



11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)



Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname		Forenames	
Address		Home telephone number	
Place of examination	Date		
If a dependant enter employee's name here			
Surname		Forenames	
Birth date	Nationality	Country of birth	Religion
☐ Male ☐ Female	☐ Married ☐ Single ☐ Separated/Divorced	☐ Wife ☐ Son ☐ Daughter	Number of children
Reason for examination		Pre-Employment ☐ Job: ☐ Pre-Overseas ☐ Area: ☐	
Name and address of family doctor		List your last 3 jobs	
		(1)	
		(2)	
Are you a Registered Disabled Person? (UK only)		Do you belong to any Medical Insurance Scheme?	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments)			
	Y	N	
1. Sinus trouble			21. Cancer
2. Neck swelling/swallowing			22. Heart Disease
3. Difficulty in vision			23. Rheumatic fever
4. Any ear discharge			24. Abnormal heartbeat
5. Asthma/bronchitis			25. High blood pressure
6. Hayfever/other significant allergy			26. Stroke
7. Any skin trouble			27. Serious chest pain
8. Tuberculosis			28. Any blood disease
9. Shortness of breath			29. Kidney disease
10. Coughed/vomited blood			30. Blood in urine
11. Severe abdominal pain			31. Diabetes
12. Stomach ulcer			32. Headaches/migraine
13. Recurrent indigestion			33. Dizziness/fainting
14. Jaundice or hepatitis			34. Epilepsy
15. Gall Bladder disease			35. Joints/spinal trouble
16. Marked change in bowel habits			36. Surgical operation
17. Blood in stools (motions)			37. Serious accident/fracture
18. Marked change in weight			38. Tropical disease
19. Varicose veins			39. Fear of heights
20. Lump in breast/arm/pit			
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()			
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date:	Signature of Applicant:		

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION										
N	A											
☒		1. Eyes & Pupils										
☒		2. E.N.T.										
☒		3. Teeth & Mouth										
☒		4. Lungs & Chest										
☒		5. Cardiovascular System										
☒		6. Abdo. Viscera										
☒		7. Hemial Orifices										
☒		8. Anus & Rectum										
☒		9. Genito-urinary										
☒		10. Extremities										
☒		11. Musculo-skeletal										
☒		12. Skin & Varicose Vns.										
☒		13. C.N.S.										
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING L	VISION DISTANT		NEAR	Colour Vision	Blood Group		
168	85	30.1	130/80	80	R	Uncorrected	6/6	6/6				
						Corrected						
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS								N	A	
☒		1. Urinalysis									☒	7. Audiogram
☒		2. Hb. Bloodcount, ESR									☒	8. Lung Function
☒		3. LFT, RFT, RBS									☒	9. Chest X-Ray
☒		4. Drug Screen										10. ECG
☒		5. Lipids (40 years +)										11. CVS risk for 40 yrs. & above
☒		6. Sickle Cell test										12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date:

Name (Block Capitals): Dr. / Nurse

REVIEW/CONSULTATION

Date:

Name (Block Capitals): Dr. / Nurse

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date:	9/1/2023
Name: Aguel J. J. J.		Department/Company:	T.O.
I. D No.	93812443	Tel #	94389950
Occupation :			

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

0 Lying down to rest in the afternoon when circumstances permit

1 Sitting and talking with someone

0 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Aguel J. J. J. (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 9/1/2023

Fitness to Work Certificate

Employee Data		Date 9/1/2023	
Name Aged. T92		Department/Company 70	
I.D No. 93812HH3	Age 35/4M	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit		Date	
Name of health advisor [Signature]		Date 9/1/2023	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0247572	Report No: 0644671
Name: AQEEL IJAZ	Sample Date: 09/01/2023 Time: 9:23
	Received By: 181773
Address:	Received Date: 09/01/2023 Time: 9:36
Gender: M Age: 35 Y Nationality: PAKISTANI	Report Date: 09/01/2023 Time: 10:55
GSM No.: 94389950 ID Card No.: 93812443	Bill No: 0859129 Bill Date: 09/01/2023
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckoman)		
FBS (FASTING BLOOD SUGAR)	6.08 mmol/L	3.9 - 6.1
Method :- Hexokinase	109.44 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.58 mmol/L	1 - 5.1
Method:-Enzymatic	215.72 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.958 mmol/L	0.777 - 1.813
Method:-Enzymatic	37.04 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.52 mmol/L	1.295 - 4.54
Method:-Calculation	136.02 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.1 mmol/L	0.259 - 1.036
Method:-Calculation	42.66 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	5.82	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	2.41 mmol/L	0.564 - 2.146
Method : Enzymatic	213.285 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.278 mg/dL	0.1 - 1
Method : Diazo	4.75 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.101 mg/dL	0.1 - 0.5
Method : Diazo	1.73 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	36.60 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	54.10 U/L	Male: 10-50 Female: 10-35



Processed By:
181773

Lab Technologist

MOH License No: 21829

Approved By:
181773

Lab Technologist

Released By:
181773

Lab Technologist

MOH License No: 21829

DR. SHAYFA P

Specialist Pathologist

MOH LIC NO:13475

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INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	118.59 U/L	Adult : Men -40-129 :Female 35-104 Children (Aged) 7 months - 1 Year :- <462 1 Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years (M) :- <390 13 Years - 17 Years (F) :- <187
TOTAL PROTEIN-SERUM (Colorimetric Assay)	8.27 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.71 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.56 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.32	1.2 - 1.5
GGT (GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	59.28 U/L	Men : 8-61 Female : 5-36
Method : -Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.90 mmol/L	1.7 - 8.3
Method : Kinetic Assay	29.43 mg/dL	10.2 - 49.8
CREATININE - SERUM	83.12 µmol/L	44.2 - 123.7
Method : -Jaffé Method	0.94 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	11820 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	49.4 %	40-75%

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Lab Technologist

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Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	38.4 %	20-45%
EOSINOPHILS	3.7 %	2-6 %
MONOCYTES	7.9 %	2-8 %
BASOPHILS	0.6 %	0-1%
HB (HEMOGLOBIN)	15.4 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.39 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.36 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	46.50 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	86.30 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	28.60 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	33.10 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	04 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

NEGATIVE

Method : -Haemoglobin solubility test

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DR. SHAYFA P

Specialist Pathologist

MOH LIC NO:13475

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Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



Signature of Dr. Shayfa P

DR. SHAYFA P
Specialist Pathologist

MOH LIC NO:13475

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Signature of Lab Technologist
Processed By:
181773

Lab Technologist

MOH License No: 21829

Signature of Lab Technologist
Approved By:
181773

Lab Technologist

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Lab Technologist

MOH License No: 21829

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X-RAY REPORT

Doc No:	0067317
Name:	AQEEL IJAZ
Age/DOB:	35 Y Omani ID/ L.Card No:: 93812443
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	09/01/2023
X-Ray Film No:	PDO
Bill No:	0859129
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

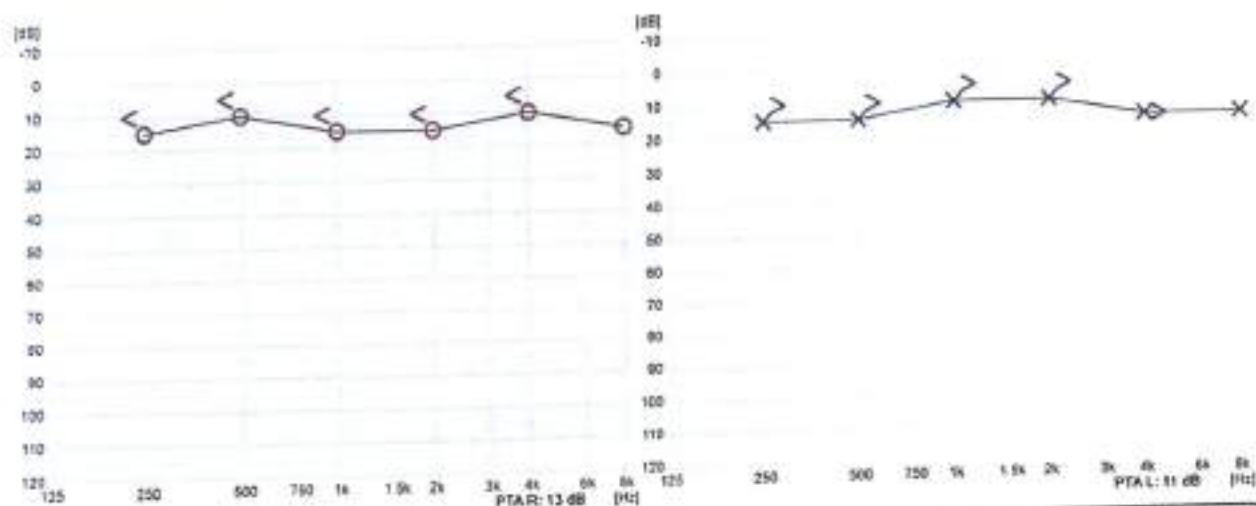
Signature:

DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21068
ASTER HOSPITAL IBRI



SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0659129 Last name - First name: AQEEL, LIAS Born: 09.01.2023
Test type: Tonal audiometry Test date: 09.01.2023



Legend	R	L
Air	O	X
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
WCL	M	M
UCL	m	m
Free Field	⊙	⊗
Free FieldMasked	A	A
Binaural	B	
No response	I	

Comments:
BILATERAL NORMAL HEARING SENSITIVITY

Signature:

Date: 9/01/2023