



11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Petrolium Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Place of examination		Date: 4/2/2023	Surname: Syed Iram Ali Jamini	
If a dependant enter employee's name here:		Forenames: Syed		
Birth date: 18/4/1987		Nationality: Pakistani	Country of birth: Pakistan	
Relationship to employee		Number of children:		
☐ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	☐ Wife ☐ Son ☐ Daughter		
Reason for examination		Pre-Employment ☐ Job: ☐ Pre-Overseas ☐ Area: ☐		
Name and address of family doctor		List your last 3 jobs		
		(1)		
		(2)		
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐		
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
Y		N		Y N
1. Sinus trouble		☒		21. Cancer
2. Neck swelling/glands		☒		22. Heart Disease
3. Difficulty in vision		☒		23. Rheumatic fever
4. Any ear discharge		☒		24. Abnormal heartbeat
5. Asthma/bronchitis		☒		25. High blood pressure
6. Hayfever /other significant allergy		☒		26. Stroke
7. Any skin trouble		☒		27. Serious chest pain
8. Tuberculosis		☒		28. Any blood disease
9. Shortness of breath		☒		29. Kidney disease
10. Coughed/vomited blood		☒		30. Blood in urine
11. Severe abdominal pain		☒		31. Diabetes
12. Stomach ulcer		☒		32. Headaches/migraine
13. Recurrent indigestion		☒		33. Dizziness/fainting
14. Jaundice or hepatitis		☒		34. Epilepsy
15. Gall Bladder disease		☒		35. Joints/spinal trouble
16. Marked change in bowel habits		☒		36. Surgical operation
17. Blood in stools (motions)		☒		37. Serious accident/fracture
18. Marked change in weight		☒		38. Tropical disease
19. Varicose veins		☒		39. Fear of heights
20. Lump in breast/armpit		☒		
How much tobacco each day?		Average daily alcohol consumption		
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs				
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()				
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-				
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserves the right to dismiss me if it was found that I have purposely withheld important medical information.				
Date: 4/2/2023		Signature of Applicant: [Signature]		



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities.

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION									
N	A										
☒		1. Eyes & Pupils									
☒		2. E.N.T.									
☒		3. Teeth & Mouth									
☒		4. Lungs & Chest									
☒		5. Cardiovascular System									
☒		6. Abdo. Viscera									
☒		7. Hemial Orifices									
☒		8. Anus & Rectum									
☒		9. Genito-urinary									
☒		10. Extremities									
☒		11. Musculo-skeletal									
☒		12. Skin & Varicose Vns.									
☒		13. C.N.S.									
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING L	VISION DISTANT		NEAR		Colour Vision	Blood Group
155	109	h ² h	120 80	14 /mins.	R	Uncorrected	R L	R L			
						Corrected	6/6	6/6			
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A				
☒		1. Urinalysis				☒		7. Audiogram			
☒		2. Hb, Bloodcount, ESR				☒		8. Lung Function			
☒		3. LFT, RFT, RBS				☒		9. Chest X-Ray			
☒		4. Drug Screen				☒		10. ECG			
☒		5. Lipids (40 years +)				☒		11. CVS risk for 40 yrs. & above			
☒		6. Sickle Cell test				☒		12. HIV, Hepatitis screening			
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)											
ASSESSMENT:											
☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT											
Date: 11/2/2013 Name (Block Capitals): DR. [Signature]											
REVIEW/CONSULTATION											
Date: _____ Name (Block Capitals): DR. [Signature]											

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: <u>4/2/2023</u>
Name: <u>Syed Inam Ali Shamin</u>		Department/Company: <u>HO</u>
I.D No. <u>91333113</u>	Tel # <u>94113570</u>	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

1 as a passenger in the car for an hour without a break

1 Lying down to rest in the afternoon when circumstances permit

0 Sitting a talking with someone

0 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 2

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I Syed (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 4/2/2023

Fitness to Work Certificate

Employee Data		Date 4/2/2023	
Name Syed Inam Ali Shamin		Department/Company FO	
ID No. 91333113	Age 35/yr	Occupation	
Type of Medical Evaluation		Mark these applying ✓	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers – group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers – group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows,			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges	☐	☐	
Working at height	☐	☐	
Lifting, pushing, or carrying weight over ____ Kg	☐	☐	
Ascend/descend ladders or stairs	☐	☐	
Operate motor vehicles, forklifts or heavy machinery	☐	☐	
Use of a respirator	☐	☐	
Repetitive twisting of valves or wrenches	☐	☐	
Flying	☐	☐	
Other (Specify)	☐	☐	
Temporary Unfit until			
Permanently Unfit			
Name of Health Advisor Dr. Fayez	Signature 	Date 4/2/2023	Date



DEPARTMENT OF LABORATORY MEDICINE

File No: 0213998
Name: SYED INAM ALI

Address:
Gender: M Age: 35 Y Nationality: PAKISTANI
GSM No.: 99624394 ID Card No.: 91333113
Ref. By: EXTERNAL DOCTOR

Report No: 0647389
Sample Date: 04/02/2023 Time: 9:30
Received By: SREERAJ
Received Date: 04/02/2023 Time: 9:35
Report Date: 04/02/2023 Time: 10:47
Bill No: 0862356 Bill Date: 04/02/2023
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckoman)		
FBS (FASTING BLOOD SUGAR)	5.22 mmol/L	3.9 - 6.1
Method: - Hexokinase	93.96 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.30 mmol/L	1 - 5.1
Method: -Enzymatic	204.9 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.14 mmol/L	0.777 - 1.813
Method: -Enzymatic	44.07 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.56 mmol/L	1.295 - 4.54
Method: -Calculation	137.29 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.61 mmol/L	0.259 - 1.036
Method: -Calculation	23.54 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.65	3.8 - 5.9
Method: -Calculation		
TRIGLYCERIDES	1.33 mmol/L	0.564 - 2.146
Method: Enzymatic	117.705 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.57 mg/dL	0.1 - 1
Method: Diazo	9.75 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.20 mg/dL	0.1 - 0.5
Method: Diazo	3.42 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	23.30 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	33.20 U/L	Male: 10-50 Female: 10-45

Processed By:
181773
Lab Technologist

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist

DR. SHAYFA P
Specialist Pathologist

MOH License No: 21829

MOH License No: 8644

MOH LIC NO:13475

Electronically Signed at: 04/02/2023 10:47:00 AM

Printed at: 04/02/2023 10:47:51 AM

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INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	69.15 U/L	Adult : Men -40-129 Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	8.26 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.50 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.76 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.2	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	48.85 U/L	Men : 8-61 Female : 5-36
Method : Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	5.50 mmol/L	1.7 - 8.3
Method : Kinetic Assay	33.03 mg/dL	10.2 - 49.8
CREATININE - SERUM	100.45 µmol/L	44.2 - 123.7
Method : Jaffé Method	1.14 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	5300 cells/cumm	4000 - 11000 cells/cumm
Method : -Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method : -Fluorescence Flow Cytometry		
NEUTROPHILS	52.2 %	40-75%

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Lab Technologist

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INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	34.2 %	20-45%
EOSINOPHILS	5.3 %	2-6 %
MONOCYTES	7.9 %	2-8 %
BASOPHILS	0.4 %	0-1%
HB (HEMOGLOBIN)	16.3 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.44 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	1.99 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	51.60 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	94.90 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	30.00 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	31.60 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

NEGATIVE

Method : -Haemoglobin solubility test

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Lab Technologist

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Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Processed By:
181773

Lab Technologist

Approved By:
SREERAJ

Lab Technologist

Released By:
SREERAJ

Lab Technologist

MOH License No: 6544



DR. SHAYFA P
Specialist Pathologist

MOH LIC NO:13475

Electronically Signed at: 04/02/2023 10:47:00 AM

MOH License No: 21829

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X-RAY REPORT

Doc No:	0068021		
Name:	SYED INAM ALI		
Age/DOB:	35 Y	Omani ID/ L.Card No::	91333113
Sex:	Male		
Referred By:	EXTERNAL DOCTOR		
Clinical Diagnosis:			
X-Ray/UltraSound	CHEST X-RAY		
Date:	04/02/2023		
X-Ray Film No:	PDO		
Bill No:	0862356		
Charge Sheet No:			

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:



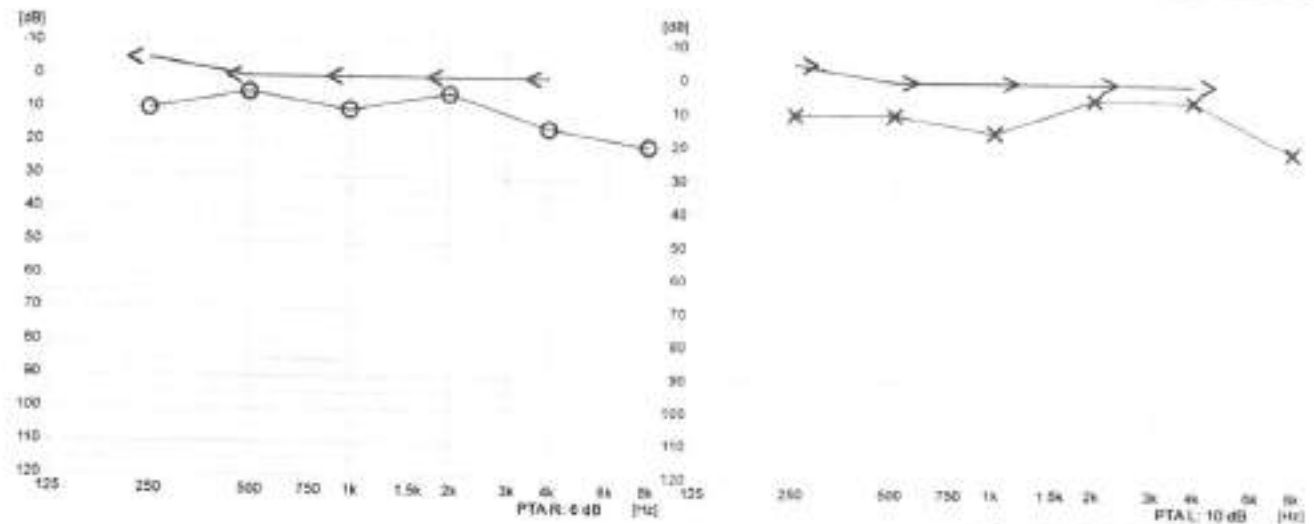
Seal

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0862355	Last name, First name SYED INAM, ALJ	Born: 04.02.2023
Test type Tonal audiometry	Test date: 04.02.2023	



PTA
Right:- 6 dB HL
Left:- 10 dB HL

Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊙	⊗
Free FieldAided	A	A
Binaural	B	
No response	I	

Comments

BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

Signature:

Held by Haders Biomedics S.p.A. - www.hadersbiomedics.it



Date: 04/02/2023