



11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname: Culjit Singh Belbir Singh		Forenames: Lo Singh	
Address: 71094134		Home telephone number: 71094134	
Place of examination: 19/3/2023	Date: 19/3/2023		
If a dependant enter employee's name here: Surname: Lo Singh Forenames: Lo Singh			
Birth date: 1/2/1988	Nationality: Indian	Country of birth: India	Religion: Sikh
☐ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced	☐ Wife ☐ Son ☐ Daughter	Number of children: 1
Reason for examination: ☐ Pre-Employment ☐ Job: ☐ Pre-Overseas ☐ Area:			
Name and address of family doctor:		List your last 3 jobs:	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)			
Y	N	Y	N
1. Sinus trouble	☒	21. Cancer	☒
2. Neck swelling/glands	☒	22. Heart Disease	☒
3. Difficulty in vision	☒	23. Rheumatic fever	☒
4. Any ear discharge	☒	24. Abnormal heartbeat	☒
5. Asthma/bronchitis	☒	25. High blood pressure	☒
6. Hayfever /other significant allergy	☒	26. Stroke	☒
7. Any skin trouble	☒	27. Serious chest pain	☒
8. Tuberculosis	☒	28. Any blood disease	☒
9. Shortness of breath	☒	29. Kidney disease	☒
10. Coughed/vomited blood	☒	30. Blood in urine	☒
11. Severe abdominal pain	☒	31. Diabetes	☒
12. Stomach ulcer	☒	32. Headaches/migraine	☒
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒
14. Jaundice or hepatitis	☒	34. Epilepsy	☒
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒
16. Marked change in bowel habits	☒	36. Surgical operation	☒
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒
18. Marked change in weight	☒	38. Tropical disease	☒
19. Varicose veins	☒	39. Fear of heights	☒
20. Lump in breast/armpit	☒		
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema () Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that the company reserves the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 19/3/2023	Signature of Applicant: Culjit Singh		

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
☒		1. Eyes & Pupils
☒		2. E.N.T.
☒		3. Teeth & Mouth
☒		4. Lungs & Chest
☒		5. Cardiovascular System
☒		6. Abdo. Viscera
☒		7. Hemial Orifices
☒		8. Anus & Rectum
☒		9. Genito-urinary
☒		10. Extremities
☒		11. Musculo-skeletal
☒		12. Skin & Varicose Vns.
☒		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /min.	HEARING L R	VISION DISTANT R L NEAR R L Uncorrected Corrected	Colour Vision	Blood Group
169	95	33.3	150 107	78		6/6 6/6		

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
☒		1. Urinalysis		☒		7. Audiogram
☒		2. Hb. Bloodcount, ESR		☒		8. Lung Function
☒		3. LFT, RFT, RBG		☒		9. Chest X-Ray
☒		4. Drug Screen		☒		10. ECG
☒		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
☒		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS☐ FIT WITH RESTRICTIONS

TEMPORARY UNFIT

☐ NFIT

Date:

Name (Block Capitals): Dr. / Nurse

Signature:

REVIEW/CONSULTATION

Date:

Name (Block Capitals): Dr. / Nurse

Signature:

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operators or other employees who are above 40 years of age)

Employee Name: Colt Singh Balbir Singh

Emp #:

Date of Assessment: 19/3/2023

1	Age	years	42
2	Gender	Female/Male	male
3	Total Cholesterol	mmol/L	4.81
4	HDL Cholesterol	mmol/L	1.08
5	Smoker	Yes ☒ No ☐	
6	Diabetes	Yes ☒ No ☐	
7	Systolic Blood pressure	mm Hg	150
8	Is the patient being treated for High blood pressure?	Yes ☒ No ☐	

Framingham Risk score: 13.2 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Ref:		Date: 19/3/2023
Name: Guljit Singh Balbir		Department/Company: 70
I.D No. 77888333	Tel # 71094134	Occupation:

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

0 Lying down to rest in the afternoon when circumstances permit

0 Sitting & talking with someone

1 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the work place.

Declaration: I, Guljit Singh Balbir, do hereby declare to the best of my knowledge the above information supplied by me is true and correct.

Signature: Guljit Singh Balbir Date: 19/3/2023

Fitness to Work Certificate

Employee Data		Date: 19/3/2023	
Name: <i>Colpit Singh Balbir Singh</i>		Department/Company: <i>T.O.</i>	
ID No. <i>77388335</i>	Age: <i>42/44</i>	Occupation:	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers - group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers - group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify):			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature	Date: 19/3/2023	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0221799	Report No: 0652930
Name: GULJIT SINGH BALBIR SINGH	Sample Date: 19/03/2023 Time: 11:13
Address:	Received By: SREERAJ
Gender: M Age: 42 Y Nationality: INDIAN	Received Date: 19/03/2023 Time: 11:36
GSM No.: 71094134 ID Card No.: 77388333	Report Date: 19/03/2023 Time: 12:20
Ref. By: EXTERNAL DOCTOR	Bill No: 0869145 Bill Date: 19/03/2023
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
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PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	7.25 mmol/L	3.9 - 6.1
Method :- Hexokinase	130.5 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	4.81 mmol/L	1 - 5.1
Method:-Enzymatic	185.95 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.080 mmol/L	0.777 - 1.813
Method:-Enzymatic	41.75 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.76 mmol/L	1.295 - 4.54
Method:-Calculation	106.68 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.97 mmol/L	0.259 - 1.036
Method:-Calculation	37.52 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.45	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	2.12 mmol/L	0.564 - 2.146
Method : Enzymatic	187.62 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.925 mg/dL	0.1 - 1
Method : Diazo	15.82 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.336 mg/dL	0.1 - 0.5
Method : Diazo	5.75 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	26.64 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	24.51 U/L	Male: 10-50 Female: 10-35

Sreeraj

Processed By:
SREERAJ
Lab Technologist

MOH License No: 6844

Approved By:
181773
Lab Technologist

THANG LAB TEL
REG No. 2

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Dr. Shayfa P

DR. SHAYFA P
Specialist Pathologist

MOH LIC NO: 13475

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INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	89.98 U/L	Adult : Men -40-129 Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.86 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.97 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.89 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.72	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	39.08 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.75 mmol/L	1.7 - 8.3
Method : Kinetic Assay	28.53 mg/dL	10.2 - 49.8
CREATININE - SERUM	65.67 µmol/L	44.2 - 123.7
Method :-Jaffé Method	0.74 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	8750 cells/cumm	4000 - 11000 cells/cumm
Method :-Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method :-Fluorescence Flow Cytometry		
NEUTROPHILS	51.8 %	40-75%



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INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	39.7 %	20-45%
EOSINOPHILS	1.4 %	2-6 %
MONOCYTES	6.4 %	2-8 %
BASOPHILS	0.7 %	0-1%
HB (HEMOGLOBIN)	16.9 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.47 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.21 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	46.60 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	85.20 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	30.90 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	36.30 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	04 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL NEGATIVE

Method : -Haemoglobin solubility test

Processed By:
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Ref. By: EXTERNAL DOCTOR	Bill No: 0869145 Bill Date: 19/03/2023
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



Sreeraj

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DR. SHAYFA P
Specialist Pathologist

MOH LIC NO:13475

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X-RAY REPORT

Doc No:	0069490
Name:	GULJIT SINGH BALBIR SINGH
Age/DOB:	42 Y Omani ID/ L.Card No:: 77388333
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	19/03/2023
X-Ray Film No:	TO
Bill No:	0869145
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

A. Nithinmon

DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH License: 21058
ASTER HOSPITAL IBRI



0221799 guljit singh

3/19/2023 11:32:26 AM
Aster Hospital IERI
ECG Room
ECG Room

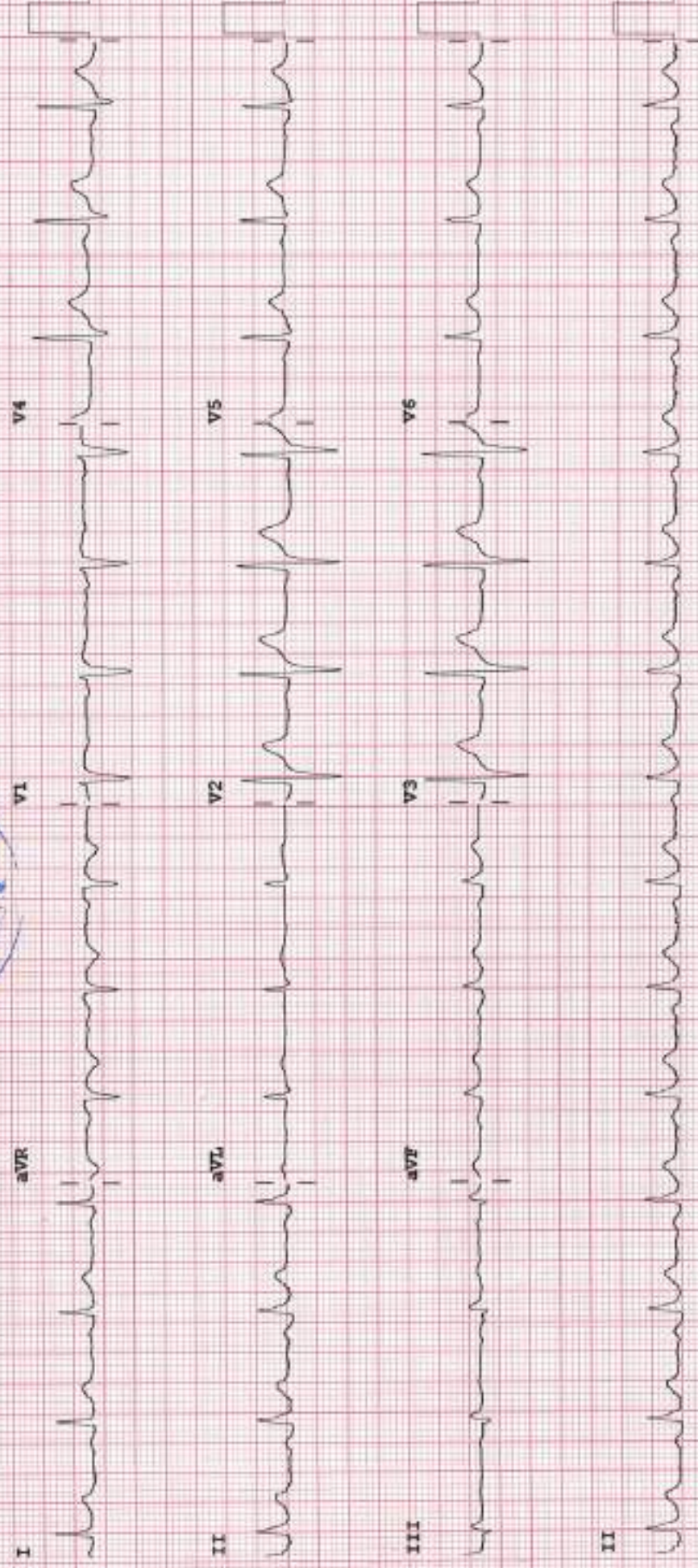
Rate 83

PR 161
QRSD 104
QT 355
QTc 418

--AXIS--

P 50
QRS 44
T 39

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50~ 40 Hz W

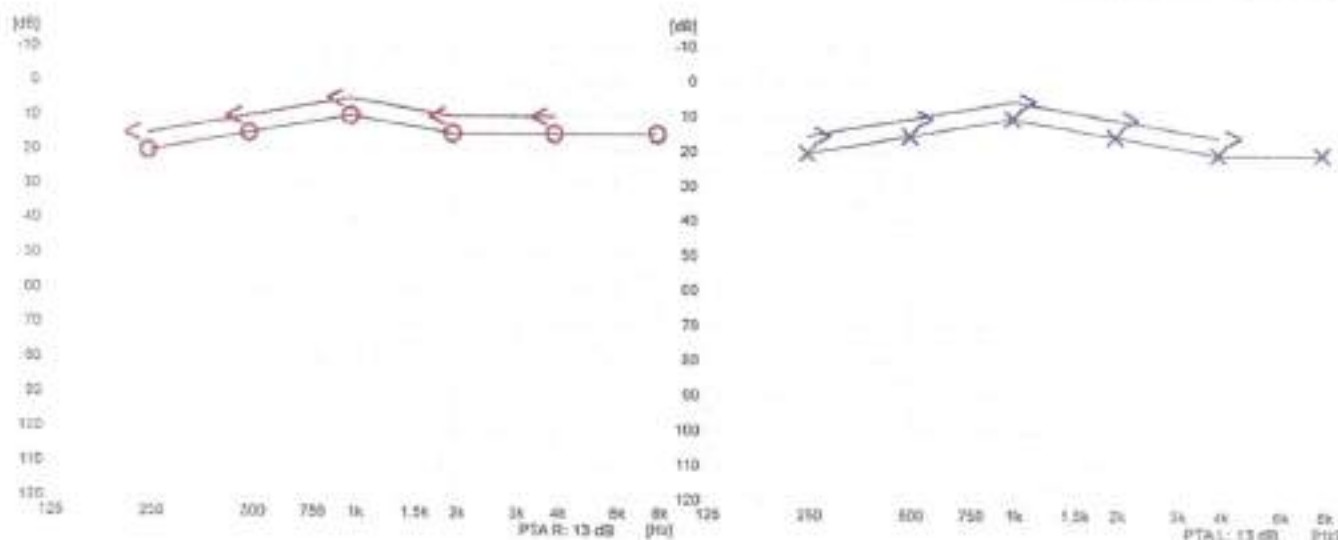
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SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Case 0869145	Last name , First name GULJIT SINGH BALBIR , SINGH	Born 2023
Test type Tonal audiometry	Test date 19.03.2023	



Legend	R	L
Air	O	X
AirMasked	Δ	□
Sens	<	>
SensMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldMasked	A	A
Otitis		B
No response		I

Comments
BILATERAL NORMAL HEARING SENSITIVITY

Signature:

Noted by: Hekara (Hekara) 0869145 - www.hederaonline.com



Date: 19/03/2023