

11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)



**Petro Development Oman
MEDICAL DEPARTMENT**

PLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname: Tahir. Bashir		Forenames: Tahir Bashir	
Address: 79148478		Home telephone number: 79148478	
Place of examination: 28/1/2020	Date: 28/1/2020		
If a dependant enter employee's name here: Surname: Tahir Bashir Forenames: Tahir Bashir			
Birth date: 9/12/90	Nationality: Pakistan	Country of birth: Pakistan	Religion: Islam
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	Relationship to employee: ☐ Wife ☐ Son ☐ Daughter	Number of children: 0
Reason for examination: ☐ Pre-Employment ☐ Job: ☐ Pre-Overseas ☐ Area:			
Name and address of family doctor:		List your last 3 jobs: (1) (2) (3) (4) (5) (6) (7) (8) (9) (10) (11) (12) (13) (14) (15) (16) (17) (18) (19) (20) (21) (22) (23) (24) (25) (26) (27) (28) (29) (30) (31) (32) (33) (34) (35) (36) (37) (38) (39) (40) (41) (42) (43) (44) (45) (46) (47) (48) (49) (50) (51) (52) (53) (54) (55) (56) (57) (58) (59) (60) (61) (62) (63) (64) (65) (66) (67) (68) (69) (70) (71) (72) (73) (74) (75) (76) (77) (78) (79) (80) (81) (82) (83) (84) (85) (86) (87) (88) (89) (90) (91) (92) (93) (94) (95) (96) (97) (98) (99) (100) (101) (102) (103) (104) (105) (106) (107) (108) (109) (110) (111) (112) (113) (114) (115) (116) (117) (118) (119) (120) (121) (122) (123) (124) (125) (126) (127) (128) (129) (130) (131) (132) (133) (134) (135) (136) (137) (138) (139) (140) (141) (142) (143) (144) (145) (146) (147) (148) (149) (150) (151) (152) (153) (154) (155) (156) (157) (158) (159) (160) (161) (162) (163) (164) (165) (166) (167) (168) (169) (170) (171) (172) (173) (174) (175) 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FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION									
N	A										
/		1. Eyes & Pupils									
/		2. E.N.T.									
/		3. Teeth & Mouth									
/		4. Lungs & Chest									
/		5. Cardiovascular System									
/		6. Abdo. Viscera									
/		7. Hemial Orifices									
/		8. Anus & Rectum									
/		9. Genito-urinary									
/		10. Extremities									
/		11. Musculo-skeletal									
/		12. Skin & Varicose Vns.									
/		13. C.N.S.									
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins.	HEARING L R	VISION DISTANT R L R L Uncorrected Corrected				Colour Vision	Blood Group
164	75	27.9	116/64	70/12		6/6 6/6					
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A				
/		1. Urinalysis				/		7. Audiogram			
/		2. Hb, Bloodcount, ESR				/		8. Lung Function			
/		3. LFT, RFT, RBS				/		9. Chest X-Ray			
/		4. Drug Screen				/		10. ECG			
/		5. Lipids (40 years +)				/		11. CVS risk for 40 yrs. & above			
/		6. Sickle Cell test				/		12. HIV, Hepatitis screening			
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)											
ASSESSMENT:											
☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT											
Date: 24/11/22 Name (Block Capitals): Dr. / Nurse, R. A. R. R. R.						Signature: [Signature]					
REVIEW/CONSULTATION											
Date: 08/12/22 Name (Block Capitals): Dr. / Nurse						DR. NAKSIAVELLA راقو القاطنين LICENSE NO: 12284 طبيبة عامة GENERAL PRACTITIONER					
Signature: [Signature]						Signature: [Signature]					

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 28/11/2022
Name: Talia Bashir		Department/Company:
I.D No. 118234607	Tel # 99148018	Occupation:

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

☐ sitting and reading

☐ watching TV

☐ sitting inactive in a public place (e.g. theatre or meeting)

☐ as a passenger in the car for an hour without a break

☐ Lying down to rest in the afternoon when circumstances permit

☐ Sitting a talking with someone

☐ Sitting quietly after lunch without alcohol

☐ In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Talia Bashir, certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Talia Bashir Date: 28/11/2022

Fitness to Work Certificate

Employee Data		Date 28/11/22	
Name <u>Tahio Bashro</u>		Department/Company	
ID No. <u>118234607</u>	Age <u>22 ym</u>	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		✓	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit		Date	
Name of health advisor <u>Dr. Alkhalil</u>	Signature <u>[Signature]</u>	Date <u>28/11/22</u>	



DEPARTMENT OF LABORATORY MEDICINE

File No: 0262128	Report No: 0639618
Name: TAHIR BASHIR	Sample Date: 28/11/2022 Time: 11:28
	Received By: 181773
Address:	Received Date: 28/11/2022 Time: 11:49
Gender: M Age: 32 Y Nationality: PAKISTANI	Report Date: 28/11/2022 Time: 13:06
GSM No.: 79148478 ID Card No.: 118234607	Bill No: 0853147 Bill Date: 28/11/2022
Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckman)		
FBS (FASTING BLOOD SUGAR)	6.10 mmol/L	3.9 - 6.1
Method :- Hexokinase	109.8 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	3.79 mmol/L	1 - 5.1
Method:-Enzymatic	146.52 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.85 mmol/L	0.777 - 1.813
Method:-Enzymatic	32.86 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	1.94 mmol/L	1.295 - 4.54
Method:-Calculation	74.72 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	1.01 mmol/L	0.259 - 1.036
Method:-Calculation	38.94 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.46	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	2.20 mmol/L	0.564 - 2.146
Method : Enzymatic	194.7 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.40 mg/dL	0.1 - 1
Method : Diazo	6.84 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.15 mg/dL	0.1 - 0.5
Method : Diazo	2.57 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	20.60 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	16.40 U/L	Male: 10-50 Female: 10-35

Processed By:
181773
Lab Technologist

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist

DR. SHAYFA P
Specialist Pathologist
MOH LIC NO: 13475

MOH License No: 21829

MOH License No: 6644

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Printed at: 28/11/2022 1:07:17 PM

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DEPARTMENT OF LABORATORY MEDICINE

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Address:	Received Date: 28/11/2022 Time: 11:49
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Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	52.92 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.34 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.41 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	2.93 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.51	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	19.89 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	5.90 mmol/L	1.7 - 8.3
Method : Kinetic Assay	35.44 mg/dL	10.2 - 49.8
CREATININE - SERUM	103.37 µmol/L	44.2 - 123.7
Method :-Jaffe Method	1.17 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	7730 cells/cumm	4000 - 11000 cells/cumm
Method :-Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method :-Fluorescence Flow Cytometry		
NEUTROPHILS	52.7 %	40-75%

Processed By:
181773
Lab Technologist

Approved By:
SREERAJ
Lab Technologist

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INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	37.4 %	20-45%
EOSINOPHILS	3.1 %	2-6 %
MONOCYTES	6.5 %	2-8 %
BASOPHILS	0.3 %	0-1%
HB (HEMOGLOBIN)	16.3 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.44 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.18 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	47.40 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	87.10 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	30.00 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	34.40 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	06 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL NEGATIVE

Method : -Haemoglobin solubility test

Processed By:

181773

Lab Technologist

Approved By:

SREERAJ

Lab Technologist

Released By:

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Lab Technologist

DR. SHAYFA P

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Ref. By: EXTERNAL DOCTOR	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Processed By:

181773

Lab Technologist

MOH License No: 21829

Approved By:

SREERAJ

Lab Technologist

Released By:

SREERAJ

Lab Technologist

MOH License No: 8844



DR. SHAYFA P

Specialist Pathologist

MOH LIC NO:13475

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X-RAY REPORT

Doc No:	0065970
Name:	TAHIR BASHIR
Age/DOB:	32 Y Omani ID/ L.Card No.: 118234607
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	28/11/2022
X-Ray Film No:	PDO
Bill No:	0853147
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

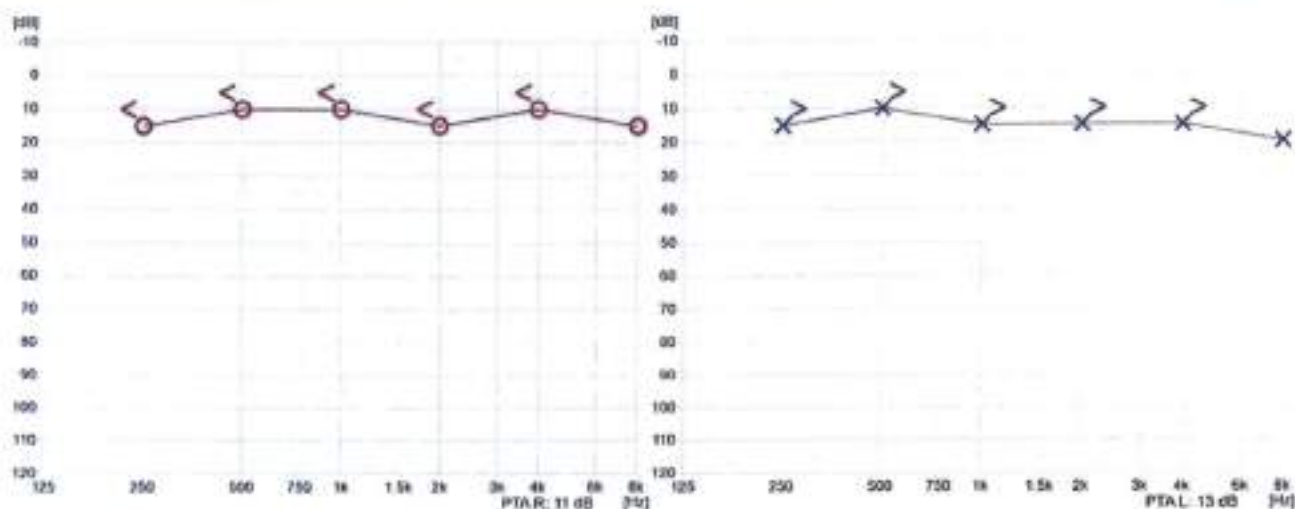
Signature: 

DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL IBRI



SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0853147	Last name, First name TAHIR BASHIR, .	Born: 28.11.2022
Test type Tonal audiometry	Test date: 28.11.2022	



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldAided	A	A
Binaural		B
No response		I

PTA
Right: 16dBHL
Left: 13dBHL

Comments
BILATERAL NORMAL HEARING SENSITIVITY

Signature:

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