposed to toxic substance or noise		☒
7. Any skin trouble		☒	27. Serious chest pain		☒	FOR WOMEN ONLY		
8. Tuberculosis		☒	28. Any blood disease		☒	Have you ever had:-		
9. Shortness of breath		☒	29. Kidney disease		☒	45. An abnormal smear		
10. Coughed/vomited blood		☒	30. Blood in urine		☒	46. Any gynaecological treatment		
11. Severe abdominal pain		☒	31. Diabetes		☒	47. Are you pregnant?		
12. Stomach ulcer		☒	32. Headaches/migraine		☒	48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE		
13. Recurrent indigestion		☒	33. Dizziness/fainting		☒			
14. Jaundice or hepatitis		☒	34. Epilepsy		☒			
15. Gall Bladder disease		☒	35. Joints/spinal trouble		☒			
16. Marked change in bowel habits		☒	36. Surgical operation		☒			
17. Blood in stools (motions)		☒	37. Serious accident/fracture		☒			
18. Marked change in weight		☒	38. Tropical disease		☒			
19. Varicose veins		☒	39. Fear of heights		☒			
20. Lump in breast/armpit		☒						
How much tobacco each day? NU		Average daily alcohol consumption NU						
Have you ever taken elicited drugs? (X) PDO test all new/potential employees for elicited/recreational drugs								
FAMILY HISTORY: Diabetes (X) Tuberculosis (X) Epilepsy (X) Asthma (X) Eczema (X)								
Heart disease (X) High blood pressure () Stroke (X) Blood Disease (X) Cancer (X)								

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.

Date: **16/03/2014**

Signature of Applicant: **[Signature]**

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

Fathim - T20m / CAD

Dr. B. VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581



N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION			
N	A						
		1. Eyes & Pupils					
		2. E.N.T.					
		3. Teeth & Mouth					
		4. Lungs & Chest					
		5. Cardiovascular System					
		6. Abdo. Viscera					
		7. Hernial Orifices					
		8. Anus & Rectum					
		9. Genito-urinary					
		10. Extremities					
		11. Musculo-skeletal					
		12. Skin & Varicose Vns.					
		13. C.N.S.					
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision
151	81.5	24.9	120/76	74/min.	L R	DISTANT NEAR	Blood Group
						Uncorrected Corrected	
						R L R L	
						6/6 6/6 N6 N6	AB+
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A
		1. Urinalysis				7. Audiogram	
		2. Hb, Bloodcount, ESR				8. Lung Function	
		3. LFT, RFT, RBS				9. Chest X-Ray	
		4. Drug Screen				10. ECG	
		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above	
		6. Sickle Cell test				12. HIV, Hepatitis screening	
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)							
NASH - Advised treatment DLP - Advised lifestyle modification							
ASSESSMENT:							
FIT ALL AREAS ☒ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT ☐							
Date: 16/02/2019 Name (Block Capitals): Dr. / Nurse Signature:							
REVIEW/CONSULTATION							
Date: 16/02/2019 Name (Block Capitals): Dr. / Nurse Signature:							

Take adequate ear protection in noisy environment.

Dr. SAJILA P.P
MBBS., DNB (ENT), DLO
Specialist Ent Surgeon
MOH Lic No.: 18387

Dr. B. VENKATESH KUMAR
CARDIOLOGIST
MOH NO#14581

