



11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Petrochem Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Place of examination		Date: 19/3/2023	Surname: Jaspreet Singh Mahan Singh	
If a dependant enter employee's name here:		Forenames: Jaspreet Singh		
Birth date: 21/01/1978		Address: 93673043		
Nationality: Indian		Country of birth: India		
☒ Male ☐ Female ☐ Married ☐ Single ☐ Separated / Divorced		Relationship to employee: ☐ Wife ☐ Son ☐ Daughter ☐ Other		
Reason for examination: Pre-Employment		Job:		
Pre-Overseas		Area:		
Name and address of family doctor		List your last 3 jobs		
		(1)		
		(2)		
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐		
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
	Y	N		Y
1. Sinus trouble		/	21. Cancer	
2. Neck swelling/glands		/	22. Heart Disease	
3. Difficulty in vision		/	23. Rheumatic fever	
4. Any ear discharge		/	24. Abnormal heartbeat	
5. Asthma/bronchitis		/	25. High blood pressure	
6. Hayfever / other significant allergy		/	26. Stroke	
7. Any skin trouble		/	27. Serious chest pain	
8. Tuberculosis		/	28. Any blood disease	
9. Shortness of breath		/	29. Kidney disease	
10. Coughed/vomited blood		/	30. Blood in urine	
11. Severe abdominal pain		/	31. Diabetes	
12. Stomach ulcer		/	32. Headaches/migraine	
13. Recurrent indigestion		/	33. Dizziness/fainting	
14. Jaundice or hepatitis		/	34. Epilepsy	
15. Gall Bladder disease		/	35. Joints/spinal trouble	
16. Marked change in bowel habits		/	36. Surgical operation	
17. Blood in stools (motions)		/	37. Serious accident/fracture	
18. Marked change in weight		/	38. Tropical disease	
19. Varicose veins		/	39. Fear of heights	
20. Lump in breast/armpit		/		
How much tobacco each day?		Average daily alcohol consumption		
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs				
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()				
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-				
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if requested. Details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that the Company has the right to dismiss me if it was found that I have purposely withheld important medical information.				
Date: 19/3/2023	Signature of Applicant: [Signature]			

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION
N	A	
		1. Eyes & Pupils
		2. E.N.T.
		3. Teeth & Mouth
		4. Lungs & Chest
		5. Cardiovascular System
		6. Abdo. Viscera
		7. Hemal Orifices
		8. Anus & Rectum
		9. Genito-urinary
		10. Extremities
		11. Musculo-skeletal
		12. Skin & Varicose Vns.
		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING L R	VISION DISTANT R L NEAR R L	Colour Vision	Blood Group
177	94	30	148 89	72		Uncorrected Corrected 6/6 4/6		

N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
		1. Urinalysis			7. Audiogram
		2. Hb, Bloodcount, ESR			8. Lung Function
		3. LFT, RFT, RBS			9. Chest X-Ray
		4. Drug Screen			10. ECG
		5. Lipids (40 years +)			11. CVS risk for 40 yrs. & above
		6. Sickle Cell test			12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 19/3/2023

Name (Block Capitals): Dr. [Signature]

Signature:

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. [Signature]

Signature:

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Jaspal Singh Mohan Singh

Emp #:

Date of Assessment: 19/3/2023

1	Age	Years	<u>44</u>
2	Gender	Female/Male	<u>Male</u>
3	Total Cholesterol	mmol/L	<u>5.32</u>
4	HDL Cholesterol	mmol/L	<u>1.25</u>
5	Smoker	Yes/No	<u>No</u>
6	Diabetes	Yes/No	
7	Systolic Blood pressure	mm Hg	<u>148</u>
8	Is the patient being treated for High blood pressure?	Yes/No	<u>No</u>

Framingham Risk score: 7.9 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendation:

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Data	Date: 19/3/2023
Name: Jaspat Singh Mahan	Department/Company:
E.D. No: 869680399	Tel # 93673043
Occupation :	

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

0 Lying down to rest in the afternoon when circumstances permit

0 Sitting & talking with someone

1 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Jaspat Singh Mahan, declare that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Jaspat Singh Mahan Date: 19/3/2023

Fitness to Work Certificate

Employee Data		Date
Name <i>Jaspal Singh Mahan Singh</i>		<i>19/3/2023</i>
I.D No. <i>962680398</i>		Department/Company <i>T.O</i>
Age <i>44/yr</i>	Occupation	
Type of Medical Evaluation		
Mark those applying ✓		
A1 Aircraft refuelling	A6 Fire / Emergency response team work	
A2 Breathing apparatus	A7 Professional driving	
A3 Business traveller	A8 Remote location work	
A4 Catering and food preparation	A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles	A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.		
Fit with no restrictions		☒
Fit with following restriction(s)		
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction
Work near moving machinery or sharp edges		
Working at height		
Pulling, pushing, or carrying weight over ____ Kg		
Ascend/descend ladders or stairs		
Operate motor vehicles, forklifts or heavy machinery		
Use of a respirator		
Repetitive twisting of valves or wrenches		
Flying		
Other (Specify)		
Temporary Unfit until		
Permanently Unfit		
Name of health advisor	Date	
<i>[Signature]</i>	<i>19/3/2023</i>	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0221800
Name: JASPAL SINGH MOHAN SINGH
Address:
Gender: M Age: 44 Y Nationality: INDIAN
GSM No.: 93673043 ID Card No.: 86268039
Ref. By: EXTERNAL DOCTOR

Report No: 0652931
Sample Date: 19/03/2023 Time: 11:13
Received By: SREERAJ
Received Date: 19/03/2023 Time: 11:36
Report Date: 19/03/2023 Time: 12:23
Bill No: 0869144 Bill Date: 19/03/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
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PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	7.28 mmol/L	3.9 - 6.1
Method :- Hexokinase	131.04 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.32 mmol/L	1 - 5.1
Method:-Enzymatic	205.67 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.250 mmol/L	0.777 - 1.813
Method:-Enzymatic	48.33 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.09 mmol/L	1.295 - 4.54
Method:-Calculation	119.46 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.98 mmol/L	0.259 - 1.036
Method:-Calculation	37.88 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.26	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	2.14 mmol/L	0.564 - 2.146
Method : Enzymatic	189.39 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.780 mg/dL	0.1 - 1
Method : Diazo	13.34 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.209 mg/dL	0.1 - 0.5
Method : Diazo	3.57 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	24.79 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	47.28 U/L	Male: 10-50 Female: 10-35

Processed By:
SREERAJ
Lab Technologist

MOH License No: 6644

Approved By:
181773
Lab Technologist

Released By:
181773
Lab Technologist

MOH License No: 21829

DR. SHAYFA P
Specialist Pathologist

MOH LIC NO:13475

Electronically Signed at: 19/03/2023 12:24:00 PM

Printed at: 19/03/2023 12:25:38 PM

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File No: 0221800	Report No: 0652931
Name: JASPAL SINGH MOHAN SINGH	Sample Date: 19/03/2023 Time: 11:13
Address:	Received By: SREERAJ
Gender: M Age: 44 Y Nationality: INDIAN	Received Date: 19/03/2023 Time: 11:36
GSM No.: 93673043 ID Card No.: 86268039	Report Date: 19/03/2023 Time: 12:23
Ref. By: EXTERNAL DOCTOR	Bill No: 0869144 Bill Date: 19/03/2023
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	88.97 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <482 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.88 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.99 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.89 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.73	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	58.16 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	3.78 mmol/L	1.7 - 8.3
Method : Kinetic Assay	22.7 mg/dL	10.2 - 49.8
CREATININE - SERUM	80.01 µmol/L	44.2 - 123.7
Method :-Jaffé Method	0.91 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	6180 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	56.8 %	40-75%

Sreeraj

Processed By:
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Lab Technologist

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Approved By:
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THAHA
Released By:
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GSM No.: 93673043 ID Card No.: 86268039
Ref. By: EXTERNAL DOCTOR

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Bill No: 0869144 Bill Date: 19/03/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	34.5 %	20-45%
EOSINOPHILS	2.4 %	2-6 %
MONOCYTES	6.0 %	2-8 %
BASOPHILS	0.3 %	0-1%
HB (HEMOGLOBIN)	15.3 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.17 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.01 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	48.00 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	92.80 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	29.60 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	31.90 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	04 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

NEGATIVE

Method : -Haemoglobin solubility test

Sreeraj

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Specialist Pathologist

MOH LIC NO:13475

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Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



Processed By:
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Lab Technologist

THANSILA T...
LAB TECHNICIAN
REG No: 215

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Specialist Pathologist

MOH LIC NO:13475

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Printed at: 19/03/2023 12:25:36 PM

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X-RAY REPORT

Doc No:	0069489
Name:	JASPAL SINGH MOHAN SINGH
Age/DOB:	44 Y Omani ID/ L.Card No:: 86268039
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	19/03/2023
X-Ray Film No:	TO
Bill No:	0869144
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 



221800 jaspal singh

3/19/2023 11:26:03 AM
Aster Hospital IBRI
ECG Room
ECG Room

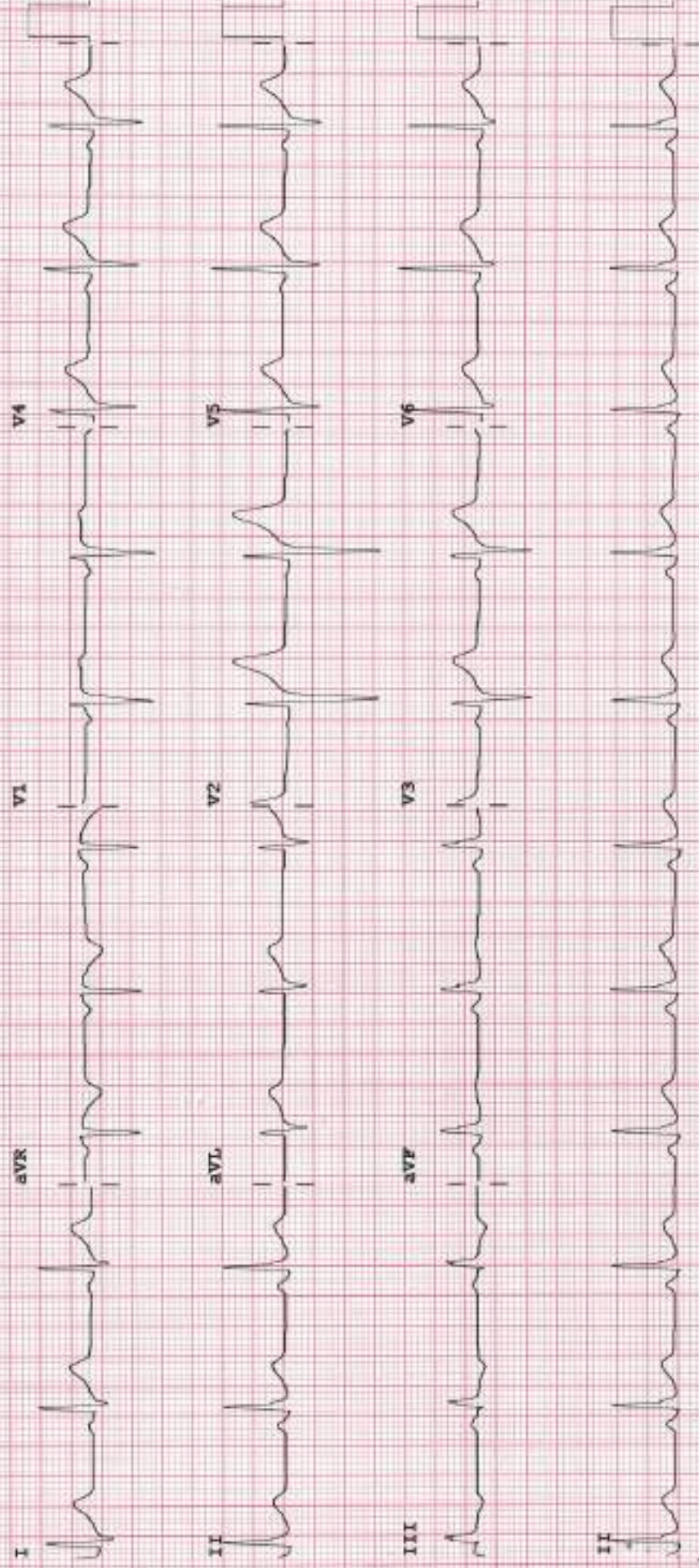
Rate 64

PR 140
QRS 103
QT 408
QTc 421

--AXIS--

P 64
QRS 63
T 13

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

P 50~ 0.50~ 40 Hz W

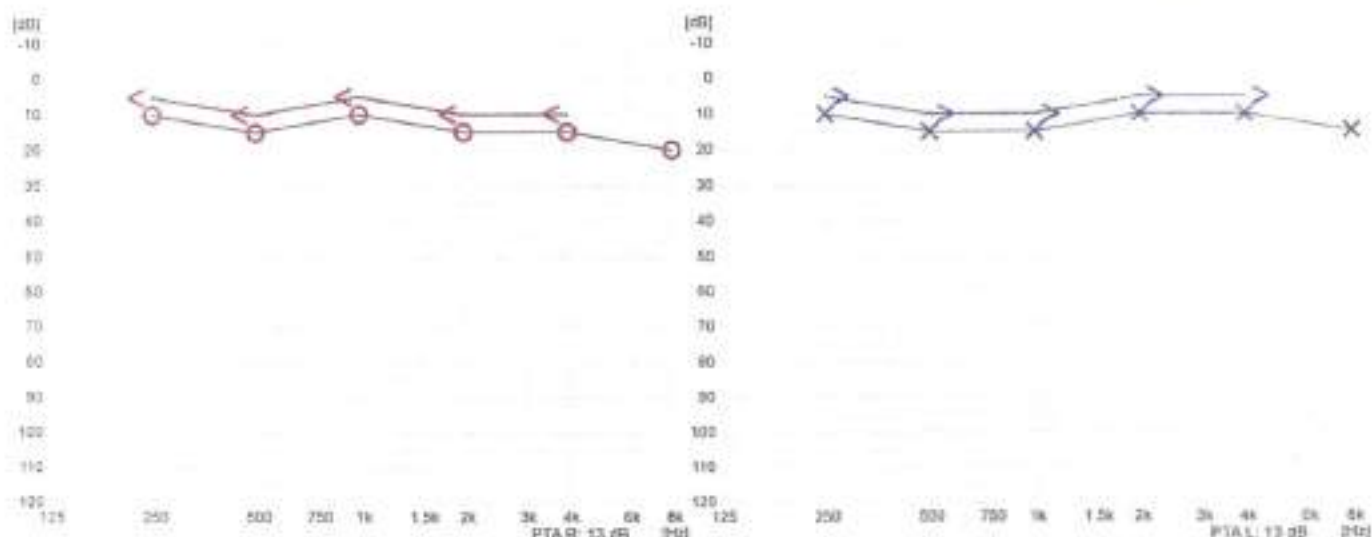
PH10

L

P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0869144	Last name , First name JASPAL SINGH , MOHAN SINGH	Born: 19023
Test type: Tonal audiometry	Test date: 19.03.2023	



Legend	R	L
Air	O	X
AirMasked	Δ	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldAided	A	A
Binaural		B
No response		I

Comments
BILATERAL NORMAL HEARING SENSITIVITY

Signature:



Date: 19/03/2023