MEDICAL EVALUATION REPORT FOR OQ CONTRACTORS - SUMMARY

T.O.

CANDIDATE / EMPLOYER IDENTIFICATION

Civil ID / Passport #	Company ID #	Position
100105807		H.D.D

BABAR HAYAT 00515 04-07-23 11:47

Nationality	Age	Sex	Location
pakistani	9/1/1991		

EXAMINATION TYPE

Examination: [ ] Pre-employment [ ] Periodic [ ] Exit

VITAL SIGNS & BODY MEASURES

Blood Pressure Category: [✓] Normal [ ] Prehypertension [ ] Hypertension Stage 1 [ ] Hypertension Stage 2 [ ] Hypertension Crisis

BMI Category: [ ] Underweight [✓] Normal [ ] Overweight [ ] Obese [ ] Morbid Obesity

Remarks: N

VISUAL TEST

Visual Acuity Test: RT LT Visual Field Test: [✓] Normal [ ] Abnormal

Colour Vision Test: [✓] Normal [ ] Abnormal [ ] Not Required Stereoscopic Vision Test: [ ] Normal [ ] Abnormal [ ] Not Required

Pre-existing condition:

Remarks: N

RESPIRATORY SYSTEM

Spirometry Test: [✓] Normal [ ] Abnormal [ ] Not Required Chest X-Ray: [✓] Normal [ ] Abnormal [ ] Not Required

Pre-existing condition: Physical Assessment: [✓] Normal [ ] Abnormal

Remarks: N

ENT SYSTEM

Audiometry Test: [✓] Normal [ ] Abnormal [ ] Not Required Otoscopy: [✓] Normal [ ] Abnormal [ ] Not Required

Pre-existing condition: Physical Assessment: [✓] Normal [ ] Abnormal (Whisper, Weber & Rinne Tests)

Remarks: N

CARDIOVASCULAR SYSTEM

ECG Test: [✓] Normal [ ] Abnormal [ ] Not Required Physical Assessment: [✓] Normal [ ] Abnormal

Pre-existing condition:

Remarks: N

NEUROLOGICAL SYSTEM

Physical Assessment: [✓] Normal [ ] Abnormal

Pre-existing condition:

Remarks: N

MUSCULOSKELETAL SYSTEM

Physical Assess: [✓] Normal [ ] Abnormal Lumbar X-Ray: [ ] Normal [ ] Abnormal [ ] Not Required

Pre-existing condition:

Remarks: N

LABORATORY INVESTIGATIONS

Lab Tests: [✓] Normal [ ] Abnormal If abnormal, please specify below: Blood Grouping: B+

Pre-existing condition:

Remarks:

Glucose Level Category: [✓] Normal: 80 – 100 mg/dl [ ] Pre diabetic: 100 – 125 mg/dl [ ] Diabetic > 126 mg/dl

Cholesterol Risk Category: [✓] Low Risk: LDL is less 130 mg/dl [ ] Moderate Risk: LDL 130-159 mg/dl [ ] High Risk: LDL >160 mg/dl

Routine Urine Analysis: [ ] Normal [ ] Abnormal [ ] Not Required Stool Analysis: [ ] Normal [ ] Abnormal [ ] Not Required

QUESTIONNAIRES

	Medical & Surgical History Questionnaire	Remarks
	Respiratory Protection Questionnaire	Remarks
	Hearing Conservation Questionnaire	Remarks
	Screening Questionnaire	Remarks

Fagerstrom Test - Smoking: [ ] Non-smoker [ ] Low dependance [ ] Low to Mod dependence [ ] Moderate dependence [ ] High dependance

CAGE Questionnaire Alcohol Use: [ ] No use of alcohol [ ] Screening negative [ ] Clinically significant

SRQ-20 Self-reported Questionnaire: [ ] No positive answers [ ] Positive answers Factor I (1 to 6) [ ] Positive answers Factor II (7 to 12)

[ ] Positive answers Factor III (13 to 16) [ ] Positive answers Factor IV (17 to 20)

Clinic Doctor Name	License #	Hospital/Policlinic	Doctor Signature & Clinic Stamp	Issue Date
				6 Nov 2023

DR. SHAH FAISAL
General Practitioner
MOH Lic No. 22388

PEARL LAND MEDICAL CENTER

Form Revision: 03-30/05/2017

FITNESS TO WORK CERTIFICATE - OQ CONTRACTORS

EMPLOYEE IDENTIFICATION

Civil ID / Passport #	Company ID #		Position
		BABAR HAYAT 0516 0407-23 11:47	H.O.D
Nationality	**Age**	**Sex**	**Location**

EXAMINATION TYPE

- [✓] Pre-employment Examination (PRE)
- [ ] Periodic Medical Examination (PME)
- [ ] Post-absence Examination
- [ ] Change of Position Examination
- [ ] Exit Examination
- [ ] Critical Activities Examination
- [ ] Emergency Response Team
- [ ] Travelling Examination
- [ ] Medical Surveillance

Medical Suitability for Work

Medical Suitability for Work	[✓] Fit to work [ ] Fit with following restrictions [ ] Pending Fitness [ ] Not fit to work

Restrictions

- [ ] Working at height
- [ ] Working in confined space
- [ ] Working with electricity
- [ ] Working near rotating machinery
- [ ] Working in noise area
- [ ] Working in extreme heat
- [ ] Handling chemical products
- [ ] Use of respirator
- [ ] Pulling, pushing or carrying weight
- [ ] Ascend/descend ladders and stairs
- [ ] Walking or standing for long distance/period
- [ ] Repetitive movements
- [ ] Mobile machinery operation
- [ ] Heavy lifting operation
- [ ] Driving vehicle
- [ ] Emergency response duty

Other, specify

New Position	New Function	New Department
NA	NA	NA

Examination Date	Exams Performed
4/7/23	

Medical Review Date	Employee Signature
07/08/2023	بابر حیات

Doctor Name	Medical License	Hospital	Medical Doctor Signature

DR. SHAH FAISAL
General Practitioner
MOH Lic No. 22368

LAND MEDICAL CENTER

Form Review : 01/2023/01

MEDICAL & SURGICAL HISTORY QUESTIONNAIRE

CANDIDATE / EMPLOYEE IDENTIFICATION

Civil ID / Passport #	Company ID #	

Nationality	Age	Sex	

BABAR HAYAT
00516
78783 04-07-23 11:47

Position: H.O.D

Location:

PERSONAL HEALTH HISTORY

Have you ever, or do you currently suffer from any of the following?

Congenital heart disease or Valvular heart disease or Coronary artery disease		Yes		No	Muscle problems e.g. weakness of your limbs or twitchy muscles		Yes		No
Myocardial insufficiency or infarction (heart attack)		Yes		No	Joint problems, e.g. plantar warts, joint pain or swelling		Yes		No
Coronary bypass surgery (CABS) and angioplasty		Yes		No	Problems with limb, neck or spine mobility		Yes		No
Heart arrhythmias (heart beats too fast, too slow or irregularly)		Yes		No	Extremities (feet or hands) deformities or problems		Yes		No
High blood pressure (hypertension)		Yes		No	Experienced back problem, arthritis, slipped disc		Yes		No
Shortness of breath after exertion		Yes		No	Pain in neck or back or hands or legs		Yes		No
Varicose veins associated with varicose eczema, ulcers or other complications		Yes		No	Thyroid disease any other glandular diseases		Yes		No
Arteriosclerotic or other vascular disease		Yes		No	Diabetes mellitus or Hypoglycemia		Yes		No
Anaemias, especially Sickle Cell Disease or Sickle Cell Trait or Thalassemia		Yes		No	Experienced weight loss or gain > 5kg over the past year		Yes		No
Haemorrage disorders i.e. bleeding disorders		Yes		No	Informed about being overweight or obese		Yes		No
Leukaemia, polycythaemia and disorders of the reticulo endothelial system		Yes		No	Skin disorders e.g. severe acne, dermatitis, eczema or allergy		Yes		No
G6PD (Glucose 6-Phosphate Dehydrogenase) Deficiency		Yes		No	Allergies e.g. dust, medication, insect bites		Yes		No
Recurrent headaches or migraine		Yes		No	Disorders of the digestive tract e.g. ulcers, recurrent diarrhea, gastritis		Yes		No
Epilepsy and recurrent seizures		Yes		No	Haemorrhoids, fistulae and fissures causing pain, or recurrent bleeding		Yes		No
Blackouts, dizziness, fainting, memory loss, unconsciousness (vertigo/syncope)		Yes		No	Liver and pancreas diseases (e.g. pancreatitis, Hepatitis B)		Yes		No
Sleep disorders, such as insomnia, hypersomnia, sleep apnea, narcolepsy		Yes		No	Kidney or bladder diseases e.g. recurrent infection, renal stones		Yes		No
Chronic anxiety states and/or recurrent depression		Yes		No	Ear, nose or throat problems (e.g. otitis, hearing loss, sinusitis, tonsilitis)		Yes		No
Phobias such as fear of heights, fear of confined spaces, fear of flying		Yes		No	Eye disease or visual defect (e.g. glaucoma, color blindness, monocular vision)		Yes		No
Lung disease e.g. bronchitis, asthma, dyspnea, TB		Yes		No	Treated for infectious diseases (e.g. malaria, COVID19)		Yes		No
Phlegm production (excess mucus production) or tight chest		Yes		No	Treated for depression, stress		Yes		No
Immuno suppression due to cancer or human immunodeficiency virus		Yes		No	Treated for substance or alcohol abuse		Yes		No

Have you visited a doctor in the last year?		Yes		No
Are you taking any medication at present?		Yes		No
Are you pregnant?		Yes		No

List any previous injuries or operations

Previous injuries or operations	Date

Date: 4/7/23

Candidate/Employee Signature: بابر حیات

SCREENING QUESTIONNAIRE

CANDIDATE / EMPLOYEE IDENTIFICATION

Civil ID / Passport #	Company ID #		Position
		BABAR HAYAT 00516 78753 04-07-23 11:47	H.D.D.
Nationality	**Age**	**Sex**	**Location**

SAGERSTROM TEST

Do you smoke? ☐ Yes ☑ No *If YES, Please answer the following:*

How soon after waking up do you smoke you first cigarette?	☐	>60min	☐	31-60min	☐	6-30min	☐	< 5 minutes
Do you find it difficult to avoid smoking where is forbidden, such as work places, cinemas, shopping etc.?	☐	Yes	☐	No				
What's the most difficult cigarette to quit or not to smoke	☐	Anyone	☐	The first in the morning				
How many cigarettes do you smoke per day	☐	<10	☐	11-20	☐	21-30	☐	>31
Do you smoke more frequently the first hours of the day than the rest of the day	☐	Yes	☐	No				
Do you smoke even when you're sick and have to stay in the bed most part of the day	☐	Yes	☐	No				

CAGE QUESTIONNAIRE

Do you drink alcohol? ☐ Yes ☑ No *If YES, Please answer the following:*

Did you ever felt that you should decrease the amount of drinks or cut down (stop) drinking?	☐	Yes	☐	No
Do people bother you because they criticize the way you drink?	☐	Yes	☐	No
Do you feel guilty or upset with yourself with the way you use to drink	☐	Yes	☐	No
Do you drink in the morning to feel less nervous or decrease the hang over	☐	Yes	☐	No
Have you had any problems related to alcohol	☐	Yes	☐	No
Did you drink in the last 24 hours	☐	Yes	☐	No

FATIGUE QUESTIONNAIRE

Have you noticed that you are feeling tired recently ☐ Yes ☑ No

Have you been feeling a lack of energy ☐ Yes ☑ No *If YES, Please answer the following:*

For how many days did you feel tired or with lack of energy in the last week	☐	1 day	☐	2 days	☐	3 days	☐	> 3 days
Did you feel tired or with lack of energy for more than 3 hs in some days last week?	☐	1 hour	☐	2 hours	☐	3 hours	☐	> 3 hours
Did you feel so tired that you had to make some effort to do things last week	☐	Yes	☐	No				
Did you feel tired or with lack of energy doing things you like last week	☐	Yes	☐	No				

SELF-REPORTING QUESTIONNAIRE (SRQ-20)

1.Do you have trouble thinking clearly?	☐ Yes	☐ No	11.Is your digestion not good?	☐ Yes	☐ No
2.Do you find it hard to do your daily work?	☐ Yes	☐ No	12.Do you have unpleasant sensations in your stomach	☐ Yes	☐ No
3.Do you find difficult taking decisions?	☐ Yes	☐ No	13.Do you get scared easily?	☐ Yes	☐ No
4.Is your daily work a suffering?	☐ Yes	☐ No	14.Do you feel nervous, tense or worried?	☐ Yes	☐ No
5.Do you feel tired all the time?	☐ Yes	☐ No	15.Do you feel unhappy?	☐ Yes	☐ No
6.Are you easily tired?	☐ Yes	☐ No	16.Do you cry more than usual?	☐ Yes	☐ No
7.Do you have frequent headaches?	☐ Yes	☐ No	17.Has the thought of ending your life been on your mind?	☐ Yes	☐ No
8.Do you feel lack of hunger?	☐ Yes	☐ No	18.Do you find it difficult to perform your work?	☐ Yes	☐ No
9.Do you sleep badly?	☐ Yes	☐ No	19.Have you lost interest in things?	☐ Yes	☐ No
10.Do your hands xemble?	☐ Yes	☐ No	20.Do you feel you're worthless?	☐ Yes	☐ No

Date: 4/7/23

Candidate/Employee Signature: بابر حیات

RESPIRATORY PROTECTION QUESTIONNAIRE

CANDIDATE / EMPLOYEE IDENTIFICATION

Civil ID / Passport #	Company ID #	Position
		H-D-D

Nationality	Age	Sex	Location

BABAR HAYAT
0045445 # 32 YRS 00516
78753 04-07-23 11:47

RESPIRATORY PROTECTION MEDICAL EVALUATION QUESTIONNAIRE - OSHA

Do you use a respirator? [ ] YES [ ] NO What type: ☐ Disposible mask ☐ Cartidge Mask ☐ SCBA

1. Do you currently smoke tobacco, or have you smoked tobacco in the last month? [ ] YES [ ] NO

2. Have you ever had any of the following conditions?

[ ] YES [ ] NO a. Seizures
[ ] YES [ ] NO b. Diabetes (sugar disease)
[ ] YES [ ] NO c. Trouble smelling odors
[ ] YES [ ] NO d. Allergic reactions that interfere with your breathing
[ ] YES [ ] NO e. Claustrophobia (fear of closed in places)

3. Have you ever had any of the following pulmonary or lung problems?

[ ] YES [ ] NO a. Asbestosis
[ ] YES [ ] NO b. Asthma
[ ] YES [ ] NO c. Chronic bronchitis
[ ] YES [ ] NO d. Emphysema
[ ] YES [ ] NO e. Pneumonia
[ ] YES [ ] NO f. Tuberculosis
[ ] YES [ ] NO g. Silicosis
[ ] YES [ ] NO h. Lung cancer
[ ] YES [ ] NO i. Broken ribs
[ ] YES [ ] NO j. Pneumothorax (collapsed lung)
[ ] YES [ ] NO k. Any chest injuries or surgeries
[ ] YES [ ] NO l. Any other lung problem that you have been told about

4. Do you currently have any of the following symptoms of pulmonary or lung illness?

[ ] YES [ ] NO a. Shortness of breath
[ ] YES [ ] NO b. Shortness of breath when walking fast on level ground or walking up a slight hill or incline
[ ] YES [ ] NO c. Shortness of breath when walking with other people at an ordinary pace on level ground
[ ] YES [ ] NO d. Have to stop for breath when walking at your own pace on level ground
[ ] YES [ ] NO e. Shortness of breath when washing or dressing yourself
[ ] YES [ ] NO f. Shortness of breath that interferes with your job
[ ] YES [ ] NO g. Coughing that produces phlegm (thick sputum)
[ ] YES [ ] NO h. Coughing that wakes you early in the morning
[ ] YES [ ] NO i. Coughing that occurs mostly when you are lying down
[ ] YES [ ] NO j. Coughing up blood in the last month
[ ] YES [ ] NO k. Wheezing
[ ] YES [ ] NO l. Wheezing that interferes with your job
[ ] YES [ ] NO m. Chest pain when you breathe deeply
[ ] YES [ ] NO n. Any other symptoms that you think may be related to lung problems

5. Have you ever had any of the following cardiovascular or heart problems?

[ ] YES [ ] NO a. Heart attack
[ ] YES [ ] NO b. Stroke
[ ] YES [ ] NO c. Angina
[ ] YES [ ] NO d. Heart failure
[ ] YES [ ] NO e. Swelling in your legs or feet (not caused by walking)
[ ] YES [ ] NO f. Heart arrhythmia
[ ] YES [ ] NO g. High blood pressure
[ ] YES [ ] NO h. Any other heart problems that you've been told about

6. Have you ever had any of the following cardiovascular or heart symptoms?

[ ] YES [ ] NO a. Frequent pain or tightness in your chest
[ ] YES [ ] NO b. Pain or tightness in your chest during physical activity
[ ] YES [ ] NO c. Pain or tightness in your chest that interferes with yourself
[ ] YES [ ] NO d. In the past two years, have you noticed your heart skipping or missing a beat
[ ] YES [ ] NO e. Heartburn or indigestion that is not related to eating
[ ] YES [ ] NO f. Any other symptoms that you think might be related to heart

7. Do you currently take medication for any of the following problems?

[ ] YES [ ] NO a. Breathing or lung problems
[ ] YES [ ] NO b. Heart trouble
[ ] YES [ ] NO c. Blood pressure
[ ] YES [ ] NO d. Seizures (fits)

8. If you've used a respirator, have you ever had any of the following problems?

[ ] YES [ ] NO a. Eye irritation
[ ] YES [ ] NO b. Skin allergies or rashes
[ ] YES [ ] NO c. Anxiety
[ ] YES [ ] NO d. General weakness or fatigue
[ ] YES [ ] NO e. Any other problem that interfere with your use of a respirator

Date: 4/7/23

Candidate/Employee Signature

بابر حیات

HEARING CONSERVATION QUESTIONNAIRE

CANDIDATE / EMPLOYEE IDENTIFICATION

Civil ID / Passport #	Company ID #		Position
		BABAR HAYAT # 004348 # 22 YM 00518 78753 04-07-23 11:47	H-DD
Nationality	**Age**	**Sex**	**Location**

HEARING CONSERVATION MEDICAL EVALUATION QUESTIONNAIRE - OSHA

Do you use hearing protection? [ ] YES [ ] NO What type: ☐ Earplugs ☐ Ear Muffs ☐ Double HP

1 - Have you been out of noise for the past 14-16 hours? [ ] YES [ ] NO
If NO, did you use hearing protection while in the noise? [ ] YES [ ] NO

2 - Check ALL of the following activities that you have done or do:

[ ] Hunting	[ ] Car races	[ ] Skeet shooting	[ ] Woodwork	[ ] Target shooting
[ ] Power tools	[ ] Mower	[ ] Concerts / Band	[ ] Welding	[ ] Air compressor
[ ] Construction	[ ] Scuba diving	[ ] Tractor (open or closed cab)		

Have you ALWAYS used hearing protection when participating in the above activities? [ ] YES [ ] NO

3 - Check ALL that you have experienced:

[ ] Ear Fullness	[ ] Ear Infections	[ ] Ear Surgery	[ ] Head Injury	[ ] Chemotherapy
[ ] Ringing in the ears	[ ] Ear Pain	[ ] Earwax buildup	[ ] Intravenous Antibiotics	[ ] Hole in the Eardrum
[ ] Ear Drainage	[ ] Dizziness			

4 - Check ALL that you have had/suffered from:

[ ] Meningitis	[ ] Diabetes	[ ] Measles	[ ] Syphilis	[ ] Chickenpox	[ ] Mumps	[ ] Chronic ear infections
[ ] Hypertension	[ ] Renal Failure	[ ] Tuberculosis	[ ] Previous surgery	[ ] Thyroid Problems	[ ] Trauma to head/ ear canal / tympanic membrane	

5 - Check ALL that you are currently suffering from:

[ ] Sinusitis	[ ] Cold/Flu	[ ] Ear Infection	[ ] Allergic rhinitis

6 - Do you have documented Hearing Loss? [ ] YES [ ] NO
If Yes. Which Ear(s)? [ ] Right Ear [ ] Left Ear [ ] Both Ear Who performed your hearing test?

7 - Have you EVER worn Hearing Aids? [ ] YES [ ] NO

If Yes. Which Ear(s)	[ ] Right Ear	[ ] Left Ear	[ ] Both Ear	
What Size?	[ ] Behind-the-ear	[ ] In-the-ear	[ ] In-the-canal	[ ] Completely-in-the-canal
What Type?	[ ] Analog	[ ] Digital		
Who fit your hearing aids?	[ ] Licensed Audiologist	[ ] Hearing Aid Dealer	[ ] Don't Know	
When did you receive your hearing aids?				

8 - Have you ever served in the military? [ ] YES [ ] NO

If yes, check division	[ ] Arm	[ ] Navy	[ ] Air Force	[ ] Marines	[ ] National Guard	Date / /

Do you have medical disability through the Veterans Administration (VA) for hearing loss or tinnitus? [ ] YES [ ] NO
If yes, how much? _____ % What is your TOTAL VA disability? _____ %

9 - Are you currently using any medication [ ] YES [ ] NO Which one?

10 - What kind of transport do you regularly use? [ ] Car [ ] Bus [ ] Motorcycle [ ] Walking

Date: 4/7/23

Candidate/Employee Signature

بابر حیات

PHYSICAL ASSESSMENT FORM

OQ

CANDIDATE / EMPLOYEE IDENTIFICATION

SABAR HAYAT
004 [illegible] 32 Y/M
78733 00519
04-07-23 11:47

Civil ID / Passport #	Company ID #		Position
			H-D-D
Nationality	**Age**	**Sex**	**Location**

VITAL SIGNS

Height: 169 cm | Weight: 76 Kg | BMI: 26.6 | Blood Pressure: 130/80 mmHg

Pulse: 72 /min

Medical Practitioner Name: DR. SHAH FAISAL General Practitioner MOH Lic No. 22368 | Signature: [signature]

VISUAL SYSTEM

	Right Uncorrected	Left Uncorrected	Right Corrected	Left Corrected	Both Uncorrected	Both Corrected
Visual Acuity Test	6/6	6/6			6/6	

Colour Vision Test Ishihara: # of Plates passed | Inform the Plates # failed | ☑ Normal ☐ Abnormal

Visual Field Test: ☑ Normal ☐ Abnormal

Stereoscopic Vision Test: ☑ Normal ☐ Abnormal

Date of Examination: 07/08/2023 | Medical Practitioner Name: DR. SHAH FAISAL General Practitioner MOH Lic No. 22368 | Signature: [signature]

RESPIRATORY SYSTEM

[1] Spirometry Test

Smoking Status: ☑ Never ☐ Ever Used ☐ Current | Patient's Posture During Test: ☐ Standing ☑ Sitting | Nose Clips Used: ☐ Yes ☐ No

Diagnosis: ☐ Asthma ☐ COPD ☐ Other ____________

Acceptability Criteria (select all what is applicable)
☑ Free from artifacts ☑ Satisfactory exhalation
☑ Good start ☐ NOT satisfactory

Repeatability Criteria (select all what is applicable)
☑ >3 acceptable curves FEV1 values AND FVC values within 0.15L (150 ml)
☐ Total of THREE to EIGHT tests performed
☐ The patient CAN NOT or SHOULD NOT continue

The Patient Demonstrated: ☐ Good Effort ☐ Difficulty following instructions ☐ Ability to obtain only one good effort ☐ Poor Effort ☐ Cooperation

Date of Examination: 07/08/2023 | Medical Practitioner Name: DR. SHAH FAISAL General Practitioner MOH Lic No. 22368 | Signature: [signature]

[2] Chest Shape and Movement	If abnormal, describe below:	[3] Chest Percussion	If abnormal, describe below:
☑ Normal ☐ Abnormal ☐ Not Examined		☑ Normal ☐ Abnormal ☐ Not Examined	

[3] Air Entry in Both Lungs	If abnormal, describe below:	[4] Breath sounds	If abnormal, describe below:
☑ Normal ☐ Abnormal ☐ Not Examined		☑ Normal ☐ Abnormal ☐ Not Examined	

Date of Examination: 07/08/2023 | Physician Name: DR. SHAH FAISAL General Practitioner MOH Lic No. 22368 | Signature: [signature]

ENT SYSTEM

[1] Otoscopy

Ear Canal Collapse: Right ☐ Yes ☑ No ☐ Not Exam | Left ☐ Yes ☐ No ☐ Not Exam

Eardrum Position: Right ☑ Normal ☐ Retracted ☐ Bulging ☐ Not Exam

Drainage: Right ☐ Yes ☑ No ☐ Not Exam | Left ☐ Yes ☐ No ☐ Unknown

Left ☑ Normal ☐ Retracted ☐ Bulging ☐ Not Exam

Perforation: Right ☐ Yes ☑ No ☐ Not Exam | Left ☐ Yes ☐ No ☐ Not Exam

Eardrum Vascularity: Right ☑ Normal ☐ Considerable ☐ Mild ☐ Not Exam

Cerumen: Right ☑ None ☐ Some ☐ A lot ☐ Impacted ☐ Not Exam

Left ☑ Normal ☐ Considerable ☐ Mild ☐ Not Exam

Left ☑ None ☐ Some ☐ A lot ☐ Impacted ☐ Not Exam

[2] Hearing Test

Whisper Test: ☑ Normal ☐ Abnormal ☐ Not Exam

Rinne Test: ☑ Normal ☐ Abnormal ☐ Not Exam

Weber Test: ☑ Normal ☐ Abnormal ☐ Not Exam

Audiometry Done: ☑ Yes ☐ No

Audiologyst Name: Signature: [signature]

Hearing Questionnaire verified: ☑ Yes ☐ No

DR. SHAH FAISAL
General Practitioner
MOH Lic No. 22368

PHYSICAL ASSESSMENT FORM

ENT SYSTEM

[2] Nose Assessment
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[3] Throat Assessment
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

CARDIOVASCULAR SYSTEM

[1] Heart Sounds
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[7] Heart Murmurs
- ☐ Present
- ☑ Absent
- ☐ Not Examined

If present, describe below:

[8] Peripheral Pulses
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[4] Peripheral Veins
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

NEUROLOGICAL SYSTEM

[1] Mental Status
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[2] Cranial Nerves
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[3] Motor System
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[4] Reflexes
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[5] Sensory System
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[6] Coordination, Station, Gait
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

MUSCULOSKELETAL SYSTEM

[1] Hand and Wrist
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[2] Elbow and Shoulder
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[3] Hip
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[4] Knees
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[5] Foot and Ankle
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[6] Spine and Back
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

OTHER

[1] Skin, Extremities
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[2] Head & Neck
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[3] Mouth and Teeth
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[6] Hernial Orifices
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[5] Abdominal Organs
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

[9] Lymph Nodes
- ☑ Normal
- ☐ Abnormal
- ☐ Not Examined

If abnormal, describe below:

Date of Examination: 07/05/2023 Physician Name: L.R. SHAH FAISAL General Practitioner MOH Lic No. 22388 Signature:

COMPANY NAME:

RESIDENT/CIVIL ID:

DATE:

ECG REPORT

ECG COMMENTS:

- NORMAL SINUS RHYTHM
- NORMAL QRS COMPLEX
- NO SIGNIFICANT ST/T CHANGES

OTHER FINDINGS (IF ANY)

CLINIC SEAL

Peace Land Medical Center
P.O. Box 1403, Postal Code: 133, Al Azaiba, Roundabout Al Sahwa Tower
Sultanate of Oman
Tel: 24617117/24617148/24617149

LAB RESULT

Name:	BABAR HAYAT	**Doc No:**	0034756
Age:	32 Y **Nationality:** PAKISTANI	**File No:**	0043442
Gender:	M	**Bill No:**	0051680
Ref. By:	DR.SHIMA	**Date:**	04/07/2023
GSM No.:	97293244	**Time:**	12:26

Test	Result	Normal Range
OQ Medical Checkup Package		
COMPLITE BLOOD COUNT		
RBC	5.5 x10^12/L	Male 4.38 -6.0 x 10^12/L Female 4.0- 5.2x10^12/L
HAEMOGLOBIN	16.4 gm %	Male 13 - 17 gm % Female 11 - 14 gm %
HCT	47.0 %	Male 39.30 -50.00 % Female 37 -47 %
MCV	84 fl	84-94 fl
MCH	28.4 pg	27 - 33 pg
MCHC	33.1 g/dl	29.6 - 35.6 %
WBC COUNT	8.6 x 10^9/L	4.0 - 11.0 x 10^9/L
DIFFERENTIAL COUNT		
NEUTROPHIL	62 %	40-75 %
LYMPHOCYTE	33 %	20-45 %
EOSINOPHIL	01 %	1-6 %
MONOCYTE	04 %	2-8%
BASOPHIL	00 %	0-1%
ESR	07	Male 0 - 15 mm / 1st hour Female 0 - 20 mm / 1st hour
PLATELET	**230 x 10^9/L**	150 - 450 x 10^9/L
Sickle cells (Screen)		
SICKLE CELL TEST	NEGATIVE	
Lipid profile(CH,TG,HDL,LDL)		
LIPID PROFILE		
Total Cholesterol	**130 mg/dl**	0.0 - 200 mg/dl
Triglyceride	**96.0 mg/dl**	0.0 - 150 mg/dl

PEACE LAND MEDICAL CENTER

Medical Technologist

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Ref. By:	DR.SHIMA	**Date:**	04/07/2023
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Test	Result	Normal Range
HDL - CHOL	**35.6 mg/dl**	35.0 - 79.0 mg/dl
LDL - CHOL	**75.2 mg/dl**	< 100 mg/dl
VLDL	**19.2 mg/dl**	2.0 - 30 mg/dl
LIVER FUCTION TEST		
ALKALINE PHOSPHATASE	94 U/L	53 - 128 U/L
S. BILIRUBIN TOTAL	**1.5 mg/dl**	0 - 2.0 mg/dl
S.G.O.T.	**24.5 U/L**	0 - 35.0 U/L
S.G.P.T.	**34.7 U/L**	10 - 45 U/L
ALBUMIN	**4.4 g/dl**	3.50 - 5.20 g/dl
TOTAL PROTEIN	**7.4 g/dl**	6 - 8 g/dl
S. BILIRUBIN DIRECT	**0.20 mg/dl**	0.0 - 0.20 mg/dl
RENAL FUNCTION TEST		
UREA	**19.8 mg/dl**	18.0 - 55.0 mg/dl
S.CREATININE	**0.82 mg/dl**	0.70 -1.30 mg/dl
S.URIC ACID	**7.1 mg/dl**	3.5 - 7.2 mg/dl
URINE ROUTINE ANALYSIS		
PHYSICAL		
Quantity	**5 ml**	
Colour	Yellow	
Sp. Gravity	1.015	
pH	Acidic	
Appearance	Clear	
CHEMICAL		
Nitrite	Negative	
Protein	Negative	
Glucose	Negative	
Ketones	Negative	

Medical Technologist

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Test	Result	Normal Range
Urobilinogen	Normal	
Bilirubin	Negative	
Blood	Negative	
MICROSCOPIC		
PUS CELLS	1-2	
EPITHELIAL CELLS	0-1	
RBC'S	0-1	
CASTS	NIL	
CRYSTALS	NIL	
BACTERIA	NIL	
OTHERS	NIL	
BLOOD GROUP & Rh TYPING	'B' Positive	
BLOOD GROUPING AND RH TYPING		
RANDOM BLOOD SUGAR	**85.3 mg/dl**	80 - 120 mg/dl
DRUG TESTING		
AMPHETAMINES(AMP)	NEGATIVE	
MORPHINE(MOP)	NEGATIVE	
COCAINE(COC)	NEGATIVE	
PHENCYCLIDINE(PCP)	NEGATIVE	
METHAMPHETAMINE(MET)	NEGATIVE	
TRAMADOL(TRA)	NEGATIVE	
BARBITURATES(BAR)	NEGATIVE	
BENZODIAZEPINES(BZO)	NEGATIVE	
MEDTHODONE(MED)	NEGATIVE	
TRICYCLIC ANTIDEPRESSANTS	NEGATIVE	
MARIJUANA(THC)	NEGATIVE	

PEACE LAND MEDICAL CENTER

Medical Technologist

2023-07-...

SABAR HAYAT

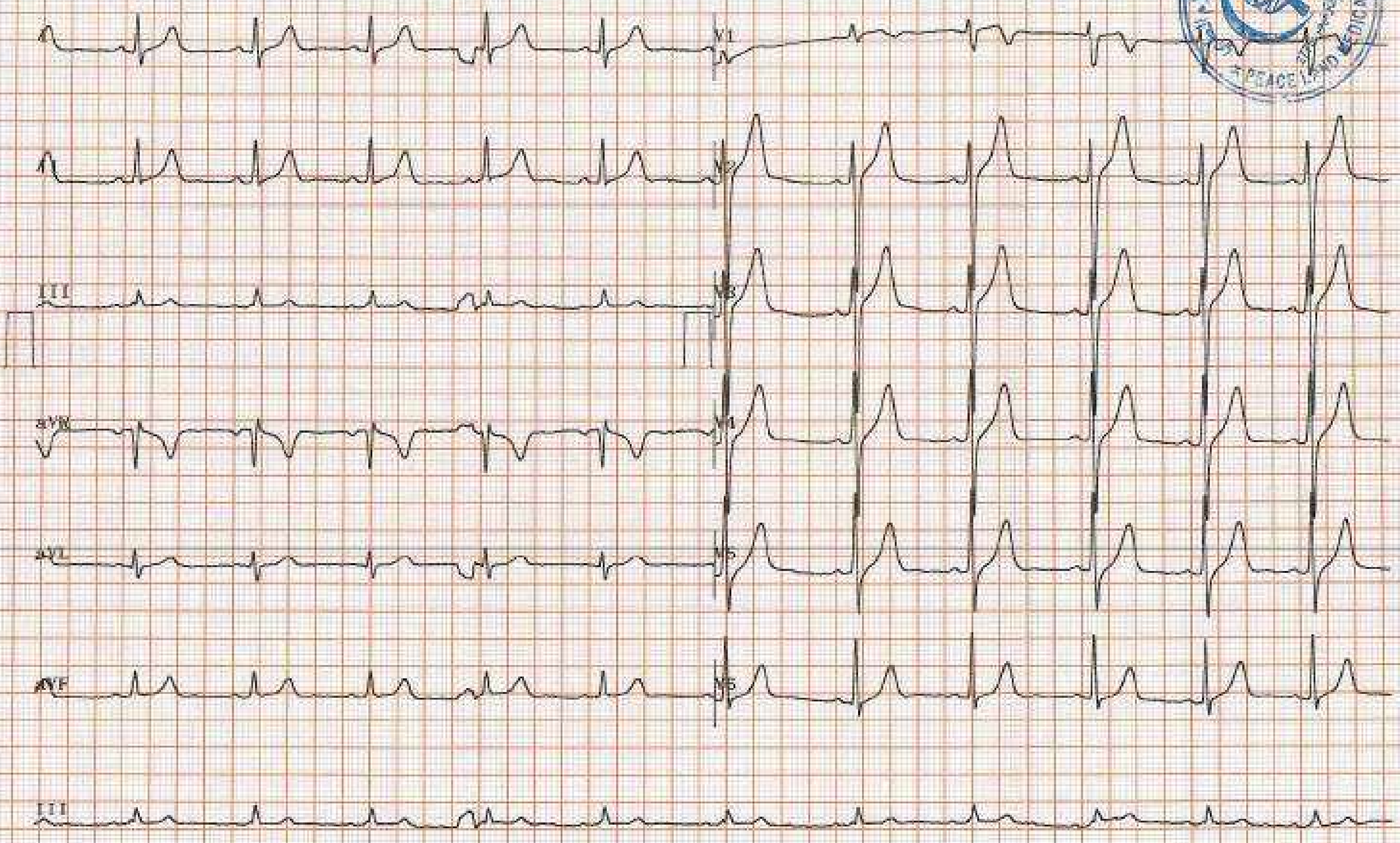
04-07-23 11:47

6 Channel + 1 Rhythm Report

Hospital:

Prescribed by:

Heart Rate: 69bpm ** Analysis Result ** (To be finally confirmed by cardiologist)
PR Int.: 146 ms Normal Sinus Rhythm
QRS Dur.: 94 ms Normal Axis
QT/QTc: 386/414 ms [Normal ECG]
P-R-T axes:
46 54 41



0.1Hz- 150Hz,AC50Hz. All Channels:10.0mm/mV 25.0mm/sec. EKG2000 Ver5.05M.30 Biomet Co., Ltd.

مركز بلاد السلام الطبي
Peace Land Medical Center

Peace Land
بلاد السلام

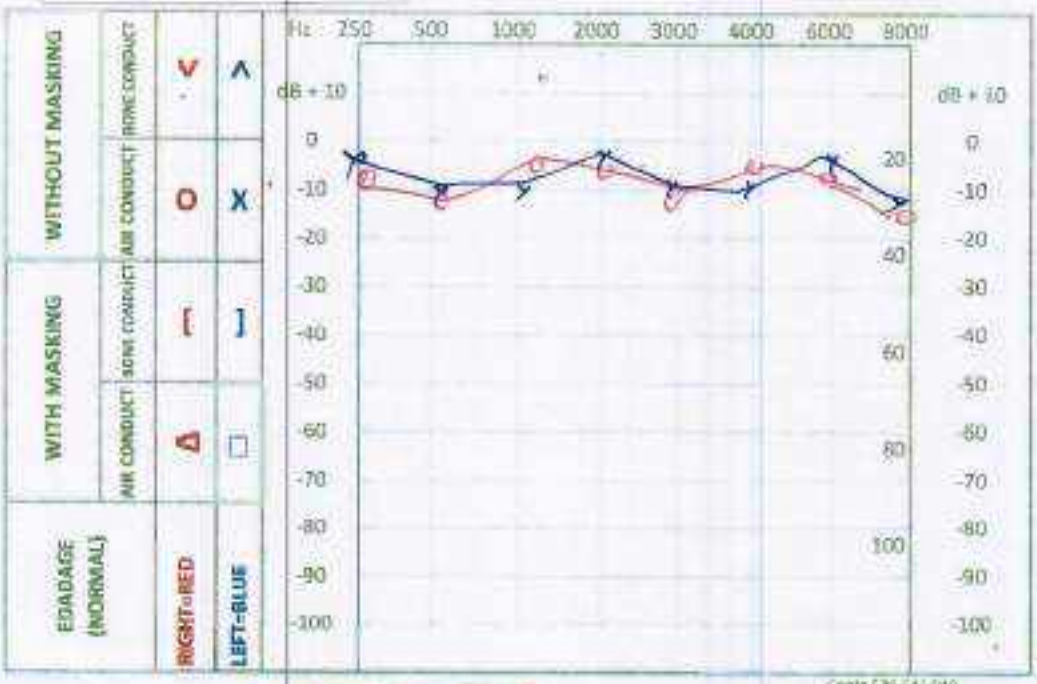
BABAR HAYAT

NA
AG
RE

78783 04-07-23 11:47

OMETRY TEST REPORT

COMPANY	T.O.
OCCUPATION	H.D.D
DATE	4/7/23



Sibelmed

INTERPRETATION
X LEFT EAR
O RIGHT EAR

RESULT
- [x] NORMAL
- [ ] HEARING LOSS
- [ ] RIGHT
- [ ] LEFT

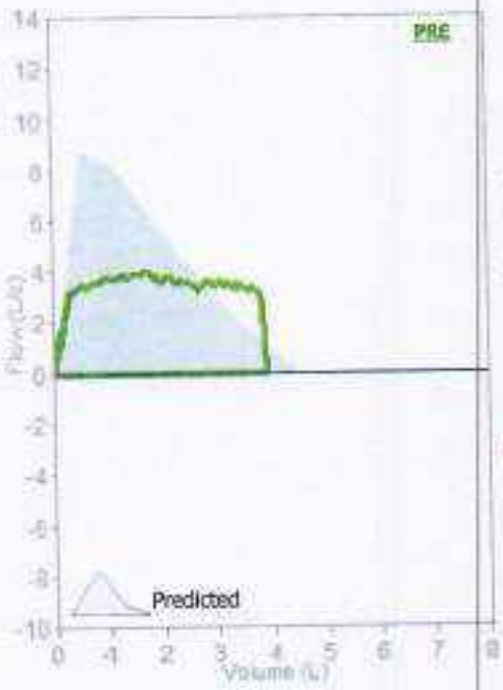
ص.ب ١٤٠٣ الرمز البريدي ١٣٣ دوار العذيبة شارع السيب مجمع السلوى ٢ سلطنة عمان
P.O. Box 1403, Postal Code : 133, Al Azaiba, Roundabout al Salwa Tower, Sultanate of Oman
Tel.: 24617117 / 24617148 / 24617149 فاكس: ٢٤٦١٧١١٥/٢٤٦١٧١٤٨/٢٤٦١٧١٤٩

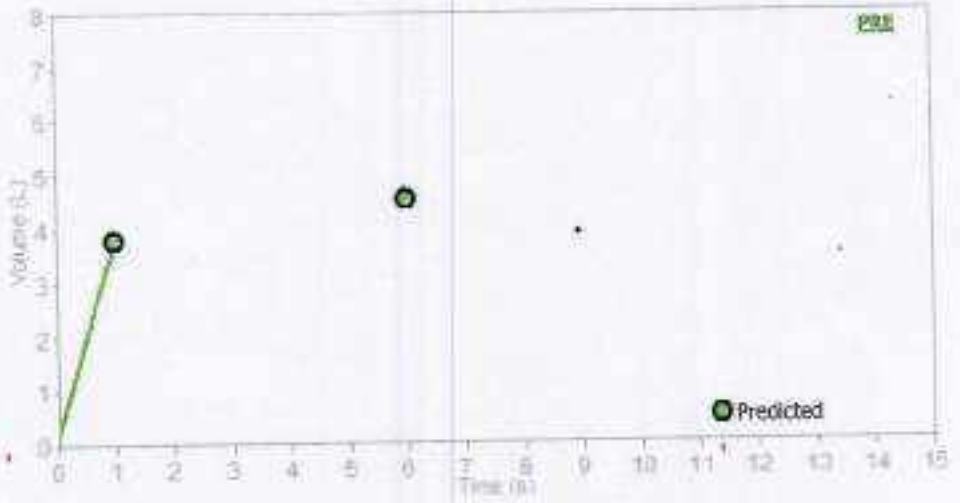
Pulmonary Function Test Results

Visit date 04/07/2023

Patient code	100105807	Age	32
Surname	HAYAT	Gender	Male
Name	BABAR	Height, cm	169
Date of birth	09/01/1991	Weight, kg	76
Ethnic group	Not defined	BMI	26.61
Smoke		Pack-Year	
Patient group			

FVC FEV1 FEV1%





Quality Control Grade: F
0 Acceptable trials

Interpretation

Normal Spirometry

PRE Trial date 04/07/2023 14:19:13

Parameters		LLN	Pred	Best	%Pred	Z-score	PRE # 1	PRE # 2	PRE # 3	POST	%Pred	%Chg
FVC	L	3.48	4.53	3.88*	86	-1.02	3.88			*		
FEV1	L	2.93	3.79	3.74*	99	-0.09	3.74			*		
FEV1/FVC	%	74.3	84.5	96.4*	114	1.92	96.4			*		
PEF	L/s	5.35	8.77	4.00*	46	-2.30	4.00			*		
ELA	Years		32	34	106		34					
FEF2575	L/s	2.33	4.11	3.70	90	-0.38	3.70					
FET	s		6.00	1.06	18		1.06					
FIVC	L	3.48	4.53									
FEV1/VC	%	74.3	84.5									

*Best values from all loops - BTPS L 105 22 °C (71.6 °F) - Predicted Knudson

Conclusion / Medical report

Signature

Instrument used
Minispir S S/N C11507
Last calibration check 01/11/2021 09:35:10

Patient Id	Patient Name	Age/Sex	Procedure Date	Referring Dr
100105807	BABAR HAYAT	032Y/M	04-07-2023	

DIGITAL X-RAY CHEST PA VIEW

FINDINGS:

Trachea and mediastinum in midline.

Both lung fields show normal bronchovascular markings.

Cardiothoracic ratio is within normal limits.

Both cardiophrenic and costophrenic angles are free.

Both domes of diaphragm are normally placed.

Bony ribcage and soft tissue structures appear normal.

IMPRESSION:

- **NO ABNORMALITIES DETECTED**

DIGITAL X-RAY LUMBAR SPINE AP / LAT VIEWS

Lumbar lordotic curvature and alignment maintained.

Vertebral bodies, pedicles, and posterior elements appear normal.

Inter-vertebral disc spaces are not narrowed.

Sacro-iliac joints appear intact.

Pre- and para-vertebral soft tissues are unremarkable.

IMPRESSION: **NO X-RAY ABNORMALITIES DETECTED**

DR. ROMEL M.HUERTO
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RADIOLOGIST
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Radiologist
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