Aster HOSPITAL
We'll Treat You Well

أستر مستشفى
نحن نعتني بك دائما

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Surname	ASGHAR MUHAMMED
Forenames	ADNAN
Address:	Ibri
Home telephone number	

Place of examination: Aster Hospital, Ibri	**Date:** 11/2/21		
If a dependant enter employee's name here:		**Project:**	
Birth date: 12/2/1994	**Nationality:** Pakistan	**Country of birth:**	**Religion:**
☑ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	**Relationship to employee** ☐ Wife ☐ Son ☐ Daughter	Number of children:
Reason for examination	Pre-Employment ☐ Job:		
	Pre-Overseas ☐ Area:		
Name and address of family doctor		List your last 3 jobs	
		(1)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	

DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

	Y	N		Y	N		Y	N
1. Sinus trouble		✓	21. Cancer		✓	**HAVE YOU EVER BEEN:-**		
2. Neck swelling/glands		✓	22. Heart Disease		✓	40. Rejected for employment or insurance for medical reasons		✓
3. Difficulty in vision		✓	23. Rheumatic fever		✓	41. Awarded benefits for industrial injury/illness		✓
4. Any ear discharge		✓	24. Abnormal heartbeat		✓	42. Treated for a mental condition, e.g. depression		✓
5. Asthma/bronchitis		✓	25. High blood pressure		✓	43. Treated for problem drinking or drug abuse		✓
6. Hayfever /other significant allergy		✓	26. Stroke		✓	44. Exposed to toxic substance or noise		✓
7. Any skin trouble		✓	27. Serious chest pain		✓	**FOR WOMEN ONLY**		
8. Tuberculosis		✓	28. Any blood disease		✓	Have you ever had:-		
9. Shortness of breath		✓	29. Kidney disease		✓	45. An abnormal smear		
10. Coughed/vomited blood		✓	30. Blood in urine		✓	46. Any gynaecological treatment		
11. Severe abdominal pain		✓	31. Diabetes		✓	47. Are you pregnant?		
12. Stomach ulcer		✓	32. Headaches/migraine		✓	48. **Have you had an illness not mentioned above**		
13. Recurrent indigestion		✓	33. Dizziness/fainting		✓			
14. Jaundice or hepatitis		✓	34. Epilepsy		✓			
15. Gall Bladder disease		✓	35. Joints/spinal trouble		✓			
16. Marked change in bowel habits		✓	36. Surgical operation		✓			
17. Blood in stools (motions)		✓	37. Serious accident/fracture		✓			
18. Marked change in weight		✓	38. Tropical disease		✓			
19. Varicose veins		✓	39. Fear of heights		✓			
20. Lump in breast/armpit		✓						

How much tobacco each day? — Average daily alcohol consumption

Have you ever taken elicited drugs? ( ) PDO test all new/potential employees for elicited/recreational drugs

FAMILY HISTORY: Diabetes (✗) Tuberculosis (✗) Epilepsy (✗) Asthma (✗) Eczema (✗)
Heart disease (✗) High blood pressure (✗) Stroke (✗) Blood Disease (✗) Cancer (✗)

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. **I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.**

Date: 11/2/21 **Signature of Applicant:**

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FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N	A	N = Normal A = Abnormal (please describe)	PHYSICAL EXAMINATION
✓		1. Eyes & Pupils	
✓		2. E.N.T.	
✓		3. Teeth & Mouth	
✓		4. Lungs & Chest	
✓		5. Cardiovascular System	WNL
✓		6. Abdo. Viscera	
✓		7. Hernial Orifices	
✓		8. Anus & Rectum	
✓		9. Genito-urinary	
✓		10. Extremities	
✓		11. Musculo-skeletal	
✓		12. Skin & Varicose Vns.	
✓		13. C.N.S.	

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group
						DISTANT		NEAR			
						R	L	R	L		
174cm	75kg	24.8	140/90	94 /mins.	L	Uncorrected		6/6	6/6		
					R	Corrected					

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
✓		1. Urinalysis		✓		7. Audiogram
✓		2. Hb, Bloodcount, ESR				8. Lung Function
✓		3. LFT, RFT, RBS		✓		9. Chest X-Ray
		4. Drug Screen				10. ECG
✓		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
✓		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☑ **FIT ALL AREAS** ☐ **FIT WITH RESTRICTION** ☐ **EMPORARY UNFIT** ☐ **UNFIT**

Date: 11/02/21 Name (Block Capitals): Dr. Signature:

د. كيران رافيندران ناير
DR. KIRAN RAVEENDRAN NAIR
رقم الترخيص: ٨٨٦١
LICENECE NO: 8861
طبيب عام
GENERALPRACTITIONER

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. Signature:

OMAN AL KHAIR HOSPITAL L.L.C

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نقال: ٧٧٩٩٥٥٧١/٧٣٩٩٠٩١٣ +٩٦٨

مستشفى عمان الخير ش.م.م
ص.ب: ٤٠٠ الرمز البريدي: ٥١١
عبري، سلطنة عمان

DEPARTMENT OF LABORATORY MEDICINE

File No: 0219205
Name: ADNAN ASGHAR MUHAMMED ASGHAR
Address:
Gender: M **Age:** 27 Y **Nationality:** PAKISTANI
GSM No.: 93862827 **ID Card No.:** 106450284
Ref. By: EXTERNAL DOCTOR

Report No: 0564738
Sample Date: 11/02/2021 **Time:** 17:50
Received By: ASHWINI
Received Date: 11/02/2021 **Time:** 17:56
Report Date: 11/02/2021 **Time:** 18:55
Bill No: 0745843 **Bill Date:** 11/02/2021
Report Status: Preliminary

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckoman)		
FBS (FASTING BLOOD SUGAR)	5.35 mmol/L	3.9 - 6.1
Method :- Hexokinase	96.3 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	**6.18 mmol/L**	1 - 5.1
Method:-Enzymatic	**238.92 mg/dl**	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.04 mmol/L	0.777 - 1.813
" "	40 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.93 mmol/L	1.295 - 4.54
" "	151.84	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	**1.22 mmol/L**	0.259 - 1.036
" "	**47.08 mg/dl**	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	**5.94**	3.8 - 5.9
TRIGLYCERIDES	**2.66 mmol/L**	0.564 - 2.146
Method : Enzymatic	**235.41 mg/dl**	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.39 mg/dL	0.1 - 1
Method : Diazo	6.70 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.23 mg/dL	0.1 - 0.5
Method : Diazo	3.99 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	27.60 U/L	Male: up to 40.0 Female: up to32.0
SGPT (ALT)-SERUM (IFCC)	44.60 U/L	Male: 10-50 Female:10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	102.35 U/L	Adult : Men -40-129

Processed By: JIBI *Lab Technologist*
MOH LIC No: 4384

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Specialist Pathologist

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