

MEDICAL EVALUATION REPORT FOR OQ CONTRACTORS - SUMMARY



CANDIDATE / EMPLOYEE IDENTIFICATION			
Civil ID / Passport #	Company ID #	Position	
11696072	1938	HSE	
Nationality	Age	Sex	Location
Indian	1982	Male	HAIMA
Reg.Dt 07/08/2021 Name SAJAL RAG CHEMMANGATTIL VALAPIL Nationality INDIAN			
Examination ☒ Pre-employment ☐ Periodic ☐ Exit			

VITAL SIGNS & BODY MEASURES	
Blood Pressure Category:	110/70 ☒ Normal ☐ Prehypertension ☐ Hypertension Stage 1 ☐ Hypertension Stage 2 ☐ Hypertension Crises
BMI Category:	24.71 ☐ Underweight ☒ Normal ☐ Overweight ☐ Obese ☐ Morbid Obesity
Remarks:	

VISUAL TEST	
Visual Acuity Test	RT 6/6 LT 6/6 ☒ Normal ☐ Abnormal ☐ Not Required
Colour Vision Test	☐ Normal ☐ Abnormal ☐ Not Required
Pre-existing condition:	
Remarks:	

RESPIRATORY SYSTEM	
Spirometry Test	☒ Normal ☐ Abnormal ☐ Not Required
Chest X-Ray	☒ Normal ☐ Abnormal ☐ Not Required
Physical Assessment	☐ Normal ☐ Abnormal
Remarks:	

ENT SYSTEM	
Audiometry Test	☒ Normal ☐ Abnormal ☐ Not Required
Otoscopy	☒ Normal ☐ Abnormal ☐ Not Required
Physical Assessment	☒ Normal ☐ Abnormal (Whisper, Weber & Rinne Tests)
Remarks:	

CARDIOVASCULAR SYSTEM	
ECG Test	☒ Normal ☐ Abnormal ☐ Not Required
Physical Assessment	☒ Normal ☐ Abnormal
Remarks:	

NEUROLOGICAL SYSTEM	
Physical Assessment	☒ Normal ☐ Abnormal
Remarks:	

MUSCULOSKELETAL SYSTEM	
Physical Assess	☒ Normal ☐ Abnormal
Lumbar X-Ray	☐ Normal ☐ Abnormal ☒ Not Required
Remarks:	

LABORATORY INVESTIGATIONS	
Lab Tests:	☒ Normal ☐ Abnormal If abnormal, please specify below.
Pre-existing condition:	
Remarks:	
Blood Grouping:	A+ve

GLUCOSE & CHOLESTEROL	
Glucose Level Category	98 ☒ Normal 80 - 100 mg/dl ☐ Pre diabetic 100 - 125 mg/dl ☐ Diabetic > 126 mg/dl
Cholesterol Risk Category	126 ☒ Low Risk LDL is less 130 mg/dl ☐ Moderate Risk LDL 130-159 mg/dl ☐ High Risk LDL >160 mg/dl
Routine Urine Analysis	☒ Normal ☐ Abnormal ☐ Not Required
Stool Analysis	☒ Normal ☐ Abnormal ☐ Not Required

QUESTIONNAIRES	
Medical & Surgical History Questionnaire	Remarks
Respiratory Protection Questionnaire	Remarks
Hearing Conservation Questionnaire	Remarks
Screening Questionnaire	Remarks

Fagerstrom Test - Smoking ☐ Non-smoker ☐ Low dependence ☐ Low to Mod dependence ☐ Moderate dependence ☐ High dependence

CAGE Questionnaire Alcohol Use ☐ No use of alcohol ☐ Screening negative ☐ Clinically significant

SRQ-20 Self-reported Questionnaire ☐ No positive answers ☐ Positive answers Factor I (1 to 6) ☐ Positive answers Factor II (7 to 12)

☐ Positive answers Factor III (13 to 16) ☐ Positive answers Factor IV (17 to 20)

Clinic Doctor Name	License #	Hospital/Polyclinic	Doctor Signature & Clinic Stamp	Issue Date
Dr. Abdul Rahman Beary	MOH Licence No. 1441	Peace Clinic, P.O. Box 140, Sultanate of Oman		06/08/21

OQ - Occupational Health Department



Form Review - 02-30/05/2021

FITNESS TO WORK CERTIFICATE - OQ CONTRACTORS



EMPLOYEE IDENTIFICATION					
Civil ID / Passport #	Company ID #			Position	
116960772	1938			HSE	
Nationality	Age	Sex	Reg. Dt	Location	
			07/08/2023	HAIMA	
Name			SAJAL RAG CHEMMANGAITL VALAMPIL		
Gender			Male		
Nationality			INDIAN		

EXAMINATION TYPE		
☒ Pre-employment Examination (PRE)	☐ Periodic Medical Examination (PME)	☐ Post-absence Examination
☐ Change of Position Examination	☐ Exit Examination	☐ Critical Activities Examination
☐ Emergency Response Team	☐ Travelling Examination	☐ Medical Surveillance

Medical Suitability for Work	
Medical Suitability for Work	☒ Fit to work ☐ Fit with following restrictions ☐ Pending Fitness ☐ Not fit to work

Restrictions

☐ Working at height	☐ Pulling, pushing or carrying weight
☐ Working in confined space	☐ Ascend/descend ladders and stairs
☐ Working with electricity	☐ Walking or standing for long distance/period
☐ Working near rotating machinery	☐ Repetitive movements
☐ Working in noise area	☐ Mobile machinery operation
☐ Working in extreme heat	☐ Heavy lifting operation
☐ Handling chemical products	☐ Driving vehicle
☐ Use of respirator	☐ Emergency response duty

Other, specify

New Position	New Function	New Department
NA	NA	NA

Examination Date	Exams Performed
07/08/2023	

Medical Review Date	Employee Signature

Doctor Name	Medical License	Hospital	Medical Doctor Signature
Dr. Abdul Rahman Bery			
MOH Licence No. 1441			

