



مركز الرسيل الصحي RUSAYL HEALTH CENTRE

ISO 9001 - 2015 Certified Co.

No. B

Had Shamsuddeen Civil ID No. 79377948

COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION			
N	A						
✓		1. Eyes & Pupils		ERTL, pink palpebral conjunctiva			
✓		2. E.N.T.		Unremarkable			
✓		3. Teeth & Mouth		Dental carrier			
✓		4. Lungs & Chest		SCE, clear BS BLF, @ crackles			
✓		5. Cardiovascular System		Adynamic precordium AB 5th LMC MCL @ mur			
✓		6. Abdo. Viscera		Flat abdomen, non-tender			
✓		7. Hernial Orifices		Unremarkable			
✓		8. Anus & Rectum		Unremarkable			
✓		9. Genito-urinary		Unremarkable			
✓		10. Extremities		++ pulses Full and equal			
✓		11. Musculo-skeletal		No deformities			
✓		12. Skin & Varicose Vns.		No active skin lesions			
✓		13. C.N.S.		Unremarkable			
HEIGHT cm		WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION
172		78	26	125 81	70 /mins.	L (N) R (N)	DISTANT NEAR Uncorrected Corrected
							R/L B/L
N	A			LABORATORY AND OTHER SPECIAL INVESTIGATIONS		N	A
✓		1. Urinalysis		FBS 86 mg/dL		✓	7. Audiogram
✓		2. Hb, Bloodcount, ESR		TC 271			8. Lung Function
✓		3. LFT, RFT, RBS		LDL 193			9. Chest X-Ray
	✓	4. Drug Screen		Uric Acid 7.12			10. ECG
		5. Lipids (40 years +)					11. CVS risk for 40 yrs. & abo
		6. Sickle Cell test					12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Improve diet and exercise regularly
For repeat uric acid and lipid profile test after 3 months

Overweight (BMI 26)
Dyslipidaemia

ASSESSMENT AND RECOMMENDATIONS:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Fit to H

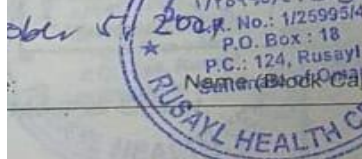
October 5, 2021

DR. EUGENE LOPEZ

Name (Block Capitals): Dr. / Nurse

VIEW/CONSULTATION

DR. EUGENE LOPEZ



DR. EUGENE R. LOPEZ
MEDICAL OFFICER
RUSAYL HEALTH CENTRE
MOH LIC NO. 13450

Signature: